


it's just
the way

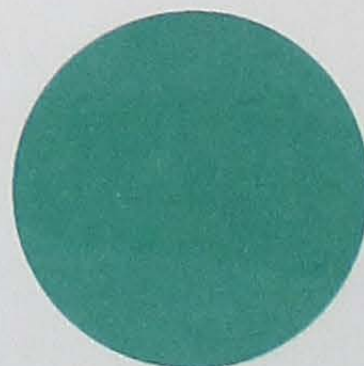
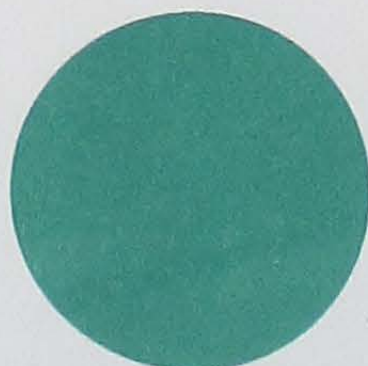
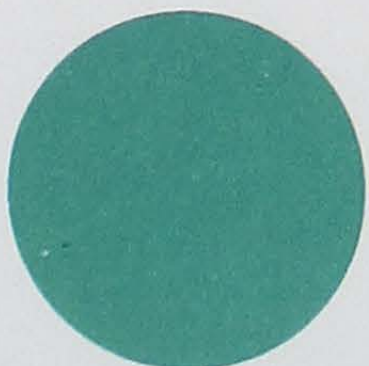
WE

are

spirit 1992



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	Ames High Alumni Association 1921 Ames High Drive Ames, Iowa 50010-5100
TO	
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Involved.....CLASSES AND CLUBS 6

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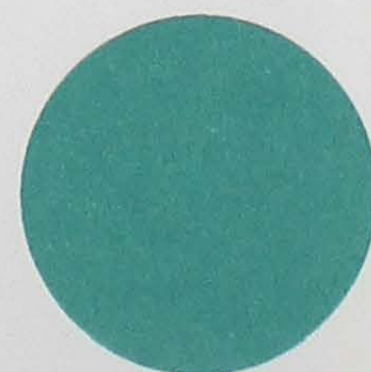
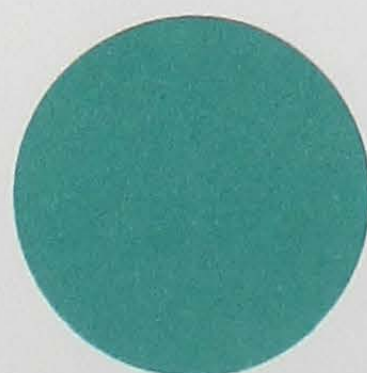
Outrageous.....STUDENT LIFE 80

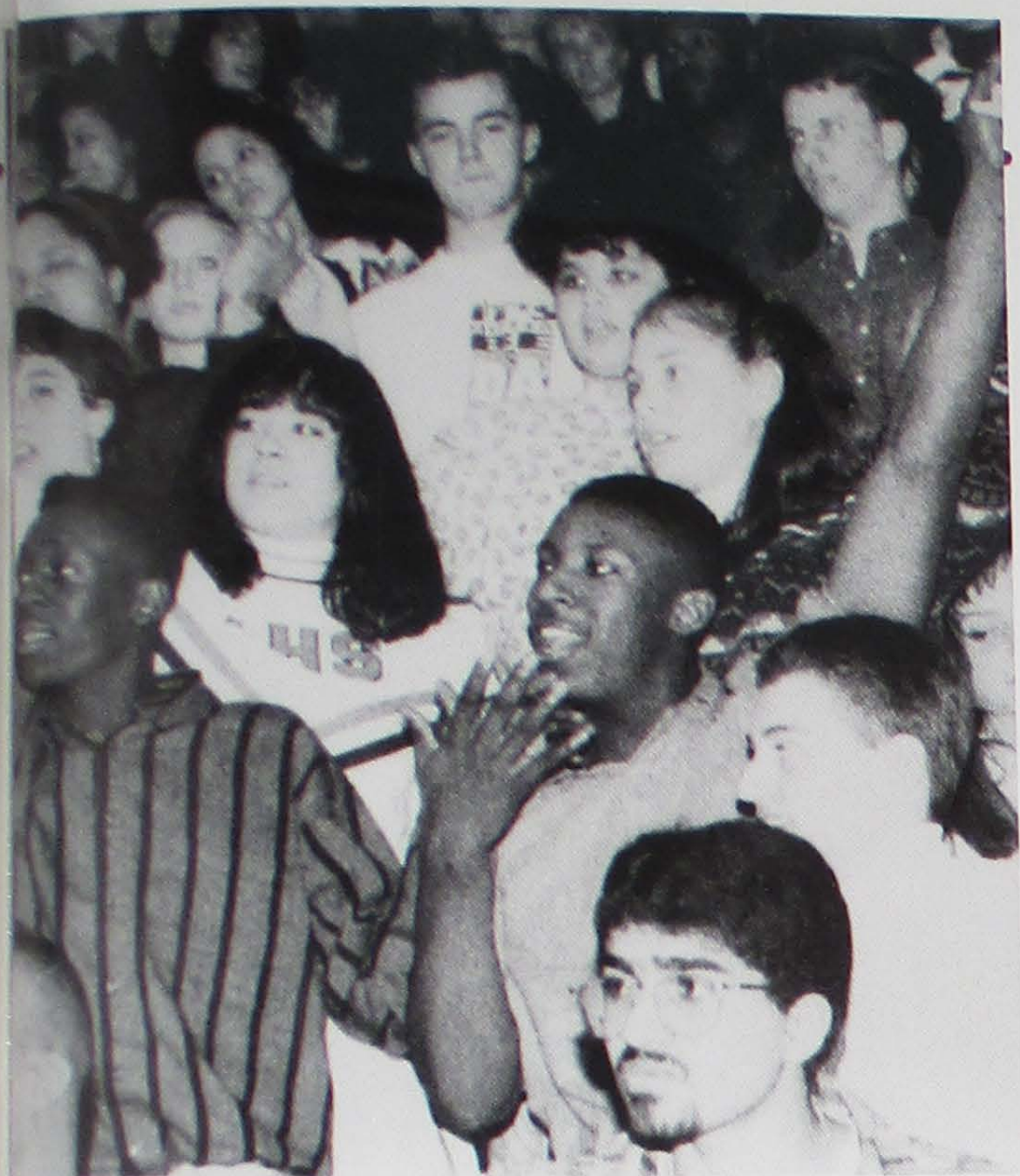
PumpedSPORTS 120

Unforgettable.....PEOPLE 180

GenerousADS 228

OrganizedINDEX 252





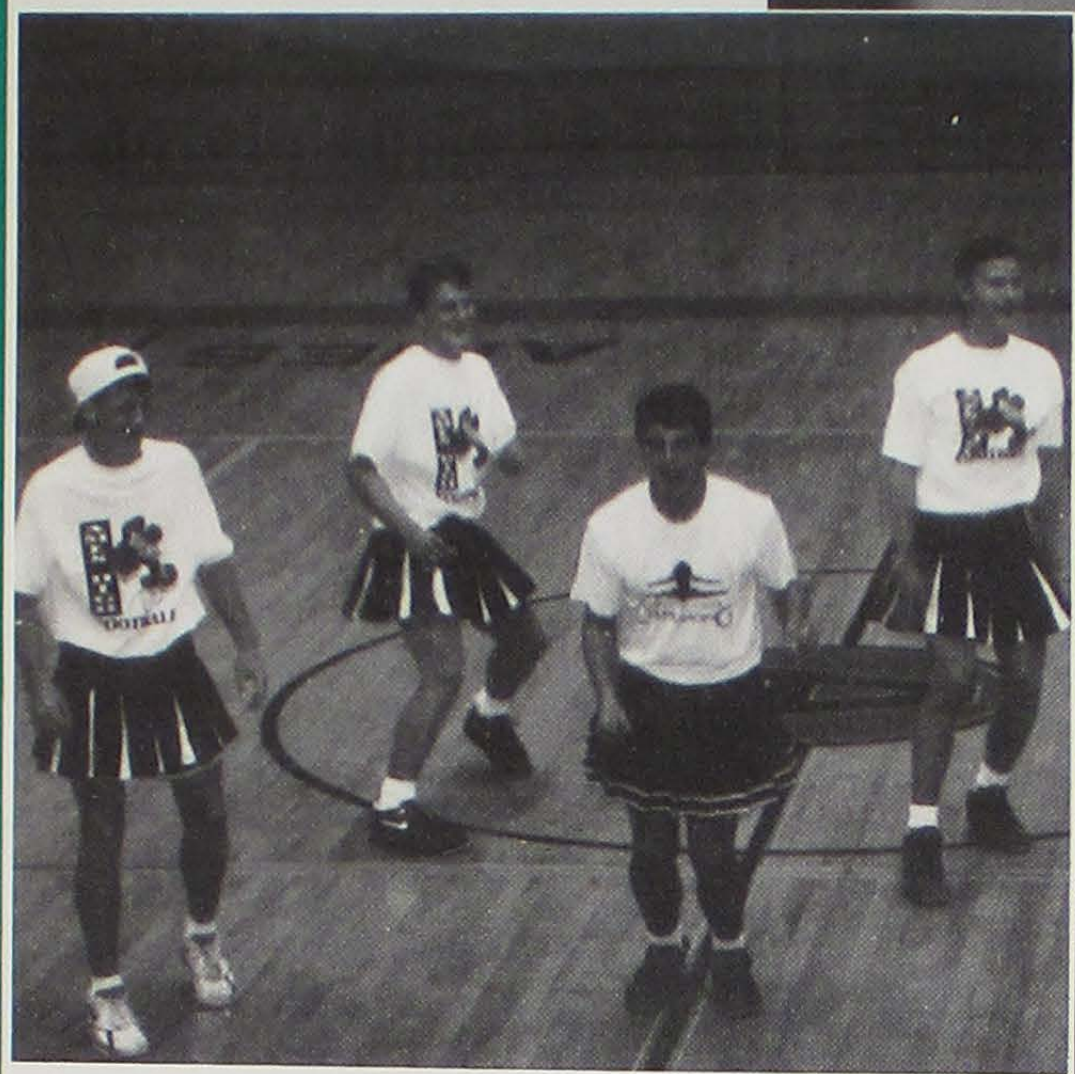
WAVING THEIR HANDS

Together, juniors Leda Cole, Kelly Jernsberg, Tendai Muyengwa and senior Bona Lueth join French teacher Toni Woodman in singing 'We Shall Overcome' at the Martin Luther King Assembly January 21. (Photo by Abby Klaas)

Spirit 1991

it's just
the way
WE
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ames high school
1921 ames high drive
ames, iowa 50010
(515) 232-8440
volume 80



**WIGGLING AND SHAK-
ING** their hips, sophomores Tom Payne, Jeremy Gardner, Duke Knapp, and Bryan Warne show their cheerleading skills at the October 25 football pep assembly. (Photo courtesy of Stefani Carmichael)

WITH JOY, JUNIOR Anne Moutray gives Ruby a hug goodbye at the North Grand Care Center on November 27. Volunteers spent the morning at three nursing homes to help the elderly celebrate Thanksgiving. (Photo by Jason Swift)





diverse, lively, dedicated, expressive...

We came from all parts of the world, places such as Maturin, Venezuela to College Station, Texas to towns 10 miles away. And although we were **MULTI-CULTURED**, internationally-renowned opera singer Simon Estes reminded us to remember we were all the same inside, to say "I love you" to our loved ones, including our friends, and to "Climb Ev'ry Mountain."

With support from our teachers and guest speakers like Estes, not only were we proud of our **DIFFERENT** backgrounds, but also **IMPRESSED** with our variety in interests and activities. Our **BRILLIANT** minds and dedication to excellence in academics produced seven National Merit Scholars and 15 National Commended Scholars; senior Jennifer Moehlmann earned the **PRESTIGIOUS** NCTE writing award; senior Mark Robinson merited a second place medal in the National History Day Contest in Washington D.C. and was one of five Iowans invited to attend the Congressional Youth Leadership Conference; seniors Dane Larson and Jeff Spencer won the Geo-Metro Ethanol Challenge by getting the best gas mileage from Des Moines to Ames.

Our devotion and perfection in the performing arts earned 14 instrumentalists and singers All-State honors; junior Anne McJimsey and sophomore Annagreta Birch performed in a central Iowa tour of the Iowa Dance Theatre. Our **GREAT** coordination and **ZEAL** for achievement brought a third place finish for the girls' cross country and boys' golf teams and the first state cheerleading championship trophy; senior Bryce Freeman was named to the Class 4A Academic All-State Football Team.

continued on page 5



WORLD RENOWNED OP-ERA singer Simon Estes watches and listens intently to Concert Chorale's "Gershwin! A Concert Panorama" with seniors Lisa Millen and Cynthia Weaver on October 24. (Photo by Abby Klaas)

WAILING, SENIOR JOY Siebert prays for God's help when the other athletic trainers 'accidently' drop the 'hurt' driver during the 'Ames Grand Prix' pep assembly on February 14. (Photo by Abby Klaas)





it's just the way **WE** are

continued from page 3

While many of us had lived in Ames since we could only cry, crawl, and go to the bathroom in our diapers, we embraced the 14 foreign-exchange students who came to experience and add to our **DIVERSITY**.

Just as we were **EXCITED** about our friendly newcomers, we didn't forget ones less fortunate than ourselves. Frustrated by the cancellation of the established Mistletoe Dance, juniors Leah Uhlenhopp and Jeni Shierholz took the matters in their own hands, and with the help of other interested Student Council members, kept the tradition alive with a student-sponsored Mistletoe Dance. With the \$210 profit in their hands, they adopted an underprivileged family of nine—the father of which was severely handicapped by a drunk driver—and took them shopping for food and Christmas toys.

We were **AGHAST** after the **TRAGIC** shooting by graduate student Gang Lu at University of Iowa that killed five faculty members and left 1986 Ames High graduate Miya Rodolpho-Sioson paralyzed from the neck down. Ames High alumni organized a benefit concert for Sioson; the band donated the profits from their winter concert for her rehabilitation and Student Council wrote a letter of **SYMPATHY** and **SUPPORT**.

We weren't always **SENSITIVE** to others though. Cross-burnings in Dubuque prompted threats to homosexuals and other gay-bashing incidents. The Human Relations committee was a sounding board for bias incidents; the committee brought an understanding and appreciation of our differences.

But it was when the 33-member North Central Accreditation team came to evaluate our school and us, that we proved we were **COMMENDABLE** students and faculty. **EAGER** about education and **ENTHUSIASTIC** about our school, according to educator Adrian Ringold, superintendant of Mount Vernon Schools, we were students that "any educator would almost die to have." Well hey, it's just the way we are.

WITHOUT THE REST of the band playing along, junior Rebekah Hartman and freshman Jack Liao perform a series of cadences for the Marching Band Spectacular on October 31. (Photo by Abby Klaas)



WATCHING THE SADD assembly from the bleachers, the Grim Reaper (junior Kim Windom) sits between sophomores Lizz Welch and Josh Huntington. The Grim Reaper gave a black rose and armband to a person every 23 minutes to signify an alcohol-related death. (Photo by Collin Brennan)



WE are Involved

Waking up at 5:00 in the morning was never a **PLEASANT** thought, but it was necessary so we could make it to our early morning Human Relations Committee meetings to learn how to identify hate crimes, Student Senate/Council meetings to discuss activities for Welfare Week, or to travel across the state to Council

Bluffs for Large Group Speech Contest.

Going to bed didn't seem any easier as we stayed up past midnight to finish another issue of "Web" on time, to perfect our lines for Senior-Directed One Acts, or to polish our dance movements for Terpsichore before opening night, while juggling the excess homework we got in the process. **IMMERSED** in count-

less activities, we learned to organize our homework efficiently between activities or cram during our 10-minute homeroom. But procrastination was a **POPULAR** homework habit, which led to speech anxiety and **EXHAUSTED** bodies. When the homework level got too high, we held parties in class to relieve stress.

Not only did we get **WRAPPED UP** in all the extra-curricular activities, we also challenged ourselves through honors and advanced placement classes. If that wasn't **DEMANDING** enough, we went to Iowa State to pick up more knowledge and assignments to keep **OCCUPIED**. While some of us discovered the joy of learning at home, junior Carol Kilmer experienced life abroad through the Congress-Bundestag Exchange, a full-ride scholarship for a year-long stay in Germany. Just like Kilmer's difficulty with fluent-speaking Germans, foreign students here had language hardships as well. English as a Second Language helped overcome these obstacles, providing assistance in practicing and understanding English.

Whether we kept **ACTIVE** doing algebra problems, learning new languages, or practicing the trumpet, we were **INVOLVED**.

WEARING FANCY COS-

TUMES, seniors Mark Robinson, Holly Anderson, and Andy Stevenson performed as part of the Madrigal Dinner, put on by the choral department annually. (Photo by Jason Swift)

WAITING ON

THEIR treehouse after running away in "The Grass Harp," junior Amanda Lloyd, senior Bill Sternberg, sophomore Laurel Nakadate, and freshman Joss Nichols discuss what they will do next. (Photo by Abby Klaas)



-Katie Krogmeier

Speeches! To some students they were almost as bad as tests.

There was no point of standing up in front of people making a complete fool of yourself. It didn't exactly build self esteem or help to relieve tension. Yet teachers kept assigning more and more presentations. And the repetition actually helped some students to overcome their speech anxieties.

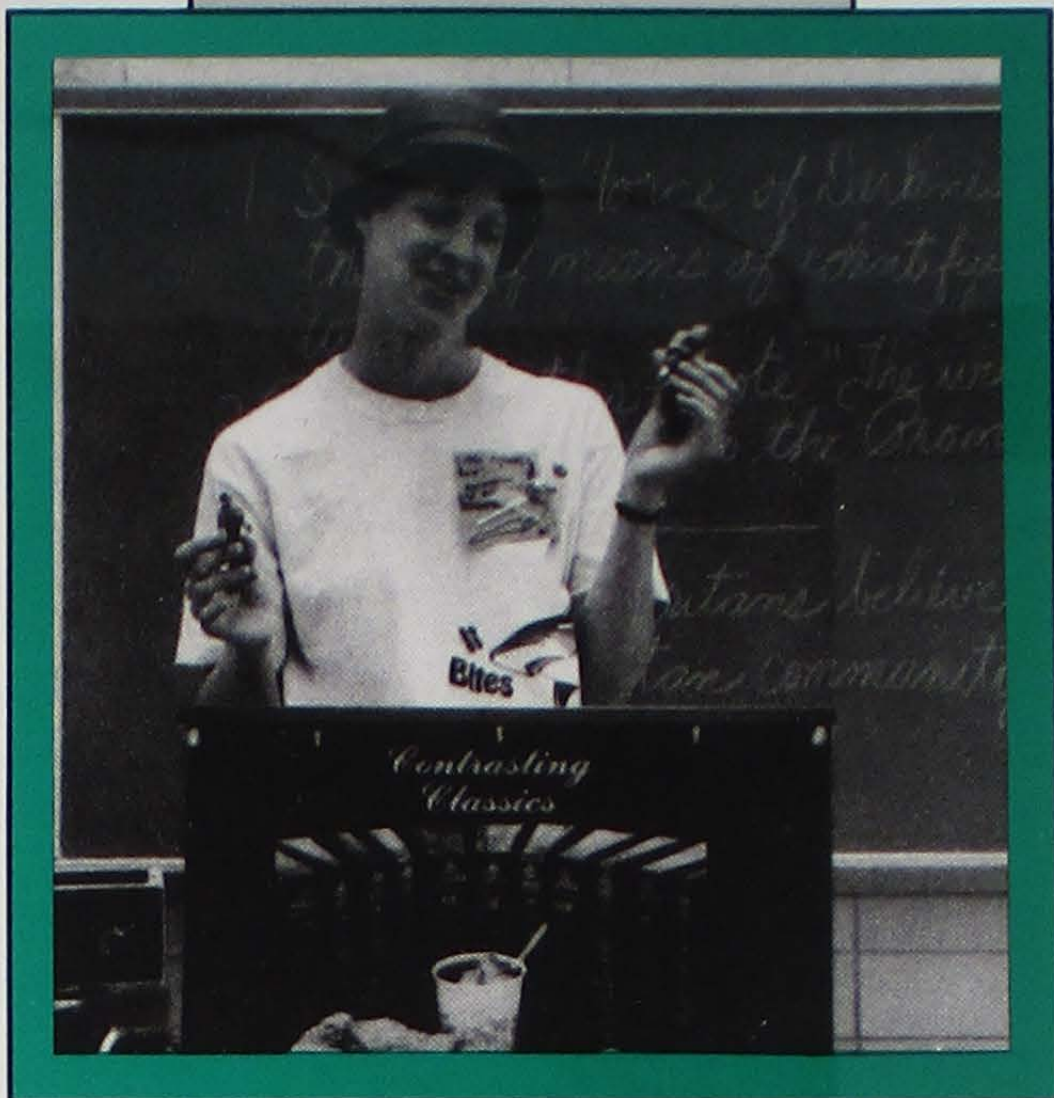
"I used to get worried, but my sophomore speech class helped me get over it. I had Mrs. Rowley and we did so many speeches. Just from that repetition, I got used to it. Now I'm much more comfortable with giving speeches and presentations," senior Matt Abbott said.

Speech class might have come close to being a cure for some people, but others weren't as fortunate. There were fears and embarrassments that haunted many students throughout the year.

"I've always had this horrid image that I'll be presenting a speech and my pants will fall down; everyone will be looking at my beautiful pink and purple polka dot underwear. Luckily, it hasn't happened to me yet," senior LeAnne Ford said.

That would be a drastic embarrassment for poor, innocent high school students! Luckily, teachers usually assigned outlines or allowed notecards. Those endless hours of preparation and practice must have been a help.

"I usually have to give speeches in History and English. The worst part about them is the beginning. It's hard to get up in front of all those people. And it seems like as soon as I step up to the podium, all my organized notecards



giving a speech, junior Rebekah Hartman uses G.I. Joe figures to make a point. (Photo by Karen Hsu)

elvis lives through senior Allison Campbell. She and junior Anne McJimsey give a presentation for their French III final. (Photo by Abby Klaas)

tact and fewer notes," sophomore Mike Peterson said.

Preparation was only one of the stress relievers for giving presentations. It was usually much more comfortable for students to speak about something that was interesting to them.

"When I give speeches, I don't stand still. I tend to fidget and move around a lot, especially if it's something that I don't enjoy speaking about. If I like talking about the subject, then it's not quite as bad," freshman Jenny Lathrop said.

"Usually, it's (presentations) not that bad. If I'm familiar with it, that helps a lot. Speech class sophomore year helped some, but sometimes I still get the jitters when I'm giving them (presentations)," junior Kelli Oshel said.

In some classes presentations were given about the students themselves. Although it seems that this would have made things easier than usual, for some people it was more complicated.

"For my sophomore speech class, we had to do speeches of something specific about ourselves. It was our first speech, so I was really nervous. I chose to talk about my name since it's so different. I ended up doing OK. And nobody presented the same subject as I chose," sophomore Valissie Heeren said.

Between talking to mirrors and having your underwear fall down, speeches were a big concern for students struggling to avoid embarrassment. Although speeches could have seemed life threatening, no student died from one, yet.

Speech Trauma

The mere thought of presentations could be haunting

mean nothing at all. I just kind of go with it," sophomore Jessica Hugdahl said.

Notecards weren't the only form of preparation for speeches and presentations. Some students had different ideas to help ease the pressures.

"I don't like giving speeches because I just don't like to talk in front of big groups. Sometimes, I stand in front of a mirror and practice giving my speech. It helps to practice using more eye-con-



For many students, writing was a form of torture. But for others, composing was a way to express their inner thoughts and emotions. English classes inspired many students to write on their own. The reasons for these inspirations were usually connected to their English classes or teachers.

"I've been interested in writing for a long time. But I didn't really get serious about it until my freshman year. I had Mr. Carlson, and he encouraged me to compose more poetry. Now I write all the time," sophomore Cassee Dunham said.

Another teacher that was an inspiration to writers was Ann Junker.

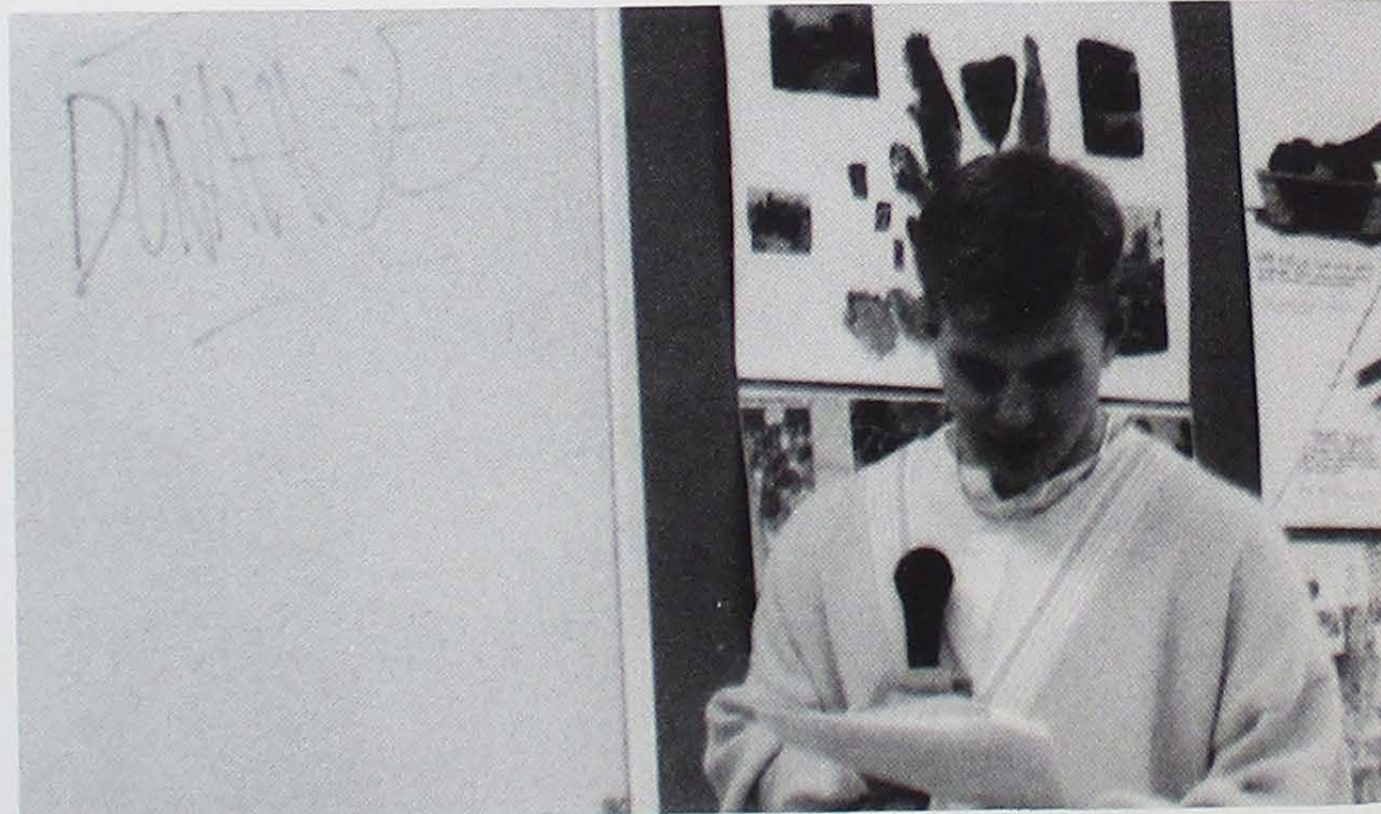
Travelling from Marshalltown to Ames every morning and every night might not have sounded like fun to many teachers. But for English teacher Junker, it was part of her job.

Junker replaced Ruth Omberg who had moved to the Middle School. Junker left Marshalltown to come to AHS. Here, she taught Basic Composition, Developmental Reading, and ninth grade English.

One of the many differences between Ames and Marshalltown was the students' attitudes about learning.

"I've noticed that students here (at AHS) seem to be coming to school to learn, not just because they have to. It makes a difference," Junker said.

With encouragement from teachers plus their interest, students improved their reading and writing skills.



sharing her views on Martin Luther King, sophomore Nakia Giddens speaks at an assembly in his honor. (Photo by Abby Klaas)

creating a Donahue scene, sophomore Chad Fowles speaks in U.S. History class. (Photo by Katie Krogmeier)

Just the facts

Something unusual happened for the business department. Instead of not having enough money, for once there was an excess.

"There was extra money in the budget, called one-time dollars, which really helped with buying equipment," teacher Rose Wilcox said. "The virtue of new equipment gave us a chance to change the content of the classes."

The department purchased 12 new Macintosh LC computers, along with four Imagewriter printers. The Macintosh computers were used in classes in place of previously used Apple II GS computers, and those Apples replaced Panasonic typewriters.

New class titles were added with the computers. According to Wilcox, Typing 1, 2, and 3 classes were changed to Keyboarding, Word Processing, and Advanced Word Processing.

The new LC's were used for Word Processing, Speedwriting, and Business Communication classes, and the Apples for Keyboarding instead of the Panasonic typewriters.

One senior was happy about being able to work on the Macintoshes.

"I've taken a lot of business classes, and this year being able to work on the Macs in my Business Communications class is great," senior Stefani Carmichael said. "There are more options to work with."

The new Macintosh LC computers proved to be a successful addition to the business department.



while studying for her Western Civ test, junior Dawn Bilyeu found that a full stomach helped her concentrate. (Photo by Karen Hsu)

swimming managers freshman Maria Rosheim and sophomore Bronwen Benbow study at the pool while the swimmers work out. (Photo by Stacey Clouser)



seniors Marie Engelhorn and Theresa Franco cram for their chemistry final at Perkins. (Photo by Stacey Clouser)

-Stacey Clouser

Your little brother is practicing his new drums. The TV is blaring the basketball game your dad is watching. Pots and pans are clanging in the kitchen. How are you supposed to concentrate on studying?

Study groups allowed friends to have fun while helping each other out, and restaurants were a favorite place for them to go.

"To get away from everything, some of my friends and I go to Village Inn and study there. It's a nice atmosphere because it's usually pretty quiet," senior Juli Nordyke said.

"I like to do my work at Burger King," sophomore Nokeo Somsanith said. "They don't really care if you stay there a long time and don't buy very much."

When the dreaded two days of semester finals rolled around, friends leaned on each other for support.

"The night before our chem final my friends and I studied forever, drinking Jolt to stay awake," senior Jeff Kaczmarek said. "It was more fun than studying alone, plus friends can help you with material you don't understand or just blew off during class."

Others found out that studying with friends didn't work very well.

"I have to do my homework when I'm alone," senior Steph Sellers said. "If my friends are with me, we always end up talking and getting absolutely nothing done."

Listening to music was a necessity for one freshman while slaving away on his studies.

"I have to have the radio on or I can't concentrate," freshman Ryan Kinart said.

The call of nature beckoned



freshman Caleb Keller makes use of his time by studying in the lobby as he waits for a ride. (Photo by Stacey Clouser)

rial he studied sink into his mind.

"I like to lay in a reclining chair backwards so my head hangs off, or sometimes I study while I'm standing on my head against a wall," sophomore Ryan Soy said.

Activity-involved students found ways around their cramped study time.

"During play practice I do my homework if we're rehearsing a scene I'm not in," said sophomore Tyler Uetz.

"I'm a wrestling trainer, and if there's nothing for me to do I study in the training room," said junior Andy Elbert.

One busy athlete found another way to fit in her homework.

"I'm usually really tired at night, so sometimes I go to bed early and get up at 5:00 or 5:30 to do my homework," senior Katie Barnhart said.

There were also, however, those students who felt that studying came after more important life matters such as talking on the phone and watching television.

"My parents don't really like it, but in my opinion, talking on the phone is a higher priority than doing my homework," sophomore Shantel Brower said.

"I watch way too much TV. I always tell myself I'll start studying right after the show I'm watching, but then I end up watching about three more, and pretty soon I'm too tired and go to bed," junior Matt Biskner said.

Boyfriends and girlfriends were also a factor that took up precious study hours.

"I go over to my boyfriend's house almost every night," senior Becci Pennington said. "I figure I'm a senior, and I shouldn't have to do any homework."

High in a tree or at McDonald's. Listening to heavy metal or in dead silence. For hours on end or not at all. Whether students did it or not, homework was something that always loomed over them.

Studying Up

Busy schedules called for individualized homework habits

some students to do homework in a relaxed atmosphere.

"If the weather is nice, sometimes I climb a tree in my yard and sit in it to read," sophomore Michelle Roberts said. "I also invite a few friends over to study on my roof once in a while."

"I do my homework in my backyard when it's warm," junior Eva Andrew said. "It's really peaceful and easy to concentrate because there are no distractions."

One sophomore had a very unusual way to make the mate-

-Maja Larsen

Most of us define school as too much homework, too many hours and a lot of tough teachers. But some students couldn't get enough and took classes outside school to expand their knowledge.

One course students frequently took out of school was drivers' ed because they couldn't fit it into their regular schedules. But along with the advantages, they found out that there were expensive disadvantages.

"I took drivers' ed away from school, because it's a lot quicker than to take it in school where it is a semester class. At Automotion Driving School it only took eight weeks, two times a week. The only minus was that it cost \$225," sophomore Matt Bland said.

Junior Almee Dutton was another student to find out that taking drivers' education out of school was a good investment of time and that it helped to get her time more organized.

"I started there (Automotion) because it was convenient for my busy schedule. I also think I learned a lot more there than I would have in school," Dutton said.

Drivers' ed was not the only reason for students to take classes outside school; some students took the opportunity to take classes at ISU.

"I love taking classes there just to get out of high school and meet new people; it also gave me an idea of how my next years in college are going to be," senior Rebecca Shimkus said. Shimkus took French 301 at ISU first semester and Introduction to International Politics second semester since she was interested in political science and wanted to study more in depth than what the high school offered.

But even though they liked the classes, the college teachers' methods confused some stu-

taking Advanced Math at ISU, senior Eric Hoekma is sitting in the classroom waiting for the professor to show up. (Photo by Jason Dane.)

Added Work

Students furthered their education by taking classes outside school

dents.

"They don't deal with each student individually; they more or less just teach the class as a group, which seemed confusing and overwhelming sometimes because they just expected us to figure out the information through our assignments," freshman John Ellmaker said. Ellmaker took Computer Science at ISU.

Other students took classes that were less common. This brought together many different people.

"It was great because there were people from all ethnic groups and all different countries in the class, so we would get all possible points of view. The greatest part was that no one was the same age; one student was even 50 years old, and that made the class very interesting," senior Rebecca Lueth said. Lueth took African American Studies at ISU. Lueth herself is an African-American and wanted to know more about her background.

One more option to take classes out of school was to join night school. This gave students a chance to get all the needed credits before graduation.

"Night school's very helpful for anyone who needs to catch up a bit, and we can work at our own pace without having a teacher rushing us all the time. But once a week really isn't enough, we need more time to get the work done," senior Tim McDorman said.

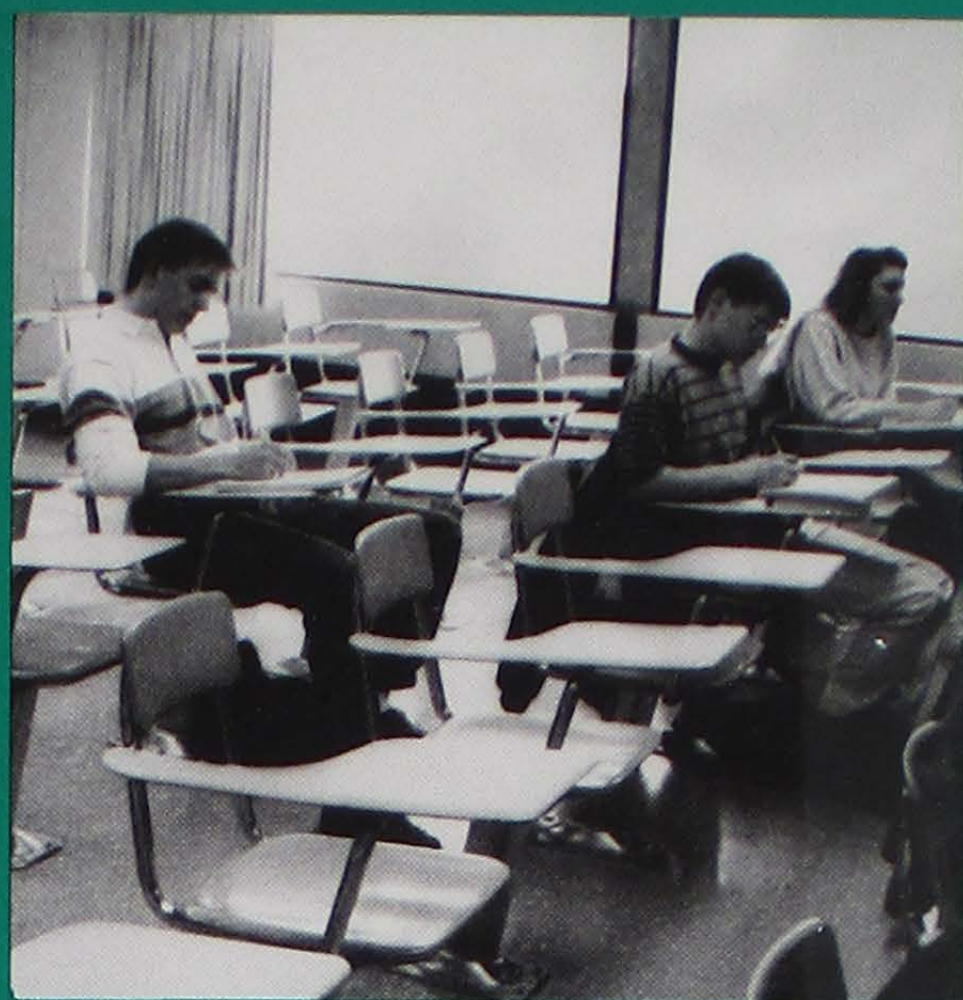
Some students took classes, not only to get more knowledge, but to use their creative skills and express their feelings through art. The Octagon offered

that chance.

"It's enjoyable, challenging, and a good way to gain knowledge without having to be concerned about a grade. The reason I took the class was to have fun, and not to compete all the time," junior Anna Van Deusen said. Van Deusen took Ceramics Sculpture at the Octagon second semester.

But whether the students liked or disliked their education away from school, it gave them a chance to get more familiar with life outside high school. It also helped the students prove to themselves that they could handle adjusting to new surroundings and new people.

after getting her drivers' license earlier in the year, senior Meiko Naganuma gives her friends a ride home from school. She took drivers' ed at the middle school. (Photo by Jason Dane)





sophomore Vera Boulaevskaja studies for her French 301 class at ISU in B-9 studyhall. She had class on campus three days a week. (Photo by Maja Larsen)



playing video games in his room, senior Jim Robbins uses his computer knowledge. Robbins took Computer Science at ISU. (Photo by Jason Dane)



Walking in the halls and pushing your way through the crowd was bad enough for most people, but that was nothing compared to the crowds fighting over seats in the math classes.

The number of algebra students increased by 141 students from the previous year. The math department's solution to the overcrowded Trigonometry classes was the addition of the early bird class starting at 7:10 a.m.

"They (the math department) handled the problem pretty well, because it turned out to be a bigger problem than they had expected," senior Mike Pollmann said.

Pollmann was a student in the early bird class.

Although the Trig classes found a solution, other classes still had to deal with overcrowding.

"We still have a shortage of desks. We have to go borrow some in the next classroom, and it's a waste of teaching time," said freshman Shannon Kenealy, an algebra student.

Despite the problems with overcrowding, most teachers were well liked by students. Some students even loved their teachers too much to let them go. This was true when Dr. Walter Wood announced his retirement.

"We collected signatures to convince him to stay," junior Avantl Athreya said. "He is an excellent algebra teacher and I was disappointed that he retired; I was hoping to get him for calculus. But it was mostly a joke, because we figured that if he had decided to retire, he would probably do it anyway."





The home economics department prepared its students for everything: raising children, preparing meals, devising budgets, and learning to sew.

Donna Schepers, the department coordinator and teacher of seven offered classes had everyone busy with projects. A new project had been added to the Housing/Interior Design curriculum.

"They are designing an entire house and using everything they've learned during the semester as a sort of a final project," Schepers said.

Another big project was for the students in Food and Nutrition 1.

"We were put into groups of five and had to plan a whole meal. We learned about different types of tableware and table service. Mrs. Schepers also taught us about etiquette," senior Stacey Clouser said.

The students in these classes learned about their subjects, from manners and cooking, to sewing and child care.

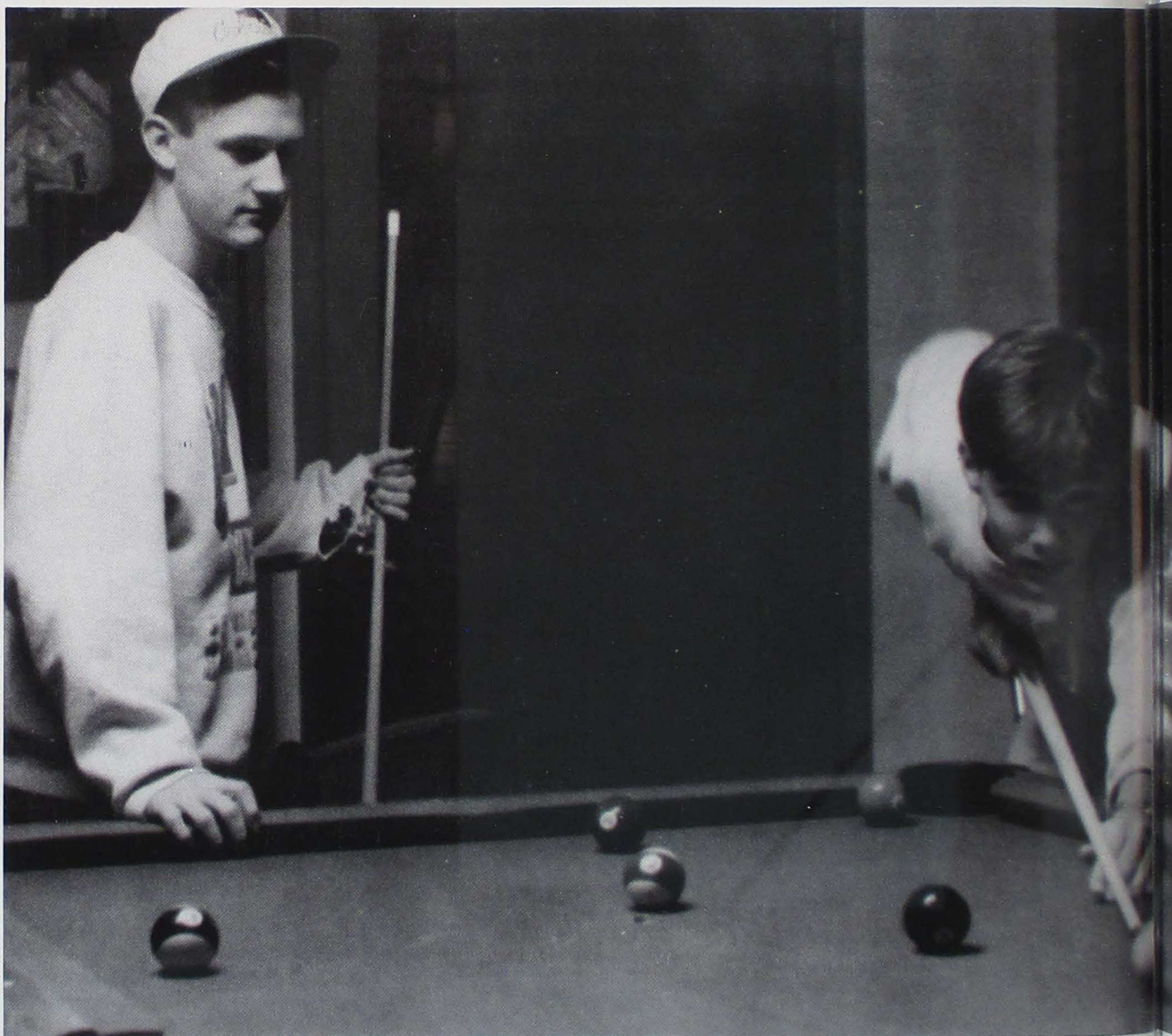
"You just go at your own pace; it's really fun and you really learn a lot in the classes," said sophomore Jennifer Phillips. She took both Child Care 1 and Sewing from Schepers and planned to take more home economics courses.

These classes helped preparation for beyond high school by giving experience and contributing to the Ames High experience.

socializing during free periods, senior Laura Vermeer, Junior Nathan Horn, exchange students senior Monica Galindo and Junior Veronika Kleist sit in the M.C. (Photo by Kelly Koppes)



Junior Heather Alexander gives German Junior Svenja Richter a tour of their house in a unique manner. Richter stayed with Alexander one semester. (Photo by Kelly Koppes)



-Monica Wilke

"I thinks this school are different." This type of English may have been heard in the halls occasionally because of the many foreign exchange students-14 to be exact. And after spending at least a semester in Ames, these students, from Spain to Poland, had definite impressions of the town and school. In addition, some Ames natives braved the world abroad to study in foreign countries.

"I think the main differences are curfews and religion; they're more strict about them here, going to church every Sunday, and coming home on time," junior Olga Buceta said comparing her island home in Palma de Malloca, Spain to Ames.

The many activity options also made an impression on the foreign students, along with the show of school spirit.

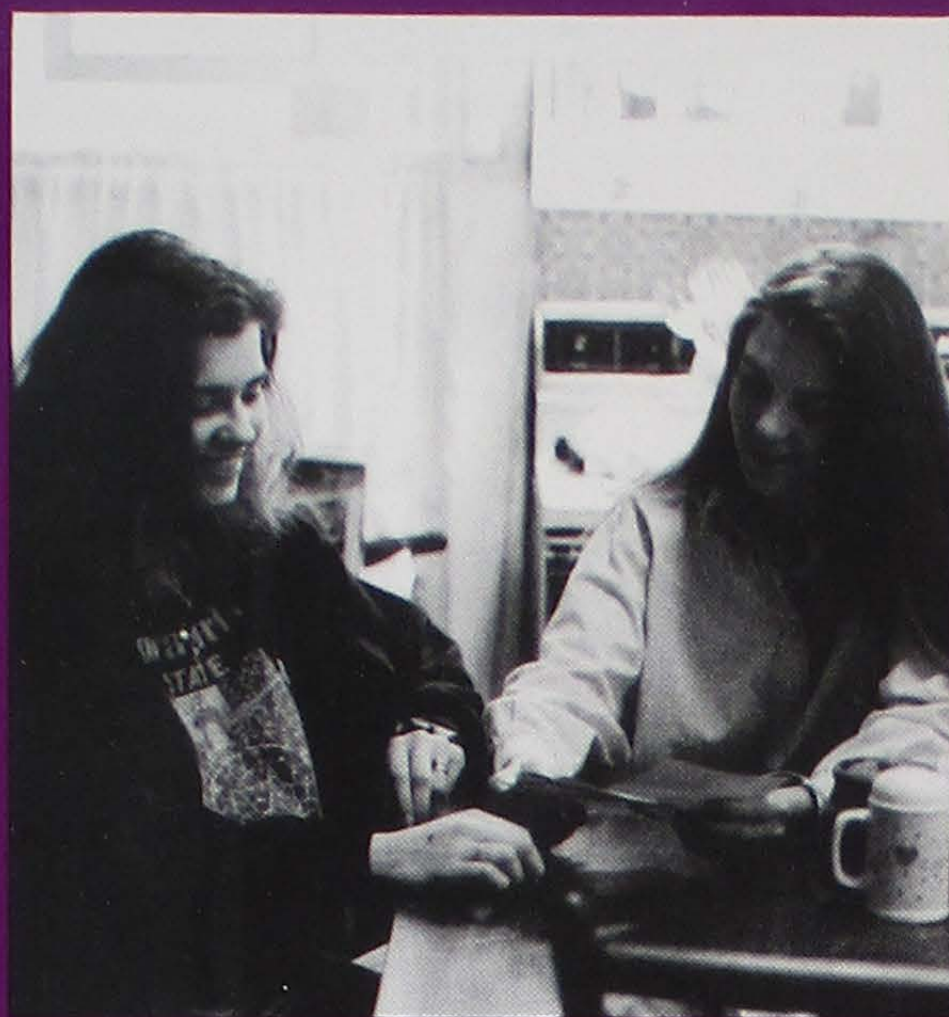
"What I like the best about the high school is all the activities you have here besides the normal classes, and how everyone supports the football and basketball teams," said senior Eric Hoekema from the Netherlands.

Students liked differences the school had to offer, including extra-curricular activities and course options.

"The school is different, it's much bigger and there's more freedom of choice with the different subjects," junior JoAnn Smith said.

Leaving her home in a small English community between Cambridge and London was hard for Smith. "It was really scary and

polishing their skills, junior Toby O'Berry and German exchange student Volker Moennig shoot pool at O'Berry's. (Photo by Kelly Koppes)



getting to know each other, juniors Jenny Fisher and Britta Hruschka share photos. Hruschka was a student from Germany. (Photo by Kelly Koppes)

Foreign Views

Exchange students' impressions about U.S. varied

exciting at the same time, because when you get on the plane to come here you don't know what's on the other end, and you don't really know what to expect."

The reassurance of their return home kept some homesickness away, and exchange students could observe the differences in Ames with interest.

"It wasn't as hard as I thought it would be to leave my home

because I knew I'd be going back in a year and I would see my family and friends again," said Nells Tinggaard, a Danish senior.

"I like that you have sports and clubs in this school, it's not just a place for academics."

The host families didn't have to worry about being homesick, but they did have to make adjustments for their exchange student's stay.

"At first it was a little awkward, but then she got to know us as a family and we got a lot closer; she was just like another sister," freshman Melinda Hefley said referring to her German exchange student Veronika Kleist.

Each exchange program provides its participants with different experiences, from living with hosts in a midwestern town and going to a new school, to staying on an isolated island with students from around the country.

"My month-long exchange program in Australia and New Zealand this summer will be different than most foreign exchange programs, because most of the time I won't get a chance to stay with host families. I will be going with a group of 35 people from all over the U.S.," junior Karen Hsu said. "We'll be doing things that you can't experience in the U.S. I'm psyched to dig for fossils in 10,000 year-old Aborigine sites, to work with the kangaroos, koalas, and platypuses with top Australian scientists on an isolated island, and to scuba dive at the Great Barrier Reef."

Both the hosts and participants of these programs shared affection, and it proved to be a great learning experience for many.

"I like both Denmark and the United States, and I would like to take my U.S. family and the high school home with me to Denmark," junior Maja Larsen said.

-Adrienne van der Valk

Even geniuses need a little help sometimes. When schoolwork suffered or understanding was clouded, students had several options to turn to. Project Success, IMCs, and student or private tutors gave the confused a boost when they needed it.

Project Success was a program organized to provide tutoring services to students who had learning disabilities or those who needed extra help with assignments and tests. Students in the program received individual assistance during their free periods.

"Project Success really helps. Everyone in there has a certain learning disability and they give you help all around. We're taught in the area we need help in for other subjects," junior Audra Woodin said.

IMCs made teachers' help available to students during their free periods, study halls, and before and after school. Whether they had to make up a test, figure a mind-stumping problem, or just needed a quiet place to study, the IMCs proved helpful to many students who used them every period of the school day.

"(The math IMC) is useful because the teachers will come before and stay after school which is nice for people who are in a lot of activities and can't always come in during the day," sophomore Clint Zeimet said.

When the classroom atmosphere wasn't personal enough, tutors in the IMC could provide one-on-one help. Establishing a relationship with one particular teacher also made going to the math IMC appealing.

"I like it because Mrs. Brunner is the most excellent math tutor there is, and it's great having her

french was difficult, but senior Sara Olberding made it easier for freshman Laura Fraser by drilling her after school. (Photo by Jason Swift)



in the math IMC, seniors Wendy Ward and Chrissy Spike ease their trig anxiety with the help of teacher Marilyn Hanson. (Photo by Jason Swift)

Retired teachers and ISU students were among those who offered their talents to help high-schoolers, either all year or just when they needed to cram. Before finals was a time that students often employed outside help.

"I didn't have that much trouble understanding (Honors Chemistry) but I was really disorganized when it came around to finals. I had been learning things on the surface and just getting by on every test and there were under-

lying things I hadn't taken the time to learn and I didn't have time to re-read the book. (Tutor)

Rob (Hentzel) explained things in 30 seconds that it would have taken me 30 minutes to re-learn from the book. The fact that I was paying him made me concentrate because I knew I was pay-

ing him by the hour," senior Neena Panigrahi said.

Sometimes, help from older students taking the same language was the key to understanding for underclassmen. Language teachers frequently gave extra credit to students who volunteered to tutor. For students who had trouble with accents, the loss of a study hall was worth the time.

"I really needed help in German and I didn't understand it very well. I thought it would be helpful for me and my grade if I got a tutor," sophomore Beth Holger said.

So when students found themselves bewildered by parabolas, stumped by conjugations, or just a little behind in American Lit., they had many resources and programs to turn to for aid, comfort, and encouragement.

Extra Help

When school was overwhelming, students sought tutoring and Project Success

available," senior Jason Burris said.

Weekly study sessions with a personal tutor made academic struggles more manageable for some, and just made others a little more confident in certain areas.

"I have a math tutor because I want to improve in basic understanding of math. It has given me extra reinforcement in math," junior Anna Van Deusen said.



No mad scientists roamed the Ames High science hall, only stressed-out physics students and chemistry mutants reeking of sulfur. The science department underwent many changes, including new textbooks in some biology classes, technological advances, and re-examination of the curriculum.

"We are trying to prepare for developing new media curriculum such as integrating laser discs into the classroom. It's been our goal for a long time to bring our technology up to date," biology teacher Bob Gibbons said.

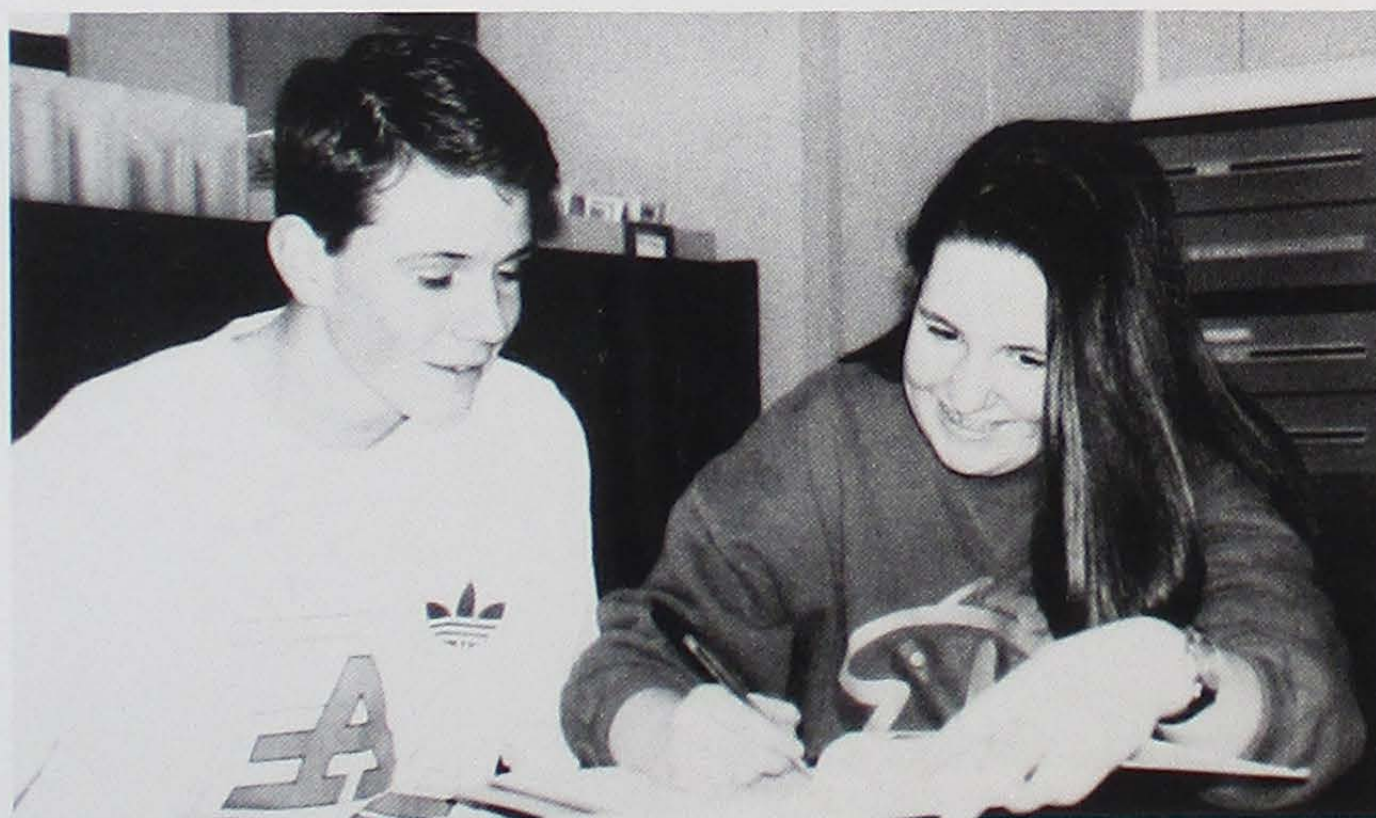
Another event in the passing of the science year was the announcement that chemistry teacher Floyd Sturtevant would retire.

"This is Mr. Sturtevant's last year after an incredibly wealthy career at Ames High. He has been a cornerstone for curriculum development at this school," Gibbons said.

Although losing Dr. Sturtevant was sad, teachers found ways to make the classroom a fun place through special learning activities. For example, some physics students experienced riding on a cloud of air.

"The hover craft is a vacuum cleaner, a board, a plastic sheet, and a lot of duct tape. Special activities like riding the hover craft are fun because you get to experience what you read about in books. The hover craft was especially interesting because we got to watch Mr. Windsor run," junior Jennifer Weiss said.

Through the efforts of teachers to liven up the classroom and the addition of technology to the curriculum, the science department got bigger and better.



during a project success class period, teacher Karen Bruton helps junior Susan Moore with her homework. (Photo by Jason Swift)

reviewing present particples, junior Kelli Oshel tutors junior Mark Gyllstrom in Spanish. (Photo by Jason Swift)

the facts

The weather is sunny in Northern France. The school is crowded and hot, and students intently watch the clock and count the minutes until the last bell rings. The atmosphere is probably not much different than that at Ames High.

Ames High's French classes came in contact with another school in France and, through a computer mailbox system, learned about life there.

About once a month, students used software provided to Ames High for use on the Macintoshes to communicate with French students. About 16 schools in the United States used the Mini-tel system.

"Right now it is a class project, but I hope that in the future the interested students will use it individually. We have not been having the best of luck with the system, as the other school has had problems with their schedule and technical difficulties hooking it up, but that should hopefully get worked out," French teacher Sally Schonhorst said.

The exchange began when the French Console paired Ames High School with a French school last fall. Funding was provided by grants from the state and the Ames Education Foundation.

Mini-tel provided a way to communicate half-way around the world, allowing students to share similar problems and compare cultures. Students found out that life around the globe was not so foreign after all.



sitting down to snack and watch the Madrid city life, a group of students talk among themselves while sightseeing in Spain. (Photo by Nick Nakadate)



taking time to photograph Windsor Castle, Junior Jacinda Bunde focuses her camera. Touring the castle was a highlight of the England trip. (Photo by Abby Klaas)

-Lisa Hinrichsen

BRRING! Pat groans and stretches his arm out to slam it down at the familiar alarm whose cry awakens him each morning. He blinks in the warm sunlight and tries desperately to finish his dream. But he quickly realizes something is not quite right- his ceiling is blue, not white; that is not his mom poking her head into the door. And then he remembers...

This was how many of the students lucky enough to have both the talent and the money started off each day in a strange country— France, Germany, England, or Spain.

"It really helped me to know people better. We Americans had to look out for one another, so everybody got along great," freshman Jyoti Yoder said. "I now know I can communicate in German much better. There was an Italian student staying with my family. She hardly spoke any English, so I could only talk to her in German. We got to be extremely close."

At a cost of only \$450, the German trip was a bargain for two weeks worth of new experiences. The German American Partnership Association paired Ames up once again in an inter-school exchange. AHS students stayed in Germany from February 29 until March 14, while the German students arrived in Ames March 31 and stayed until April 20.

By living with the sponsor families assigned to them, the students soon learned how na-

students Jason Moore, Ryan Yoder, Mike Green and Terrill Johnston wait for a train while in Germany. (Photo by Jyoti Yoder)



Junior Jonathan Good's camera was a fascinating toy to this young Spanish girl. Students on the trip stayed with host families. (Photo by Nick Nakadate)

Culture Shock

Away from familiar faces and streets, students learned more than a language

tives lived. The students visited such things as a pink palace and a limestone quarry, and there was even time to meet the mayor of Wulfrath.

Being able to speak the language was not the only important component of foreign travel, but learning and understanding the culture were important too. Going directly to foreign countries gave students a first-hand look.

"We spent the first week (in

France) with our exchange families, visiting cathedrals and chateaus, and spent the last two days in Paris. There we saw *Les Miserables* and visited the Eiffel Tower. The first couple of days were awkward and hard, but you gradually adjusted," senior Sara Olberding said. "Not one thing stood out- it was all so fantastic. Learning French for four years wasn't enough for me and I had some trouble understanding. Luckily, the French were very nice and would slow down for you."

Students on the England trip didn't have to worry about language barriers, and they got a taste of both English

and Scottish culture

"We stayed in London for four days, and saw Oxford and the Tower of London. We took a night train to Scotland and went on a bus tour through the highlands. We also went to the musical *Miss Saigon*," junior Abby Klaas said.

Like students on the German and French trips, visitors to Spain stayed with host families. Cathedrals and monestaries, along with the more modern discotheques, were popular sites during their stay. But for some, learning about themselves and others was a souvenir they took back to Ames.

"Going on the trip to Spain helped me to appreciate who people really are. I got closer with the Ames High students since they were some of the few English-speaking people around. I learned not to judge people until you have really met them," senior Nick Nakadate said.

Pat's eyes closed with the anticipation of sleep. The long flight home combined with the exhaustion of jet lag had taken their toll. Her thoughts absent-mindedly wandered. Closing her eyes, and smiling one last time, she knew that she would awaken to stare at her own ceiling.

-Kristyann Lakin

Partido! Partes! Partell
Fiestal Dangi Partil
No matter what lan-
guage you
say it in, it's

a mutual feeling--ev-
eryone loves a party. A
weekend out with
friends wasn't the only
time students had the
chance to celebrate.

Parties were a way
many students enjoyed
their classes and still
learned a little. Some-
times class parties
were a needed distrac-
tion from the stresses
of the school day.

"Even if the class is
really great and I love
it, it's still nice to have
a break from the work
once in a while,"
sophomore Jason
Sturges said.

Senior Alison Campbell agreed
that parties were an easy way to
relax during the day.

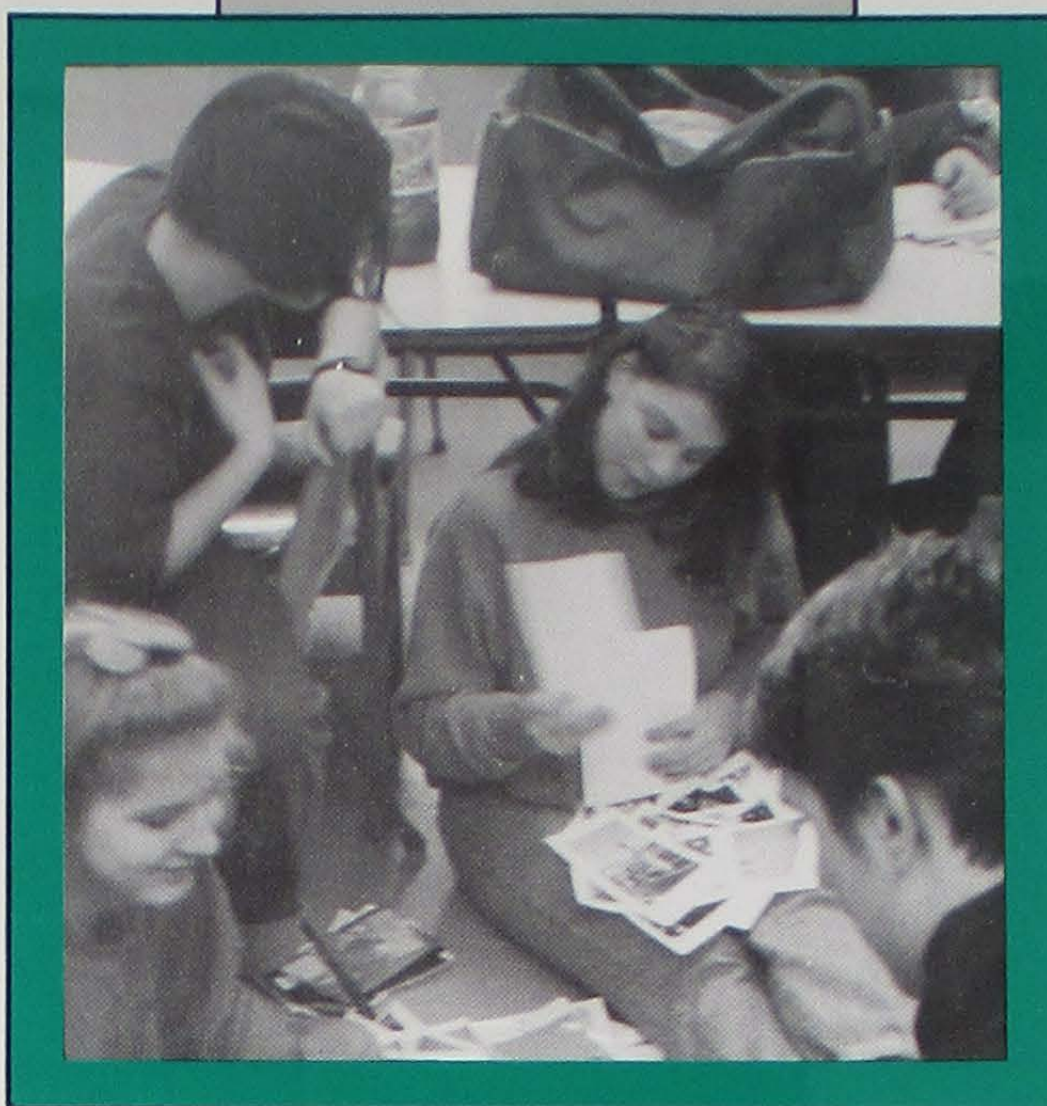
"Parties can really make you
forget about your other
classes. They're so fun
that you just don't re-
member you're in
school. They're a good
distraction, a nice
variation; they make
the day more jolly,"
Campbell said.

Sometimes students used par-
ties to catch up on homework for
other classes.

"When I have a big test or as-
signment, parties can be used as
kind of a study hall. I can still
enjoy the party, but get some
work done at the same time,"
senior Jason Burris said.

Foreign language classes were
popular party sites. These parties
often consisted of ethnic food,
music, stories, and skits that
helped students learn more about
the culture of the language they
were studying.

"Mrs. Furr gave us two choices,
we could either take a quiz worth
20 points, or bring some type of
German food to class. Obviously,
almost everyone brought food.
Usually she just asks people to
make stuff, and only a few people
do. I guess by making it worth
points she encouraged us to find



looking through photos,
sophomores Katie Krogmeier and Lau-
rel Nakadate, junior Kelly Remsburg,
and senior Brian Greiving enjoy a
"Spirit" party. (Photo By Karen Hsu)

Fiesta Time

Class parties gave students a needed break

German recipes, therefore let-
ting us learn a little bit about
German culture," junior Melissa
Mundt said.

While foreign language classes
helped students learn about other
countries, some classes just par-
tied for the sheer enjoyment.

"Our geometry class was al-
ways complaining to Mr. John-
son about how period four had a
pizza party almost every week, it
seemed. So, when (sophomore)
Erin Ackerman won a free pizza

party over the radio, we all de-
cided to take a day off for it. It was
a blast; I hope we get to have
more during the year," sopho-
more Bronwen Benbow
said.

Some students
who had not had par-
ties in their classes
wished they had.

"We used to have
parties in the second
grade. They were so
much better than work-
ing. I wish we could
have more parties like
that now," freshman
Mark Hatfield said.

Holidays gave stu-
dents another excuse
to party.

"In Spanish we
had this 'Day of the
Dead' party. It's a Span-
ish holiday. People
brought Spanish dishes,
like 'Dead Bread', and
pop. It was a lot of fun,
and much better than class," ju-
nior Gene Lund said.

Bringing food to munch on dur-
ing films sometimes helped stu-
dents keep their minds
off the fact they were at
school.

"When we were
studying one of the
tragedies in English, ev-
eryone brought candy
and threw it in a bowl,

representing a cauldron. As we
watched the movie, we all ate
candy and had a great time," se-
nior Christie Pfeifle said.

Parties could also be used to
attract other students' attention
to special classes.

"The classes in the industrial
technology department were get-
ting a little thin so we decided to
have a party. We used pop and
donuts to get people down there
to see what was going on," senior
Tony Mitchell said.

No matter what the reason,
students agreed that class parties
broke up the monotony of the
class. Wayne and Garth could sum
it up best by saying "Party on,
dudel"

preparing for the next day's party,
junior Rachel Lutz cooks a German dish.
(Photo by Kristyann Lakin)





celebrating Christmas the German way, sophomores Erin Ackerman and Becca Stott check in their shoes for candy or coal. (Photo By Laurel Nakadate)



at her farewell party, French student teacher Stacey Dobernecker does an ethnic dance with junior Jana Hertz. (Photo by Karen Hsu)



Walking Into P.E. Monday morning, your heart stops. You strain your neck to see the top of the unstable tower looming in front of you. Either you're having an awful nightmare or your gym instructor has a sick sense of humor. But at least you don't have to wear your new gym uniform.

With supportive help from members of the local National Guard, rappelling was often not as frightening as it appeared. For many, it was even enjoyable.

"I didn't rappel when I was a sophomore, but I'm extremely glad I did this year. I'm not afraid of heights or anything, so it was a really thrilling experience," senior Erika Helmuth said.

Rappelling wasn't a new activity to Ames High; the P.E. department offered it to students every two years.

There were, however, some changes in the department, like new uniforms.

Previously, faculty allowed students to wear what they wanted to gym, but because many wore their school clothes, the department decided to require uniforms.

Although students had mixed views, most felt the uniforms were unnecessary.

"You see people in the halls wearing their P.E. uniforms anyway, so there's really no difference from last year," sophomore Sarah Little said.

Hearing your classmates scream with fear and amusement, you take another look at the tower; it doesn't look that high now. The unsteadiness seems almost appealing. Maybe your P.E. teacher isn't as crazy as you thought.



Just the facts

Social studies may be about geography, government, and history, but most of all it is about people. And people are what teachers in the social studies department dealt with as they found new ways to make classes interesting.

"We are always trying to get new approaches to teaching," teacher and department coordinator Richard White said. "In order to retain a youthful approach and keep courses current, we have to relate courses to the things students are interested in."

Teacher Kirk Daddow attracted students the same way.

"First, and most importantly, the student has to believe that the subject is interesting and valuable," Daddow said. "It's my job to convince them that this is true."

According to junior Courtney Huiatt, Daddow's classes are a job well done.

"He makes class interesting, and entertaining at the same time by relating things we study to our time," Huiatt said. "He likes the subject so much and that makes you like it too."

Another way instructors kept courses current was by supplementing the curriculum with current events.

"We spent time in government classes talking about the breakup of the USSR and tied it to the unit about government structure," teacher Jim Duea said. "We do current events even in history because tomorrow, today is history."

studying together often helped students prepare for tests. Sophomores Laura David and Phil McWaters hit the books in the Media Center. (Photo by Colin Brennan)



finishing up a lab in honors biology, sophomore lab partners Josh Huntington and Mark Harms peer into their microscopes and count stomata. (Photo by Colin Brennan)



-Steve Shapiro

The question "Are advanced placement and honors classes a lot of work?" may have been met with a resounding "Yes!" by students, but that didn't stop them from signing up for the more difficult courses. Though students had many different reasons for taking higher level classes, the most common was for the extra challenge they provided.

"The main reason I decided to take Honors Biology was because I wanted more challenge from my courses," sophomore Andrea Olson said.

"The teachers are good. They know you and your classmates are at the same level and can teach at that level, so you learn more in depth about the subject area," Olson added.

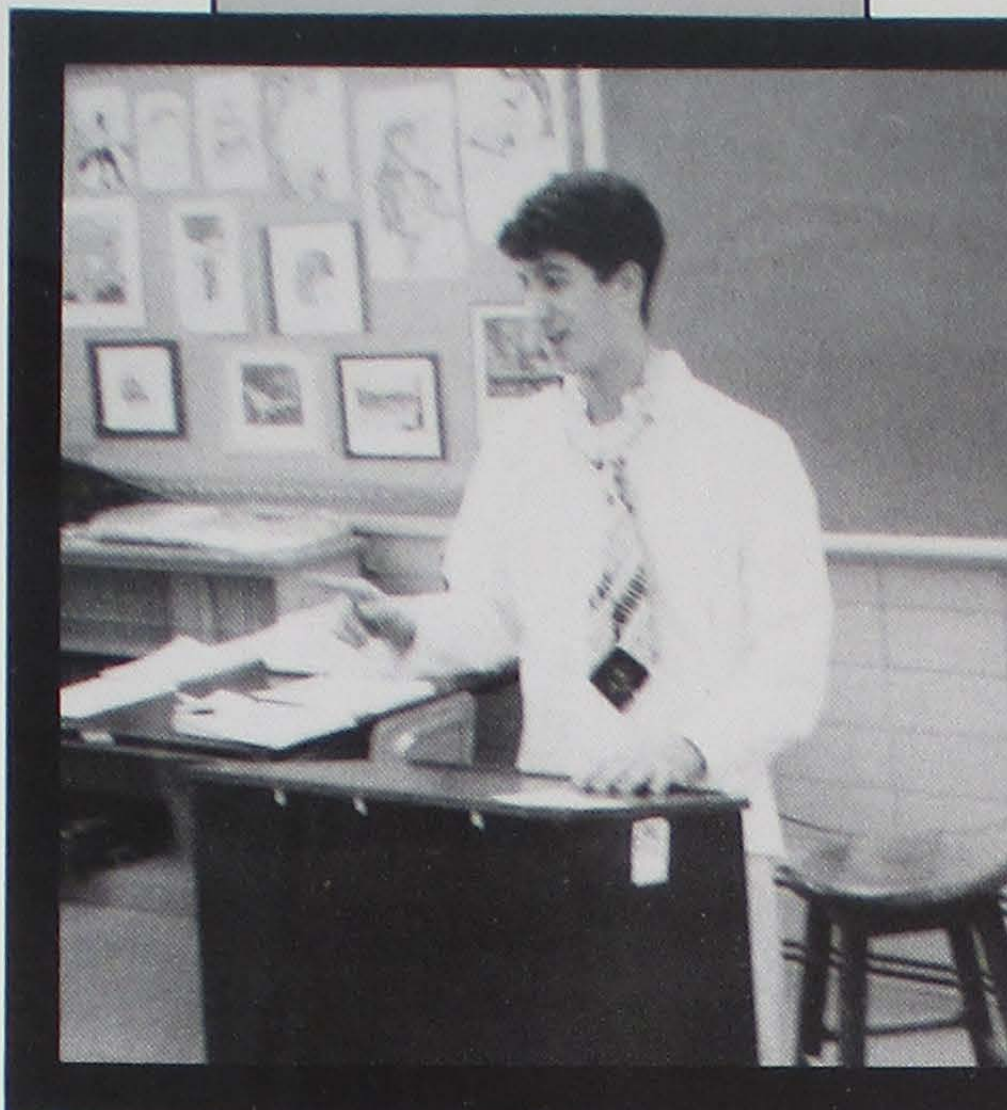
Senior Nick Nakadate enjoyed the extra edge honors classes gave.

"They may require more dedication than other classes, but that means that you can get more out of them," Nakadate said. "To succeed in AP Senior English, you have to really like reading literature. Reading works like *Hamlet* and *Macbeth* gives you a really good background for college."

Junior Kirsten Lassila's reason for taking honors classes matched Nakadate's.

"If you're going to do the education thing, you might as well get the most out of it as possible. AP Western Civ was the first class I've ever taken based on thought and the ideas of people, not on memorizing facts about the government."

watching carefully, seniors Eric Warne and Ryan Carver await the results of an honors chemistry lab. (Photo by Collin Brennan)



dressing up as Willie Stark from *All the King's Men*, junior Steve Edelson gives a speech in honors American Lit. (Photo by Steve Shapiro)

Challenging

Students found honors classes worth the extra effort

Lassila took all the honors and AP classes possible for a junior. The school offered a total of nine through the senior year in the areas of math, science, English, and social studies. Despite the rewards each offered, she pointed out a down side.

"One of the problems, though, is that people in the honors classes are cliquey. There's sort of an 'honors group' because they take a lot of classes together," Lassila

said.

Being in the "honors group" wasn't all bad though. It was the main reason junior Avanti Athreya decided to take the upper level classes.

"The only reason I took them was because all my friends were," Athreya said. "I couldn't think of anything else better to do."

Despite the fact that most of the students in honors classes were friends, competition was still high.

"There is a lot of competing going on between honors students because there are so many intelligent people here," sophomore Lon Freeman said.

"Most of the students in honors classes have a lot of drive to succeed. They seem to put a lot of pressure on themselves to do well because of that."

Even the rumors of added work and pressure didn't keep underclassmen from wanting to take honors classes. Instead of being discouraged, freshman Justin Readhead was encouraged.

"I plan on applying to all of the honors classes I can next year," Readhead said. "I like to be challenged in school, and honors courses seem to be the way to go. Also, honors courses will impress colleges more than regular ones when I go to apply."

Junior Mike Cronin was also thinking ahead when he signed up for Physics.

"I'm interested in electrical engineering as a career," Cronin said, "so science classes help, and I want to be challenged."

So whether they took AP and honors courses for the challenge, interest in the subject, or as preparation for college, the same students responded to the question "Was it worth all that extra effort?" with an emphatic "Yes!"

-Lisa Hinrichsen

High school is about planning and preparation for the future. And the future

to many students is college and/or a career. To become what they wanted to be, many students took specific classes to help them prepare.

"I'm taking classes in marketing and business areas because I want to be in marketing management. I think it is better for students to start taking classes for their careers later. You should keep an open mind to figure out what you want to be and start taking a wide variety of classes," senior Chris Burkheimer said.

Other students started planning their futures during their freshman or sophomore years.

"It's important not to wait until the last moment to decide your future," freshman David Evans said.

"I am taking foods and nutrition classes. I want to own a restaurant, be a chef, or be a caterer," sophomore Mishell Roth said.

On the other hand, some students started taking career-oriented classes when they were juniors or seniors.

"I am involved in cadet teaching. Every day for three periods I go to Roosevelt Elementary. It is great preparation to be a teacher," senior Meghan Sweet said.

"I am just taking general classes now, but next year I will take more specific ones. I've known what I wanted to be since eighth grade (an architect), but it is good to plan early and give yourself time to change if you want to or need to," junior Mike Eagan said.

seniors Kelly Schram and Lisa Moore work on a car for an auto mechanics class they took. (Photo by Beth Myers)



senior Jennifer Remsburg begins to ink a print for her printmaking class. (Photo by Beth Myers)

for out of high school," junior Tim Veale said.

But other students had faint or few ideas about what they wanted to be once they got their diplomas.

"I have no idea what I want to be so I am just taking a broad range of classes to give me a choice later," junior Collin Moon said.

Others may have had an idea, but were continually looking at other areas of study.

"I am looking at the fields of elementary education or broadcasting. I am just taking general classes because I haven't narrowed it down yet," junior Dan Ricketts said.

But a few students had known what they wanted to become for many years.

"Since I have been very young, almost since kindergarten, I have wanted to do something with art when I grew up. So far I have taken 2-D and 3-D art, and printmaking and painting classes," sophomore Ashley Hagen said.

Still other students continually changed what they wanted to become.

"I used to be interested in science and math, because I wanted to be a scientist since middle school. But about a year ago, I realized I wasn't interested any more. Now I want to be in political science or foreign relations. I have taken German, World Issues, Government - classes like that will really help me," senior Dayna Ross said.

Whatever students decided to become, Ames High offered much of the preparation that was needed.

Looking Ahead

Course variety offered preparation for a range of careers

The classes students took depended on what their career would call for.

"I want to be a graphic design artist. I have taken all the graphic design classes and now I am in my own independent study class. I have also taken 2-D art," junior Chad Newhouse said.

"To be a mechanic I have taken auto mechanics, electronics, and math classes to help me prepare



Just the facts

Art to many students meant painting a pretty picture or carving a sculpture. But to the more serious art students, it meant competitions, field trips and speakers.

For the first time, the Octagon sponsored the Regional Scholastic Art Award Competition. Ames High sent 10 entries in 14 categories, including oil painting, graphic drawing, and jewelry.

"Ames High has done very well in the past and will hopefully do well this year," art teacher Susie Petra said.

Some other competitions offered were the Mobile and Time contest. Students picked from the categories of the nation, the world, and ethnics to do either a cover design or to create an original cartoon. There was also a Mothers Against Drunk Driving (MADD) contest, and various scholarships were awarded throughout the year.

The art classes took trips too. The advanced ceramics and sculpture classes went to the Brunnier Gallery to see a shoebox sculpture exhibit. And some art students and Advanced Placement Western Civilization students went to visit the Art Institute of Chicago.

Speakers were another facet of some art classes. David Anderson, who works at Ames Silversmiths, came in to demonstrate how to cast jewelry to the jewelry classes.

Through demonstrations and competitions, art students and teachers proved the department was more than painting pretty pictures.



Junior Suzanne Vogel trims a section of paper for an art class she took. (Photo by Beth Myers)

freshmen David Neal, Kevin Heggen, and Clint Houge work on a drafting project. (Photo by Beth Myers)

Just the facts

The back hall, the math wing, and the cold part of school are names used to describe the blue hall. But few students addressed it as the Industrial Technology hall.

For this reason, the department held an open house in the fall. Free soda and a chance to watch learned skills in action caused many to venture down the hall.

"I thought it went well and Mr. Faas seemed pleased with its (the open house) success. This is my first year in class and we get a lot of hands-on experience," junior Steve Elliott said.

Along with open house, department coordinator Don Faas hoped to enlarge the class by presenting a pass/fail three day a week class in the future. With this introduction students could enroll with their P.E. class or science lab opposite of the class.

Due to lack of enrollment and funds, the industrial tech program lost a teacher. Paul Olsan had taught in this department for 22 years before being transferred to a part-time media center aide.

Despite the department's loss of Olsan, it also had a major win—The Geo Metro Ethanol Challenge. Faas chose seniors Dane Larson and Jeff Spencer to compete in the July 10 competition. Ames placed first with an average speed of 43 mph. For this finish they received \$100 worth of ethanol fuel, a radio, hats and jackets.

The industrial tech department hope for more such wins in the future.



along with learning a new language, students also dealt with new technology. Senior Jessica Cheng types an English paper. (Photo by Kelly Koppes)



getting away from confusion was a must when attempting to study. Junior 'Andie' Setiawan reads his history book. (Photo by Abby Klaas)

helping her father prepare a meal, junior Margaret Ziolo cuts vegetables. After moving, many students still enjoyed their favorite ethnic meals. (Photo by Jason Swift)

Anjeanette Levings

First period French had to be the worst. Just when English began to sound familiar and the world stopped spinning by you, the teacher thrust you into attempting the unthinkable—a different language. "Huh?" you think as some nasal sounding phrase whizzes by. You look around hoping that someone understood; thank goodness for the brain sitting next to you. She would take the time to share her knowledge.

Students that had moved to the U.S. from foreign countries were not as lucky. They experienced first period French every period, and the brain in the next seat did not speak their language. To help these students cope with the language barrier and eventually overcome it, they enrolled in ESL (English as a Second Language).

"When I first came here they (ESL) tried to teach me to speak, spell, read, and talk to American people. I had five years of English before I came here, but when I came it was much harder," said senior Long Vu from Vietnam.

Although these students had studied and done well in English in their native countries, they found that it was not enough.

"My English was very bad before I came here. It is very hard to learn (a different language) when you only have class two times a week like I did at my old school," said junior Margaret Ziolo from Poland. "The teacher works with me one on one, so it's very helpful."

With only six in the first period class, these students received much individualized attention. Like all other foreign languages, the



squaring up to make his shot, junior Rodrigo De Salvo eyes the ball. Recreational sports let students relax in a foreign land. (Photo courtesy of Jacinda Bunde)

classes, students found their niche where they could learn the language in a fun, and easier way.

"It (ESL) has helped me a lot and gives me experience to talk with American people. My teacher helps me and I have something like a peer helper," said "Andie" Ketut Setlavan, a junior from Indonesia. "I audited my English class. I'll have to take it again next year. It was reading every day. We have to read 10 pages and I can't read that fast. My English teacher helps me. Every Friday I see Mr. Carlson and he helps. Some students help me, some students are nice to me."

Friendships with American natives helped some learn and practice the language.

"ESL and talking with my friends both help me (speak English better). If I don't know some words I ask the teacher and she tells me what they mean. If I don't know how

to say a word to my friends I try to make it (form the object through hand motions), and they usually understand me," said junior Rodrigo De Salvo from Argentina.

Due to total submersion and friendships within the country's borders, an understanding of American culture became a necessity.

"Something I like a lot are the discussions," said Yi-Chun Hocl, a junior from Taiwan. "Sometimes we discuss something that Americans can do that we can't do in our country that we didn't know before. People here are more open. There is kissing in the hallway and we can't do that."

Learning a new culture, making friends, and speaking a foreign language made being a foreign student tougher than simply sitting through French class a little confused for 45 minutes. But these students learned to cope with their new surroundings with a lot of help from their first period ESL class.

Speaking Out

ESL made adjusting to a foreign culture easier

teacher began with the basics.

"I don't get a lot of practice outside of school since I live here with my aunt. We don't need to speak English at home, we speak Chinese. Some exchange students live with host families. It's good for them to practice, they need to practice every day," said Jessica Cheng, a senior from Taiwan.

Although many did not speak English with their families, they were able to practice in many other ways. With the help of other

-Maja Larsen

People often say that some things are as impossible as finding a needle in a haystack. And many students agreed that if anything was that impossible, it was finding a college to satisfy all their needs and preferences.

To help students in their decisions, the school purchased new equipment for the Student Services Center. This began in the winter of 1990 when the counselors received new Macintosh LC computers.

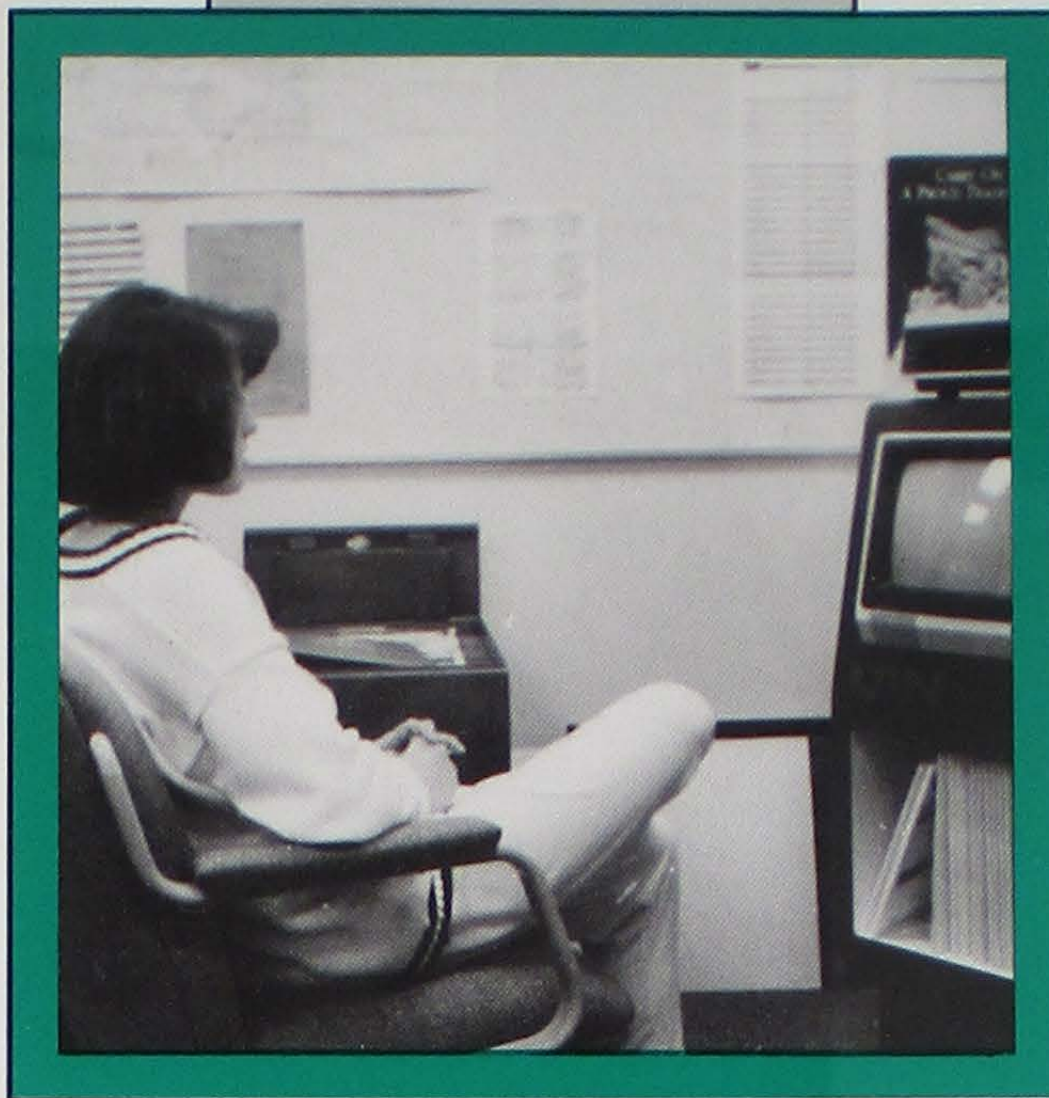
"The new computers are all networked and that makes it easier for us to cooperate," counselor Leslie Maze said.

The computers and the laser printer in the Student Services office added up to \$11,000, which came from the guidance department budget.

With the computers, the guidance department also purchased a new program, CHOICES, to replace the old GIS (Guidance Information System) program. CHOICES only cost half as much, and according to Associate Principal William Ripp, it was just as efficient. CHOICES made it possible for students to find out more information about specific occupations, and to get information about schools and programs of study. It also provided information on limited financial aid. Students who used the program found that it helped them narrow down college choices.

"It (CHOICES) helped me find a college that focused on the subject I'm interested in. It is a very fast and efficient system and it is available for everyone who is interested," junior Carlos Wesley said.

Students could access the program from every computer in the school, but the problem was the lack of student awareness. To remedy that, counselors came to English classes to introduce the



the laser discs were a way for students to get information about colleges. Junior Kim Blechler tries out the system. (Photo by Jamie Lang)

"It could be a little more efficient. My counselor and I had to go through hundreds of books to get to our goal. So I think they should try to get it a little more arranged; that would save both students and counselors a lot of time," junior Ben Koch said.

Even though this was a concern of some students, people who worked there found it hard to believe that the system was perplexing.

"There's a lot that people don't know about that is really beneficial. They can look up careers, colleges and scholarships. All this information is very helpful, but it often just confuses the students when they don't know what to do with it," senior Yvonne White said.

White worked in Student Services during her free periods.

Other students shared this view, and used all resources available.

"All the resources give me a broad view of what is available and helps me choose. It is just a shame that not many students are

aware of it," senior Mark Robinson said.

When students finally had an idea of what they wanted in the future, college representatives who came to the school could help them make their final decision.

"It is a good thing that they have people who know specifics about the campuses come and talk to us. If we had questions about something that wasn't mentioned in the catalogs, we can just ask and get an answer right away," junior Christine Hausner said.

Although choosing a college could be frustrating, the guidance department made it a little less complicated with the revamped Student Services Center.

students got assistance from their counselors. Senior Tara Carmean looks over her schedule with counselor Leslie Maze. (Photo by Colin Brennan)

Helping Out

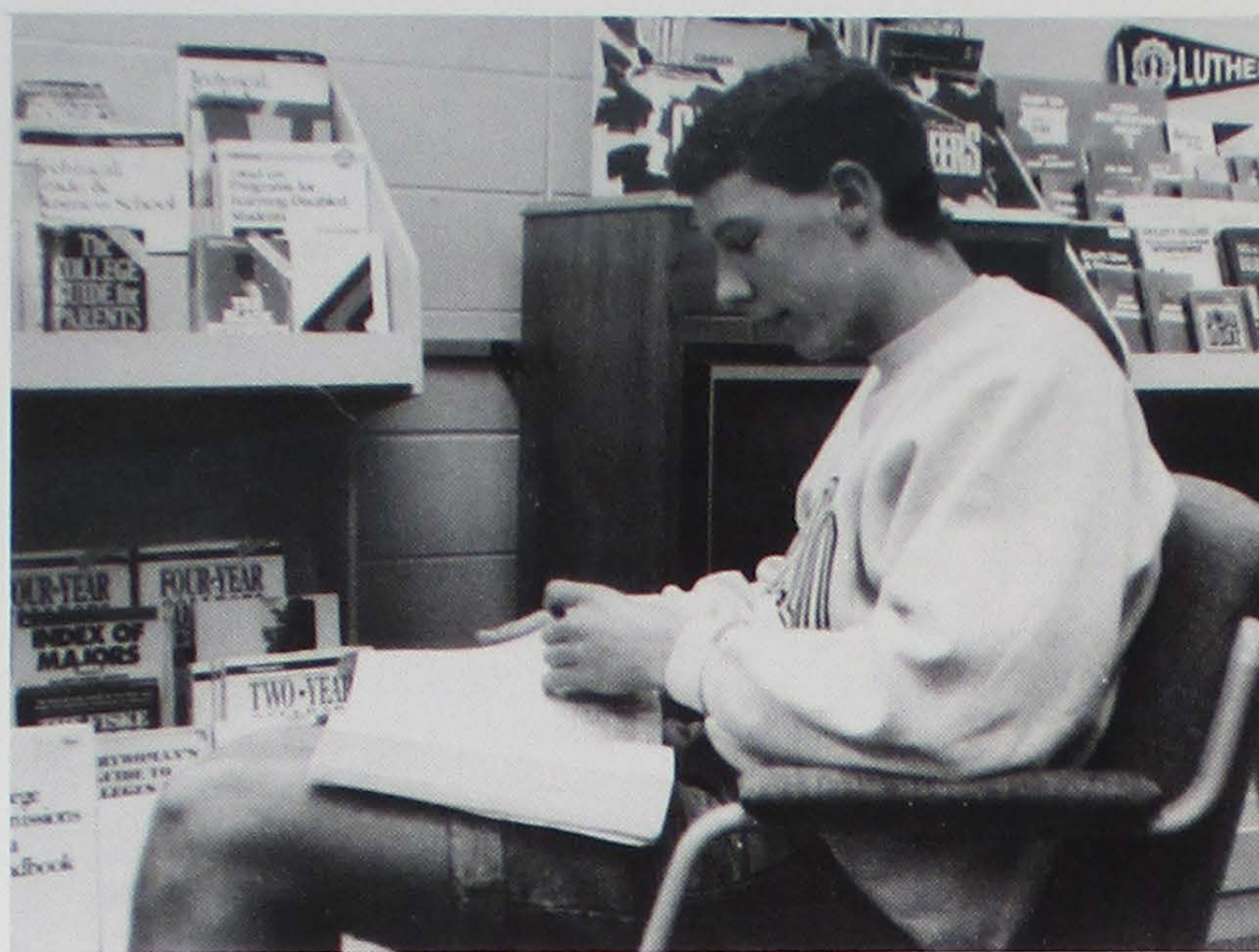
Student Services clarified confusions

program and to get students to take advantage of the help available.

Other changes to the department were cosmetic. New wallpaper, bookshelves, and country blue and mauve chairs adorned the Student Services Center. The department also redecorated and organized the research room for finding colleges. Despite all these changes designed to improve the system, some students still found the sources in the research room confusing.



representatives came to the school to inform students about their colleges. This Kansas University rep. answers senior Mark Milleman's question. (Photo by Jamie Lang)



the books and catalogs in the Student Services Center helped senior Alex Gorn find more facts about the colleges he was interested in. (Photo by Jamie Lang)



Everyone knew them. They were all over. They surrounded students and teachers every day. But many tried to stay far away from them to avoid chaos, because not everyone had the magic touch it took to cooperate with one of those machines known as ... **COMPUTERS.**

To get more knowledge about computers, one place to go was a computer class taught by Dick Lang.

The computer department added a program called "Hyperstudio." Teachers ran this program from the Apple II GS computers and used it for presentations and slide shows.

"Multi-media" was another addition. This program allowed students to record sounds on to the computers.

Although the computer department spent almost \$1,650 on the new items, still not enough students joined the classes. The lack of interest caused the elimination of Computer Science. But students that did take the classes found them interesting.

"Computer Applications is a great class. It gave me a chance to get more advanced in computers, and it's also good to know about computers no matter what job you choose," junior Ann Moore said.

So whether students had computer-phobia or not, it was good to know that after a few classes with Lang, they would be prepared to take on the world of computers.





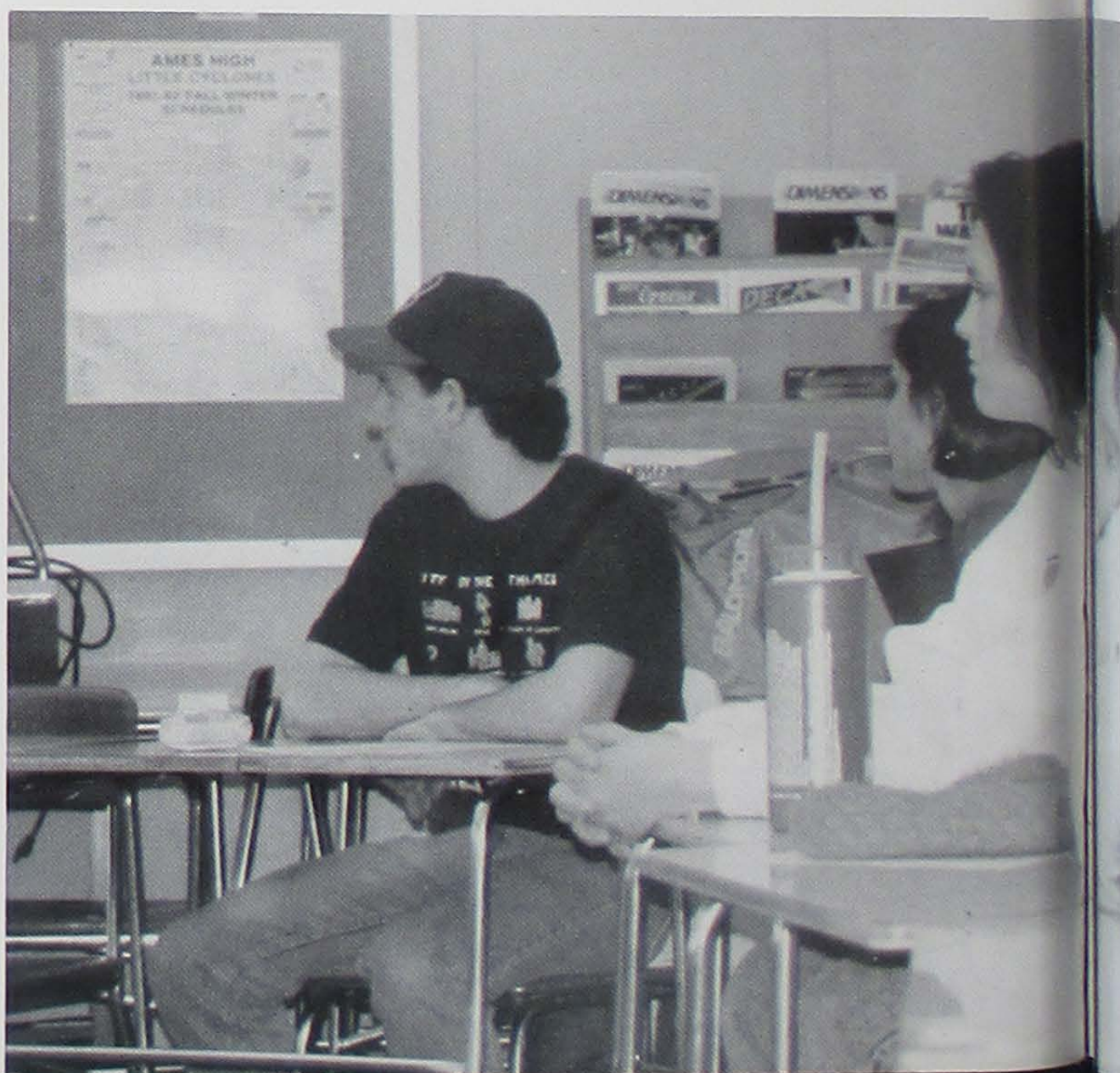
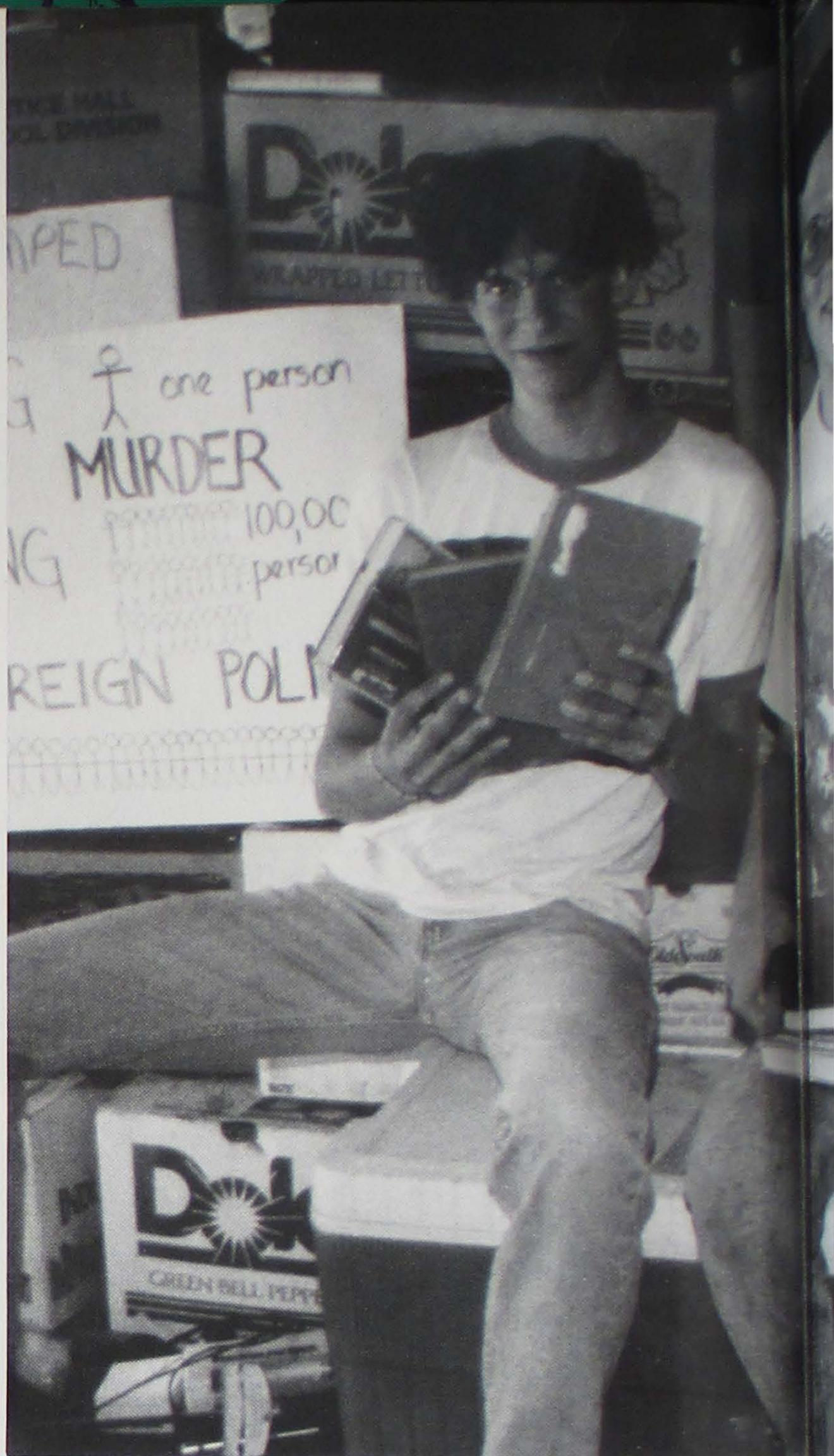
Students Against Apartheid. Front Row: Megan Geha, Kirsten Lassila, Nicki Fisher, Robina Chowdhery, Sue Abbasi. Back Row: Nakia Giddens, Bob Goodfriend, Alan Murdock, Summer Jones, Jennifer Whitehead, Amy Poague, Monika Jankowiak, Jennifer Moehlmann, Malsaa Hawana.



Human Relations Committee. Front Row: Toni Woodman, Eva Hernandez-Soto, Robyn Schwartz, Karen Hsu, Shaly Seecharran. Second Row: Ralph Farrar, Betty Furr, Mark Sutch, Marilyn Hanson, Kirk Schmaltz, Myrna Whigham. Back Row: Regina Lethcoe, Charles Jischke, Steve Shapiro, Keith Carlson, William Ripp.



Amnesty International. Front Row: Ruby Hsu, Megan Geha, Emily Kim, Becci Peterson, Sandra DeLuca, Amy Gardner, Rachel Wilke, Amy Poague. Back Row: Karen Moon, Kirk Daddow, Andy Stevenson, Bob Goodfriend, Avanti Athreya, Terrill Johnston.



saa members Alan Murdock and Bob Goodfriend take a break from sorting books to send to South Africa. (Photo courtesy of Carolyn Jons)

-Steve Shapiro

A South African school doesn't have enough textbooks for its students. A political activist is taken to jail for speaking out against the government. One student makes a racist statement about another. Other than the fact that these things happened every day, they had one other thing in common: Ames High students banded together to fight them all.

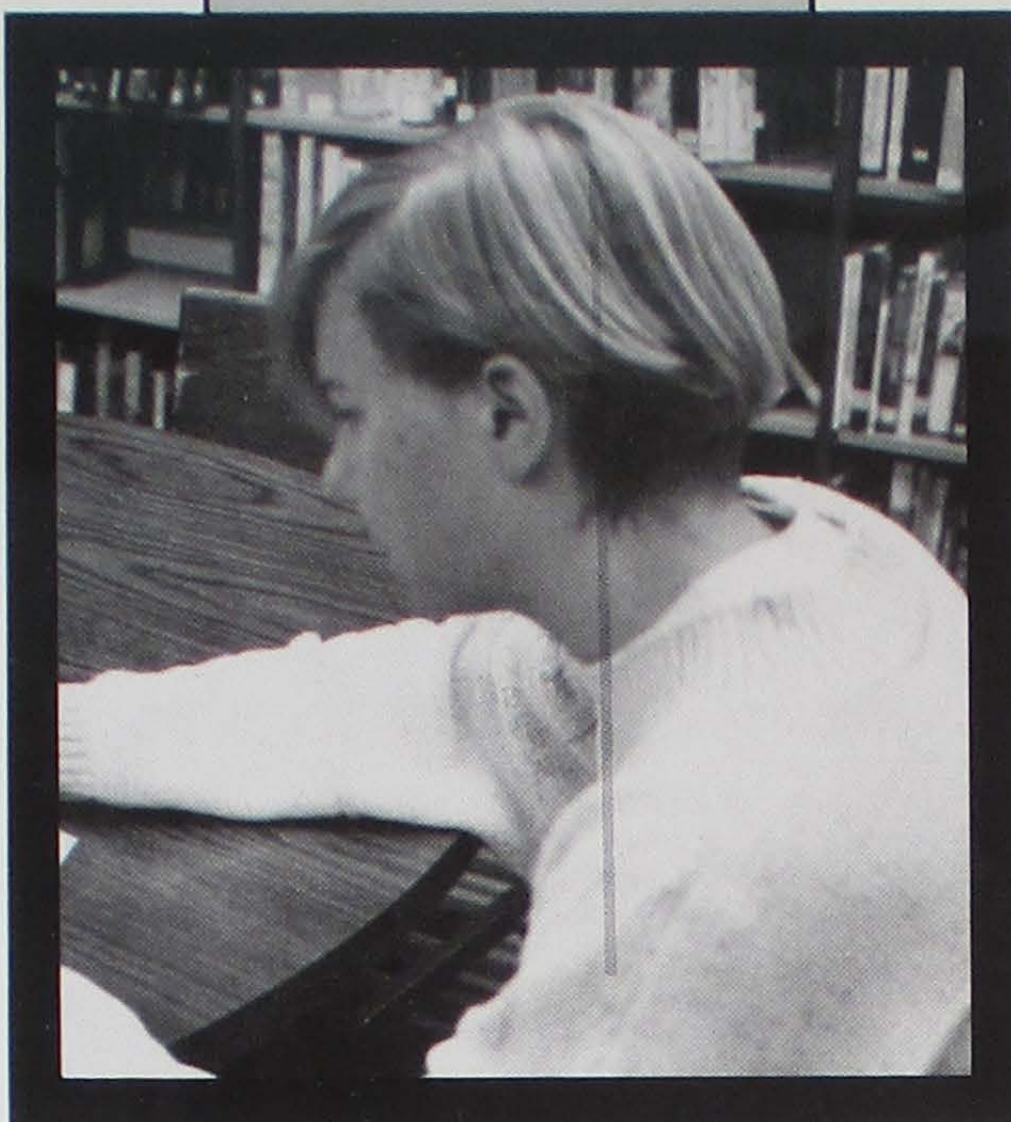
Students Against Apartheid (SAA), a student group started two years ago by sophomore Summer Jones, continued its project to send textbooks to one of Ames High's sister schools, Lima Hire Primary, but Jones had a higher cause in mind.

"Students need to get involved in events outside of Ames," Jones said. "I want to get people educated about racism in the U. S. as well as all over the world. Right now we are helping people who need education in South Africa."

While they had trouble raising the large amount of money needed to send the books, that didn't stop them from making further plans. SAA also worked on adding a Black history class to the schedule, getting new history textbooks purchased at Ames High, and setting up a nationwide network among schools. As a result of their book drive, they received the Grinnell/Iowa Peace Institute Peace Prize.

While SAA fought discrimination based on people's

with open ears and minds, members of the Human Relations Committee listen to a presentation. (Photo by Abby Klaas)



getting the facts, junior Kirsten Lassila reads an Urgent Action memo before writing a letter for Amnesty. (Photo by Steve Shapiro)

trial, to see that medical and legal needs were met, or to ask for their release depending on the specific case.

"When a country gets thousands of letters from all over, they know that the world is watching," senior Sandra DeLuca said. "Even if the prisoner isn't released, he or she usually gets better treatment. We want to make sure that every human being has the basic human rights. But even if we come up with only one case of someone helped, it's worth it."

The Human Relations Committee was a combination of the two, but a little closer to home. Created to oppose any kind of racism or insensitivity at Ames High, the committee served in an advisory capacity to Principal Ralph Farrar. Some of the issues the committee dealt with were celebrating Christmas in the

school and making students more conscious of other cultures.

"We want to help students and staff promote a more multicultural, non-sexist environment and solve any problems that come up," senior co-chair Robyn Schwartz said. "In some ways, it has been very effective, but there's always room for improvement. People are beginning to realize that minorities are not invisible any more."

Freshman Charles Jischke, a member of the Human Relations Committee, summed it all up.

"We're working towards equality," Jischke said. "Attention should be brought to racial issues and they need to be dealt with."

Through these three groups, students sent out the message to the world that the "inalienable rights" that humans all over the world were endowed with were still in effect.

People Power

Students find small groups make a big difference

physical characteristics, Amnesty International, in its third year, battled discrimination based on people's thoughts and ideas. The Ames High chapter was part of an international organization.

According to senior Matt Welch, Amnesty International worked for the release of prisoners of conscience held for their beliefs. Members of Amnesty wrote letters to the guards and leaders asking for the prisoner to be charged with a specific crime and put to a fair

-Adrienne van der Valk

Chocolate licorice.
Mountain Dew.
Reese's
peanut butter cups.

Tropical Skittles. Subwaysubs. Ecto-cooler. Kelly green cookies.

If members of the *Spirit* staff seemed to carry a little more cellulite or a few more love-handles around the waist as the year went by, it was with good reason. Food and candy of every type found its way into Room 202 and was digested by the zombie-like group of yearbook staffers who slaved to make their dreaded deadlines.

"When I'm working late at night, I'll eat anything. One time there was this pan of brownies in the room and no one knew whose they were but we ate them anyway. Every time I went in there there were less and less," freshman Lisa Hinrichsen said.

Deadlines weren't the only excuses the staff found to pig out. Birthdays, finishing spreads, and other special occasions called for food parties. St. Patrick's Day was one such occasion. It brought a festive green theme to the food and people's faces after one student found a 'bug leg' in her precious candy.

"We all brought in green cookies, candy and Ecto-cooler for St. Patrick's day. I found this really disgusting black thing in my green candy, and we were all pretty sure it was a honkin' bug leg. I'm going to send it in to the company and maybe I'll get some free candy," junior Kristy Lakin.

Food was a good antidote when crises occurred, and the staff had plenty of those. Computer mishaps plagued the deadline weeks and foiled more than one attempt at finishing on time.

"When you're working late at night, tempers start to get out of hand. One time I thought the computer ate my story, so I hit it

do under pressure," junior Kelly Remsburg said.

Deadline stress made some staff members reconsider their decision to join, despite the deluxe catering.

"I'm glad I joined but at deadlines everyone is so stressed and everyone is yelling at each other, and then I wish I wasn't on it. After the deadline, I'm glad I'm still on it because the environment is so friendly and because of the people in the class," junior Maja Larsen said.

Besides the large group of students in class, several took *Spirit* independent study. Eating through deadlines

on their own wasn't always as fun as pigging out with everyone else.

"It's hard because you don't feel like part of the group when you're not there every day. It must have seemed like something was missing when they had a birthday party for me without me,"

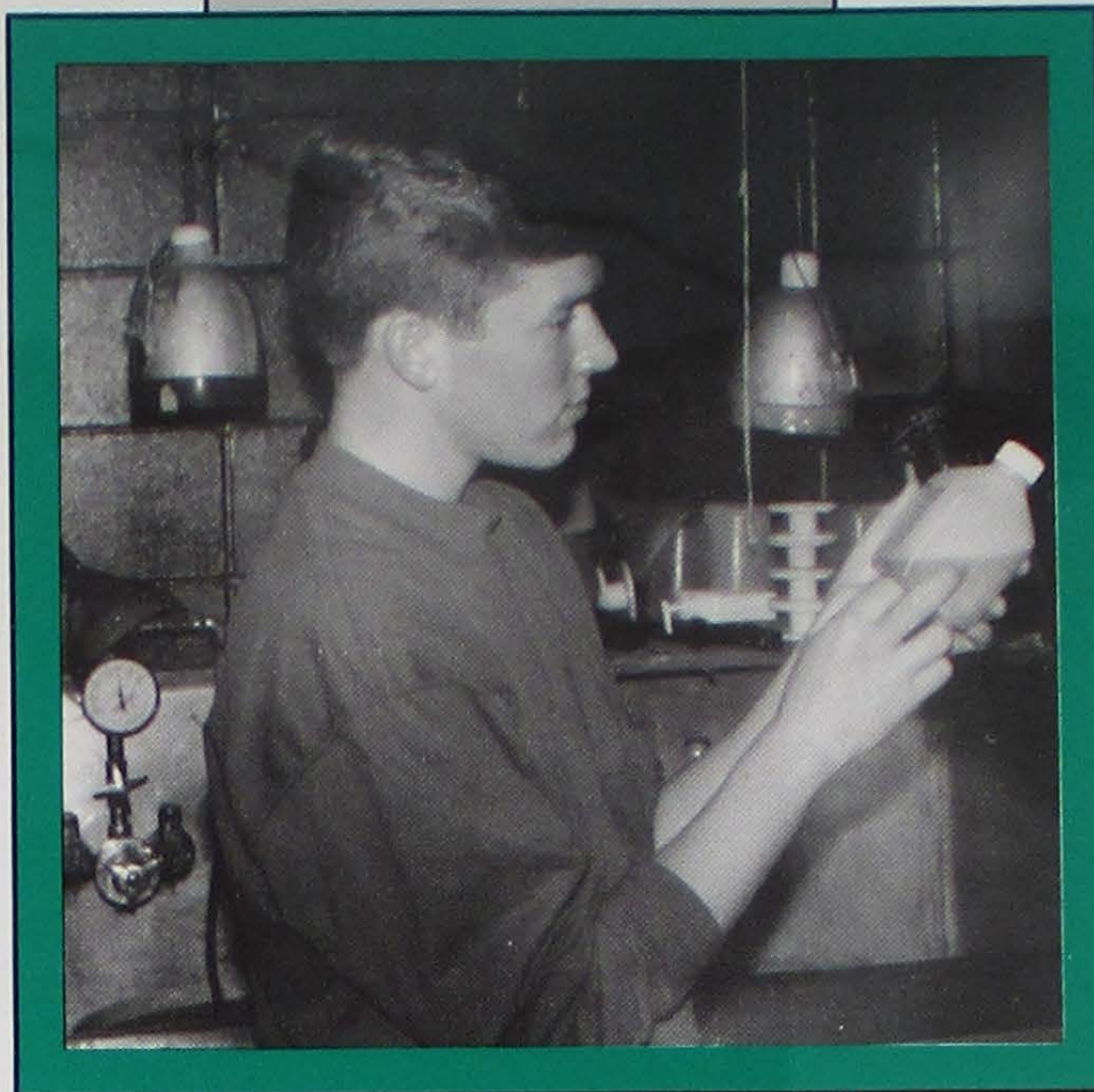
senior Lisa Millen said.

Besides making their cholesterol higher, other medical problems due to being on staff awaited editor-in-chief, junior Karen Hsu.

"I didn't know how to deal with the first deadline. I also had pre-winter-break homework piling up and I got an ulcer type deal. The doctor prescribed Mylanta as part of my treatment, but my mom didn't know what it was so Kendi kindly went and got it for me. Every time I had a stomach pain, I took a chug of it," Hsu said.

Mylanta could not correct every stomach problem, but food corrected most *Spirit* ailments, or so staff members believed. Although it added inches to their hips it also added comfort to their late nights and stressful deadlines.

when sophomore Laurel Nakadate felt overwhelmed, she just laid down on the floor to relax. (Photo by Angie Elmaker)



in the *Spirit* darkroom, senior Jamie Lang mixes stop bath while he waits for his film to develop. (Photo by Colin Brennan)

Munching On

Food helped *Spirit* staff through deadlines

and swore at it until I figured out that it didn't really eat my story," junior Steve Shapiro said.

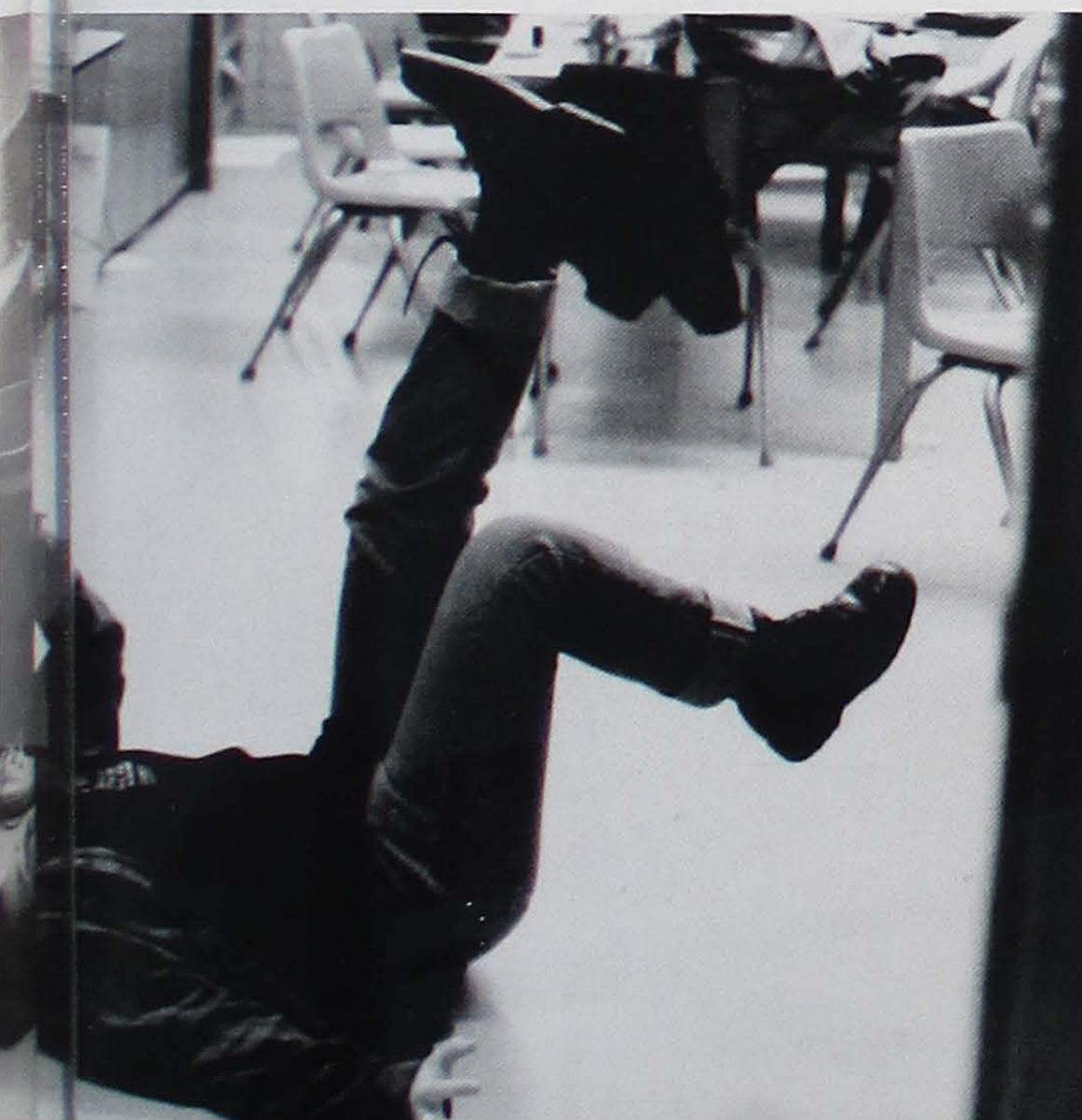
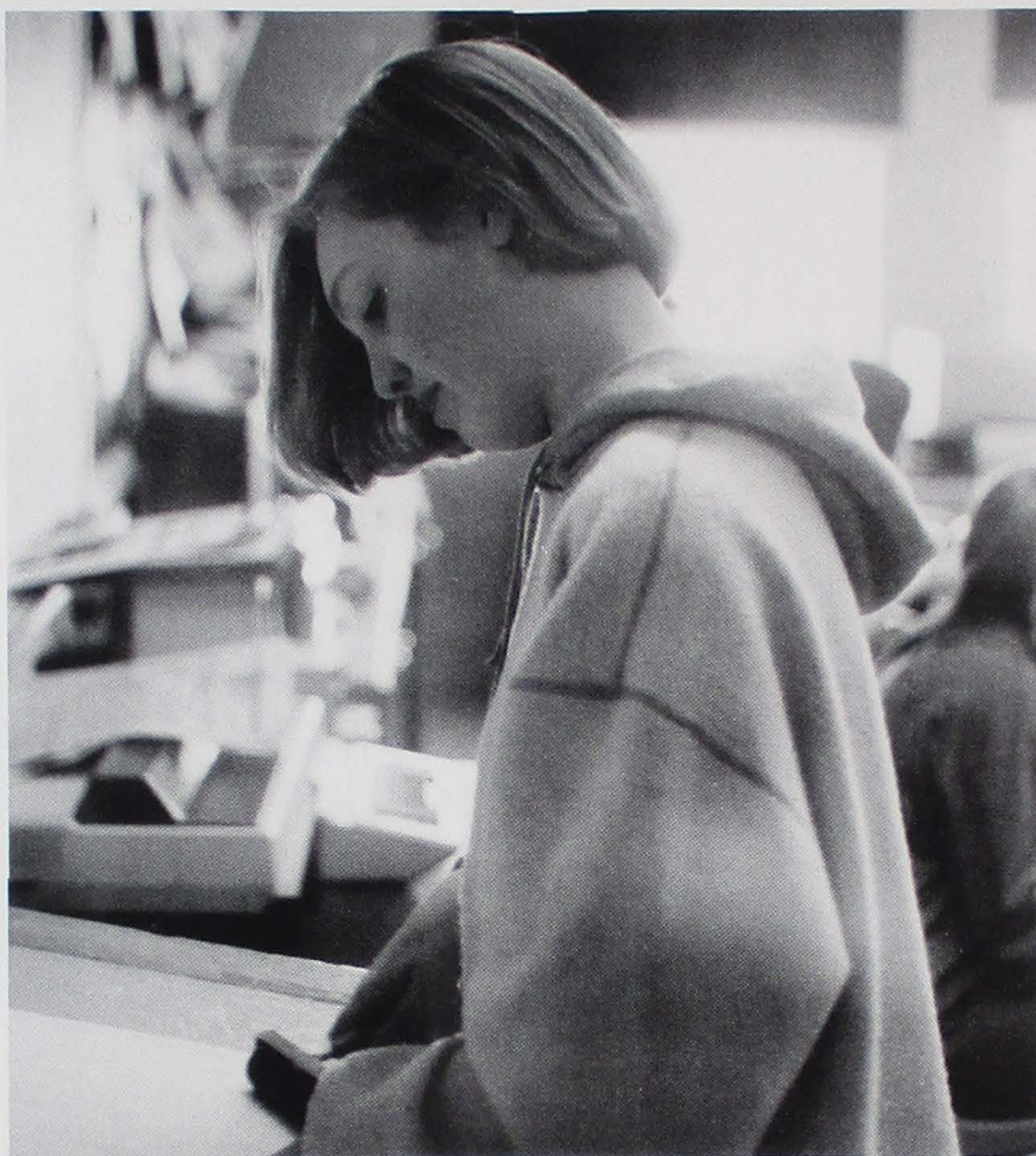
Relationships with computers weren't the only ones strained on the deadline night. Frustration with fellow staff members caused some to take action they wouldn't have dreamed of taking normally.

"One deadline Karen (Hsu) asked me to do something and I just snapped. I begged her to do it herself and not make me. I ended up kissing her feet for it. It just goes to show the things you



leaving an obnoxious note on the board was one way Junior Anjeanette Levings got the attention of her photographer. Communication between writers and photographers was an important part of the book's success. (Photo by Collin Brennan)

pasting up was the last step in finishing a deadline, and also one of the most time consuming. Junior Kristy Lakin works on finishing one of her two her spreads at the light table. (Photo by Collin Brennan)



Varsity Spirit Staff. Front Row: Collin Brennan, Steve Shapiro, Kristy Lakin, Kelly Koppes, Lisa Hinrichsen, Jason Dane. Second Row: Anjeanette Levings, Karen Hsu, Jamie Lang, Laurel Nakadate. Third Row: Maja Larsen, Kelly Remsburg, Brian Greving, Katie Krogmeyer, Monica Wilke. Not Pictured: Avanti Athreya, Abby Klaas, Jason Swift, Adrienne van der Valk, Angie Ellmaker, Lisa Millen, Frank Greer, Beth Myers.

-Lisa Hinrichsen

Picture yourself picking up the morning paper and recognizing your name in bold letters at the top of a story. This might sound like a dream, but it was reality for the *Web* staff.

"The best part about being on the staff is when you are all done and you see it in print," junior Jennifer Weiss said. "The hardest parts for me are getting along with the rest of the staff, along with some pressure for deadlines."

Staff members soon realized how many people read each of the 10 issues from front to back, and how the finished product affected students.

"I became a part of the *Web* staff because of yearbook. I think it is a lot of fun to see your writings right away in print. You soon realize you hold power because so many students read the paper," senior Scott Whiteford said.

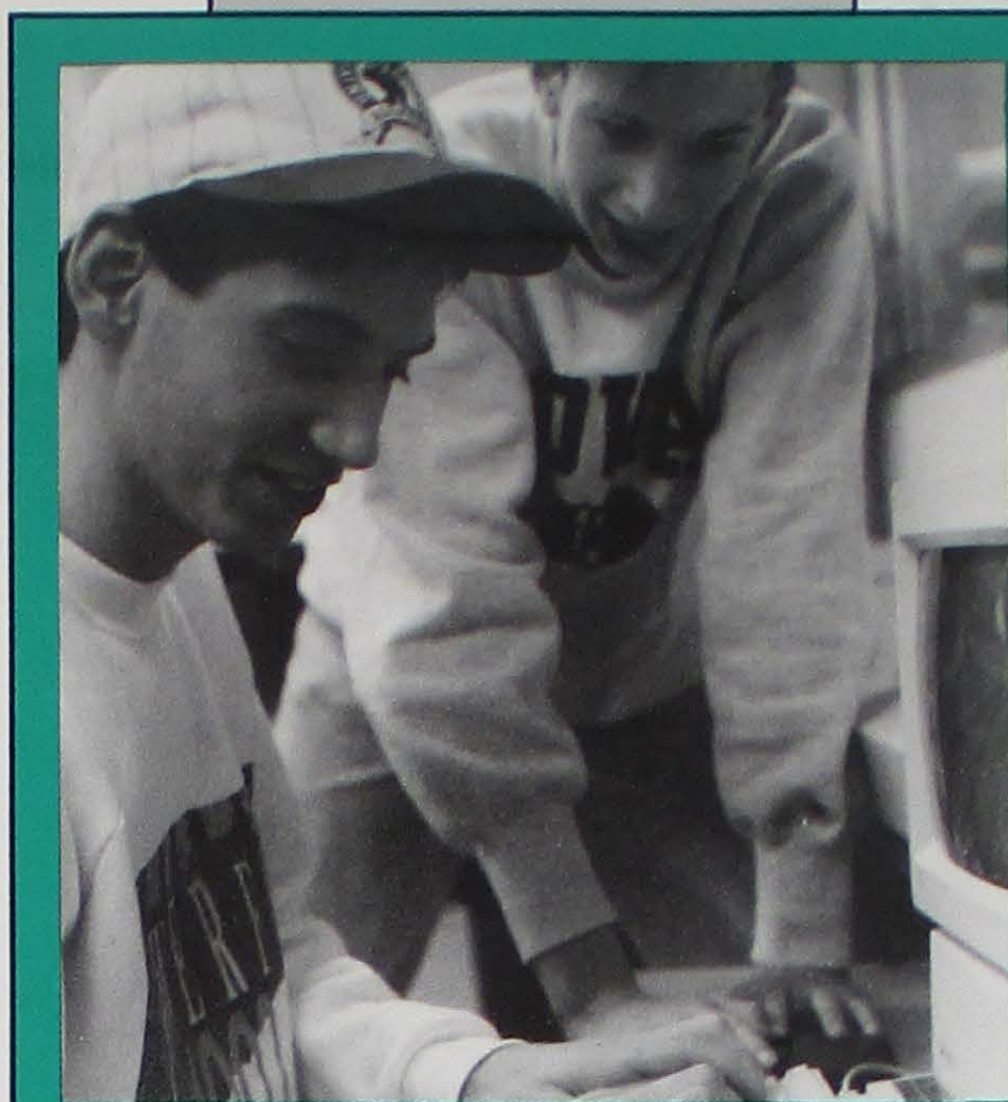
To some *Web* staffers, the best part about *Web* was social rather than academic.

"I love to write, but to me the part about *Web* that really stands out is interacting with the people on it and just basically talking with them," senior Jeremie Jordan said.

But *Web* was more than just interacting socially.

"I have really gotten to see how a paper is put together. I like the variety of stories and the different subjects from one issue to the next. It also looked interesting and like something out of the ordinary and very different from the normal classes," senior Jamie Lang said.

Not only did the *Web* staff spend their second period class working on stories, they also dedicated lots of time before and after school to meet those dreaded deadlines. Many staff members stayed late in the computer lab on deadline nights, not because of procrastination but because of "disk crashing."



although the *Web* staff seemed to have more than their share of computer problems, they proved useful to seniors Peter Loutzenhiser and Aaron Jones. (Photo by Jason Swift)

Decidedly Different

Those that worked on *Web* found it unlike other classes

"I have the record for having my layout completed early and being here the latest. For some odd reason my disk always crashes around 6:00, so I'm here until 10:00 redoing it all. I think God hates me! But I'm not the only one He hates. Jen (Weiss) finished her layout at 10:00 one night, but her layout erased, and Scott (Whiteford)'s replaced hers. The computers have to be possessed," junior Anjeanette Levings said.

Members of the staff also did

out-of-the-ordinary things in and outside of class. These kinds of activities made *Web* different than a standard English class.

"We seem to be like a family. We celebrate with parties a lot. Birthdays, holidays, when we have an issue come out, half-birthdays- almost every occasion! Some of us also went to a preview of *Wayne's World* in Des Moines," junior Allison Doyle said.

Web staff members weren't always part of the Applied Journalism class, some got credit through independent study. This was a different experience, but it all came down to the same goal- getting the paper done on time.

"Being an out-of-class member of *Web* allows you more freedom. You get information on what is needed and what is going on later and there is an extra effort needed to get things done," senior Adam Readhead said.

Also, each member had his or her own reason for wanting to be a part of the paper. Whether they just thought it was fun, got interested through Introduction to Journalism, a prerequisite course, or because journalism was their chosen career field varied with each staff member.

"I think it (*Web*) is a great deal of fun. I also like to write with my own style and opinion for an audience. I became a part of it because I saw and liked what I read in the paper when I was an under classman," senior Aaron Jones said.

So before you crumple up and toss that paper into the garbage can, realize that each story and name in print didn't get there without skills and effort, mixed in with fun, behind it.

a highlight of the year was having Bob Bartley, editor of the *Wall Street Journal*, talk to the staff. The first newspaper Bartley worked for was the *Web*. During his visit, he fielded questions from staffers, including junior Jennifer Weiss. (Photo by Jason Swift)



working on a layout can be a tedious job, but Junior Alison Doyle makes sure everything is perfectly in place for the Web. With only one light table half of the year, the staff had difficulties pasting up their work. (Photo by Jason Swift)

to create stories, first the staff members had to talk to students. Senior Scott Whiteford interviews senior Curtis Hawkins for a story. (Photo by Jason Swift)



Web Staff. Front Row: Jennifer Weiss, Alison Doyle, Anjeanette Levings, Amy Bartine. **Second Row:** Jeremie Jordan, Aaron Jones, Peter Loutzenhiser, Collin Moon. **Back Row:** Scott Whiteford, Jamie Lang.

-Avanti Athreya

His palms are sweaty, his legs are shaking, and he stands frozen in fear. About to be drafted into the army? No, he is about to give a speech.

However, for the many students who dreaded those minutes behind the podium, there was a solution: Speech Club.

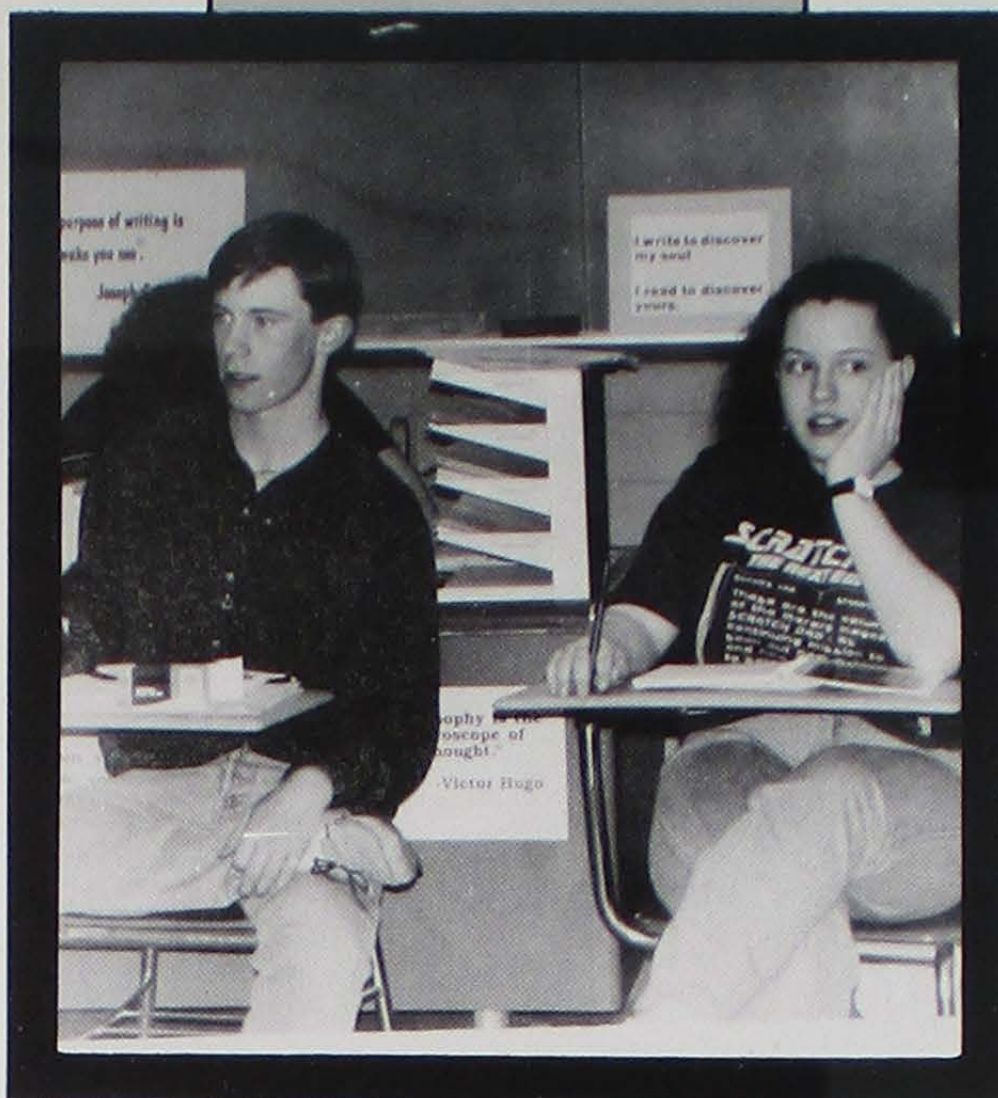
"Speech Club is an opportunity for students to speak and act," senior officer Allison Campbell said. "Students can be competitive without worrying about grades."

Although participants didn't receive A's or B's, their speeches and performances were still evaluated by Iowa High School Speech Association judges at District and State. The highest rating, a I, qualified an individual or group to move up and perform at the next level.

"I liked individuals because I had the chance to see how I performed alone and I couldn't look to anyone else to cover up mistakes," sophomore Becca Jones said. "But in group I got to see the great acting ability of some of the upperclassmen."

All but two of Ames High's group performers qualified for state contest; however, none went on to All-State, the top rung of the Speech Club ladder. To qualify, contestants must have received I's and "Outstanding" ratings from all three judges present at State. Although All-State speeches were not rated, judges did give tips for improvement.

Using every suggestion directors Annette Rowley and Marge Folger provided, four individual speakers—seniors



at a *Scratch Pad* meeting, seniors Matt Welch and Steph Coon discuss entries. (Photo by Laurel Nakadate)

donning nighties and bathrobes, seniors Holly Anderson and Renee Millerbernd rehearse their Choral Reading. (Photo by Jason Swift)

their name, used the spoken word for effective communication. However, the editorial board of *Scratch Pad*, Ames High's literary magazine, emphasized the written word.

"At *Scratch Pad* board meetings, if member says anything bizarre, we write it down and quote them out of context at the end of the book," junior Erin Hoffmann said. "We've gotten interesting reactions from the students."

Some board members felt it was important to have a medium of expression.

"I'm glad *Scratch Pad* gives students a chance to vent their literary fury," freshman Charles Bibilos said. "But too often we seem to receive subliminal drug things."

Junior Valerie Reed agreed that drugs pervaded a few pieces. "I think it's great that we get everything from love poems to drug tales. But sometimes, I think we don't get enough submissions."

Lack of material did not seem to bother sophomore Laura David. "Some days I go home having read the most incredible poetry and I just want to read and write," David said. "I think *Scratch Pad* is a tremendous inspiration."

So whether students stood entranced by a friend's poetry or version of "I Have a Dream", both *Scratch Pad* and Speech Club helped them use the English language well. And whether they wrote or spoke, members of either group certainly got rid of their sweaty palms!

Linguists

Scratch Pad and Speech Club improved communication

Laura Vermeer, Allison Campbell, and Mark Sutch and sophomore Eva Hernandez—gave performances that led them to the All-State festival at the University of Northern Iowa.

"I was pleased and surprised at the results," said Vermeer, who gave two performances at the festival. "I hadn't practiced my oration, but I practiced my poetry reading, which I thought was really fun and enjoyable."

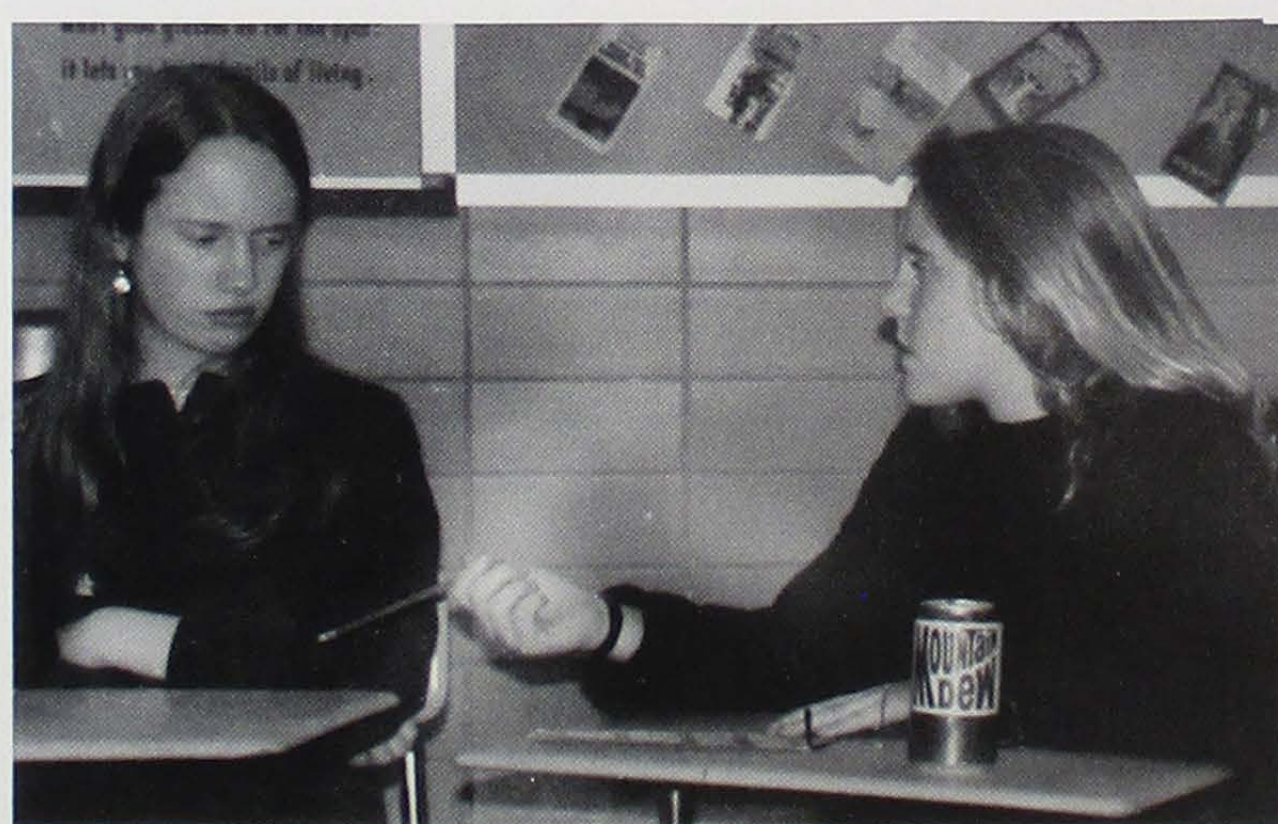
Speech Clubbers, true to



Speech Club. **Front Row:** Avantl Athreya, Karen Hsu, Janna Cheney, Megan Geha. **Second Row:** Jennifer Whitehead, Adrienne van der Valk, Karen Moon, Emily Nelson, Emily Patrick, Amanda Lloyd, Becca Jones, Laura Vermeer, Amy Jo Brown, Laura David, Joe Nevshemal, Shaly Secharan, Scott Christy. **Back Row:** Rebecca Shinkus, Aprille Clarke, Sarah Fisher, Mark Sutch, Alastair Draper, Angie Shirk, Josh Huntington, Jeanne Sundstrom, Leah Uhlenhopp. **Not Pictured:** Allison Campbell, Eva Hernandez, Laurel Nakadate, Director Annette Rowley.



Scratch Pad. **Front Row:** Adviser Kirk Daddow, Alex Schafroth, Valerie Reed, Terrill Johnston, Lizz Welch, Amanda Lloyd, Charles Bibilos, Aprille Clarke, Elizabeth Furr. **Back Row:** Adrienne van der valk, Erin Hoffmann, Matt Welch, Stephanie Coon, Amy Poague, Mark Sutch, Keri Daddow.



at State in Norwalk, sophomore Amy Jo Brown gives her speech to sophomores Sarah Fisher, Laurel Nakadate, and Tom Drewes. (Photo by Karen Hsu)

armed with pop, sophomores Lizz Welch and Amy Poague ponder entries at a Scratch Pad meeting. (Photo by Laurel Nakadate)

-Lisa Hinrichsen

A sinister figure draped in black with hollow eyes sunken deep into her head lurks around the corner, then decisively walks purposefully toward a student. She takes out a black rose and an RIP armband. Instantly the student cannot speak or be spoken to. He is dead.

Death came to Ames High this year in the form of a mysterious black shadow named the Grim Reaper, courtesy of SADD (Students Against Drunk Driving). Here the death lasted only for a day and a half, but once outside the building doors, students soon realized that death lasts forever.

"People don't seem to realize that SADD goes beyond just handing out cards and suckers.

I'm just hoping I have made a change and that somebody has been listening," junior Kim Windom said. Windom played the part of the Grim Reaper, handing out a black armband and rose every 23 minutes. This act symbolized that an American life is lost in the short span of those few minutes every day due to alcohol-related accidents.

"I have become so aware of the drug and alcohol problems here and elsewhere because of SADD and the activities we do in it," said junior Emily Kim, who was the president of SADD.

SADD worked hard since its start to make people open their eyes to the dangers of the often deadly combination of alcohol and a set of car keys. Their projects involved a program for elementary students, handing out suckers and cards on Valentine's Day and on



freshmen Karen Moon and Tricia Triplett listen while junior Amy Gardner speaks during a SADD meeting. (Photo by Kelly Koppes)

Clear Change

SADD and Key Club made a difference in school and out

Homecoming, and having pop and donut days to raise funds, along with their permanent devotion to creating awareness among the students. SADD members clearly spelled out that the only true cure for this way of death is prevention.

"I have had friends that have drank and gotten hurt. I want to make people aware, and I like knowing they might think before they drink and drive," said freshman Karen Moon.

SADD was a creation of the Key Club members and fac-

ulty. Key Club allowed students to branch out and accomplish other activities, including a bike

ride for the American Association of Diabetes, an interclub exchange with the Urbandale Key Club, and a sucker sale for the Children's Miracle Network. Key Club raised over \$100 to benefit the Children's Network. Other projects included work at a recycling center, and work with children from Fellows Elementary. The district and national theme outlined the basis of their work to benefit children of

elementary school age. So, their activities didn't just stop with helping the school, but they went on to help the community.

"I think being in organizations like Key Club makes you a well-rounded person. After all, if you don't give anything

back to the community, you are defeating the purpose of being there. I like Key Club because everybody is involved and they actually take an active role. You never just say you are going to do it- you actually get out there and do," said senior Laura Vermeer, the president of Key Club.

So whenever students saw a mysterious dark figure with a chalk white face and a deadly stare walk down the busy hallways or they hungrily purchased a donut and pop, they were forced to stop and realize that the race to make a difference was not yet won. But at least it had started because of these two organizations.

this eerie face was not an unusual sight for a few days in the halls. It belonged to junior Kim Windom who was also known as the Grim Reaper. (Photo by Kelly Koppes)





telling about his own experiences with alcohol, senior Jason Skoland warns others in the Grim Reaper assembly. (Photo by Kelly K.)



Junior Kim Windom takes a minute to talk to adviser Keith Bailey during a SADD meeting (Photo by Kelly Koppes)

staring at a sign proclaiming 'Drinking and Driving is a Grave Mistake' Junior Kelly Koppes pauses to think. (Photo by Abby Klaas)



Key Club/SADD. Front Row: Jennifer Harner, Melani McCracken, Liz Trede, Chandra Brace, Stacey Strovers, Buffy Quintero, Becky Chacko, Jackie Zenor, Kevin Wilson. **Second Row:** Laura Vermeer, Karl Nass, Emily Kim, Amy Gardner, Suzy Dietz, Julie Jansen, Tami Shinar, Tricia Triplett, Eileen Sambos. **Back Row:** Scott Paque, Jason Peterson, Aaron Dietz, Kiran Balkerkar, Cheryl Bortz, Avanti Athreya, Brad Baetz, Matt Haubrich, Eric Tosten, Frank Greer, Collin Moon.

-Stacey Clouser

That warm feeling you get inside after you put a smile on someone's face, knowing you made their life a little happier. That's the satisfaction students received from participating in the Volunteers and Peer Helping programs.

At the beginning of the school year, applications were made available by Dean of Students Dale Tramp for those wishing to be part of the Volunteers program. For every 120 hours of Volunteer work per semester, one full activity credit was given.

Volunteers took part in activities such as tutoring in junior and senior high, assisting classroom teachers in elementary schools, working with foreign students in communication skills, and developing relationships with children age 4-14 in the "Big Buddy" program.

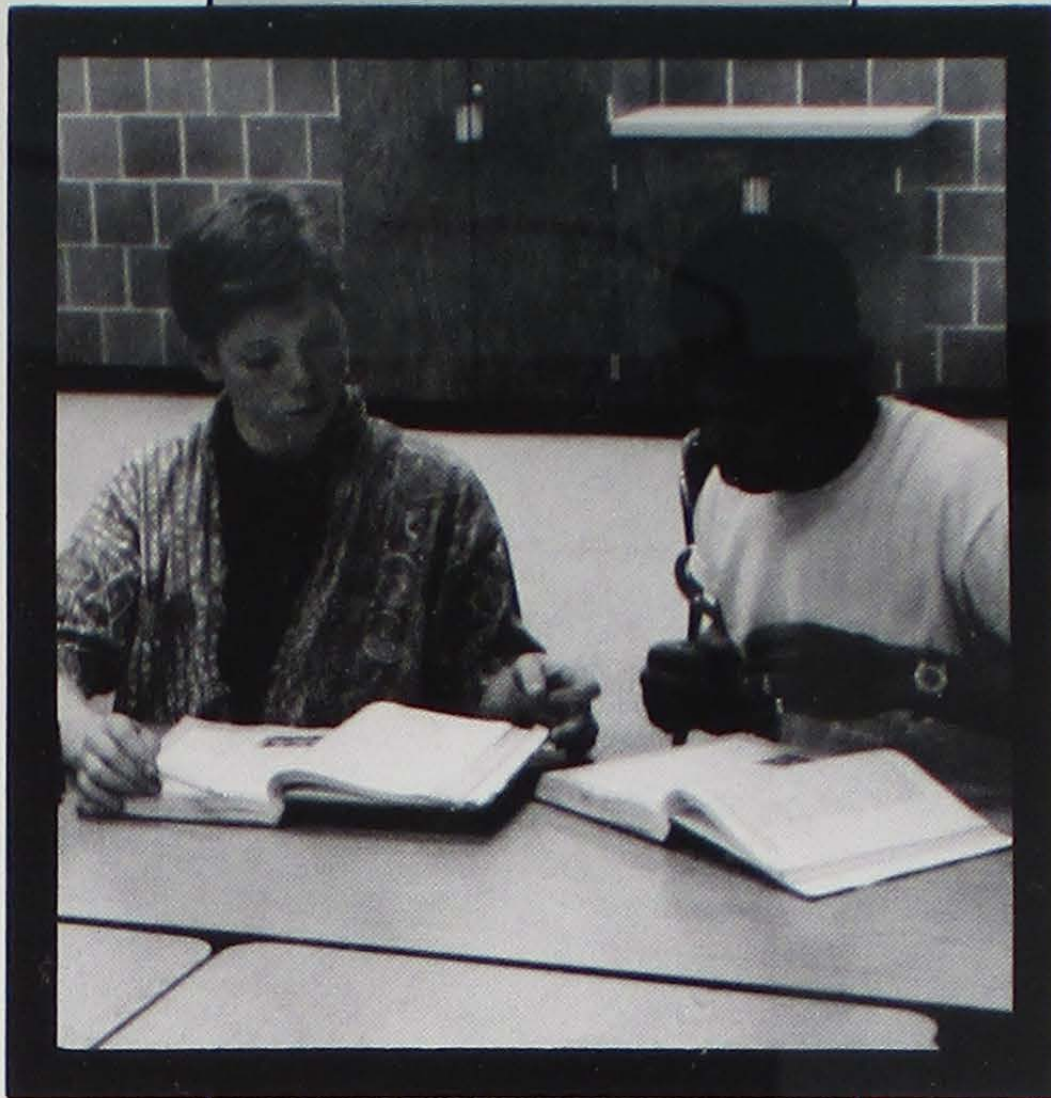
"I volunteer a lot of my afternoons at St. Cecilia and I really enjoy being with the kids," junior Matt Cunningham said. "I went to school there, so it's also fun for me to get to see my old teachers."

Senior citizen programs were another division of Volunteers. Students threw holiday parties for the senior citizens and built friendships with them in the "Adopt-A-Grandparent" program.

"I really like being around the senior citizens, because you can get a lot of information from older generations that you can't get from books," senior Vesper Brace said. "A lot of the people don't get many visitors, so it makes them happy to have someone to talk to."

A different group of Volunteers helped out in the Special Education Department. Thirteen students made up the Handicapped Integration Program (HIP) which assisted in classroom, swimming and Special Olympic activities.

"For HIP I work with the kids on their daily activities," freshman Todd Swan said. "They do mailing for the Athletic Department,



at Ames Middle School, sophomore Kevin Calvin helps a student with his math. Calvin volunteered there once a week for Peer Helping. (Photo by Peter Loutzenhiser)

for Volunteers, junior Jeanne Sundstrom celebrates Thanksgiving with senior citizens. This helped cheer up the elderly at holiday time. (Photo by Jason Swift)

Other programs, which were community-sponsored, included providing services at Mary Greeley Hospital, Youth and Shelter Services, and Open Line, a crisis intervention hotline, listening, and information service.

"I volunteer at Open Line, because it makes me feel good about myself knowing I helped someone by just listening to them," junior Liz Trede said.

In Peer Helping, students also helped others, but unlike Volunteers it was a one-semester class. According to teacher Kim Burnett, the purpose of Peer Helping was for students to get to know themselves and others better, and to realize their personal power to change their lives and others in a positive way.

One way to achieve this was through "Outreach", a program where students reached out to their peers and those younger. Twelve hours were required to pass the class.

"I went to Fellows and worked with a few kids on their math," senior Eric Strong said. "It was rewarding to watch them learn."

For those students who wanted a more in-depth study of themselves and others, the Guidance Department offered Peer Intern. It required at least 30 hours of "Outreach", for which class time was given.

"I'm taking Peer Intern because it's fun to meet people through Outreach," sophomore Joelle Ely said.

Through Volunteers and Peer Helping, a variety of options were available for those who enjoyed giving their time and friendship to people who needed it most.

at the Volunteers Valentine's Day party, senior Chrissy Spike dances with a senior citizen. Volunteers visited Ames retirement homes for Christmas and Thanksgiving too. (Photo by Colin Brennan)

Reaching Out

Students lent hands in Volunteers and Peer Helping

so sometimes I help them with folding, stapling, and labeling.

Ambassadors, another section of Volunteers, helped new students adjust to a different school system.

"When there's a new student in my grade, I help them feel more comfortable and confident here," sophomore Hope Amos said.

Other Ambassadors helped with sporting events.

"When a team comes to Ames High, I meet the coach, show the team where the locker rooms are, and make them feel welcome before the game," junior Tyson Troxell said.

Just the facts

"What are those rooms for across from the main office?"

Even though the school added Special Education facilities two years ago, many students still didn't know exactly what went on in those rooms.

Sixteen Special Needs students who had low, moderate, and severe mental disabilities attended school.

These students were divided into three classes, mostly by age. According to Special Needs teacher Linda Andorf, students with the more severe disabilities were mixed in with those less disabled. That way peers helped one another.

Special Needs students took part in activities which helped them with life outside of school. Each participated in a vocational training program, where every day they worked at job sights such as Happy Joe's, I.S.U. Credit Union, Asgrow, and Commercial Plastics.

For a program called "Mobility", every week teachers took their students to places where they could learn and practice life skills.

"We teach them how to do skills where they would do them naturally, not in the classroom," Andorf said.

In stores, teachers assigned class members various items to locate and calculate prices for. They went to restaurants to practice ordering and paying for their own meals, and also to homes to learn cleaning skills.

Even though they were involved in some activities of their own, Special Needs students became well-known and adjusted to the high school environment.



Volunteers. Front Row: A. Catron, C. Foote, B. Recker, N. Brcka, V. Brace, R. Wilke. **Second Row:** A. Whittington, J. Moore, R. Millerbernd, A. Woodin, L. Schomaker, A. Lindley, J. Crow, B. Allen, L. Vermeer, J. Goehring, M. Prochaska, J. Harner. **Third Row:** A. Draper, A. Gardner, M. Mundt, M. McCracken, E. Kim, T. Carmean, J. Swift, H. Anderson, B. Yeung, B. Freeman, R. Carver, M. Milleman. **Fourth Row:** T. Menadovic, S. Abbas, I. Skibrek, J. Sharr, K. Barnhart, K. Klocke, M. Goodwin, J. Remsburg, J. Ballantine, J. Ely, J. Nurdyke. **Fifth Row:** G. Montgomery, K. Coons, S. Vogel, J. Sundstrom, H. Forssman, S. Olberding, S. Sellar, L. Millen, M. Sweet, K. McGinness, S. Clouser, S. Allen. **Sixth Row:** L. Horton, T. Johnson, A. Moutray, L. Uhlenhopp, B. Parks, C. Groepper, J. Shierholz, K. Hsu, A. Doyle. **Seventh Row:** N. Paul, L. Powell, M. Randall, R. Shimkus, J. Siebert, B. Greving, C. Spike, J. Peiz, A. Carey, M. Peters. **Eighth Row:** K. Goudy, K. Johnson, T. Andre, M. Freeburg, A. Smith, T. Johnston, M. Huisman, E. Powell, L. Cole. **Ninth Row:** J. Meadows, T. Troxell, S. Boever, T. Morrison, C. Nass, M. Cunningham, E. Warne, M. Boutboul. **Back row:** J. Moore, B. Linder, A. Burrier, J. Jansen, C. Brennan, M. Kell, S. Bulver, A. Reed, E. Barta.



-Kristy Lakin

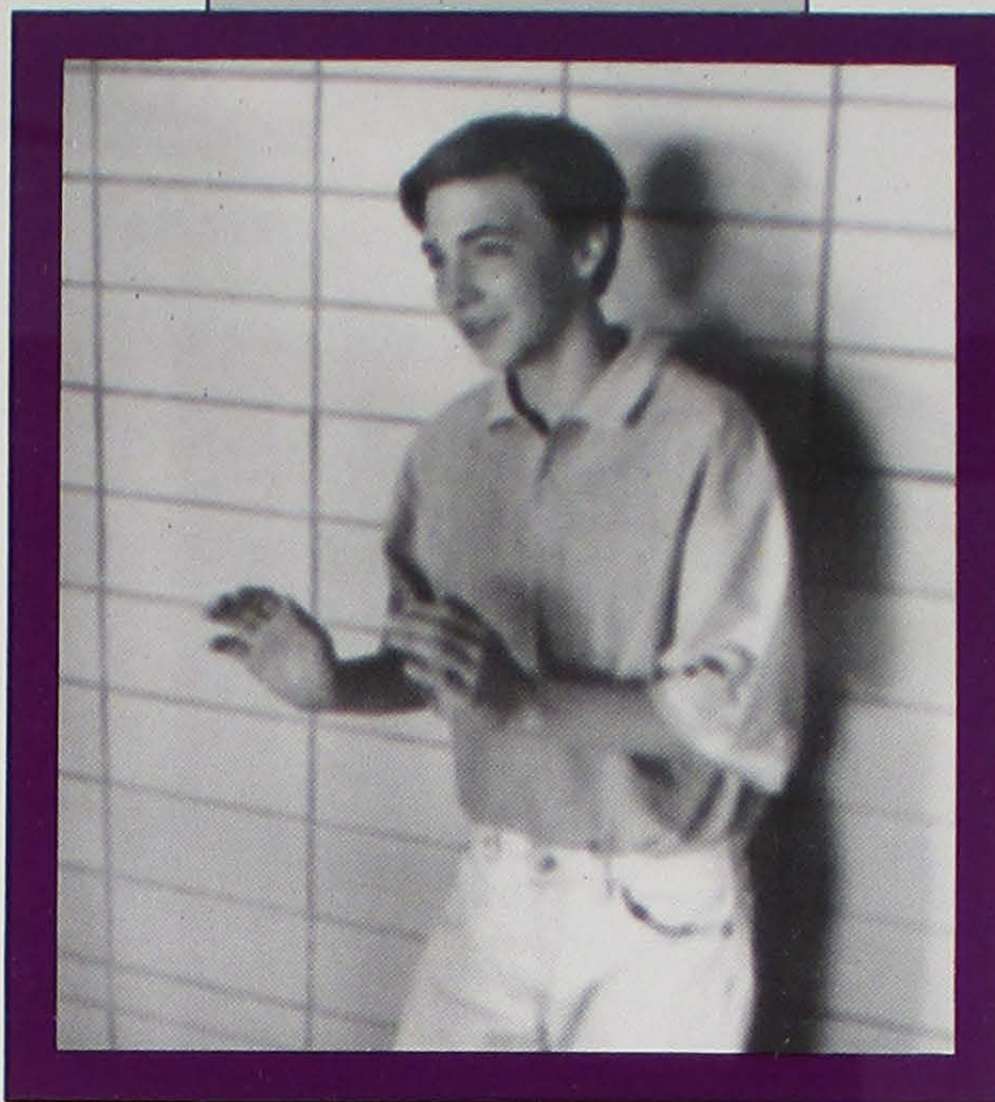
With sexual harassment cases in the news, recent turmoil in the gulf, and other timely issues, many students didn't want to just sit back and read about them. Getting involved through Model U.N., Debate, and Mock Trial helped many students learn about why events happened and what could be done to keep them from happening again.

Debaters worked with subjects such as education, employment readiness, and assault victims' rights. Although most members didn't get involved for the educational value, many found it inevitable.

"Originally, I joined Debate because my mom had been in it all through high school and seemed to really enjoy it. But I decided to stick with it for different reasons. You meet a lot of cool people, and it's fun to see them at different tournaments throughout the year," junior Amy Gardner said. "I've really learned a lot, too. It's really awesome; we'll be talking about a subject in one of my classes, and I'll know all this stuff because we'd worked with that topic in Debate."

Through staging the diplomatic actions of a United Nations country, Model U.N. helped students learn more about world politics. Model U.N. members chose to represent Saudi Arabia, then split into committees to research world issues and present their country's view at a three-day conference in Cedar Falls. The conference was made up of other schools representing various U.N. countries.

"The conference was really fun; it was kind of a reward for all the time we had put into researching our topics. Model



arguing his viewpoint, freshman Jason Wray practices for an upcoming debate. (Photo by Jamie Lang)

speaking skills helped senior Laura Vermeer attain the outstanding delegate award at the Model U.N. assembly. (Photo by Jamie Lang)

freshman Ruby Hsu said. "That's something you'll want to know for the rest of your life."

With Supreme Court Justice Clarence Thomas' confirmation hearings making headlines for months, members of Mock Trial felt it would be a good idea to argue a case dealing with sexual harassment. Members chose which area of the case they were interested in, each having a different responsibility. Attorneys wrote either an

opening or closing statement, plus decided on direct questioning or cross-examination.

Witnesses were given an affidavit and had to study it to determine what their responses would be. Some members had a long-term interest in their tasks.

"When I joined I was interested in becoming a lawyer, but now that I know what the laws can do, and what they can do for me, that's enough for me. I don't think I could survive as a lawyer," junior Barbara Smith said. "I'm still glad I'm in (Mock Trial) though. It's a great way to learn laws. It really helped me understand why case rulings are the way they are. At the beginning of this trial, I sided with the guy, but now I see that it's really more involved."

Whether students chose to pursue their interests professionally, or just gain a better understanding of current issues, these groups prepared them to face real situations in the future.

gathering research for her upcoming trial, junior Barb Smith prepares to discuss the ethics of sexual harassment. (Photo by Abby Klass)

Get Involved

Students joined Mock Trial, Debate, and Model U.N. to raise awareness

U.N. really helps you have a better understanding of the role of a diplomat and how laws are passed. It's good experience if you want to be a diplomat, or if you want to go into politics," junior Courtney Hulatt said.

Model U.N. also helped students learn important social skills.

"Through Model U.N., you learn about how things go on in the U.N. For instance, how they work things out and toss over a decision. Most importantly though, is learning to work well with each other,"



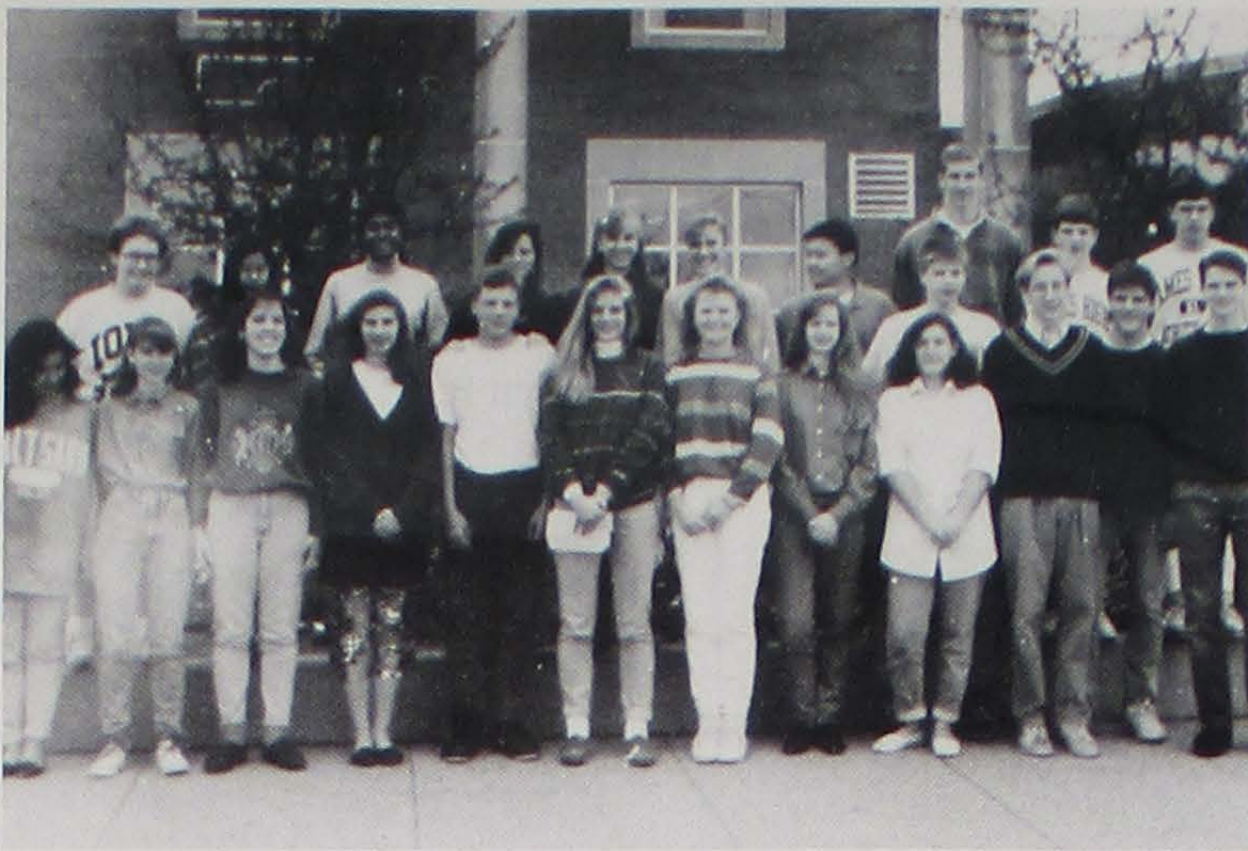
Debate: Eva Hernandez, Laura Vermeer, Amy Gardner, Jason Wray.



Mock Trial. Front Row: Elizabeth Furr, Barbara Smith, Jenny Sippel, Lizz Welch, Andrea Olson, Becky Chacko. **Back Row:** Gwen Horton, Gabriel Roberts, Emily Olson, Ruby Hsu, Aprille Clarke.



Model United Nations. Front Row: Courtney Hulatt, Melissa Mundt, Amy Gardner, Laura Vermeer, Ruby Hsu, Adviser Marvin Scott. **Back Row:** Jamie Lang, Brian Greving.



Freshman/Sophomore Senate. Front Row: Susan Hsu, Jackie Zenor, Jenny Ellett, Emily McKay, Ethan Olberding, Annagretta Birch, Jamie Adair, Sarah Little, Dede Harris, Mark Harms, Lon Freeman, Clint Zelmet. Back Row: Brandi Foley, Ruby Hsu, Charli Engelhorn, Anne Shrum, Jamie Berg, Jack Liao, Steve Bailey, John Milleman, Tom Pepper, Eric Greving.



Junior/Senior Senate. Front Row: Larry Cooney, Jeanne Pugh, Melissa Mundt, MaryBeth Patterson, Karen Hsu, Tara Carmean, Audra Woodin, Allison Sams, Sara Olberding, Becdi Peterson, Sandra DeLuca. Second Row: Holly Forssman, Solomon Abel, Jonathan Good, Matt Welch, Lexa Curtis, Laura Larson, Barbara Smith, Michele Goodwin, Aaron Lemkuhl, Mark Sutch. Back Row: Farshid Khosravi, Anne Moutray, Jeanne Sundstrom, Jennifer Ballantine, Caroline Canow, Erin Block, Renee Ripp.



Student Council. Front Row: Leah Uhlenhopp, Jeni Shierholz, Suzie McOee, Allison Doyle, Anne Shrum. Second Row: Jessica Jones, Laura David, Leigh Ann Powell, Neena Paul, Carlos Wesley, Jamie Berg. Back Row: Larry Cooney, Anne Moutray, Charli Engelhorn, Eric Warne, Aaron Jones, Jenny Johnson.





decorating the Peace Tree for Winter Madness, senior Allison Doyle and freshman Charli Engelhorn add finishing touches. (Photo by Karen Hsu)

-Katie Krogmeyer

Brett, I need to talk to you about the Prom invitations. By the way, where's Patricia? I need to talk to her about calling for those donations."

"I just saw her going upstairs. Would you happen to know where Andy is? We really need to organize the bake sale details."

"Tell him to get right on it. If we don't get lots of money soon, Prom will be in the gym."

Most people didn't realize the work the Student Senates and Student Council put into many activities such as Prom, Winter Madness, Homecoming, and Commencement. Their organization of minute details put the finishing touches on the festivities.

"The (freshman) ski trip was a blast! It was pretty easy to put together with everyone's help. We had to get it organized and talk to all of the homerooms. But we announced it really well and we got a good group of people together. So, it wasn't too difficult to get going," freshman Anne Shrum said.

As a result of organized leadership, the freshmen had a successful trip to Minnesota.

"It (the freshman ski trip) went really well. I had a lot of fun! We had a busload of people and we went to Welch Village. Now we're working on a class trip to Adventureland. Like the ski trip, it would be less expensive so more people

selecting a snack, junior Toby O'Berry and sophomore Helen Lueth try to choose. The bake sale was held as a fundraiser during Welfare Week. (Photo by Karen Hsu)



posting an ad for the "Where's Waldo" search, junior Leah Uhlenhopp inspects the options. (Photo by Karen Hsu)

raise money through a skating party, but the students didn't cooperate.

"We tried to have our skating party during Winter Madness, but only four people showed up. The owner (of the skating rink) felt sorry for us, so he gave us the rental free. We ended up making about \$12, so we made a little money from it," junior Lexa Curtis said.

Because Mistletoe was dropped as a school-sponsored activity, there was a large amount of money that wouldn't be coming in. So the Sophomore Council members found a loophole in the system to raise the money. They organized a non-school sponsored Mistletoe dance.

"I think that our Mistletoe went over really well and was received well by the community. I'm very glad about this because now we can continue to have it even if the school doesn't get smart and take it back," sophomore Becca Jones said.

Student Council and Senates enjoyed making festivities successful for students, but they also helped to raise money for the less fortunate.

Ames High graduate Miya Rodolfo-Sloson was the only survivor of a shooting spree in November at the University of Iowa in which six people were killed. She spent three months in a rehabilitation program. The students elected Rodolfo-Sloson as the recipient of the money raised during Welfare Week, over \$2,000.

"Most people think that the things we do are just for fun, but they're all worth it. I was glad that we were able to help a victim (Rodolfo-Sloson) with her rehabilitation," sophomore Betty Pang said.

To make activities like Homecoming, Prom and Welfare Week successful, the Student Senates and Council provided the organization behind the scenes.

In the Wings

Students work behind scenes for success

could go," freshman Jenny Johnson said.

Funding for these and other activities was a common obstacle. Prom required the most planning and fundraising.

"We've done a lot of fundraisers for Prom. We did Casino Night and a bake sale. We had different casino games, prizes that you could win, a cake walk, and music and dancing. It raised a lot of money and got us out of the hole," junior Larry Cooney said.

The Junior Senate was, as usual, in charge of the Prom festivities. They attempted to

-Maja Larsen

Students often wondered if they would use the knowledge gained from their teachers outside the classrooms. Black History Quiz Bowl, Knowledge Quiz Bowl, and Chess Club members found that using their skills could get them as far as the state competition.

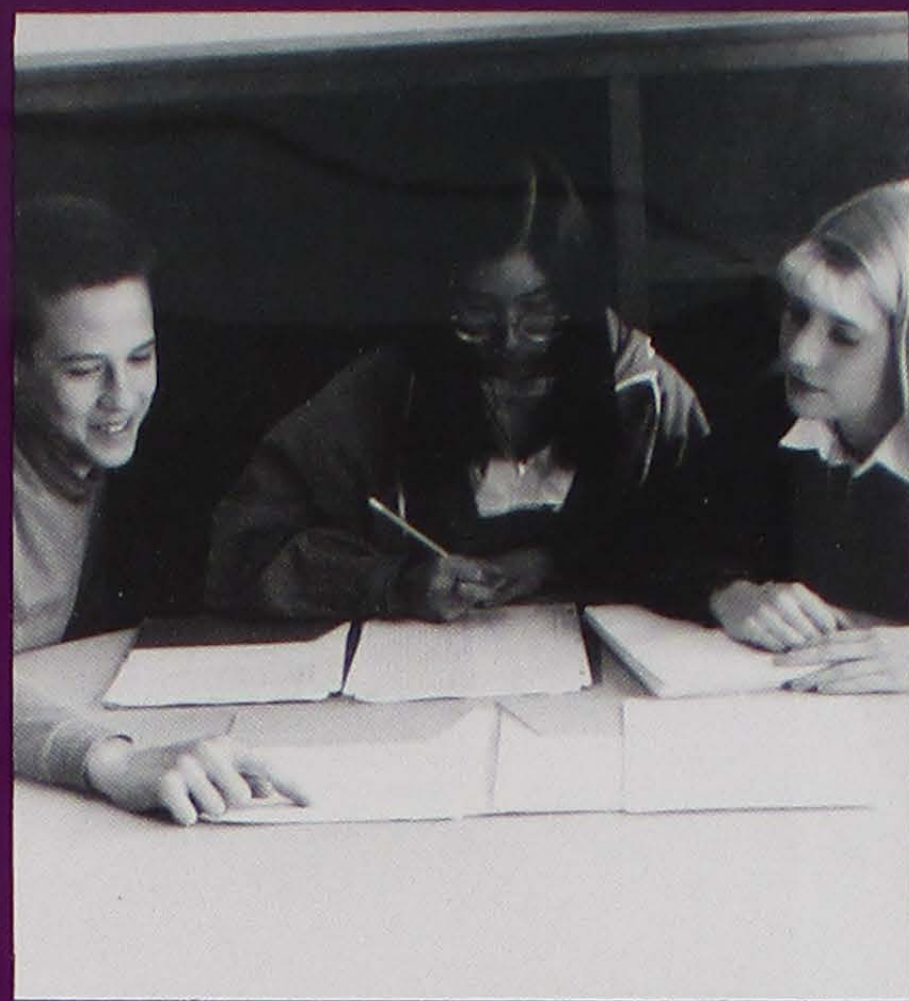
"The state competition was great because we did win, and it was also very interesting to get to know other students from our school and the other competing teams," sophomore Becky Chacko said. Chacko was a member of the Black History Quiz Bowl team. Their state competition was at Coe College in Cedar Rapids, on February 28.

The adrenaline flow from winning was usually what students found most thrilling about the competitions, but sometimes just competing was more exciting if the teams were well-matched to Ames.

"There were so many good teams. So to win the state competition, we had to have an almost perfect game and perfect elaboration. It was really hard, but I'm glad that Mr. Clinton got me interested in it in middle school because it has been so much fun," freshman Michael Choi said. Choi was team captain on the freshman team; they won the state competition.

After answering a question correctly, the students had one minute to elaborate. To elaborate, they explained the reason and/or background of their answer. They could more than double their total score with elaboration.

But the Black History Quiz Bowl team wasn't the only group that found excitement in beating other teams with their mental skills. Chess Club also enjoyed the challenge of fac-



preparing for Black History Quiz Bowl, freshmen Mert Sermet, Ruby Hsu, and Heidi Herold go over their material. (Photo by Kelly Koppes)

chess club members practiced each Wednesday morning. Freshman Henry Chen tries to beat his teammate during a practice. (Photo by Beth Myers)

to my queen. And his king was in the same row as his pawn, so when he did that I checked his king with my rook. And then he was going to make a move with his king instead, and that was when I had a chance to win the game and I took advantage of it," Larwick said.

The Knowledge Quiz Bowl team also added to an Ames High tradition of winning teams when it captured the Wartburg College Quiz Bowl crown March 6. Just entering the competition was a challenge.

"The qualification test is pretty hard, but the best thing about Quiz Bowl is to just go there, and have fun with all the other students, and take it all as a game instead of getting all upset about it," senior Aaron Jones said.

Mixed in with the fun was also a great deal of talent, concentration, and love for trivia.

"The questions are over a huge range of topics so the only studying we can do is to go over the questions from the competitions from previous years so you have to have a broad trivial knowledge. But it is a lot of fun to compete in answering these questions, and it also looks good in college applications," junior Terrill Johnston said.

Placing at State and Nationals for these clubs showed the students' ability to make use of what they gained in school. It also showed that even if they doubted they would use this knowledge, it was beneficial for them in reaching their goals.

quiz bowl members freshman Michael Choi, junior Frank Greer, sophomores Alex Schafroth and David Kuhl prepare for State. (Photo by Abby Klaas)

State Teams

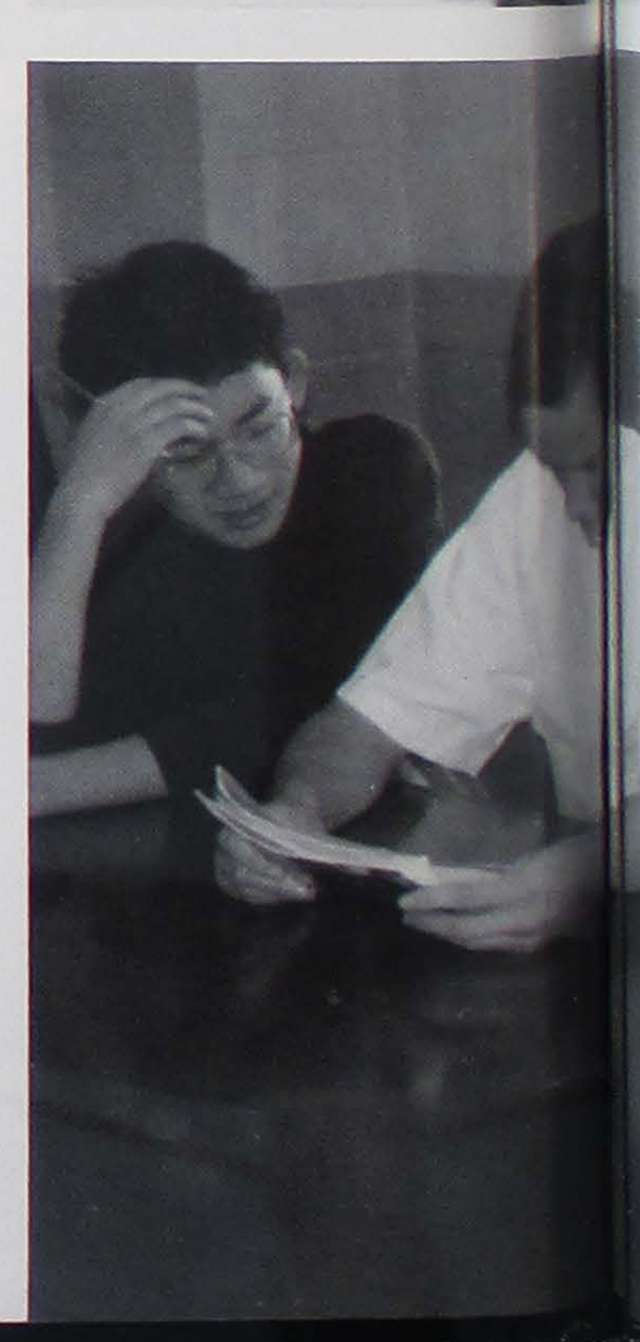
The Quiz Bowls and Chess Club were teams of qualification

ing other teams, placing fourth at Nationals in Lexington, KY.

"It is hard to play against other teams because we get so used to each other's techniques. But it is also challenging and that is what makes it interesting and fun," sophomore Chris Kadolph said.

Challenging it was, certainly for Bret Larwick, who won the individual state title on January 4. Larwick was the fifth Ames High student to win the state chess competition.

"One of the games was really hard; I was almost losing. I took over the game when he was about to promote his pawn





Black History Quiz Bowl. Front Row: Alsha Yansaneh, Gwen Horton, Heidi Herold, Rubina Chowdhery, Jack Liao, Charles Biblos, Mert Sermet, Michael Chol. Second Row: Alex Schafroth, Andrea Olson, Amy Henderson, Corine Hegland, Suzy Dietz, Josh Huntington. Back Row: Ruby Hsu, Eva Hernandez. Not Pictured: Becky Chacko, Monika Jankowiak, Gina Goodfriend, Megan Geha.



Knowledge Quiz Bowl. Front Row: Adviser Kirk Daddow, Brian Muchinsky, Matt Thomas, Terrill Johnston, Katherine Hodges. Back Row: Alex Schafroth, Frank Greer, Farhang Raall, Michael Chol, Stephanie Coon.



Chess Club. Front Row: Chris Kadolph, Nick Nakadate, Rob Anderson, Bob Goodfriend. Back Row: Henry Chen, Jesse Coats, Bret Larwick, Chris Rehbein. Not Pictured: Mike Shimkus, Jay Wacker, Damon Byg, William Sutjiadi.

planting/pickup day at the high school was open to everyone. Environmental Committee member Becca Jones, a sophomore, helps out. (Photo by Beth Myers)



after putting up posters at the ECO Fair at Brookside Park April 27, junior Kirsten Lassila finds time for a lunch break. (Photo by Beth Myers)



Ecology Club. Front Row: Sarah York, Kirsten Lassila, Charles Bibilos. Second Row: Britta Culbertson, Neena Panigrahy, Shaly Seecharan, Andrea Olson. Back Row: Stacey Nutt, Ty Troxel, Brad Baetz.



Environmental Committee. Front Row: Joy Siebert, Eric Warne, Jeni Shierholz, Jody McKee, Becca Jones. Second Row: Barrett Randall, Leah Uhlenhopp, Renee Ripp, Matt Randall. Not Pictured: Matt Haubrich, Mark Sutch, Larry Cooney, Toby O'Berry, Cassee Dunham, Emily Bourne, Laura Peterson, Lindsey Rice, Matt Robinson.



-Maja Larsen

And we as the next generation have to be responsible for what our parents and grandparents did to our environment, so now it is all up to us. We can make a difference..." This kind of conclusion to speeches wasn't unfamiliar. In fact, being environmentally conscious was politically correct. Ecology Club and the Environmental Committee were two groups that dealt with important global issues.

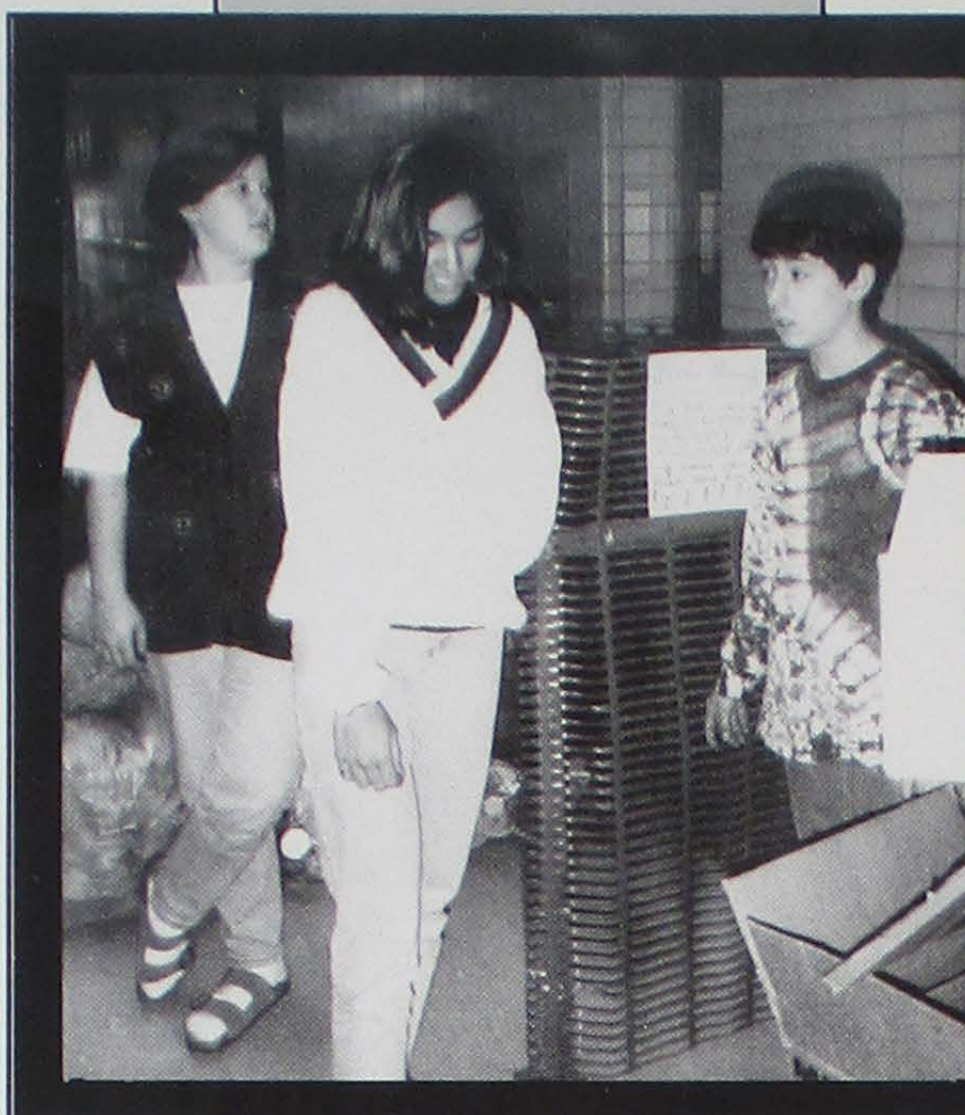
Ecology Club was a pilot program; two students started the club after being involved in raising money for the city of Ames to buy the Ann Munn Woods and get a contract to assure that no construction could be done there.

"We handed out catalogs about the woods, and people could send in a check to help buy up the woods. All in all, we raised about \$16,000. And since the woods are basically my own backyard, it felt very good. Now I can still hike through there and see the wildlife. It is the last untouched forest here in Ames," senior Britta Culbertson said.

After the Ann Munn Woods project, more students became interested; Ecology Club became an official organization.

"We are planning the ECO project, which is going to be a bunch of information booths at Brookside Park where people can ask any questions about environmental concerns. But there aren't very many people in the club, we are only about 10 members; people don't know about us so we need to get more publicity," senior Stacey

sophomores Duke Knapp, Steve Bailey and Jesse Coats prepare to paint the hallway for the Environmental Committee. (Photo courtesy of Carolyn Jons)



after setting up a display of garbage, sophomores Shaly Seecharan, Andrea Olson and freshman Charles Bibilos rest during Earth Week. (Photo by Beth Myers)

Facelift

Groups worked to clean up the environment

Nutt said. The ECO project was held to honor the environment the weekend after Earth Day.

Other projects related to Earth Day were activities at school like daily announcements during Earth Week about environmental conditions. Displaying one day's worth of school garbage also showed how important recycling was.

"We wanted to make the 22nd Earth Day like Welfare Week and get the whole school

involved to make students aware of the bad shape our earth is in, and realize that it is time to do something about it," junior Ty Troxel said.

The Environmental Committee focused more on Ames High. Instead of concentrating on global problems, it took care of the building and grounds through projects like painting classrooms and hallways.

"We have several people from the community who come in and help us out. One of them is an interior designer, who helped us pick out the color for the back hallway when we worked with the Student Council on that," freshman

Barrett Randall said.

The Environmental Committee also sponsored the annual Spring Planting Day/Pickup Day on May 3 when the student body and community gathered to fix up the school entrance with flowers.

"The planting days are open for everyone who wants to participate. We just get together, have fun and listen to music as we plant flowers. And we all work really well as a group," junior Larry Cooney said.

Involving parents and community members in cleaning up the school was a positive influence on the already great environment.

"To have parents and other people from the community help out gives a better view and helps mediate the different views. They can also carry things over from year to year, which is sometimes hard in other clubs when students graduate and leave school," senior Matt Haubrich said.

So with the "save the environment" issue as a goal, students accepted their duties as the "next generation" and did their best to prevent their own community from falling into the hands of destruction.

-Kristy Lakin

With a little jump, Kelly ran to the podium.

She started to get a little scared as she looked down at the diploma in her hand. A diploma could be a scary thing; it could lead to a bright future or fear and confusion in the job market.

With students worrying about how to fund their college education, many sought jobs to help their finances. But with competition from others, having prior job experience helped. Organizations such as Vocational Industrial Clubs of America (VICA), Distributive Educational Clubs of America (DECA), Cadet Teaching, and Health Occupations helped students receive the experience they needed.

Working at a job that students had an interest in as a future career helped many to decide if it was the right occupation for them.

"I really couldn't decide if I wanted to be an elementary teacher or a secondary teacher until I started Cadet Teaching. I work with first graders at Meeker Elementary. They're great kids; we do all kinds of projects together. They really helped me to decide that I wanted to go into elementary education," senior LeAnne Ford said.

Through Health Occupations, many students found a career they could enjoy the rest of their lives.

"I'm very interested in a career in the medical field. I've been working in the physical therapy department at the hospital, but I'm moving over to the physical therapy department at the (McFarland) clinic. At the hospital, I worked more with older patients who have had strokes and that kind of thing; but at the clinic I'll be



working on a car through VICA, senior Tony Mitchell plays around with the engine under the hood. (Photo by Jamie Lang)

Working Out

Students gained job experience through school

working with sports therapy, which is what I really want to do in the future," senior Beth Recker said.

DECA and VICA not only gave students needed experience for the future, but helped students to learn leadership abilities. Four state officers, seniors Guy Willey, Amy Carey, Kendal Holder, Kelly Craig, and 20 DECA members from Ames attended the DECA State Leadership Conference in Des Moines, March 9-10.

"The conference was made

up of different events; I was in full service restaurant management. Everybody had to take written tests and get interviewed. It lasted two days; the first day we took a written test and we were interviewed. The second day we had to take another written test. The judges limited it to eight people in each category, then to three people. The first and second qualified for nationals, which is held in Anaheim, California on April 26. Since I won first place for full service restaurant management, I get to go to California," senior Amy Carey said.

VICA's purpose was often misunderstood by people who were not involved in the club.

"When most people think of VICA they think of Industrial Tech. Yes, we do that type of thing; but there's more to the club. There is on-the-job training, community service, field trips to different cities

around Iowa, and learning to deal with people in the job field," VICA sponsor Donald Faas said.

Aside from personal accomplishments, VICA helped others through community service.

"It's a tradition for VICA to work with The United Way every fall. We make sure the signs for their annual fund drive are kept up and painted. It feels good to help out the community; that's one of the added benefits of VICA," senior Brian Wille said.

With a little experience under their belts, DECA, VICA, Cadet Teaching, and Health Occupations members were ready to meet the real world head on.

helping first graders at Meeker Elementary School, senior Rebecca Allen learns about elementary education through Cadet Teaching. (Photo by Angela Ellmaker)





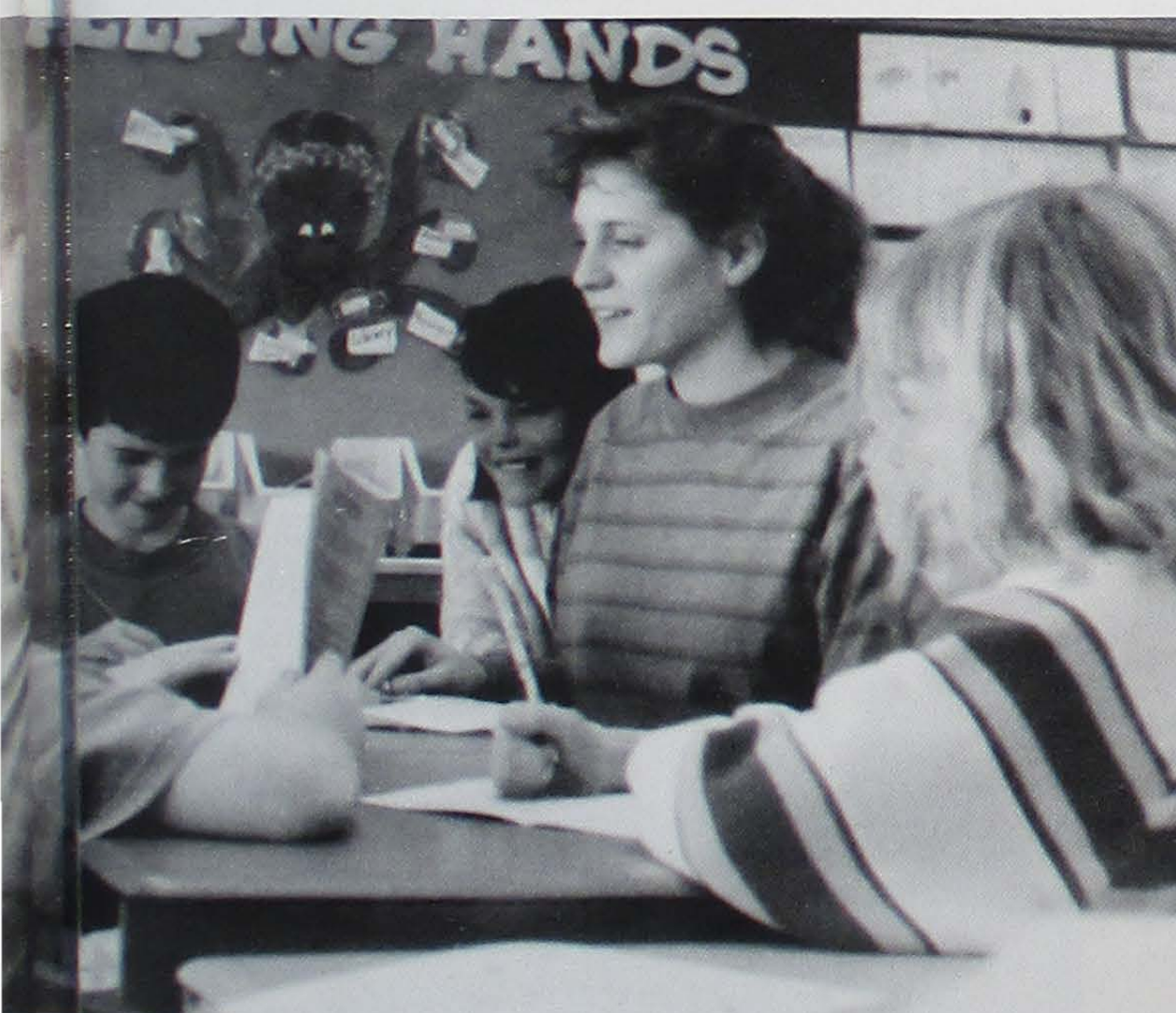
through DECA, students learned about on the job experience. Senior Mindy Jones sorts clothes at Maurices. (Photo by Jamie Lang)



working at Flowerama, senior Julie Kelso learns about managing a flower shop, which she hoped to do in the future. (Photo by Jamie Lang)



DECA. Front Row: J. Purdy, A. Rhodes, D. Ross, R. Millerbernd. **Second Row:** D. Abel, A. Ferguson, V. Wilcox, A. Carey, K. Craig, K. Holder, T. Franco, L. Moore. **Third Row:** C. Winkler, E. Bibler, T. Langston, B. Parr, A. Myers, N. Wendt, J. Madison. **Back Row:** J. Bernard, G. Willey, J. Moore, J. Jansen, S. Villwock, D. Dean, M. Smith, J. Robbins, A. Masmar.



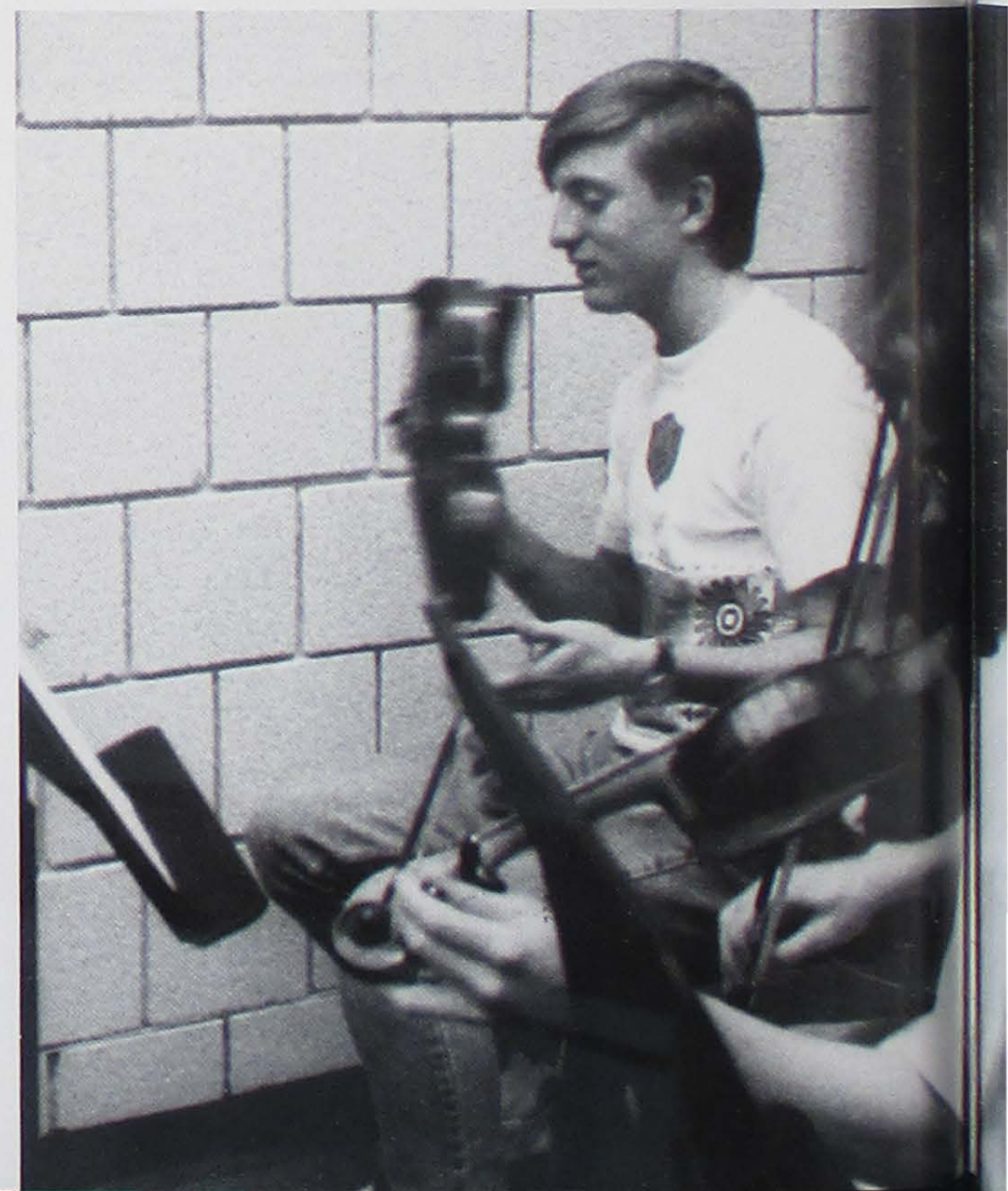
VICA. Front Row: Mai Thongsouk, Mike Kubera, Travis Stewart. **Second Row:** David Rhoden, Don Faas, Tony Mitchell, Todd Guge, Dane Larson. **Back Row:** Jay Lyon, Jason Moore, Christian Bezdicek, Jason Moore, Gus Carlson, Brian Wille.

using even bow strokes, sophomore Jared Dieter makes music with his cello. (Photo by Laurel Nakadate)

studying his music, freshman Max Cook prepares to play during a contest rehearsal. (Photo by Laurel Nakadate)



Orchestra. **Front Row:** Allison Cooper, Becci Peterson, Michele Goodwin, Kristi McGinness, Susan Hsu, Becky Yeung, Mary Willard, John Ellmaker. **Second Row:** Cassandra Biggerstaff, Sophia Ellmaker, Rubina Mukerjea, Christine Willard, Amy Wagner, Ann Moore, Rachel Su, Angela Smith. **Third Row:** Jenny Fisher, Sandra DeLuca, Heather Christensen, Mandy Padilla, Jack Liao, Jessica Hugdahl, Angela Ellmaker, Dawn Sibbel. **Fourth Row:** David Kuhl, Yvonne White, Michael Choi, Katherine Whitaker, Tomi Fadeyi, Joyce Ng, Petraya Juelfs, Jennifer Goehring. **Fifth Row:** Jason Sturges, Jennifer Ng, Jana Hertz, Alastair Draper, Mike Amfahr, Amy Poague, David Good, Robert Gooch-Peterson, Aaron Dieter, Matt Thomas. **Back Row:** Matt Haubrich, Alan Murdock, Justin Reedhead, Andre Darlington, Jered Dieter, Nick Lloyd, Holly Anderson, Andy Stevenson, Bryce Freeman.



Adrienne van der Valk

If you followed the trail of bow strings, candy bar wrappers, and tarot cards, at the end you would find the Ames High Orchestra, happily tuning its strings. The group, which just four years ago consisted of only eight violins, expanded its participation in orchestra to beyond the daily class period. They were busy with accompaniments, competitions, the Ormery Orchestra Outing, and fundraisers, among other projects and activities throughout the year.

"I had never done a fundraiser before. It was a new experience for me. We sold candy bars around the neighborhood and we took them to class. We ordered orchestra T-shirts too with the bow logo on them. They really made us feel like more of a group," freshman Jack Liao said.

New experiences for freshmen made the year fun for them, but the newcomers also added a lot to the program with their talents and achievements.

"All of our violas are freshmen and all the freshmen are the best we've had in a long time. They're all really very talented," junior Kelli Oshel said.

Freshmen weren't the only additions to the program. For the second year, basic string orchestra expanded its boundaries to include members of the band and formed a full orchestra. Other groups within the orchestra went above and beyond the call of fifth period practice every day with the encouragement of the orchestra director.

"We have full orchestra once a week, a quartet that performs at dinners and things like that, a few

sophomores David Kuhl and Jason Sturges practice their contest piece during the daily orchestra practice. (Photo by Laurel Nakadate)



during the holiday season, the orchestra played for the general public at North Grand Mall. (Photo courtesy of Karen Hsu)

High Strung

Orchestra tuned up for a busy year

members who accompany the choir, and we're taking two groups to large group contest," senior Christine Willard said. "Mrs. Polashek is the reason we have such a successful orchestra. She has improved and expanded the program and she really deserves a lot of credit for our success."

Mary Kay Polashek's successful efforts to improve the orchestra were rewarded when she received the Iowa State School String Teacher of the Year award

According to her students, it was well deserved.

"Mrs. Polashek really deserved that award. She has a way of motivating people to work hard that is indescribable. She expects us to be the best and she encourages us by giving us hard music. The music has been a lot harder than in the past because we've moved on to a more advanced level," junior Alastair Draper said.

There was a wide variety of advanced music chosen for the group contests, some for strings only and some for full orchestra.

"We played *Nocturn* and *Overture to the Wind* which is a long piece. We did pretty well for the kind of music we played. It was pretty difficult. We got a II, which I think we deserved. We didn't play perfectly. One judge graded us really harshly, one was really lenient and one was pretty fair. I think going to competition motivated us to try harder," freshman Aaron Dieter said.

For an orchestra to sound its best, musicians had to work as a group, and the students found bonding outside of school gave them a sense of unity and a chance to get to know each other. The weekend Ormery Orchestra Outing to Camp Hantesa was an opportunity to have fun while tuning up relationships between new members and old friends.

"We went to Camp Hantesa and made candles, tie-dyed, and hiked, and read tarot cards till early in the morning. I met a lot of the people on that trip that I hadn't known before," freshman Joyce Ng said.

Orchestra was more than just another line on their schedules for most string-minded students. The variety of musical opportunities they encountered and activities they participated in put a lot more fun into the program.



After hours of slaving under 'Hank's' direction, laying on pounds of theater makeup, and memorizing pages of lines, devoted drama participants received their reward when they became part of the club called Thespians. They achieved this honor after completing the required 100 hours of stage and crews work AND enduring a secret initiation ceremony.

"You're initiated to prove that you'll be loyal to the drama department and to the people in the drama department," sophomore Mary Willard said.

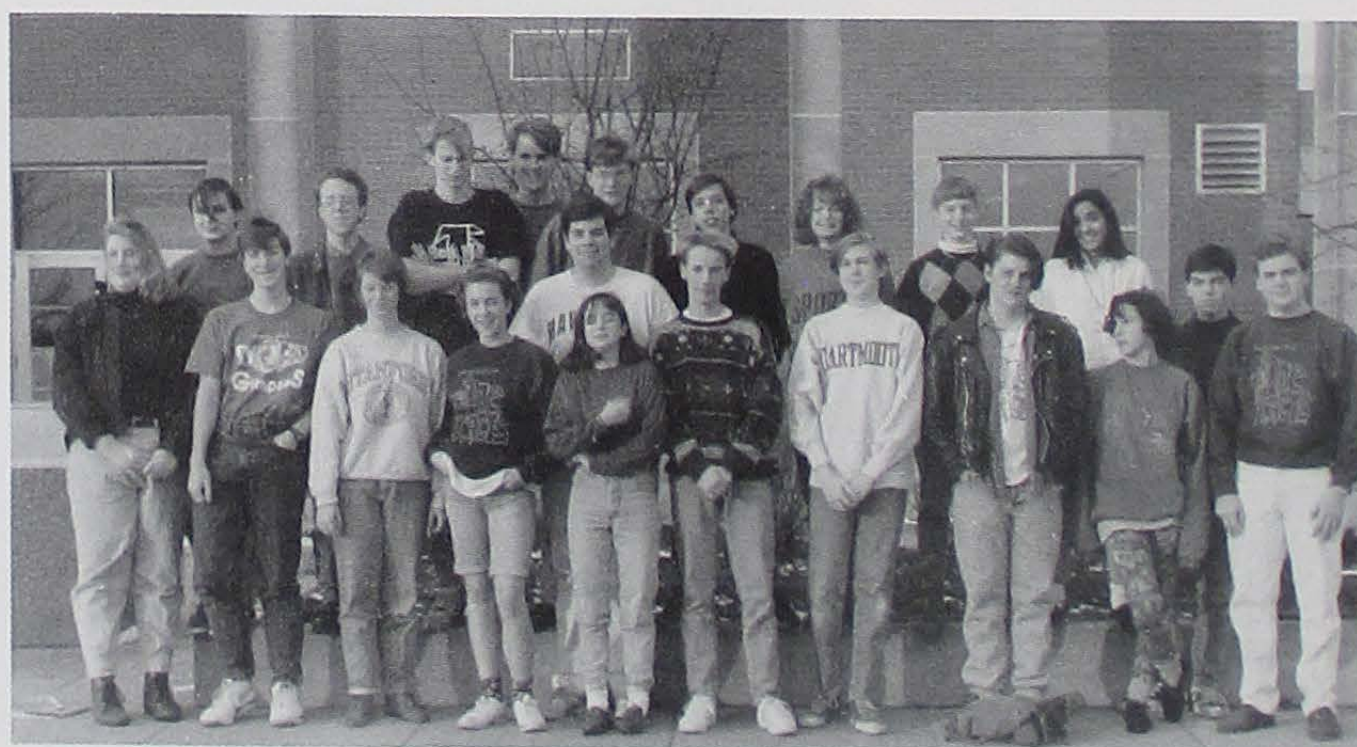
After making it into Thespians, students were required to spend 50 hours on regular productions and 25 hours on One Acts as well as attending weekly meetings and fulfilling other requirements.

"The point of Thespians is to set an example for other theater people. Hank always says, 'Thespians do not get below a C. Thespians do not get restricted study hall.' We must be very devout," junior Heather Alexander said.

Although they were expected to set an academic and behavioral standard, Thespians had fun as well.

"We were all going to go to Minnesota to see two plays and have a really great time, but we couldn't coordinate it all with time and money. We may go to see 'Les Miserables' in Des Moines as a group, though," senior Jim Krogmeier said.

To become a Thesplan or to be an asset to the club were goals of many drama-minded students who worked hard all year to make each production special and each theater experience a good one.



Thespians. Front Row: Evan Serfass, Corine Hegland, Almee Dutton, Mary Willard, Josh Huntington, Scott Christy, Bob Parr, Sandra DeLuca, Matt Haubrich. Second Row: Joy Siebert, Roland Anderson, Mark Sutch, Brian Parrish, Derek Shonrock, Angie Shirk, Terrill Johnston, Shaly Seecharan, Chris Burnham. Back Row: Aaron Jones, Andy Stevenson, Ben Lewis. Not Pictured: Laurel Nakadate, Heather Christensen, Heather Alexander, Amanda Lloyd, Tyler Uetz, Jim Krogmeier, Mike Cronin.



as he lies on the stage, sophomore Tyler Uetz delivers a monologue for "Glimpses." (Photo by Abby Klaas)

-Adrienne van der Valk

The lights dim. The curtain rises. The audience gasps in amazement as their eyes adjust and they discover that the stage has been taken over by an enormous paper-maché tree. The fall play, "The Grass Harp", by Truman Capote, awed audience members with the complex scenery. It also awed the students who had to build it.

"(The tree) was really tough to build. We spent most of our time working on that. We built the base, wrapped chicken wire around the base, covered it with paper maché, painted it brown, and wrinkled it up. It was really important to the play. The tree was where most of the action took place, and where the characters went to get away," freshman Joss Nichols said.

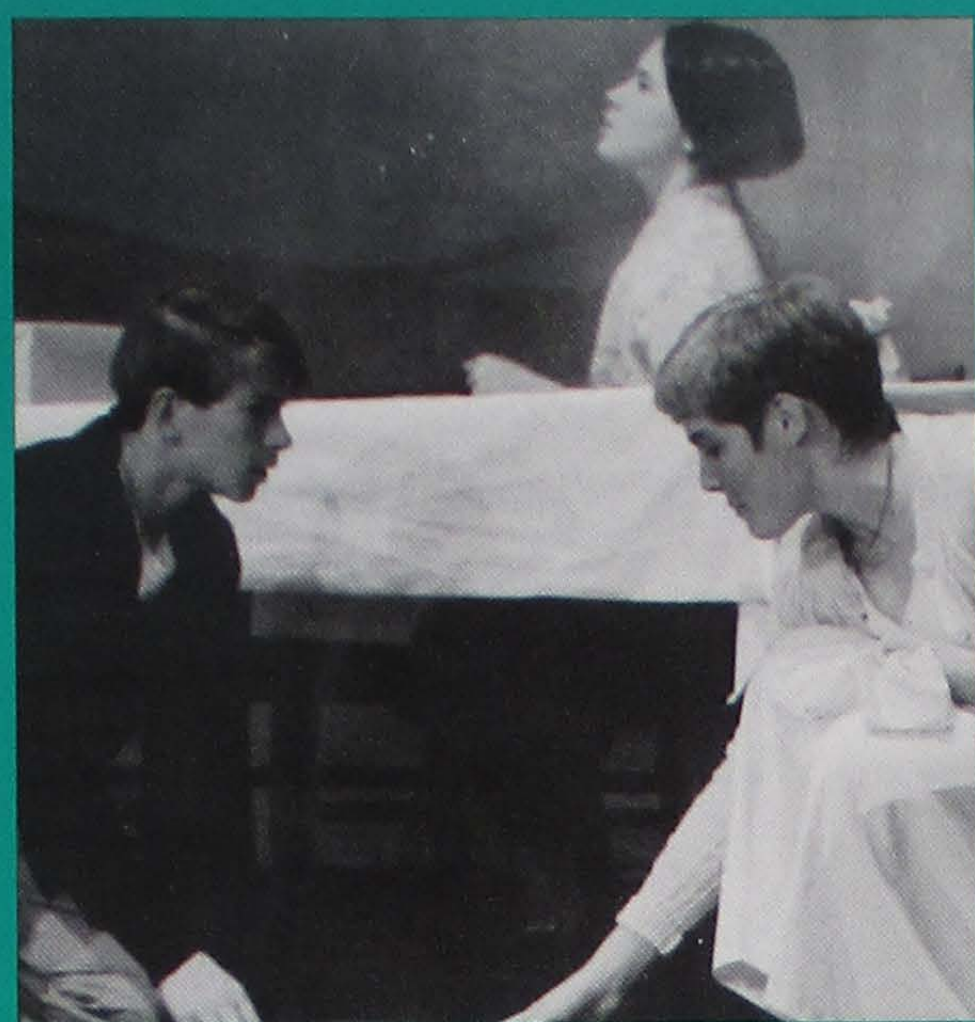
Building impressive scenery took the assistance of many crew members. Luckily, "The Grass Harp" had a helpful cast. Because a large number of people worked on the production, it was a good experience for junior Karen Sternberg who was new to Ames High.

"I enjoyed it because it was a large enough cast you got to meet new people and it was small enough everyone knew each other really well," Sternberg said.

For some cast members, "The Grass Harp" conveyed an important message.

"The moral of the play was

portraying townspeople in "The Grass Harp" are sophomore Elaine Wipf and junior Angle Shirk. (Photo by Abby Klaas)



during a "Harp" rehearsal, freshman Joss Nichols, sophomore Laurel Nakadate, and junior Mandy Lloyd block their scene. (Photo by Jason Swift)

Dramatic Spirit

Two unusual plays made spring and fall seasons entertaining

learning that you can't run away from things and sooner or later you have to face them. Vareena (senior Sandra DeLuca) and Dolly (junior Amanda Lloyd) learn that they need to love each other and shouldn't waste their lives hating each other because life's too short," sophomore Laurel Nakadate said.

The winter play, "Glimpses" was 30 short, one-act plays written by high school and college students. The unusual format of the pro-

duction made it an especially interesting project for the cast.

"Glimpses" was basically viewpoints on life and different experiences. It showed people how to relate to things you don't think about like burn victims who only have each other. It dealt with many different things like pregnancy and abuse. A lot of people didn't like that, but I think that's reality," sophomore Ben Lewis said.

Due to publicity on TV and the radio, "Glimpses" drew large crowds. It also drew a lot of controversy. Many parents didn't appreciate some of the mature content of "Glimpses" and they made their views known to the school.

"I think 'Glimpses' was controversial for two reasons. One is that there is always a need for parents to shield their children from influences they think could harm them. I think there were

some influences like that in the show. There was one scene that was complained about a lot which almost made a mockery of suicide or did not take it as seriously as most people do. The second reason is general lack of acceptance about ideas coming from teenagers. The segment with (senior) Bob Parr screaming about life and everyone in it is something a lot of teenagers think about but don't usually say, and when they do, they're not taken seriously," senior Robert Gooch-Peterson said.

The large cast of both plays, the unusual reaction to the scenery and performances, and the growth in dramatic ability made "The Grass Harp" and "Glimpses" enjoyable experiences both for those who were involved in the productions, and for those in the audience on opening night.

-Anjeanette Levings

During the elementary school years, little boys and girls dream of such careers as playing football for the Chicago Bears, hitting the winning home run for the Oakland A's, completing a triple axle in the Olympic figure skating competition, or dancing Swan Lake for the Joffrey ballet. Although most give up these simple dreams, many still hold on to these memories from their childhood.

Terpsichore allowed those interested in dance to get experience outside of dance class.

"I've been taking dance since I was 4. It (Terpsichore) was a lot less structured than the dances I've done before. A lot of the dances were put together faster. That way it was a lot more fun. I'm going to be a choreographer next year, because it looks really fun and I want to be a bigger part of the show," sophomore Amy Jo Brown said.

Ten previous Terpsichore dancers took this big step to choreographing.

"Terpsichore was hell. It was the biggest project I've done and it really made me realize how much work goes into the performance. Tech Week started Sunday and went to Wednesday, and each day we practiced for five to seven hours. Mrs. Kautzky said that for every minute of the dance we should work on choreography for 10 hours. That would mean that I would have had to work for 30 hours on my three-minute dance," junior Jacinda Bunde said. "I've been in the Nutcracker (at C.Y. Stevens) and other productions. I really appreciate them because I was actually involved in the choreography."

Choreographers learned that



imaginative costumes helped create the right atmosphere on stage for Terpsichore dancers. The dancers performed Feb. 27-29. (Photo by Abby Klaas)

Let's Dance

Terpsichore let students kick up their heels

many things go into the finished product, including lighting and sound. Many new angles were incorporated, including commercials and live on-stage music. Junior Nick Lloyd accompanied the dance "Waves" on his bass guitar.

"I was kind of worried about the acoustics and if the sound would echo, because that would effect the dancers and if they

looked in sync or not. It's a very advanced technique and I was very surprised with the outcome," Lloyd said.

For this dance, communication between Lloyd and "Waves" choreographer senior Alan Murdock became the vital link that made the dance click.

"I told him (Lloyd) the theme that I had and he worked the music to that and I worked the dance to him. It worked really well and I was pleased with the final product. It was nice to work with another artist," Murdock said.

Terpsichore not only gave these two the chance to collaborate, but other dancers with their choreographers as well.

"My choreographer was really open. If we (the dancers) had any ideas, she would try to incorporate them. She was really open-minded," junior Veronika Kleist said. "As a German exchange student, it was a lot of fun, because we don't have things like that at my school."

Terpsichore was not the norm for many others either. Some dancers weren't prepared for the amount of time that they had to dedicate to the finished product. With One Acts the week prior and a *Spirit* deadline during Tech Week, things were a little stressful.

"When we had Tech Week, we had to share the stage with all of the other dances. So, when my dance wasn't using the stage, I ran up to the computer lab for about 20 minutes and tried to get something done on my *Spirit* layout. Then I'd go back down and practice, then go back up. It was just awful," junior Maja Larsen said.

Even though dancing may not have been a career choice for many of the participants, Terpsichore let students share their hobby with others and make some new friends too.





timing could make or break a dance. The 'Alligator' dancers practiced to make sure that they got it just right on performance night. (Photo by Abby Klaas)



breaks between dances gavetime for fun. Junior Lexa Curtis ran around 'popping' swimmers who stroked around the stage. (Photo by Abby Klaas)



long practices remained the vital key to a polished product in all dances. To make sure that this pose in 'Needles and Pins' looked exactly right, timing and position had to be precise. (Photo by Abby Klaas)

to break up the dances, still lifes were used. The choreographers sat on the couch acting as if watching TV to separate the dances from the commercials. (Photo by Abby Klaas)

-Anjeanette Levings

Gritting his teeth against his mouth guard, Mark sprinted down the field with the ball nestled under his arm, scanning the 13 men running towards him for a friendly face. Harder and harder he ran, pressed by the clock to complete the play. Fifteen seconds until halftime. Fifteen seconds and then Mark would be faced with a different set of strangers, not 13 men clad in shoulder pads, but rather 215 students with weapons—weapons of music.

The marching band made its presence known as soon as the 430 synchronized feet marched onto the football field.

"Usually we learn a routine during workshop (the first week of marching practice before the start of school), but this year we didn't learn them until right before the second game; we just worked on marching. There were just too many of us," junior Sophie Ellmaker said.

But having a large band solved some of the problems that the band had had in previous years. As a result of large enrollment, a special squad was made for those who participated in sophomore football.

"They did that (made the sophomore football team squad) because we couldn't make it to the pre-game show and so we wouldn't screw the band up," sophomore John Milleman said.

Others enjoyed the unified feeling that a large marching band made in their squad.

"Last year I had a lot of different instruments in my squad. But this year all but one of us play the same thing and the other is in the process of changing over," senior Matt Haubrich said.

Along with feeling togetherness within the squad, the band



marking time, sophomores

Jana Skaff and Jennifer Fliehler wait for the signal to go. (Picture by Abby Klaas)

Belt It Out

Band members found strength in numbers

pulled together and showed enthusiasm for "Homer-time", a Homecoming celebration where members of the band toured the directors' and football coach Kirk Daddow's homes early in the morning and performed pep-songs for them.

"It's gaining popularity since last year; the police were called, but we just missed them. The police followed a string of us who were exceeding the speed limit to Donutland. They told us that they had gotten 15 complaints from Daddow's area for disturbing the peace, so they told us to go straight home and

out of uniform because she has a solo, senior Erika Helmuth plays skillfully. Helmuth played first clarinet in Symphonic Band. (Picture by Abby Klaas)

If we were caught anywhere else, arrests would be made. We just keep getting closer and closer," senior Paul Boyd said.

Being bigger caused problems for more than just neighbors and police, it also meant a lack of space during the concert band season.

"The last row is right up against the (band) lockers, so when band is dismissed we have problems getting to our lockers and there's a big rush getting out of the door," sophomore Lizz Welch said.

The absence of space even caused problems with reading music.

"We're starting Veishea music now and there isn't enough room for stands, so we have to practice with liars. I think the freshmen are working

at it and the band is definitely growing. In years to come, maybe there won't be enough uniforms," junior Angela Smith said. "But I'd rather have a large band than one that's small with no sound."

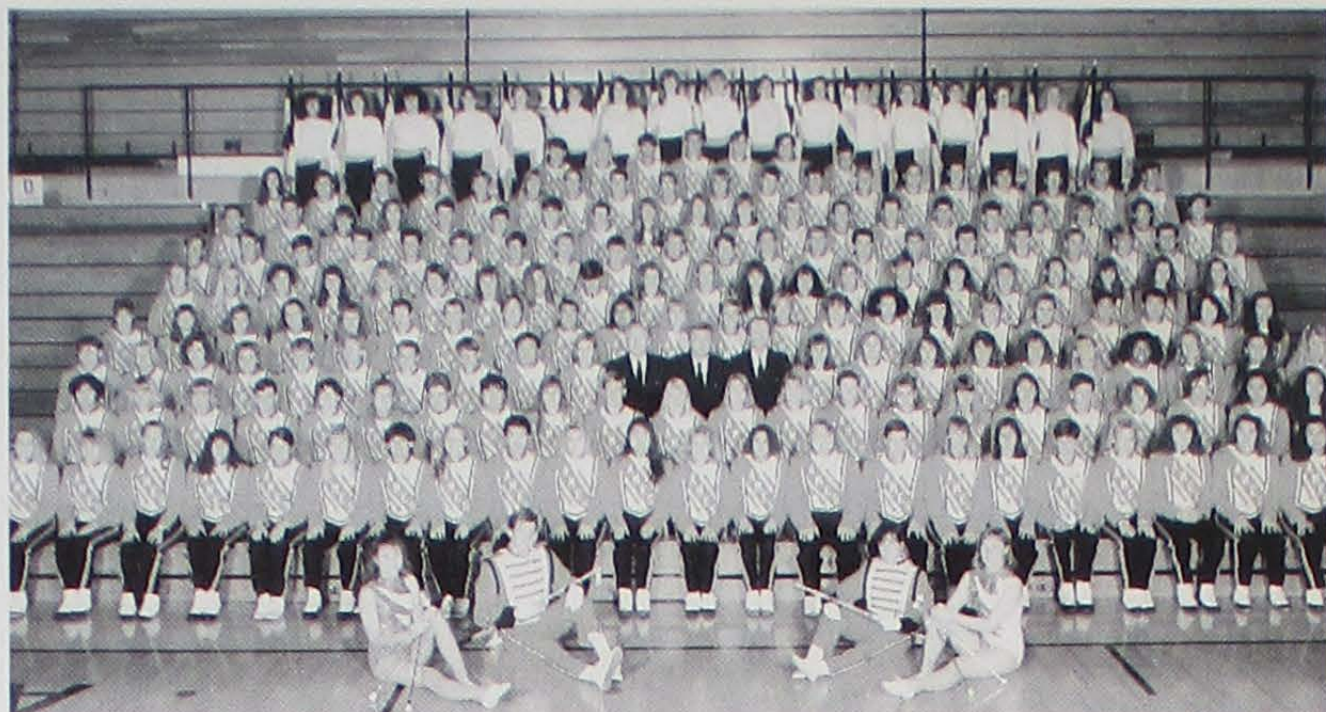
Sophomore Judd Bowman agreed that a larger band improved the group's sound.

"We are a lot louder, and that is a lot more fun because people try harder and that gets the whole band going," Bowman said.

During the marching and concert season, the 215-member band certainly made its presence known. Whether through simply marching out onto the field under spotlights or being apprehended by police, bigger meant more fun.

in preparation for the Veishea parade, sousaphone players crowd together as they march down Ridgewood. (Photo by Abby Klaas)

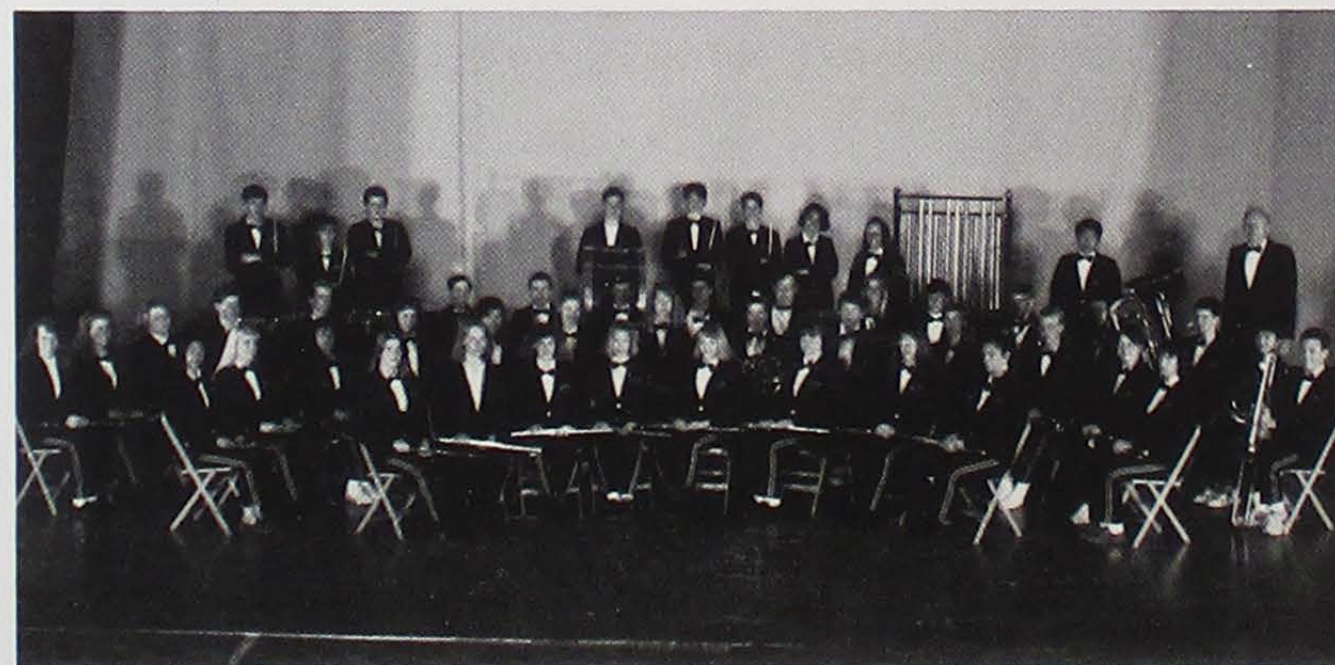




Marching Band. Front Row: H. Wright, S. Klebenstein, S. DeLuca, A. Terpstra. Second Row: L. Welch, E. Patrick, V. White, B. Chacko, E. Furr, A. Rosenbusch, C. Brace, H. Chen, J. Schrad, A. Wagner, C. Gellina, H. Christensen, C. Williams, M. Sedgwick, A. Stoeffler, R. Hsu, J. Kennan, K. Place, C. Hulatt, A. Gardner, S. Hsu, E. McCay. Third Row: J. Cheng, D. Vanderschaaf, K. Tollefson, C. Kellen, M. Hefley, P. Hove, M. Cooper, K. Hsu, D. Sibbel, C. White, H. Herold, L. Sargent, J. Anderson, K. Hodges, S. Craig, B. Titus, B. Quintero, R. Nickhols, B. Titus, C. Sweeney, R. Su, E. Kim. Fourth Row: J. Goehring, M. Breka, A. Smith, A. Drake, R. Lutz, M. Shimkus, J. Nichols, D. Vogel, M. Jankowiak, Director R. Anderson, Director H. Gartz, Director T. Nehls, J. Skaff, M. Anderson, S. Jolly, J. Flehler, D. Patenburg, D. Schmidt, J. Pugh, E. Helmuth, B. Peterson, C. Pfeifle. Fifth Row: R. Farnham, J. Troeger, S. Snyder, J. Collins, R. Devine, C. Van De Wetering, J. Peterson, S. Pague, P. Panous, R. Chowdery, C. Skrdla, J. Wray, S. Dietz, J. Lee, S. Elmaker, A. Sheets, K. Nass, V. Brace, W. Huang, J. Liao, Q. Horton, B. Butin. Sixth Row: C. Houge, K. Moon, J. Hertz, J. Hugdahl, J. Leek, B. Hartman, M. Martin, D. Stinehart, C. Burnham, S. Stevenson, R. Berning, T. Triplett, J. Ng, A. Kellner, M. Welch, C. Biggerstaff, M. Mundt, M. Whitaker, S. Curran, S. Coats, A. Nelson. Seventh Row: M. Harms, J. Krogmeier, L. Freeman, J. Rhyann, M. Amfhar, M. Haubrich, M. Abbot, M. Strahn, B. Broussard, N. Dau, D. Millen, D. Good, T. Holland, D. Ray, P. Shupp, J. Younie, B. Douglas, D. Patrick, J. Nelson, R. Sheeler, D. Faux. Eighth Row: B. Takle, S. Litchfield, M. Sweet, S. Fox, P. Boyd, D. Sivesind, C. Klocke, D. Cantonwine, K. Pretz, M. Biggerstaff, A. McConnell, M. Vardeman, M. Semet, J. Burns, B. Dunlay, D. Ginder, D. Evans, B. Erikson, R. Harris, J. Morain. Ninth Row: B. Smith, Z. Fredrick, J. Coats, J. Swift, E. Pavlik, S. Bailey, E. Greving, E. Tosten, P. Greer, R. Hartman, D. Byg, E. Hippen, J. Moore, J. Halliburton. Tenth Row: M. Olson, J. Emmerson, J. Milleman, A. Schafer, B. Parrish, C. Wheatley. Back Row: C. Wagner, K. Berg, M. Noling, L. Young, E. Olson, D. Katz, E. Andrews, K. Kindred, A. Henderson, J. Whitehead, M. Whitaker, A. Olson, S. Coons, L. Elbert, B. Foley, L. Moore, Q. Goodfriend.



Concert Band. Front Row: A. Wagner, D. Sibbel, C. Biggerstaff, J. Hertz, C. Pfeifle, E. Kim, B. Smith, V. Brace, D. Vander Schaaf, K. Tollefson, J. Collins, E. Andrews, B. Butin, J. Skaff, J. Flehler, J. Leek. Second Row: E. Helmuth, V. White, J. Pugh, K. Windom, A. Drake, C. Hegland, C. White, J. Hugdahl, J. Troeger, C. Houge, H. Christensen, M. Thomas, K. Whitaker, S. DeLuca, A. Elmaker, J. Fisher, Peterson, J. Cheng, A. DeHoet, J. Schrad, D. Cantonwine, S. Curran. Third Row: M. Whitaker, C. Skrdla, M. Mundt, S. Dietz, A. Gardner, M. Jankowiak, L. Welch, R. Chowdhery, M. Shimkus, D. Sivsind, R. Lutz, A. Schafer, J. Good, K. Hodges, J. Rhyann, G. Horton, B. Douglas, K. Nass, C. Klocke, F. Greer, J. Krogmeier, A. McConnell, A. Smith, M. Amfhar. Fourth Row: B. Stott, D. Pantenburg, D. Williams, N. Martin, L. Young, J. Moore, R. Su, A. Henderson, M. Welch, A. Olson, M. Sweet, Z. Fredrick, C. Burnham, K. Pretz, R. Sheeler, G. Collins, P. Boyd, M. Haubrich, B. Freeman, J. Nelson, L. Freeman, E. Pavlik, J. Kennan, D. Patrick, G. Elwick, J. Bowman, J. Morain, B. Erikson, E. Hippen, M. Harms, M. Milleman, J. Goehring. Fifth Row: N. Breka, A. Sheets, S. Klebenstein, B. Hill, M. Olson, S. Fox, B. Hartman, R. Harris, E. Tosten, R. Farnham, A. Nelson, R. Nichols. Back Row: J. Swift, J. Lang, M. Abbot, S. Litchfield, B. Takle, N. Bertelson, D. Byg, J. Halliburton, M. Strahan, R. Hartman, S. Elmaker, D. Stinehart, N. Lewis, Director H. Gartz, Director T. Nehls.



Freshman Band. Front Row: J. Anderson, R. Berning, S. Craig, K. Place, E. Patrick, J. Lee, K. Sweeney. Second Row: M. Jarboe, R. Hsu, H. Herold, T. Triplett, M. Padilla, S. Stevenson, M. Biggerstaff, E. McCay, J. Burris, J. Wray, M. Vardeman, M. Hefley, S. Jolly. Third Row: R. Devine, P. Hove, C. Williams, M. Cooper, D. Schmidt, J. Nichols, J. Peterson, M. Sedgwick, B. Dunlay, S. Pague, K. Moon, C. Keller, T. Holland, C. Van De Wetering, D. Ginder, H. Chen, M. Semet. Back Row: E. Greving, A. Stoeffler, D. Ray, D. Good, D. Millen, P. Shupp, J. Ng, Brace, J. Liao, Director R. Anderson.

-Kristy Lakin

When thinking of art forms, thoughts turned to Monet

and Picasso, not Homer Gartz and the AHS band. But through both devotion and hard work, band members were able to make their musical hobbies into different forms of artistic expression.

Before most of the student body had even thought about the arrival of another school year, members of the marching band were expressing their style on the football field every sweltering morning, preparing for the fall marching season.

"A week before school started we had a summer workshop week. Everyone had to come to school early in the mornings and practice for marching band. It got so hot that it was hard to concentrate on what was going on. We all got sunburns and farmer tans," junior Ben Douglas said.

Friends and the appreciation for music blinded many students to the hours of practice band entailed.

"The main reason I'm in band is because I really enjoy music and playing the French horn. But, I've also made a lot of great friendships through band. The environment is comfortable; I can really relax and be myself," sophomore Joy Troeger said.

Students who couldn't get enough of band during the school day perfected their art through private lessons.

"On an average, I spend three hours a week practicing on my own. That's mainly because I take private lessons. I've taken them since fourth grade. I plan to major in music education, both instrumental and vocal, so lessons and band have given me some good preparation," senior Dawn Sibbel said.



concentrating, freshmen

Megan Biggerstaff and Sara Stevenson perform in a seasonal concert. (Photo by Abby Klaas)

Expression

Band helped students develop artistically

The annual All-State contest held in November gave students the chance to exhibit their musical talents and abilities. Students who wanted to partake in the contest competed with other high school band members around the state. Fifteen AHS students were selected to play in the All-State band.

Another contest band members had the chance to participate in was the State Solo and Ensemble contest, which allowed students to display their progress. The contest was held in the spring and consisted of

getting in one last practice, senior Becci Peterson prepares for a performance. (Photo by Karen Hsu)

individual and group performances. Each performance was given a rating between I and V, I being the highest. Band received 31 I ratings. Although it was not required, many band members chose to tackle the extra lessons and practices required to prepare for the contests.

"Donna Stinehart, Sophie Ellmaker, and I have this little drumming group. We call ourselves 'The Three Stooges'. In order to do well at contest, you really have to spend a lot of time practicing. The three of us didn't take it as serious as we should have, so we got the low rating we deserved. I think we learned our lesson," junior Rebekah Hartman said.

If band members felt they didn't get enough exposure through contests, seasonal concerts, and halftime at football games, the band was given a chance to show its mastery at the annual VEISHEA parade.

"A lot of my friends are drummers, so being around them all period makes band more fun. You also get to do a lot of neat stuff, like marching in the VEISHEA parade. There's a lot of practicing and preparation, but the time goes by quickly," senior Matt Abbott said.

Although the AHS band will probably never go down in history with Michelangelo, it will remain in the memories of the students who spent the many extra hours to entertain and achieve their personal best.

Keeping spirits high, junior Angela Smith, senior Mike Amfahr, and sophomore Chris Klocke play at a pep assembly. (Photo by Abby Klaas)



Freshman Jazz Band. Front Row: Elizabeth Furr, Buffy Quintero, Joyce Ng, Jack Liao, Karen Moon, Henry Chen. Back Row: Robyn Berning, Melinda Hefley, Shannon Jolly, Megan Biggerstaff, Jason Wray, Chris Van de Wetering, Jason Petersohn, Ted Holland.



Pep Band. Front Row: N. Brcka, B. Hartman, J. Pugh, E. Helmuth, M. Welch, J. Fleihler, A. Sheets, M. Strahan. Second Row: A. Olson, C. Burnham, R. Harris, K. Whitaker, E. McCay, R. Berning, V. Brace, B. Takle. Third Row: E. Furr, J. Bowman, J. Coats, M. Harms, J. Goehring, B. Erickson, E. Hippen, J. Lang. Fourth Row: M. Hefley, S. Jolly, R. Chowdery, A. Schafroth, J. Morain. Fifth Row: K. Nass, A. McConnell, A. Smith, M. Amfahr, F. Greer, J. Burns. Back Row: P. Boyd, M. Haubrich, B. Parrish.



Jazz Band. Front Row: M. Strahan, M. Sweet, A. Sheets, N. Brcka, S. Coats, S. Kliebenstein, C. Burnham, C. Biggerstaff. Second Row: N. Lloyd, Mark Harms, J. Goehring, J. Bowman, J. Morain, E. Hippen, M. Thomas. Back Row: Director H. Gartz, A. Smith, J. Good, M. Amfahr, J. Krogmeier, A. McConnell.

-Katie Krogmeier

The river is moving sooo fast," said the condescending tour guide

to members of the choir tour. Now, let me tell you about Mr. Charles Lindbergh. Does anyone know who he is?"

While most students learned in elementary school about Lindbergh's travels around the world, some 80 choir members toured Lindbergh's former home, St. Louis, Missouri. The choir tour was a four day extravaganza of singing and sight-seeing.

"The tour guide kept asking us who Charles Lindbergh was and other obvious questions like that," senior Cheryl Bortz said.

Aside from the tour guide, some students managed to have a good time sight-seeing in St. Louis. Since the choir only went on tour every three years, it was the first trip for many of the choir members. And without a doubt, they had plenty to keep them busy.

"The zoo was fun and Six Flags was OK even though it rained. They (the chaperones) were too overprotective about everything, but we made the best of it," junior Ben Ford said.

With or without chaperones, Six Flags had plenty to offer the first-time visitors.

"My favorite thing about the choir tour was going on the upside-down roller coaster for the first time ever," senior Robert Gooch-Peterson said.

While some choir members were having fun at the amusement park, others chose to take the more consumeristic route. They went to Union Station, an



entering the St. Louis Zoo, choir members stop to take a look around the lobby and pose for a group shot. (Photo courtesy of Melani McCracken)

On Tour

Choir members experienced St. Louis

old train station downtown that had been turned into a mall with unique shops.

"Shopping in Union Station was cool because of the variety of stores to shop in, and I got my ear pierced there," senior Nick Nakadate said.

Although the attractions were well worth the visit, the over abundance of activity was suffocating for some.

entertaining themselves on the tour bus, choir members play cards and catch up on homework. (Photo courtesy of Melani McCracken)

"We were so rushed from place to place that it was kind of ruined. It was NOT worth the \$300 that I paid. An extra day would have made it a lot better," junior Heather Alexander said.

In between all of the excitement and sight-seeing, the singers got the opportunity to perform in a choral festival in Illinois.

"I think that the judges were fair with their comments on our performance. We need to mature with our singing and we need to listen to our instructor more. I was really impressed," freshman Dawn Schmidt said.

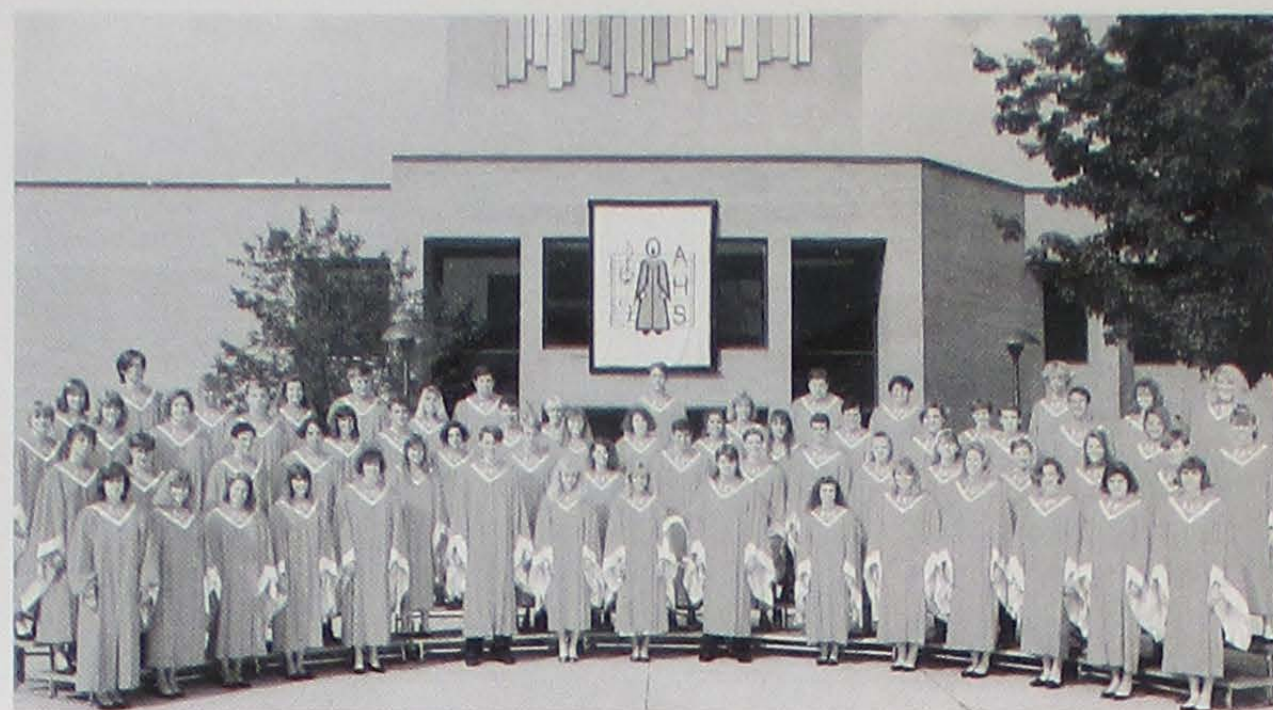
After the end of one long weekend, the students were looking forward to a ride back to Ames. Unfortunately, there were a few "technical difficulties" that were obstacles on the road home.

"On the way back, the bus broke down. We had to drive home using the generator, so we couldn't turn on any lights. The driver had to wait until it was pitch dark until he could even turn on the headlights," sophomore Amanda Hetzel said.

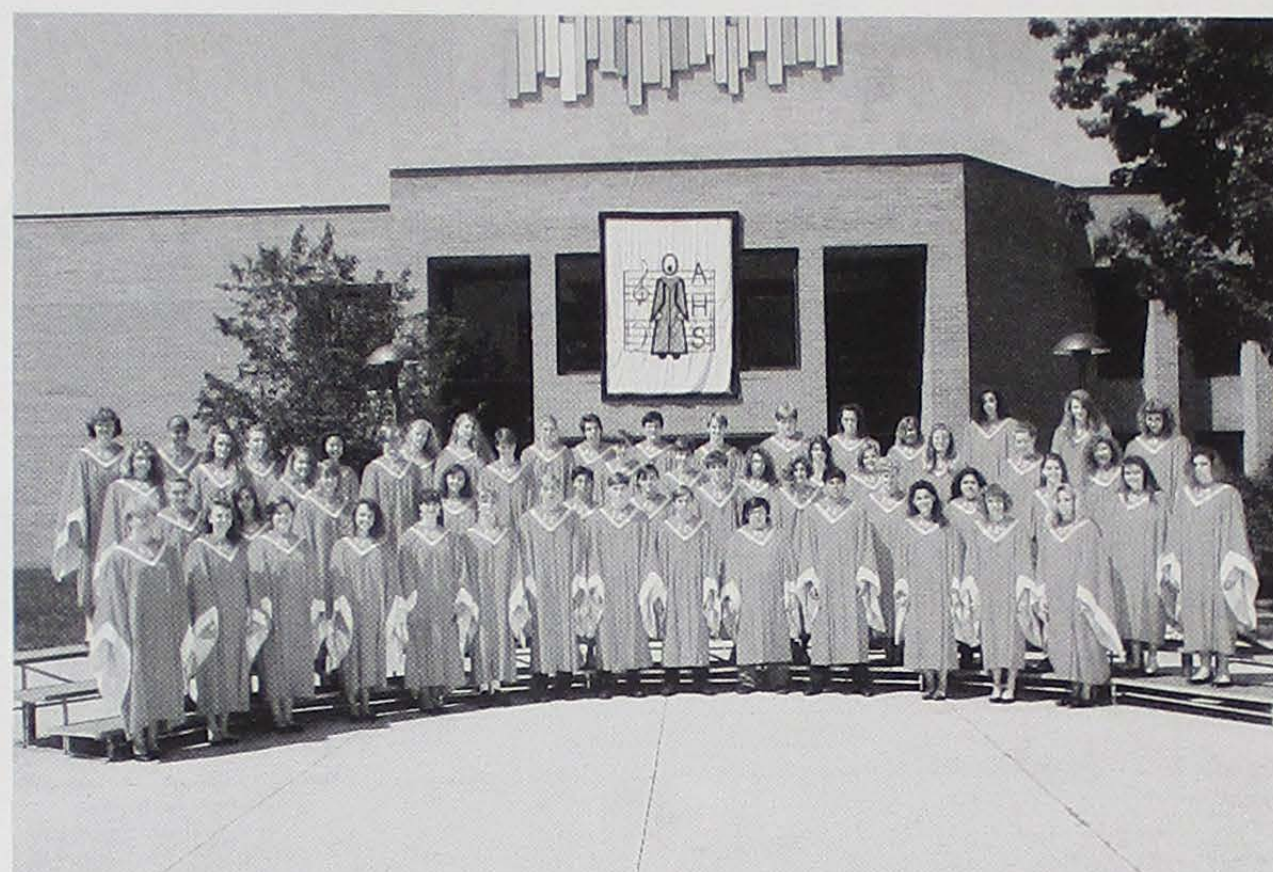
Returning from the trip, the choir members were a little worn down, but a lot more experienced. A weekend away from home was just what the director ordered for the choir to maintain its excellence.

relaxing in the hot tub at the hotel, choir members take a break from their busy tour schedules. (Photo courtesy of Melani McCracken)

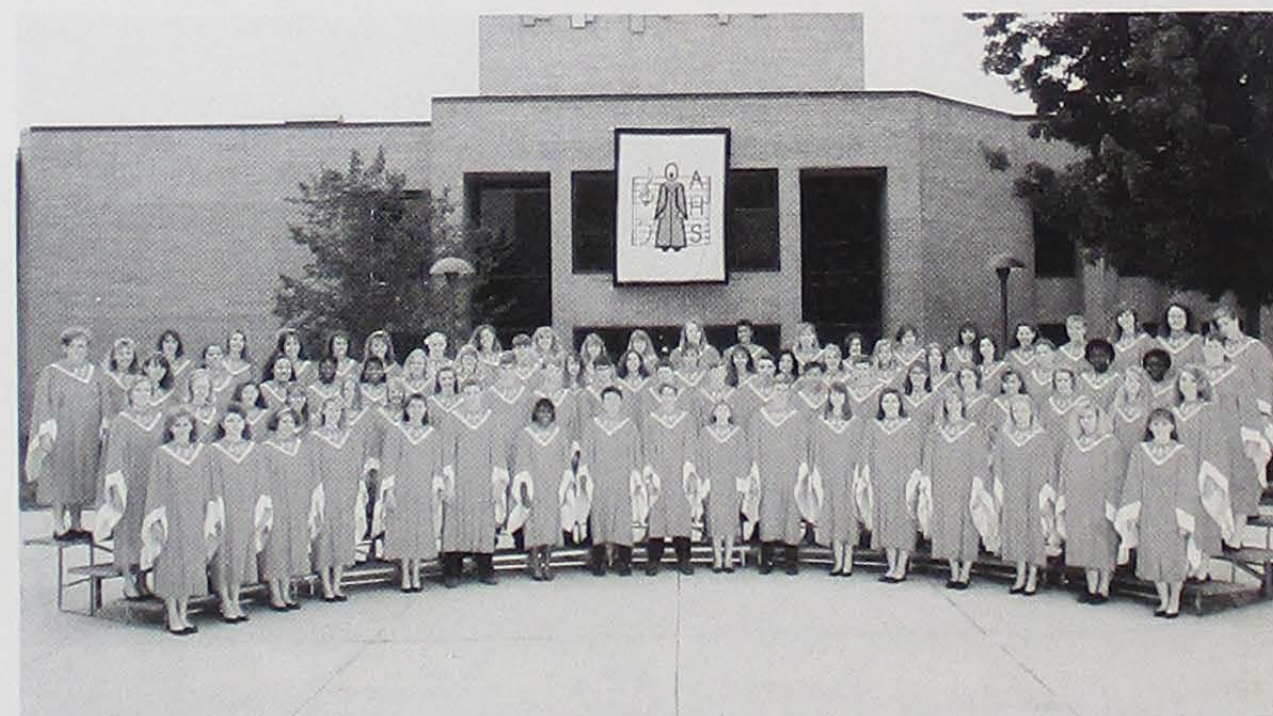




Concert Chorale. Front Row: A. Smith, J. Johnson, L. Vermeer, B. Titus, J. Hertz, A. Stevenson, C. Pfeifle, C. Spike, M. Ryan, J. Phillips, A. Hetzel, H. Anderson, A. Dutton, C. Hulatt, K. Abendroth. Second Row: C. Biggerstaff, M. Larson, S. Shapiro, N. Nakadate, D. Sibbel, M. Skluzacek, C. Olson, M. Robinson, T. O'Berry, J. Good, M. McDonald, K. Daddow, S. Reger, J. Gladon, T. Henderson. Third Row: E. Hoffmann, C. Bortz, J. Moehlmann, E. Hoekema, J. Hugdahl, B. Ford, S. DeLuca, P. Boyd, R. Allen, L. Ford, N. Paul, J. Ballantine, B. Goodfriend, J. Moore, T. Reger, T. Rutter, D. Patterson, M. Patterson. Back Row: A. Terpetra, J. Willson, C. Ray, R. Shinkus, M. Randall, K. Johnson, B. Parrish, H. Alexander, C. Page, L. Curtis, D. Boehlje, M. Prochaska, K. Goudy, M. Anderson, A. Shirk, J. Siebert.



Concert Choir. Front Row: M. Gaston, D. Katz, A. Olson, M. Kell, L. David, M. LaGrange, J. Aslesen, S. Allen, D. Shonrock, M. Falsal, A. Gird, S. Gibb, D. Pantenburg, S. Stumo. Second Row: B. Anderson, E. Wipf, J. Leek, A. Reed, A. Vogel, R. Anderson, J. Durlam, J. Scott, M. Knutson, J. Falsal, M. Mayfield, M. Roney, S. Cruse. Third Row: S. Keller, T. Niese, C. Skrdla, B. Lewis, C. Zimet, E. Krafur, T. Pepper, C. Peterson, H. McDorman, M. Anderson, C. Kindred, J. Lynott, E. Barta. Back Row: C. Hegland, B. Holger, V. Pettit, B. Pang, R. Geiger, D. McKernan, B. Bates, B. Goodfriend, J. Huntington, D. Faux, R. Lethcoe, N. Osborn, E. Prochaska, S. Johnson, J. Jansen.



Freshman Choir. Front Row: S. Craig, A. Booth, A. Mundt, K. Swyter, P. Daniel, D. Begg, N. Fisher, J. Liao, J. Nichols, R. Hughes, D. Good, P. Olson, M. Richardson, S. Teas, D. Slomka, J. Schmidt. Second Row: J. Holder, K. Woods, S. Weltzel, J. Zenor, L. Sargent, E. Patrick, S. Stevenson, J. Baty, E. Helmuth, B. Blackwater, A. Johnson, A. Ashley, A. Brock, D. Vogel, M. Robinson, C. Martin, A. Clarke, M. Padilla, A. Warner, D. Schmidt, L. Bendig. Third Row: E. Heideman, M. Jarboe, M. Elks, T. Cosby, M. Emiola, J. Larson, M. Harris, B. Randall, K. Heuss, D. Harris, E. Boume, T. Triplett, S. Hsu, L. Peterson, K. Rhodes, J. Anderson, L. Rice, S. Devine, A. Yansaneh, M. Mumba, E. Sambos. Back Row: B. Foley, C. Gelina, S. Jolly, E. McCay, J. Ellett, S. Kenealy, J. Bliskle, H. Herold, H. Wright, D. Bovee, E. Kelly, C. Best, C. Williams, C. Engelhorn, P. Juelfs, M. Geha, K. Taylor, J. Gardner, K. Day, A. Madison, T. Aurand, M. Rosheim.

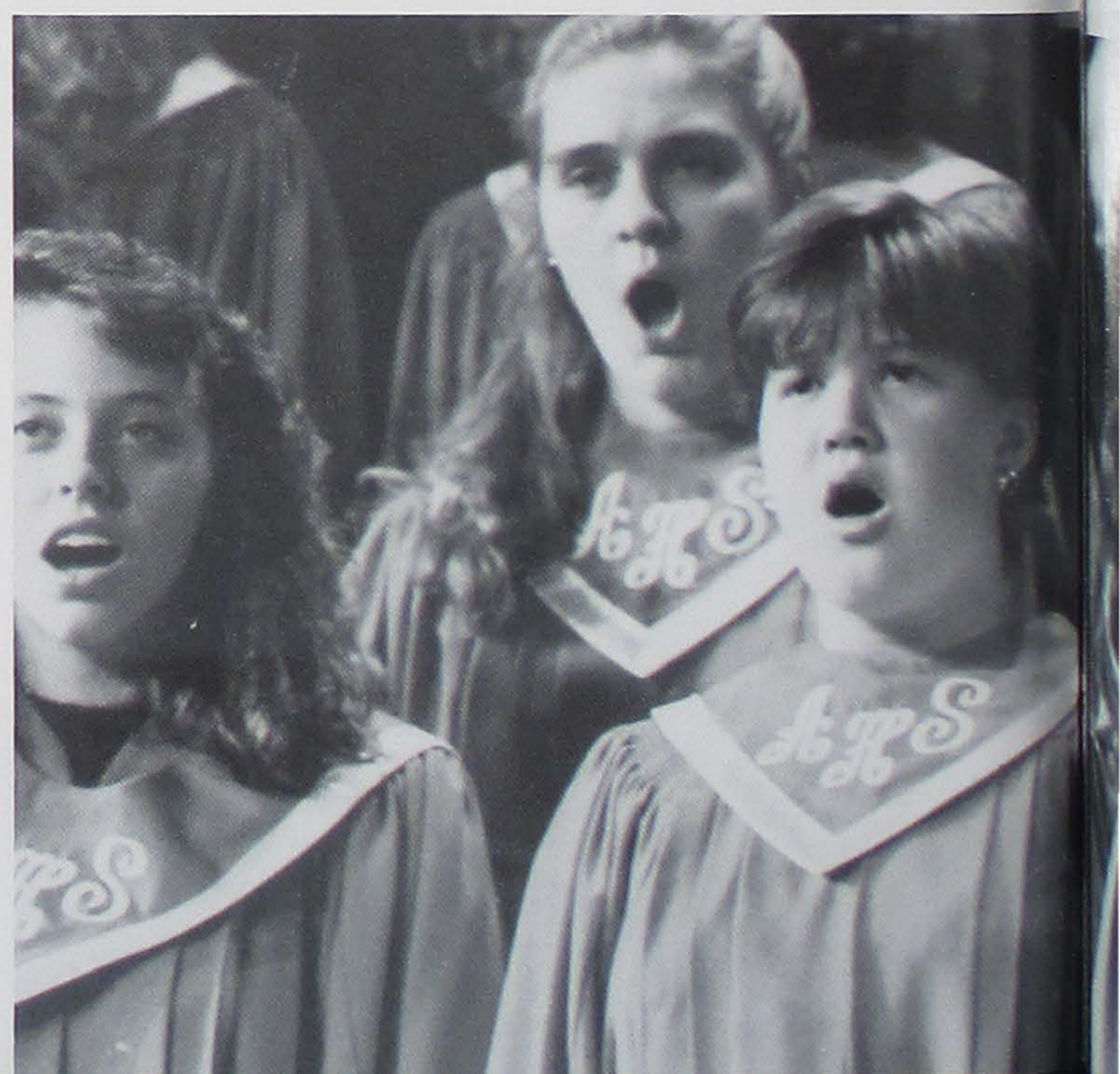
using a song that fit the occasion, Concert Chorale performs 'It's So Hard to Say Goodbye' at Commencement on May 27. (Photo by Abby Klaas)



Chamber Singers. Front Row: Ben Ford, Dawn Sibbel, Jason Moore, Marcus Ryan. Second Row: Tom Pepper, Jennifer Phillips, LeAnne Ford, Chrissy Spike, Toby O'Berry. Third Row: Neena Paul, Bob Goodfriend, Holly Anderson, Jana Hertz, Kjersten Johnson, Rebecca Shimkus, Paul Boyd, Christie Pfeifle. Fourth Row: Sandra DeLuca, Kim Allen, Krista Olson, Heather Alexander. Back Row: Clint Zeimet, Jonathan Good, Andy Stevenson, Brian Parrish, Mark Skuzacek, Mark Robinson.



Treble Choir. Front Row: Bliss Newton, Sara LeBrun, Amy Swyter, Rachel Wilke, Teresa Andrews, Laura Young, Sarah Smith, Liz Trede, Melani McCracken, Tami Johnson. Back Row: Valerie Reed, Sophie Ellmaker, Irish Boston, Amy Bartine, Amy Henderson, Laura Larson, Gwen Horton, Joy Troeger, Christie Pfeifle.



with a conducting flourish, director Steve Linn leads the Freshman Choir at the Spring Choral Festival. (Photo by Abby Klaas)

—Avanti Athreya

To everything turn, turn, turn...

there's a time to be born, and a time to die... a time to lose, and a time to gain... The Byrds' song represented the 1991-1992 year for the Ames High choirs perfectly. The music department lost director Gary Schwartzhoff, who accepted a position at the University of Wisconsin at Eau Claire, but gained Steve Linn, a former choir director at Huxley.

"There are many differences between the two," senior Chrissy Spike said. "Dr. Schwartzhoff was very intense—he put a lot of pressure on the students to do well. Mr. Linn is more relaxed."

Senior Rebecca Shimkus agreed.

"Dr. Schwartzhoff wanted perfection," Shimkus said. "With Mr. Linn, many people don't feel as pushed, and so they enjoy choir more."

Sophomore Andy Farrington felt the same.

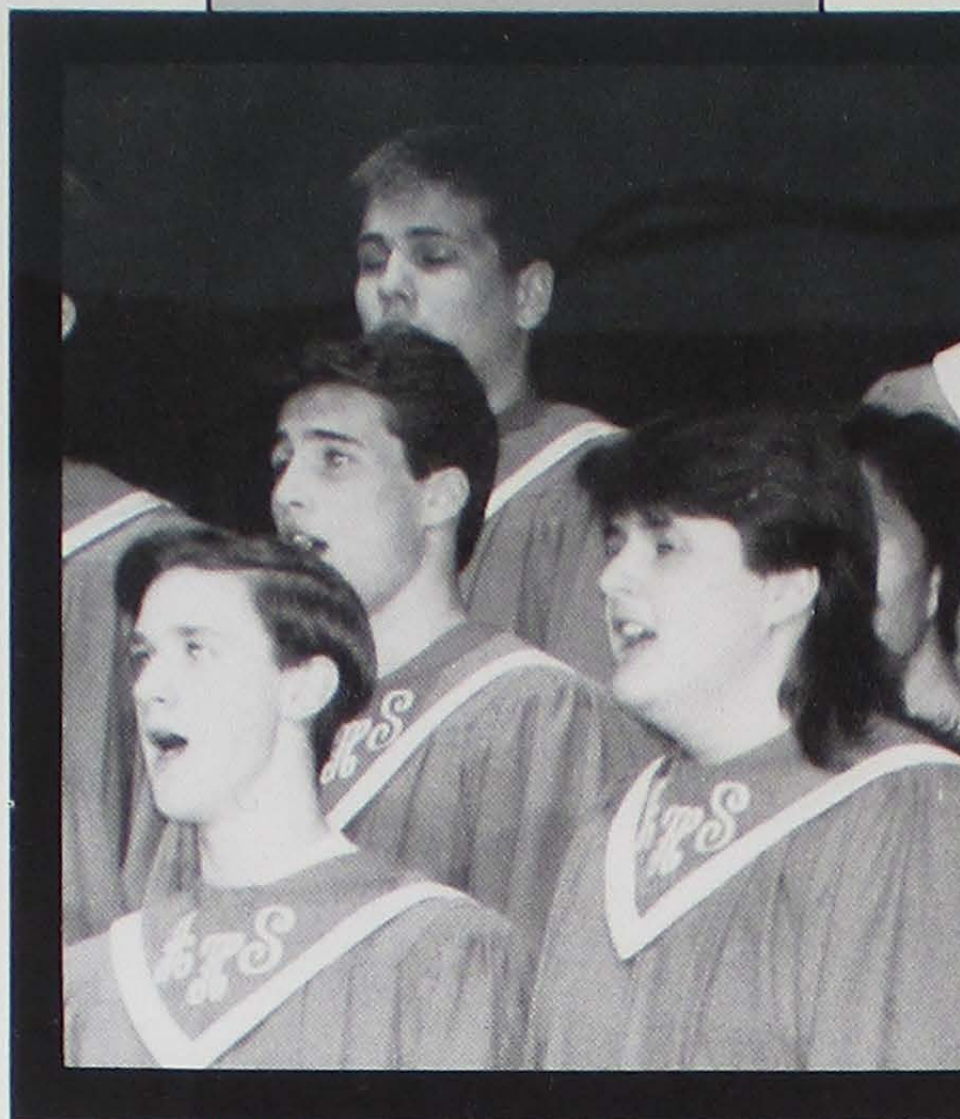
"Mr. Linn's very free spirited," Farrington said. "He makes choir interesting and fun."

A new director also meant new types of music.

"Mr. Linn knows what the crowd here will enjoy," senior LeAnne Ford said. "He chooses the more crowd-pleasing songs, like spirituals, whereas Dr. Schwartzhoff picked classical material."

"The choirs have been sing-

following the director, sophomore Debbie Katz, senior Becca Anderson, sophomores Andrea Olson, Elaine Wipf, and Molly LaGrange sing at a concert. (Photo by Abby Klaas)



mouths open, juniors Matt Randall, Ben Ford, and Toby O'Berry and senior Marcus Ryan sing in the Fall Concert. (Photo by Abby Klaas)

"He's also a great vocalist, though. He can sing lower than any bass and has almost the full range of a tenor."

Junior Lexa Curtis admired Linn's talents as well.

"He's definitely very musically inclined," Curtis said. "He has really done his best as a director. He's laid back and personable, but he works us so that we do our best."

Many choral members saluted Linn's willingness to accept suggestions.

"He's very open-minded," senior Andy Stevenson said. "He enjoys musical variety—we're doing a piece by Bach, which I really like, since it brings out the classical side. But I think the spiritual we're doing is a lot of fun."

Sophomore Jennifer Phillips appreciated Linn's lighter side.

"He has a good sense of humor, so long as he's not mad," Phillips said.

It was Linn's kindly demeanor that appealed to sophomore Tom Pepper.

"Even though he reminds you of Beaker on the Muppets, he's just the kind of guy you want to call 'Dad'," Pepper said.

"For every season, turn, turn, turn..." Although Ames High Choral members were sorry over the loss of perfectionist Gary Schwartzhoff, they enjoyed the "father figure" in 29-year-old Steve Linn. As the Byrds so aptly put it, "There's a time to plant, and a time to reap; a time to laugh, and a time to weep; a time to build up, and a time to break down; a time to dance, and a time to mourn..." Although they never performed that particular piece, by working with the choirs, Steve Linn helped them "build up" musical talents and "reap" the benefits!

New Tunes

Choir members welcomed new director

ing more of the modern, upbeat type of music," junior Jonathan Good said. "It's not quite as serious or theoretical, and it makes the choir environment a lot less stressful. But we still have challenging music; we're singing a piece by Brahms, in German, at State Large-Group Contest."

Linn, who majored in piano and voice, assisted students both vocally and instrumentally.

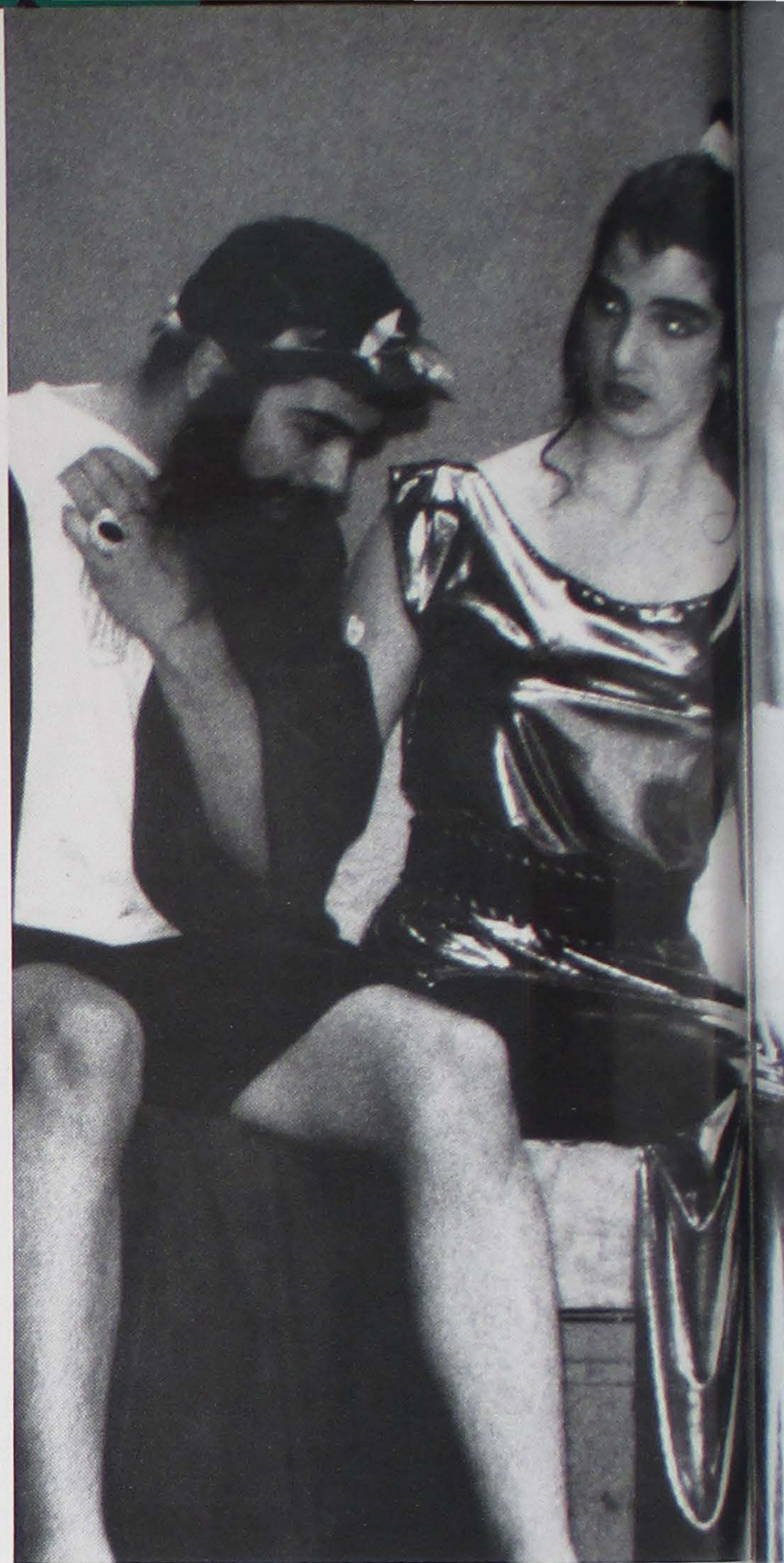
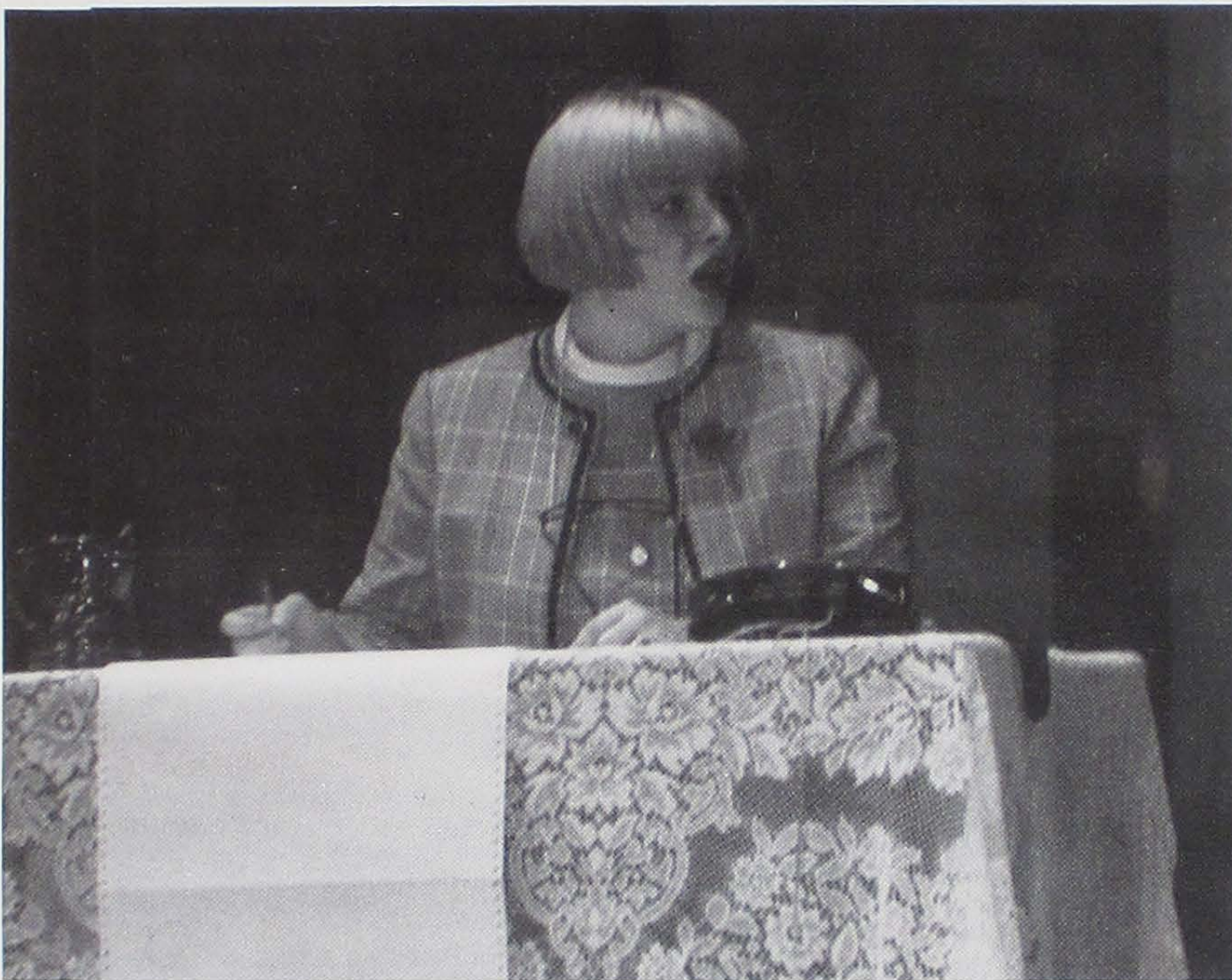
"He can sight read and play piano marvellously," senior Cassandra Biggerstaff said.

senior Mark Robinson and sophomore Laura David played Salome's stepfather, Herod, and her mother Herodias in the drama department's spring production. (Photo by Abby Klaas)



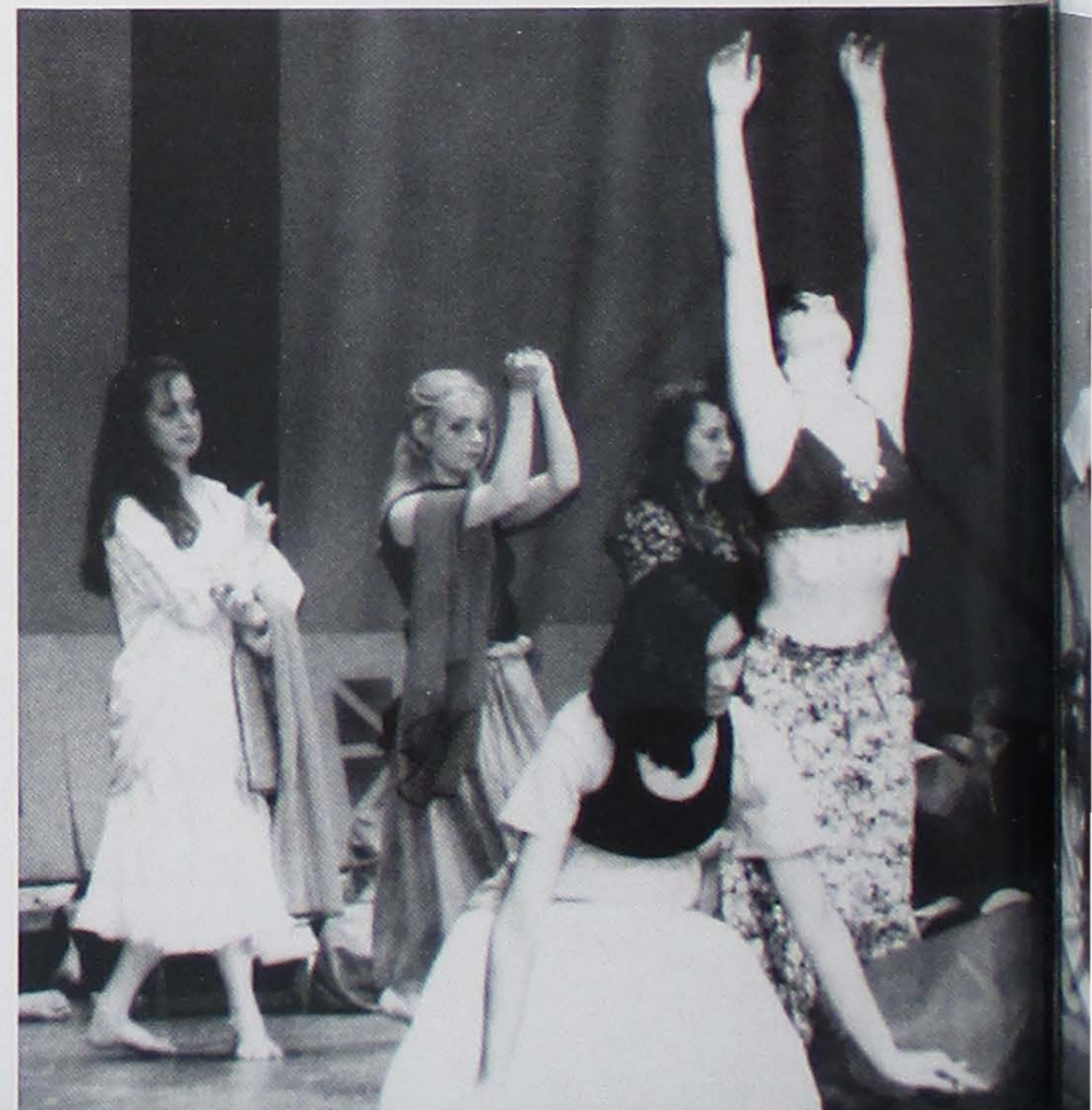
some costumes were not ready for dress rehearsal night, so freshman Tami Shinar and senior Adam Readhead had to do without. They were part of the cast of *Black and White*, directed by Bob Parr. (Photo by Abby Klaas)

in Sandra DeLuca's play, *American Sunset*, junior Heather Alexander changes into another personality while being on stage. (Photo By Abby Klaas)



Mark Sutch directed the play *Area De Capo*. Sophomore Roland Anderson, senior Troy Rutter, and junior Mandy Lloyd get into their roles. (Photo by Abby Klaas)

surrounded by dancers, senior Sandra DeLuca portrays the princess Salome, one of the main characters in the spring play *Salome*. (Photo by Abby Klaas)





-Maja Larsen

A corrupt princess falls in love with the power of a wise man; an innocent girl gets corrupted by all the pessimists surrounding her; a man faces his own death after trying to get a membership in a country club. These could be topics for the weekly tabloids, but these things took place instead in the school auditorium, when students transformed themselves into the characters they were portraying during the senior-directed *One Acts* and the spring play *Salome*.

Salome was a story about a 16-year-old princess of Judea who wanted to free and then possess Iokanaan, a prophet of God, who was held in captivity. But she ended up paying for her greed with her own life.

"*Salome* is a power-hungry, spoiled, and to some extent mentally unstable character. She is a very interesting character, but she is harder than any role I have ever played," senior Sandra DeLuca said. "The text is written like a poem so it is very unnatural, and almost impossible to improvise if you forget some of the lines. But I love it and I had fun playing the role."

Preparing this play was time-consuming; students worked for seven weeks, four days a week. They also worked on scenery and costumes on Saturdays to be able to get everything done for the May 14-16 performances.

"It actually takes you all the way back to the time period because every single detail has to be changed to fit the periods: language, props, costumes, hair, make-up. It was actually a learning experience," sophomore Shaly Seecharan said.



senior Chris Rehbein, and sophomores David Kuhl, Ben Lewis and Scott Christy practice a scene from *Take Five* for opening night. (Photo Abby Klaas)

Get Real

When students went on stage they drifted into another world

The feeling of being taken back in time and experiencing another world was shared by many, not only in *Salome*, but also in *One Acts*, which took place on February 20 and 21.

"You aren't yourself. It is a superficial feeling; you are the person you are acting out, you enter his world and leave your own fears and happiness behind. It is a very definite experience and it is sometimes difficult to adjust all that from one moment to another," sophomore Roland Anderson said.

Anderson had a role in *Arela De Capo*, which was partly a Greek tragedy and partly a farce taking place in the twenties. It was directed by Mark Sutch.

Not only did actors feel free when they were up on stage, the adrenaline flow also made them feel in control.

"You feel power when you are up on stage, like the audience is in your power. When you become your character, the lines just fall in place very naturally and that is a great experience," sophomore Tom Pepper said. Pepper had a role in the play directed by DeLuca, *An American Sunset*.

Not only was *One Acts* a great experience for the cast, the directors worked hard on getting the plays ready, and found that the

experience was unique. Matt Haubrich and Andy Stevenson teamed up to direct the comedy *Take Five*.

"I enjoyed it even though it was stressful at times

when the cast goofed up when we tried to explain something, but Andy and I got along very well," Haubrich said.

Even though the seniors sometimes had problems with situations that turned up as they went along, the cast seemed to enjoy cooperating with the younger directors.

"There was less ordering around when the seniors directed the plays. We didn't feel as pressured to do exactly what they said, because they understood what we felt like. It wasn't as formal as it is when we work with Hank (Drama Director Wayne Hanson)," sophomore Scott Christy said. Christy was in *Take Five*.

So as actors overcame their sometimes stressful preparations, they could feel free when they went on stage for opening night and drifted into their own little world in the spotlights.

Hopeful Tunes

-Monica Wilke

"I started my musical career in a Smalltown, USA. It was a sheltered town, my family was poor, and I only dreamt of becoming a superstar. I can hardly believe that I made it." We've all heard the rags to riches stories of small town kids who made it big in the music business and wondered if maybe we could do it too.

A few students from Ames took these stories to heart and had hoped of following in these footsteps.

"When I was about 14, I guess I figured out that I

wanted to get into music as a career. I also play guitar and piano and I write my own songs, so far I've written 55. I always wanted to write my own songs because so many people don't sing their own stuff anymore. So it's not just singing but all the behind the scenes stuff and studio work like recording," junior Christine Hausner said. "A lot of people thought it was just a phase I was going through, but I'm sending out demo tapes and it's going pretty well."

Students found success in music whether sending

out demo tapes on their own or playing in a band.

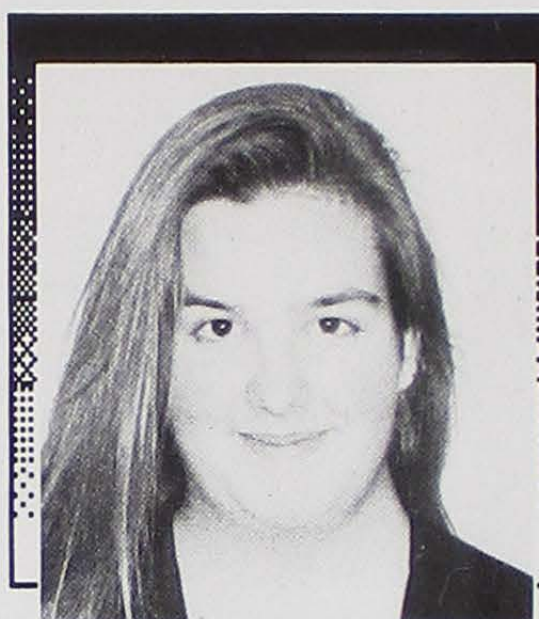
"I'm in a band right now and we've had about eight gigs so far. We played at a couple of parties, a skate park in Des Moines, and Dugan's Deli here in Ames a couple times. I stopped taking guitar lessons about a year ago because I didn't really need them any more, so I've just been practicing on my own and teaching myself," senior Bob Parr said.

If all goes right, these stars from Small-town, USA may get their chance at the big time too.

What do you think of music labeling?

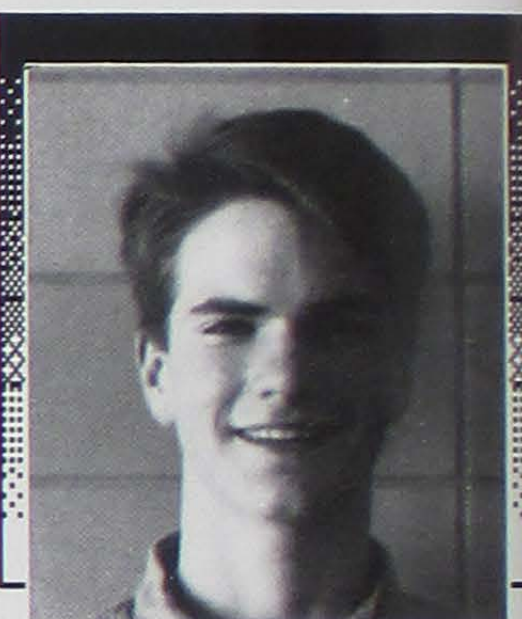
"I don't think it does any good because if you tell a kid that they can't listen to certain songs because there are bad words in them, they'll just want to listen to them more. They'll listen to whatever they want anyway."

-Junior Donna Stinehart



"I think music labeling is good because it warns people of what is in the music so that they aren't shocked when they listen to it. Especially for younger kids who might not know what is in it before they buy it."

-sophomore Clint Zelmet



WE didn't know

Q: What is the average budget of all films released in 1991?

A: \$26.1 million

Q: What is the number of feet of film in a 90-minute feature?

A: 8,100 feet

Q: What is the number of movie tickets sold each year in the United States?

A: 1.1 billion

holding their positions,

Junior Anne McJimsey, freshman Sarah Teas, sophomore Annagreta Birch, and Junior Molly Neal concentrate on their ballet lesson at Robert Thomas Dancer. (Photo by Abby Klaas)



Graceful Steps

-Monica Wilke

A dark theater full of people. A spotlight glued to every move. She glides with serenity and grace. Behind the curtains though, dancers and instructors jitter with excitement and nerves.

An auditorium bigger than the small Ames High one made these jitters even more intense.

"Every year at the beginning of June we have a recital at C.Y. Stephens; they used to be at the high school auditorium. The first time we had one at C.Y. Stephens I was really nervous because when you get out there on

stage and look out and see all these people, it's sort of overwhelming. Now I'm pretty used to it and I get more excited than nervous," sophomore Lisa VanCannon said. VanCannon took a jazz class at the Robert Thomas Dancenter.

Teaching other dancers also led to excitement and a hint or two of nerves.

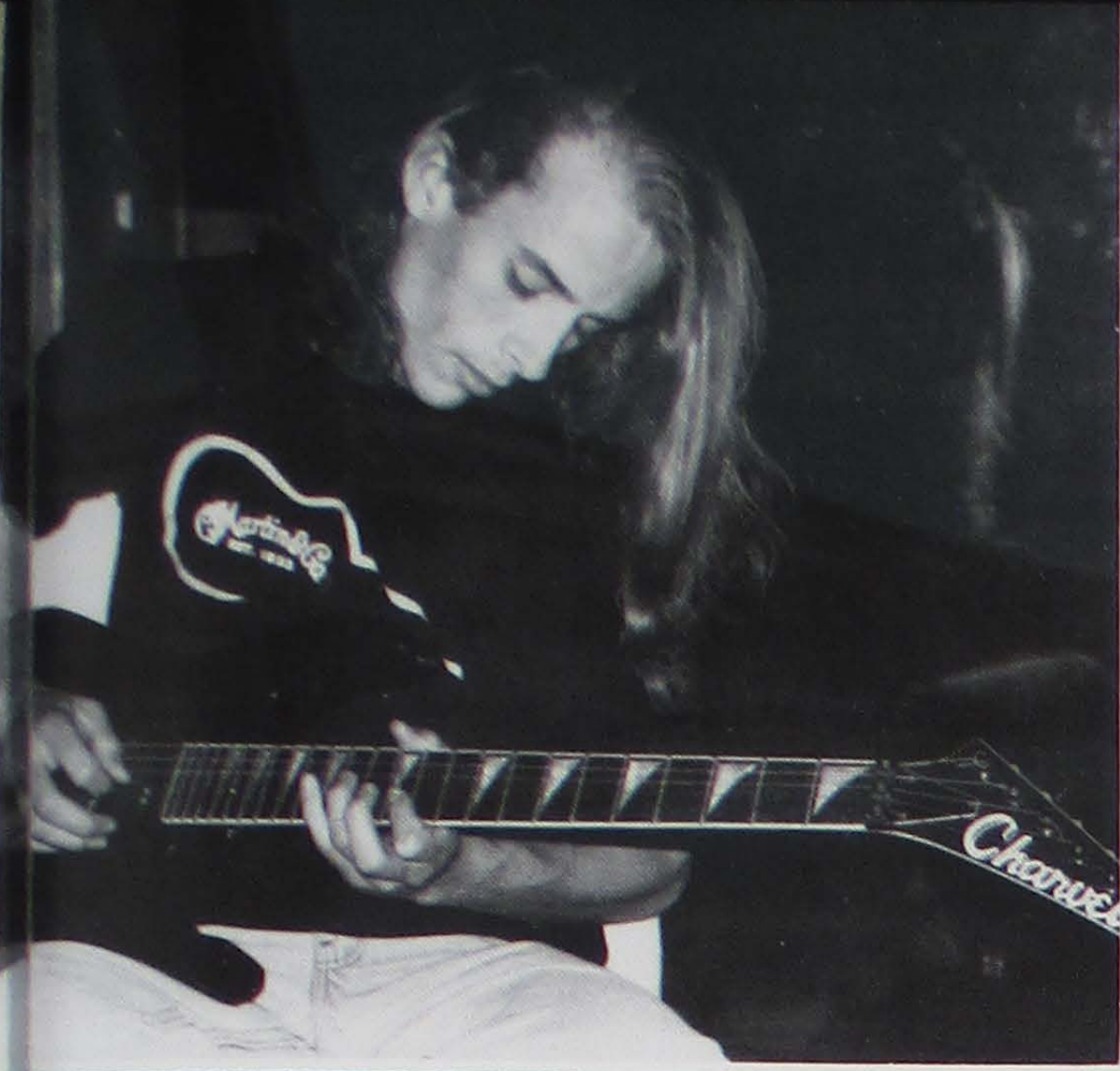
"I help Beth Clarke teach the little kids, the class of first and second-graders. It's really exciting and fun to work with them and watch them dancing," freshman Lisa Biggs said. Biggs had taken dance classes for 10

years and was in a jazz class taught by Clarke.

Dancing was also a good workout for fitness freaks.

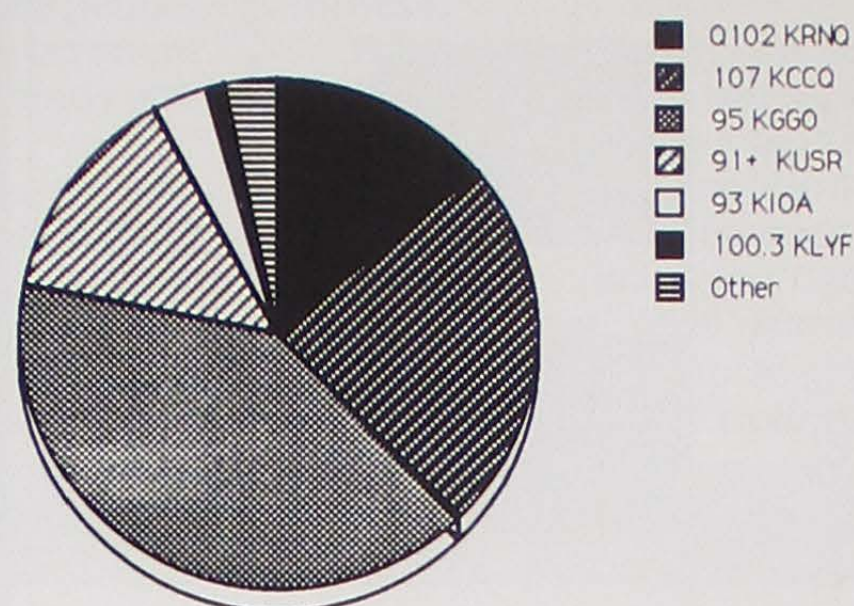
"I've been dancing since I was 4 years old. I got started when my mom put me in a class at Robert Thomas Dancenter. I like it 'cause it's a good way to exercise and keep in shape," junior Laura Larson said.

Both observing from backstage and moving gracefully in the spotlight proved exciting for students who enjoyed dancing, whether they were tots just learning the steps or teaching as a young adult.



strumming his guitar, senior Matt Thomas practices a song at home. Thomas played guitar in his free time. (Photo by Jason Swift)

Students' Radio Station Preference



250 Students Surveyed

what WE heard

"I was upset. I was crying."

-senior Brian Greving, after he discovered he was unable to go to the Van Halen concert because of a prior engagement.

What WE paid

ballet pointe shoes \$45

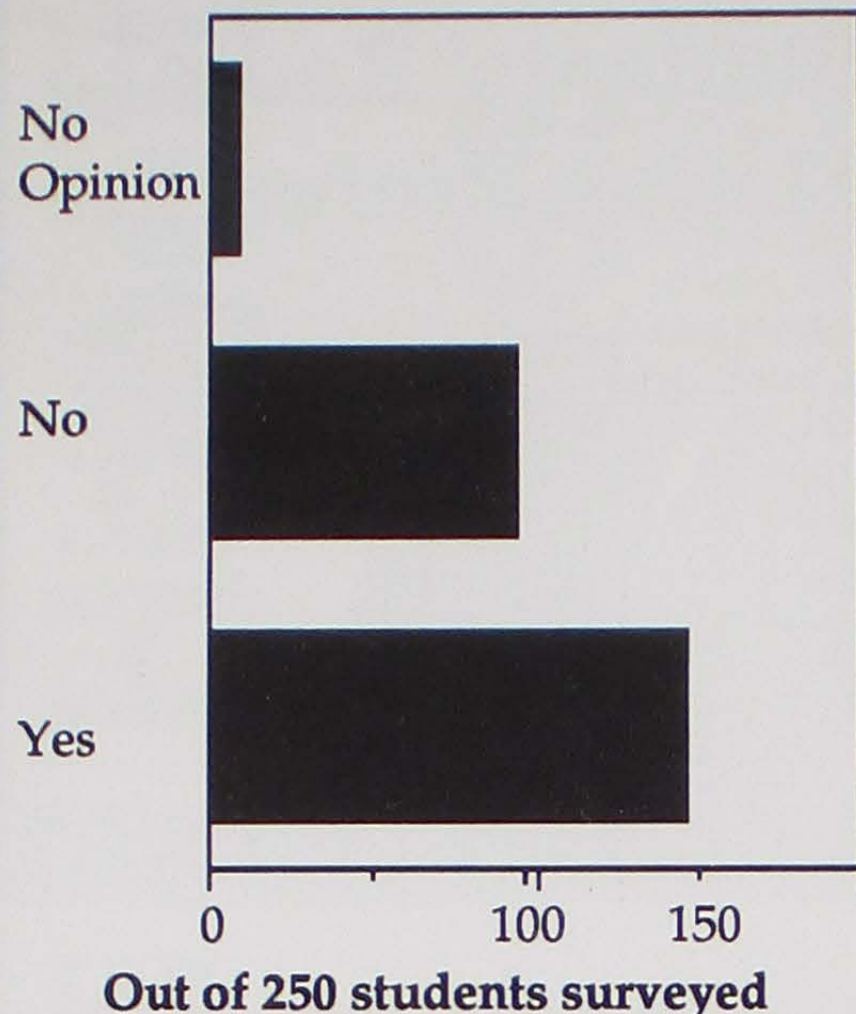
dance leotard \$35

tuning fork \$40

sheet music \$4

clarinet private lesson \$10

Should honors classes be weighted?



drivers' education was offered during the school year, as instructor Bob Helberger and sophomore Linda Baccam can attest, but many people took it during the summer and enjoyed freer schedules. (Photo by Kelly Koppes)



What WE paid

Parking permit: \$5
 Science lab fee: \$1
 Photography lab fee: \$13
 District fee \$15:
 Towel rental \$1:
 Student activity ticket: \$25
 10-punch lunch ticket: \$12.50
 P.E. uniform: \$15
 Foreign language notebooks: \$9

what WE heard

"We learn everything in physics class except for physics."

-physics teacher Charles Windsor, after telling his 6th period physics class about the Black Hawk War.

"My son calls me Robomom."

-French teacher Sally Schonhorst, regarding the reactions to a walking cast she wore because of a stress fracture.

Eleventh Hour

-Avanti Athreya

Jane Smith, student, has a paper due in two days. Worth 200 points, the piece stands as a deciding factor in her grade. She has had two months to complete it; now, the Wednesday before it is due, she makes a frantic trip to the library and begins to collect data.

Sound familiar? Procrastination, the "art" of putting things off, was a common practice among scholars.

"Procrastination makes me feel good inside," junior Mary McKern said. "I like stress and I like panting. 'Ohmigod, ohmigod, I've got so much to do!'"

One student cited a different reason for waiting until the eleventh hour.

"I procrastinate because if I do things too far in advance, I forget what I did," junior Clay McEvoy said.

Other individuals felt that time management wasn't terribly important, so long as they could complete the assignment when necessary.

"I procrastinate all the time," junior Amanda Lloyd said. "But I don't think it matters much, if you can get the work done sometime."

The bandwagon effect forced a few people to fear the last minute.

"I put things off because,

well, everybody does," freshman Natalie LeBrecht said.

School sports forced a few athletes to do homework at the last minute.

"I used to have my stuff done right away," freshman Nikki Fisher said. "But now, with track and cheerleading, I've started assignments after they were due."

What with activities, commitments, and peer pressure to procrastinate, it is little wonder that students waited until the night before to complete—or begin—a piece of work. As to a conclusion to this story, I think I'll do it tomorrow. . . .

Summer Studies

-Avanti Athreya

BRRING!! It's 7:00 in the morning, and Joe leans over and slaps the screaming alarm clock. Oblivious to the bright sunshine and cloudless sky outside his window, he groans, rolls over, and tries to catch a few extra minutes of shut-eye.

What's wrong with this picture? Well, the calendar says it's June 24; instead of enjoying vacation and sleeping until 3:00, poor Joe has signed up for summer school.

"I took Sociology and Government," senior Theresa Henderson said.

"Sociology was interesting and it went fast. I had Government first, so staying awake wasn't difficult."

Senior Kerl Daddow felt that pulling herself out of bed was tough. "It was awful to have to get up in the summertime," Daddow said. "But then, it was great to come to school and see all the people suffer through Government and know you'd already gotten it over with."

Schedules were an oft-cited reason for attending summer classes. "I took Government and Driver's Ed because I didn't have time to take them during the

school year," senior Matt Welch said.

In addition to lightening class loads, some students felt summer school classes were easier. "Summer Government was great," senior Robyn Schwartz said. "I think if anybody has the chance to take it, they should. It was a breeze."

A breeze? Although these individuals suffered through three hours a day in a building with little air conditioning, they could still be complimentary. . . so if you can deal with that shrill alarm clock, summer school might just be the "hottest" option!

Do you think the school year should have shorter, more frequent breaks instead of one long vacation?

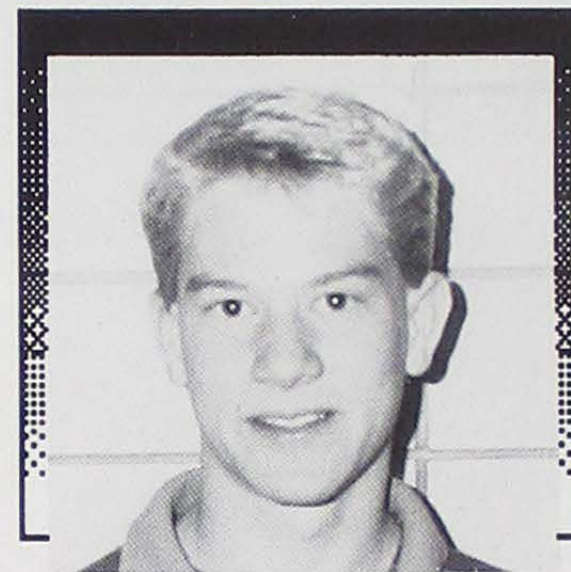
It seems pretty good; you'd have breaks more often and you'd get to see your friends more."

-senior Tobl McKern



"I think longer summers are a better idea. It's easier to have jobs, coordinate trips, and do things that you don't have time to do during the school year."

-sophomore Judd Bowman



waiting until the last minute was common among *Spirit* staff members. Junior Abby Klaas studies negatives in an attempt to meet the deadline. Klaas succeeded in spite of her procrastination. (Photo by Kendi Neff-Parvin)

WE didn't know

Q: What was the average number of hours per week that seniors spent studying?

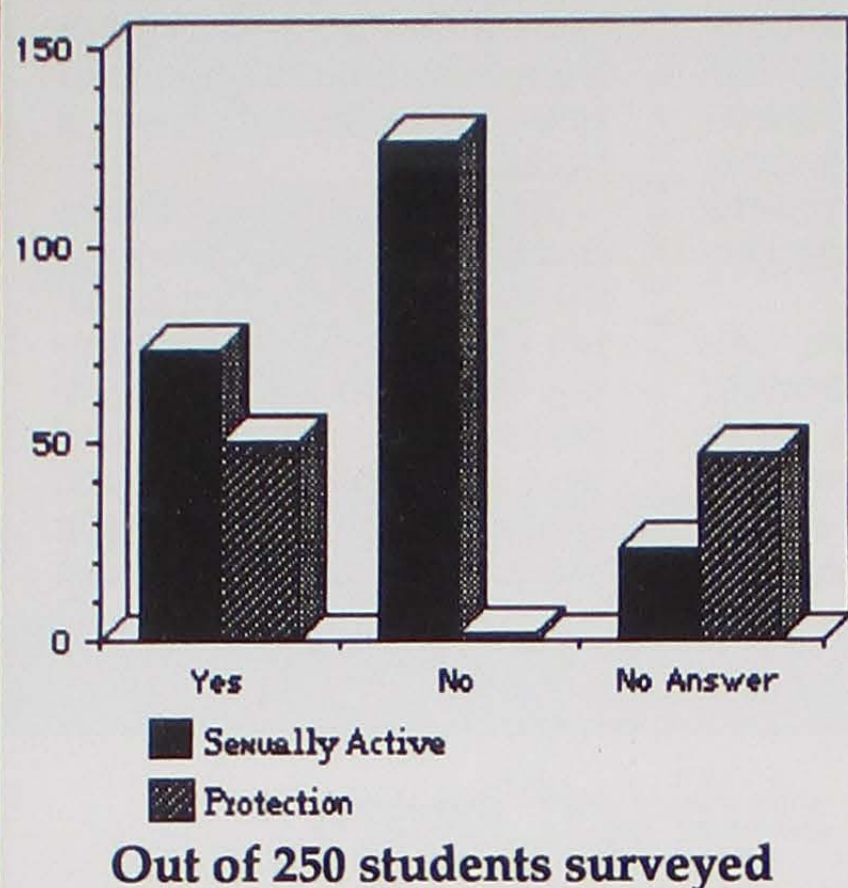
A: 5.2

Q: What was the average number of extra-curricular activities that seniors were involved in?

A: 3.8

Top three electives: Spanish, Band, Keyboarding

Are you sexually active? Do you use birth control?



playing with his year old daughter, Lauren, is senior Chris Winkler. Winkler saw his daughter on a regular basis and helped pay for her upbringing. (Photo by Abby Klaas)



What WE paid

Condoms (package of 6): \$7 - \$10
 Contraceptive Sponges: \$9
 Spermicide: \$7
 Birth Control Pills: \$13
 Pregnancy Test: \$9

What WE heard

"She's a lovely lady, and don't you say UUGH!"

-Mrs. Campbell, American Lit. teacher, after telling junior Brad Wuhs who her substitute would be the next day.

"Kendi, have a shot!"

-junior Kelly Koppes poured rounds of Mountain Dew into plastic shot glasses for the Spirit staff during a late work night.

Lock and Key

-Adrienne van der Valk

Walking down the back hall, the casual observer noticed an obvious difference between this and other halls: the solid row of locks on the lockers. Students felt unfortunate to be designated a locker at the back of the school because of the frequent theft there.

"I had a jeans jacket and a yearbook in my locker and they were stolen. The jeans jacket can be replaced but the memories can't," senior Neena Panigrahy said.

The back hall was especially attractive to locker thieves because there were

so few classrooms, and as a result, few teachers patrolled the hall. PE locker rooms were also hit hard as they were always empty while students jogged in gym. Money, jewelry, and PE uniforms were among the items that disappeared most often.

"I had two gym uniforms stolen from my gym locker. They had kicked the screen of the locker in and my uniform and my brother's were both stolen. I'm not sure when it happened but when I came to PE, they were gone. I didn't get a referral because it was my first time,

but I had to buy a new one for me and my brother and it caused a lot of hassle," freshman David Good said.

"My sister's Big Sis' had given her a cake at the beginning of the year and someone stole it out of the gym locker room even though it was under all of her stuff," senior Andy Stevenson said.

Despite the administration's efforts to encourage people always to lock their lockers, thieves still found ways to get what they wanted and theft continued to be a serious problem in every hall and locker area of the school.

Teen

Parents

-Karen Hsu

Walking down the store aisle, Hillary asked Michael, "Did you see how much that cost?" While most students worried about the cost of the latest pair of jeans or the cost of the newest CD's, teenage parents worried whether the cheapest box of diapers would leak or not, among other new responsibilities.

"My life has changed drastically. I never realized how much a kid cost and how big the responsibility was to raise a child until we had Lauren. I guess I fanta-

sized about having a baby in my arms and cuddling her whenever I wanted. Now I worry if I have enough money to pay for her necessities. Taking care of her is a huge responsibility, a never-ending cycle," senior Chris Winkler said.

Being a teenage parent included putting friends and activities after his/her child. For junior Jill West, putting her son Zachary first was well worth the sacrifice.

"I always have to think of Zachary before doing anything, and I have had to give up a lot of things for him, but

I don't regret it at all," West said.

When things got rough, her own parents helped senior Danielle Wright.

"Parenting has actually been pretty easy; easier than I thought it would be. My parents have really helped me out a lot," Wright said.

Although parenting could be rewarding, Winkler warned other teens about his lifestyle.

"I don't regret having Lauren. I love her to death, but we should have waited. That would have been a lot smarter," Winkler said.

What are your views on abortion, and why?

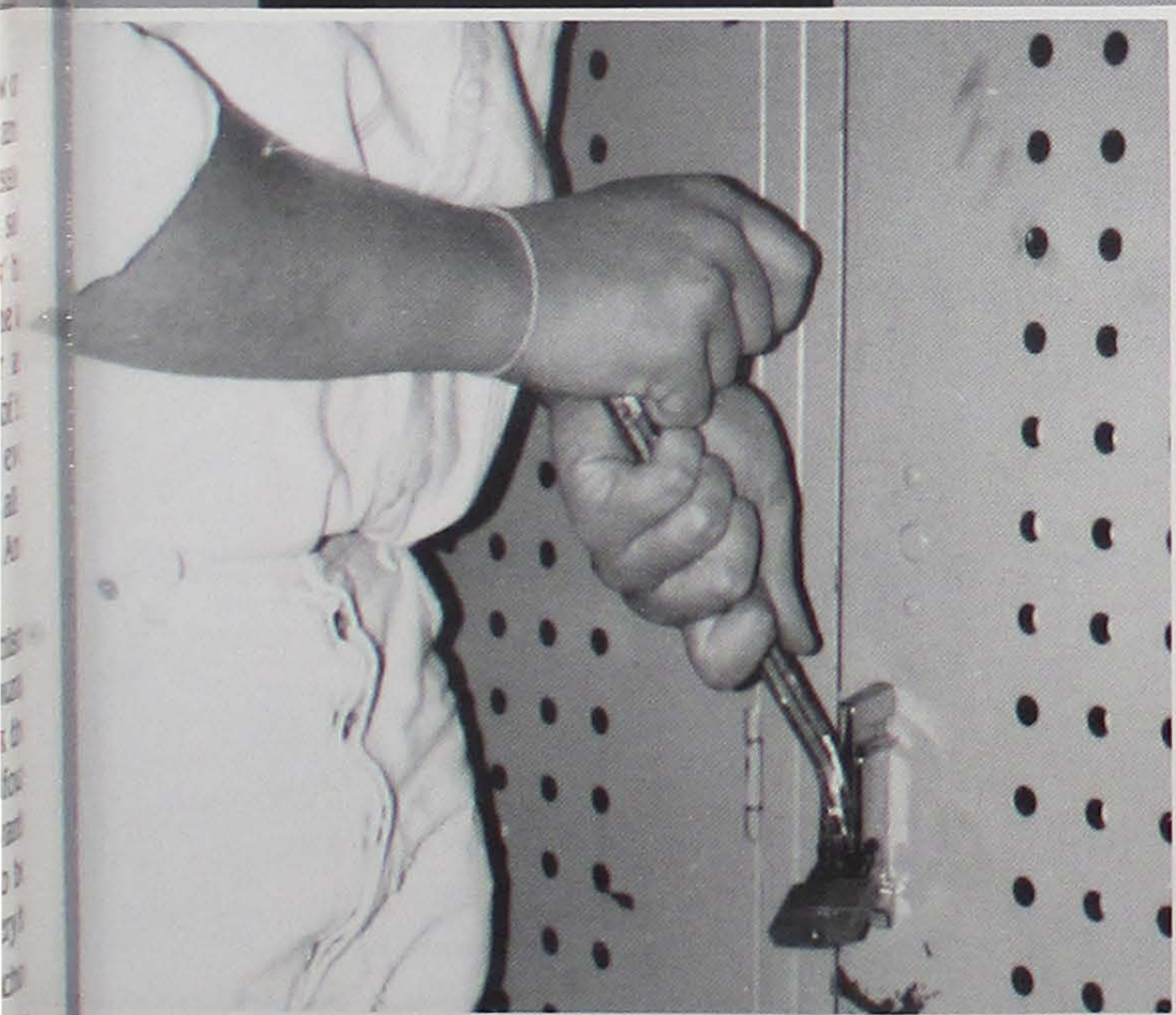
A woman has a right to do what she wants with her body. She could be on the street and really can't have the kid and abortion would be the only way. If it isn't legal, there will be more kids in the world with diseases and birth defects."

-sophomore Hope Amos



"I believe that after conception it is a baby and it is wrong to kill a human life. Otherwise, you are putting one human life over another. The woman's right to life is guaranteed. The child doesn't have that privilege."

-senior Dawn Sibbel



having the locks pried off of lockers was not uncommon in the unwatched areas of the school. Theft was a wide spread problem even for those who padlocked their possessions. (Photo by Jason Swift)

WE didn't know

Q: How many babies were born to teenage mothers in Iowa in 1989?

A: 4,017

Q: How many cases of sexually transmitted diseases were reported among teenagers in 1989?

A: 2,234

Q: What percentage of Iowans have sex before age 13?

A: 5.8 percent

Proms Gone By

-Anjeanette Levings

Getting ready for prom, Joan dreamt of what her night would be like. Would it produce a romantic interlude where Mr. Right would sweep her into his arms and finally say those three magic words, or would he stare at the tall blonde waitress during the entire dinner?

We have all heard stories in the hallway of the bliss and pure hell that prom can mean, but what about those stories of yesteryear?

"Six of us all went to Sioux City after prom in one car. All three ladies were wearing

layered skirts. It was a joke that we all actually got in there. There was probably more material in the car than there were people," Dean Dale Tramp said.

Dresses got in the way for many people, from the style to simply keeping it on.

"I made my own prom dress and I was very concerned that it stayed together all night. It was aqua satin covered with lace. I wasn't really a seamstress, but I couldn't afford an expensive dress," Spanish teacher Sue Lawler said.

Although many enjoyed

the night despite what they were wearing, others remembered chaperones.

"I thought that it (prom) was really pretty, except for the west wall where all the teachers stood. The fold out chairs—it looked like a police line-up with 30 or 40 of them," English teacher Carolyn Bolinger said.

The doorbell rang. "Finally," she thought primping one last time. As she descended the stairway, she hoped for the best. But whatever happened, the night would certainly be memorable.

Do guys or girls pay more for Prom?

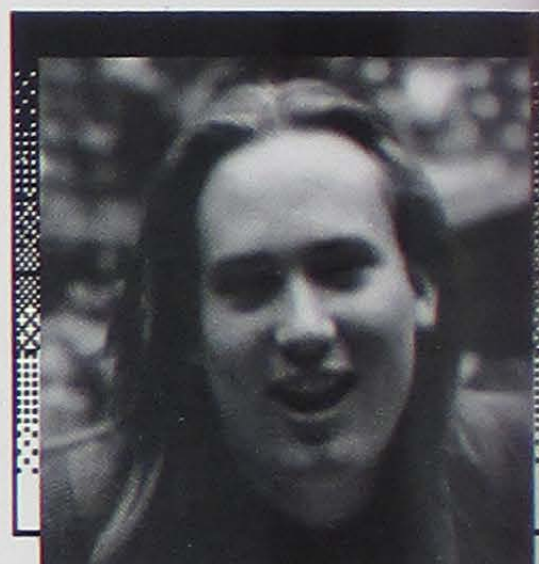
"Girls definitely pay more, because there's the dress, shoes, jewelry, hair, flowers, tanning, and possibly the tickets or a part of dinner. All the guys have to do is rent a tux."

- Junior Tracy Johnsen



"Guys, they pay for the ticket, the dinner, and the tux. I know that girls' dresses are more expensive, but their parents usually pay for it anyway. Definitely the guys."

-senior Jeremie Jordan



WE didn't know

Q: What is the average number of hours a teenager sleeps?

A: 7.7 hours

Q: What is the average age a teenager receives his/her first kiss?

A: 11.9 years

Q: What is the average amount of time teenagers watch TV a week?

A: 16 hours

Q: What is the average number of hours teens spend studying?

A: Boys: 2 hours; Girls: 3 hours

ready for her bi-weekly pre-prom tanning session, sophomore Nicole Camp enters the Ames Total Fitness Center. Many students found that a tawny glow set off their dress. (Photo by Anjeanette Levings)





looking a little younger, health teacher Kirk Schmalz poses with his prom date. During the 60's, tuxedos strayed from the traditional black to incorporate hues from peach to light blue. (Photo courtesy of Kirk Schmalz)

What WE heard

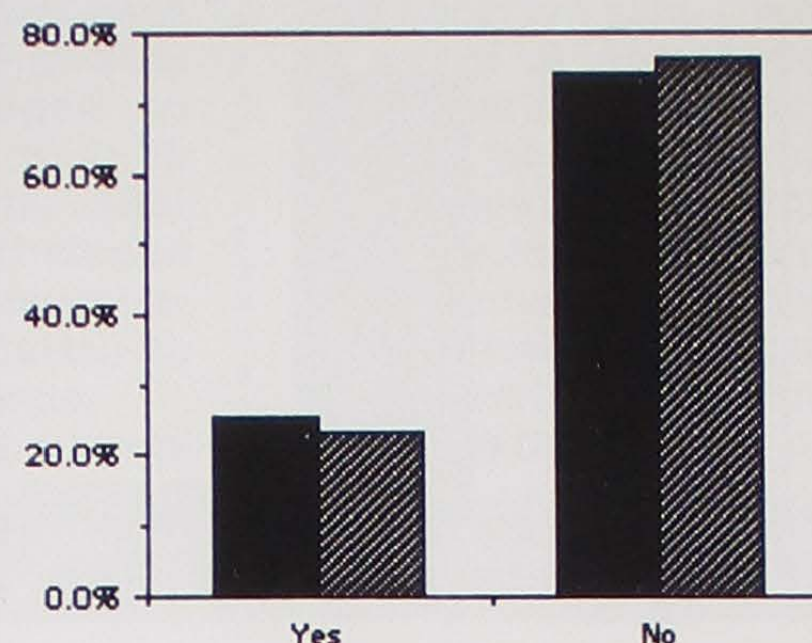
"Hitler's a good guy."

-senior Scott Whiteford meaning that Hitler was a good speaker who could easily influence the people through his speeches.

"I don't know about you, Mrs. Campbell, but most of us haven't spent much time in cheap motels."

-junior Jeanne Sundstrum after English teacher LoAnn Campbell announced that cheap hotels have thin walls that are easy to hear through after the presentation on Harriet Arnow's *The Dollmaker*.

Do You Tan? Do you think it's safe?



Out of 250 Students Surveyed

What WE paid

Girls' Prom expenses

Prom Dress	\$190
Shoes	\$38
Strapless Bra	\$30
Accessories	\$55
Manicure	\$15
Hair	\$8
Boutonniere	\$7
	\$313

Boys' Prom expenses

Tuxedo Rental	\$50
Shoe Rental	\$8
Wrist Corsage	\$15
Tickets	\$24
Dinner	\$30
Limosine Rental	<u>\$80</u>
	\$207

Looking Natural

-Anjeanette Levings

Summer. Since the first day of school we all longed for its return. We wished to be sprawled out on the warm sandy beaches soaking up every ray of sunlight instead of staring out the window at the wintry white abyss.

Not only did students miss the sandy beaches, but also the glow that accompanied those days of school-less bliss. To recapture this look in the dead of winter or just in time for prom, the tanning booth was the choice of many students.

"I like the way I look when I'm tan and I don't want to

be white for prom. Some people look good pale, but I don't. Plus, it will give me a base tan for the summer," junior Mary Jo Weber said.

Although some wanted a golden complexion to look good for others, junior Susie Rogers tanned for herself.

"I really don't care what anybody else thinks, but I like to be proud of the way I look," Rogers said.

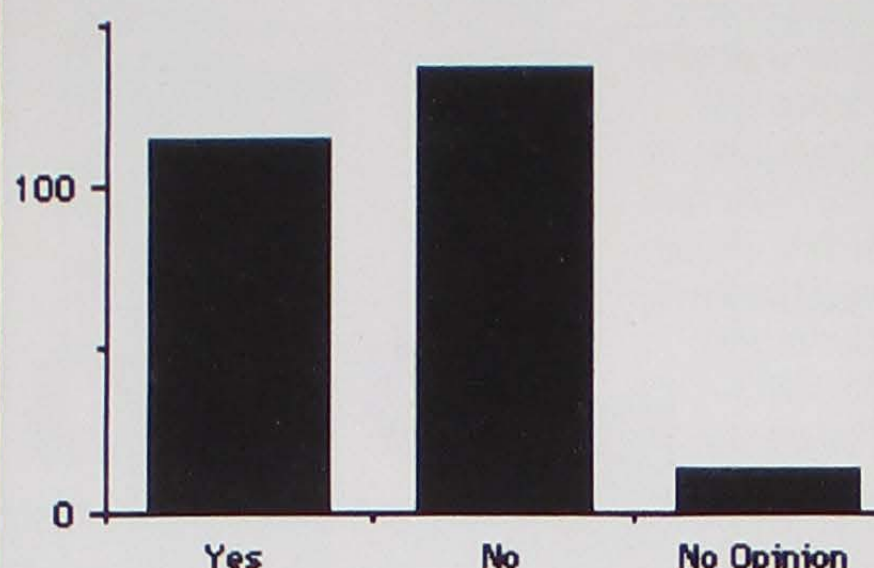
Good results have never come without work and time, and a good tan is the same.

"I started to tan so that I have a base and don't burn when I go to the beach this summer. But, it feels gross.

You usually need to tan naked so that you don't have obvious tan lines from last year's bathing suit, but if you do that, then you get all sweaty. When I'm done, the bed is totally soaked," sophomore Regina Lethcoe said. "I think it's all right to go once every two weeks, but two or three times a week is bad."

While sitting day in and day out in crowded classrooms, a natural tan seemed impossible. But during the night, a visit to the tanning booth and a dip into the old wallet made an artificial glow possible.

Should athletes have to take P.E.?



Out of 250 students surveyed

to hit or not to hit . . . that is the question. Junior Dana Patterson debates taking another card. Blackjack was a popular game at the 'casino' after-prom party. (Photo courtesy of Sophia Ellmaker)



What WE paid

Nike Air Huraches: \$100

Restrunging a tennis racket: \$30

Track spikes: \$50

Biking gloves: \$25

Stopwatch: \$35

A set of golf clubs: \$435

Water bottle: \$10

What WE heard

"My favorite water sport in two words or less. . . water bed."

-senior Mickael Boutboul when asked what his favorite water sport was during the Welfare Week Mr. Irresistible contest. His quick answer to this question carried him head and shoulders over the other seven contestants and won him the title of "Mr. Irresistible."

Alternative Athletics

-Steve Shapiro

To most students, "normal" sports consisted of basketball, track, football, and other school-sponsored athletics. A few, though, found other innovative ways to release their energy by participating in sports outside of school. Some played racquetball, others went to the archery range, and still others took Tae-kwon-do.

Senior Brian Greving and two of his friends discovered training for and competing in triathlons.

"In the mornings I run or bike and after school I do cross-training like tennis or

weights," Greving said. "Competing in triathlons is such a rush—you put your body through hell, but after you're done, even though you feel like you're dead, you get this great feeling of accomplishment."

While Greving did most of the work in the triathlon himself, junior Kim Windom had a little help in her sport—she left most of the physical part to her horse. Physical training was only part of her equestrian expertise, though. Patience, communication, and a strong relationship with her horse, Star Dust Red, made her a suc-

cessful horseback rider.

"The only thing I've ever really wanted was a horse," Windom said. "It's a lot of work caring for him though. I go to work with him no less than four times a week, two to three hours a week. When you get to a show, it's worth all the work. It's amazing to see when a 100 pound person can control a 1,000 pound horse."

Whether one used horse power or leg power, many students found that out of school sports provided just as much excitement and fun as the winning goal in a state championship.

Playing For Keeps

-Steve Shapiro

Smoky, dimly lit casinos along the "strip" underneath flashing neon signs—that's where gambling was supposed to take place, right? Actually, many students found they didn't have to board a plane to Vegas to take part in a little wagering.

During the NCAA basketball tournament, many students made or lost a little money on their favorite teams. But during the college football season, senior Scott Whiteford decided to put some organization into it by creating a college foot-

ball pool.

"When I was a sophomore, a senior was doing it. And when he graduated, I decided to continue," said Whiteford. "I didn't do it for the money because there wasn't much profit for me, I did it because it was fun."

Though the winner each week raked in up to \$65, Whiteford managed to scrape up a mere 50 to 75 cents for his efforts. After dividing the money between each week's winners and removing printing costs, he kept the loose change.

Varsity football players

who wanted higher dividends found they had to take higher risks. "Poker nights" attracted 50 or 60 players who felt particularly lucky or skillful, at least for the first couple hands.

"It's been going on as long as I can remember," senior Seth Anderson said. "We'd all gather at somebody's house, split into small groups and play for two and a half hours. It always seemed like more people lost than won."

So whether one preferred higher or lower stakes, gambling proved to be a pastime well worth the money.

Do you think athletes should have to take P.E.?

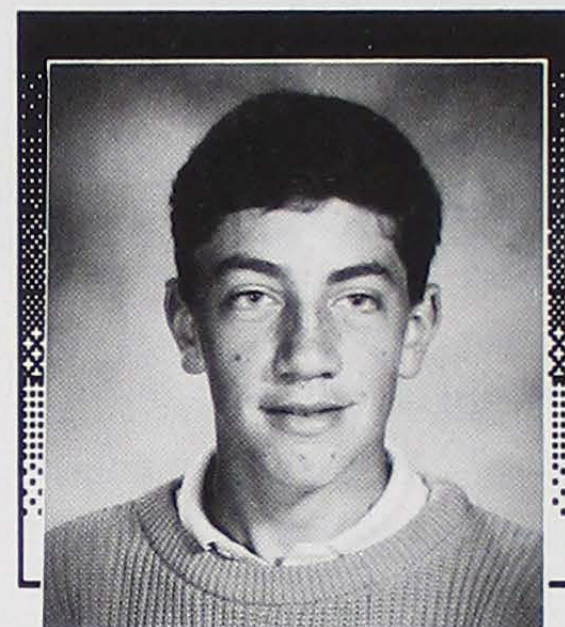
"Everybody should have to suffer through P.E. Just because someone is in athletics doesn't mean they should miss the opportunity to be beamed in the head with a 'Hooverball'."

-sophomore Brian Parrish



"Of course athletes shouldn't have to take P.E. They get their daily exercise, and most are already in good physical condition. You get more exercise in one practice than in a whole semester of P.E."

-junior Bill Lamont



straining at the pedals, Junior Kristy Lakin works out on a stationary bike at the Ames Total Fitness Center. Many people went there to stay in shape. (Photo by Steve Shapiro)

WE didn't know

Q: How much money did Ames High spend on sports?

A: The school spent a total of \$35,221 on various sports during the 1991 - 92 school year.

A: Boys' and girls' track combined for a grand total of \$6,502, or 18 percent of the budget.

A: Some of the things that affect the funds a program needs are new uniforms, officials' salaries, tournament expenses, and emergency situations.

Investing in Sports

-Karen Hsu

"All right! I just got Nolan Ryan's rookie card!" While some people spent their days trying to find the most outrageous outfit or the most effective running shoes, others sought rare sports cards.

"I started collecting baseball cards in first grade because my brother did and because I played Little League; I thought it was cool," freshman Karen Moon said.

Baseball cards weren't the only rage. Football cards also gained popularity and became quite an investment.

"I started collecting football

cards when I was 6 years old. At one point I had about 80,000 cards. When football cards started to get really popular, I quit buying and started selling," senior Scott Whiteford said. "Just last month, I sold a card I got in 1978 for about 2 cents for \$125. I've opened an account for my cards—it's at \$800 now, I'm hoping to take in \$4000—but I might decide to reinvest in them later."

Not only did some students quit card collecting when the hobby became hot, some even decided to

change their collection.

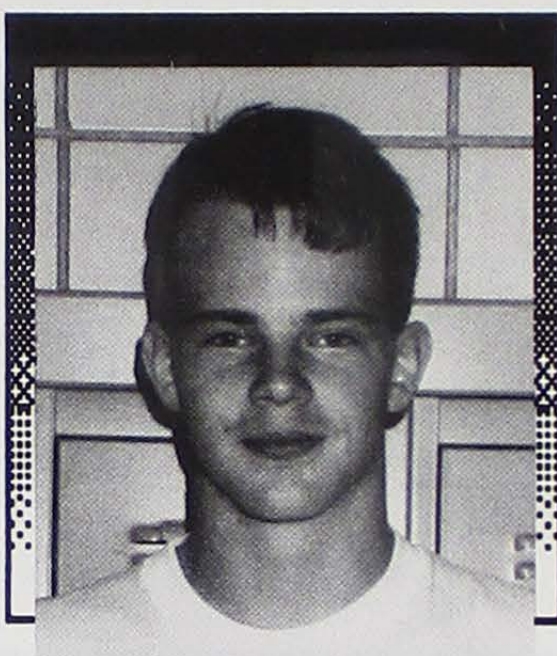
"I used to collect baseball cards, but when they get really popular, it got to annoying with so many people collecting. So two years ago, I started going off on my own; I get autographs now," junior Carlos Wesley said. "I think down the road, autograph collecting will be the trend. Some of the autographs I've received are Darryl Strawberry and Bobby Bonilla."

Hot or not, collectors found that this hobby required heavy investments of both time and money.

Should boys' volleyball be an interscholastic sport?

"Yes, definitely. We need boys' volleyball as a varsity sport. I have to go to Fort Dodge to play volleyball on an 18-and-under team. We play tournaments all over Iowa. Ames is welcome to have a team but they're too lazy to get a team together."

-junior Dan Ricketts



"No. I don't think they should make boys' volleyball into a varsity sport because they already have more sports open to guys than girls. If they do that, they should make another sport for girls or open up powderpuff football again."

-sophomore Monica Wilke



WE didn't know

Q: What was the average number of hours Ames High students spent exercising per week?

A: 6.24 hours per week

Q: What was the average price of the 40 most popular tennis rackets?

A: \$213.48

wind, wind, come again.

Junior Jody McKee prepares to hang glide at Look Out Mountain, Tennessee. Because of the windy conditions, McKee was able to stay up in the air for half an hour. (Photo courtesy of Jody McKee)





cuddling
with her cat,
sophomore
Dawn Petersen
sorts through
her baseball
cards. Young or
old, card
collecting was a
favorite pastime
for many.
(Photo by Laurel
Nakadate)

what WE heard

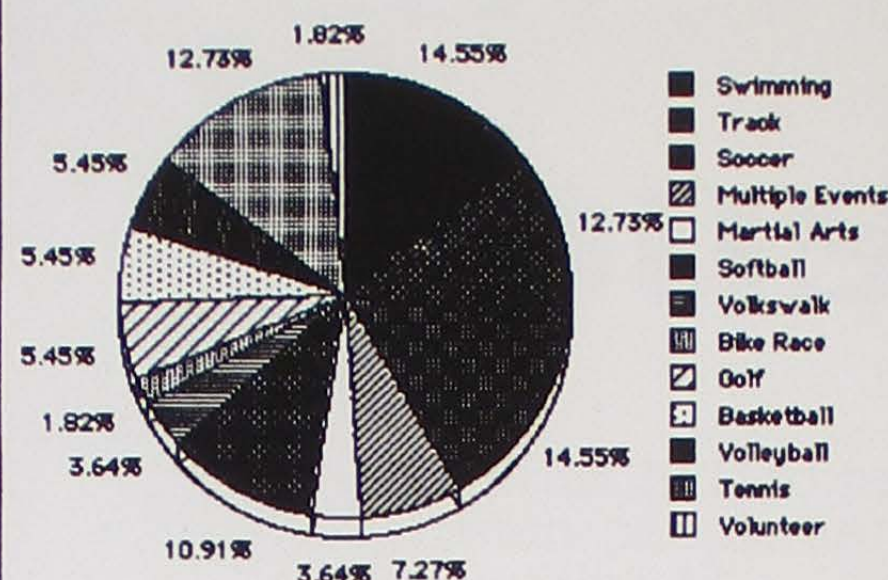
"If I flex, I'll bust."

-junior Erin Block, attempting to justify that the large uniform she checked out was not too large for her.

"These aren't any good. Let me have another."

-track coach Tom Jorgensen, commenting on sophomore Amy Henderson's chocolate-caramel brownies after the girls' track team captured the state title.

In what events did you participate at the Iowa Games?



Out of 250 students surveyed

What WE paid

Rollerblades: \$225
Mountain bike: \$500
Safety helmet: \$45
Ski rental: \$50
Oakley sunglasses: \$50
Ankle weights: \$9
Midnight Madness registration: \$10
Health club year-long membership: \$240

Summer Screw-Ups

-Karen Hsu

Pulling into the parking lot, Sam gets into a little fender bender. But the school was not the only place blunders occurred. Simply being outside in warm weather caused many bloopers.

"One time I was riding in RAGBRAI (Register's Annual Great Bike Ride Across Iowa) and the guy behind me must have had his hat down because he hit me. We flipped; I landed on him and broke my elbow," senior Dan Sallsburysaid. "Anothertime we biked in rainy weather. We slept on air mattresses; the next morning, it felt like

we were in a swimming pool."

While bicycles have been around for ages, rollerblades were relatively new. Rollerblading provided a different way to exercise along with interesting anecdotes.

"I started rollerblading at Christmas when my parents got me the rollerblades as a Christmas present. One of the best places to rollerblade is at the ISU library," junior Toby O'Berrysaid. "One day, Volker (Moennig) and I were at the ISU library; Volker jumped off this big ledge, got his back brake caught and fell in the mud right in

front of a girl."

Accidents weren't confined to body bruises from slips and falls. Trying to keep her clothing on her body was a concern for freshman Sherry Schwarzenbach.

"I was in Ocean City, Maryland boogie-boarding with my dad. I took off on this huge wave, did a complete circle and when I stood up, my top was around my waist! Everybody saw me; I was so embarrassed," Schwarzenbach said.

With mishaps or without, outdoor activities brought exercise and entertainment.

WALKING THROUGH THE

breezeway was a pain as the school reached its maximum capacity. Because of the congestion, many students needed more than the five minutes allowed for passing. (Photo by Jason Swift.)



WHILE SENIOR MEGAN Miller lip syncs Willie Nelson's part in 'We are the World,' senior Krista Olson and Neena Paul dance to it. Airbands were held September 30 as part of Homecoming festivities. (Photo by Laurel Nakadate)



WE are... Outrageous

We came back from summer break **SHOCKED** to be jostled around the halls by twice as many people as we remembered last year; when we couldn't fit through the breezeway, we knew the school had reached its maximum capacity.

But even with student population of 1,365, there wasn't always the right person to share a deep relationship with. That left us searching from the Iowa State campus to neighboring towns to places across the state and beyond. When we did become **ADVENTUROUS** and find Mr. or Miss Right, one way to have a great time was to double with friends for Winter Formal's "An Enchanted Forest" or Prom. Even the **ASTRONOMICAL** costs didn't stifle our fashion flair—students got decked up, adding sports-inspired threads to their wardrobes. Closets filled up

after successful shopping trips, often including parents, and therefore money!

However, parents didn't always share our tastes. Many of us enjoyed alternative music and concerts, including the **ANIMATED** Red Hot Chili Peppers at C.Y. Stephens and Crash Test Dummies at People's Bar and Grill, which brought a full house.

Music was far from the only **POPULAR** activity, though. Gambling—from poker to NCAA basketball bets—became a **FAVORITE** pastime, and water activities such as water polo kept everyone **ENERGETIC**.

A lot of **ENERGY** went into Homecoming festivities. Using "The Wizard of AHS" as the theme, the Homecoming Committee worked diligently to produce **SPECTACULAR** results.

We also worked for **SPECTACULAR** results by plunging into nutrition and fitness programs. Vegetarian diets indicated an increased social awareness, and perhaps better reasons to go out of bounds for lunch.

But **DARING** to defy the administration wasn't **LIVELY** enough for Ames High students. With our combination of **DIVERSITY** and **CREATIVITY**, we were **OUTRAGEOUS!**

WHEN MAGIC

JOHNSON announced he had the HIV virus in November, it made students realize that it could happen to anyone. Sophomore Laurel Nakadate looks at the AIDS Memorial Quilt at the Memorial Union. (Photo by Abby Klaas)

WITH THE AMES

High flag in their hands, seniorsw Andy Glatz, Eric Martin, Eric Strong, and Collin Brennan hold a victory sign even though the football team lost to Ankeny 20-19. (Photo by Aaron Jones)



Fashionable spirit

Students donning sports apparel made fashion statements

-Stacey Clouser

"Should I wear my Notre Dame sweatshirt and hat today, or my Penn State T-shirt? Or maybe my Georgetown sweatpants." These questions raced through several students' heads each morning as they got ready for school.

The rage among sports-minded students was wearing items supporting various sports teams. Two popular ones were the Los Angeles Raiders and Chicago Bulls.

"I have a ton of Raiders stuff because they're my favorite team," freshman Ryan Erickson said. "I wear Raiders hats, pants, shorts, and shirts. This year the team has really gained popularity."

"I love the Bulls, mostly because of Michael Jordan," sophomore Jessie Donnell said. "I'm obsessed! I wear Bulls shirts to school pretty often."

Other than the Raiders and Bulls, many other teams' hats could be seen on heads throughout the school.

"My favorite team is the Cubs," freshman Justin Kepley said. "I

wear a Cubs hat every day."

One student remained loyal to teams from nearby his home town.

"I moved here from Maine two years ago, and I'm still a big Red

Sox and Celtics

fan," junior

Erich Slocum

said. "I have

quite a few

hats."

One student

didn't care

about a team's

location. He

liked a particu-

lar team be-

cause of its

name.

"One of my favorite teams is

Duke. I think they're a really good

team and I especially like their

name!" sophomore Duke Knapp

said. "I have a lot of Duke Univer-

sity sweatshirts."

Boys weren't the only ones who

started sports trends. Girls made

statements by sporting baseball

caps.

"I like the Raiders and

Georgetown, so I started wear-

my boyfriend's hats," junior Le-

Cole said. "I figure if guys wear

them, why can't girls? I like the

way they look, and so do a lot

of my friends."

For a few

students, wear-

ing hats was

one way to get

some sleep a

few minutes later

the morning

and save the

hassle of making

their hair

look good.

"On days

that my hair looks bad, I just wear

a hat," senior Todd Guge said.

"I wear hats a lot because the

it doesn't matter what your hair

looks like. You don't have to

comb your hair all the time," se-

nior Peter Bernard said.

Whether it was because of loy-

alty, an obsession, or a lack of

time, everything from UNLV hats

to Michael Jordan T-shirts filled

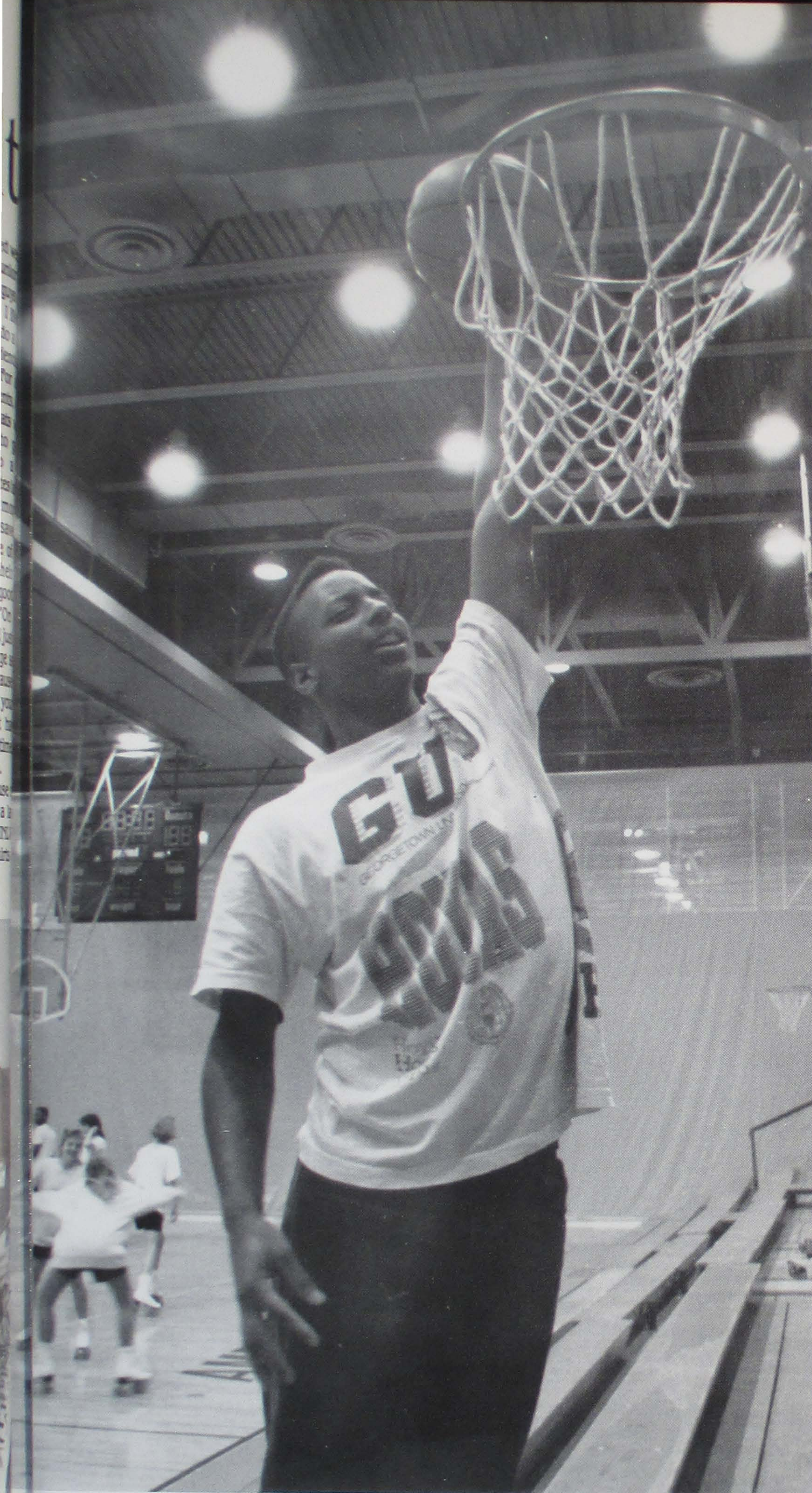
the halls of Ames High.

while playing pool in his basement, senior Scott Belzer sports the latest fashion by wearing baggy Raiders pants. (Photo by Jason Swift)



senior Jerry Abogunrin and junior Lance Holmes showed spirit for the Chicago Bulls by airbrushing on their jeans. (Photo by Jamie Lang)





wearing a T-shirt of a favorite team, Georgetown, senior Troy Vincent fakes a jam shot off the bleachers. Lots of students showed their spirit by wearing shirts with team logos. (Photo by Jamie Lang)

Junior Eric Shedd and sophomore Trish Belzer support their favorite football team by wearing matching Raiders shirts. (Photo by Jason Swift)



the way **WE** think

Top 10 fashion items:

10. Hypercolor
9. Bajas
8. Sweaters
7. Leather jackets
6. Leggings
5. Long earrings
4. Sweats
3. Beaded jewelry
2. Leather boots
1. Blue jeans

Spoiled Rotten?

Students
led different
lives
without
brothers
or sisters

-Jennifer Weiss

"Let's see, tonight I'll tell my parents I want those four CD's, that outfit in the Buckle, the J. Crew boots, a gold chain, a pair of concert tickets and some extra cash. Hopefully, I'll get everything by the weekend."

What a spoiled person. This reflects a stereotype of spoiled only children, but according to some of those only children, it was blown way out of proportion. Still, an only child got lots of the things he/she asked for.

"If I had brothers and sisters, I wouldn't get as much clothes and stuff. My parents practically hand it out to me. I'm really bad with clothes—I get tons of clothes. (My boyfriend senior) Chad (Steenhoek) always teases me because I get so many clothes," senior Wendy Nelson said.

Another aspect of the different parenting an only child received dealt with rules. Some parents laid down none.

"I don't have any rules to follow. I can stay out as late as I want. One time I came home at 4:00 in the morning. My parents told me that was kind of late to be coming home, and I just said 'So?'" senior Jim Meadows said.

Contrasting the loose rules set by some parents was the overprotectiveness developed by others.

"My parents are kind of over-protective. They worry a lot when they don't know where I am, and always want me to call home so they know where I am. Other than that, I basically get to do what I want to do," junior Steve Edelson said.

Although only children have the added freedom or overprotection because of their position

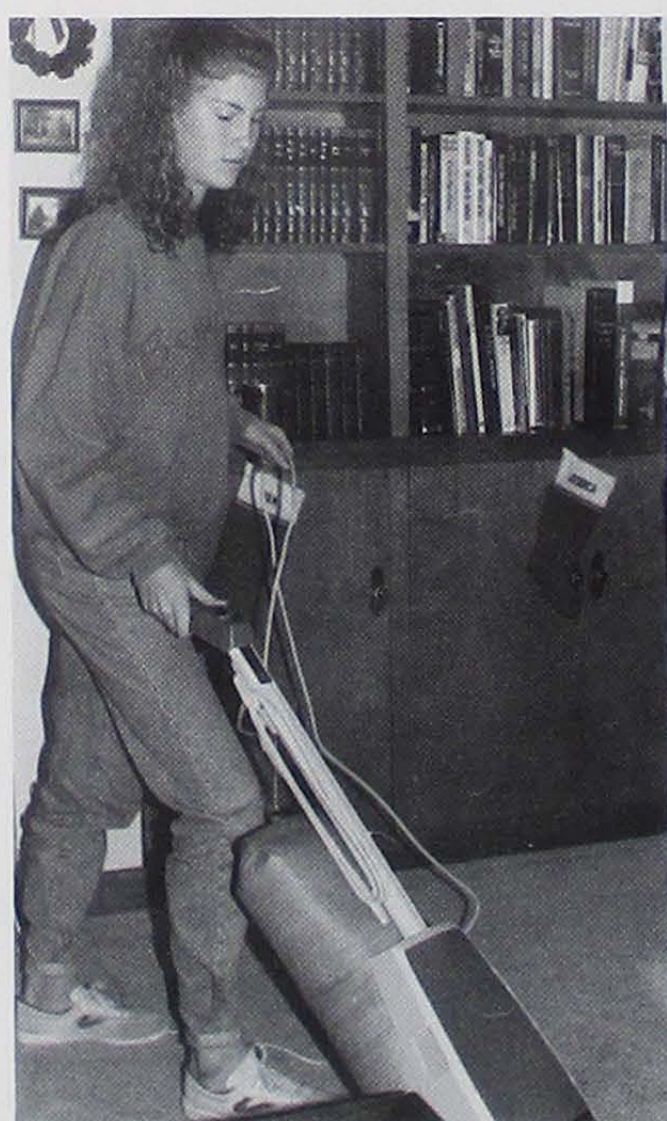
in the family, they missed out on the company siblings offered. But some didn't regret this.

"I always wished I had brothers and sisters, but now I don't care as much. It was always lonely at my house. Now I like the time I spend alone. I feel more comfortable being alone now than I did

when I was younger," sophomore Ashleigh Jensen-Eldridge said.

Getting all the things they wanted or having to come home early on a Friday night reflected any family situation, whether it included nine kids or one. All types received their share of ups and downs. Being an only child was just another form of student life.

being an only
child sometimes
meant you got
stuck with all the
chores. Sophomore
Jessica
Allen vacuums at
her parents'
request. (Photo
by Kelly Koppes)



freshman Brad Broussard enjoys time with his parents at dinner. He was one of the handful of only children at AHS. (Photo by Kelly Koppes)





donning pumpkins, seniors Scott Whiteford and John Murphy prepare to run the flag down the track for their own halftime. (Photo by Aaron Jones)

teacher Don Faas walks stiffly towards French teacher Toni Woodman. The faculty dressed up as Wizard of Oz characters for Homecoming. (Photo by Laurel Nakadate)



The Emerald City

he
Wizard
of AHS
brought
magic to
home-
coming

-Karen Hsu

Students arrived Monday morning to find the school transformed into the Emerald City with Dorothy, the Lion, the Tin Man, and the Scarecrow greeting them as they walked past the lobby.

"The Emerald City border that was around the front doors was awesome. I really liked the picture frame of the 'Wizard of Oz' characters which we could stick our heads in. I thought 'The Wizard of AHS' was a bit corny, but the Homecoming committee did a beautiful job with the decorations," sophomore Angela Kao said.

Not only did the decorations excite the students, many were also thrilled about all of the activities going on during the week, including the ever-popular Airbands.

"Airbands was really fun but embarrassing. It was a chance to do something fun on a school night. The cheerleaders got together and did a song from the 60's and wore 60's clothes," senior Alison Sams said.

The 'Faculty Dress-up Day' was also a favorite.

"I loved the teachers' costumes; I just wished more teachers dressed up. I loved (Health

teacher Kirk) Schmaltz's lion costume, but I thought he cheated because he rented it," sophomore Becca Jones said.

Along with the students, the varsity football players showed their enthusiasm by participating in the Airbands, and drastic actions, such as shaving their heads.

"I got a mohawk during Homecoming just to do something drastic so I could get pumped up for the game Friday night. A bunch of us (football players) had people dress up with Urbandale written on them. We had them wear pumpkins over their heads and we smashed the pumpkins," senior Nathan Pelzer said.

To end the week of Homecoming festivities, the school crowned seniors Bona Lueth and Sandra DeLuca Homecoming King and Queen. To show support for the football team, the girls' cross country team also started a new tradition of circling the football field and handing the game ball to the officials.

"The girls' cross country team

was going to run from Urbandale to the game, but things didn't work out. Instead, we ran the 30 miles in Ames and brought the game ball to the officials," junior Jeni Shierholz said.

Although the school got hyped up about the Homecoming game, the weather didn't want to cooperate.

"Because it was raining all day, the field was too wet for us to march on. Instead, the band didn't have to play; we got to go out with our friends and support the team. It was fun, even if it was pouring all night," freshman Nick Dau said.

Even with the band members cheering with the crowd, Ames lost to seventh-ranked Urbandale, a new CIMC rival, 28-0. Despite the loss, Homecoming was a lively event and a big success.

senior Sandra DeLuca grins as senior Bona Lueth whispers his congratulations to her after they are announced Homecoming King and Queen. (Photo by Kendi Neff-Parvin)



Homecoming Court. Front Row: Sandra DeLuca, Megan Freeburg, Juli Nordyke, Holly Forssman, Krista Olson, Megan Slaughter. **Back Row:** Mark Milleman, Seth Anderson, Alex Garn, Bona Lueth, Eric Warne, Chad Steenhoek.

Students
and up and
as sopho-
Jennifer
Phillips finishes
singing "Some-
ere Over the
Enbow" as part
the coronation
sembly. (Photo
Aaron Jones)

Alternative Taste

Students listened to alternative music when Top 40 got boring

-Adrienne van der Valk

The Meat Puppets? That sounds like a horror movie. Loudon Wainwright III? Who's he? To students who normally listened to Q102, these music names sounded like something from outer space. But others stayed away from the radio and listened to unusual or alternative music styles.

Alternative music took on a variety of definitions for students, and those who preferred it had different reasons for listening to it.

"My family listens to unusual music. They don't like pop and that's influenced me," freshman Matt Robinson said.

Her family's preference effected junior Missy Yungclas as well.

"When I was little, my brother listened to Led Zeppelin and none of my friends did. Now I have friends in college who are in a band and so that's what I listen

to," Yungclas said.

For some people, alternative music was their favorite simply because the popular tunes weren't their style.

"I hate top 40. They play the same songs over and over; they all have two lines, and they're all about trash," junior Sarah Smith said.

Other students agreed that music not written for the radio was the best kind.

"Alternative music is people's real feelings. People don't have to fit a stereotype to play it. For top 40 music you have to be under 15 and attract a crowd of people under the third grade. With alternative, they're playing the way they want to, not what they think

the public wants to hear," sophomore Roland Anderson said.

The alternative style tended to have more original lyrics than pop, and this appealed to some.

"The songs tend to be more politically aware than just sex, drugs, and love.

-senior Marcus Ryan

"Typically (alternative music) shows more intelligence. The music is more complicated; it's not the

same drum patterns or chords played over and over. There's more variety. The songs tend to be more politically aware than just sex, drugs, and love," senior Marcus Ryan said.

Whatever their tastes or listening modes, students sought music that matched their personalities, whether it was Debbie Gibson or The Dead Milkmen.

cranking up the volume on her car radio, Junior Amanda Lloyd listens to her favorite alternative tunes. The car was a place students could listen to the music they wanted to in privacy. (Photo by Laurel Nakadate)



sorting through his stack of CD's is sophomore Scott Christy. CD's and tapes made music portable and accessible. (Photo by Laurel Nakadate)





playing in a band made guitar practice more than a hobby for senior Bob Farr. (Photo by Laurel Nakadate)

browsing at the music store are freshmen Janna Cheney and Sarah Fisher. (Photo by Laurel Nakadate)



the way **WE** think

Top Ten Albums:

10. Public Enemy "Apocalypse '91: Enemy Strikes Black"
9. The Black Crowes "Shake Your Money Maker"
8. The Doors "The Doors Movie Soundtrack"
7. Pink Floyd "The Wall"
6. R.E.M. "Out of Time"
5. Led Zeppelin "IV"
4. Jane's Addiction "Ritual de lo Habitual"
3. Boyz-II-Men "cooleyhighharmony"
2. Metallica "Metallica"
1. Guns-n-Roses "Use Your Illusion I & II"

Bedroom Decor

Various bedroom decorations show students' style

-Katie Krogmeier

Amy opens her eyes to find herself surrounded by Patrick Swayze, Tom Cruise and Johnny Depp. Each of them is gazing into her eyes with sly smirks on their faces. Is this a fantasy come true? No, it's the faces of men plastered all over her bedroom walls.

Amy is one of many students who used pictures of television and movie stars as wallpaper for their rooms. She chose the more modern hunks, but other students had different ideas.

"James Dean is one of my favorite actors, so I have a James Dean poster and an egg poster of celebrities' brains because it's really funny," sophomore Monica Wilke said.

While many students got to put whatever they wanted to on their walls, others weren't so lucky.

"My mom tore my posters down. They were of ladies crying—the Lost Love and Forget Me Not. She hated them. Now my walls are plain white," sophomore Joyce Kim said.

But there were some students who chose to have plain walls.

"My room's not (decorated). It's just there. It doesn't really

matter what my room looks like, at least to me," senior Matt Welch said.

While some chose to decorate or not to decorate their walls, there were also people who just didn't have time to organize their bedrooms.

"The only decoration I have is clothes everywhere. Other than that

I don't really have a style to my room. But if I did it would probably be flowers and stuff like that. I'm not really into modern decor because it goes out of style so fast. I like the Victorian style since it seems to stay fashionable," junior Adrienne van der Valk said.

"I have little Precious Moments statues and bells in my room. I think that they're cute, and I've had them for a long time," senior Beth Muller said.

On the other hand, some students added a different touch to their room.

"I like cars, so I have stop signs and parking signs on my walls,"

junior Toby O'Berry said.

For some AHS students, the bedroom was a place to express themselves and their hobbies.

"One part of my life is reflected in my bedroom through trophies, medals and figurines of different sports that I play. Mostly it's softball and basketball," sophomore

"One part of my life is reflected in my bedroom through trophies, medals, and figurines of different sports that I play."

-sophomore Laura Kain

Laura Kain said.

In addition, some students emphasized their personalities through room color.

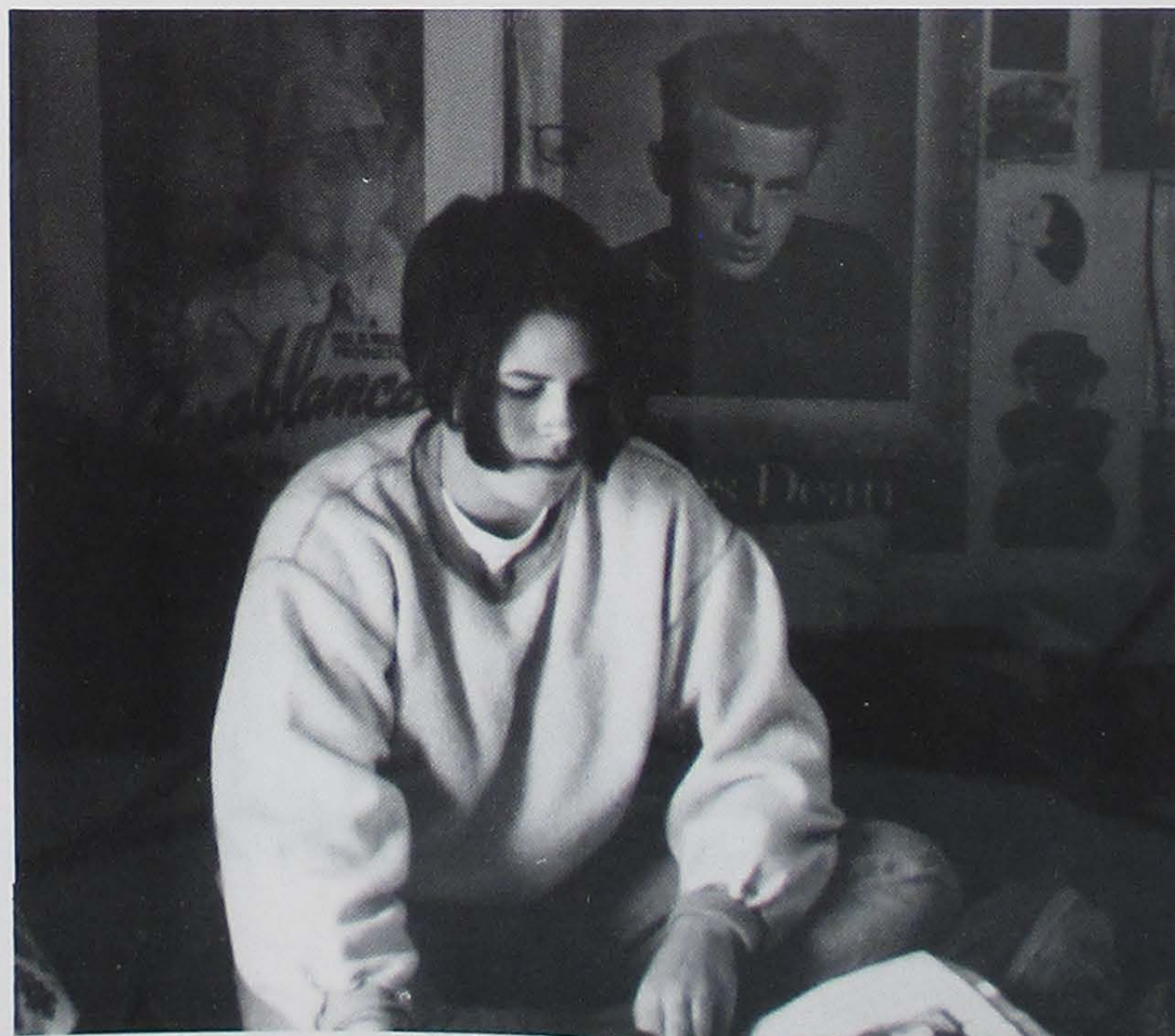
"My room is pink—my favorite color. Pink just seems to fit me," freshman Jenny Bennett said.

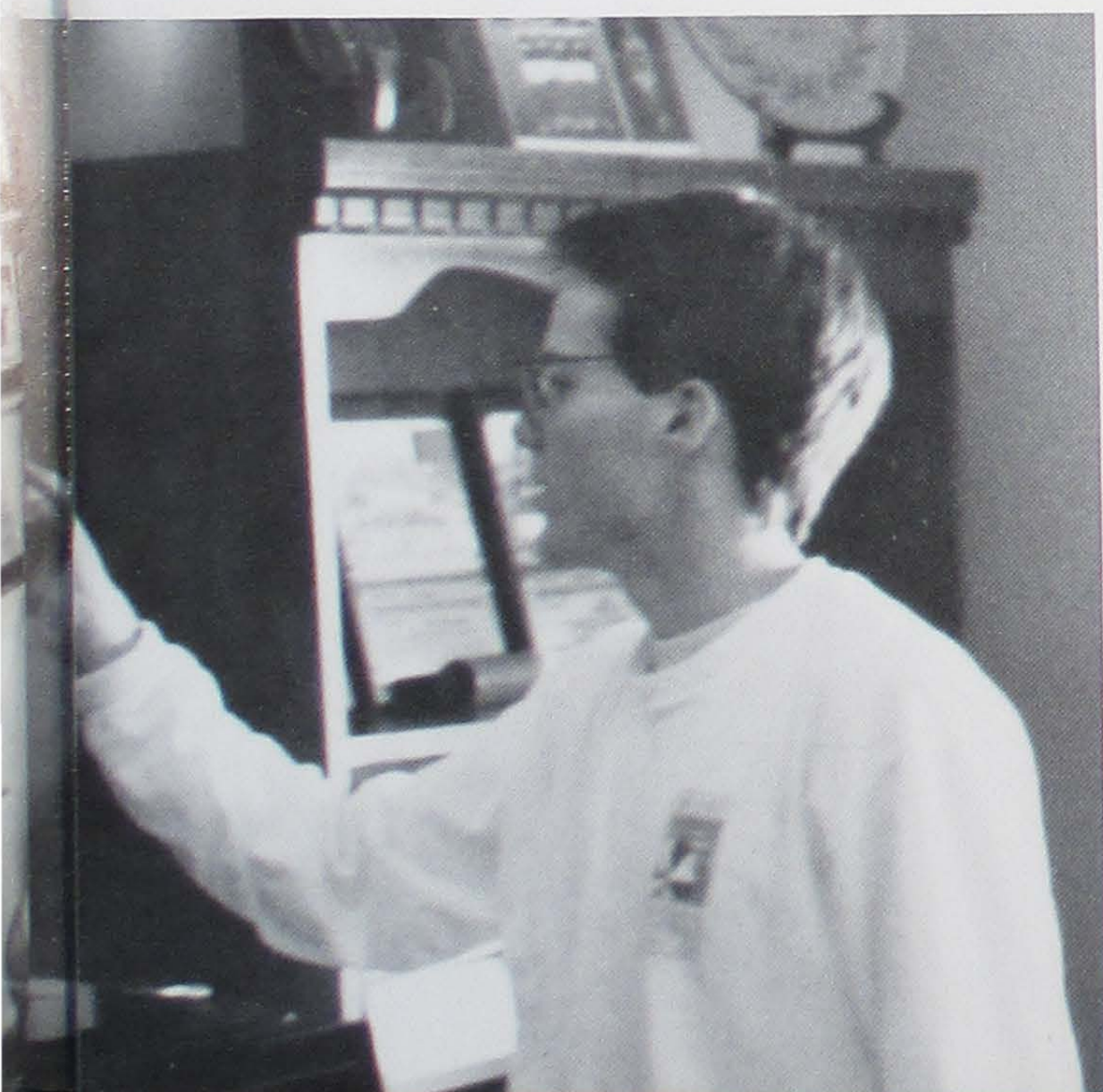
Either with posters, statues, trophies, or color, when students decided to decorate their rooms, it was a chance to express their loves, beliefs, and desires.

the aspiration to become a dolphin trainer inspired sophomore Cassie Dunham to transform her bedroom into a tropical island. She sits with sophomore Katie Krogmeier enjoying her new bedroom. (Photo by Colin Brennan)

fascinated by Hollywood

movie stars, junior Chelsea Walton decorated her bedroom with posters and magazine cutouts. Walton reads in her bedroom. (Photo by Colin Brennan)





sports was a favorite pastime for senior Guy Willey. Willey enjoys his baseball collection in his bedroom. (Photo by Colin Brennan)

freshman David Good sits in his room reading a book. (Photo by Colin Brennan)



Junior Jeni Shierholz

stretches out with her parents before practicing their tennis games at the Racquet Club. (Photo by Stacey Clouser)

**the way
WE
think**

Top 10 excuses for breaking curfew:

10. I got lost trying to get home and ended up in Colo.
9. I was speeding home so I wouldn't worry you and I got stopped by a cop.
8. There were cows on the road.
7. I didn't know you meant our time zone.
6. The force of gravity overcame the combustible forces and the solution was overmixed (my engine flooded).
5. There was a motorcycle gang at the drive up at Hardee's and we couldn't order.
4. The Moose Lodge meeting got over late.
3. Your car isn't worth crap.
2. I was knocked unconscious by a meteor.
1. "I've fallen, and I can't get up!"



Quality Time

Students
and
parents
made
space in
busy
sched-
ules to
spend
time
together

-Stacey Clouser

You're all psyched up to go to the best party of the year when your parents inform you that you have to go out to dinner with them for some quality family time. This may sound like a nightmare to some students, but others found it enjoyable.

"I love it when my parents take me shopping or out to eat at nice restaurants. It gives me a chance to really talk to them and we always have a good time," senior Cathy Melvin said.

With everyone's busy schedules, many families had to make a point of getting together to catch up on everybody's news.

"My family tries to have dinner together at least once a week, and we talk about what's going on with everyone," junior Anne Drake said.

"My family is very busy during the week and we barely see each other," freshman Derek Carmichael said. "Every once in a while we have a family day. We go out to eat, go on picnics, and things like that. It's usually pretty fun."

One family chose Sundays to

spend time together.

"Usually after church my family goes out to dinner and then we go shopping or rent movies," sophomore Mike Shimkus said.

Students not only enjoyed spending time with their parents, it also made them feel good about themselves.

"I feel lucky that I have parents who love me and want to do things with me," sophomore Lisa Foote said. "It doesn't embarrass me to be with them; it makes me feel good."

"I like to do things with my mom, but it seems like we're never home at the same time anymore. So sometimes before school we go out for breakfast together," junior Jamie White said.

Some students shared the same hobby as their parents.

"My mom and I are both shopaholics," said freshman Kelly Johnson. "We go shopping when-

ever we get a chance."

"During hunting season, every weekend I go hunting with my dad," senior Mike Kubera said. "We both love to hunt and we have a great time together."

One parent's career enabled her to spend time with her daughter and help her out at the same time.

"My mom and I are both interested in music," senior Becci Peterson said. "When she's not giving music lessons, she listens to me practice the piano and oboe

and gives me help when I need it. Sometimes my mom plays her flute with me."

Whether it was eating breakfast or hunting, students and their parents found different ways to spend quality time together.

senior Chuck Schweikert eats dinner with his family. Students' busy schedules often meant families spent little time together. (Photo by Stacey Clouser)



baking cookies gave sophomore Brooke Orth and sister Heather, a freshman, a chance to spend some time with their mother. (Photo by Jason Swift)

senior Joel
Reynoldson's
father helps him
work on his car.
Students like
Reynoldson
learned to
appreciate their
parents through
activities like this.
(Photo by Stacey
Clouser)

Socially Conscious

Students make a variety of efforts to improve our environment

-Maja Larsen

With news of oil spills and depletion of unrenowable resources, animal cruelty, and inhuman exploitation making big headlines, many students realized that something needed to be done, and tried to handle the problems their own way.

"I think we need to stop destroying the earth and start worrying," sophomore Sarah York said.

Many people believed very strongly in animal rights but also thought that as students, the only thing we could do was to make people aware of the conditions around the world.

"I believe that you have to make yourself heard by the people who can really do something about the problems. I buy cosmetics not tested on animals, and I do not use products made of polystyrene plastic because it pollutes the environment," freshman Aprille Clarke said.

Animal rights weren't students'

only concern. Many people involved themselves with and were concerned about the welfare and conditions under which other human beings lived.

"Earlier this year I went to Mississippi through a youth group from church. We went down there and tore down houses. Then the houses were bought by a group of people who restored them and then rented them out to low income families," sophomore Ben Lewis said.

Many students made an attempt to be politically conscious in all aspects of their lives.

"I try very hard to only use products that do not pollute and do not protect groups such as 'KKK'. I'm also an associate with the group 'Gay, Lesbian, and Bi-

sexual rights because I think that people have a right to do what ever they want to do, without having to be judged by anyone," senior Nathan Horn said.

"I think we need to stop destroying the earth and start worrying."

-sophomore Sarah York

Other students felt fortunate to have the necessities such as shelter and helped others who were less fortunate.

I went to some homeless centers

and helped them paint the rooms and make curtains," junior Donna Stinehart said. "I started a recycling program in our house and whenever I go to people's houses I give them a lot of 'if they don't recycle'..."

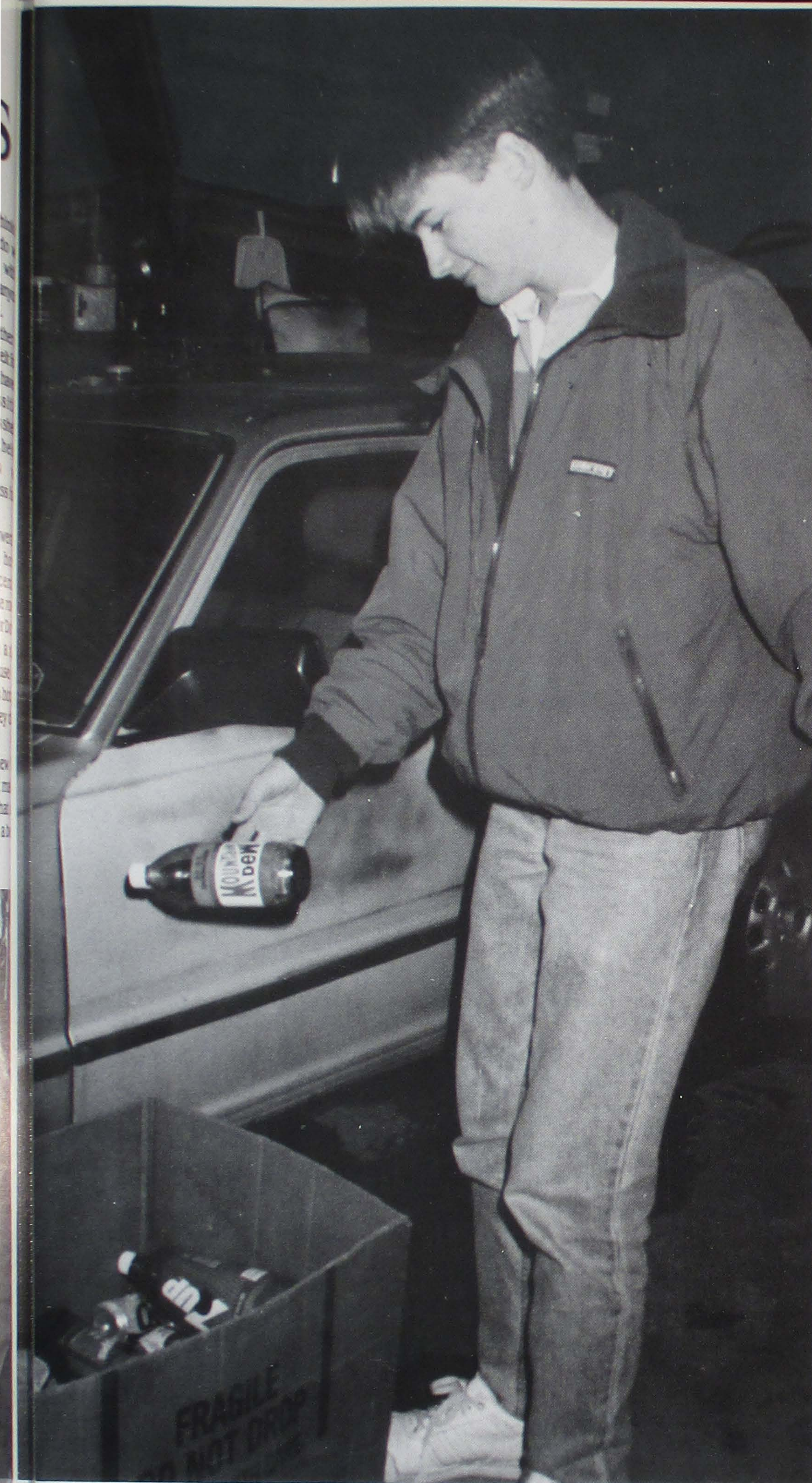
Although students knew that what they were doing not make a huge impact, they did what they could to make their world a better place.

after washing it, combing her hair is about all freshman Emily Nelson does. She avoided hair spray to spare the environment the damage. (Photo by Abby Klaas)



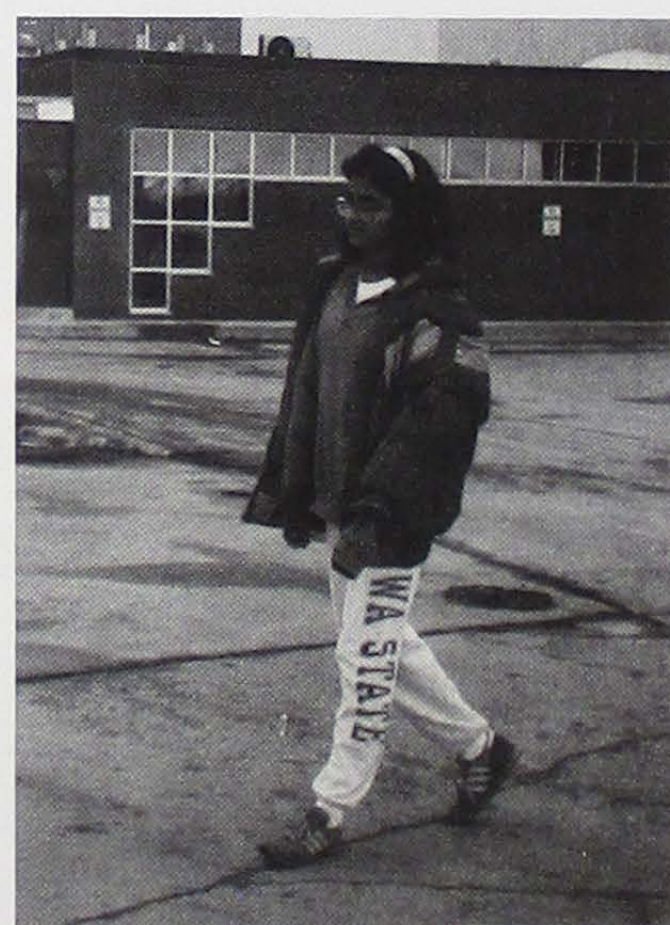
this puppy, Shaddow, is one of the numerous fortunate animals to be taken in from the streets by junior Molly Neal and her mother. (Photo by Abby Klaas)





sophomore Josh Huntington is storing plastic containers that will later be taken to the recycling center. (Photo by Abby Klaas)

vegetarians needed to get proteins from other sources than meat. Senior Alan Murdock prepares tofu, made from soybeans. (Photo by Abby Klaas)

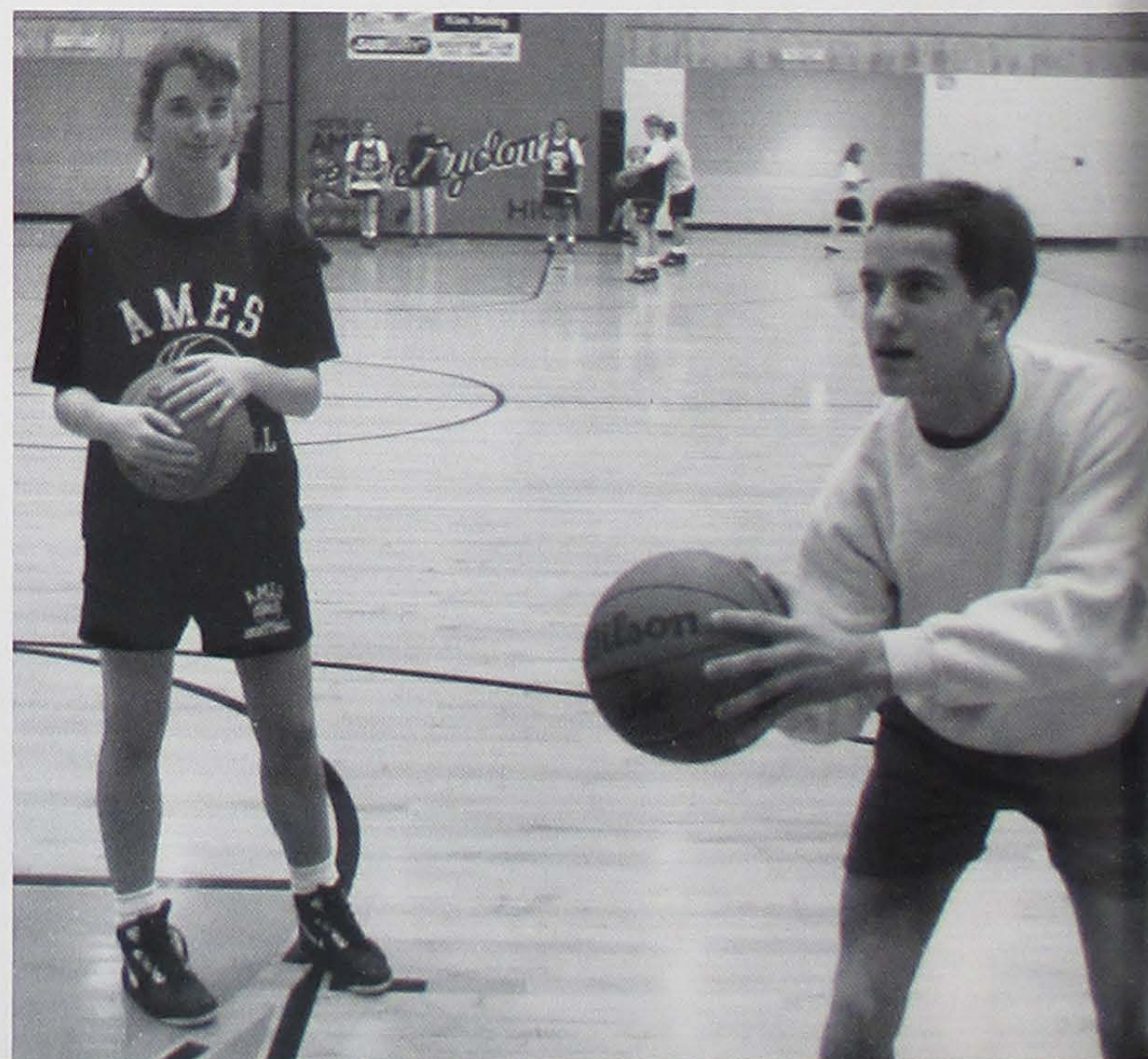
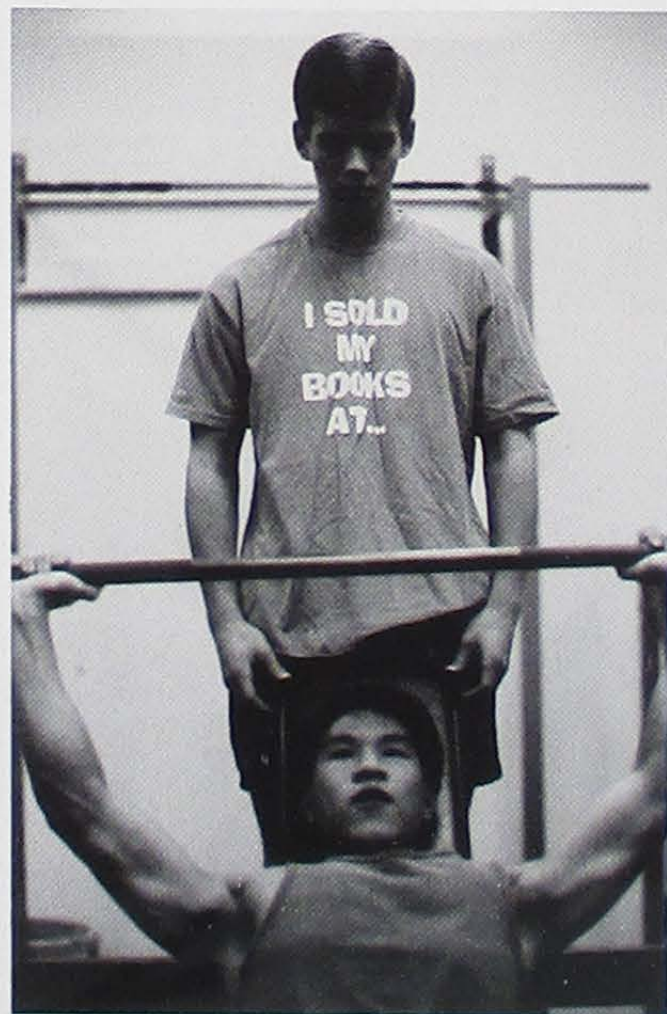


while cars zip by, junior Avanti Athreya walks home from school. She felt it was important to keep gas pollution to a minimum. (Photo by Abby Klaas)



while his girlfriend is out of town, senior Bryce Freeman spends a Sunday afternoon playing computer games with his brother, sophomore Lon Freeman. (Photo by Angela Ellmaker)

lifting weights with junior Arthur Chen was one of the ways junior Ben Douglas found time to spend with his friends. (Photo by Angela Ellmaker)



Balancing Both

Students
worked
to
maintain
friend-
ships
during
relation-
ships

-Kristy Lakin

Your heart stopped, your stomach churned, your legs turned to Jello. Was it Mom's meatloaf? No, the guy of your dreams just asked you out. You had to have him; you couldn't go through one more weekend without him. Who cares if you promised your friends you'd go to the movies?

Often in romances, students spent so much time with their significant others that they tended to forget their old friends.

"When you get a boyfriend you feel a need to spend every waking hour with him. Then when you eventually realize you aren't made for each other, you find you've lost some valuable friendships, because you've taken your friends for granted," senior Marie Engelhom said.

Some close romantic relationships created resentment and a lack of trust between friends who felt left out.

"Sometimes your friends betray your trust and tell their boyfriend your secrets, because they've become closer to them," sophomore Melissa Kell said.

But committed couples sometimes weren't aware they were excluding their friends.

"It's not that my friends are less important, it's just that I end

up spending all my time with my girlfriend," junior Brad Johnson said.

Some students experienced mixed feelings about sharing their pals.

"I'm happy for my friends when they get a boyfriend, but that doesn't give them the right to forget about me," freshman Catherine Gerrard said.

As a result, it was often hard for friendships to get back on track after a boyfriend or girlfriend was out of the picture.

"It's hard when your friends exclude you. And it's worse when they think they can come back and pick up where they left off in a friendship," junior Kelli Oshel said.

Although some experienced rejection, frequently it was out of students' hands who they spent time with.

"My girlfriend Laura (David) calls my friends and says, 'Hey, this is my day with Tom,' and then my friends call Laura and say, 'Hey, we wanna do something with Tom,' and Laura says, 'Too bad.'

Laura always wins," sophomore Tom Pepper said.

Senior Matt Anderson agreed that his girlfriend usually came first.

"It's not that my friends are less important, it's just that I end up spending all my time with my girlfriend."

-Junior Brad Johnson

"I'll wait 'til someone calls me Friday night and go out with them, unless I have a girlfriend; then I don't have much choice on the matter, I go out with her,"

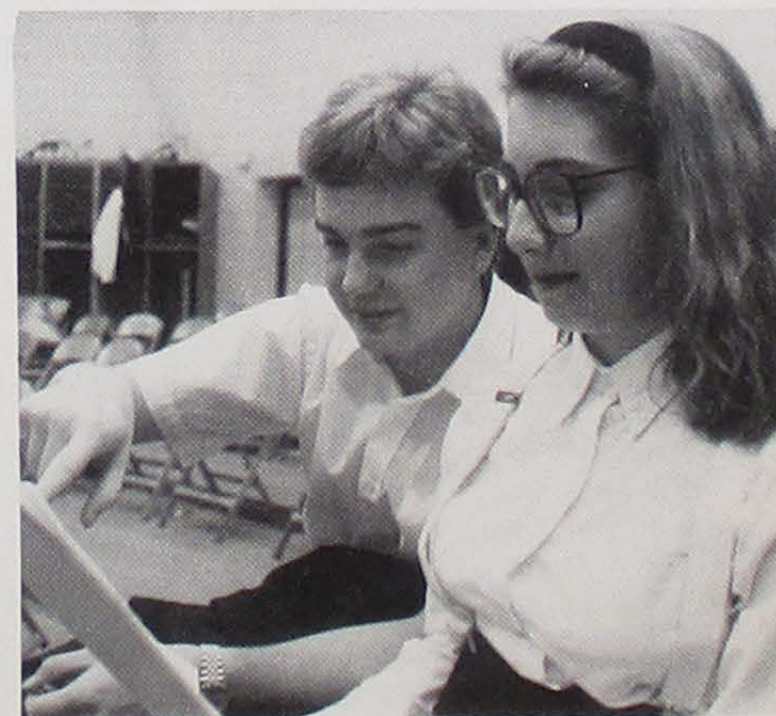
Anderson said.

For others, like freshman Rich Hall, balancing their time between friends and dates was no problem.

"If I'm doing something with my friends one day, I make sure I do something with my girlfriend the next," Hall said.

Your stomach is still churning. This time it's from pure disgust, not delight. Your date is egotistical, selfish, and incredibly stupid. Luckily, because you've remained on good terms with your friends, you have them to fall back on.

Taking a moment before the band concert, junior Amy Gardner and senior Matt Haubrich discuss upcoming plans. (Photo by Jamie Lang)



one way to spend time with friends and boyfriends was double dating. Sophomores Ashley Hagen and Amy White watch TV and talk with boyfriends junior Josh Slaughter and senior Spencer Villwock. (Photo by Angela Ellmaker)

After basket-
ball prac-
tice, senior
Jolly Forssman
shoots baskets
with her boy-
friend, senior
Dan Carver. It
is important to
students like
Forssman to
balance their time
between boy-
friend and
friends. (Photo
by Jamie Lang)

Winter Enchantment

Winter Formal made for a magical evening

-Kristy Lakin

You look down at the forest green writing gleaming off the invitation in your shaking hand; taking a step closer to your potential date, you freeze. Who is that girl he's talking to? Losing your courage, you slowly turn and walk away. "Oh, well. Maybe I can catch him at Mistletoe," you think.

Luckily you had the chance to "Catch him at Mistletoe." Although Mistletoe was canceled by the administration due to parents' protests, a group of students organized the dance outside of the school.

"Mistletoe has been a tradition for over 50 years, and we just figured that we should continue it. Besides, our class has had so many things taken away from us already, like Powderpuff," junior Leah Uhlenhopp said.

The dance, held at the Coliseum in Campustown, gave students who recollected the previous years' fun an opportunity to relive it. Although the school did not sponsor the dance, many still attended.

"More people came this year, I think, than in the past. After paying for the building and added expenses, we had a \$300 profit. We donated the money to a needy family in Ames," Uhlenhopp said.

Winter Formal was one of the few dances of the year that gave girls the chance to ask guys. Girls were given a Winter

Formal invitation during homeroom to present to their dates. Although getting up the courage to ask someone to the dance gave some girls the jitters, many guys felt relief as the load was lifted off their shoulders.

"Sometimes I get nervous about asking girls out, so it's a nice change that they have to do the worrying instead of me," junior Chris Burnham said.

Guys not only expected girls to do the asking, but also the paying. For some, picking up the tab could

be fairly costly.

"It gets pretty expensive after buying the dress, the tickets, and dinner. But it's worth it. My date and I went to McMahon's for dinner

with another couple. Going out with an extra two people makes the night more interesting, and a lot more fun," senior Tara Carmean said.

As their

dates worked over time for some extra money, Winter Formal let the guy relax.

"She (my date) took me to see the Christophers in Des Moines. We went with about 10 other people. It was a nice change for her to pay, since I usually do on our other dates," senior Ryan Carver said.

Although Winter Formal left girls with a little less pocket money, most agreed when they walked out of the 'Enchanted Forest' that it had definitely turned out to be a magical evening.

taking a break from dancing, junior Jay Clark and sophomore Aleece Buxton talk with friends at the punch bowl. (Photo by Laurel Nakadate)



high heels could take some getting used to. Waiting for their dates, junior Adrienne van der Valk rescues junior Terrill Johnston as she falls into her Christmas tree. (Photo courtesy of Terrill Johnston)





pinning a corsage on sophomore Beth Titus's dress, senior Jason Swift tries not to stab her. As an alternative to eating out, the two ate at a friend's house. (Photo by Collin Brennan)

escorting someone from a different school added a new face to the dance floor. Senior Mark Robinson purchases tickets for himself and his date Felicia Magee, a junior at WDM Valley. (Photo by Laurel Nakadate)



the way **WE** think

Top 10 reasons for going to Mistletoe

10. "To get married to someone."
9. "Someone told me I could find Jesus there."
8. "It's a great learning experience."
7. "To contract serious illnesses."
6. "Who could miss the social event of the year?"
5. "To hit on Mr. Tramp."
4. "It's fun to kiss something other than my arm."
3. "To speak in different tongues."
2. "To commit obscene acts with members of the opposite sex."
1. "To speak French with other people."

Setting Priorities

Having independent job schedules gave students the chance to set their priorities

-Katie Krogmeier

Waking up from a night's rest, Dean ponders the question of whether or not to get up. Getting up means getting out of his cozy bed and stepping onto a cold floor. After all, it's Saturday morning and all he has to do is go to work. Work! An easy solution would be to call in and tell his boss that he's going to be late. Luckily, Dean can get away with it because he can set his own schedule.

Having the power to set their own work schedule might have been a fantasy for many students. Although it may seem hard to imagine, some students actually were able to control when they worked, or when they didn't.

Having generous parents with flexible schedules was one method to make some extra money.

"During the summer, I work for \$40 per camp at the 4-H camps being a counselor. Since my mom is the boss, I can tell her when I want to work, and at which camp I want to work, and she lets me. The other counselors basically get whatever is dealt out to them,

but I'm special," junior Anjeanette Levings said.

Although some parents paid their children slightly less than the minimum wage, others were more biased in their decision to pay their children more.

"I work for my dad in his office. Sometimes, I'll go in on Saturday mornings and I

do a little bit of everything. I get paid more than minimum wage, and it's very worthwhile for the money," freshman Justin Readhead said.

When parents wouldn't tolerate having a teenager around the office, volunteering was an option. Students looked to the Mary Greeley Medical Center's Hospitality Shop for a place to gain job experience.

"I volunteer (at the Hospitality Shop) because I like working with people. It's good experience, and it also looks good on your resume when you go out looking for a job," sophomore Leah Canon

said.

Although the Hospitality Shop didn't pay, it was a good way to train for a future career.

Babysitting was a tried and proven path for teens to earn some extra spending money and practice childcare. As the prices continued to rise, so did the demand.

"When I babysit, I can set my own hours. This way, I can set my priorities."

-freshman Allison Jones

"When I babysit, I can decide when I want to work. This way, I can set my priorities and still have time for other activities," freshman Allison Jones said.

Having control over a work schedule came in handy for many students. By having the opportunity to set their hours, work could be anywhere on their list of priorities. It was also an opportunity to capture those few extra hours of sleep before getting out of bed.

giving a helping hand on the slide, freshman Lisa Hinrichsen babysits at the park. Babysitting was a good way to earn money when students wanted it. (Photo by Colin Brennan)

practicing for an upcoming piano accompaniment, freshman Susan Hsu looks forward to controlling her schedule. Hsu played for ISU students and other singers in need of a pianist. (Photo by Kelly Koppes)





creating works of art, sophomore Katherine Hodges designs jewelry to sell at craft shows. (Photo by Colin Brennan)

mowing a customer's lawn, junior Chad Kinart earns money at his own convenience. (Photo by Colin Brennan)

students in a crowded art class position themselves strategically to give themselves enough space to draw. (Photo by Colin Brennan)



parking was like an Olympic event each morning since students had to fight for spots. High enrollment also meant more drivers and fewer parking spaces. (Photo by Colin Brennan)

crowded chemistry and physics classes sometimes meant struggling for space and supplies. Seniors Matt Thomas, Sarah Coats and Bob Goodfriend crowd around the counter during a lab. (Photo by Colin Brennan)



Maximum capacity

Because of high enrollment, students fought for space in classes, hallways, and the parking lot

-Lisa Hinrichsen

At a time when education is ideally individualized, students fight for desks and strain to see beyond the 42 other students in their Trig class. When the bell rings, they exit the crowded classroom only to be crammed into packed hallways. They struggle toward the front door and squint past the sea of cars in the parking lot, realizing they have to walk the 37 blocks to their car, parked on South Duff.

While the situation may not have been quite that bad, the 1353 students could see that things were too crowded; enrollment was higher than expected.

"I've noticed the halls are really crowded and my friends often can't find a parking space because there are so many cars and sophomore drivers," senior Lisa Elbert said. "Spanish and French I, along with some art classes are just packed, so I avoid the art room as much as possible."

Finding ways to deal with the

hallway Twister game in the five minutes between classes was a chance to be creative. Whether it meant getting to school earlier or avoiding certain areas of the building, each student dealt with the crowds.

"In my Trig class, there weren't enough desks so an 'early bird' class was set up in the morning each day for a few students," junior Rebekah Hartman said.

"Physics is also too big—there's not enough one-on-one help."

The sophomore class was the biggest at 357. Numbers like these meant shortages of lockers and desks were not uncommon.

"I am a senior and I am sharing a locker! The school should be more organized—I know where some unused lockers are," senior

Mark Milleman said.

But the center of confusion was in the parking lots. With more students driving, spots were a highly valued property.

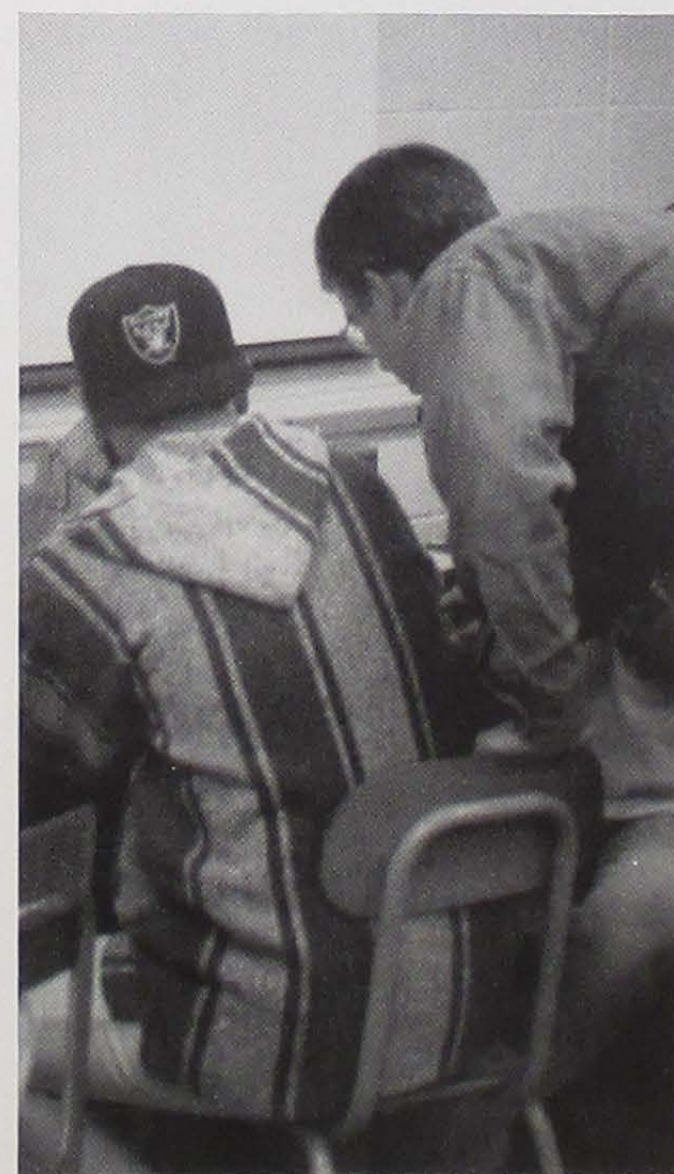
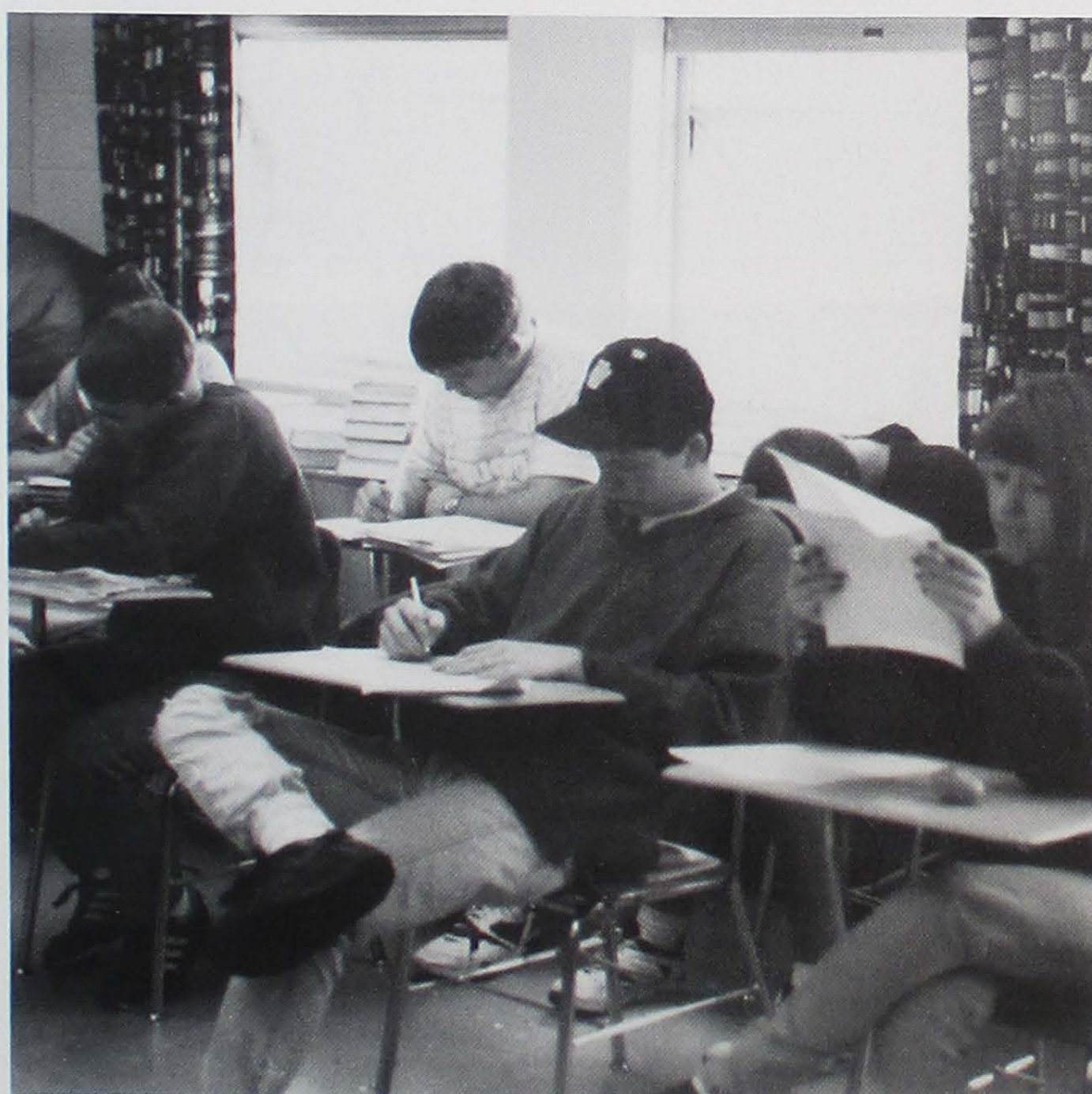
"In my Trig class, there weren't enough desks so an 'early bird' class was set up in the morning each day for a few students...There's not enough one-on-one help."

-Junior Rebekah Hartman

"Parking is difficult and often people take up two spaces instead of a single one. I get to school early to get a spot," sophomore Matt Farrier said.

Susan slams her locker and twists the lock. She sighs, realizing she has just two minutes to get to homeroom. Passing a couple interlocked in a passionate goodbye kiss, she smashes into the tall student in front of her. The music begins its warning and she still has two hallways to dash through. "Oh well," she thinks, "it's just another day at Ames High."

desks were scarce in many classes. Senior Brian Wiersen, Eric Nessel and Darren Fisher, and junior Georgia Montgomery work busily during an English class. (Photo by Colin Brennan)



sharing computers in the computer lab was the only way crowded classes could get access to the 15 Macintoshes. (Photo by Colin Brennan)

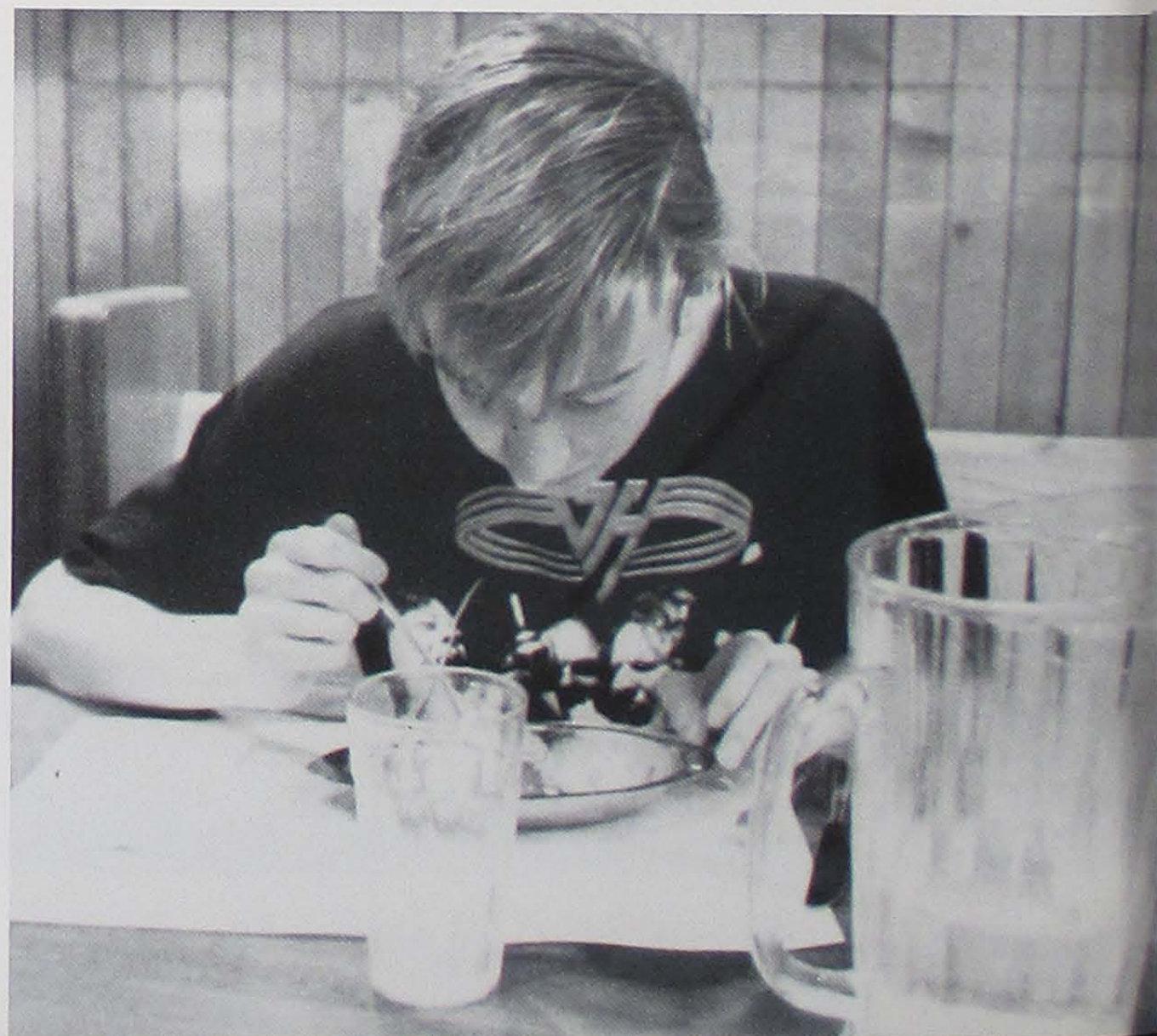


taking full advantage of the senior open campus privilege, Jim Krogmeier enjoys some good home-cookin' for lunch. (Photo by Jason Swift)

the way WE see it

Top 10 Places to Go For Out of Bounds Lunch

10. Little Caesars
9. Hardees
8. Kwik Shop
7. Taco Bell
6. McDonalds
5. Home
4. Downtown Deli
3. Great Plains
2. Burger King
1. Subway



Dangerous Dining

Students find sneaking out of bounds either exciting, challenging, or just a big mistake

-Steve Shapiro

Crouching low, Randy darts between two rows of cars in the parking lot. Peering around the bumper of the last car in the row, he sights his goal — an unused door on the side of the building — and makes sure nobody is watching. After sprinting the remaining distance, he wrenches open the door just in time . . .

Although this could be a scene from the latest murder-mystery flick, incidents like this happened every day as students attempted to return to school without getting caught going out of bounds.

Though intended as a deterrent, this element of danger actually inspired some students to head out for lunch.

"It was almost a challenge for me to get out and back in without being seen," senior Holly Anderson said. "I didn't go out of bounds often, though."

Other students saw successful returns as cause for celebration.

"We wanted people to know when we went out for lunch and didn't get caught," junior Jeff Moore said. "One time we walked straight into (Dean of Students Dale) Tramp's office with our Taco John's bags."

Either way, those not-so-lucky students who didn't quite make it back in time got referred to Tramp

for punishment, usually periods of restricted study hall. This was strict enough to discourage senior Troy Rutter from testing his luck.

"Twenty periods of restricted is a pretty stiff price to pay for just going out to lunch," Rutter said. "I'm not sure it's worth it."

And according to junior Ryan Carey, getting caught was a big concern. Teacher

Kirk Schmaltz took the rule seriously enough to head out during lunch and search out offenders.

"It's a values system," Schmaltz said. "Some teachers just turn their heads and don't care. I say that if a rule exists then we should enforce it."

When Schmaltz came to Ames High in 1983, the rule was already in effect. It wasn't always, though. Years ago, school policy gave seniors open campus, juniors open lunch, and sophomores free periods.

"The administration felt that this gave students too much free time," Tramp said, "but that open campus wasn't all bad. The compromise was open campus for seniors and free periods for juniors."

lors."

Many students felt that though the open campus rule had redeeming qualities, it needed improvements.

"It may help people from getting in trouble," sophomore Daniella Williams said, "but even elementary students go home for lunch."

Junior Erin Block had a different reason.

"If the state gives us the responsibility to drive," Block said, "the school should assume we are responsible enough to use it."

Whatever reasons students had for going out of bounds, there was always the chance that he or she could end up an actor in that murder-mystery flick and . . .

. . . wrench open the door just in time to hear those infamous words: "So, how was your lunch at Burger King? I'm sure the Dean wants to hear all about it."

checking behind himself, junior Kelly Delagardelle makes sure nobody is watching as he heads out of bounds. (Photo by Jason Dane)



heading "out" for lunch, junior Shannon Dau and senior Brian Wlerson escape staff members' watchful eyes. (Photo by Collin Brennan)

ing out
really, senior
Alan Jones
enjoys lunch at
Hilory Park.
Twelfth graders
are the only
ones to receive
open campus.
(Photo by Collin
Brennan)

Across America

Students travel around the country utilizing their Spring Break

-Monica Wilke

Skilling down the snow-capped mountains, Beth feels the cold wind rushing by and the sun beating down to warm the cold of snow. Aaaaah, another relaxing spring break spent in the Rocky Mountains.

Spring vacation presented many pleasant visions in the heads of students.

"I went with Renee Ripp and Neena Paul to Florida for Spring Break. We flew home from Orlando on Friday the 13th, so Renee was scared that we would crash. She made us take the emergency instructions from the seat and practice the four crash positions, just in case. We looked ridiculous!" senior Allison Sams said.

Spending time far from home was a fantasy for some, but not for others, whose parents actually let them travel unsupervised.

"A bunch of guys and I went skiing in Colorado; we had six days of guidance-free skiing,

snowboarding, and partying. We didn't do too much besides skiing; we basically relaxed," senior Judd Donelson said.

Good times were plentiful on the break, from daily activities of skiing, to lounging by the ocean, even after getting lost on the way.

"Anne Drake and I flew out to North Carolina to visit a friend. We drove to Atlantic Beach

to stay for a couple days and went to the ocean. When we were driving there though, it took us four hours more than it should have because we got lost. Anne was driving and I was navigating; we had a map but I guess we couldn't read it too well," junior Suzanne Vogel said.

A group of 16 students from Collegiate Presbyterian Church

found a way out of Ames for break. They helped people in Jackson Mississippi by working with an organization called Voice of Calvary (VOC). They worked with

VOC to improve the unfavorable neighborhood conditions.

"It was cool because we had our own house, no parents, just four chaperones from our

church, and basically not a lot of rules. It was fun because we were really helping people and everyone still had a great time," sophomore Heather Beaman said.

Whether they spent their spring break swooshing down the slopes, vegging out at home, traveling, or helping others, the vacations they'd dreamt of became pleasant realities.

-Allison Sams

Junior Kristi

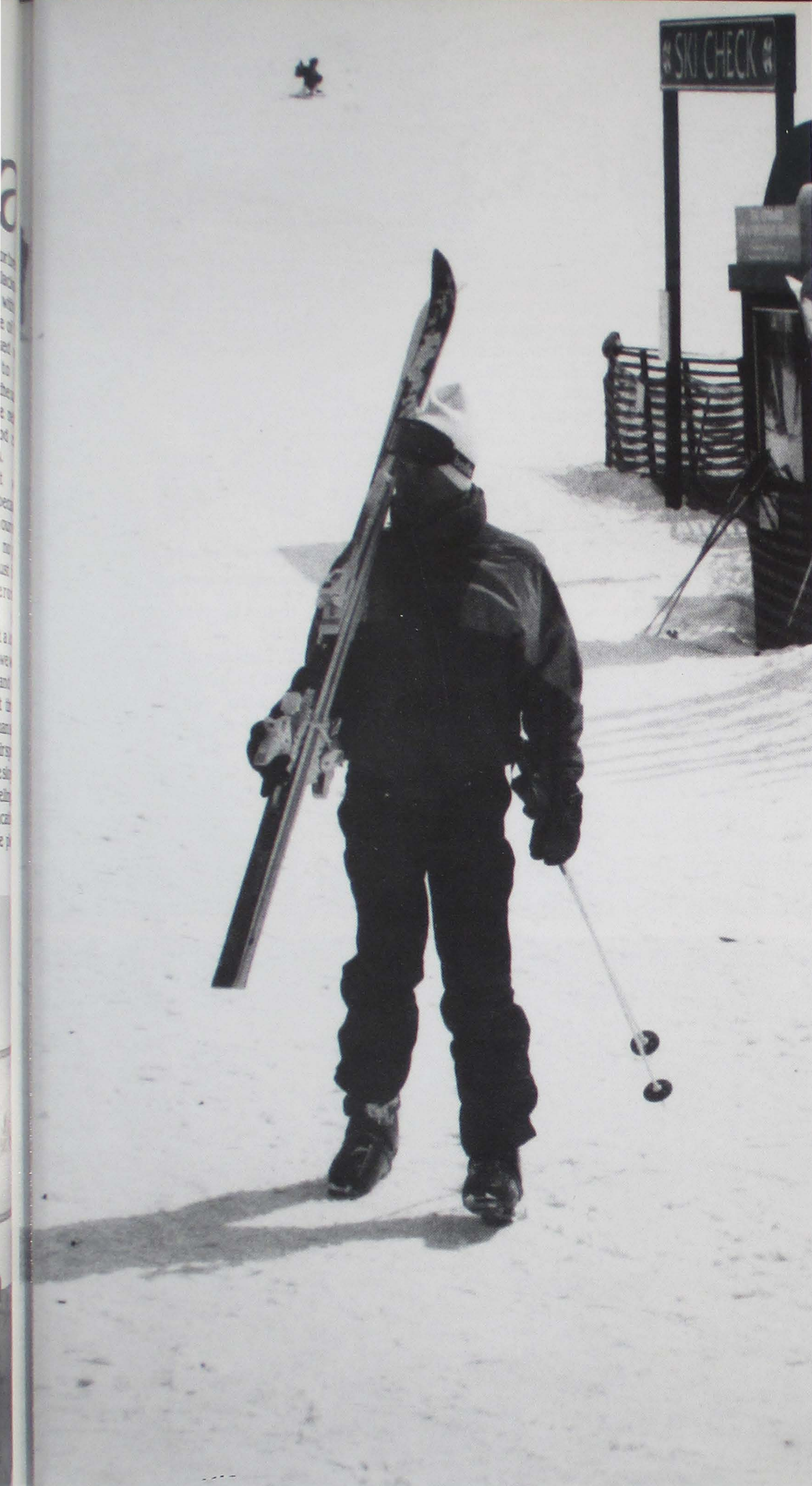
Gray smiles holding a Disney Land balloon. Gray went with her family and her foreign exchange student, Olga Buceta, to California over spring break. (Photo courtesy of Olga Buceta)



posing Michael Jackson style, senior Marcy DeJoode parties in her hotel suite where Jackson had stayed the previous night in New York. (Photo courtesy of Beth Recker)

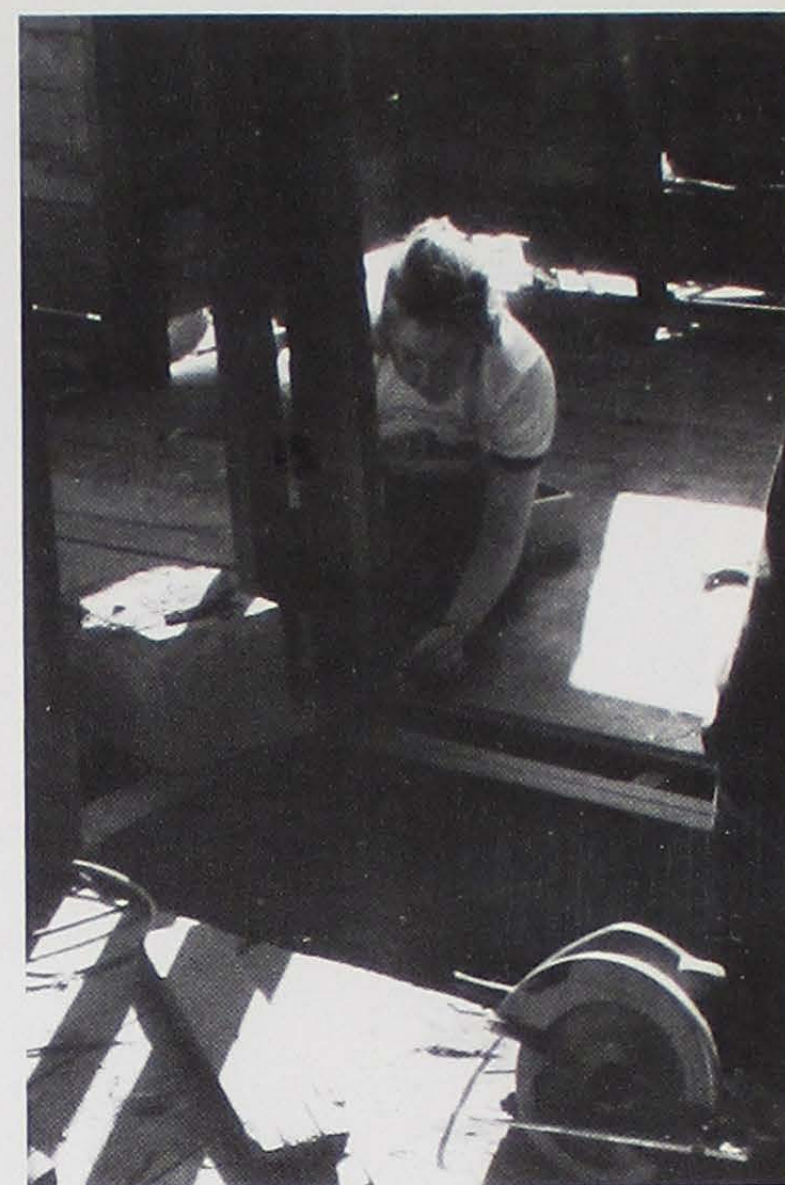


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viewing his surroundings, Junior Shawn Klebenstein prepares to ski. Klebenstein spent spring break in Colorado with his family. (Photo courtesy of Shawn Klebenstein)

measuring the floorboards, Junior Almee Dutton works to help improve housing conditions in Jackson, Mississippi with her church's youth group. (Photo courtesy of Rachel Wilke)



the way **WE** think

Top 10 Spring Break Spots

- 10. New York
- 9. Texas
- 8. Germany
- 7. Arizona
- 6. California
- 5. Hawaii
- 4. Colorado
- 3. Other
- 2. Ames
- 1. Florida

Long Distance Love

Students found dating people outside of school difficult and rewarding

-Adrienne van der Valk

For many students, having a significant other meant talking daily, walking together in the halls, and going out with each other every weekend. But couples who dated people outside of school had to stick out the week, or even the month or year until they had the opportunity to see their boyfriend or girlfriend in another city.

"I went out with a guy who lived about eight hours away. We met at a wedding and dated for over a year. During that time, we saw each other five or six times; it takes a lot of dedication to make a relationship like that last. In the end, we separated partially because of the distance and partially because we just weren't compatible any more," junior Donna Stinehart said.

Although being separated was a hardship and caused many couples to break up, some found advantages to being apart. Moving away from home and being absent from her boyfriend made sophomore Nicole Camp's heart

grow fonder.

"We don't fight as much (as a regular couple) because we have to take advantage of the time we have together since we don't have as much. The relationship really has to be strong, though. We were going out before I moved and I don't think we would have gone out if we had met after I moved away," Camp said.

When long distance boyfriends or girlfriends did see each other, often it was for special occasions like prom. Sometimes, Ames High juniors and seniors sought dates outside of school for this spring-time event.

"One of my friends and I were driving and this guy was in front of us and we made him pull over—he was on a pizza delivery. A week later we called DiVinci's and asked if he was there. He came

over and we ended up going to prom. He fit in really well and everyone loved him. It was great," senior Kelley Schram said.

Junior Jason Dane enjoyed bringing his out-of-town date to prom because of the attention they received together.

"It was fun because everyone asked us who she was and it was neat

"We don't fight as much because we have to take advantage of the time we have together."

-sophomore Nicole Camp

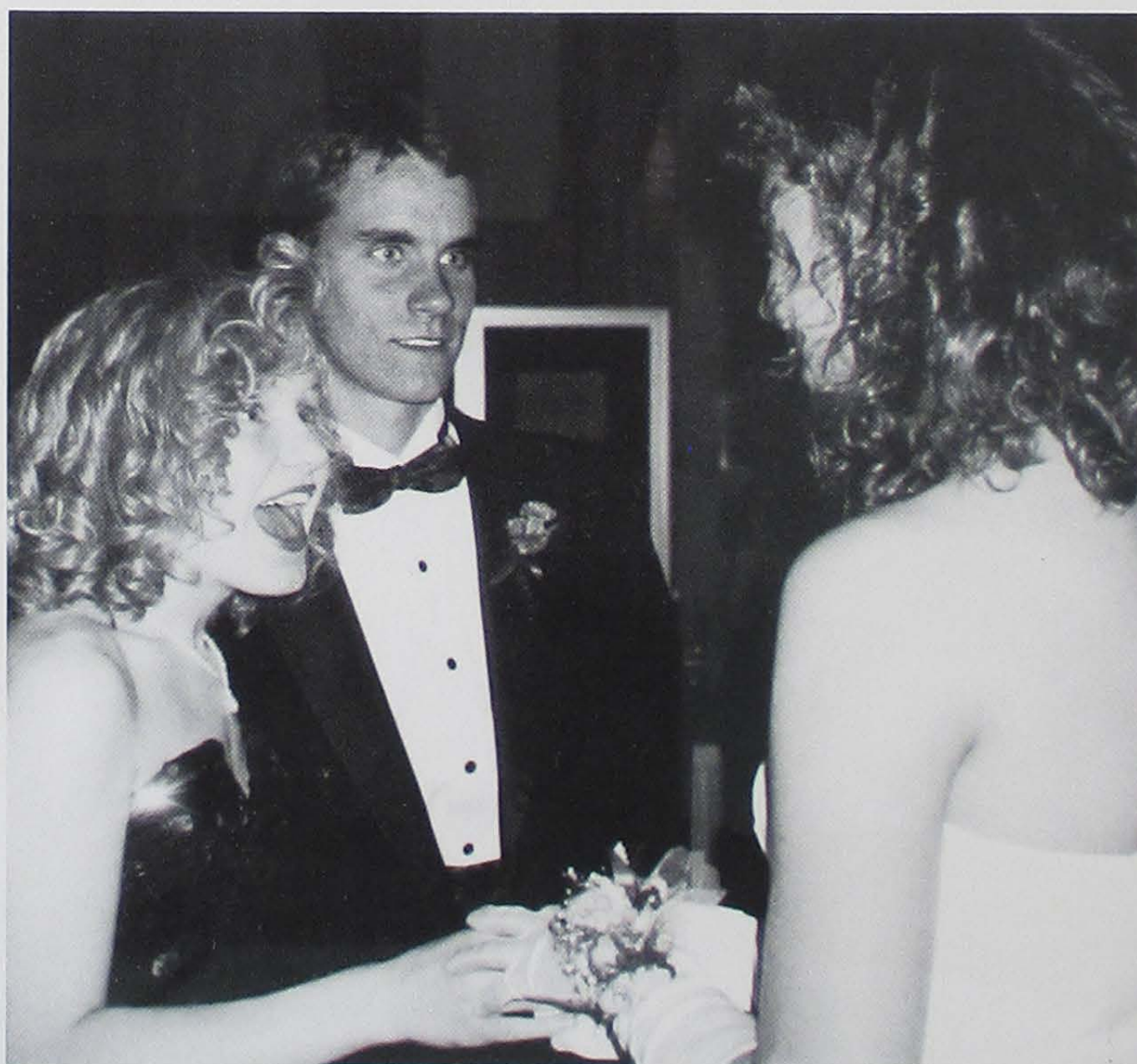
to see everyone's reaction," Dane said.

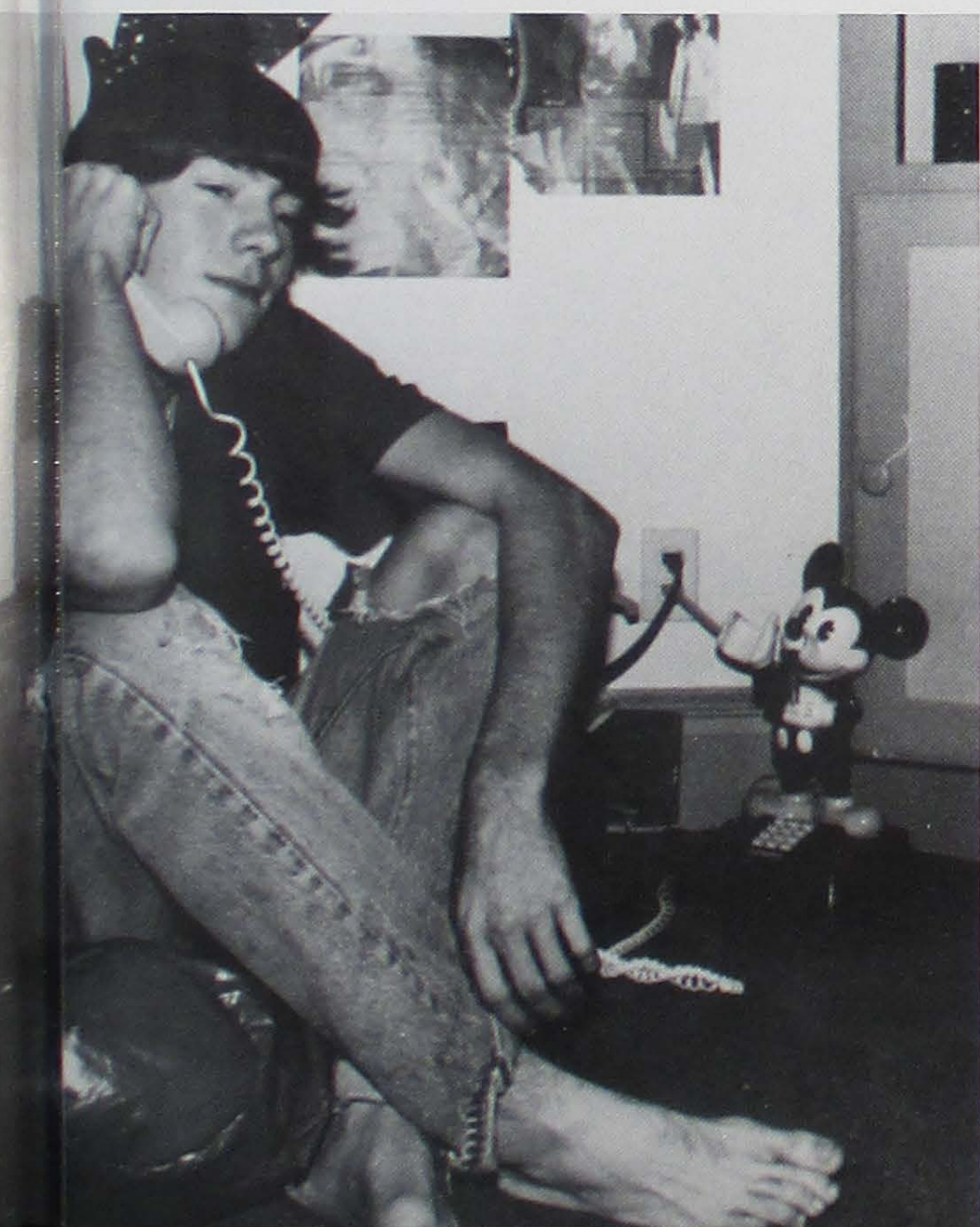
Despite walking the halls alone and running up big phone bills, sticking with an out-of-town or out-of-school boyfriend or girlfriend was the choice for those who found love and relationships outside of Ames High.

pinning a corsage on sophomore Cory Cooper, junior Alison Doyle prepares to introduce him to her friends at prom. (Photo courtesy of Alison Doyle)

greeting her friends at

prom, junior Tracy Johnsen and her date Brian Hostetter mingle before dancing. They dated before Hostetter graduated and continued to see each other regularly after he went to ISU. (Photo by Karen Hsu)





weekends were the only times students like senior Yvonne White got to see their significant others. He was an ISU student. (Photo by Adrienne van der Valk)

talking on the phone to his girlfriend was one way junior Ty Cobb helped to keep their relationship going. (Photo by Jamie Lang)

the way WE think

Top 10 ways to say "no" to a date you don't like

10. "I have to rewind my tapes."
9. "I have no gas in my car."
8. "I have to mud mask my face."
7. "Sorry, I'm going to a nursing home to see my grandpa."
6. "I'm booked for life."
5. "I have to water my Chia Pet."
4. "Sure, but my pro-wrestler boyfriend wouldn't approve."
3. "I'm really a hologram."
2. "My family arranges marriages. If you want to go out, you'll have to get written permission from my parents."
1. "I'm allergic to your blood type."

standing together, junior Mike Bryant and sophomore Monica Wilke talk about their day. The couple had dated most of the year, but found it wasn't always necessary to spend a lot of money on dates. (Photo by Kelly Koppes)

playing foosball, seniors Scott Belzer and Mickael Boutboul prepare for a challenging match. Games offered an inexpensive form of entertainment. (Photo by Kelly Koppes)



looking into store windows, juniors Maja Larsen and Sue Pak shop together without spending a penny. Main Street was a popular place to window shop. (Photo by Kelly Koppes)



Cheap with change

-Lisa Hinrichsen

It's Saturday night, and with only 79 cents in pennies, nickels and dimes, Julie sits at home trimming her hangnails and yawning with boredom. A night of excitement in front of the television isn't what she was hoping for, but with a serious lack of money, she seems to have no other choice.

Many students found ways to save their pennies when they were short on cash. They discovered they still could have a good time while finding more to do on Saturday nights than wash their hair.

"A lot of times when my friends and I don't have much money we just go for a drive or we go walk around campus. Sometimes we go play miniature golf in Boone or on Duff," junior Josh Drake said.

Many students simply settled in for a quiet night watching a rented movie at home or sharing sandwiches over a picnic dinner

at a park.

"I look for bargains because I have a habit of spending too much money. When I need to, I cut back on the amount of movies I go to or just go to a park instead to talk with a friend," freshman Krisha Heuss said.

Finding ways to cut back when they were already on limited funds was not easy for some students. But with a little creativity, they found they could scrape by when pressed for cash.

"I remember having to pay for my own gas. When money was tight, you could often find me searching in between the seats for change to be able to fill up," junior Christine Hausner said.

Not everyone had to scrape money from cushions and upholstery though.

"I think many people expected the recession to be a bigger deal than it actually was. Probably people aren't cutting back as much as they were in the beginning of the year and aren't as cautious," sophomore

-Junior Christine Hausner

Tom Drewes said.

Having decided to exit her stuffy room because of a persuasive friend, Julie begins to laugh when her wild golf ball hits her friend in the head at the miniature golf course. Still laughing, she thinks how going out—even on a limited budget—is much more fun than staying home alone to trim her toenails.

playing miniature golf provided a cheap but fun way to spend a few hours for seniors Brian Anderson and Doug Heeren. (Photo by Kelly Koppes)



renting videos instead of going to an expensive theater could save students dollars, as senior Collin Brennan finds out. Movie theater admission in Ames rose to \$4.50 per ticket early in the year. (Photo by Kelly Koppes)



although not very common, rollerblading gained popularity as an alternative form of exercise. Freshmen Buffy Quintero, Karen Moon and Kristy Jones rollerblade on the streets. (Photo by Kelly Koppes)

the way WE think

Top 10 breakfast foods

10. Lucky Charms
9. Waffles
8. Cap'n Crunch
7. Mountain Dew
6. Fruit Loops
5. Pop Tarts
4. Donuts
3. Toast
2. Cold Pizza
1. Pancakes



Sweatin' it all out

staying healthy became a big part of many students' lives and made them feel better about themselves

-Maja Larsen

Being a cover girl or guy wasn't necessarily the goal of most students, even looking like one wasn't always desirable. But society still seemed to have a big impact on the healthy look that became so popular. It affected students' lifestyles and made them more conscious about themselves and their bodies.

"Some individuals take society's idea of a perfect body too serious and hurt themselves trying to look great, and in that way it is a negative influence," senior Aaron Lehmkuhl said. "But it is great when people do what they like to keep themselves in shape. My favorite activities are mountain biking and hiking, and that also helps me keep fit."

And not only was staying fit a question about feeling better now, it also influenced students' views on their futures and how they could improve their chances for a longer, happier life.

"People should do what they can to stay healthy; if not they are going to look like hell when they get older. There are many older people where I work out who go there to stay fit. That is very positive because I believe that the healthier you are, the longer you live," junior Jason Tice said.

Becoming and staying healthy didn't always have to take place

away from school. In fact, many students worked on school activities to stay in shape.

"For me, it is very important to stay in shape because I would feel bad about myself if I wasn't. In that way, wrestling helps keep me happy," sophomore Ryan Anderson said.

Even though exercising played a role in many students' lives, eating nutritiously was also a big part of staying healthy.

"I eat as many fruits and vegetables as possible. I don't do it just to look good, but it makes me feel better about myself and keeps me healthy," freshman Tami Shinar said.

But sometimes staying away from the temptations of sweet foods wasn't as easy as it sounded, and students gave in to the bad habits.

"Most of the time I try to eat healthy foods, but sometimes I get a craving for junk food. I feel really bad after I eat all that crap, so I go for a run to make up for it," junior Jacinda Bunde said.

Some students didn't stay in shape just for their own pleasure, but to be able to keep earning

their spending money.

"I have to have certain measurements and maintain them for my modeling. It is not just about being skinny and not eating, you have to be healthy and look healthy to have the fashionable look," sophomore Angle Ellmaker said. Ellmaker modeled for Avant Model Agency.

Many students were concerned about maintaining a certain weight, but some found that gaining or losing weight really didn't affect their self-perception.

"I lost weight over the summer, but I really don't think that it has changed anything. I have the same friends and I'm still the same person," sophomore Michelle Roth said.

Whether they sweated out the extra pounds and ate broccoli to just look great or to feel better about themselves, students improved their way of living and found that life actually could be lived without cookies and candy.

many students found aerobics a great way to stay in shape. Sophomore Beth Titus takes part in the difficult workout. (Photo by Kelly Koppes)



eating nutritious foods helped senior Brian Anderson stay healthy. Wheatsfield Grocery Store offered health foods not always available at the other grocery stores. (Photo by Kelly Koppes)

working out is a common way to stay young and healthy. Senior Ty Cobb is one of several students who spent many hours at Ames Total Fitness Center sweating out the calories and building muscles. (Photo by Abby [unclear])

Awake All Night

Prom festivities entertained students with new experiences

-Monica Wilke

The sweet smell of roses drifted to Joan's nose as Bob handed her a wrist corsage. Next came the parental photo session outside by the oak tree, and finally Bob whisked Joan away in his parents' freshly washed LeBaron for an exciting night.

A "typical" prom night for students might have gone like this:

6:30 p.m.-Parents fussed and finally the prom-goers left for the restaurant they'd chosen.

"My dad suggested that I take our 1931 Model A car to prom, so we got it cleaned up and I picked up my date to go out to eat at Great Plains Sauce and Dough. While we were gone, her mom called all their relatives and neighbors to tell them that I'd picked her up in this neat old car. When we came back to change for the after prom party, all the neighbors came out to see the old car," senior Paul Boyd said.

10 p.m.- By now the dance was

moving right along. Everyone had had the professional pictures taken, and people had paid compliments to others about dresses and tuxedos.

"I knew this couple who was leaning over the ledge for a while and spitting on cars as they drove by. I thought that was a strange way to spend prom," junior Sara LeBrun said.

12:30 a.m.- The dance was over, but for many, the night had hardly begun. They sped home for comfortable attire and were back, ready for fun at the post-prom party.

"Some people took me home because I needed to change clothes. They were too tired to get out of the car, and when I came back out, the car wasn't in the

driveway; I thought they'd left. They were just hiding on the street. Of course no one would admit that it was their idea, but it was funny," said sophomore

Margi Mayfield.

2:30 a.m.

Partygoers had a blast playing casino and carnival games for prizes.

"It was a good way to keep people

from drinking because students had a place to go that was safe. People who didn't go to prom could go to the party and not feel left out of the prom festivities," junior Jeff Moore said.

Joan and Bob finally arrived home after an exciting night filled with "Moonlight and Roses". Like them, many students managed to have fun all night at the dance party, and anywhere in between.

after driving up from West Des Moines to attend Prom, junior James Parks waits patiently while junior Karen Hsu pins on his boutonniere. (Photo courtesy of Karen Hsu)



taking the microphone, senior Ryan Carver begins his acceptance speech as Prom King. His date, Holly Forssman, was crowned queen. (Photo courtesy of Karen Hsu)





preparing for prom, Juniors Jeanne Sundstrom and Asheley Holscher decorate at Schemann. (Photo by Karen Hsu)

surveying the roulette game, Junior Ryan Carey, senior Mark Robinson, Juniors Rachel Lutz and Jeff Gardner place their bets at the after-prom party. (Photo by Kelly Koppes)



the way **WE** think

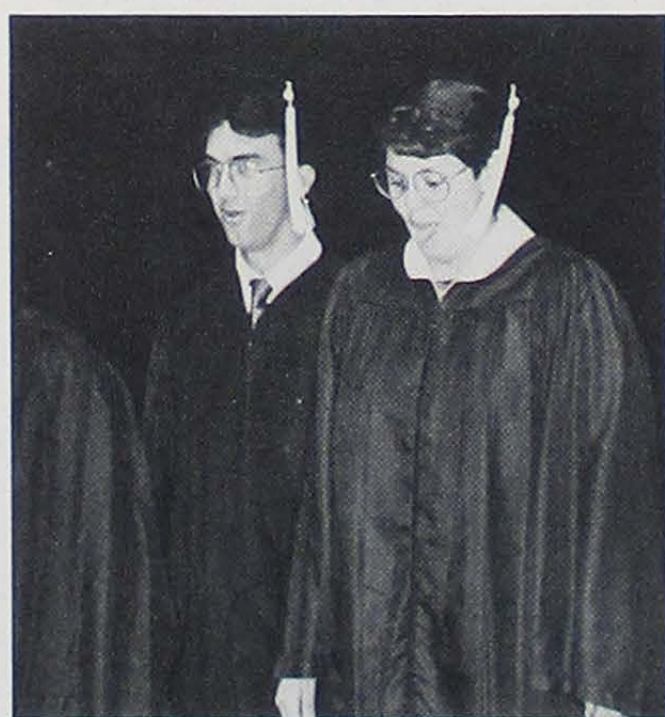
Top 10 things to do after prom

- 10. Go to Des Moines
- 9. Ride around town in a limo
- 8. Go out for breakfast
- 7. Hot Tubbing
- 6. Watch movies
- 5. Go home or to date's house
- 4. Party with other couples
- 3. Go to the Ledges
- 2. Rent a hotel room
- 1. Go to the Post Prom Party



rejoicing
after the May
27 graduation,
senior Jennifer
Remsburg and her
boyfriend Brian
Gouran embrace.
(Photo by Laurel
Nakadate)

tired of the
whole production,
senior Mischa
Prochaska sticks
out her tongue.
Senior Troy Rutter
took it in stride.
(Photo by Abby
Klaas)



in an explosion of happiness, the
floor becomes a blur of silly string, confetti,
and smiling faces. (Photo by Abby Klaas)



Rite of Passage

thirteen
years of
schooling
nally
equaled
gradua-
tion

-Anjeanette Levings

"Paul Saunders," the principal said in monotone. Paul stepped onto the stage with a smile across his face as he eyed the black-jacketed diploma that in moments would belong to him. A few handshakes later, he possessed what 13 years of hard work had gone toward. He finally graduated.

"It was kind of weird; all your life is built up to this moment. When I got up to stage, Wistan (Benbow) turned to me and said, '13 years for a — folder.' A big part of your life is over, but then you're on to something new," senior Jim Krogmeier said.

Some didn't know what to think about the May 27 commencement ceremony.

"In past years, I was excited to go to graduations and see the people I know walk across the stage. This time it was a mix of emotions. I was excited and all pumped to graduate, but it was also sad. I figured that this would be the last time that I'd see them (the senior class) all together," senior Mindy Jones said.

To cope with this thought of leaving life-long friends and to rejoice in the completion of high school, many threw senior par-

ties to get everyone together one last time. Parks, the Racquet Club, and pools became popular sites, but the choice of a pool setting didn't pan out for senior Canow and her friends.

"The first day that we had it planned it was raining, so we cancelled. When we finally had it, things went OK. There

are always a lot of people that go and there's always something fun to do. It's just a good way to celebrate with a bunch of your friends," Canow said.

After numerous senior parties and open houses, seniors had another chance to celebrate. Although May 26 produced a grey and drizzling day, the Golf and Country Club provided an ideal setting and shelter for the senior picnic.

"I had fun. It was cold, but there wasn't really anything to complain about. A lot of people golfed and those that didn't went inside the clubhouse and played cards or talked or watched TV. You didn't see everyone there,

but there were a lot of people," senior Dan Sallsbury said.

Problems more important than weather accompanied the fun that surrounded graduation. Seniors tired of the rigamarole of an eight period day and senioritis became the norm.

"We didn't get much accomplished. We had tests, but none of the seniors stud-

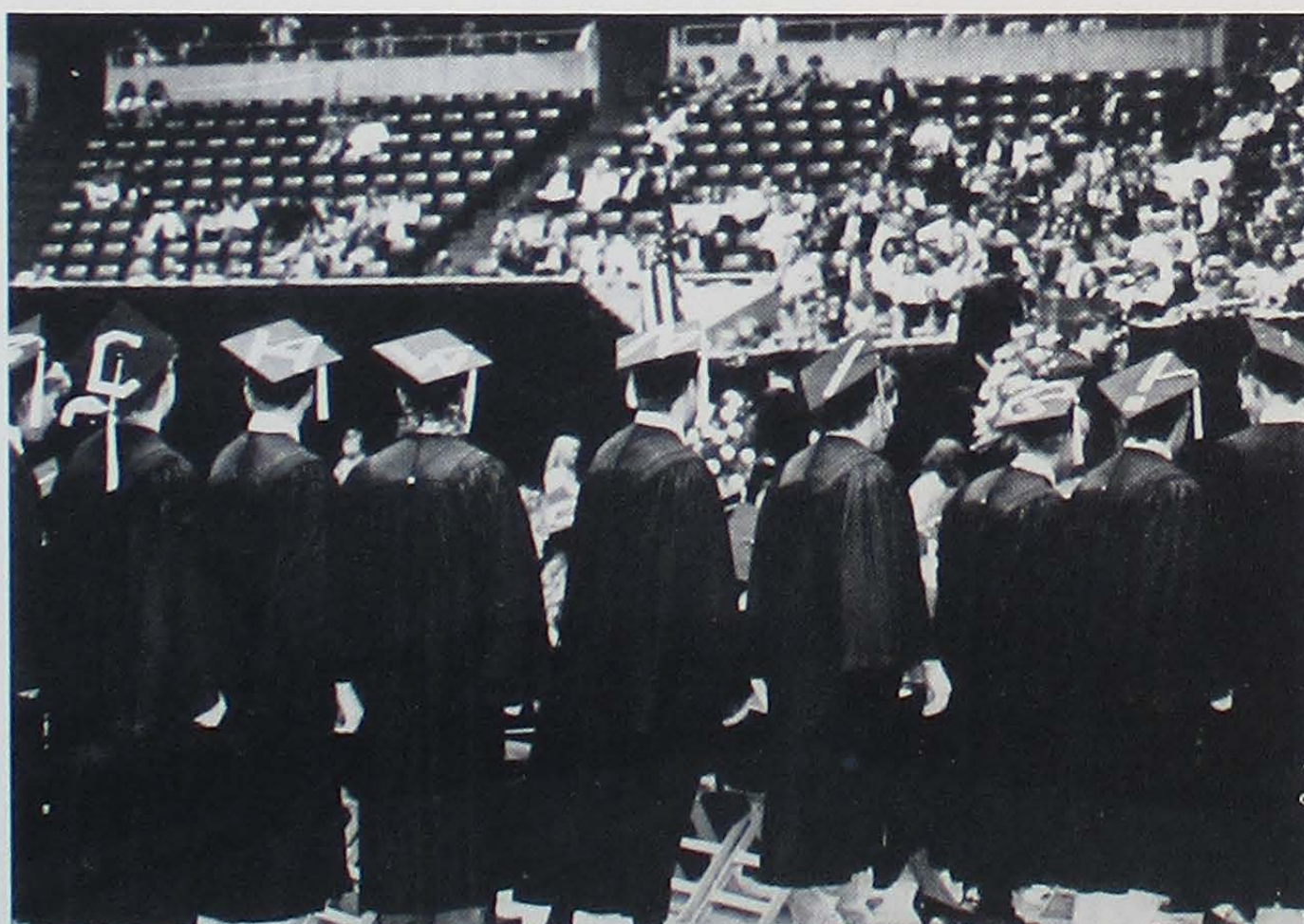
ied. We wrapped up about two weeks early and I think it kind of showed up in our graduation ceremony. It wasn't even like a school function anymore. Everyone was like, 'Yeah, we're out of here. We're out of Ames High.' I don't really mind Ames High, but next year will be different. We'll be at a different school and without a lot of our friends," senior Brian Greving said.

After receiving his white carnation, Paul turned and scanned the remaining seated seniors. He realized through memories of finals, senior parties, and friends that things would never be the same. His diploma was proof of that.

"A part of your life is over, but you're on to something new."

-senior Jim Krogmeier

despite administrative threats, these seniors decided that their graduation wouldn't be complete without something written on their caps. 'Schwing' seemed appropriate to them for the occasion. (Photo by Abby Klaas)



the way
WE
see it

Top 10 projected majors

10. Architect
9. Speech Pathologist
8. Criminologist
7. Psychologist
6. Physical Therapist
5. Accountant
4. Doctor
3. Business
2. Engineer
1. Teacher

Iowa Connections

Students saw national figures in a local light

-Avanti Athreya

July: The new teenage smoking law went into effect. Anybody under 18 could not smoke or use tobacco products. The 20th annual Midnight Madness Road Race drew 1,803 runners from all over the Midwest on July 13.

August: It was time again for Iowa Games, the state's version of the Olympics. Olympic gold medalist Peter Vidmar spoke to 1,579 athletes at the opening ceremonies and gave the oath of athletes.

September: The Iowa Natural Heritage Foundation began its campaign to save Ames' idyllic Ann Munn Woods. The city experienced different types of art with an N. C. Wyeth display at the Brunnier Gallery and a week of jazz, featuring bassist David Friesen, at the Maintenance Shop.

October: Iowa State University budget cuts affected every department, and the State Gym, a favorite place of many Ames High basketball players, shortened its hours to save on heating and fuel costs.

November: A shooting spree in Iowa City by a University of Iowa graduate student killed five faculty members and paralyzed Miya Rudolfo-Sioson, a 1986 Ames

High graduate. The AIDS quilt was on display at ISU November 14-17. Only the midwestern part of the quilt was on display, listing 600 of the 14,000 people who had died AIDS-related deaths.

December:

Hostages Terry Anderson and Thomas Sutherland were released. Both graduated from ISU. Having spent years in captivity in Beirut, the two returned to the

U.S. with the other former hostages to jubilant crowds.

January: "The sun will come out tomorrow" became a hopeful saying for many people; Ames went through a record 13 days under a deep cloud cover. January 15 marked the first anniversary of Operation Desert Storm.

February: Iowa State University celebrated the first anniversary of President Martin Jischke.

March: Iowa Senator Tom Harkin dropped out of the presidential race. Author and ISU Professor of English Jane Smiley won the National Book Critics Circle Award for her book *A Thousand Acres*.

The ISU basketball team advanced into the second round of the NCAA championships, only to lose to second-seed Kentucky.

April: Jane Smiley received the Pulitzer Prize for *A Thousand*

"It's scary to see so many quilts and know that it represents only a small percentage of those who have died from AIDS."

-Junior Abby Klaas

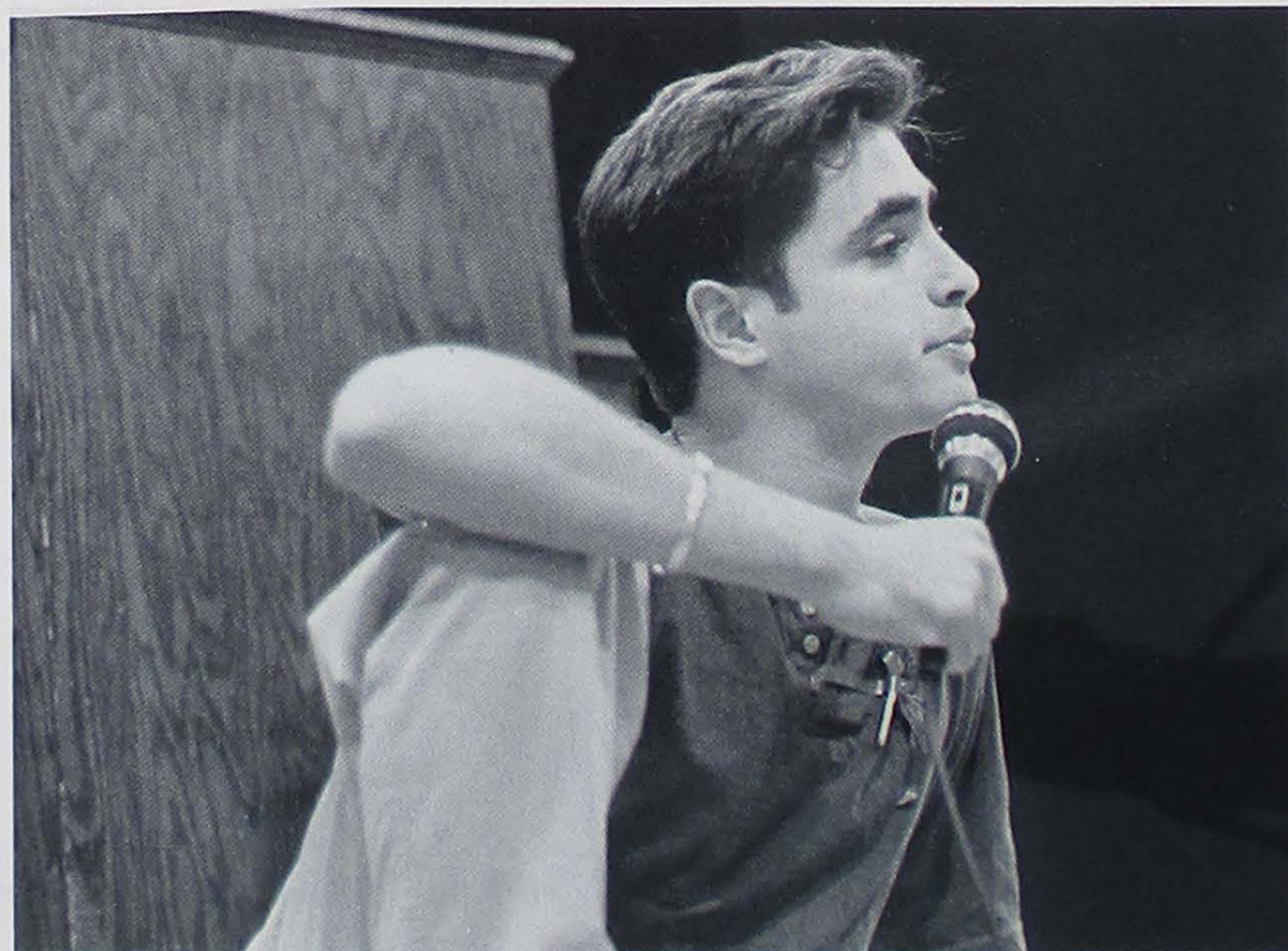
homecoming. Some students attributed this to the acquittal of the Los Angeles Police Department's members who were involved in the beating of Rodney King; many, however, felt the Veishea skirmishes were little more than drunken brawls.

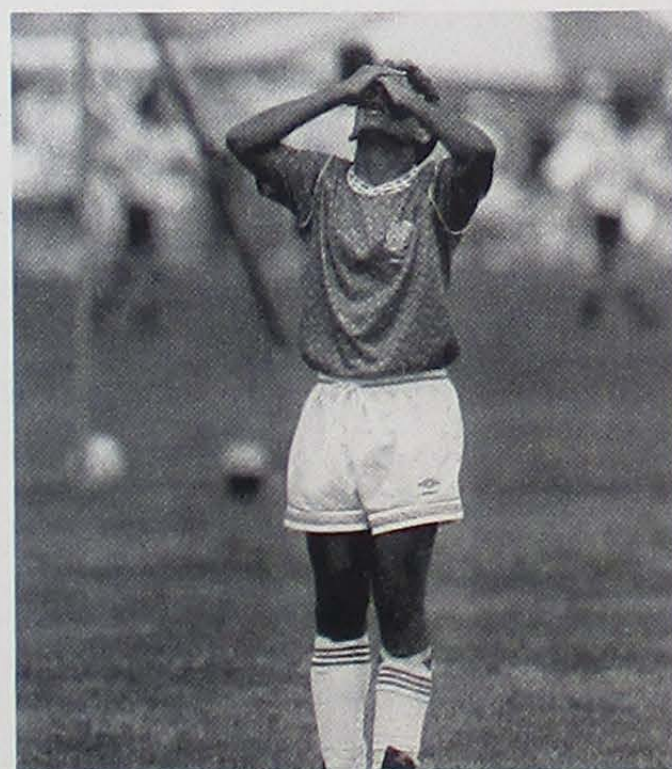
June: The world-famous rock band Genesis provided Ames with a concert at Cyclone Stadium.

Jean and Thomas Sutherland enjoyed the Veishea festivities May 2-3. Former hostage Sutherland was the grand marshal of the Veishea parade. (Photo by Don Smith/The Daily Tribune)

appearing

before a crowd of 130 in the auditorium, Pedro "Peter" Zamora speaks about AIDS. Zamora was a national spokesperson for the battle against AIDS. Twenty-year-old Zamora tested HIV positive when he was 17 after giving blood at his high school. (Photo by Nathan Jones/The Daily Tribune)





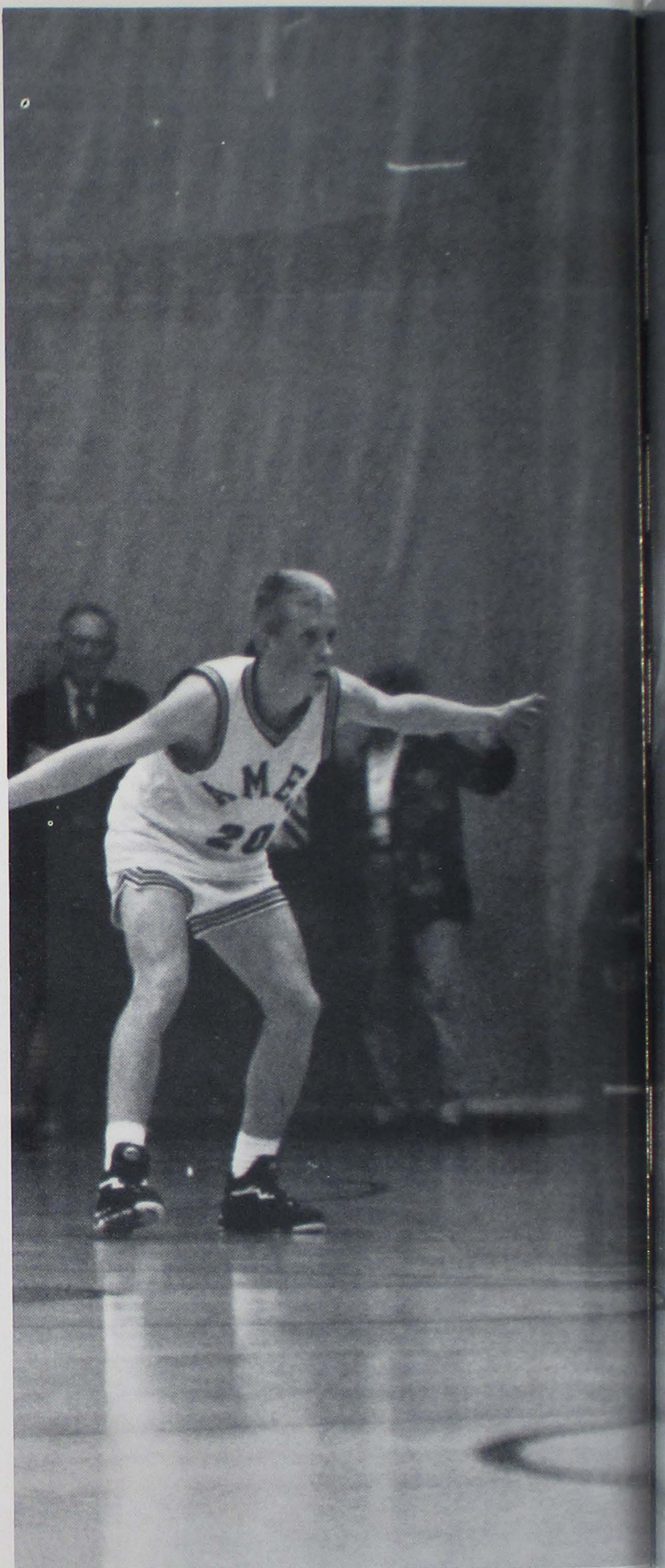
disappointed and upset, senior Farshid Khosravi expresses disbelief after losing in the gold medal game of the 16-and-under Division in the Iowa Games. (Photo by Mark Davitt/The Daily Tribune)

displaying their feelings against the Rodney King verdict, seniors Scott Whiteford and Curtis Hawkins march in the Veishea parade May 2. (Photo by Kelly Koppes)

WITH ENCOURAGING WORDS, Special Olympics coach Hilary Ziebold congratulates Junior Travis Dakin on winning the 50-yard backstroke at Beyer Hall. The Special Olympics State Meet was held May 28-29. (Photo by Kelly Koppes)



WINNING THE STATE Championship called for a wet celebration. After the girls' track team totalled 54 points to beat second-place DM Roosevelt, the girls dumped a cooler of ice water on head coach Jim Duea. The Girls' State Track Meet was held May 22-23. (Photo by Karen Hsu)



WE are Pumped

Whether we were giving high fives to teammates or getting the team together for spaghetti before an important meet, we found different ways to psych ourselves up to do the best we could.

WACKY weather from snow and freezing rain on Halloween to tank top temperatures in February varied our otherwise MONOTONOUS workouts. Our cross country teams ran in summer weather all season, only

to compete in winter conditions at State. Pouring rain may have stopped the marching band from performing a half-time show at Homecoming, but it couldn't stop senior quarterback Seth Anderson from passing 2,008 yards during the season, shattering Fred Hoiberg's school record by almost 500 yards.



WHILE THEY

DEVOUR the hearty spaghetti dinner at Susie McGee's house, seniors Alison Campbell, Tobi McKern, and junior Shannon Dau talk about the upcoming meet. On nights before meets, cross country members took turns hosting 50 teammates for spaghetti club. (Photo by Karen Hsu)

WORKING UP A

sweat, junior Scott Gabrielson keeps an eye on his opponent on January 31 against Newton. Ames went on to triumph over the Cardinals 68-62. (Photo by Angie Ellmaker)

Inside, away from the cold, the girls' basketball team earned its first winning season ever in seven seasons of five-player basketball. But basketball players weren't the only ones HYPED UP; seniors Megan Slaughter and Becky Yeung enthusiastically performed as members of the All-State Cheersquad at the Boys' State Basketball Tournament. Also making All-State honors, senior Chris Winkler helped the hockey team skate to an IMPRESSIVE fourth place finish at State after a seven-game losing streak. Undefeated in dual meets during the season, the boys' swim team crushed third-ranked WDM Valley's 35 consecutive conference wins.

Seventies in February inspired us to tan as we practiced our baton exchanges in track; but during Spring Break, it hailed, snowed, and blew over hurdles, preventing tracksters from practicing outside. The wasted week didn't stop the girls' track team as they claimed the state crown with a four point win over second place DM Roosevelt and the boys battled blizzards for a chance at a seventh straight state championship.

No matter where we were, we pushed our bodies to their maximum; from heat to sleet, rain to pain, we were PUMPED.

Fresh start

Football team faces tough competition in new CIMC

Peter Loutzenhiser

As the varsity football team walked on the practice field in early August, they knew that this would be a tough season. This was the first year of the new Central Iowa Metropolitan Conference. They would be forced to fight for every yard and struggle for every first down, because the foes they would face proved to be some of the best teams in the state. Five of the seven teams from the National Division made it to the state playoffs; Ames was not among them.

The new CIMC alignment built resentment from some team members.

"It (the new conference) was a scheme set by money-grubbing administrators to make money," senior Nathan Pelzer said. "They made the two divisions of the conference unequal, and we had the misfortune of landing in the tough division. Playing

in that division was about as fun as running barefoot through a room of broken glass."

And for those who volunteered to go into the trenches and play these top-ranked teams, it proved to be a very emotional experience.

"This season was an emotional rollercoaster," junior Tendai Muyengwa said. "After the first two games we were really high. Then, everything was downhill, except for the Newton game."

The Newton game proved to be a heartbreaker. The Little Cyclones led second-ranked Newton, but fell behind after an interception and a pass-interference call.

"It was a hometown call, because the ref thought that they (Newton) might lose a sure-win game," junior Kelly Delagardelle said.

Though the team found itself up against obstacles like bad calls and difficult com-

petition that at times appeared insurmountable, a few individual statistics put some players near the top at their position. Senior Seth Anderson led the season in passing yards and senior Alex Garn made the second-team All-State team. Though several individuals had great performances, it was the team that ultimately was held responsible for what occurred.

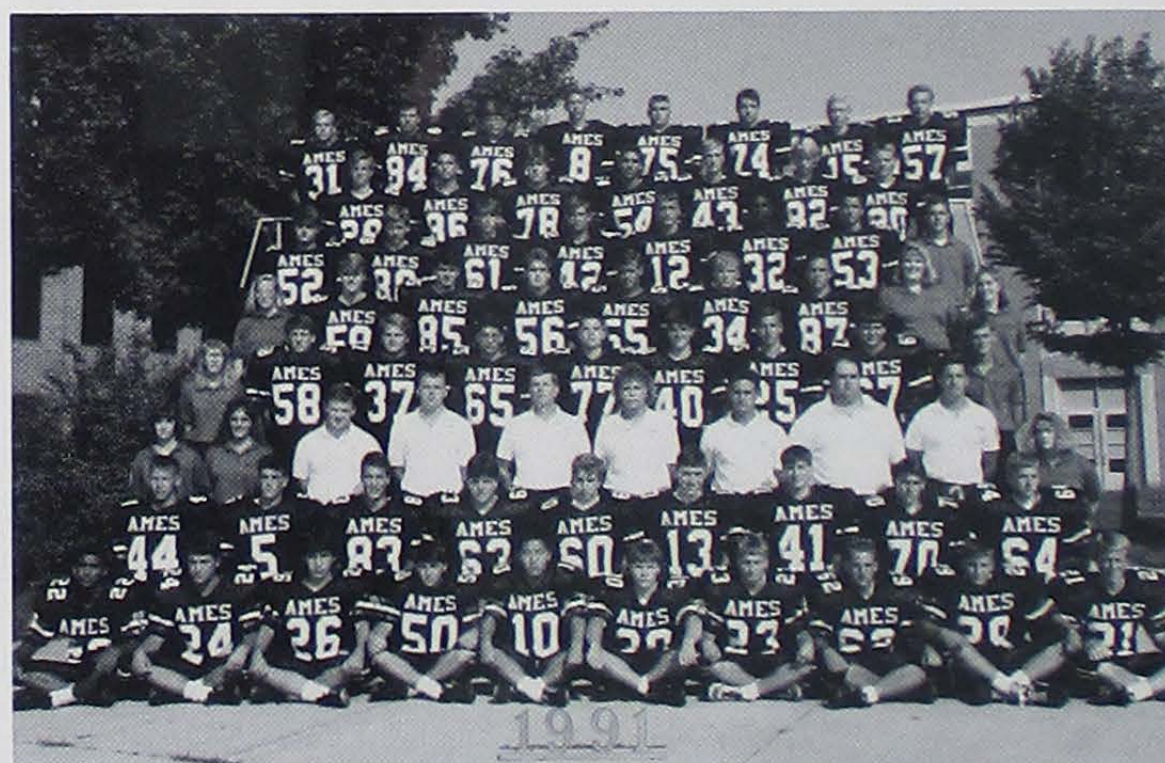
"I learned how to handle things when they got tough," senior Chad Steenhoek said. "I also learned that everything is team oriented. The whole team wins games and the whole team loses games. It's all based on teamwork."

Though the team waged through a tough season, they were united by a greater sense of team unity then when they trotted onto the field in August. It was an experience that would not soon be forgotten.

Varsity Football

2 wins, 7 losses

AHS	Opponent	Opp
31	DM Roosevelt	0
33	DM Lincoln	0
7	WDM Dowling	37
6	Marshalltown	13
18	WDM Valley	48
0	Urbandale	28
28	Fort Dodge	52
24	Newton	28
14	Ankeny	35



Varsity Football. Front Row: S. Belzer, J. Murphy, N. Uemura, M. Kubera, J. Bernard, J. White, A. Hagen, K. Delagardelle, C. Winkler, S. Gabrielson. Second Row: C. Groepper, C. Wesley, B. Ford, J. Lingelbach, T. Arp, Q. Collins, D. Pollard, J. Weiss, P. Greenfield. Third Row: Trainer K. McGinness, Trainer T. Carmean, Trainer D. Jones, Asst. Coach J. Johnston, Asst. Coach C. Pelzer, Coach K. Daddow, Asst. Coach T. Holmes, Asst. Coach R. Moore, Trainer C. Miller, Trainer J. Schrad. Fourth Row: Trainer D. Dean, R. Windsor, C. Steenhoek, P. Bernard, N. Pelzer, B. Freeman, M. Milleman, E. Nessel, P. Snow. Fifth Row: Trainer C. Houge, J. Tice, M. Robinson, C. Montgomery, J. Meadows, S. Gould, J. Horras, Trainer J. Siebert, Trainer L. Converse. Sixth Row: Q. Woodman, J. Greenfield, J. Weiss, Q. Carlson, K. Lawler, T. Muyengwa, B. Linder, Trainer A. Elbert. Seventh Row: J. Miller, N. Benson, A. Klatt, B. Gabal, J. Jansen, M. Anderson, D. Ricketts. Back Row: E. Warne, B. Coffey, J. Bryant, A. Garn, M. Rahfaldt, J. Best, S. Anderson, M. Maehner.





the Ames defense lines up against Marshalltown. The Little Cyclones held the Bobcats to 13 points. (Photo by Jason Dane)

after a tough catch, junior Scott Gabrielson takes a hit from a DM Lincoln player; Ames won 33-0. (Photo by Aaron Jones)



the way **WE** see it

The Little Cyclones were plagued by injury throughout the season. Though most injuries were minor, some put players out for the season.

"I dislocated my shoulder and it was season ending," junior Carlos Wesley said. "Our team was really hampered by injuries; every one of our key positions had injuries. The offensive line was the healthiest all season."

All injuries to key personnel put a damper on the season and inhibited the team from playing to its full potential. Players often iced and taped to allow them to compete injured.

"Injuries really brought the morale down and we lost a lot of enthusiasm and spirit with the loss of all these players," senior Basem Gabal said.

This season was riddled with a lot of injuries leaving the team short handed, but through hardwork and a tough attitude the team managed to persevere.

after hard defensive play against Marshalltown, seniors Ryan Windsor and Mark Robinson exit the field. (Photo by Aaron Jones)

U Good times and hard work created long-time memories

nstopppable

-Alison Doyle

Webster's Dictionary defines success in a number of ways, but perhaps the best definition would be the cross-reference "see freshman and sophomore football, 1991." Both teams cruised through their seasons on a winning note, the sophomores with an 8-1 record, and the freshmen going 7-1-1. All of this was also accomplished under the new Central Iowa Metropolitan Conference, which included many powerhouse teams.

Players on both teams found their seasons a learning experience as well as a lot of fun.

"It was a very enjoyable season because we were fortunate to win often. We all had to put forth a team effort all the time," sophomore Bryan Warne said.

Players attributed their success to a number of things, including coaching techniques, working hard and cohesiveness amongst the players. The togetherness and fun that the team shared only helped to create more memories, according to sophomore Chad Fowles.

"We all got along really well—the closeness of our team was just like a big family," Fowles said. "I'll miss that, and all of the volunteer coaches. They're all a lot of fun. They knew when it was a time for seriousness, but they also joked around with us a lot too," he said.

According to freshman Justin Kepley, the most beneficial part of his season was the reward that he got after working so hard.

"Our coaches made us work hard and it paid off

because we won," Kepley said.

Winning was something that both teams got used to. The sophomores came out ahead in their first eight games, winning with a margin of victory of nearly 29 points. The freshmen also held a pretty impressive victory margin, and like the sophomores, finished second in their conference.

After their seasons were over, both freshmen and sophomores appreciated the memories and friends they made on their teams.

"It was one of the most exciting teams I've been on. Every one knew the importance of winning," Warne said.

Despite losing their final game, the players agreed it had been a season of growth and team work.

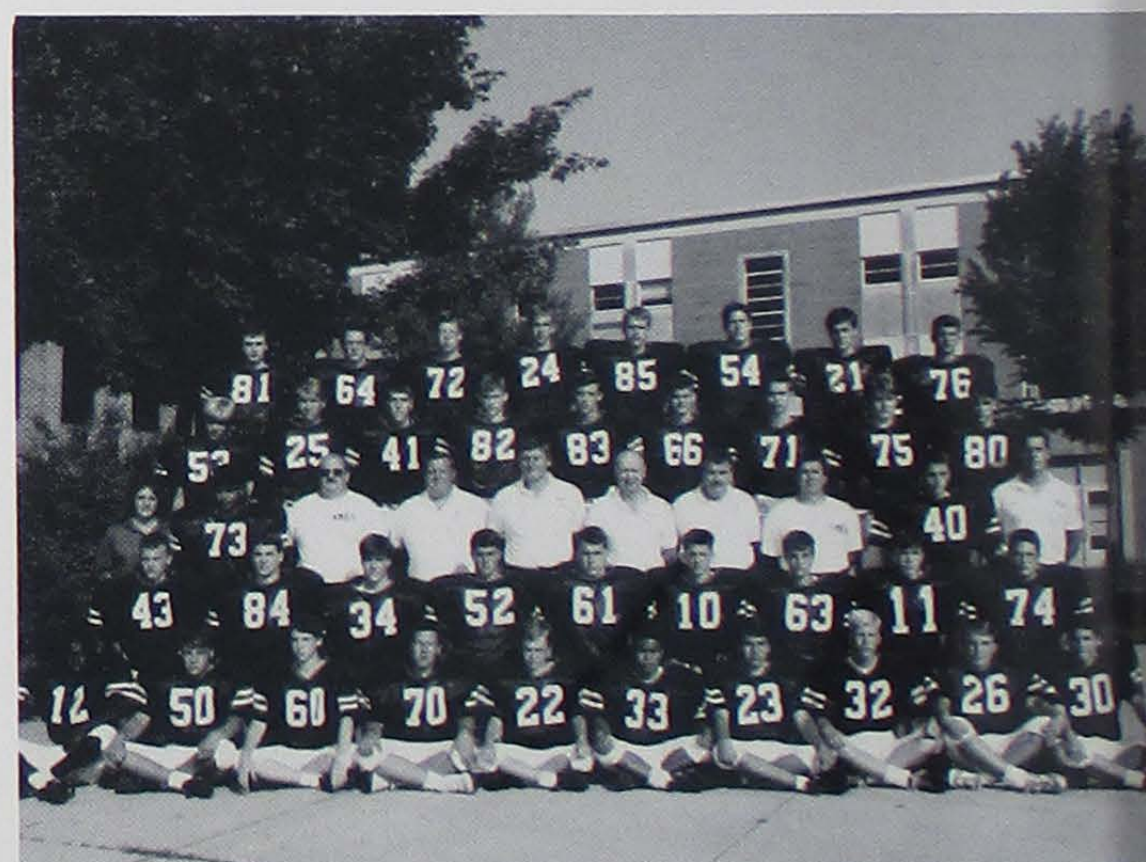


sophomores Steve Bern and Jeremy Mize watch from the bench as Ames defeats WDM Dowling 39-8. (Photo by Aaron Jones)

Sophomore Football

8 wins, 1 loss

AHS	Opponent	Opp
21	DM Roosevelt	0
69	DM Lincoln	34
39	WDM Dowling	8
33	Marshalltown	6
34	WDM Valley	14
55	Urbandale	20
36	Fort Dodge	6
34	Newton	12
19	Ankeny	20



Sophomore Football. Front Row: T. Mendonca, K. Spillers, N. Schult, T. Kepley, B. Morton, S. Thongsouk, S. Buck, C. Fowles, Z. Thompson, M. Ogbourne. Second Row: D. Kamm, T. Grebasch, L. Freeman, D. Knapp, T. Reimann, T. Payne, D. Smalling, D. Sivesind, J. Sweeny. Third Row: Trainer T. Carnean, B. Kanwar, Asst. J. Elliot, Asst. V. Fowles, Coach D. Tramp, Coach J. Duea, Asst. E. Schweiger, Asst. K. Litchfield, J. Gardner, Trainer C. Miller. Fourth Row: J. Stork, B. Warne, C. Wycoff, S. Wirth, S. Henning, J. Booms, B. Terry, D. Faux, M. Ashburn. Back Row: M. Farler, J. Deiter, J. Mize, J. Milleman, S. Bern, J. Alt, Z. Frederick, A. Vetter.



throwing off the DM Lincoln tackle, sophomore Bryan Warne carries the ball for a first down. (Photo by Aaron Jones)

freshman Todd Swan prevents a WDM Dowling player from blocking an Ames sack. (Photo by Aaron Jones)



Freshman Football. Front Row: Kory Phomphang, Chris Sprong, Jim McGee, Brian Finnema, Jay Ollila, Steven Garrison. **Second Row:** Mark Hatfield, Curt Harryman, Justin Kepley, Brian Gould, Ed Bappe. **Third Row:** Ryan VanCannon, Devon Kepley, Coach Vance Downs, Coach Bruce Vertanen, Brett Blackwilder, Justin Gerry. **Fourth Row:** Clint Houge, Brad Nessett, Travis Brunner, Max Cook, Eric Strauser. **Back Row:** Eric Greving, Chad Wheatley, Todd Swan.

Freshman Football

7 Wins, 1 loss, 1 tie

AHS	Opponent	Opp
48	DM Roosevelt	14
44	DM Lincoln	20
22	WDM Dowling	22
22	Marshalltown	16
22	DM East	14
14	WDM Valley	16
22	Urbandale	16
34	Newton	0
28	Ankeny	6



freshman Kory Phomphang attempts to evade a WDM Dowling tackle and make the first down. (Photo by Aaron Jones)

Hitting hard

Despite a difficult season, girls' volleyball teams had a blast

A-Adrienne van der Valk band of scantily clad teenage girls with bulbous growths on their knees burst into the gyms of numerous conference schools during the volleyball season. Did the officials call the police? No, they cheered for the Ames High varsity, JV and freshman volleyball teams.

"The highlight of the season was traveling to different schools. We met a lot of new people while we were playing, and traveling on the bus was really fun," freshman Renee Kingsbury said.

The three Little Cyclone teams were on the road a good part of the season, playing a total of 32 teams. When they were at home, they practiced their skills and got to know each other.

"As a team, our serving percentage went from the

70's to the high 80's which was our goal," sophomore Jessica Hugdahl said.

The Little Cyclones won 15 of their games but didn't do as well as they would have liked overall. They did feel, however, that the support they gave each other helped.

"Whether we had a winning season or not, the team relationships were fantastic. We played tough competition and always gave our opponent a good fight," junior Jana Hertz said.

Team spirit and a sense of family were qualities felt by all the members of the team.

"Besides being close on the floor we were close off the floor, like we had Sunday night dinners every week. It made up for the lack of success on the court," senior Holly Forssman said.

Working hard and improving required strong leadership and the girls found this in coaches Heidi Clinton, Joni DeKok, and Karl Schloerke.

"Our (JV) team...had a really good coach. She helped everybody, not just one person. Even though we didn't win a lot of games we learned a lot," junior Mary McKern said.

"We were good friends with the coach; she was there for us. During the tournaments she pulled us together and that helped us win," freshman Charli Engelhorn said.

So despite the embarrassment of having to wear skin tight uniforms, the team had a season full of fun and improvement and made friendships that lasted beyond the last serve.

Varsity Volleyball

7 wins, 11 losses

AHS	Opponent	Opp
3	WDM Valley	0
2	Fort Dodge	1
7th	Earlybird Tourn.	
3	Ankeny	0
5th	Metro Tournament	4
3	DM Lincoln	1
3	Fort Dodge Tourn.	4
1	Marshalltown	3
3	Newton	1
5th	Urbandale Tourn.	
2	WDM Dowling	3
1	Urbandale	3
1	WDM Valley	2
1	Urbandale	2
1	Marshalltown	2
1	Newton	2
0	WDM Dowling	2
2	Ankeny	0
	Regional	
0	Iowa Falls	3



Girls' Volleyball. Front Row: Leah Uhlenhopp, LeAnne Ford, Jana Hertz, Asheley Holscher, Jessica Hugdahl, Katie Krogmeyer, Holly Forssman. Second Row: Sara Bruscheon, Sarah Little, Kristen Parks, Kelly Randles, Beth Muller, Laura Kain, Jeanne Sundstrom, Molly LaGrange, Jamie Adair, Mary McKern. Third Row: Kim Lutz, Tracy Larson, Mgr. Jennifer Leek, Asst. Coach Joni DeKok, Coach Karl Schloerke, Asst. Coach Heidi Clinton, Trainer Kara Molgaard, Mgr. Suzy Dietz, Alicia Heffron, Sonnee Griffin, Jessica Jones. Fourth Row: Jenny Alson, Jenny Johnson, Accalia Martinez, Maria Lutz, Mandy Padilla, Charli Engelhorn, Renee Kingsbury, Summer Eckard. Back Row: Sarah Freed, Sherry Schwarzenbach, Petraya Juelfs.



the way **WE** see it

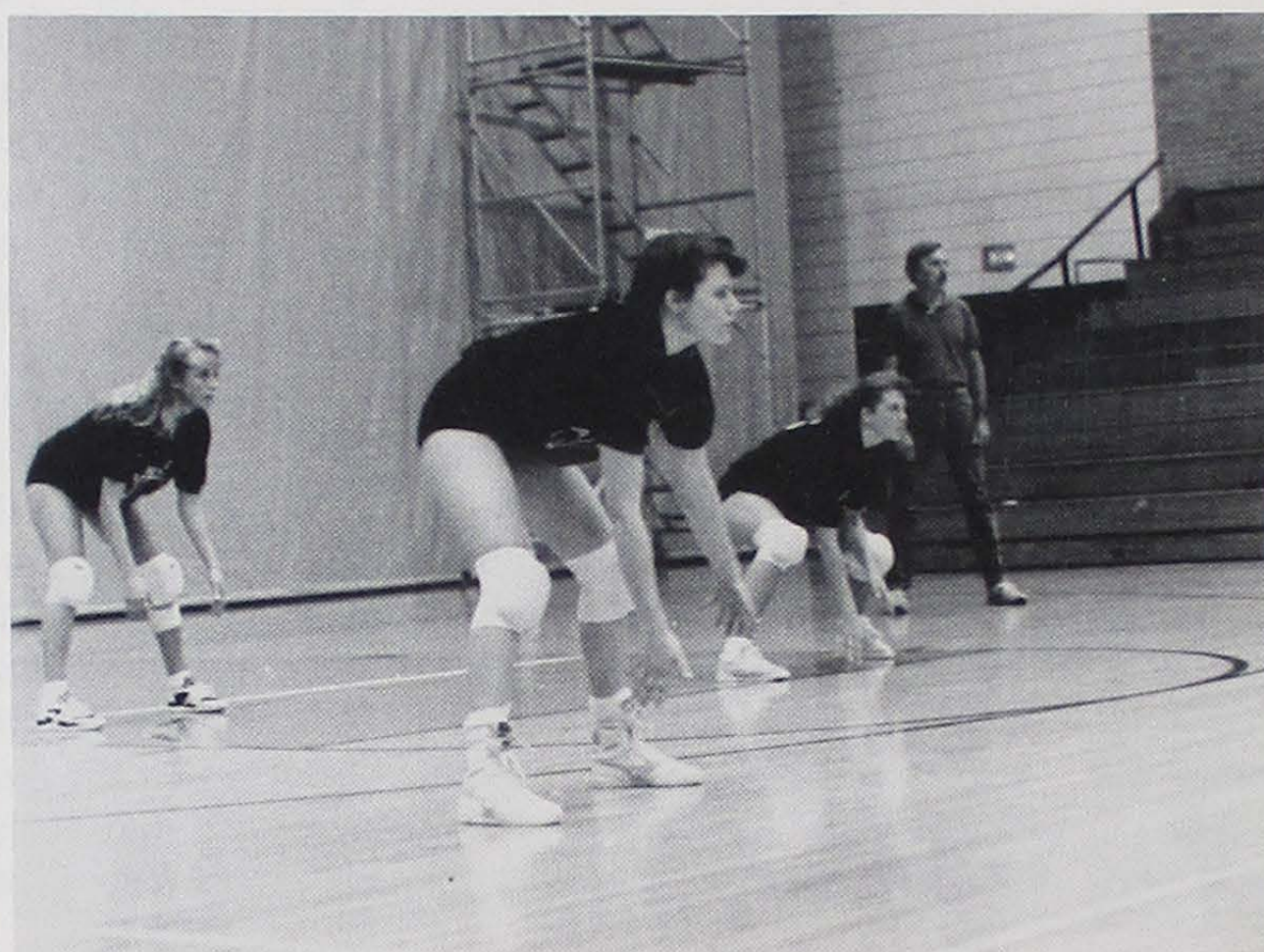
Some students spiked, slam-dunked, sprinted, and scored all year round. Others chose to pick a sport and concentrate during a single season. Little Cyclones had to consider time squeezes, fitness questions, and other priorities when deciding which and how many sports to participate in.

"If you play sports all year, by the time each sport rolls around you're in pretty good shape," sophomore Laura Kain said.

Focusing on a favorite sport and avoiding year-long involvement was a tactic many students decided to employ.

"I only play one sport so I can be focused on volleyball and take the rest of the sports year off. It takes some of the pressure off," senior LeAnne Ford said.

With a variety of sports to choose from, students put their priorities in order and chose how to commit their time, whether that meant concentrating on one sport or playing all year long.



waiting for shots at the ball in a match against WDM Dowling are seniors LeAnne Ford, Holly Forssman and Beth Muller. (Photo by Colin Brennan)



junior Mary McKern concentrates on the ball as she prepares to bump it. (Photo by Jason Swift)

in a JV match against Ankeny, sophomore Kim Lutz stretches to block the ball. Ames won the match. (Photo by Jason Swift)

H Cross country team overcomes obstacles to finish 4th

High hopes

-Steve Shapiro

Coming off an eighth place finish at State last year, the loss of several strong seniors, and faced with less than desirable weather conditions, the boys' cross country team was skeptical about its chances for the new season. But in spite of what most people considered an uphill battle, squad members set their eyes on the finish line and kept on running.

One of the things that gave the team an extra push was the strength of the incoming freshmen.

"I thought it was hard at the beginning," freshman Andrew Proesholdt said. "I was afraid it would get harder faster than it did. (In middle school) everyone went out for track and the workouts were shorter, but I got used to it."

First-time runners weren't

the only ones unsure of what the season had in store.

"My first impression was that they needed some work, but they ended up proving better than we thought," junior Chad Kinart said. "They really turned out to be good runners. Most of them scored well at the freshmen/sophomore meets."

While during practices and meets the freshmen proved they could run, at the pre-meet spaghetti dinners, they proved they could have fun.

"The spaghetti dinners helped the freshmen get to know people," said sophomore David Cantonwine, "and we got to find out what they were really like."

Another way the team brought itself together was setting squad goals.

"We knew we had the po-

tential to be a good team," senior Andy Glatz said. "This year was the first year of the new conference and we wanted to win it."

Glatz's goal was achieved with flying colors, but other people set their sights on a higher prize.

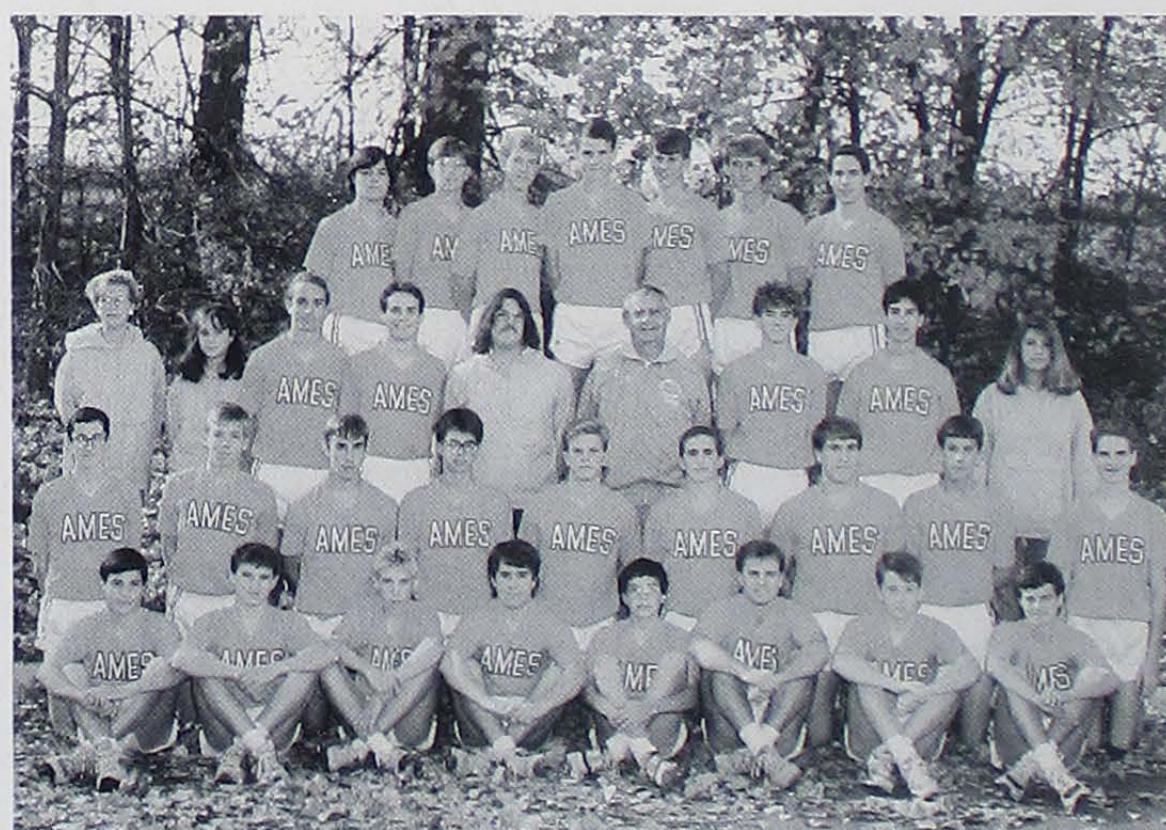
"We knew we had our work cut out for us but we wanted to be in a position to win State," senior Jon Dale said. "We were a little disappointed to finish fourth, but the season overall was successful."

And success was the name of the game. The team hurdled all the obstacles that came its way to end up with a winning record, place fourth in the state meet, and leave any skepticism about having a good season in the dust.

Varsity Boys' Cross Country

6 First Places

Meet	Place
Little Cy Invite	1st
Cedar Rapids Invite	5th
Tom Karpan Invite	1st
Indianola Invite	1st
Ankeny Grade Level Invite	1st
CIMC Div. Championship	1st
5A Dist. Championship	1st
5A State Championship	4th



Boys' Cross Country. Front Row: Erik Lehmkuhl, Matt Robinson, Jason Albers, Ryan Kinart, Andrew Proesholdt, Scott Whiteford, Jon Dale, Aaron Sheeler. Second Row: Dave Cantonwine, Nick Dau, Chad Kinart, Matt Abbott, Eric Bibler, Ryan Carey, Brian Greving, Jason Miller, Clint Zeimet. Third Row: Mgr. Abby DeHoet, Mgr. Mary Willard, Matt Thomas, Guy Willey, Fred Naylor, Coach John Sletten, Jon Durlam, Jason Burris, Mgr. Nikki Martin. Back Row: Aaron Lehmkuhl, Andy Glatz, Ryan Yoder, Mark Gyllstrom, Jeff Stiles, Jason Swift, Colin Brennan. Not Pictured: Jamie Lang.

the way **WE** see it

While most people were lying on their front lawns basking in the summer sun with a tall glass of lemonade in one hand and a good book in the other, a few rugged souls were out pounding the pavement in pursuit of greater endurance and faster times.

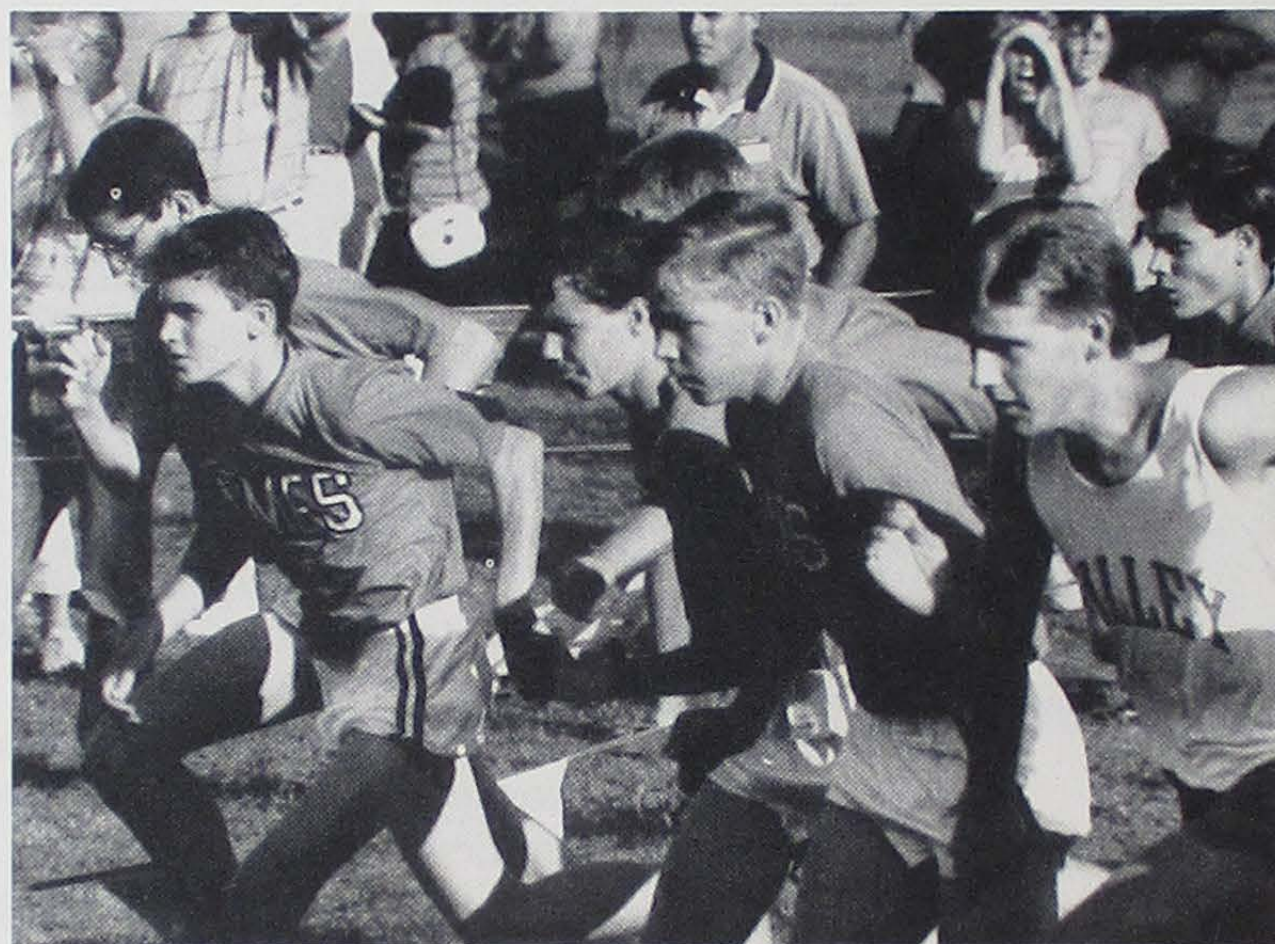
Cross country runners were split about the benefits of pre-season conditioning versus pre-season tanning.

"I run during the summer to keep in shape for the cross country season," senior Matt Abbott said. "It gives you more stamina. I set some hefty goals of 60 or 70 miles a week, but I don't always make them."

Others weren't as convinced of the advantages.

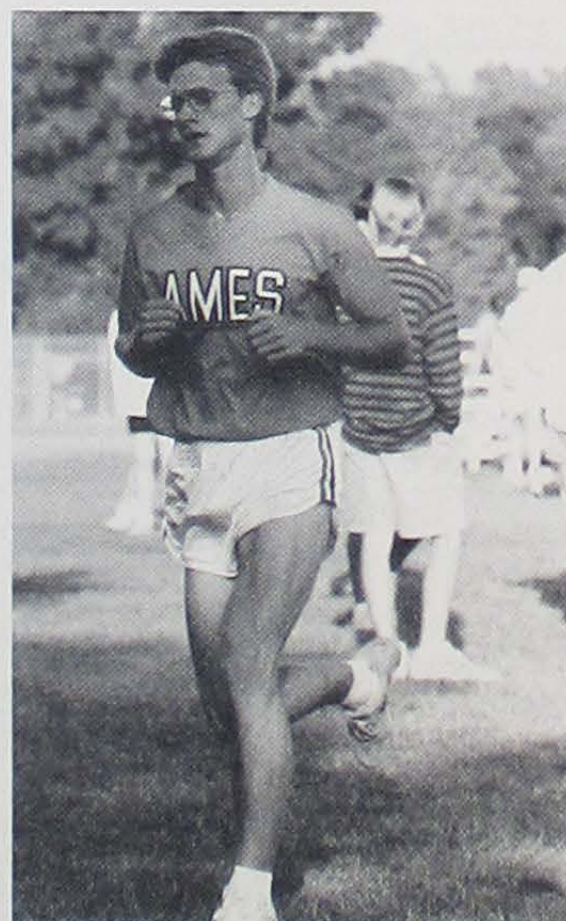
"Halfway through the summer Coach Sletten sent the cross country runners a letter telling us to start training," sophomore Clint Zeimet said, "but I just got lazy and didn't feel like it. I ended up doing pretty well in the season though."

Whichever option a person chose there was one thing everyone agreed on: once cross country started, you didn't have a choice.



freshmen Matt Robinson and Nick Dau jockey for position at the start of the Ames JV Invitational. Ames went on to place first in the meet. (Photo by Jason Swift)

settling into his rhythm, senior Jason Swift strides to an 11th place finish at the Ames JV Invitational. (Photo by Peter Loutzenhiser)



winding up his race at the Ames JV Invitational, junior Mark Qyllstrom sprints to an 18th place finish. (Photo by Jason Swift)

Girls' cross country team spells fun and victory M-U-D

Down & dirty

-Monica Wilke

Cross Country, it's fun in disguise," said the girls' cross country t-shirts. This disguise could have been made of dirt, considering the role mud played in their season. Throughout the season, mud and dirt were parts of a traditional dessert, wet and stormy meets, a slippery course, and the ever popular new members initiation.

A tradition that grew out of a flower pot continued to be a favorite surprise for newcomers. The girls concocted a "dirt" dessert, substituting a flower's soil with crushed Oreos.

"At first it was a joke to fool everybody, then we just had it every time we went to Erin (Block's) house for spaghetti club," junior Jeni Shierholz said.

The dirt of dessert turned to mud as the weather went from hot and dry to cold and wet, particularly at the Cedar Rapids Invitational.

"A storm just came out of nowhere it seemed like; we ended up running anyway. (The meet) just got delayed awhile and the course was really muddy," sophomore Beth Titus said.

The slippery course caused some of the girls to fall, get covered with mud, and even injured.

"The back of the course was almost straight up and down; some people were injured but most people just got dirty," freshman Brittany Parks said.

The mess of mud carried over to the initiation of new members, which the older ones found amusing. Initia-

tion took place during a pre-meet practice at Brookside Park where they were dunked in the Skunk River and had a mud-hurling fight, covering each other in mud, only to return running back to Ames High through the football field (and football practice) singing, "Rudolph the Red Nose Reindeer," to the football players.

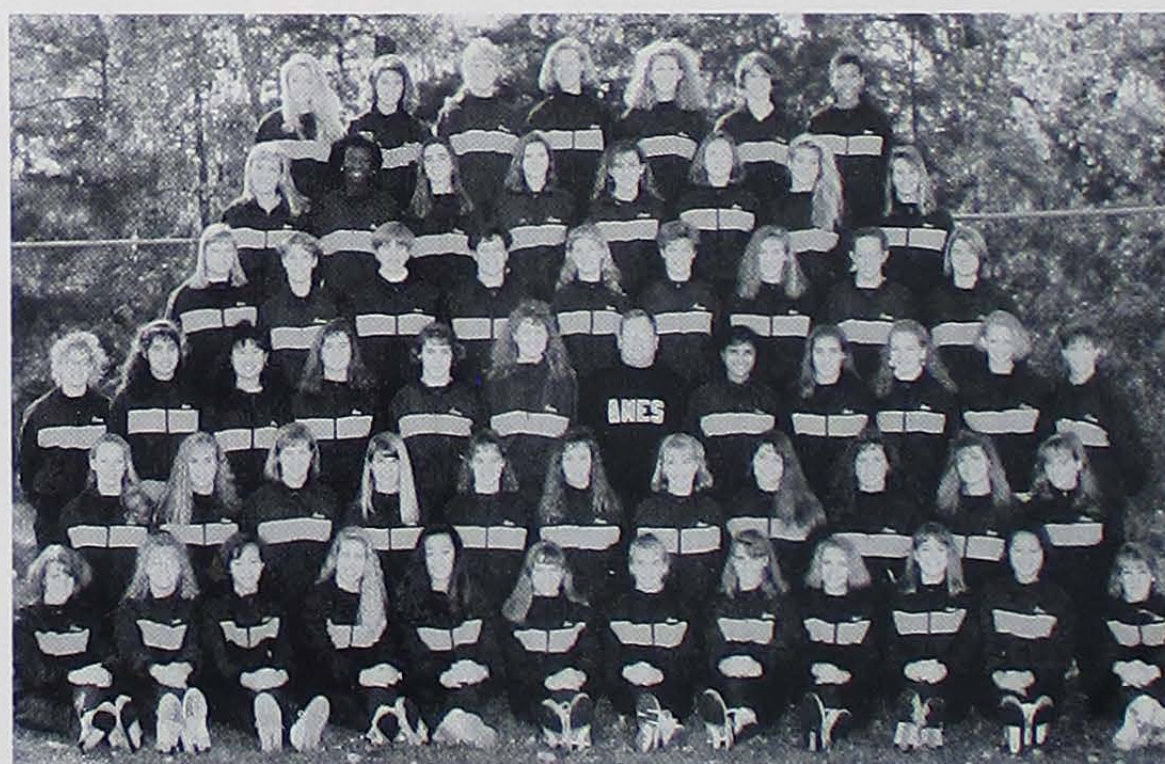
"I was the first one (to be initiated) and sort of set an example for everyone; I had been dreading it all season, but it was really fun!" junior Jody McKee said.

Although the girls were often camouflaged by dirt and mud during their season, it could not disguise the fun and dedication they had as they ran their way to third place in the State meet, held at Veenker Golf Course.

Girls' Cross Country

4 1st places

Meet	Place
Ames Invite	1st
Cedar Rapids Invite	2nd
Tom Karpan Invite	1st
Indianola Invite	1st
Urbandale	2nd
Divisional Meet	2nd
Conference	2nd
Districts	1st
State	3rd



Girls' Cross Country. Front Row: B.Stott, C.Beckman, A.Kao, L.Trede, J.Kim, A.Bergan, L.Powell, S.McGee, C.Salvo, J.McKee, L.Hefley, A.Raske. Second Row: V.White, A.Davis, A.Terpstra, B.Titus, T.Andrews, A.Loutzenhiser, B.Parks, D.Bryant, T.Langston, K.Helberger, A.Shrum. Third Row: K.Schram, Manager E.Hernandez, K.Hsu, A.Moutray, S.Smith, Coach D.Lentsch, Coach K.Schmaltz, A.Athreya, E.Ross, C.Dunham, Manager M.Yungclas, K.Barnhart. Fourth Row: B.Myers, E.Block, T.McKern, K.Langston, T.Johnston, C.Briley, C.Melvin, M.Whitaker, A.Campbell. Fifth Row: J.Shierholz, H.Lueth, A.McJimsey, L.Rice, E.Bourne, E.Espeland, A.Birch, A.Mehle. Back Row: J.Simonds, J.Remsburg, K.Marty, S.Dau, J.Allen, K.Blechl, H.Amos.





after placing 13th in the District meet in Carroll, senior Katie Barnhart receives support from trainer Chad Miller and senior Allison Campbell. Ames took first place at the District meet to qualify for State. (Photo by Jason Swift)

freshmen Lindsey Rice, Emily Bourne, and Brittany Parks cross the bridge at the Ames Invite. Ames went on to win the Invite taking first place. (Photo by Kelly Koppes)



the way **WE** see it

No school, scorching sun, a myriad of running shoes pounding the pavement and smiles.

Four girls from Ames attended Bill Bergan's All American Cross Country Camp at Simpson College.

"I wanted to get an early start in cross country in the season. We'd run three or four miles at 7:00 a.m., then have classes, a break, and then run again at 3:00," sophomore Julie Simonds said.

The social aspect of the camps was also important.

"It's really fun because you get to meet a lot of people from other towns that you run against, so you get to see them again during the season," junior Shannon Dau said.

Bergan's Camp and others helped many girls and taught them valuable skills while having a great time. They returned from camps with smiles that carried them into their season.

at the JV Invite, the runners start the race with great enthusiasm. This enthusiasm paid off as the JV team took first place at River Valley Park. (Photo by Kelly Koppes)

the way WE see it

"Andy, I'm nervous! What if I screw up? It could ruin everything!" What is this worried student talking about? An Algebra test? A Drivers' Ed final? No, it was golf tryouts. This was a common dilemma for many golfers as they swung their way to a new season.

To have a successful golf team, the coach had to choose her best players to do the job.

"This year there were so many good players, it was amazing. But keeping them all would have been impossible. I had to do what was best for the team," boys' golf coach Kay Bartlett said.

Some of the golfers didn't have an easy time during tryouts either.

"I was really worried about it, especially with all of the returning letterwinners," freshman Thomas Sternberg said.

The returning players had problems as well. It was a close race for the top spots.

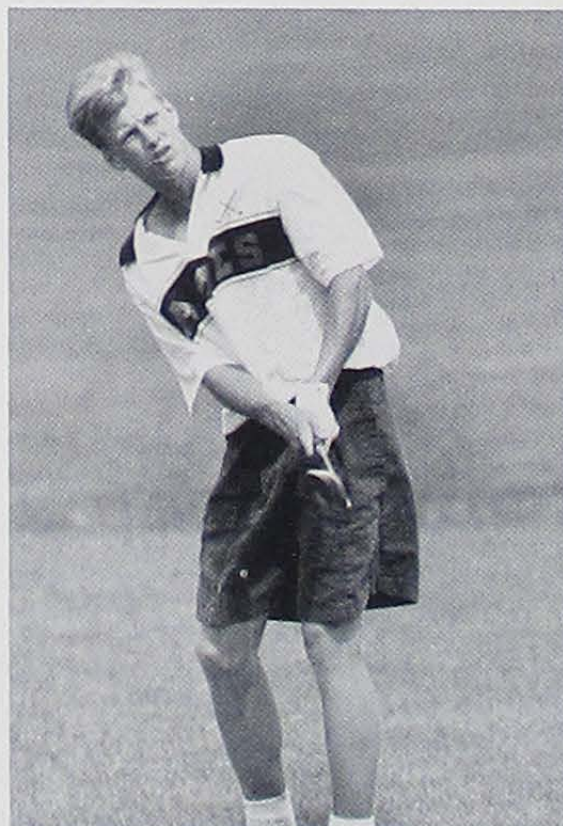
"There were quite a few of us within a few strokes. Every practice and every meet there was a lot of pressure," junior Jonathan Good said.

The power of tryouts affected the team through the season, pushing them to be even better.



sophomore Rusty Crawford follows his fareway shot. Ames won its own Invite Sept. 17. (Photo by Doug Smith/The Daily Tribune)

in the August 24 meet against DM East and DM Hoover, senior Chris Bundy follows his shot. The Little Cyclones won the meet by one stroke. (Photo by Andy Scott/The Daily Tribune)



contributing to Ames' second place finish in the WDM Valley/DM Roosevelt Invite, junior Brad Wuhs watches his putt. Wuhs shot an 83. (Photo by Andy Scott/The Daily Tribune)



Experience was a factor in team's 3rd place State finish

Swinging away

-Katie Krogmeier

The boys' golf team ended its season on a good note with a third place finish in state competition. It wasn't a fluke either. The golfers' experience paid off.

"One of our goals was to get in the top three in State. Since we had everyone returning, it made us better. We all had experience and that was the key," junior Brad Wuhs said.

Coincidentally, younger players felt that the experienced seniors made a big impact during the season.

"We had a good season. The seniors led the team well. They set very good examples for the younger players by working hard and progressing throughout the season," sophomore Dave Smith said.

Besides setting good examples for the younger golfers, the seniors improved their games.

"We were all happy that Rob (Swanson) and Chris (Bundy) did so well in their last meet. That meant a lot for them as well as for us," sophomore Rusty Crawford said.

Although only the top five golfers played on varsity, the JV players contributed to the winning season as well.

"It isn't like any other sport. It takes all of them pushing for the top five. We need everyone's support to win," Coach Kay Bartlett said.

The golf team needed more than everyone's support. Weather sometimes helped determine a good round too.

"The weather was pretty bad. At first it was really unpredictable, but after a while we almost expected rain or extreme temperatures. But since we were used to it, it didn't bother us too much," senior Rob Swanson said.

Rival WDM Dowling was another obstacle for the golf team.

"Dowling was our main competition all season long. They were a tough team. They had some college-level players. We always looked forward to playing them, but we didn't beat them this season. Hopefully, the rivalry will continue," junior Jonathan Good said.

Although there was tough competition, the golfers had a successful and a progressive season.

"It was a good season. We had a lot of competition which kept us on top of things. Coming in third was a great way to end the year," junior Mark Skluzacek said.

Having a team of accomplished golfers made all the difference for the team. Those who were new thought it was a good experience and the veterans looked at it as a new level of play.



Boys' Golf. Front Row: Ben Drake, Dave Smith, Mark Skluzacek, Mike Olson, Jonathan Good, Andy Homan. **Second Row:** Chris Bundy, Mike Pollmann, Coach Kay Bartlett, Thomas Sternberg, Brian Parks, Rusty Crawford, Bryce Hill. **Back Row:** Rob Swanson, Brad Wuhs.

Boys' Golf

4 1st places

Meet	Place
Des Moines Invite	2nd
DM East/Hoover	1st
Urbandale/Indianola	1st
Dowling/Valley/North	2nd
Ames Invitational	1st
East/Lincoln/North	1st
WDM Valley	2nd
Valley Classic	2nd
Valley/Dowling/Indianola/Urbandale	2nd
Dowling Invitational	4th
Conference Meet	3rd
District	3rd
State	3rd

Closeness provides the key to swimmers' and divers' success

Coming close

-Lisa Hinrichsen

Fatigue and muscles from hours of after-school and Saturday morning practices, a tinge of green in her hair from chlorine, and a grim determination to win—add this all up (and throw in a towel or two) and what do you get? A typical member of the Ames High swim team.

But it was not only these characteristics that made a swim team member. According to many of the swimmers, the best part of being on the team was the closeness they felt to one another.

"Being on the team was a great experience because someone was always there—no matter how good or bad I did," freshman Sara Britson said.

Senior Amy Leeman also sensed the closeness that

existed among team members.

"It was like a giant family who knows the pressure and problems of being a swimmer and could help you deal with that," Leeman said. "It's an individual sport, but you are constantly with other people. It's an escape for all of us—with our faces in the water—but the activities outside the pool are also a big part of the team."

Also, being on the team made the girls feel like they belonged to a group.

"I finally was really good at something. It was great to belong in a group. I really encourage anyone to try out and reach physically and mentally for anything, any sport. You shouldn't be scared," freshman Melinda Hefley said.

Many of the freshmen

"guppies" found friends in the upper-class swimmers.

"Going to the high school was a big change. The older swimmers couldn't have been sweeter. I got to know them really well. They helped to make the transition easier. I don't know if I would have made it without them," freshman Maria Rosheim said.

Freshmen weren't the only swimmers to benefit from being part of the team.

"I am definitely glad I was on the team. One of the things I learned was discipline," senior Nan Brcka said.

At first glance, the swim team seemed to be just another bunch of athletes, but the members of the swim team knew better. They were not only athletes, but a group of friends.

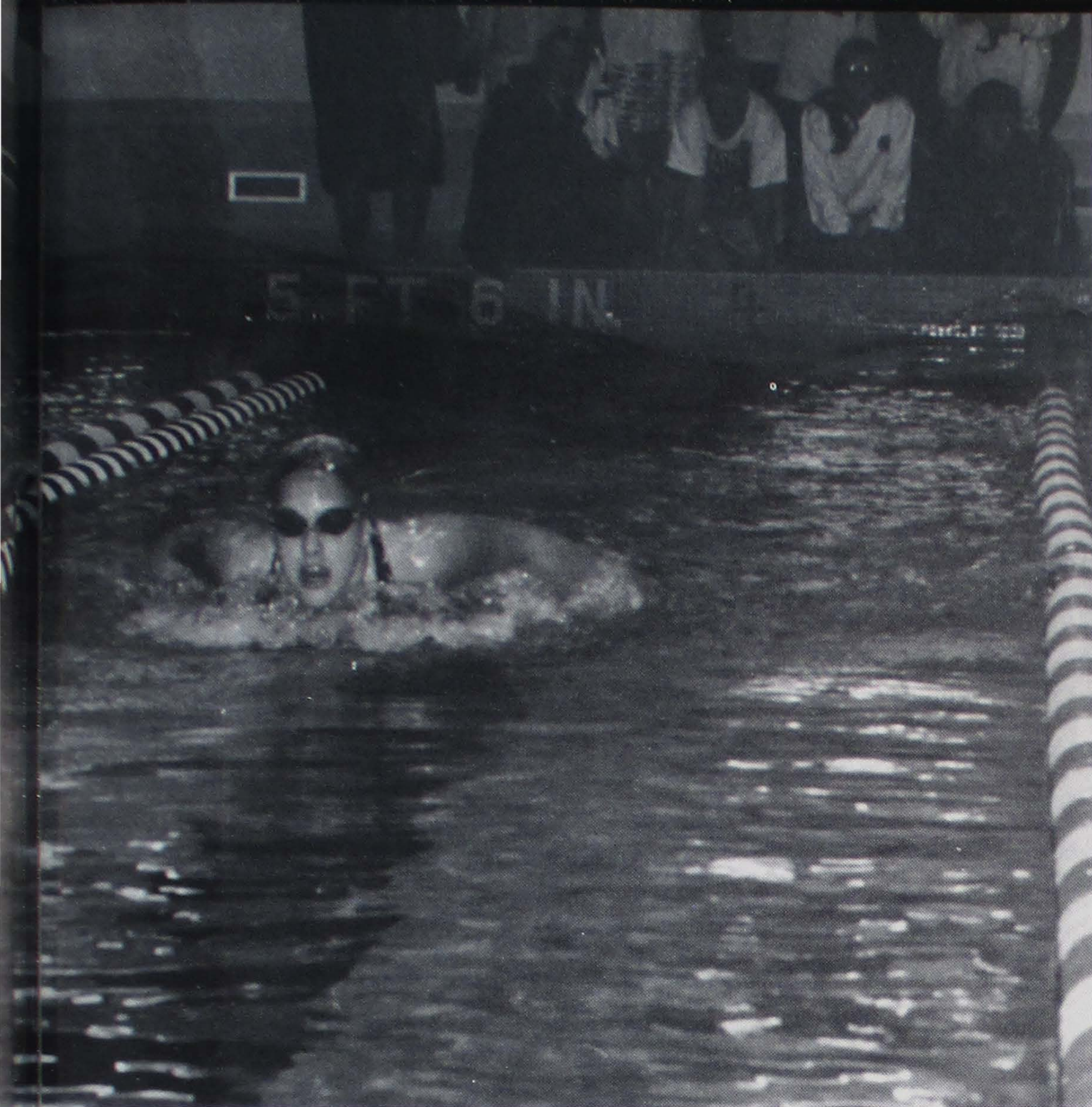
Girls' Swimming and Diving

7 wins, 3 losses

AHS	Opponent	Opp
59	WDM Valley	129
134	Boone	45
1st	Ames Invitational	
106	Ankeny	75
125	DM Lincoln	61
67	Marshalltown	119
124	Fort Dodge	60
120	Newton	64
90	WDM Dowling	96
108	Urbandale	78
3rd	District Meet	
32nd	State Meet	



Girls' Swimming and Diving. Front Row: A. Leeman, B. Recker, K. Nass, A. Wittmer, N. Brcka. Second Row: J. Fisher, A. Moore, E. Merkley, S. Richter, D. Patterson, K. Tollefson, A. Van Duesen. Third Row: M. Stenstrom, L. Welch, A. Cartwright, R. Hartman, V. Kleist, D. Williams, A. Nelson. Fourth Row: A. Olson, B. Hartman, B. Benbow, M. Wilke, J. Lynott, M. Mayfield, R. Lethcoe, R. Geiger, Betty Pang, A. Henderson. Fifth Row: E. Olsen, S. Jolly, M. Hefley, A. Jaimes, M. Rosheim, K. Ellingson. Back Row: J. Larson, M. Junck, B. Foley, C. Martin, E. McKay. Not Pictured: A. Knoedler. Managers: T. Franco, S. Rogers, C. Recker, J. Donnell. Coaches: N. Torkildson, A. Dassow, D. Olson.



in the meet against DM Lincoln, sophomore Monica Wilke swims a strong butterfly. Ames had an easy victory, 125-61. (Photo by Abby Klaas)

sophomore Lizz Welch dives in during the Ames v. WDM Dowling meet. Ames lost the meet, a close 90-96. (Photo by Abby Klaas)



the way **WE** see it

The spark of rivalry between the girls' swim team and West Des Moines Dowling turned into a fire last year when Dave Joensen (the 1990-1991 swim coach) became Dowling's new assistant swim coach.

Joensen transferred last year to Dowling when he was offered a job as a chemistry teacher there. He also took a job as assistant swim team coach.

"This year was especially a competition because we wanted to show Dowling that we could beat them," senior Angie Whittmer said.

But the Little Cyclones fell short. The score was a narrow 90-96 victory for Dowling.

Many swimmers, such as junior Dana Patterson, stressed that there were no bad attitudes.

"It's a good rivalry, not against the team, but just the coach. The Dowling team is really nice," Patterson said.

The team has no harsh feelings toward Dowling, but still that spark exists which fuels the competition.

with a smooth dive, senior Beth Recker enters the water in the state meet at Fort Dodge. Recker placed 16th in the 500 freestyle. (Photo by Abby Klaas)

Winning State was the highest achievement for a varsity squad

State Stars

-Maja Larsen

State champions... a group earning this title gained a lot of respect, but when the word cheerleading was added, many people lost interest. Others, including the cheersquad, knew it meant finally being able to show that cheerleading was more than just a bunch of girls cheering on their boyfriends.

"We did a great job and showed a lot of talent at State. This talent has always been there, but what made the difference this year was our co-coach Mark Bagone. He knew that we had this talent, so he just kept pushing and made us work a lot harder to achieve higher goals than ever before," junior Kim Windom said.

Bagone was a cheerleader at ISU, and when he saw the squad at the NCA (National Cheerleading Association) camp at ISU, they caught his

interest and he volunteered to help them. This made them capable of winning at State. It was the first time the squad competed at State.

"We do a lot more stunts and pyramids now, and we take the whole thing more serious both physically and mentally. Also, other students have started to accept it as a regular sport and not just some entertainment committee," senior Stef Carmichael said.

With this tremendous State victory November 9, the squad qualified to go to the national meet in Texas.

"We all felt that we had the qualifications to go to the National Cheerleading Competition. But since it wasn't school sponsored, we didn't get any financial help from the school. We had to come up with all the money ourselves and that was why we agreed on not going."

senior Marcy DeJoode said.

The squad hoped to make State a tradition. Another tradition began in 1989-90 when guys joined the squad as yell leaders. The tradition grew, and three guys were on the squad.

"The guy cheerleaders at the ISU games caught my attention. I thought that it looked like fun. But of course my main interest was the girls," senior Matt Randall said. Randall was the first guy to join the squad, two others joined later.

But Nationals or not, the cheersquad learned that they were capable of achieving higher goals than they ever had before, and that was enough to retain a great group relationship and keep the spirit high.

practicing their stunts for the state competition took place in the school gym for the varsity squad. (Photo by Abby Klaas)



the cheerleaders held a workshop for elementary students. Junior Leda Cole leads a few in a routine during a basketball halftime. (Photo by Kelly Koppes)

the cheersquad did its part in entertaining at the pep assemblies. Senior Kelli Kraus got caught up in the fun. (Photo by Abby Klaas)





Winter Varsity Cheersquad. Front Row: Marcy DeJoode, Kelly Cralg, Elaine Powell. Second Row: Sara Olberding, Kelli Kraus, Carl Foote, Steph Seller. Third Row: Allson Sams, Stef Carmichael, Leda Cole. Back Row: Collin Palge, Mark Skluzacek, Matt Randall.



Varsity Wrestling Cheersquad. Front Row: Molly LaGrange, Danae Brinkman, Libby VanHouten. Second Row: Sara Melnhard, Megan Slaughter. Back Row: Irish Boston.



Varsity Fall Cheersquad. Front Row: Kelli Kraus, Marcy DeJoode. Second Row: Steph Carmichael, Sara Olberding, Becky Yeung, Elaine Powell. Third Row: Renee Ripp, Lexa Curtis, Steph Seiler, Kim Windom, Krista Olson, Carl Foote, Megan Slaughter. Back Row: Matt Randall.

S Cheerssquads overcome rivalry to achieve team unity

till Dreamin'

-Katie Krogmeier

When most people thought of sports, cheerleading didn't come to mind. The stereotypical 'rah, rah' yelled by blondes wasn't seen in the AHS gym. The competition between spots, squads, and schools added to cheering pressure.

"We had a lot of people trying out, so there was a lot of competition to get on the squad. Robin (Geiger) was new from Texas and Steph (Bulver) moved from Cedar Rapids. The experience helped us to cheer at a higher level," sophomore Katie Helland said.

Since there were new faces to meet, the ISU cheer camp was a way to get acquainted.

"We got to know each other at camp. There was competition that helped us to improve on our skills. This year, the freshmen did more stunts than they have in recent years. We worked more with acrobatics," freshman Shannon Kenealy said.

Cheerleaders tried to calm

down the high competitive spirit by making unity a priority for keeping the squad at its best. But that closeness didn't just happen.

"We had sleepovers and parties after games. We even had a song. It was called 'Keepin' the Dream Alive,' sophomore Molra Murphy said. "The best memory was at the Homecoming assembly. Eight football players dressed up and performed chants. The crowd loved it!"

Closeness helped the squads pull together when they needed to. When the crowd got into the games, the team had more support.

"Since there isn't a huge crowd at most of the sophomore games, we did crowd cheers, like chants, more this year to get the crowd more into it," sophomore Carrie Salvo said.

School spirit was a main ingredient in a good cheer squad. But some might have had a little too much.

"One of the funniest things that happened was at an away game. We were doing a cheer and we were all excited. Melissa Kell went up for a toe touch, and she landed flat on her butt," sophomore Beth Holgers said.

Although not all of the memories were flawless, the cheerleaders were sure to remember what they learned.

"We learned a lot. It's harder than it looks. We practice just as much as other sports, about two hours each day," freshman Renee Kingsbury said.

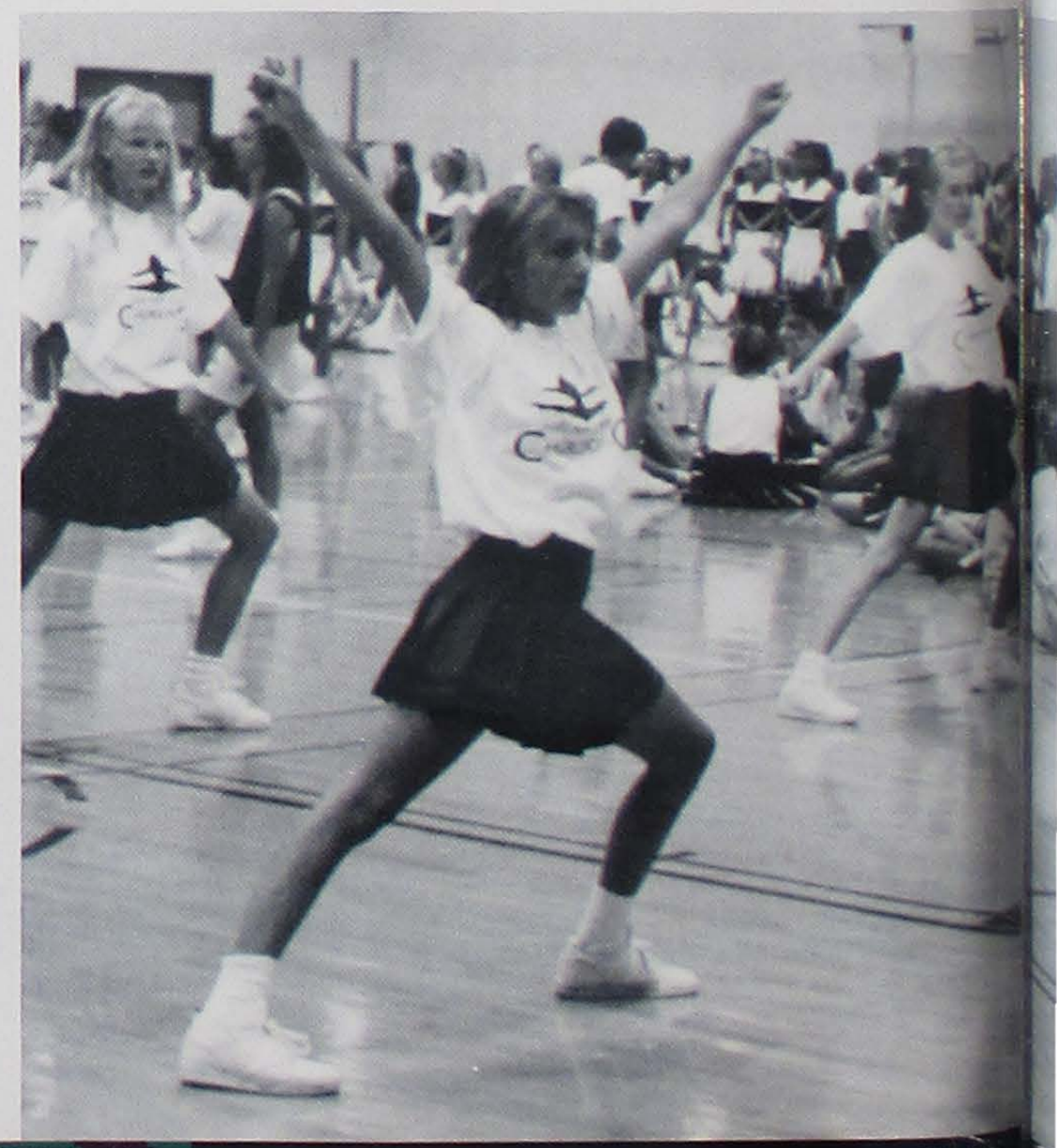
Hard work and determination led the cheer squads to a season of fun and team unity. As a result, they could cheer on the other sports of the year.

sophomore cheerleaders hold Steph Bulver at the Grand Prix Pep Assembly. (Photo by Abby Klaas)



among others, freshman Shelly Jaspering does a toe touch during a cheer at the Ames Grand Prix Pep Assembly on February 14. (Photo by Abby Klaas)

over 600 cheerleaders came to the ISU cheer camp. Sophomores Carrie Salvo, Robin Geiger, and Katie Helland practice. (Photo courtesy of Steph Bulver)





Sophomore Fall Cheersquad. Front Row: Moira Murphy, Becca Jones. Second Row: Emily Barta, Sara Meinhard, Amy White, Anna Reed. Back Row: Danielle Thompson, Libby Van Houten.



Freshman Fall Cheersquad. Front Row: Vanessa Burrier, Kelly Johnson, Lisa Biggs, Suzy Craig, Sarah Teas, Lindsey Pyle, Julie Swanson, Sara Stevenson.



Freshman Winter Cheersquad. Front Row: Claire Roth, Shannon Kenealy, Carrie Schram, Jenny Bilskie, Shelley Jaspering. Back Row: Nicki Fisher, Renee Kingsbury, Brittany Parks.



Sophomore Winter Cheersquad. Front Row: Annagretta Birch, Beth Holger. Second Row: Katie Helland, Melissa Kell, Carrie Salvo. Back Row: Lisa Foote, Moira Murphy, Robin Gelger, Anna Reed, Steph Bulver.

F Team disappointed with record after '91 State crown Facing foes

-Anjeanette Levings

As the fans entered the gym on Friday night, the legend of State lingered. Through the playing of the national anthem and the tip-off, enthusiasm ran high as the word "repeat" popped into mind.

But this fantasy was not to come true. Although the team grew together emotionally, they did not reach what they had hoped for.

"It was kind of a disappointing year, but we had a lot of fun together. Our team had a lot of talent, but we never seemed to put it together except for a few games, then we did pretty well," junior Scott Gabrielson.

Nearing the district tournament, the team seemed to miraculously pull together, fighting for the common goal of attending the State competition yet again. Their game against WDM Dowling, a major rival, brought out

their competitive spirit.

"We won by 30 points against Dowling. And it got us prepared for the District tournament. Our team played really well together; everyone contributed. Everyone just did their parts. Everyone passed, everyone scored; it was just a team effort," junior Mike Eagan said.

This victory pumped them up for the first District competition, but sadly, Fort Dodge wanted a victory too.

"It was tremendous. We got everything together. We had it in our hands and we lost it in the last few seconds. I think we missed easy shots. We were prepared and mentally ready, but we missed easy shots and Fort Dodge did not miss one. Everything they threw up went in," junior Tendai Muyengwa said. "Both times we played them they were ready for us. I know that we were the better team; I just

can't explain it."

This defeat seemed even more bitter when faced with the fact that their next foe would be Dowling, a team against which a win seemed certain.

"We were always pumped up against Dowling, since they are our biggest rival. Not to be cocky, but a win against them would be inevitable. We would have made sure that we came out victorious through team work. The team always came together when we played them," senior Seth Anderson said.

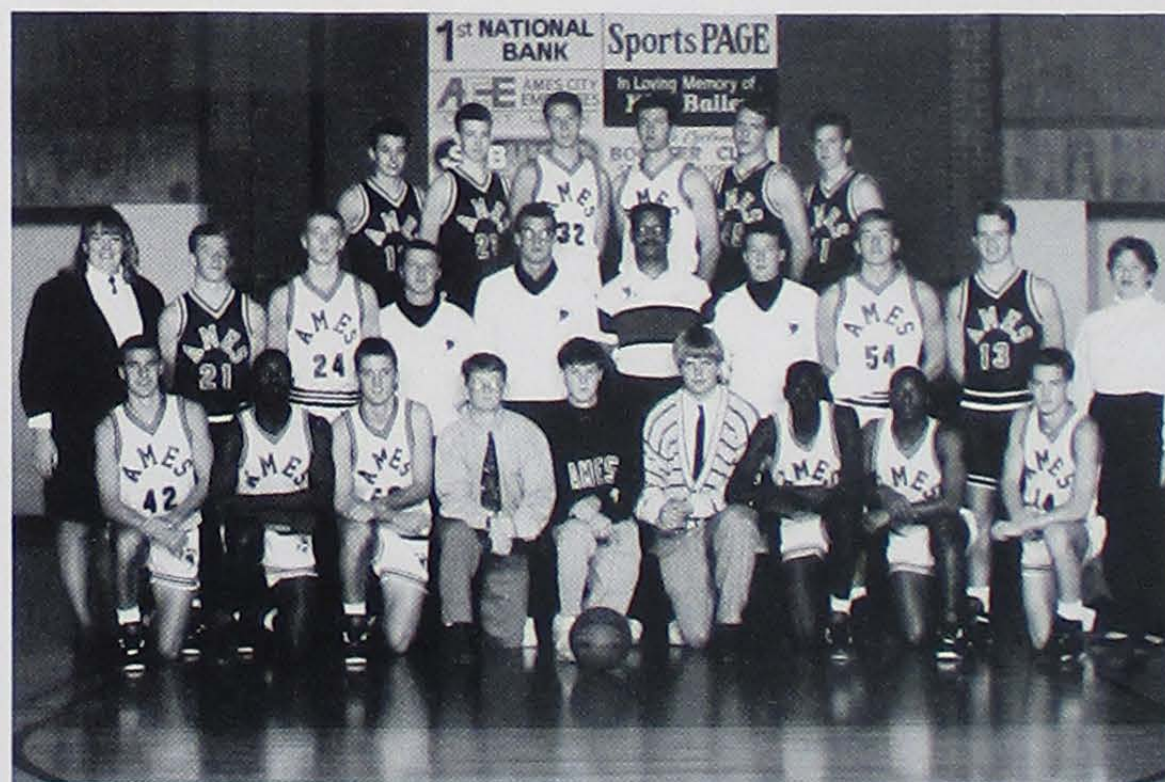
Despite the season's outcome, these boys gained more than another state title could ever give them, they gained comradeship.

"Varsity athletics is more than just teamwork; you become friends. It's a family outside the house. Friendship has brought us closer together," senior Bona Lueth said.

VarsityBoys' Basketball

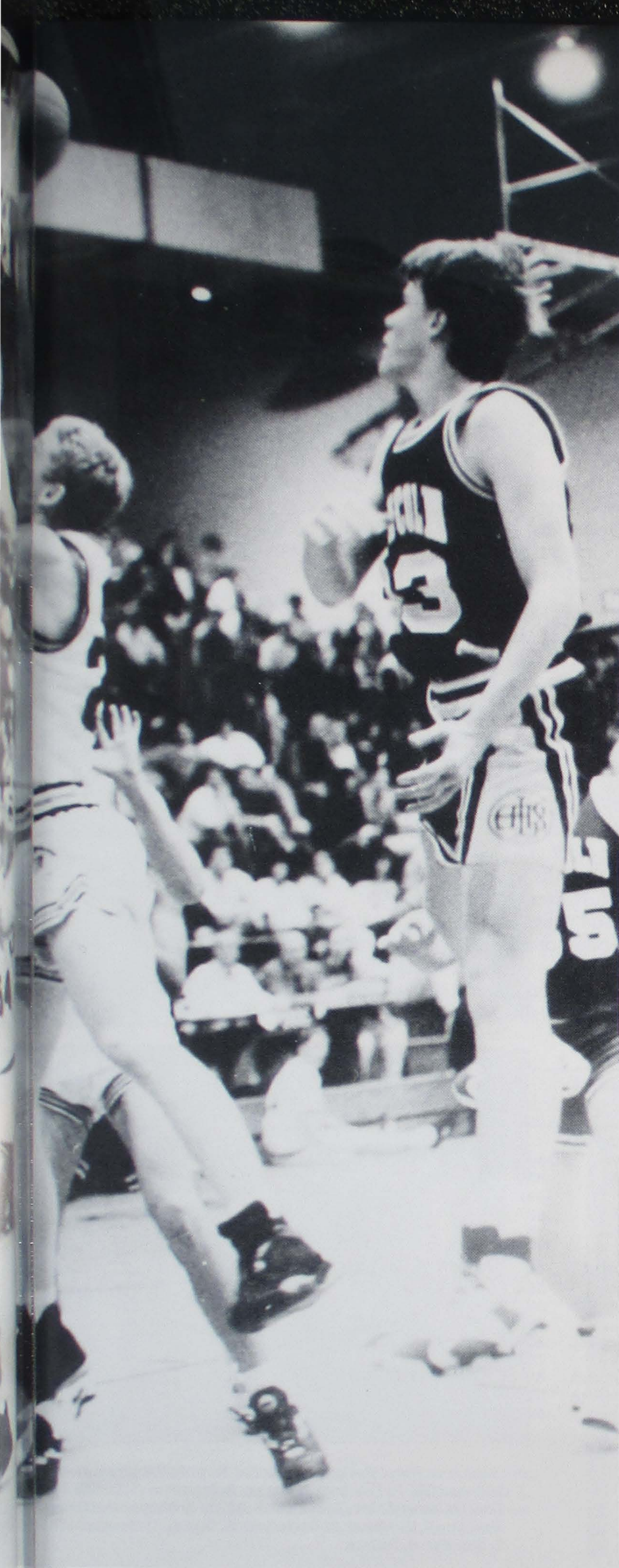
9 wins, 11 losses

AHS	Opponent	Opp
70	Urbandale	66
62	Newton	57
53	Marshalltown	50
62	WDM Valley	48
63	DM Roosevelt	54
74	DM Lincoln	50
64	WDM Dowling	56
77	Ankeny	60
83	DM East	75
42	Newton	58
40	Urbandale	53
47	Marshalltown	43
72	Fort Dodge	77
58	Ankeny	60
86	Fort Dodge	87



Boys' Varsity Basketball. Front Row: Mark Milleman, Tendai Muyengwa, Kevin Lawler, Manager Mike Pollmann, Trainer Kyle Stertz, Manager Matt Cunningham, Bona Lueth, Troy Vincent, Ryan Carver. Second Row: Trainer Joy Siebert, Scott Gabrielson, Seth Anderson, Coach Tim Walls, Coach Vance Downs, Head Coach Wayne Clinton, Coach Mike Currier, Eric Warne, Dan Ricketts, Mary Buck. Back Row: Mike Eagan, Jeff Gardner, Alex Garn, Brian Coffey, Steve Bern, Jason Miller.





the way **WE** see it

"So, how'd ya think I did?" Sam asks his parents out of breath from that evening's game. "You did just fine, son, just fine," his father says smiling while his mother gives him a motherly hug.

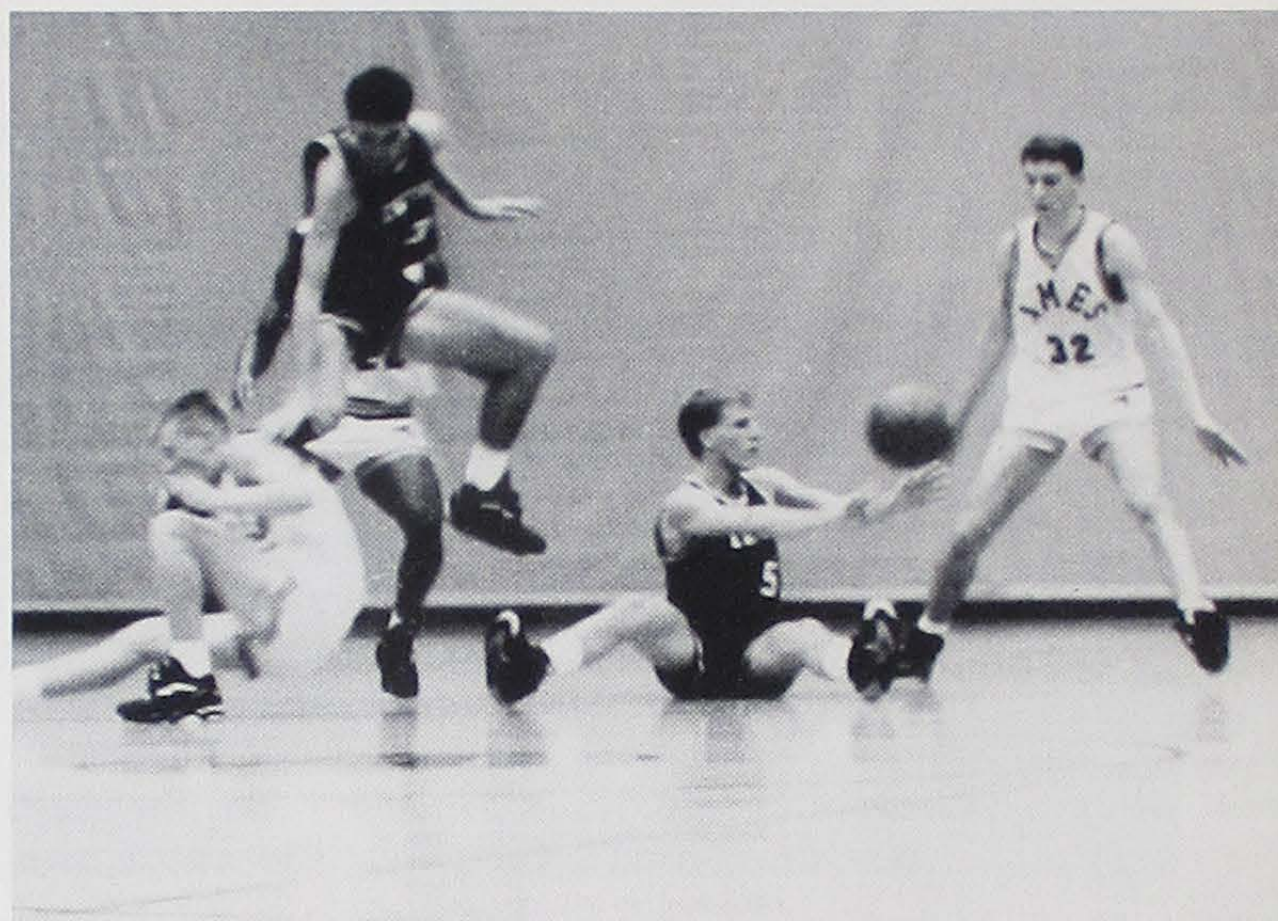
Although this praise seemed common-place for many athletes, it did not go without sincere gratitude from those who received it.

"I like having my parents there and I think that I play better for them. I mean, who wants to look stupid in front of their parents?" junior Jeff Gardner said.

Others felt the same way, working their hardest out on the floor not only for the game's outcome and the welfare of the team, but also for their parents.

"I want to make them proud of me. I probably care more about their opinion on how I did than even the coach's," senior Mark Milleman said.

But whether they played for their parents, or for the entire team, players appreciated all that stood behind them through both good and bad times.



as a **Newton** player and junior Scott Gabrielson fall over each other battling for the loose ball, senior Alex Gam looks on. Newton went on to win the game 58-42. (Photo by Anjeanette Levings)

jumping for the rebound, senior Troy Vincent leaps above the WDM Dowling players. Rebounding played a crucial part in every game the boys encountered and helped them overpower their opponent 64-56. (Photo by Kelly Koppes)

jumping for the basket, senior Seth Anderson tips in the ball. Ames went on to win the DM Lincoln confrontation 75-40. (Photo by Kelly Koppes)

Basketball teams cooperate to end with winning records

Basket Case

-Katie Krogmeier

It's been a close game all night. The gym is roaring with fans and the players are showing what they can do. Ames has been passing with vigor. It's tied 59-59 with only 15 seconds in the game.

What a play! Ames steals the ball and hustles down the court. Brown calls the play and puts it into action. He goes left, then right. He fakes the three and passes to Smith. Only one second left. Smith looks, jumps, and scores-Ames has done it again! They pick up another win to add to their list.

Team cooperation led the freshman and sophomore basketball teams to success.

"At the Dowling game, we pulled off an upset. It was so exciting to have everybody playing and having such a great time," freshman Brett Blackwater said.

When everyone got to play,

the team was more enthusiastic. But when there was a last second shot, the whole team was excited.

"Our best game was Marshalltown. (Matt) Farrier got the jump shot at the last second to win. Everybody was so excited," sophomore Jeremy Gardner said.

Besides a teammate stealing the show, opponents also wanted a spot in the limelight. They disrupted the game, but there were ways to deal with it.

"At the Mason City game, the other team thought they were pretty good. Every timeout player #40 would tell us how they were going to knock us on our butts. He was talking to Matt Farrier during the game and Matt stole the ball," sophomore Jeff Stiles said.

By playing their best on the court, the players dis-

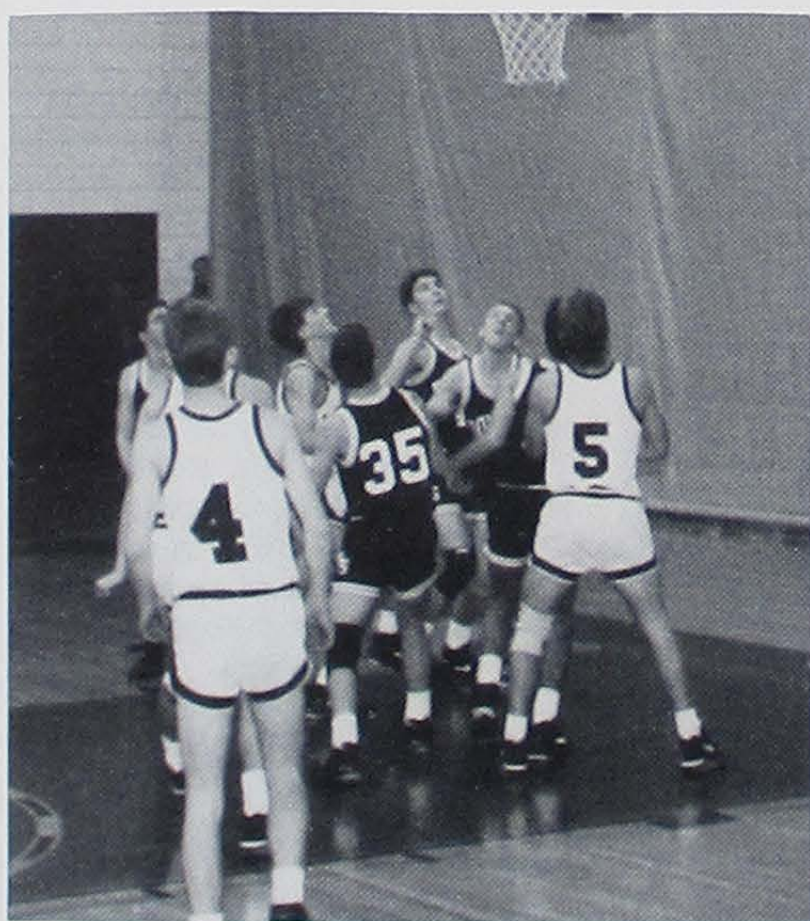
played what they had learned in practice. But not all of the practices were worthwhile for the teams.

"Morning practices were three times a week. Nobody was really awake and no one worked hard, so we didn't get much done," freshman Ed Bappe said.

"No pain, no gain" was the motto for many of the team hopefuls. Practice made perfect or close to it, but team unity was what shined through to lead the teams to success.

"The last four games the team really just clicked and pulled together. Then we could drill our opponents," sophomore John Milleman said.

The teams both ended up with winning records as a result of hard work and team spirit; a winning combination.



battling for the ball are sophomores Jeff Stiles, Bryan Warne, and Shane Wirth. Ames beat Dowling 82-72. (Photo courtesy of Steph Bulver)

Freshman Boys' Basketball

5 wins, 9 losses

AHS	Opponent	Opp
52	DM North	85
76	Ankeny	49
74	DM East	68
61	Urbandale	70
46	SE Polk	72
52	WDM Valley	64
43	Indianola	38
46	DM Roosevelt	58
67	Newton	79
64	WDM Dowling	52
58	DM Lincoln	70
48	Marshalltown	65
62	DM Roosevelt	52
56	DM Hoover	59

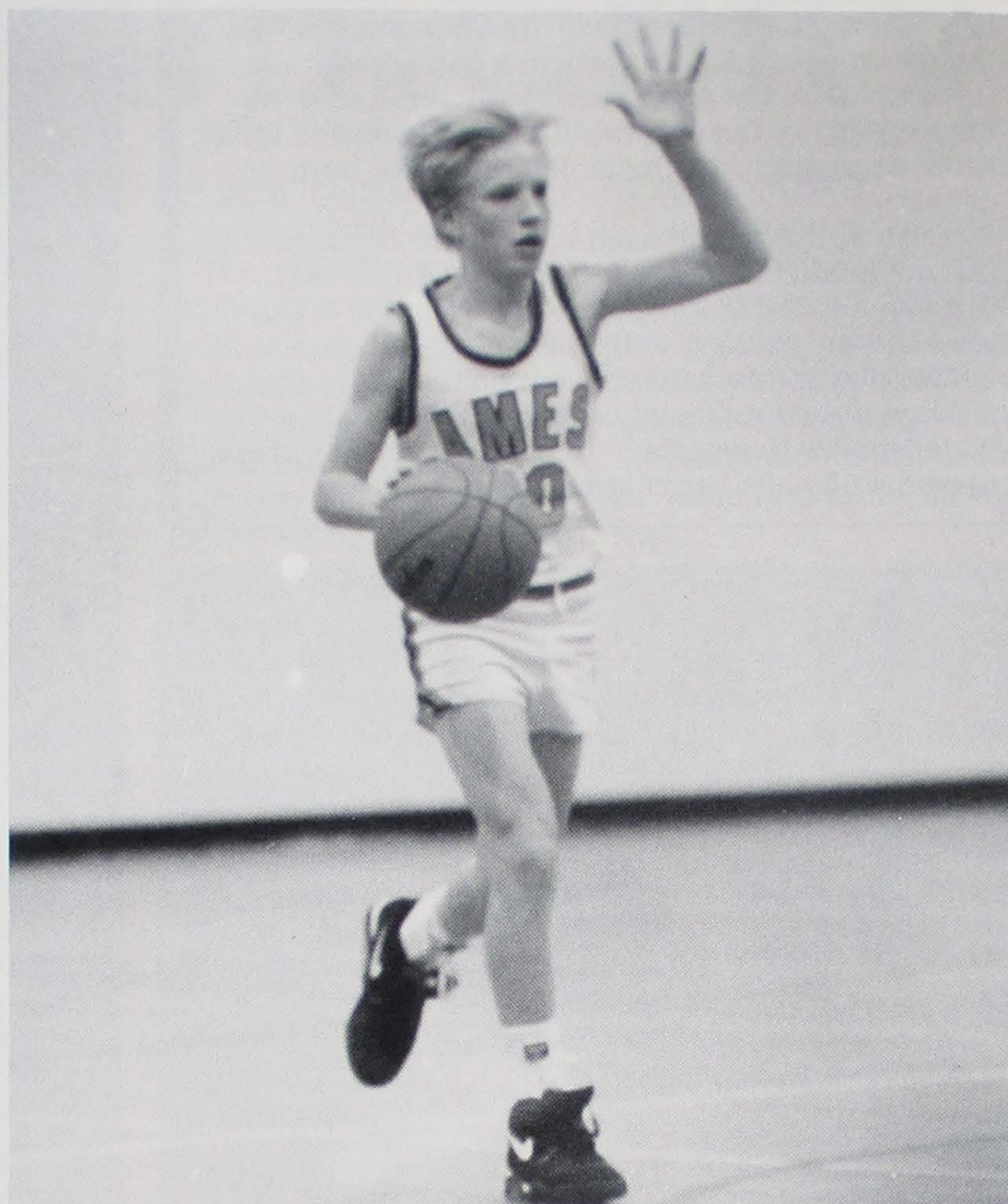


Freshman Boys' Basketball. Front Row: K. Harryman, D. Gardner, D. Sosnouski, M. Freeburg, E. Bappe, B. Fennema, B. Ziebell, B. Magel. Second Row: Coach T. Roede, A. Brock, P. Shupp, E. Olberding, Garrison, R. Van Cannon. Back Row: B. Dunlay, D. Beerman, G. Clary, T. Brunner, S. Mullica.



rebounding the ball off a missed shot, freshman Devin Beerman reaches to overpower the opponent. (Photo by Angela Ellmaker)

leaders are needed for a win. Freshman David Sosnouski calls a play. (Photo by Angela Ellmaker)

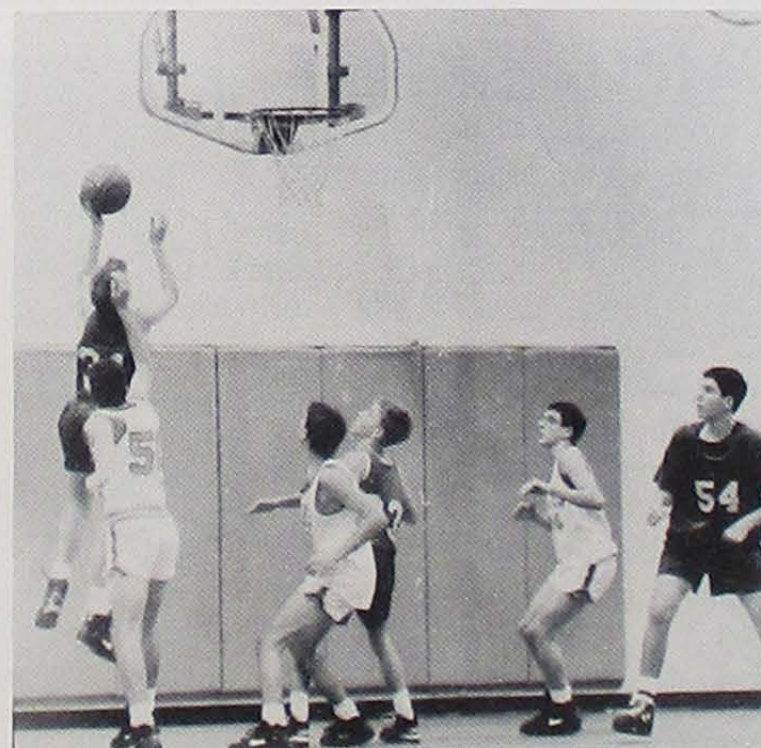


Sophomore Boys' Basketball. Front Row: Mgr. T. Kepley, S. Thongsouk, J. Gardner, J. Aslesen, N. Somsanith, Mgr. D. Sivesind. Second Row: B. W. Me, M. Darkoh, Coach J. Walz, E. Schwieger, K. Calvin, S. Wirth. Last Row: Z. Friedrich, J. Stiles, J. Milleman, J. Alt, M. Farrier, C. Wycoff.

Sophomore Boys' Basketball

14 Wins, 5 Losses

AHS	Opponent	Opp
61	Urbandale	65
64	Marshalltown	63
68	Fort Dodge	52
67	Ankeny	61
35	WDM Valley	40
69	DM Hoover	54
72	Mason City	49
69	WDM Dowling	59
72	Urbandale	64
47	Newton	53
53	Marshalltown	43
46	WDM Valley	69
59	DM Roosevelt	41
82	DM Lincoln	57
82	WDM Dowling	72
69	Indianola	79
69	Ankeny	59
56	DM East	43
68	Newton	62



hustling around the ball, freshmen Bill Dunlay, Gil Clark and Ryan VanCannon look on. (Photo by Angela Ellmaker)

the way WE see it

An Ames forward rips the ball out of the opposing player's hands and sprints down the court, both ball and high-tops pounding on the hardwood floor. Then, after faking left, she dishes off the ball and another Ames player drives toward the basket and lays it home for the easy two. The bench goes wild; the coach goes wild, but where is the crowd?

Members of the girls' basketball team found the marked lack of fan support during their season unfair when compared with the large turnout for boys' games.

"Guys seem to be looked up to more because they can dunk and stuff," junior Leigh Ann Powell said. "We support the other sports, and we put in a lot of time and energy too. People should recognize that."

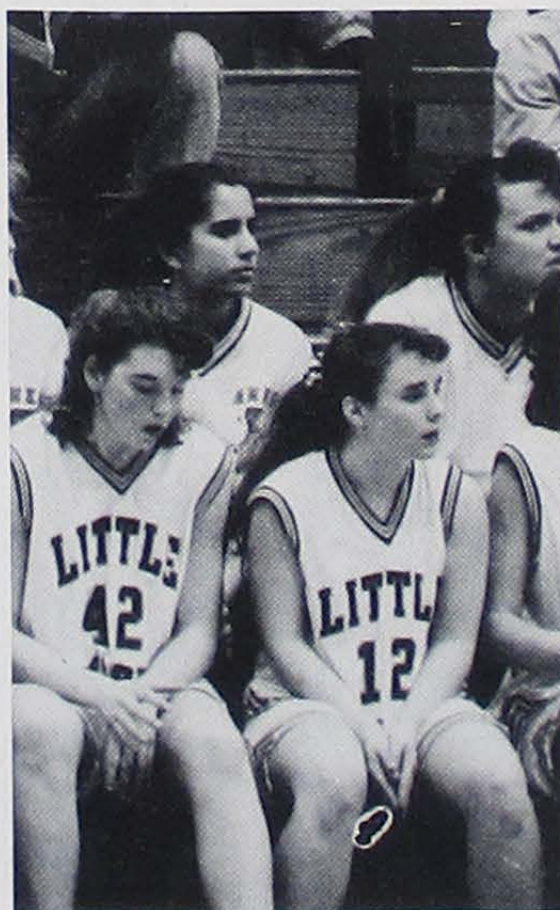
One player found things were on the up and up.

"Guys got a lot of support last year when they won State," senior Neena Paul. "With our winning season, maybe we'll have better attendance next year."



warming up before the game, juniors Leigh Ann Powell and Asheley Holscher complete their stretching. Stretching helped the team avoid major injuries during the season. (Photo by Jason Dane)

members of the varsity girls' basketball team watch intently as the clock winds down and Ames pounds Valley 64-47. (Photo by Jason Dane)



rising to the occasion. junior Keara Langston pockets the two for Ames. Ames sunk Newton in both encounters. (Photo by Kelly Koppes)



T Girls find success and friendship on and off the court

eam Unity

-Steve Shapiro

ll for one and one for all!"

This could very well have been the motto for the varsity girls' basketball team as they found that success wasn't measured solely on their win/loss record. Not solely, of course, but a winning record didn't hurt. Though they didn't make it to State, they left their mark by breaking the school girls' five-on-five record. In fact, the girls chalked up the first winning season in seven years.

But that wasn't the only record broken; 15 other records got shoved out the door. One of their strengths was the strength of the bench.

"We were really deep this year," team co-captain Keara Langston said. "Even though we lost some good seniors,

we were quick and worked well together."

The biggest key to the season was the friendship they enjoyed both on and off the court.

"Our biggest strength this year was good team unity — everyone liked each other," junior Serra Sermet said. "We played to win as a team, not just for one person to get a lot of shots. Everyone tried their best and wanted the team to be a success."

When it came to success, one game in particular stood out in senior Megan Freeburg's mind.

"One of the best games was when we played Valley at home. Everything just clicked," Freeburg said. "It all came together. Everyone on the team got to play, and everyone played well." Ames triumphed over the WDM

Valley team 64-47.

But team members found it was just as good to "come together" with a Coke in their hands and carpet under their feet as with a ball and hardwood court — walking around in flats could be just as fun as running around in high tops.

"This year everyone got along," senior Amy Biechler said. "Every weekend we'd be out doing things or the whole team would go over to somebody's house — this made everyone better friends. There were some great memories."

From free throws to phone calls, from running drills to walking malls, the girls' basketball team found that "togetherness" was a big part of success. Look at it any way, they came off with a successful season.

Varsity Girls' Basketball

12 Wins/11 Losses

AHS	Opponent	Opp
64	DM North	50
45	Indianola	47
63	Urbandale	51
33	WDM Dowling	63
53	Newton	42
43	Marshalltown	41
54	Mason City	66
44	WDM Valley	35
71	DM Roosevelt	49
54	DM Lincoln	73
37	WDM Dowling	83
40	Indianola	76
55	Ankeny	65
37	DM East	33
53	DM Hoover	38
50	Newton	46
50	Urbandale	59
45	Marshalltown	56
47	Fort Dodge	40
47	Ankeny	61
64	WDM Valley	47
64	DM Roosevelt	30
36	WDM Dowling	67



Varsity Girls' Basketball. Front Row: Kelly Randles, Jocelyn Ely, Mary McKern, Keara Langston, Leigh Ann Powell. Second Row: Amy Biechler, Beth Muller, Kim Biechler, Serra Sermet, Neena Paul, Asheley Holscher. Back Row: Coach Todd Wilkison, Holly Forssman, Megan Miller, Laura Kain, Megan Freeburg, Karl Marty, Coach Bruce Vertanen.

Cooperation prepared 9-10 girls' teams for success

Team spirit

-Monica Wilke

The freshman and sophomore girls' basketball teams showed the importance of team cooperation to work together and win. Being psychologically prepared for their games also made an impact on the outcomes of their seasons. The sophomores tied the record of Little Cyclone sophomore girl winnings by ending with a 15-8 record.

"Practices were really good, they were a lot harder than last year though. We were serious, but we also had a lot of fun. On the bus rides home, we would tell scary stories and stuff. We had fun even after we lost," sophomore Allison Hutchison said.

Celebrating and spending time together also gave rise to inside jokes that helped get them psyched for a game.

"All year we had this joke

about getting cheeseballs from Hickory Park Restaurant. We never got around to getting them, but it always got us psyched up. It was sort of weird, but it worked," sophomore Kris Fretz said.

Getting together to prepare for games played an important part in their success.

"We were all pretty good friends and we did a lot of stuff together, like going out for pizza and having slumber parties. We spent so much time together off the court that when we stepped on the court, we could work well together as a team," sophomore Megan Knutsen said.

The freshman team, however, experienced some first year problems that the sophomores had polished up with practice.

"We had some problems throughout the season like

some people thinking they were better than everybody or just general disagreements, but we got them worked out. We had a lot of fun despite our losses though," freshman Jamie Berg said.

After working out their problems, good times came quickly to the freshmen almost overnight.

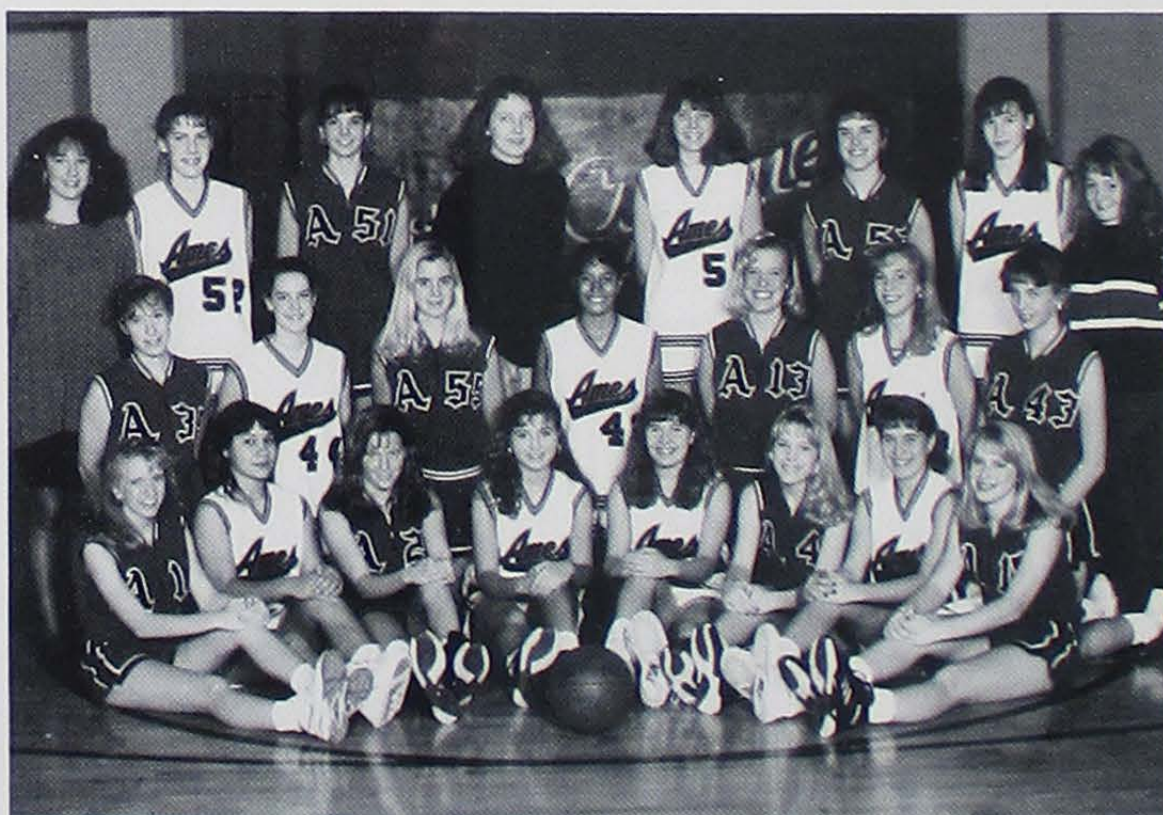
"We didn't have the best of records (5-10), but everybody stuck together. One time near the end of the season we had an overnight party at my house. It was fun, we just blasted the CD player, and had a big breakfast," freshman Jenny Johnson said.

The cooperation these teams showed, from the beginning for the sophomores and later in the season for the freshmen, played an important part in their successes as a team.

Freshman Girls' Basketball

5 wins 10 losses

AHS	Opponent	Opp
33	DM North	37
25	DM Hoover	22
18	Indianola	46
39	Newton	30
21	Mason City	18
43	Marshalltown	50
30	DM North	61
61	Ankeny	42
36	DM East	37
43	Urbandale	58
33	WDM Valley	47
42	WDM Dowling	43
36	SE Polk	11
18	WDM Valley	49
34	DM Lincoln	52



Freshman Girls' Basketball. Front Row: Vanessa Burrier, Buffy Quintero, Anne Shrum, Mandy Padilla, Gina Olberding, Brittany Parks, Jackie Olberding, Kelly Johnson. Second Row: Kristy Jones, Julie Swanson, Karen Moon, Charli Engelhorn, Jamie Berg, Jenny Johnson, Tricia Triplett. Back Row: Fawn Stubben, Petraya Juelfs, Tara Melerkord, Coach Ellen Joensen, Sherry Schwartzbach, Sara Freed, Allison Jones, Angie Huls.



looking on with Interest, sophomores Danelle Pantenburg and Jennifer Schrad watch a game against WDM Valley. Ames lost 45-59. (Photo by Laurel Nakadate)

jumping for the rebound, freshman Mandy Padilla fights for the ball in a game against S.E. Polk. Ames lost 24-37. (Photo by Laurel Nakadate)



Sophomore Girls' Basketball

15 wins 8 losses

AHS	Opponent	Opp
60	DM North	62
62	Indianola	42
53	Urbandale	47
40	WDM Dowling	50
63	Newton	43
54	Marshalltown	47
48	Mason City	45
56	DM Lincoln	58
64	Newton	44
45	WDM Valley	59
61	DM Roosevelt	30
62	DM Lincoln	64
64	WDM Dowling	57
50	Indianola	57
58	Ankeny	41
51	DM East	46
75	DM Hoover	35
48	Newton	35
61	Urbandale	53
45	Marshalltown	53
47	Fort Dodge	54
57	Ankeny	41
58	WDM Valley	52

sophomore Jessica Allen dribbles the ball against Roosevelt. Ames won 61-30. (Photo by Laurel)



Sophomore Girls' Basketball. Front Row: Danelle Pantenburg, Lisa VanCannon, Jennifer Schrad, Susie McGee. Second Row: Noelle Osborn, Megan Knutsen, Mgr. Tina Wiegand, Sonnee Griffin, Allison Hutchison. Back Row: Pasquel Beauvals, Jean Lynott, Elaina Prochaska, Coach Judge Johnston, Krls Fretz, Jessica Allen.

T Even with a low record, wrestlers' spirits were still high

ough breaks

-Kristy Lakin

Determination, strength, drive, and a competitive spirit. These were the elements that kept the Little Cyclone wrestlers striving for their goals.

Although the 3-12 team record lacked victories, that didn't drown enthusiasm.

"Our season had a slow start, and we never really recovered from that. I think a lot of people thought we had a bad year because we lost so many people," junior Eric Burlingame said.

Early on, a number of top wrestlers quit the team; by the season's end only 35 of the original members remained. According to senior Jae Bernard, reasons stemmed from disagreements with the coach and the poor record.

"I think the main reason a lot of the team quit was because we were working re-

ally hard in the wrestling room during practice, but our efforts just weren't paying off at meets. I considered quitting, but decided against it. I'm not that type of person. If you want to be part of a team, you have to learn how to lose," Bernard said.

The loss of many of the older wrestlers gave the younger team members a chance to show what their hard work had accomplished.

"It was disappointing to see so many good wrestlers go. The up side to the losses that it gave a lot of the freshmen a chance to gain experience. With so many experienced wrestlers coming back next year, I think we can really improve our team," Coach Jack Mendenhall said.

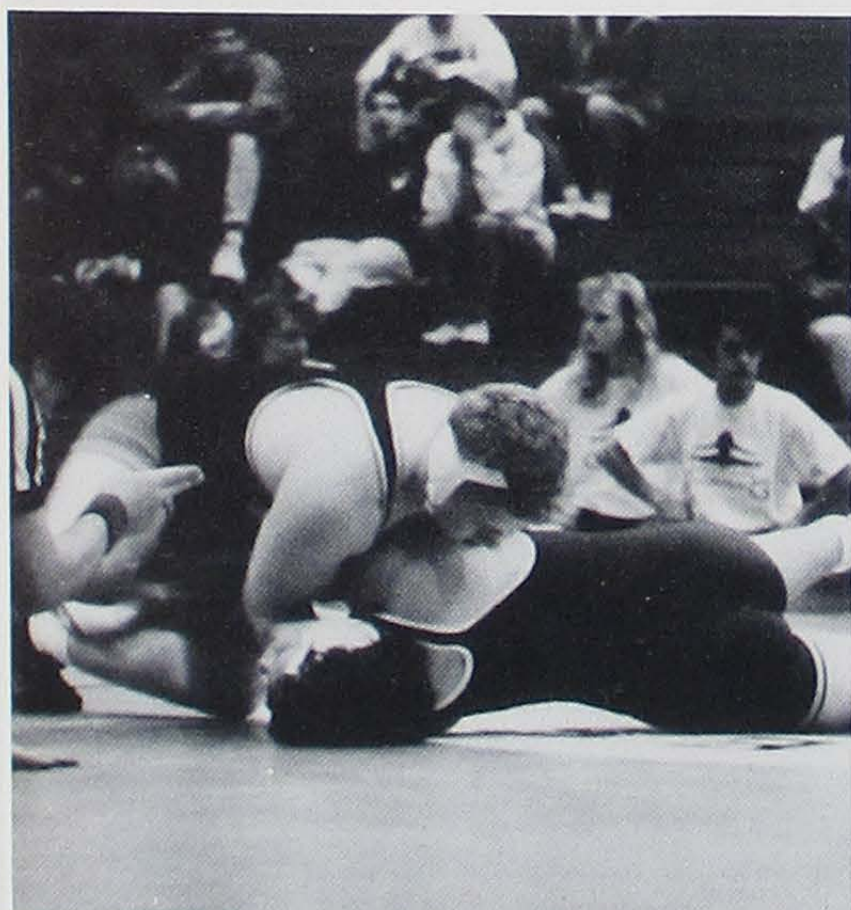
The team's determination brought some good out of

the season. Aside from winning three meets, one wrestler, sophomore Jeremy Mize, won Districts and advanced to State. Mize won his first match 6-5, but lost the second two 14-9 and 7-5.

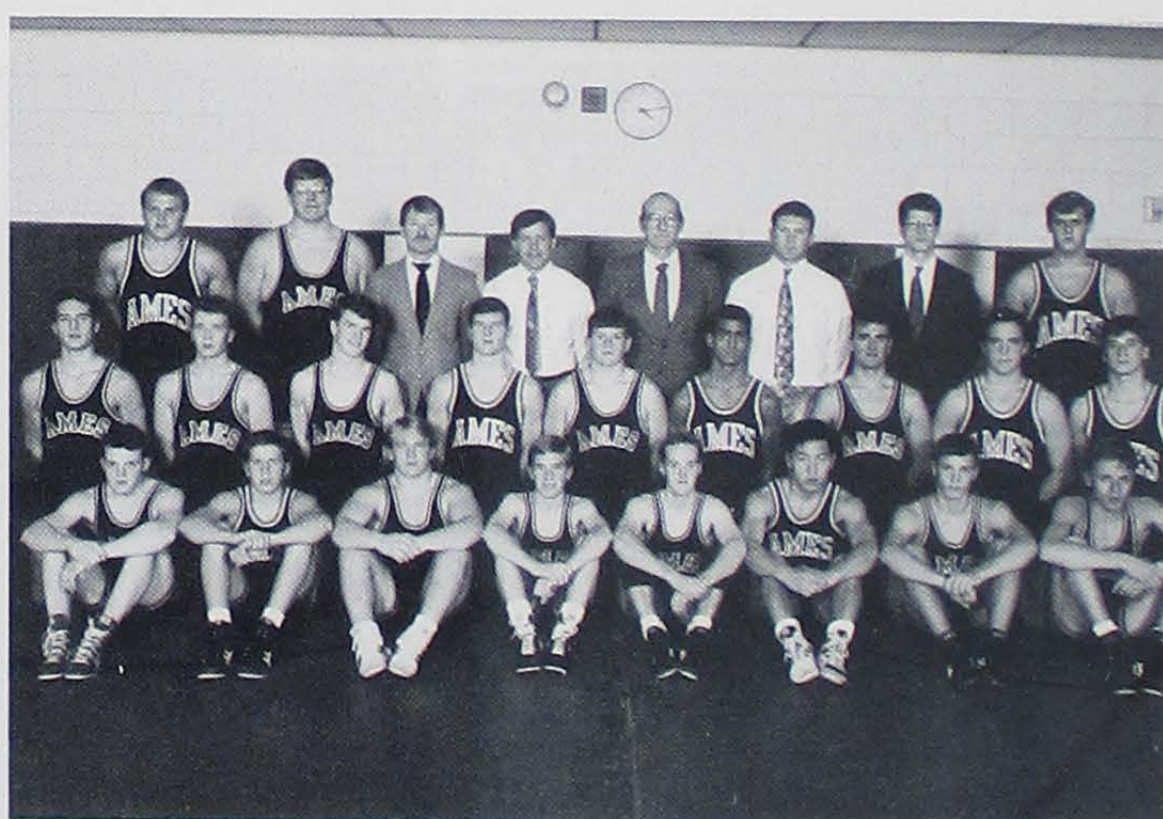
"There were a lot of good teams at Districts, I was pretty surprised that more people from Ames didn't make it to State. Personally, I think I worked up to my ability. I'm happy with the way I did, although I would have liked to win my second match at State," Mize said.

When the season came to a close, the Little Cyclones and their coach couldn't complain.

"When you look at the record, we didn't have much of a year. When you look at the experience and hard work, we had a very successful year," Mendenhall said.



trying to pin his opponent, freshman Brian Gould gains two points in a near fall. (Photo by Colin Brennan)



Junior/Senior Wrestlers. Front Row: J. Bappe, D. Kepley, E. Burlingame, C. White, C. Wlneinger, J. Bernard, J. Dane, B. Pyle. **Second Row:** B. Ford, E. Shedd, J. Ryan, M. Thompson, S. Sloan-Howe, B. Gabal, T. Flemmer, J. Horras, D. Pollard. **Back Row:** C. Steenhoek, J. Bryant, Asst. Coach Wes Worrell, Asst. Coach M. Riddle, Head Coach J. Mendenhall, Asst. Coach T. Jones, Asst. Coach T. Johnson, J. Meadows.





approaching his opponent, sophomore Nick Schultz starts his match against an opponent from WDM Valley. (Photo by Colln Brennan)

the way **WE** see it

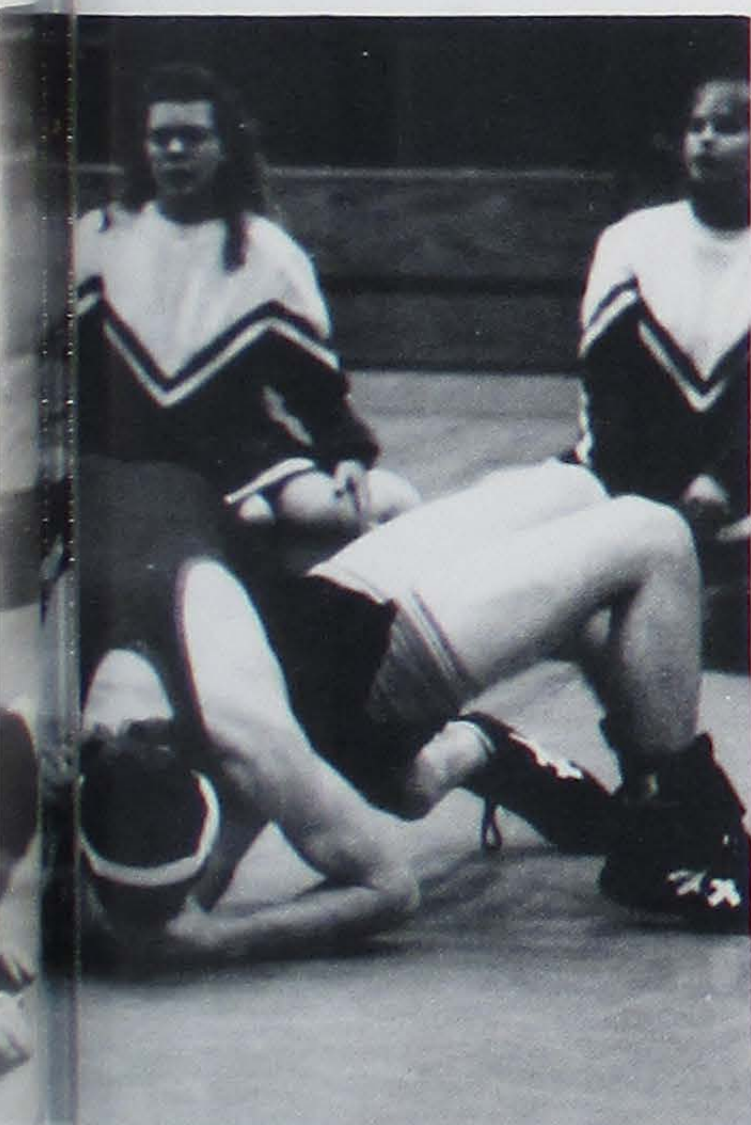
For some, 'no pain, no gain,' was just another encouraging phrase from the coach. But others found that the phrase became obsolete as wrestlers' injuries prevented them from competing.

'We were practicing take downs, and Scott Belzer jerked me down. When I pulled my arms down to catch myself, my elbows popped out all the way up to my shoulder. It happened the second day of the second week of the season. I think missing a year really helped me. I got to sit back and watch. It made me want to wrestle even more,' sophomore Chad Fowles said.

For some, their injuries not only held them back physically, but mentally.

'I was out for about two weeks with a knee injury. I tore some ligaments and really damaged it. When I went back to wrestle, my performance was a lot worse than before my injury. I wasn't really getting into it. I think getting hurt kind of demoralized me,' sophomore Scott Allen said.

Even with injuries, the Little Cyclones had to admit that their pain had a few gains.



Wrestling

3 Wins, 12 Losses

AHS	Opponent	Opp
19	WDM Valley	34
9	Mason City	62
12	Ankeny	52
39	DM Lincoln	31
3	Apple Valley, MN	66
22	Buffalo, MN	44
40	Shakopee, MN	27
40	Austin, MN	32
13	Marshalltown	52
32	Carroll Kuemper	44
11	Boone	56
15	Newton	50
5	WDM Dowling	61
10	Urbandale	55
0	Fort Dodge	68

with the referee looking on, freshman Devon Kepley gets pinned. (Photo by Colln Brennan)



Freshmen/Sophomore Wrestlers. Front Row: E. Dowling, C. Fowles, A. Slipes, B. Morton, K. Phompheng, Z. Thompson, M. Hatfield. **Second Row:** C. Padglitt, J. McFarland, R. Soy, J. Kepley, R. Anderson, D. Kepley, L. Freeman, S. Kliner. **Third Row:** M. Cook, T. Riemann, Asst. Coach W. Worrell, Asst. Coach M. Riddle, Asst. Coach T. Johnson, B. Gould, S. Allen. **Back Row:** E. Strasser, T. Swan, J. Milze, W. Blattel, D. Kamm, G. Hathaway.

M Little Cyclones captured the CIMC National title

aking waves

-Monica Wilke

Ranked 2nd in the state. Broke Valley's 5-year winning streak. Beat the Maroons at WDM Dowling. Went undefeated in dual meets. Won the CIMC (Central Iowa Metro Conference) title. Any way you say it, the Little Cyclones boys' swimming and diving team had an outstanding season.

The last meet that decided who won the CIMC title was against WDM Dowling. "The Good Guys", as the Little Cyclones were fondly called by Coach Wittmer, emerged victorious 107-78.

"One of the best things I remember about the season was seeing Coach Wittmer swimming the 50 yard butterfly on Channel 5 after we won the Dowling meet. We all worked hard for this meet because Coach told us that if we won he would be in the pool, and besides, beating Dowling was a great feeling!"

junior Joel Biggs said.

Memories of the successful meets were numerous, particularly the close meet against Valley, who had gone 35 meets undefeated. The Little Cyclones came out victors after being down two points before the last race, the 4x100 freestyle relay.

"Everybody congratulated each other and supported each other if we knew we didn't swim well. In the Valley meet where it was neck and neck in the whole meet, I disqualified in my 100 backstroke, and it was important to the meet. Luckily, the team got back in the last race to win, but right after my race I went straight into the locker room because I was upset after I'd disqualified and Coach Wittmer came in and talked to me and got me back together," sophomore Tom Payne said.

The team had a rewarding season, but State, where they

placed 14th, didn't pose a fitting end to their victories.

"Well, this year's state meet was probably the fastest state meet I've seen in all the years I've been here. Five records were set; that's unheard of, it's incredible. We had some outstanding times that didn't even score points for us. It was sort of a good news, bad news situation for us. We swam an extremely good State, but the meet was so fast that we didn't score well enough to place higher," said Coach Mike Wittmer.

They encouraged and supported each other; everyone's effort was important in meets with close scores.

soaring through the air, junior Mike Bryant begins his 200 yd. freestyle against WDM Valley. Ames won the meet 98-87. (Photo by Kelly Koppes)

Boys' Swimming and Diving

8 wins, 0 losses

AHS	Opponent	Opp
123	Fort Dodge	63
3rd	Ames Invite	
97	WDM Valley	89
1st	Bobcat Relays	
116	Ankeny	67
111	DM Lincoln	75
138	Marshalltown	45
3rd	Fort Dodge Invite	
126	Newton	59
107	WDM Dowling	78
124	Urbandale	62
1st	Districts	
14th	State	



Boys' Swimming and Diving. Front Row: Mark Harms, Ryan Yoder, Judd Bowman, Jonathan Kennan, Josh Huntington, Brian Terry, Tom Payne, Joe Fisher, Eric Greving, Jason Ryan, Tom Jensen, David Good, Joe Levine, Matthew Robinson. Second Row: Aaron Jones, Ben Sines, Solomon Abel, Tim Hentzel, Peter Matthews, Wylan Benbow, Jim Krogmeyer, Mark Robinson, Brian Greving, Dan Salisbury, Jay Clark, Gentry Collins, Joel Biggs, Brad Johnson, Mike Bryant, Bryce Hill, Shawn Kliebenstein. Back Row: Coaches: Phil Bishop, Allan Dassow, Mike Wittmer, Managers: Bronwen Benbow, Maria Rosheim, Rachel Lutz, Angie Wittmer, Chris Moen.



churning to the finish, senior Brian Greving comes to the end of his 100 yd. butterfly at the Ames Invite. Ames came in 3rd. (Photo by Abby Klaas)

freshman Eric Greving swims to the finish in his 100 yd. freestyle at the meet against Newton. Ames won 126-59. (Photo by Abby Klaas)



the way **WE** see it

Performing the menial tasks around the pool and assisting the coaches were the six student managers for the boys' swimming and diving team. They also felt like a part of the team.

"I'd get just as excited as the guys did before the races. I'd get butterflies in my stomach for them, especially at the Valley meet before the 4x100 freestyle relay, since it was the event to decide the meet. All the managers were really nervous and we were all squeezing each others' arms because of all the tension," sophomore Bronwen Benbow said.

Besides cheering on the team, the managers also completed the small jobs that could have bogged down the coaches.

"We would get stuff for the guys at practices like full water bottles. At the meets the managers did most of the little things, like setting up the pool and writing down the times so the coaches could concentrate on coaching," said senior Angie Wittmer.

The managers were important to the smooth operations of practices and meets, and became integral parts of the team.

W Enthusiasm and skill equalled a winning hockey season

arming Up

-Lisa Hinrichsen

The smooth scratch of the puck and the slap of the hockey stick are the only sounds heard on the lonesome ice rink. A single player circles the ice, pausing only to glance upward toward the bleachers. They will be filled with fans and parents in only a couple of hours, but he is isolated for the moment. It's just him, the ice, and the simple love for hockey.

"I love the sport! The action, the hitting, the speed and strategy - everything! This year we had some key wins and great performances. We beat Valley twice and almost beat Sioux City in the state tournament. We also had some really good playing and teamwork at State," sophomore Mike Ogbourne said.

The teamwork and interaction between the players was what made the Little

Cyclones successful. The players were never isolated on the ice, but they worked together to win.

"I got involved with hockey in Canada. It's a really big sport there and most kids played it. Here we get along so well. The team goes out to breakfast and dinner before games. We have all become good friends. This year was started off great and ended well too," junior Aaron Wells said.

Along with the teamwork, their skills on the ice were well developed. Most of the team members had played since they were barely old enough to put on skates and were often influenced by parents and friends, as well as the coach.

"I have played hockey for 10 years, and I started because my friends were involved. I like the teamwork and the fun of being on the

team. We started off this year with a great 11-3 record, had a slight downfall, but came back fifth for the season. In the state tournament we placed fourth," said junior Chad Newhouse.

But once involved, the thing that kept them appearing for the team's practices was the love for the sport.

"I started when I was 9 and have played ever since. A kid across the street got me hooked. I play because I love the sport," senior Brian Parks said.

The scent of popcorn and sweat hangs lightly in the air. The bleachers are filling up with early arrivals and parents cross their fingers and hold on to their good luck charms. In the back rooms, the players begin to suit up with the many layers of padding needed to protect them. In a few minutes, the game will begin.



the referee watches on as senior Mark Anderson and a Mohawk player face off during a home hockey game. (Photo by Jamie Lang)



Hockey Cheerleaders. Front Row: Marie Stover. **Second Row:** Heather Wright, Eva Andrew, Angie Reis. **Back Row:** Tomi Fadeyi, Tammy Clark.





seniors Jay Greenfield and Brian Wierson get ready while the referee looks on during a Mason City Mohawks game. (Photo by Jamie Lang)

the way WE see it

While the 1992 United States Olympic Hockey Team strived to win a medal in Albertville, France, the Little Cyclones fought their own ice battle here in Ames. Members of the U.S. team became positive role models for the hockey players.

"I saw Ray LeBlanc, the goalie, play and I watched how he performed on the ice. I saw how focused he was— and that was how I needed to be. I also saw the intensity of each player. They didn't relax! I learned that if you just work hard and do your best, you will always come out on top. Even if you are not the best," senior Chris Winkler said.

The similarities of the two teams could have been something out of the "Twilight Zone." Part of the eeriness was the Olympic Team's fourth place final standing and the fourth place finish at State for the Little Cyclones. The emotional tension and the attitudes of both teams were similar, along with the constant desire to win.

"In the semi-final game, the U.S. was playing Sweden. We (U.S.) were ahead 3-0 in the beginning of the game, but it ended a 3-3 tie score. In the semi-final at State, our team (AHS) was ahead 3-1 playing Sioux City. The final score was 3-4. Sioux City scored two goals in 18 seconds to beat us. Unbelievable," senior Brian Wierson said.

The battle fought at the state meet was won only with a little inspirational help from a touch of the TV remote and a few star players from the United States who taught a small-town team a valuable lesson—that determination pays off.



Hockey

17 Wins, 13 Losses, 1 Tie

Ames	Opponent	Opp
6	Waterloo	3
6	Waterloo	4
2	Mason City	4
3	Omaha Gladiators	4
6	Omaha Lancers	5
1st	Annadale Jr. Gold Invite	
4	Waterloo	2
4	Dubuque	1
3	Dubuque	0
3rd	Windom Invitational	
3	Valley/Dowling	5
5	Dubuque	3
3	Dubuque	2
8	Valley/Dowling	5
4	St. Joe, Mo.	1
4	Omaha Lancers	3
6	Sioux City	9
1	Omaha Gladiators	3
1	Mason City	6
1	Sioux City	7
2	Mason City	4
3	Waterloo	5
2	St. Joe, Mo.	2
2	Mason City	3
4th	State	

in a face-off against Mason City, sophomores Duke Knapp, Chris Sprong, and Aaron Wells wait for the first move. (Photo by Jamie Lang)



Hockey. Front Row: Corey Cooper, Chris Winkler. **Second Row:** Aaron Wells, Chad Engdahl, Dave Smith, Chad Newhouse, Fred Van Bergen, Brian Wierson, Mark Anderson, Mike Ogbourne, Chuck Schweikert. **Back Row:** Coach Brian Smith, Jay Greenfield, Deron Hagberg, A. J. Sanders, Duke Knapp, Brian Linder, Brian Parks, Rusty Crawford, Coach Ron Smith, Coach Jim Van Bergen.

Intramural volleyball and basketball let students relax

Just for fun

-Adrienne van der Valk

Good morning, and here are scores from last night's I Ball action. Alan's Annihilators smashed Bruce's Big Boys 77-21 while John's Jump-n-Pumps got a beating from...

Every Thursday morning from December to February, students in homeroom waited anxiously to hear the results of Ames High's favorite Wednesday night activity—Intramural Basketball, or I Ball as most called it. Following the success of I Ball, the school set up an Intramural Volleyball program during the fall. Both sports catered to students who didn't want to dedicate themselves to daily afternoon practices and long, out-of-town games that came with interscholastic sports.

"I Ball gives you a chance to socialize and get exercise at the same time with your classmates," senior Teresa

Andrews said.

Spending time outside of school with classmates was the primary attraction for many players.

"I joined I Ball just to play basketball with friends," freshman Jason Miller said.

For captains of the I V-ball and I Ball teams, the games were a little more serious.

"I was pretty competitive, but most of my teammates did it for fun. I enjoyed it because of the competition and getting together with friends. It was just fun to get together on Wednesday nights and relax," sophomore Andy Potter said.

Some students played intramural sports to get out of activities they didn't enjoy as much.

"I like to play I Ball because then I don't have to go to church on Wednesdays," junior Jeff Bappe said.

Relaxing made I V-ball a

much-needed break in the week for one junior.

"Basically, I just played for the heck of it. It wasn't serious and it was a good way to relieve stress during the week. Some people are really serious about how they play and want to win. Other captains basically didn't care how you played as long as you were having fun," junior Barb Smith said.

For the more serious, competitive teams, I Ball had its rewards. The championships at the end of the season brought success to Chris Bundy's team; Rebecca Shimkus' team took the girls' championships.

Whether they played for fun or to win, to relieve school stress or to smash their opponents, intramural basketball and volleyball made Wednesday nights and Thursday mornings more fun for all involved.



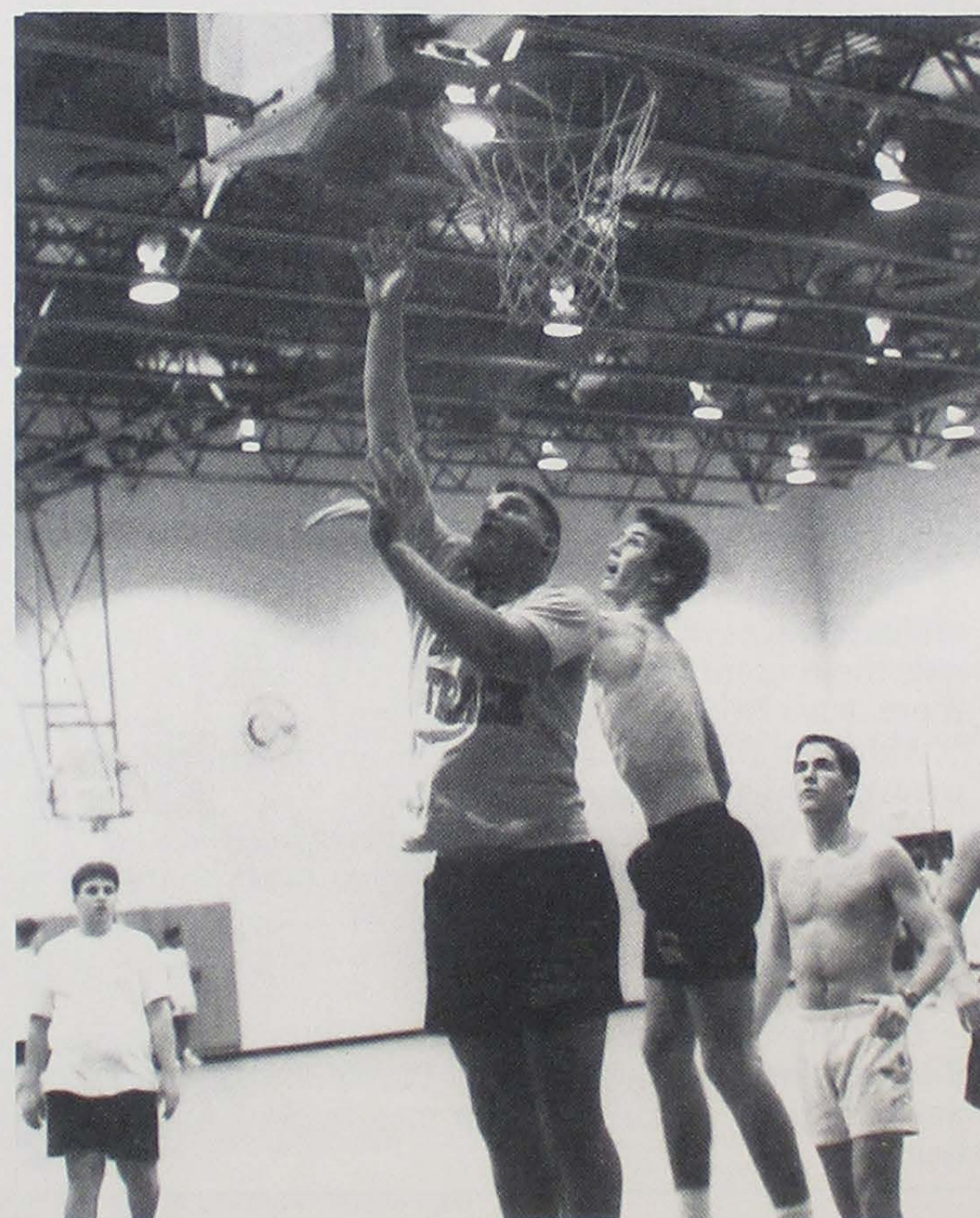
seniors Aaron Lehmkuhl and Mike Amfahr collide in an attempt to capture the ball. (Photo by Kelly Koppes)

leaping up, junior Bryn Takle slams the ball over the net and scores for his I V-ball team. (Photo by Jason Swift)





screwing up his face in effort, junior Aaron Burrier spikes the ball during an I V-ball match. (Photo by Kelly Koppes)



shooting over senior Jull Nordyke's head, junior Anne Moutray attempts to make two points at an I Ball game. (Photo by Jason Swift)

as senior Colin Brennan and junior Matt Randall look on, juniors Jonathan Good and Matt Rahfaldt stretch to grab the ball. (Photo by Kelly Koppes)

winning the state title brought smiles to everyone. Junior Erin Block hugs senior Carolyn Canow on the track after the 4x400 relay team came in second to bring the point total to 54, winning the state championship. (Photo by Karen Hsu)

Junior Shannon Dau and sophomore Susie McGee support senior Tobi McKern after she finished the 1500m race at State. Coming in third with a time of 4:55, McKern added four points to help the Little Cyclones win State. (Photo by Karen Hsu)



the way **WE** see it

A twisted ankle, a broken foot, a bloody nose. These are all problems that athletes try to avoid. But when they did get hurt, trainers came to the rescue.

"We are there to take care of minor injuries the athletes have. We also support them mentally and give them comfort so they can do their best," sophomore Jessi Donnell said.

Although trainers enjoyed helping the athletes, it wasn't always a pleasant job.

"At the cross country state meet, we work at the end of the race, and the runners are always throwing up there because they have been working so hard. This year my goal was not to be thrown up on," senior Joy Siebert said.

Even though helping athletes could be a messy job, trainers took good care of their patients and gave them the extra support it took to perform their best.

focusing on her steps to the first hurdle, senior Carolyn Canow sprints out of her blocks. Canow helped the shuttle hurdle relay win in 1:04.24 at Districts. Ames won the meet. (Photo by Jason Swift)



S

A change of mentality led track team to state crown

imply Great

-Maja Larsen

With some strong senior leadership, we have a chance at winning the state championship," head coach Jim Duea said at a coaches discussion before the girls' track season.

With that in mind, seniors assumed the responsibility of leading the underclassmen to their first championship since 1988. Along the way, the seniors made sure that all 101 tracksters felt like they were part of the team.

"The seniors didn't make you feel like you were just a freshman or a sophomore. This made the team more willing to work together and run better, because if there is one group that feels that they are superior, it ruins the team," sophomore Helen Lueth said.

The seniors' positive attitudes were contagious. Their

smiles and encouragement led others to cheer on the team even when they were sitting in the bleachers icing their hips or legs.

"Although people were injured, they still came to the meets to cheer on the rest of us. I think that we cheered ourselves to winning the state championship," senior Cathy Melvin said.

Injuries slowed down the team, but the arrival of new uniforms also caused confusion.

"When the new uniforms first arrived, they were just awful. They were really tight and kind of embarrassing to wear, so we begged the coaches to order very big sizes. When they finally came, I felt bad because they were actually a lot better than the old ones," junior Leigh Ann Powell said.

With new uniforms, the

Little Cyclones blazed to their third state title at Drake Stadium May 22-23. Behind DM Roosevelt and with an ecstatic crowd cheering them on, the Little Cyclones came in second in the 4x400m relay. This gave them four points, allowing them to edge past the Roughriders and take home the crown. Winning State called for a loud and cold celebration.

"Right after we won State, we dumped ice water over Mr. Duea's head, and he just stood there. He was surprised, but still happier than ever that we won. Also, instead of 'Do Me Baby,' by Bell Biv DeVoe, we started singing 'Duea Baby,'" junior Mary McKern said.

With great senior leaders and dedicated runners, the girls found that it was worth while to listen to the coaches' advice.



Junior/Senior Girls' Track. Front Row: Avanti Athreya, Renee Ripp, Sara LeBrun, Jennifer Weiss, Leigh Ann Powell, Mary McKern, Liz Trede, Yvonne White. Second Row: Sarah Smith, Anna Terpstra, Christine Willard, Manager Dawn Dean, Julietta Palmisciano, Katie Barnhart, Sophie Ellmaker. Third Row: Anjeanette Levings, Serra Semet, Alison Campbell, Karen Hsu, Terrill Johnston, Wendy Ward, Chrissy Spike, Erin Block. Fourth Row: Jana Hertz, Tobl McKern, Martha Whitaker, Cathy Melvin, Adrienne van der Valk, Chris Briley, Tara Carmean. Fifth Row: Alison Doyle, Carolyn Canow, Missy Yungclas, Leah Uhlenhopp, Tracy Hulsey. Back Row: Shannon Dau, Holly Anderson, Mischa Prochaska, Rebekah Hartman, Kristy Laklin, Crystal Houge. Not Pictured: Teresa Henderson, Kori Heuss, Tori Thamat, Diana Vander Schaaf.

Girls' Varsity Track

12 1st Places

Meet	Place
State Indoor	2nd
Ames Indoor	Not Scored
Dickinson Relays	1st
Bruce Jenner Invite	1st
Cedar Rapids Invite	1st
Mason City Invite	1st
Little Cyclone Invite	1st
Indianola Invite	1st
Drake Relay	NS
Ames Invite	1st
Divisional	1st
Fort Dodge Invite	1st
Conference	1st
State	1st

Runners focused themselves to defend a top reputation

Speeding Up

-Lisa Hinrichsen

After pushing a stray hair out of her face, Bridget adjusts her polyester uniform bearing the bold orange and black AMES lettering. As the starter says, 'Runners, take your marks,' she does some last minute stretching and positions herself in the blocks. Focusing only on her race, she waits for the starter to say 'set'. While waiting, she momentarily reflects on the determination and effort she put forth to be in this race. The gun explodes- the race has begun.

No sport consisted of simply competition; track was no exception. To reach the excitement of a meet, it was necessary for the tracksters to practice, practice, practice to prepare.

'The coach put a lot of stress on warming up before going out to run, so we usually spent a half-hour to

45 minutes warming up. I had to work really hard,' sophomore Nicole Camp said.

Improvements in practice came with assistance from older runners. Varsity and junior varsity runners kindly gave helpful pointers to the less experienced athletes.

'The older runners showed a lot of leadership. They also showed us where we can be if we stick with track. They proved that no one can get anywhere without trying,' sophomore Beth Myers said.

Motivation from the older teammates combined with strenuous daily practices equaled a highly successful season. Practice made perfect for the JV team, which remained undefeated throughout the year. The 9/10 team had only a single second place finish. That came in its final

meet at Marshalltown.

It was the first year for the CIMC district meet to be held. AHS left its mark by winning the first place title. For the runners, it was the first time freshmen and sophomores could all race together.

'For the first time we were a team at a meet. It was exciting to be a part of the winning team. We had the largest cheering section there,' freshman Melissa Green said.

Many meets later, Bridget poses once again on the starting blocks. Looking taller and more muscular, she now runs in a top position on the winning varsity team. She sprints around the track, passing other runners without a backwards glance. Months of long, grueling practice have led her to this point. Bridget crosses the finish line with a victorious smile. She has won.

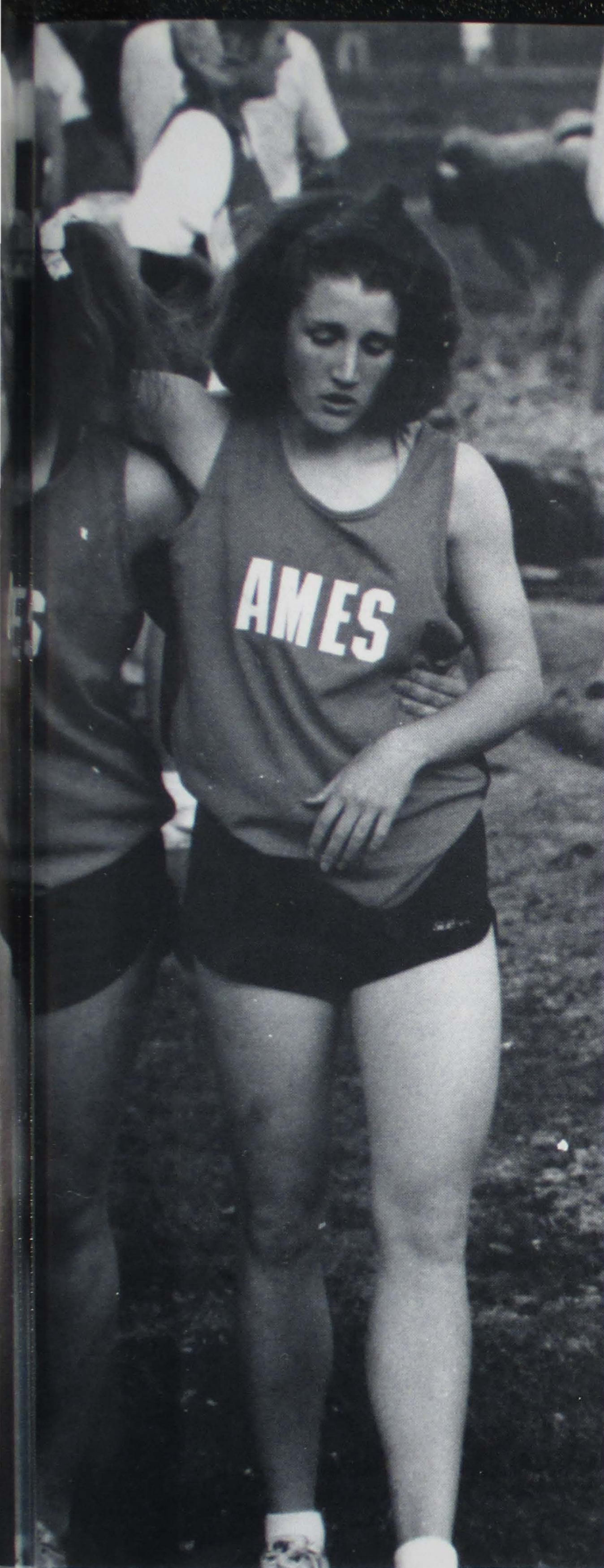
9/10 Girls' Track

4 9/10 1st Places 7 JV 1st Places

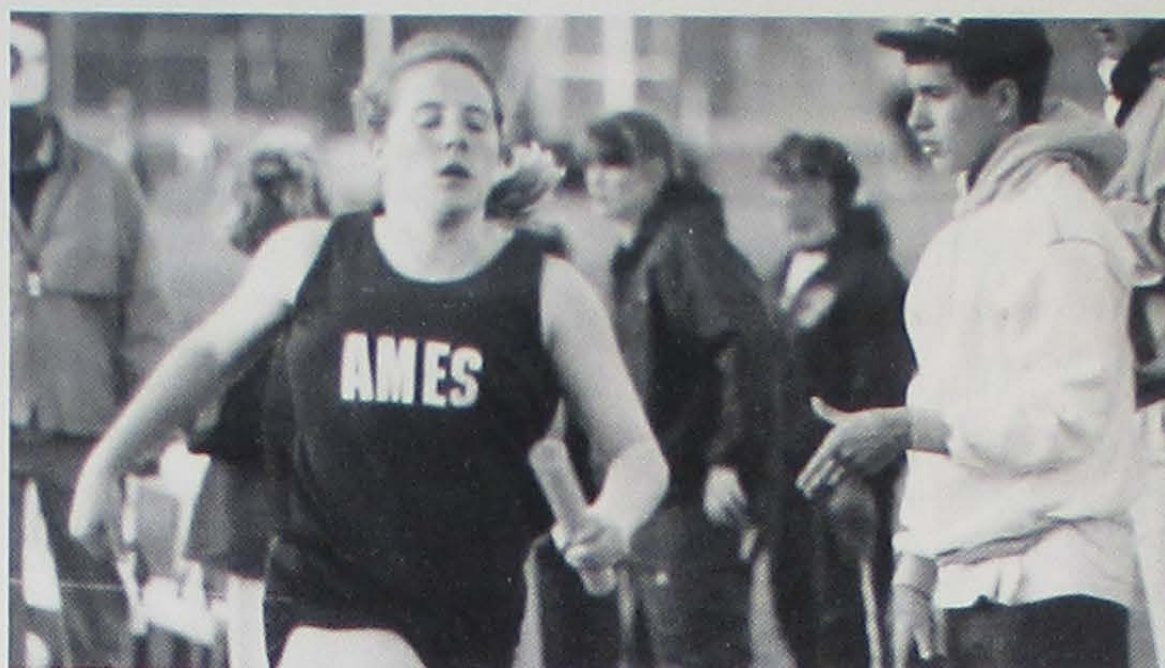
Meet	Place
9/10 Ames Indoor	NS
JV Ames Indoor	NS
JV Cedar Rapids Invite	1st
JV Mason City	1st
9/10 M'town/Newton	1st
JV M'town/Newton	1st
JV Lil'Cyclone Invite	1st
JV Indianola	1st
JV Ames Invite	1st
JV Divisional	1st
9/10 Divisional	1st
9/10 Fort Dodge Invite	1st
9/10 Marshalltown	2nd



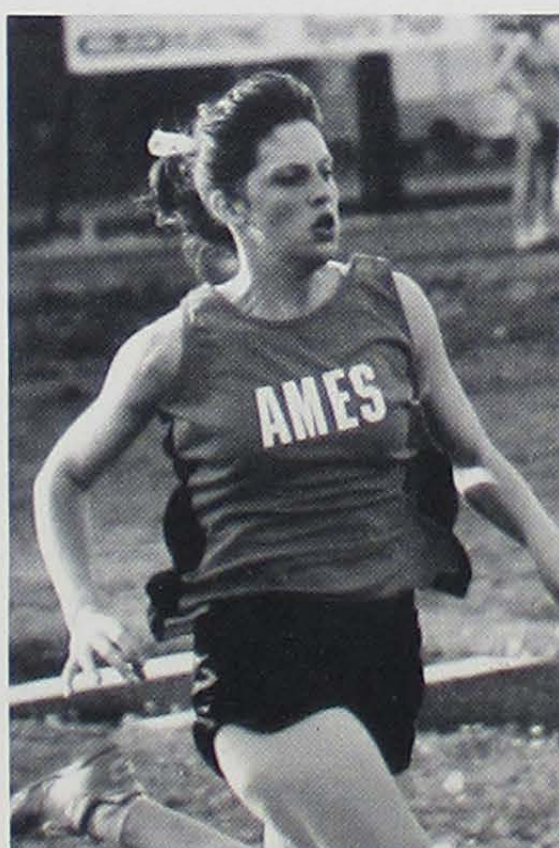
Freshman/Sophomore Girls' Track. Front Row: A. Davis, J. Bliskie, B. Stott, L. Welch, A. Bright, S. Lang, M. Green, A. Bergan, S. McGee, C. Salvo, A. Hagen, L. Nakadate. Second Row: L. Sargent, J. Holder, L. Hefley, J. Olberding, A. Raske, J. Yoder, T. Aurand, M. Fisher, J. Vasquez, G. Olberding, J. Moloye, J. Anderson. Third Row: K. Beckman, D. Bryant, B. Myers, J. Simonds, A. Hutchison, S. Brunscheon, M. Knutsen, B. Titus, C. Engelhom, E. Espeland, J. Fiebler, E. Ross, S. Kenealy. Fourth Row: L. Rice, E. Bourne, N. Camp, R. Bering, B. Holger, H. Amos, J. Hugdahl, N. Osborn, A. Birch, J. Ng, T. Shinar, M. Bradley. Back Row: S. Schwarzenbach, H. Orth, A. Henderson, E. Prochaska, J. Lathrop, T. Meierkord, H. Lueth.



during the Ames Invite, sophomore Lizz Welch carries the baton to victory as she breaks the finish line of the 4 x 100. (Photo courtesy of Becca Stott)



clearing the hurdle with room to spare, freshman Shannon Kenealy runs the third leg in the JV exhibition shuttle hurdle relay. (Photo by Jason Swift)



sophomore Jessica Hugdahl runs an open 400 for the JV team during the Ames Invite. Ames scored 170 points to overpower Indianola's 112. (Photo by Beth Myers)

while helping sophomore Becca Stott recover after the 200 in the sprint medley, sophomore Allison Hutchison watches the other events. (Photo by Colin Brennan)

straining to pass his WDM Valley opponent, sophomore Jeff Stiles competes in the 3200. (Photo by Kelly Koppes)

flying over the hurdle, senior Alex Garn prepares to run the home stretch of the 100 meter hurdle race at the Ames Invite. (Photo by Kelly Koppes)



the way **WE** see it

When a football team runs out onto the field, the players psych each other up for a team effort. But when an individual prepares to run a race, the pressure comes from within. Athletes who participated in both individual and team sports found there was a big difference in the rewards and pressures of the two types of athletics.

"You learn a lot more playing team sports. You have to know what is going on with all the other people too. You can't just think for yourself. You have to think ahead; it's a good challenge," senior Alex Garn said.

"There's a lot more pressure in individual sports. You can't count on anybody else. If you mess up, everybody sees you," junior Scott Gabrielson said.

Giving up individual glory or the security of a close team was the price athletes paid when they chose to play the game alone or with others.

at the head of the race, juniors Chad Kinart and Mark Gyllstrom prepare to finish strong. (Photo by Kelly Koppes)



H Boys' varsity track had tough competition to deal with

olding Out

-Adrienne van der Valk

As spring approached, members of the Ames boys' track team faced the year with high expectations. With six state titles under its belt, the squad was optimistic about the season, but various mishaps and strong opposition hindered their effort to achieve number seven.

"Because of how good City High was, we had to crack down and make sure we all did our workouts so we'd be ready for them at State," sophomore David Cantonwine said.

The extra initiative to push themselves came, not only from the challenge of facing tough teams at State, but from a surprising loss during the season. The first in six years, it shook up the runners and made them realize they needed some extra effort to pull through the season as winners.

"It was the worst meet I've ever been to. We didn't run well at all. It was a total team let down. All the negative momentum carried through the whole meet," senior Scott Whiteford said.

Despite struggling against Cedar Rapids Kennedy, the team produced several shining examples of success. At the state meet and the Drake Relays, senior Curtis Hawkins defended his title as state champion in the 100 meter dash. His win was a personal as well as a team victory.

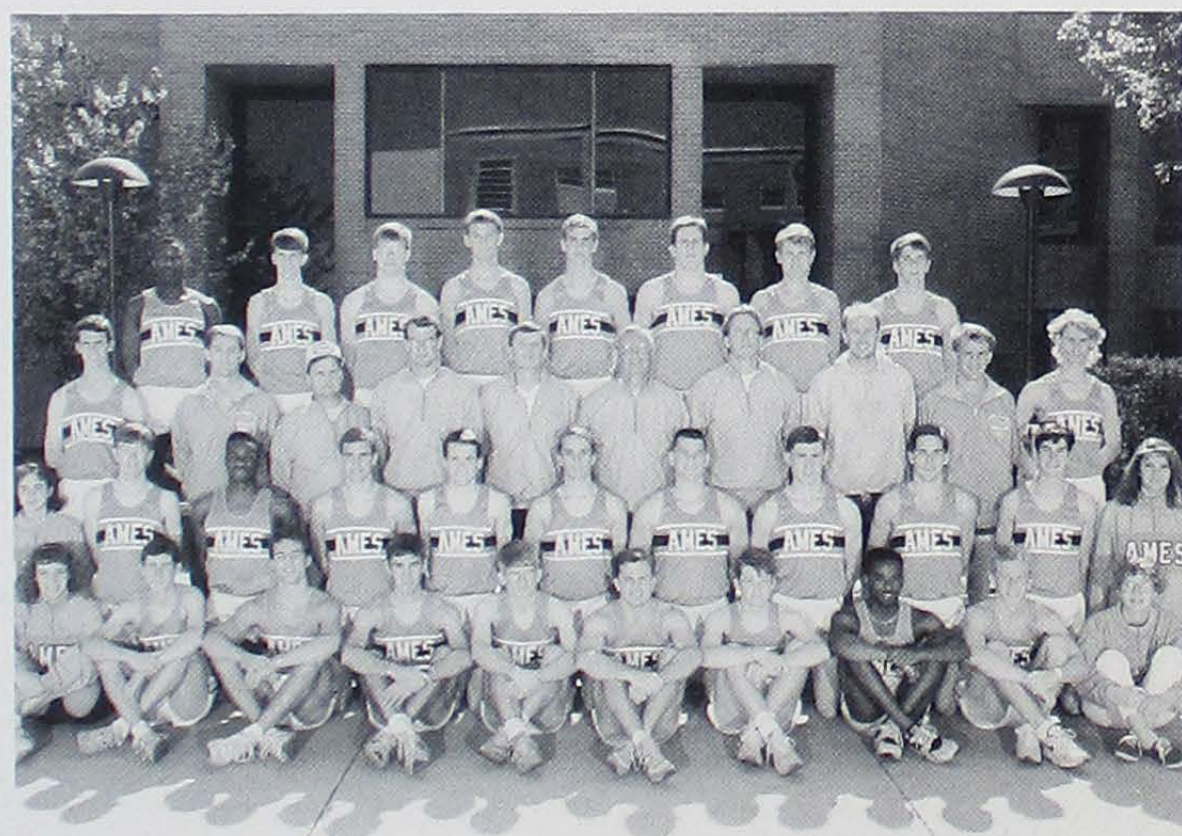
"(Defending my title) was the best feeling in the world. That was all I wanted to do. Every meet was a challenge because I was the guy to beat and that motivated me. The team really supported my effort. In workouts this year, Scott Whiteford and Scott Gabrielson worked out and competed with me and

that helped me in the meets," Hawkins said.

Despite Hawkins' win, the boys did have to relinquish their state championship trophy to Iowa City High. Although disappointed, they had each other's support to help them handle the fifth place finish well.

"We needed to stick together. For the most part, we did. After we knew how we were going to finish at State, we kind of fell apart; but after the bus ride home, we got back together," junior Joey Nelson said.

A strong sense of unity and a lot of hard work, although they didn't bring victory as the team had hoped, carried the boys through the season with the knowledge that they had done their best. It also motivated them to set their sights on reclaiming their state title when spring rolled around again.



Varsity Boys' Track. Front Row: Mgr. Danelle Pantenburg, David Cantonwine, Ben Ford, Chad Kinart, Joey Nelson, Scott Whiteford, Curtis Hawkins, Scott Gabrielson, Mgr. Abby DeHoet. Second Row: Mgr. Mary Willard, Andy Glatz, Fred Gilbert, Mark Milleman, Guy Willey, Matt Thomas, Nathan Pelzer, Gentry Collins, Colin Brennan, Jason Burris, Mgr. Niki Martin. Third Row: Jonathan Good, Coach Chris Mollison, Coach Bob Logston, Coach Vance Downs, Coach Carl Pelzer, Coach John Sletten, Coach Bruce Vertanen, Coach Randy Barrick, Coach Mark Bertram, Matt Anderson. Back Row: Tendai Muyengwa, Jeff Stiles, Jeremy Mize, Alex Garm, John Milleman, Jeff Ak, Brian Warne, Chris Wycoff.

Varsity Boys' Track

8 1st places

Meet	Place
CR Washington Indoor	
	Not Scored
Ames Indoor	NS
Dickinson Relays	NS
Ankeny	1st
Scarlet Invitational	1st
HI Covey Relays	1st
Bobcat Relays	2nd
Drake Relays	NS
Ames Invitational	1st
Divisional Meet	1st
Hawk Relays	1st
Valley Relays	1st
Conference Meet	1st
State Meet	5th

R 9/10/JV tracksters make up an important part of the team

Racing Ahead

-Steve Shapiro

Without a strong foundation, even the best built houses will topple. Though members of the junior varsity, freshman, and sophomore track teams didn't receive the press' attention or score at the state meet, they found that they made up an integral part of the team. And that was what kept them coming back each year.

"I felt like I was contributing to the team when I ran," freshman sprinter Jack Liao said. "You really feel what the rest of the team is feeling—there's great unity even between JV and varsity. They cheer for you when you run, you cheer for them when they run."

Senior distance runner Matt Abbott found another "up" side to running JV.

"In my four years out for track, I never ran varsity," Abbott said. "But that meant I didn't have to deal with all

the pressure, so I could have fun. Our 4x800 team had a great time together."

In spite of (or in addition to) the friendships that developed, some fierce intra-squad rivalries developed over the course of the year.

"All year, Bryce (Freeman) wanted to race his brother (sophomore Lon Freeman) in the 400 lows," junior Jeff Gardner said. "Finally at the Ames Invite they got to race and Bryce actually beat him by a second."

Both had run hurdles the previous year, and even after senior Bryce Freeman became a mid-distance runner, the friendly family rivalry remained.

Even a bit of competition between members of the team couldn't pull them apart, though. One of the things that helped hold the team together was Coach John Sletten.

"He's a great coach,"

sophomore thrower David Smalling said. "The thing I admire most is his work ethic. The workouts were tiring, but afterwards, you felt good."

Whatever it was about track, in spite of the hard workouts, people kept returning year after year.

"I'm planning on going out next year and the year after," sophomore sprinter Matt Ashburn said. "I just like running. Track is a lot of work, but that's what you've got to do in order to improve—and I'd like to see Ames win State again."

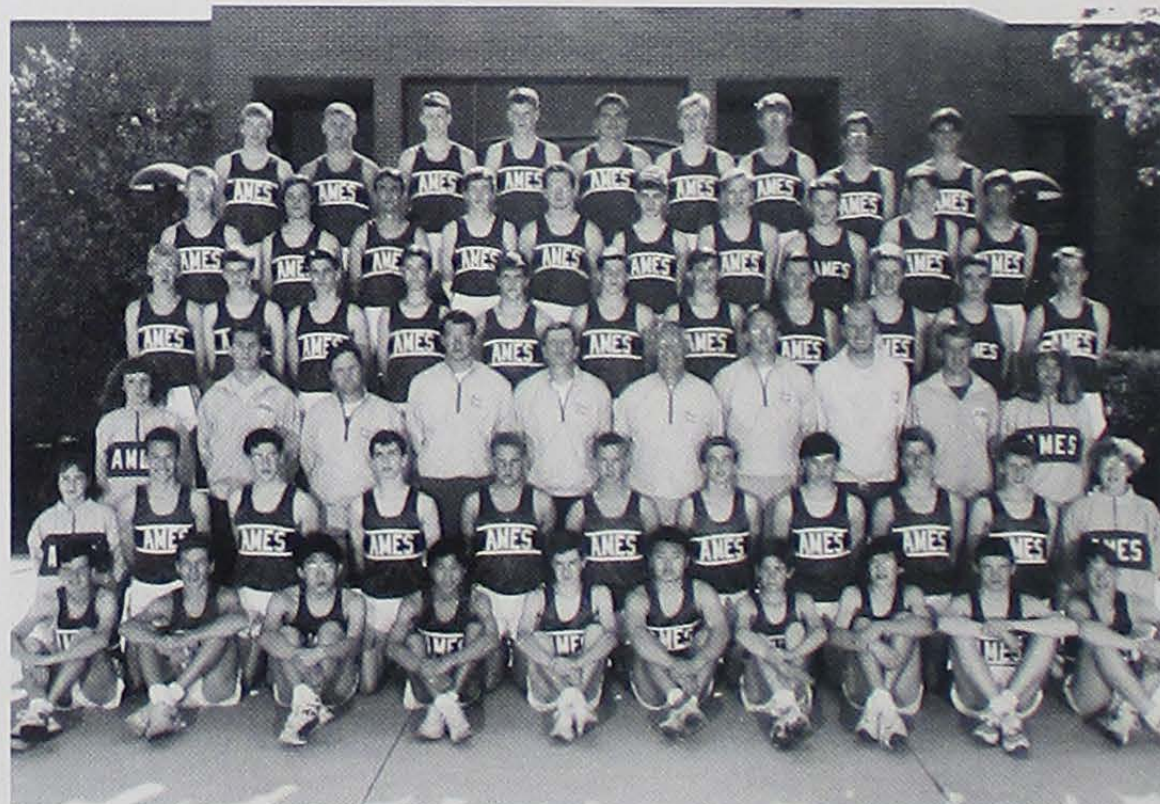
And even in spite of a disappointing freshman/sophomore season and the varsity's fifth place finish at State, the junior varsity team felt good and looked forward to the future—an attitude of optimism showed through.

"I still think Ames High is the best in the state," Liao said.

9/10/JV Boys' Track

4 9/10 1st Places
3 JV 1st Places

Meet	Place
Ames Indoor	Not Scored
JV Ankeny Invite	1st
9/10 Marshalltown	1st
JV Scarlet Invite	NS
9/10 Newton/Indianola Triangular	NS
10 Hi Covey Relays	1st
JV Bobcat Relays	3rd
9/10 Ankeny	1st
9/10 Urbandale Invite	1st
JV Ames Invite	1st
Frosh Divisional	6th
Soph Divisional	7th
Hawk Relays	1st
JV Valley Relays	1st
9/10 Marshalltown Invite	3rd



JV Boys' Track. Front Row: A. Sheeler, B. Gilchrist, M. Choi, W. Huang, M. Sedgwick, J. Liao, J. Kennan, A. Proescholdt, M. Robinson, J. Nichols. Second Row: M. Willard, S. Shapiro, A. Dieter, K. Delagardelle, D. Patrick, J. Wray, E. Lehmkuhl, D. Evans, B. Fennema, A. DeHoet. Third Row: D. Pantenburg, Coach J. Mollison, Coach B. Logston, Coach V. Downs, Coach C. Pelzer, Coach J. Sletten, Coach B. Vertanen, Coach R. Barrick, Coach M. Bertram, N. Martin. Fourth Row: M. Vardeman, D. Ginder, M. Ashburn, B. Magel, L. Freeman, T. Payne, D. Smalling, J. Biggs, B. Kellen, A. Brock, S. Mullica. Fifth Row: R. Yoder, A. Lehmkuhl, T. Rutter, C. Houge, J. Dieter, J. Baty, D. La Grange, J. Gardner, D. Millen, J. Miller. Back Row: N. Dow, C. Groepper, J. Gardner, M. Gyllstrom, B. Hornung, J. Aslesen, J. Swift, M. Abbott, B. Freeman.



striding out, sophomore Ryan Yoder completes the last leg of a 4x800. The Ames team came in first. (Photo by Kelly Koppes)

freshmen Jason Miller and John Baty vie for position during the 1600 at the Ames Invite. (Photo by Kelly Koppes)



stretching out before his race, freshman Joss Nichols prepares for a two-mile run. (Photo by Kelly Koppes)

giving it his all, sophomore Matt Ashburn leaves the pack during the last part of his 200. (Photo by Kelly Koppes)

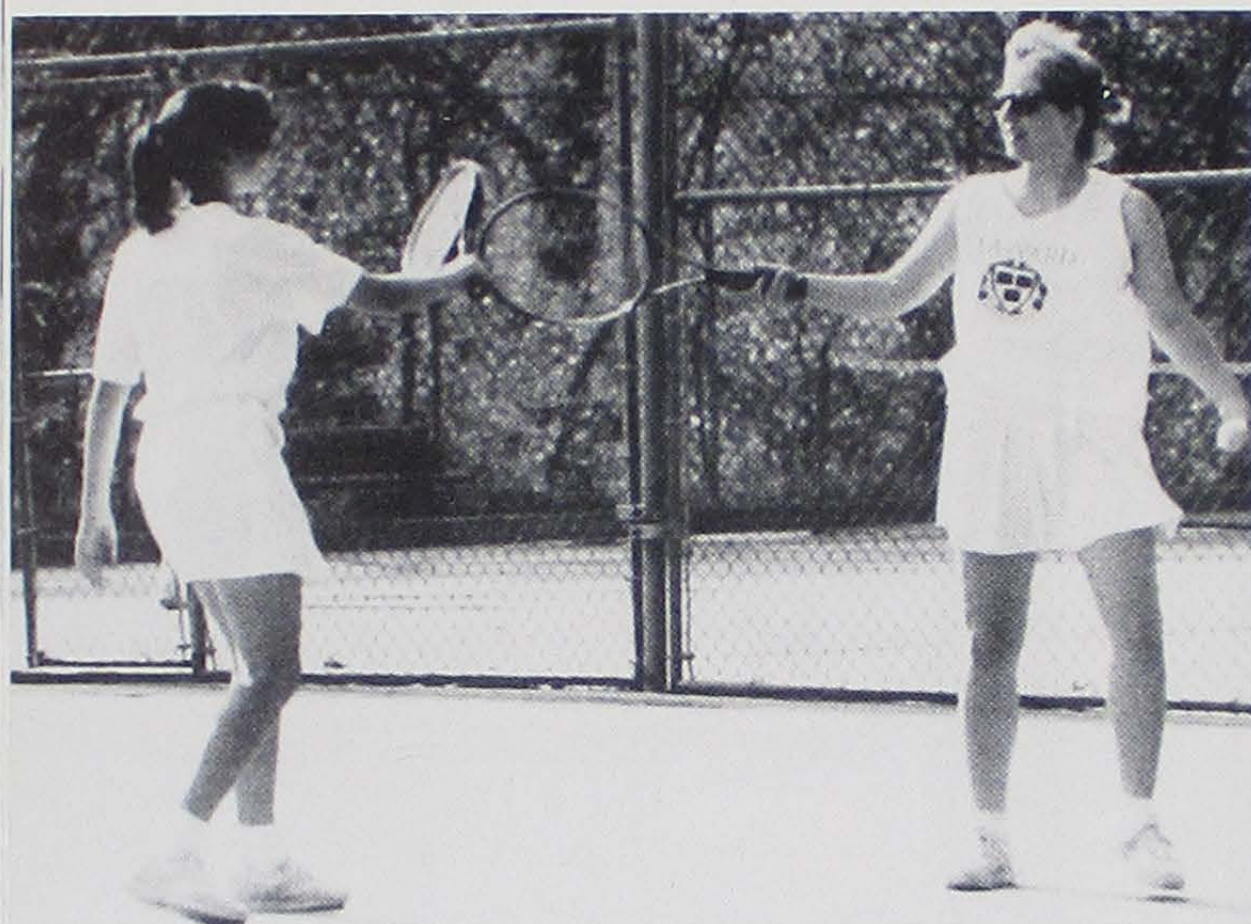
the way **WE** see it

Disagreements abound in sports, disagreements with opponents, teammates, and especially officials. Tennis is one such sport, and the calls made can affect the outcome of the game.

But according to junior Laura Larson, having self control, being able to deal with stress and accepting the opponent's opinion are each factors in being successful.

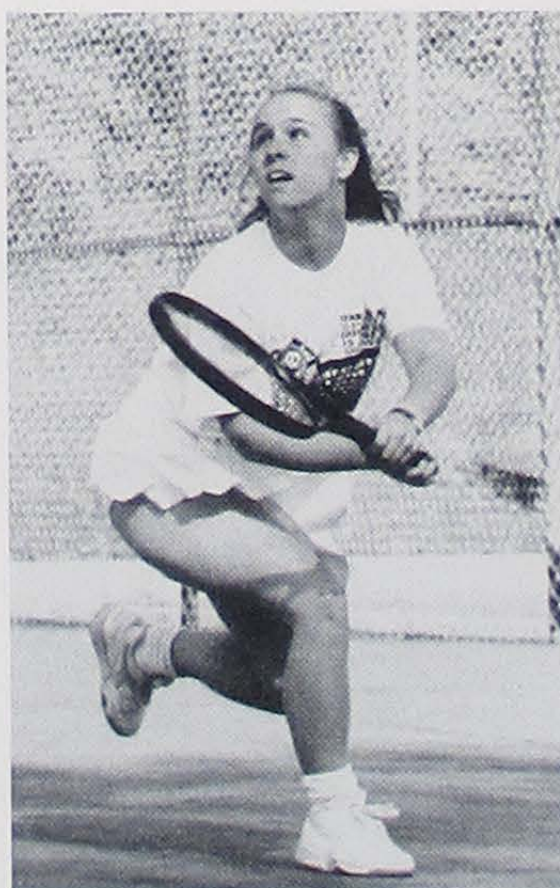
"When you disagree with a call they make, you just have to go on with the game and play. Some whole teams were really uncool about calls when they didn't agree with them, some of them got really feisty. Our team really had it together on the court, though, and we were pretty calm about everything," Larson said.

Keeping their cool and staying calm was essential when games heated up. These tennis tensions were powerful, but the girls dealt well with them and didn't let stress have negative effects on their season.



after winning a point, freshman doubles team Ali Best and Lisa Hinrichsen congratulate each other in a meet against WDM Dowling. Ames won the meet, 10-1. (Photo by Abby Klaas)

after returning the ball, junior Ann Moore follows through in a game against DM Hoover. Ames won the meet 11-0 and finished off their season with an 11-2 record. (Photo by Abby Klaas)



watching the ball, sophomore Molly LaGrange serves in a meet against DM Hoover. Ames won 11-0. (Photo by Abby Klaas)



R

Despite snow and rain, tennis team emerged victorious

Rainy days

-Monica Wilke

Old, cloudy, rainy, and snowy. This is the type of weather that greeted the beginning of the girls' tennis season. The bad weather had various effects on the girls and the way they played. But eventually the weather warmed up, and so did the team.

Because of the wintry weather, three meets early in the season were postponed and one had to be cancelled altogether.

"Having the earlier ones postponed made the schedule harder later because we had two or three meets a week for a while. If there was any good from it, it would be that it helped make us tougher and built up our endurance," senior Anjali Gupta said.

The girls also had to adjust the way they played their games based on the weather.

Tough as it was for the varsity letterwinners, it was even more challenging for the less experienced players.

"I hadn't played in that kind of weather before and I really had to stay focused because it's so cold and my muscles would tense up a lot easier," freshman Sarah Freed said. "When you play in bad weather, you really have to change your game around, especially with the wind blowing hard. You have to alter your shots; if you are with the wind you hit softer and if you are against the wind you have to hit harder, so it's important to have control."

Controlling their shots was important in one of their games with rival WDM Valley, which took place on a very cold day at the Fort Dodge Quadrangular.

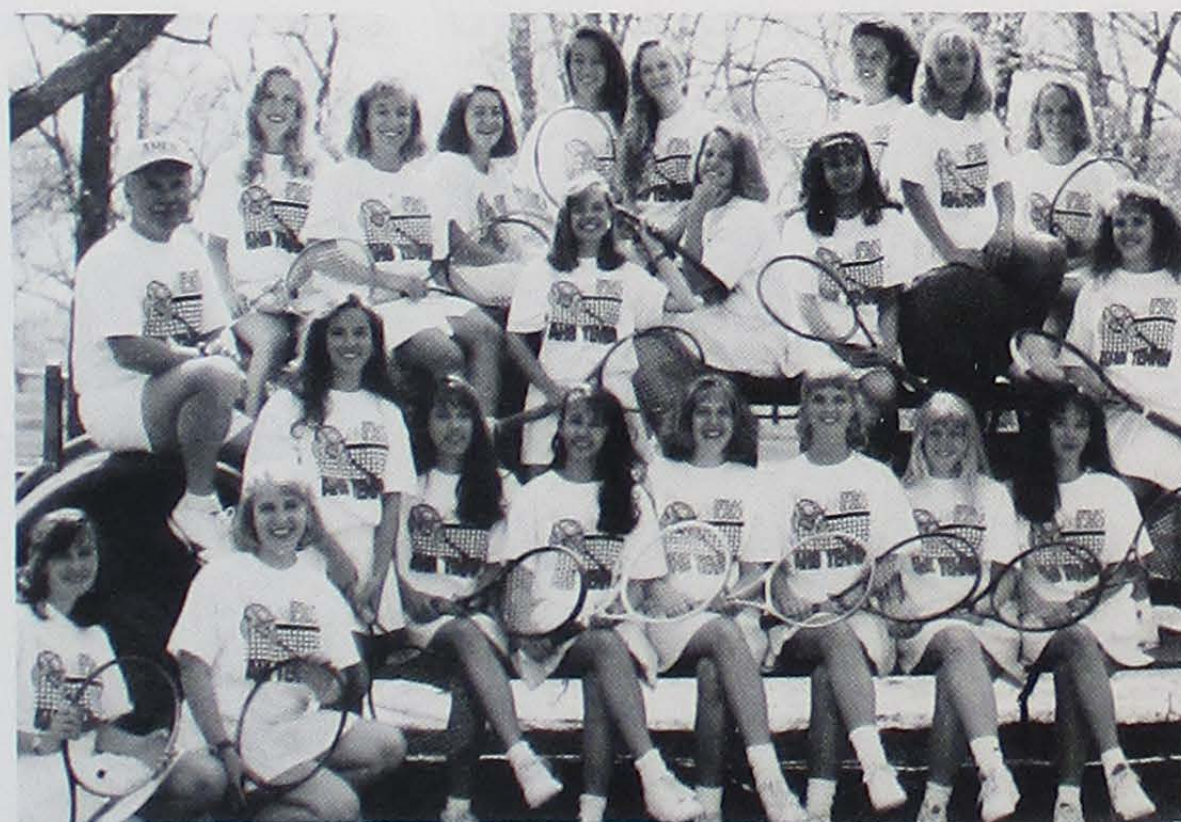
"We really wanted to beat Valley, it was very cold and

by the end of my doubles match it had started to hail. We did win the game and the whole meet, but it was really close, 5-4," sophomore Katie Krogmeier said.

After hail, rain, and even snowfall, some girls weren't surprised when they got hit by tennis balls too.

"I was playing doubles with Lexa Curtis and I hadn't hit any of my (doubles) partners (with the ball) all season, but while I was serving I hit her twice, once in the head and once in the leg in the same game! I felt bad but at least she wasn't hurt," sophomore Kim Lutz said.

The girls' season was very successful despite the weather, and they finished with a dual meet record of 11-2. Both the team and individuals advanced to State, where the team placed fourth in a consolation round against DM Roosevelt.



Girls' Tennis. Front Row: Ali Best, Lisa Hinrichsen, Maria Lutz, Kim Lutz, Tracy Larson, Katie Krogmeier, Molly LaGrange, Jenny Olson, Fawn Stubben. **Back Row:** Coach Len Theide, Laura Larson, Lexa Curtis, Jody McKee, Amy Ogle, Emily Kim, Manager Melani McCracken, Dana Patterson, Anjali Gupta, Jeanne Sundstrom, Jeni Shierholz, Ann Moore, Sarah Freed.

Girls' Tennis

11 wins, 2 losses

AHS	Opponent	Opp
3	DM Roosevelt	8
10	Marshalltown	1
9	Fort Dodge	0
5	WDM Valley	4
11	Boone	0
3	WDM Valley	8
9	Urbandale	2
10	WDM Dowling	1
11	DM East	0
11	Newton	0
11	Ankeny	0
11	DM Hoover	0
1st	Sectionals	
1st	Districts	
1st	Regionals	

Bets Are Off

Tennis team faced obstacle course on its way to victory

-Katie Krogmeier

Squealing with delight, the kindergartners scramble through the enormous tire structures and up onto the monkey bars. Next, the children swing across to the ropes where they attempt to climb to the top of the tower. At every recess, this is the goal of the aspiring athletes - to get to the top.

The boys' tennis team struggled through an obstacle course of its own throughout the season. Unpredictable weather, illnesses, and injuries challenged the team to become more versatile. With the loss of eight seniors, many onlookers figured that all bets were off for the boys' tennis team.

In the spring, Iowa went 21 consecutive days with precipitation. The tennis team was forced to adapt to these abnormal conditions. Six meets were cancelled as a result of the unpredictable weather conditions.

"Once we were having our practice and it started to rain and lightning, so we had to leave early because of the

storms. Days like this happened more often than not towards the beginning of the season," sophomore Judd Bowman said.

"I didn't enjoy it (the weather). It made us (our muscles) a lot tighter, so we had to stretch out for a long time before we played. It also made our strings really tight, so a lot of us were breaking strings. We didn't get much practice, so we were inexperienced for our first meets," freshman Max Freeburg said.

Weather was just one of the uncontrollable circumstances that the tennis team dealt with. Number one seeded John Tannehill came down with a bad case of mononucleosis before the season started. As a result, he spent much of the season regaining his strength.

"For the most part, I spent the whole season just catching up. Being a junior and playing at number one wasn't easy. Having mono on top of that made the situation even more difficult to handle," said Tannehill, a junior.

More avertible obstructions

came into the picture later in the season as well. At the district meet, Junior Niles Narotam injured his knee after an impressive win in the doubles competition. Consequently, he and his partner Morris Liao were withdrawn from the state competition.

"Niles had a sore knee throughout the whole season. Then he reinjured it at Districts after their win. Because of the injuries and other problems, the lineup got scrambled up a few times. For one meet, all of the varsity got moved up because the top two couldn't compete," sophomore Andy Vogel said.

Aside from numerous impediments, the team continued to reach for the top. They finished first at Districts, beating Marshalltown. But they were ousted from the tournament at Sub-State 4 to 5 by Abraham Lincoln/Council Bluffs.

Although they didn't quite reach the top, the team came extremely close to reaching the "elite" while managing to triumph against all odds.

Varsity Boys' Tennis

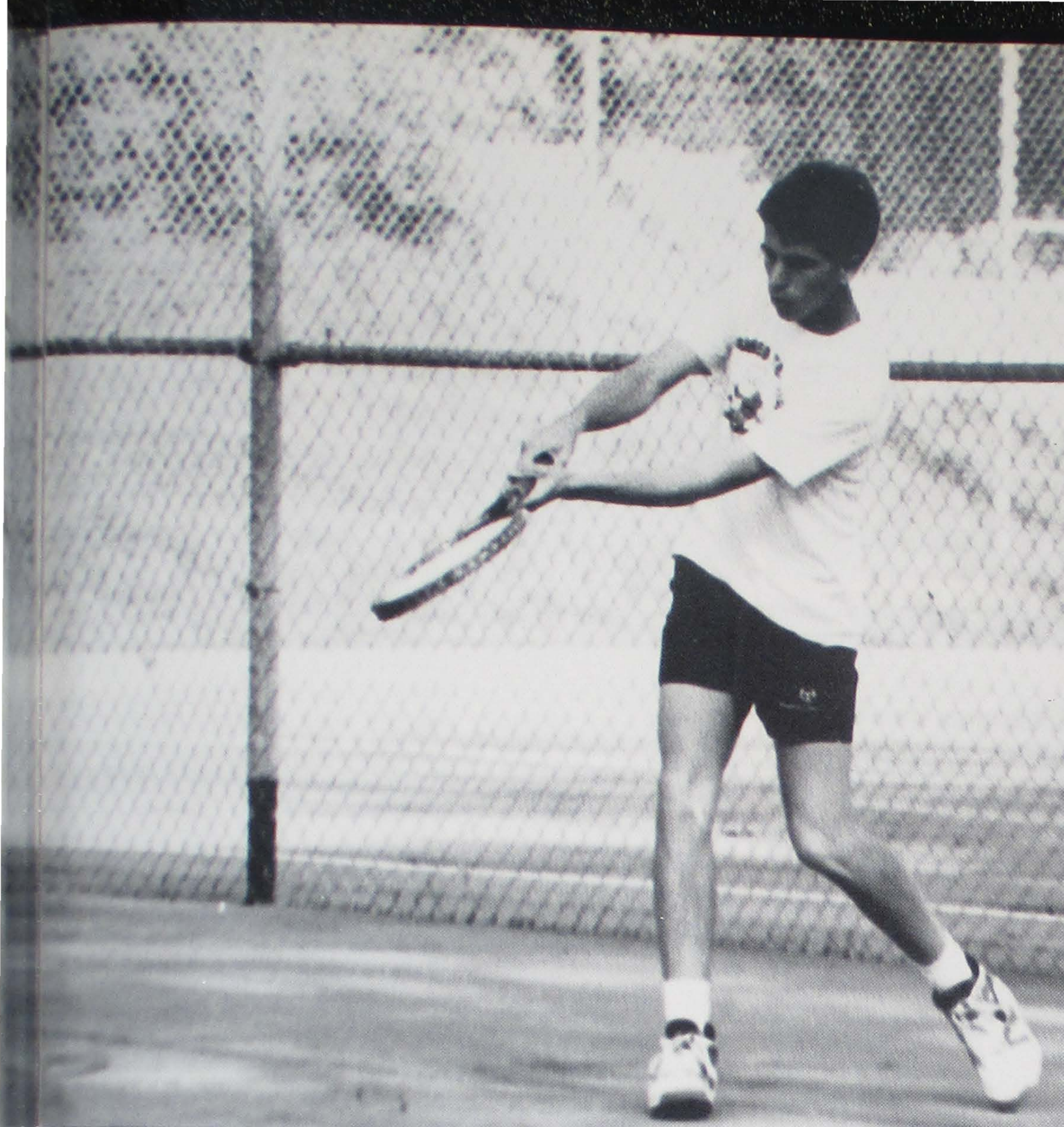
5 Wins, 4 Losses

AHS	Opponent	Opp.
7	Marshalltown	4
1	DM Roosevelt	10
5	Ankeny	6
2	WDM Valley	9
8	Urbandale	3
9	DM East	2
8	Newton	3
7	Ankeny	4
4	Council Bluffs A.L.	5



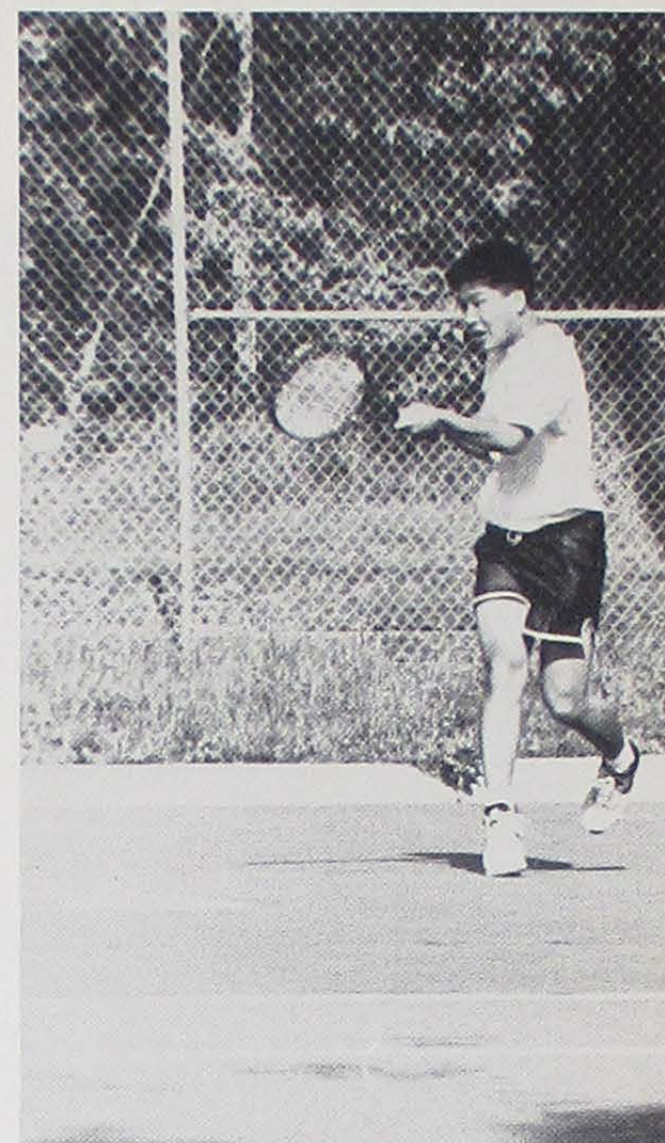
Boys' Tennis. Front Row: Jeff Schroeder, William Sutjiadi, Judd Bowman, Max Freeburg, John Sherman, Dan Vogel, Dave Good, Andy Vogel, Bill Dunlay. **Back Row:** Mgr. Kari Ellingson, Steve Bailey, Ben Douglas, Morris Liao, Clay McEvoy, Steve Edelson, Nick Nakadate, Ryan Carver, Jamie Lang, Jim Polston, Niles Narotam, Mgr. Cassee Dunham. **Not Pictured:** John Tannehill, Scott Larson, Carlos Wesley.





rallying against Ankeny. Junior Clay McEvoy hits a back-handed groundstroke. (Photo by Abby Klaas)

returning a serve against Ankeny. Junior Morris Liao runs down the ball. Ames won the meet 7-4. (Photo by Abby Klaas)



the way **WE** see it

The tennis team demonstrated the importance of sportsmanship on the court as a result of encouragement from each other and their coach. In an attempt to stay away from the John McEnroe attitude, the boys' tennis team practiced fairness.

"Mr. Gibbons stresses having fun and good sportsmanship. Everyone followed up on that really well. If we would have mouthed off to the other team, he probably would have yanked us down or something," freshman Dan Vogel said.

As a team, sportsmanship was the key to achieving honor among other players and opposing schools.

"In calling lines, you take the responsibility that you will make a fair judgment. Sportsmanship and honor are the epitome of tennis. This is why I so love coaching and teaching tennis," Coach Bob Gibbons said.

With positive reinforcement, having a team with upbeat attitudes was easy to accomplish.

practicing the fundamentals, Junior Niles Narotam steps into the volley. (Photo by Beth Myers)

swinging her club, freshman Julie Swanson prepares to hit the ball at Veenker Golf Course. Swanson played No. 2 all season and shot a 172 at the state meet. (Photo by Abby Klaas)



Junior Sarah Frette concentrates as she chips the ball. Focused practice helped the Little Cyclones take third at State behind Dubuque Senior and rival WDM Valley. (Photo by Abby Klaas)



the way **WE** see it

While some sports were offered on the elementary school level, golf was a game that didn't get much emphasis until high school. Many players on the Ames High golf team swung their first clubs under the guidance of parents who played.

"We have a really strong junior golf program at the country club and I went there with my family. They all play golf, but I went mostly with my brother," junior Lisa Horton said.

Junior Keara Langston teed off for the first time on the first day of practice. Her reasons for playing went beyond family tradition.

"I went out to have a good time and be in a relaxing sport and make a few friends. I caught on really quickly. Mr. Heiberger is a good coach and if you do what he says you learn the fundamentals," Langston said.

In spite of the fact that Little League golf didn't exist, players gained enough experience through their families and belonging to the team to make a good showing at State.



O n the Fringe

-Kristy Lakin, Steve Shapiro, Adrienne van der Valk

After staggering under the weight of the loads thrown over their shoulders, struggling through the harsh sand, and wiping the sweat from their tanned and weary brows, a group of young nomads reached their final destination: a lush green oasis.

But these nomads weren't leading camels. They toted golf clubs instead of walking staffs and their oasis was the green of Veenker Golf Course. They were the Ames girls' golf team, and their journey throughout the sea-

gripping her putter, junior Lisa Horton eyes the hole as she practices at Veenker Golf Course. Horton was the number one golfer for Ames. She finished fourth in the individual medalist competition at State. (Photo by Abby Klaas)

son was more than a physical one.

"The season turned out really well for having such young people. The freshmen had been in tournaments before, and all the juniors had been playing quite a bit," junior Sarah Frette said.

Although there wasn't a single senior on the team, most of the members had played golf for many years. Being experienced players helped give them an edge over teams they faced with older members.

"Because we lost our number one player, Janae Carter, I didn't think we'd do very well this season. We placed first at regionals and went into the state meet ranked fifth. We ended up third there. Everyone was really surprised we did as well as we did," junior Lonna

Rensink said.

The team did consistently well despite the suffering of some players. Although golf wasn't a sport usually associated with injuries, Rensink discovered the dangerous side of the game during a meet against Valley.

"Lonna Rensink got hit with a golf ball. She was standing near the tee box and she bent over to get something. This Valley girl had a really bad swing and she hit her right in the head. She took a lot of Tylenol for the rest of the week," freshman Julie Swanson said.

Despite the health hazards and their youth, the little procession made its trek across the course faithfully throughout the season. Their diligence paid off when they won eight meets and earned a surprising third place at the state meet.



Girls' Golf. Front Row: Keara Langston, Libby Van Houten, Sarah Frette, Katie Rhodes. Back Row: Lonna Rensink, Coach Bob Heiberger, Lisa Horton, Julie Swanson.

Girls' Golf

8 1st places

Opponent	Place
Ankeny	1st
DM East/Hoover	1st
DM Roosevelt/WDM	
Dowling	1st
Valley Classic	1st
WDM Dowling/DM North	1st
Ames Invitational	1st
DM Lincoln/SE Polk	1st
Cardinal Invitational	1st
DM Roosevelt/WDM Valley	2nd
Divisionals	2nd
Boone	1st
Conference	3rd
Sectionals	1st
Regionals	1st
State	3rd

After a 3-12 start, baseball team ends season at District final

Leading Off

-Adrienne van der Valk

Like a rolling ball that starts out slowly and gathers momentum as it goes, the Ames High baseball team picked up speed after a disappointing 3-12 start to the season. Experience and teamwork grew throughout the summer and carried the Little Cyclones to a District final and a 19-22 final record.

"We didn't have many experienced people. After we played together more, we got used to each other and played better. We got pretty good at the end of the season, so overall we ended up doing better than our record showed," senior John Murphy said.

Inexperience wasn't a word that applied only to the players. Head Coach Bret Posegate was only in his second year of working with the varsity. However, the team

members didn't feel his youth hindered their performance.

"Maybe at first (being young) affected the varsity team, but Bret really came across. He made sure they were a straight bunch of guys who respected him and represented Ames well," sophomore Ed Bappe said.

The Little Cyclones represented Ames well as they made a drastic comeback during the regular season, but Districts posed a new challenge that the players faced head-on.

"Towards the end of the season, we were pretty hot, so our expectations were pretty high going in to post-season. We knew we could beat Carroll Kuemper; we were confident," junior Corey Groepper said.

And the Little Cyclones were able to defeat Kuemper

12-1

The advance to the district finals against Ankeny was a thrill for the team, but unfortunately ended in a 4-5 loss. Murphy found it tough to get so far only to lose.

"The loss to Ankeny, who was eventually the state champion, was really heart-breaking. We wanted that game really badly, and we almost pulled it out. Ankeny was the team we really wanted to beat, but we showed a lot of people that we were not just a joke because of our record. We could only say we lost to the state champs by one," Murphy said.

The progress made and experienced gained as the summer went on gave hope to team members that the Little Cyclones would keep on rolling into the future, and right over their competition.

Varsity Baseball

AHS	Opponent	Opp
1	Denison	5
5	Johnston	10
2	Perry	5
6,8	DM Hoover	5,12
4	Urbandale	7
6	Iowa Falls	0
15	Ballard	3
0,5	Newton	5,9
4,1	Indianola	7,8
4	WDM Valley	10
0,1	Marshalltown	8,8
12	Johnston	10
2,2	DM East	0,1
6,5	SE Polk	2,0
1,6	Ankeny	3,4
5,8	DM Roosevelt	4,4
12	Iowa Falls	2
2,8	WDM Valley	7,11
21	Boone	11
10	DM Lincoln	4
1	Newton	5
8,11	Urbandale	7,7
7	WDM Dowling	9
1	Ankeny	4
2,2	WDM Dowling	6,8
5,8	DM North	3,6
12	Carroll Kuemper	1
4	Ankeny	5

Two scores indicates double-header



Baseball. Front Row: Keith Sansgaard, Scott Gabrielson, John Murphy, Eric Strong, Mike Pollmann, John Tannehill. **Second Row:** Aaron Wells, Jason Ruebel, Jay Greenfield, Carlos Wesley, Spenser Villwock, Jeff Bappe, Bryce Freeman, Chris Winkler, Aaron Burrier. **Back Row:** Head Coach Bret Posegate, Assistant Coach Chuck Stevens, Jeremy Moore, Kevin Lawler, Corey Groepper, Mark Gyllstrom, A.J. Skahill, Kevin Burkheimer, Dan Ricketts, Assistant Coach John Walz.





hitting a double, junior Dan Ricketts scored Junior Scott Gabrielson and tied the game 1-1 in game two of the doubleheader against East. The Little Cyclones won the game, 2-1. (Photo by Abby Klaas)

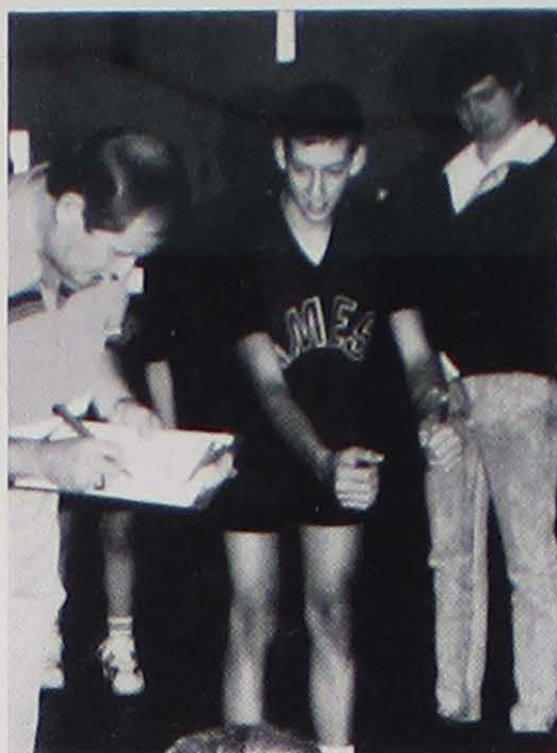
picking up the ball, Junior Jason Ruebel gets ready to throw it to base. Players needed to throw quickly and accurately to defeat opponents. (Photo by Abby Klaas)



junior Scott Gabrielson attempts to catch the pop fly as a Scarlet makes it past second base and heads to third. The Little Cyclones triumphed over East, 2-0 in the first game. (Photo by Abby Klaas)

pitching can help or hurt a game. Junior Kevin Burkheimer pitches a four-hit shutout in the first game of the doubleheader against the East Scarlets at Brookside Park. (Photo by Abby Klaas)

sophomore Rob Eich watches the volleyball as junior Mary Mohler bumps it to the other side, helping the Little Cyclones win the division championship. (Photo courtesy of Mary Wauson)



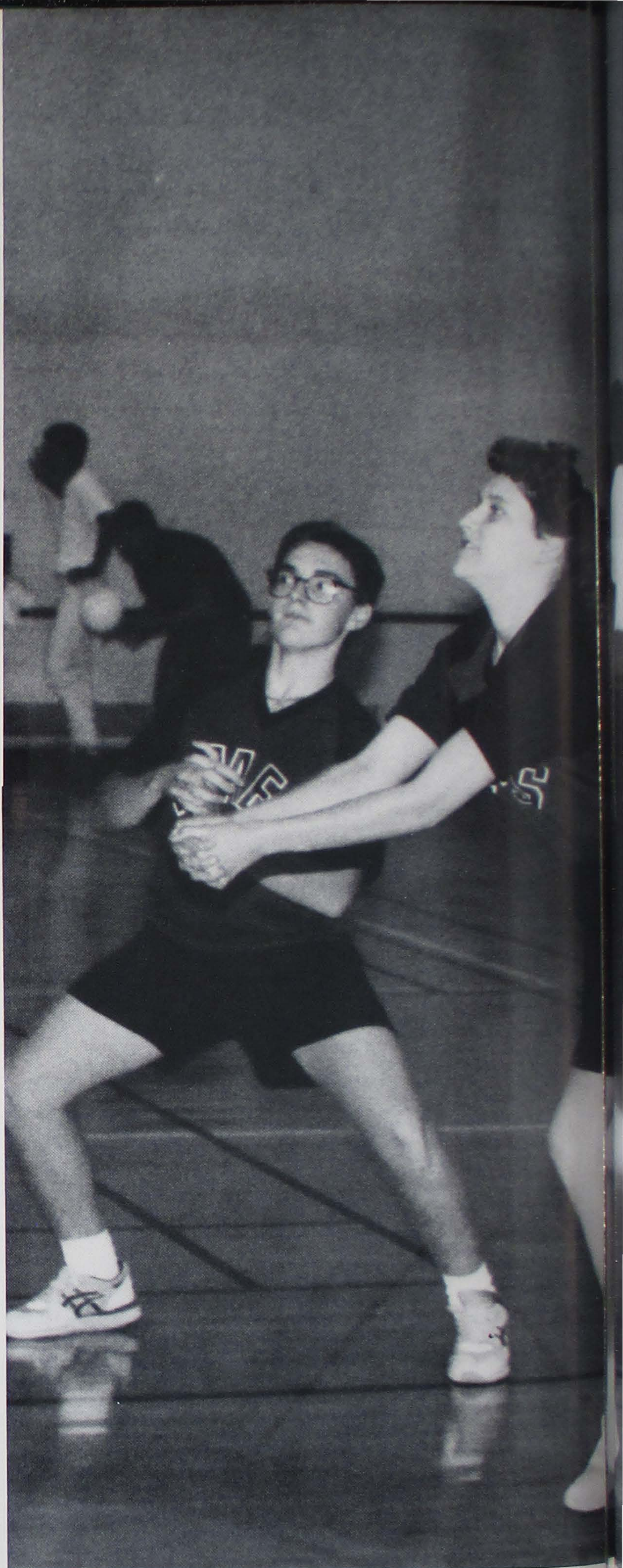
excited and nervous, senior Jason Kotouc prepares for the standing long jump in the Special Olympics. Kotouc also gave the family welcome to an audience of over 3,500 at the opening ceremonies in Cyclone Stadium. (Photo courtesy of Mary Wauson)



Special Olympics Volleyball Team. Front Row: Coach Mary Mekemson, Coach Mary Wauson, Jamie Niemeyer, Mark Range, Robbie Sage, Coach Hilary Ziebold. Second Row: Missy Wierson, Kyle Miller, Richard Johnson, Chris Ferguson, Kim Smith, Dayna Van Bogart, Larry Mitchels, Randy Dumin, Jeff Uhrhammer, Maurice Wilson. Back Row: Eileen Sambos, Bill Yerkes, Coach Reggie Greenlaw, Alex Sipes, Paul Strand, Brett Barton, Mary Mohler, Jennifer Sharr, Sherri Massey, Wendy Thompson, Jason Kotouc, Travis Dakin, Rob Eich, David Cram, Rhonda Taylor, Steve Kuper, Christian Wineinger.



Special Olympics Track and Swim Team. Front Row: Eileen Sambos, Tom Anderson, Jeff Whitham, Chris Ferguson, Matt Smothers. Second Row: Coach Hilary Ziebold, Megan O'Neal, Neils Chapman, Kerrie Bald, Dayna Van Bogart, Brian Whitham, Brett Barton. Back Row: Melissa Wierson, Mary Mohler, Kim Smith, Steve Cooper, Randy Dumin, Christian Wineinger, Travis Dakin, Sherri Massey, Wendy Thompson, Jason Kotouc, Rhonda Taylor, Jamie Niemeyer, Kyle Miller, Maurice Wilson, Alex Sipes, Paul Strand, Jeff Uhrhammer.



Olympic Stars

Special Olympics helped students find hidden abilities

-Karen Hsu and Kristy Lakin

Amidst the pressures of society and the difficulties of daily life, Ames High special education students found a way to shine. Special Olympics helped students gain confidence in themselves and have the experience of working with their friends towards a common goal.

"I was so happy and excited to win two gold medals. I was sad too because I didn't mean to beat everyone; I was only trying my best," senior Rhonda Taylor said. "The Special Olympics is very special to me. Ever since I started to be in the Special Olympics, I've wanted to win so I know that I am good at something. I used to think I couldn't do anything, but Mrs. (Hilary) Ziebold has showed me that I can do stuff and that I can fight my handicap. Special Olympics has made me feel better

about myself."

Receiving recognition from other classmates and the school made Special Olympics a unique experience for all students that got involved.

"One thing I treasure is the letters we get. It's a real privilege to receive a medal and a Special Olympics letter. Ames High is the only school I know that gives letters for Special Olympics," junior Bill Yerkes said.

Opening ceremonies on May 28 and a concert Friday night started the games on the right track. A group of ambassadors from more than two dozen countries brought together friends and acquaintances while promoting global understanding at the Up With People concert May 29.

"One of my favorite things was the concert on Friday night by Up With People. They also came to school on Wednesday to talk to us and

do things with us. They were really neat," junior Kyle Miller said.

For many participants, Special Olympics meant more than winning; it was a way for students to better understand themselves, and for others to witness their talents and abilities.

"No one's any different. We all support each other. Even better than the competition is meeting new people and at the meets. We've gotten to know a lot of people from Des Moines and Van Meter. A lot of people don't understand how much the Special Olympics means to us. I know I didn't understand how special it was until I went out for it," junior Travis Dakin said.

sitting by junior Christian Wineinger, freshman Jeff Uhrhammer receives a congratulatory handshake from coach Reggie Greenlaw after receiving a gold medal at the Special Olympics. (Photo by Kelly Koppes)



Girls' soccer teams made their first season a close one

Debut season

-Kristy Lakin

The ball flew through the air in a spinning blur of black and white. Suddenly, a head made contact with it just in time, as another girl-Whoa! Girl? Since when do girls play soccer?

Organization of a girls' soccer team began in early February through the Ames Soccer Club, not Ames High. Many players, who had shied away from the boys' soccer team in the past, were happy to hear about the new team.

"It gives girls a chance to play (soccer) at a more competitive level. If we play with the guys, then we don't have as many chances to play at the varsity level. It's also nice because this way there is an equal amount of girls' and guys' sports. My mom counted," junior Amy Bartine said.

A number of other schools started soccer as a girls'

sport, so Ames didn't run out of opponents. Because the new sport attracted athletes with a wide variety of talents and ages, instead of a junior varsity and varsity team, the girls were split up according to grade. Coaches created a freshman/sophomore team and a junior/senior team.

"The coaches didn't want there to be one superstar on the team. No one got special treatment. They wanted us to be able to work together as a team no matter what our ability. There were a lot of girls who had never played before. The more experienced players helped them learn the game. Everybody worked together to feel part of a team," freshman Buffy Quintero said.

It took a dedicated and enthusiastic person to tackle the responsibility of pulling a group of girls with wide

ranges of ability and experience together. Coaches Bill Brock and Earl Ogawa gained the girls' respect and friendship as they molded them into a team.

"We all got along really great with the coaches, they were excellent. They seemed to want to get to know us and were both very helpful. I played a little soccer in Norway, but not much. Earl was eager to help me learn," senior Ida Skibrek said. "At the picnic (held June 4), we gave Earl a key chain and an Ames High sweatshirt. There were a lot of cards, too."

Although the team members agreed their 2-5/1-5 records weren't outstanding, they prided themselves on being the first Ames High girls' soccer team ever.

throwing the ball in, senior Jennifer Remsburg hopes a teammate will receive her pass. (Photo by Kelly Koppes)

Freshman/Sophomore Girls' Soccer

1 win, 5 losses

AHS	Opponent	Opp
0	WDM Dowling	6
0	WDM Valley	8
2	WDM Valley	9
7	Indianola	0
1	Urbandale	4
2	Junior/Senior	3



Girls' Soccer. Front Row: Angie Madison, Asheley Holscher, Vanessa Heymann, Buffy Quintero, Karen Moon, Rebecca Shimkus. **Second Row:** Cari Foote, Anne Moutray, Tania Heymann, Amy Bartine, Emily Nelson, Mandy Padilla, Jackie Gardner, Darla Bovee. **Back Row:** Coach Earl Ogawa, Kris Walker, Jennifer Remsburg, Kari Marty, Kelli Oshel, Sarah Fisher, Ida Skibrek, Dawn Petersen, Coach Bill Brock. **Not Pictured:** Maja Larsen.

Junior/Senior Girls' Soccer

2 wins, 5 losses

AHS	Opponent	Opp
3	Indianola	0
0	WDM Valley	
1	WDM Valley	
1	WDM Dowling	
1	WDM Valley	
3	Frosh/Soph	
1	Urbandale	

team spirit was an important part of any sport. The girls' soccer team gets rallied up for an upcoming game. (Photo by Kelly Koppes)



the girls felt a special bond with their coaches. Sophomore Anne Moutray gets a supportive hand from Coach Earl Ogawa. (Photo by Kelly Koppes)

knocking into her opponent, freshman Sarah Fisher attempts to regain control of the ball. (Photo by Kelly Koppes)



the way **WE** see it

The AHS girls' soccer teams could blame their 2-5/1-5 record on a lot of things, such as it being the first year for the sport or the poor weather. But referees were the easiest people to point fingers at.

"I think the refs could have been more fair. They did a lot of calling for the other team, and I think they favored a bit. Some of the calls were really inappropriate," freshman Darla Bovee said.

Although it was common to complain about the referees, many had viable cause.

"When we played (WDM) Valley, I didn't agree with a lot of their refs' calls. Valley gets their own refs, and I think that maybe since Valley pays them, they tend to do more calling for their home team," senior Rebecca Shimkus said. "That might not be the case though. Sometimes you'll see something that they don't. Situations like that aren't really their fault. A lot of times during a game you need someone to blame things on, and refs are an easy target."



running to the foul ball, sophomore Jenny Wilcox prepares to scoop up the ball and throw it back to the pitcher. (Photo by Jamie Lang)



as she carefully observes the player up to bat, senior Marie Engelhorn concentrates and prepares to pitch a strike. The sole senior on the team, Engelhorn's leadership helped the Little Cyclones to a successful season. (Photo by Jamie Lang)

up to bat, junior Kristi Heiberger gets ready to hit. The Little Cyclones went an extra inning with Southeast Polk to win 3-2 at home. (Photo by Abby Klaas)



poised and ready to swing, sophomore Laura Kain watches the pitcher. The Little Cyclones worked overtime to edge Southeast Polk 3-2. (Photo by Abby Klaas)



On a Roll

Players proved experience, not age, determined victories

-Kristy Lakin

Although coordination, strength, and accuracy are all factors in the success of an athletic team, the Little Cyclones girls' softball squad added mental stamina and emotional support to their list of attributes. Playing a harrowing 44-game season made team members both tough physically and psychologically.

"We all really bonded together and learned it was important to rely on each other instead of taking all the pressure ourselves," junior Alison Doyle said. "It was never easy to lose, but we always learned from our mistakes and mental errors. After the season started we had so many games that we had no practices - the games were practice. We had to learn by playing."

Learning was what the season was about for many

of the younger players. For the freshman team members, having role models to guide them and supporting the whole team were both important parts of the softball season.

"It was more of a whole this year, a general team. Each team helped the others. The eighth and ninth graders were the best of friends at the end of the year. It was really fun," freshman Charli Engelhorn said. "Even though we didn't win many games, people did improve. The frosh and JV were both there at Urbandale cheering on the varsity when they went into 10 inning overtime. We won; it was great."

The match against Urbandale was the most exciting game of the season to many players.

"Urbandale was the highlight for me. We won in 10 innings, and they were rated.

They were a really good team. It was also the first game where (senior) Marie (Engelhorn) pitched the whole game. She had been injured," sophomore Laura Kain said.

Highlights like that led to a favorable impression overall for team members like junior Kim Blechler.

"We did pretty well; we were around 500. We had tons of games—we played almost every day," Blechler said. "We should have won more. We went in streaks. We'd go on a winning streak, and then lose a few. There were tons of one-run games we should have won, though."

Despite a difficult playing schedule, each member of the girls' softball team learned the importance of sticking together, overcoming failure, and making the most of each victory.



Softball. Front Row: Kristi Heiberger, Jill Muller, Jenny Wilcox, Leigh Ann Powell, Kelly Randles, Jenny Greenfield. **Second Row:** Diana Bryant, Keara Langston, Amy Bartine, Marie Engelhorn, Charli Engelhorn, Jenny Johnson, Kim Blechler. **Back Row:** Coach Stephanie Grimes, Coach Wes Worrell, Alison Doyle, Laura Kain, Laura Blechler, Coach Wayne Clinton, Coach Mike Riddle.

Softball

21 Wins, 23 Losses

AHS	Opponent	Opp
1	WDM Valley	5
2 wins, 1 loss	Eldridge tourn.	
1,1	WDM Dowling	5,13
4	DM Hoover	14
4,3	Marshalltown	3,2
2	Boone	1
1 win, 3 loss	Webster City tourn.	
3,3	Urbandale	11,8
5	Southeast Polk	2
12,8	Fort Dodge	0,0
3	Marshalltown	2
15,6	Newton	4,5
1	DM Lincoln	10
1	WDM Dowling	7
4 loss	Pinch Hitters tourn.	
0,0	Ankeny	2,1
11	DM North	1
4	Urbandale	1
2	Indianola	1
3,2	WDM Valley	4,6
4	Newton	2
2 wins, 1 loss	Indianola tourn.	
5	DM Roosevelt	0
2	Ankeny	5
4	Nevada	3
9	Marshalltown	0

Two or more scores indicates a double-header or tournament.

Senior leadership helped lead soccer team to winning season

Goal Oriented

-Steve Shapiro

Great Expectations may have been on the required reading list for all soccer team members, but injury after injury kept them from finishing the book.

With a second place season last year and an experienced returning team, many squad members had high hopes for the new season. Nobody anticipated the effect an injury or two (or seven) would have on the season. Just because soccer players didn't wear helmets and shoulder pads didn't mean the sport wasn't dangerous.

"I expected a really good season," junior Toby O'Berry said. "But then seven of our 11 starters got injured, and we never really put it together."

Thus, the younger players found the burden on their shoulders when injuries

plagued the older team members. In fact, eighth grader Gabe Padilla had enough youthful talent to warrant a varsity spot as a forward.

"I thought we had a good chance of winning more than we did, except for the injuries. The eighth graders helped the team out when everybody was hurt," sophomore Ryan Yoder said. "It's good that they are getting into the program early; that way they get more experience."

And a lot of young players got varsity experience.

"I was privileged to be able to play varsity," freshman Andy Brock said. "The thing I remember most about the season is the game against Valley when I allowed a goal." The Tigers scraped by the Little Cyclones 2-1 after a 1-1 dead-

lock most of the game.

Senior co-captain Andy Glatz remembered a better game, bigger highlight.

"The biggest victory we had all season was against Dowling. We won 3-1 at Dowling. We've never beaten them by that margin before, so to have it happen at Dowling was great. It was also our third win in a row, and we ended finishing up ahead of them (in conference standings) at least," Glatz said.

"Even with all of our players well, I don't think we would have finished higher. Urbandale and Roosevelt were tough," Glatz added.

All things considered, any Little Cyclone should have been able to stand up and say, "We had a great season." Even if he had to stand on crutches.

Boys' Soccer

10 wins, 6 losses, 1 tie

Opp	Opponent	AHS
5	DM Roosevelt	1
3	Urbandale	0
1	Marshalltown	6
2	WDM Valley	1
4	DM Lincoln	1
2	Newton	6
1	WDM Dowling	3
0	Indianola	2
2	Ankeny	8
3	Nevada	2
2	Newton	5
2	Urbandale	0
0	Marshalltown	4
3	Ankeny	8
2	WDM Valley	0
2	DM Hoover	2
1	WDM Dowling	1



Boys' Soccer. Front Row: Steve Baccam, Nokeo Somsanith, John Kannel, Derek O'Riley, Jae Bernard, Erich Menzel, Toby O'Berry, Dan Redmond, Nathan Uemura. Back Row: David Cantonwine, Mark Strahan, Andy Glatz, Nick Nakadate, Matt Olson, Bill Robinson, Ryan Yoder, David Kuhl, Andy Brock, Farshid Khosravi.



after senior Farshid Khosravi scored a goal to tie the game 1-1, senior Jae Bernard leads eighth-grader Gabe Padilla, Khosravi, sophomore Nokeo Somsanith, sophomore Dan Redmond, and senior Andy Glatz, on a victory run. (Photo by Abby Klaas)

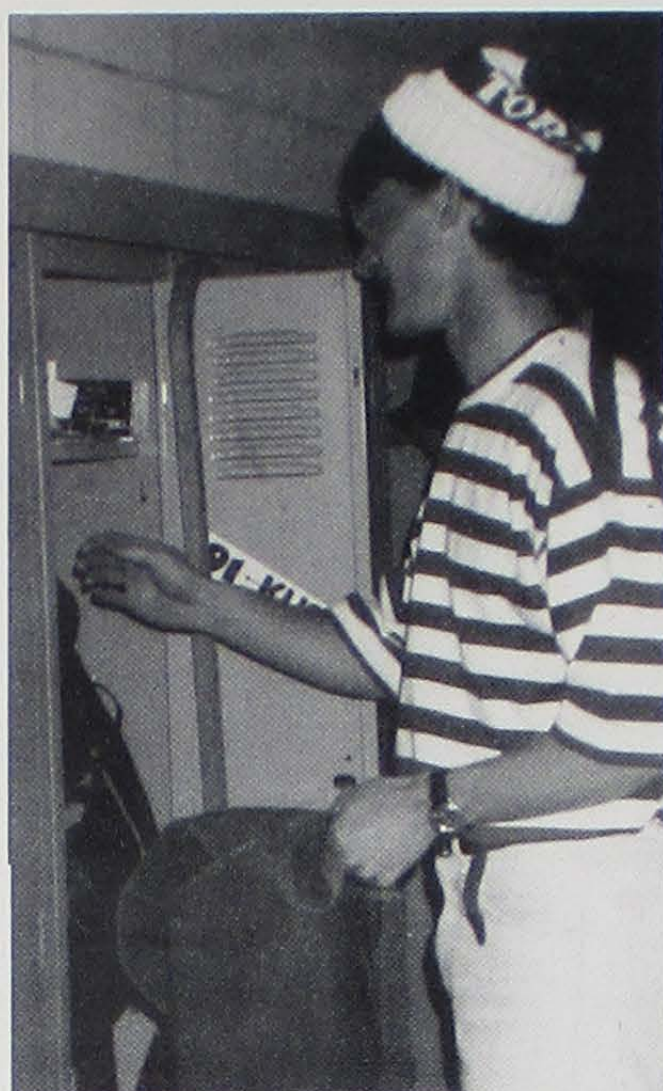
running downfield, senior co-captains Nathan Uemura and Andy Glatz head toward the opposing goal against Valley. The Tigers eventually won, 2-1. (Photo by Abby Klaas)



working together to take possession of the ball, eighth-grader Matt Uemura and sophomore Ryan Yoder steal the ball from a Valley player. The JV Little Cyclones lost, 1-0. (Photo by Abby Klaas)

after eighth-grader Chris Bartine injured his leg in the JV game against Valley, Assistant Coach Chuck Robinson and Trainer Eddie Rosa lead him off the field. (Photo by Abby Klaas)

WINNING--OR THE love for—brought out the creativity in everybody. Senior Jason Swift dresses up like Waldo for the "Where's Waldo" contest during Welfare Week. Swift won a posterbook for his costume. (Photo by Karen Hsu)



WITH THE OTHER 'Irresistible' men (Junior Corey Groepper, seniors Chad Steenhoek, Mickael Boutboul) behind her, Pat (senior Sandra DeLuca) answers senior Renee Ripp in the swimsuit competition during The Gong Show for Welfare Week. Boutboul won the Mr. Irresistible competition. (Photo by Abby Klaas)



WE are Unforgettable

Wandering in the halls, it was obvious what made this school such a GREAT place. We cheered for our peers with EXTRAORDINARY talents from senior Eric Martin, whose ELOQUENT dancing took him to an apprenticeship with Ballet Iowa in Des Moines to sophomore Ashley Hagen, whose work, "Where's Waldo" won



a Congressional art competition and was displayed at the Capitol in Washington D.C. Not only were students NOTABLE artistically, but academically as well. High ACT scores and good grades rewarded senior Colin Brennan with a University of Northern Iowa Presidential Scholarship.

WINDOW PAINTING A snowman with 'fake snow,' junior Alison Doyle helps decorate the front lobby for Winter Madness festivities. (Photo by Karen Hsu)

WANT TO HAVE some fun from a crane? Senior Mark Strahan bungee jumps after shelling out \$69 at the Save-U-More parking lot during Veishea. (Photo by Aaron Jones)

Not everybody was recognized for their hard work though—with 1365 other students to compete against, it was hard to be a standout. That was OK; there were times when we wanted to be like everybody else. From holding a friend on call-waiting to freeloading a black pen for English class and reading our horoscopes in *The Des Moines Register*, we knew when to work, when to chill.

Without OUTSTANDING faculty though, we wouldn't have had the support and push to do what we did. Period after period, day after day, teachers dedicated their lives to us. To show our appreciation, we honored teachers Robert Uetz and Marilyn Hanson with admiration as Teachers of the Semester; Iowa Strings Teachers Association honored orchestra director Mary Kay Polashek as the Outstanding School Strings Teacher for Iowa at the All-State Music Festival; media specialist Karlene Garn received the Lamplighter Award for significant contributions to the Iowa Educational Media Association.

Although we may have looked like one of the crowd, we weren't. We were UNFORGETTABLE.

Freshmen

Jessica Ackerman
William Anderegg
Cory Anderson
Julie Anderson
Aaron Ashley
Tessa Aurand
Robert Backoff
Sara Bakken



Kerrie Baid
Ben Banker
Edward Bappe
John Baty
Devin Beerman
David Begg
Laura Bendig
Jamie Berg



Robyn Beming
Ali Best
Collette Best
Charles Bibilos
Megan Biggerstaff
Lisa Biggs
Jenny Bilskie
Brett Blackwelder



Wesley Blattel
Emily Bourne
Daria Bovee
Chandra Brace
Meredith Bradley
Sara Britson
Andy Brock
Brad Brouard



Travis Brunner
Diana Bryant
Thomas Buchwald
Jonathan Burns
Vanessa Burrier
Kelly Burton
Derek Carmichael
Becky Chacko



Wen-Yen Chang
Hsin-Han Chen
Janna Cheney
Adam Choat
Michael Choi
Henry Chu
Gil Clark
Tammy Clark



Aprille Clark
David Cockayne
Max Cook
Mindy Cooper
Tanisha Cosby
Suzy Craig
Angela Cross
Priscilla Daniel



First Year

Monica Wilke

Ninth grade at Ames High: a year of new experiences; the good and bad memories (good or bad) made of.

"The worst is probably just being a freshman and getting picked on," freshman Barrett Randall said.

Upperclassmen also had mixed memories about their freshman years.

"I think the best was getting out of middle school," junior Karen Boehlje said.

The change in size from middle school, containing two grades, to high school, containing four, provided problems for some people.

"Every time I'd walk out of a room, I didn't know whether to go left or right, I was so confused. It took me forever to figure out the school," senior Ari Nass said.

The fact that most freshmen couldn't yet drive brought fun memories to the mind of

sophomore Ben Lewis.

"Being a freshman, I needed transportation, so after the crews for a play, one of the seniors decided to pack seven non-drivers into his two-seated car," Lewis said.

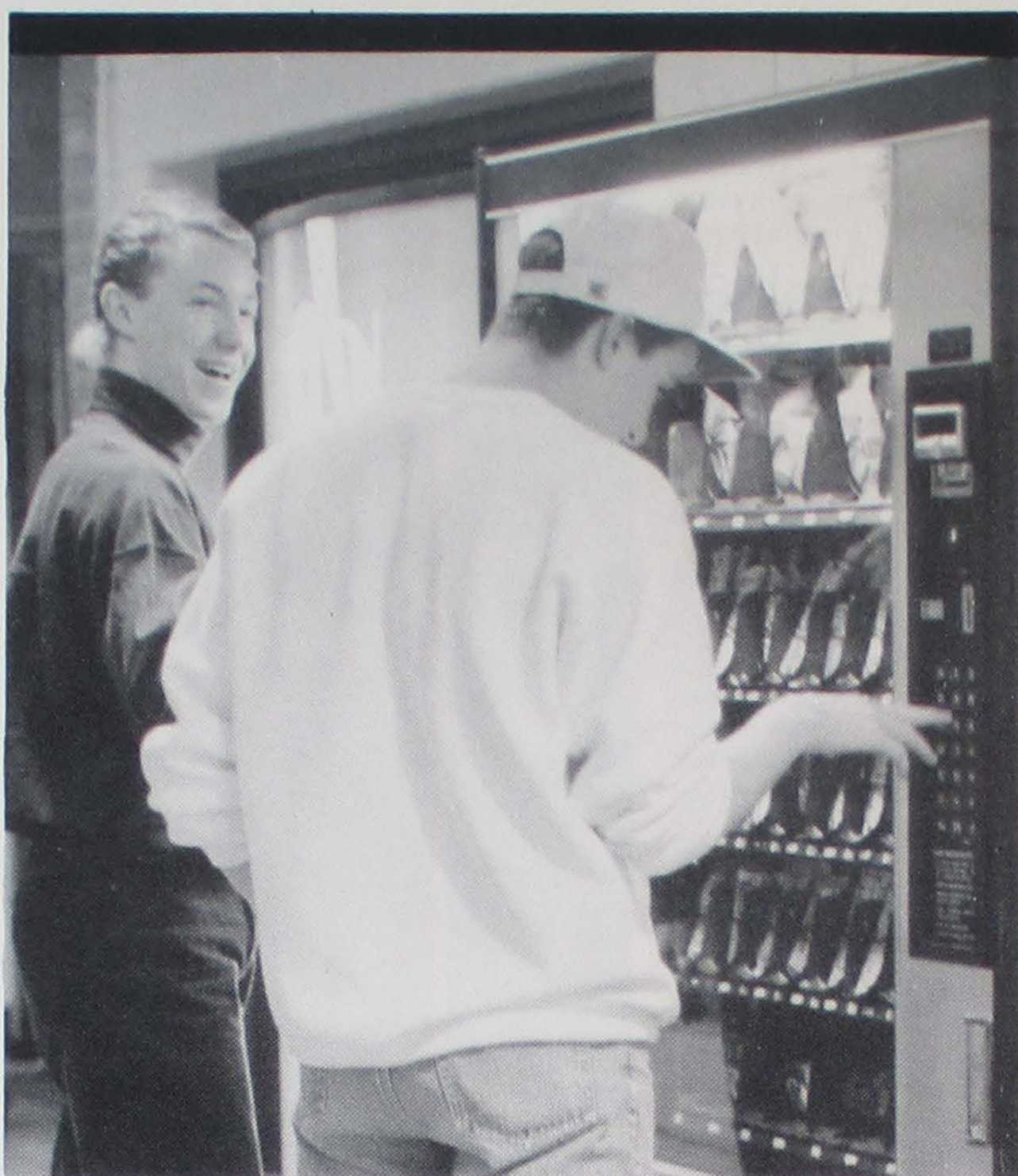
The transportation dilemma didn't deter many from having a good time and making new friends that had been on the other "team" in middle school.

"When I was a freshman I made a bunch of new friends since the classes weren't separated like they were in middle school," junior Kelli Oshel said.

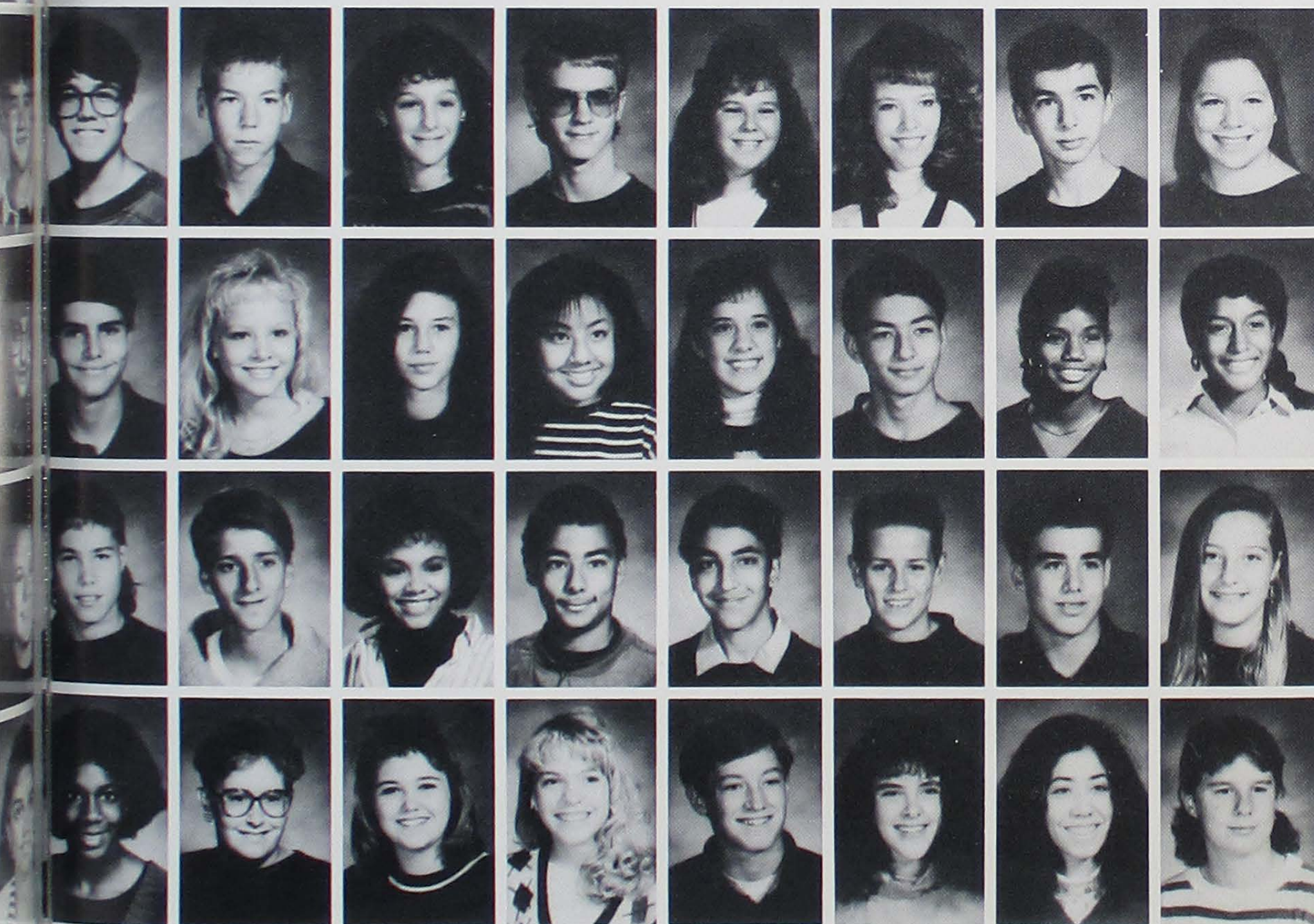
New opportunities for friendships brought with them some fears that weren't always met by reality.

"I don't get teased as much as I thought I would by the upperclassmen," freshman Chandra Brace said.

As a prerequisite for the rest of high school, the mandatory freshman year provided for some memories, good and bad.



Junior Joel Biggs harasses his underclassmen friend, freshman Jason Ryan, who endures the 'freshman treatment' while getting a snack. (Photo by Kelly Koppes)



Andre Darlington
Nicholas Dau
Kelly Day
Robert Deal
Misty Dee
Rachel Devine
Aaron Dieter
Susan Divine

Bill Dunlay
Sommer Eckard
Sophia Economou
Melissa Eilts
Jenny Ellett
John Ellmaker
Misi Emiola
Charli Engelhorn

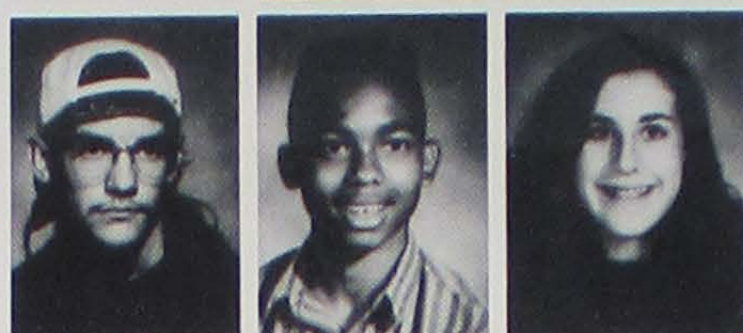
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David Evans
Nicole Evans
Peter Fanous
Raali Farhang
Brian Fennema
Joseph Fisher
Sarah Fisher

Viki Fisher
Brandi Foley
Laura Fraser
Nichol Fraser
Max Freeburg
Sarah Freed
Batya Frostig
Joseph Fullerton

Eliza Furr
Daniel Gardner
Jackie Gardner



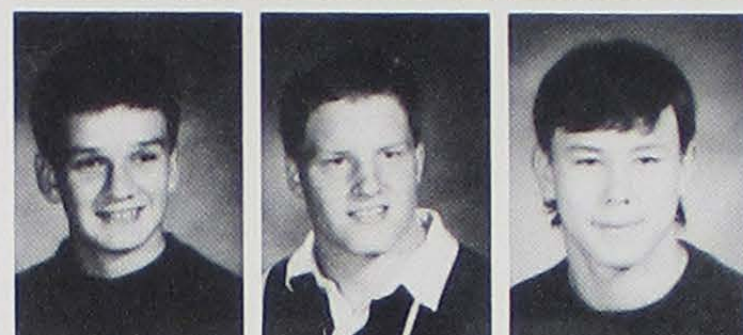
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Steve Garrison
Megan Geha



Cynthia Gelina
Catherine Gerrard
Bruno Gilchrist



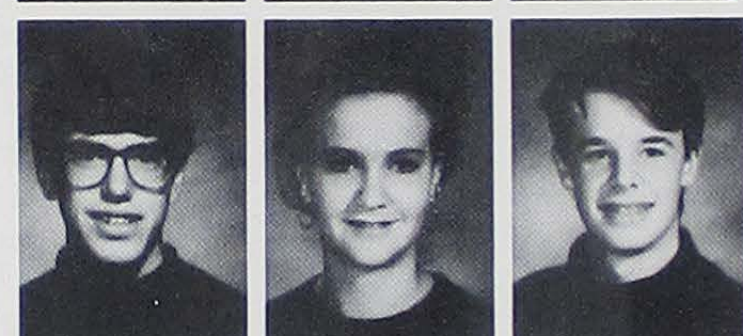
Derek Ginder
Brian Gould
Brandon Graddick



Melissa Green
Michelle Greene
Jami Greenlee



Eric Greving
LeAnna Haidsiak
Rich Hall



Matt Harker
Dede Harris
Melissa Harris



Kurt Harryman
Mark Hatfield
Gabriel Hathaway



Hollis Hathaway
Mark Hatten
Amy Hayes



catching up on some reading, senior Mark Milleman lounges in his p...
boxers. Boxer shorts were a comfortable alternative for the confines of hoo...
or AHS hallways. (Photo by Jamie Lang)

All Boxed In

-Karen Hsu

"Jackie, what do you have on?" "Oh, I just borrowed Dad's boxers to wear to school." Far from stiff, conventional uniforms, students' regular attire included nice sweaters, slacks and jeans, to ummm...guys' underwear.

"Boxers are so cool. I wear them everywhere because I'm a 90's kind of girl," senior Sara Olberding said.

Other students loved boxers not for their wearability but how they showed off the male's rear view.

"I love boxers because they make guys' butts look great!" junior Anne Drake said.

While boxers on guys didn't bother students, boxers on girls was sometimes another matter.

"I don't like girls wearing boxers. I think they look ugly on girls. Girls hanging out in guys' underwear is just not attractive," senior Jason Burris said.

But not all guys agreed that guys' underwear was inappro-

priate.

"I don't mind if girls wear boxers; I don't wear them to school, but I usually wear mine around the house to bum when no one's around," freshman Joss Nichols said.

Their popularity even encouraged some students to collect original boxers.

"I got some boxers in Omaha custom-made with penguins on them. Everyone loves them. My brother is always borrowing them," sophomore Shann Snyder said.

Some girls realized at times boxers should be worn at home instead of to class.

"I used to wear boxers to dance class, but my dance teacher would always tell us not to wear them because it was stupid and not proper attire. I wear guys' underwear to class," junior Lexa Curtis said.

While guys and girls bickered about finding boxers roomy or repulsive, few denied that boxers were a style statement that was comfortable and here to stay.



Melinda Hefley
Kevin Heggen
Elizabeth Heideman
Evan Helmuth
Heidi Herold
Krisha Heuss
Tania Heymann
Lisa Hinrichsen

Camden Hodges
Jessie Holder
Ted Holland
Ben Hornung
Clint Houge
Pam Hove
Ruby Hsu
Susan Hsu

Zheng Hu
Winston Huang
Becky Hughes
Angie Huls
Heather Hutson
Allison Jaimes
Molly Jarboe
Shelley Jaspering

Tomas Jensen
Charles Jischke
Andy Johnson
Jenny Johnson
Kelly Johnson
Shannon Jolly
Allison Jones
Kristy Jones

Lori Jones
Marie Jones
Petraya Juelfs
Mary Junck
Ben Kellen
Caleb Keller
Eliza Kelly
Shannon Kenealy

Devon Kepley
Amy Kilmer
Ryan Kinart
Steve Kiner
Renee Kingsbury
Jim Klaus
Angie Knoedler
Kim Kruger

Jasper Lara
Jodi Larson
Jenny Lathrop
Natalie LeBrecht
Jackie Lee
Eric Lehmkuhl
Travis Leiss
Joe Levine

Adam Lewis
Steve Lochray
Tim Longman
Maria Lutz
Katy Maddux
Angie Madison
Ben Magel
Jim Magie

Bibi Mahat
Cecily Martin
Accalia Martinez
Emily McCay
Eric McLaughlin
Audalene Mehle
Tara Meierkord
David Millen

Jason Miller
Karen Moon
Chon Morrison
Scott Mullica
Mambwe Mumba
Andrea Mundt
David Neal
Trisha Nelsen



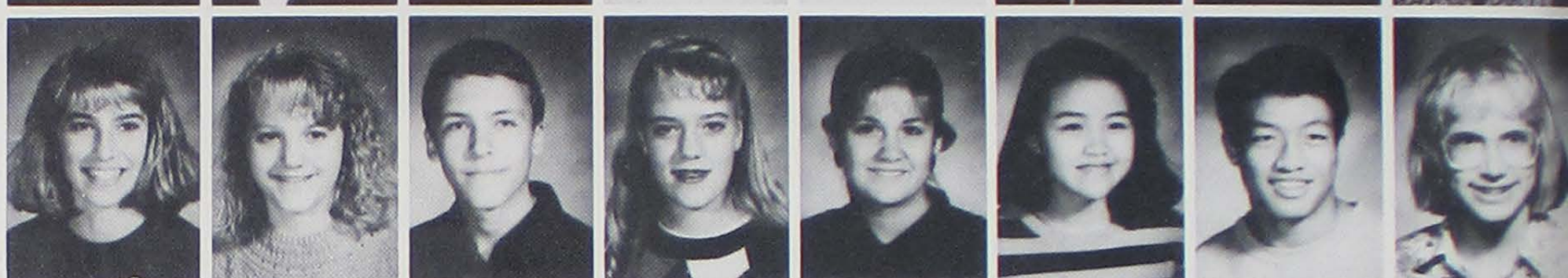
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Joshua Nelson
Brad Nesset
Joyce Ng
Joss Nichols
Danny Nutter
Ethan Olberding
Gina Olberding



Jackie Olberding
Jason Ollila
Emily Olson
Jenny Olson
Pam Olson
Heather Orth
Amanda Padilla
Scott Paque



Brittany Parks
Emily Patrick
Jason Petersohn
Laura Peterson
Trisha Peterson
Kesone Phimmasone
Kory Phomphang
Kirsti Place



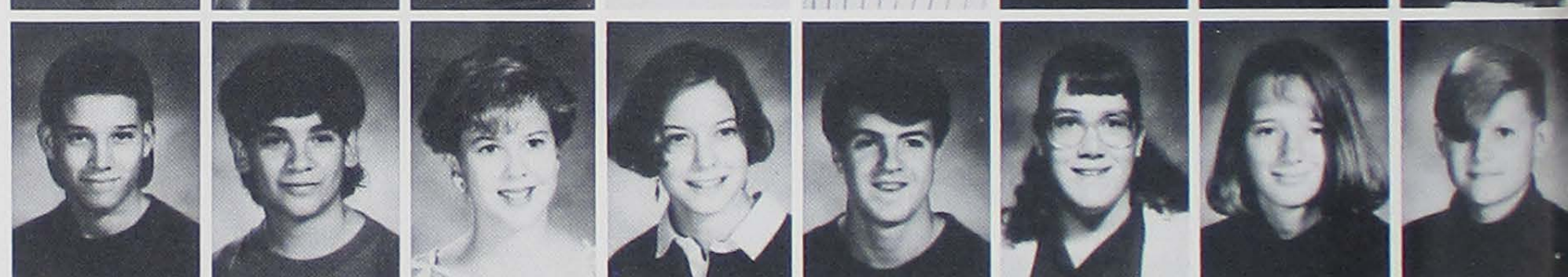
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Lindsey Pyle
Buffy Quintero
Barrett Randall
Mark Range
Andrea Raske
Dan Ray
Marc Read



Justin Readhead
Katie Rhodes
Lindsey Rice
Trena Richards
Meredith Richardson
Gabriel Roberts
Matthew Robinson
Stephanie Roe



Levi Rogers
Adrian Rosenbusch
Maria Rosheim
Claire Roth
Jason Ryan
Eileen Sambos
Lindsay Sargent
Johnny Sartori



Kristina Sassmann
Mick Schafer
Dawn Schmidt
Jenny Schmidt
Carrie Schram
Geoff Schroeder
Tim Schroeder
Sherry Schwarzenbach



Mark Sedgwick
Mert Sermet
Tami Shinar
Anne Shrum
Peter Shupp
Alex Sipes
Jennifer Sippel
Dobrushka Slomka





Unable to speak after her jaw surgery, junior Sophie Ellmaker has to write her requests on paper. Ellmaker was in the hospital for three days. (Photo By Angela Ellmaker)

Playing Hookey?

Christyann Lakin

"Mom," you whine, "I'm not feeling so well. I think I have the flu that's going around, maybe I should stay home today." As you crawl back into bed you snicker to yourself, "Ha, ha, one more day to study for the physics test."

When the stresses of school brought students down, some decided to take the day off.

"There have been times when I've just wanted to stay home from school. Sometimes because I haven't finished my homework, other times because I didn't have time to study for a test. But most of the time it's because I just needed a day to rest and not think about school," senior Meghan Sweet said.

While many students laid in bed taking an emotional sick day, others were forced to stay home because of a serious illness.

"Having Chron's disease kept me in the hospital for two and a half weeks, but with recovering at home and doctor's appointments, I missed about a month of school. When I finally came back, I was so

behind I had to drop two classes," junior Chris Recker said.

After missing classes, it was often hard to make up tests and homework. When freshman Mert Sermet was ill he missed a number of tests, including finals.

"I had the flu virus and some weird enzymes in my liver. I spent my days laying in bed. When I got back to school, I found out about all this work I had missed. I was really frustrated, because it's hard to make up things like finals," Sermet said.

Although illnesses kept many students out of school, injuries also prevented some from participating in sports.

"I only stayed in the hospital over night after my car accident, but my severe concussion kept me out of wrestling for two weeks," freshman Todd Swan said.

You feel a tinge of regret as you realize that while your classmates are getting their physics test over with, you're home studying Bo and Carley's affair instead of torques and rotational pulls.



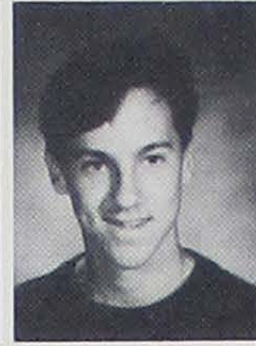
Faith Smith
Jenny Smith
Matt Smothers



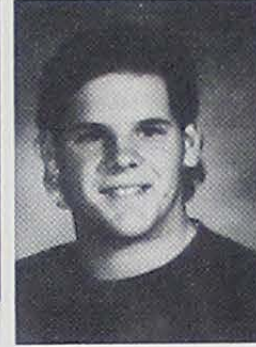
David Sosnouski
Eric Spear
Chris Sprong



Jennifer Stalheim
Jeremy Steed
Thomas Stenberg



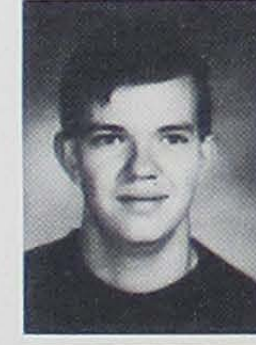
Sara Stevenson
Amy Stoeffler
Eric Strasser



Stacy Strovers
Fawn Stubben
Todd Swan



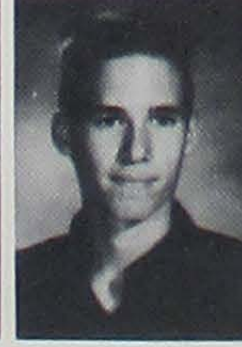
Julie Swanson
Kathi Jo Sweeney
Kim Swyter



Tony Tarbox
Kate Taylor
Sarah Teas



Candi Thompson
Sarah Thoren
Ien-Ling Tong



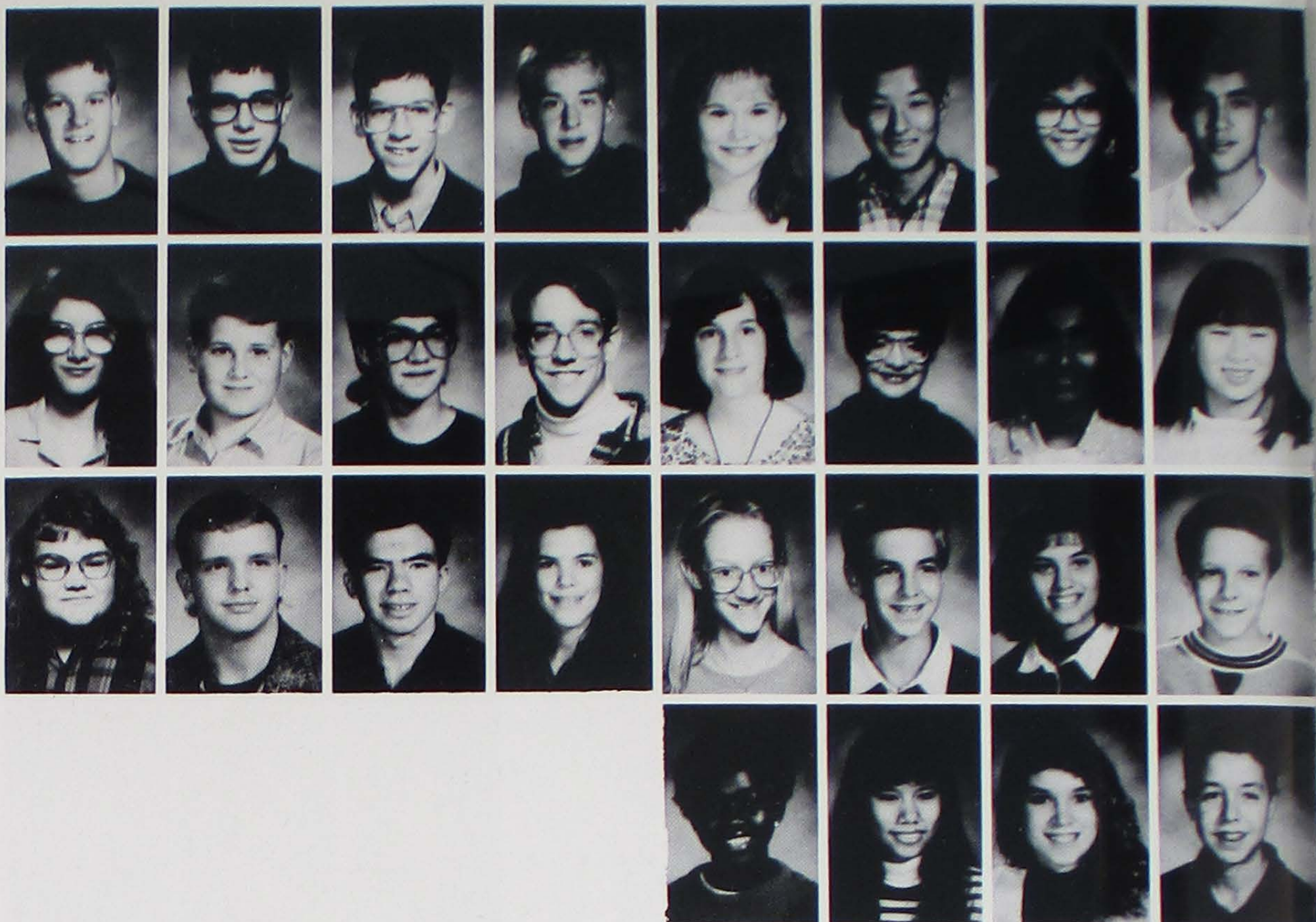
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 Adam Wentworth
 Jeremy Westpfahl
 Chad Wheatley
 Jennifer Whitehead
 Jeff Whitham
 Bhagya Wickrama
 Lauren Wilkins

Carla Williams
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 Zhaia Wineinger
 Kathryn Woods
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Aisha Yansaneh
 Jyoti Yoder
 Jackie Zenor
 Brian Ziebell



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Jenny Bennett
 Adria Booth
 Nels Chapman
 Holly Eggebrecht
 Zach Eickholt
 Nikita Fisher
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 David Good
 Ryan Harkin
 Heath Klatt
 Tsolo Lebepe
 Sueng Tak Lee
 Darren Lewis
 Jack Liao
 Catherine Long
 Matthew Mauk
 John McFarland
 Heather Myrick
 Ksenija Pavlovick
 Farhang Raaii
 Allison Warner
 Yun Zhu

the way
WE
 think

Top 10 Idols

10. Axl Rose
9. Connie Chung
8. Cindy Crawford
7. Julia Roberts
6. Martin Luther King, Jr.
5. Mother
4. Magic Johnson
3. Madonna
2. Teachers
1. Michael Jordan

Gone Forever

Stacey Clouser

Elizabeth is a victim. Throughout high school she has had to deal with many losses, from a dollar here and there to an occasional tape. But now it's getting serious; it's beginning to affect her wardrobe. What is causing this turmoil? Freeloading.

"I don't mind if people borrow things from me, but it's ridiculous when it takes six months to get it back, or you don't get it back at all," freshman Heath Klatt said.

Lunch was a time when many students practiced freeloading.

"I hate it when I go out to lunch with my friends and someone always asks me to buy them food," junior Lexa Curtis said. "They always say they'll pay me back or buy me food the next day, but they never do."

Sometimes even best friends were freeloading culprits.

"My best friend is constantly borrowing my clothes," senior Lynn Schomaker said. "She

has things of mine from two years ago. She always says she'll return them, but she never does. I end up going to her house and searching through her room."

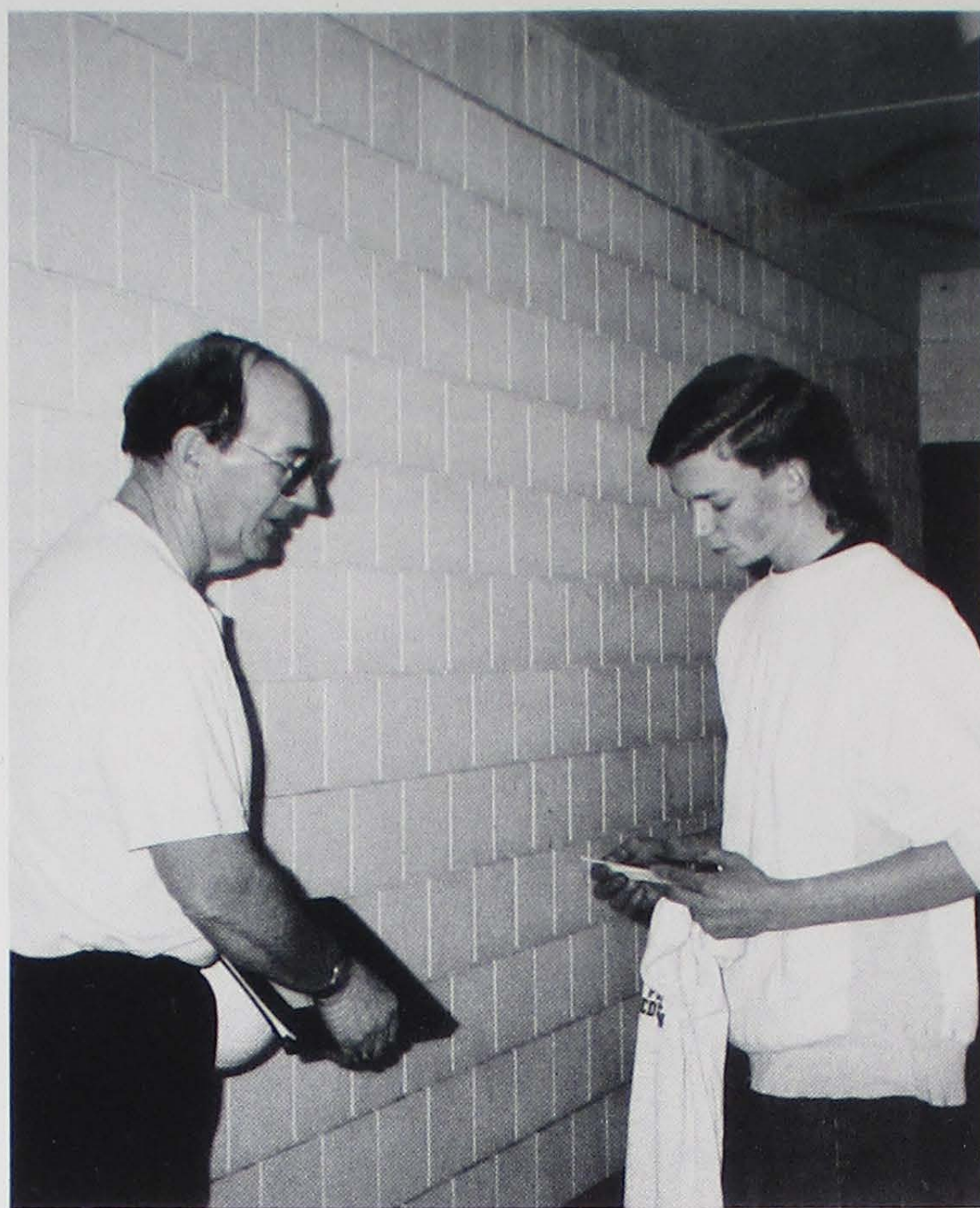
Many times, "lender" tapes were also never seen again.

"It makes me really mad to think about all the tapes that people have borrowed from me and never returned, saying they lost them," sophomore Beth Titus said.

A car was something one student learned never to loan.

"Once I let my friend borrow my car during his free period and he was supposed to put my keys back in my locker, but he forgot. I had to hunt him down after school and I ended up being late for work," junior Jason Ruebel said.

Elizabeth has decided to change her life around. The next time a friend asks to borrow a once-worn sweater, she is going to resist the pressure to give in to freeloading. After all, she might never see it again.



after a friend borrowed and lost his P.E. uniform, junior Brian Mc Peak purchases a new one from teacher Jack Mendenhall. (Photo by Stacey Clouser)



"My idol is Demi Moore. She's a great actress, and I admire her courage to pose nude for *Vanity Fair* while she was pregnant."

-Senior Allison Lindley



"My idol is my mom because sets good examples for me to follow. I can tell her anything; she's like a sister."

-Junior Audra Woodin



"Pro tennis player Evan Lendl is my idol. He has great tennis ability and shows respect for other players."

-Junior Larry Cooney



"Martin Luther King, Jr. is my idol. He stood up for what he believed in until the end."

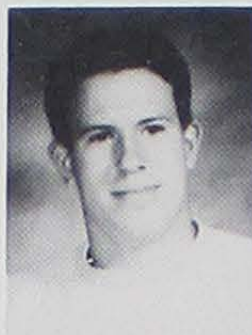
-Sophomore Tomi Fadeyi

Sophomores

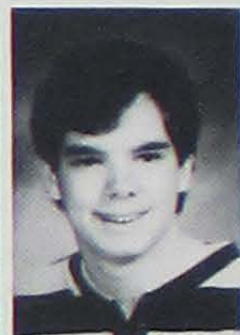
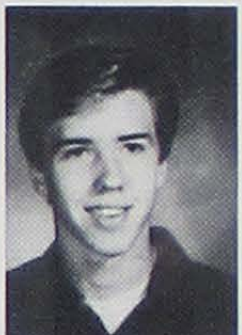
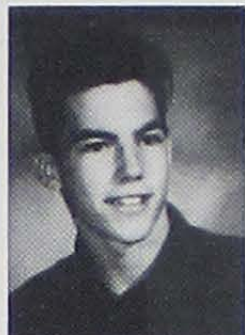
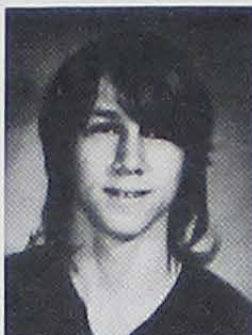
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Rebecca Aiton
Akin Akinc
Casey Allen
Denise Allen
Jessica Allen
Scott Allen



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Hope Amos
Dana Andersen
Marnie Anderson
Robert Anderson
Roland Anderson
Ryan Anderson
Crystal Andrews



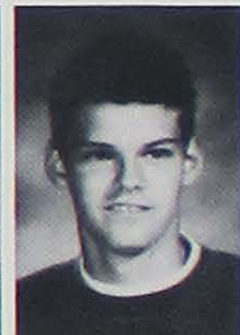
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Linda Baccam
Brad Baetz
Steven Bailey
Sabrina Bakken



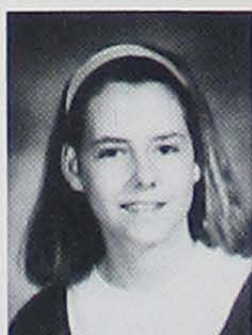
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Pasquel Beauvais
Kerri Beckman
Patrice Belzer
Bronwen Benbow
Sara Bennett
Kelly Berg



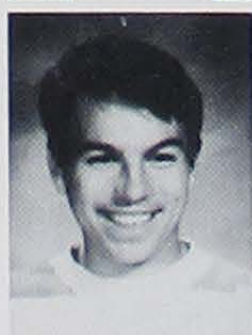
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Steve Bern
Annagreta Birch
Matt Bland
Peter Boekelman
Jeff Booms
Todd Borwick
Judd Bowman



Amy Branning
Amy Bright
Danae Brinkman
Kirstin Brooks
Shantel Brower
Amy Brown
Debbie Brown
Sara Brunscheon



Shane Buck
Stephanie Bulver
Anna Burton
Beth Butin
Aleece Buxton
Damon Byg
Nicole Camp
Leah Canon



Making Scents

Lisa Hinrichsen

Many students wore perfume or cologne at Ames High. Why? To smell good. To do this, they went through the daily routine of picking out a scent and spraying it on. The reasons students wore what they did differed, ranging from their mood to the occasion.

Senior LeAnne Ford had an embarrassing incident happen to her.

"Once I put Knowing by Estee Lauder on and smeared it all over. It seemed like I smelled for two days at least!" Ford said.

Many students had a favorite cologne or perfume they wore day to day. For guys, this favorite was often Polo.

"I usually wear Polo, my favorite. I also sometimes wear Jilberne or Land's End," senior Jeremy Moore said.

Girls' favorites were very different, ranging from the most expensive to drugstore brands.

"I wear my favorite, Spell-

bound. I smelled it in a magazine and liked it, so I got it," sophomore Angle Reis said.

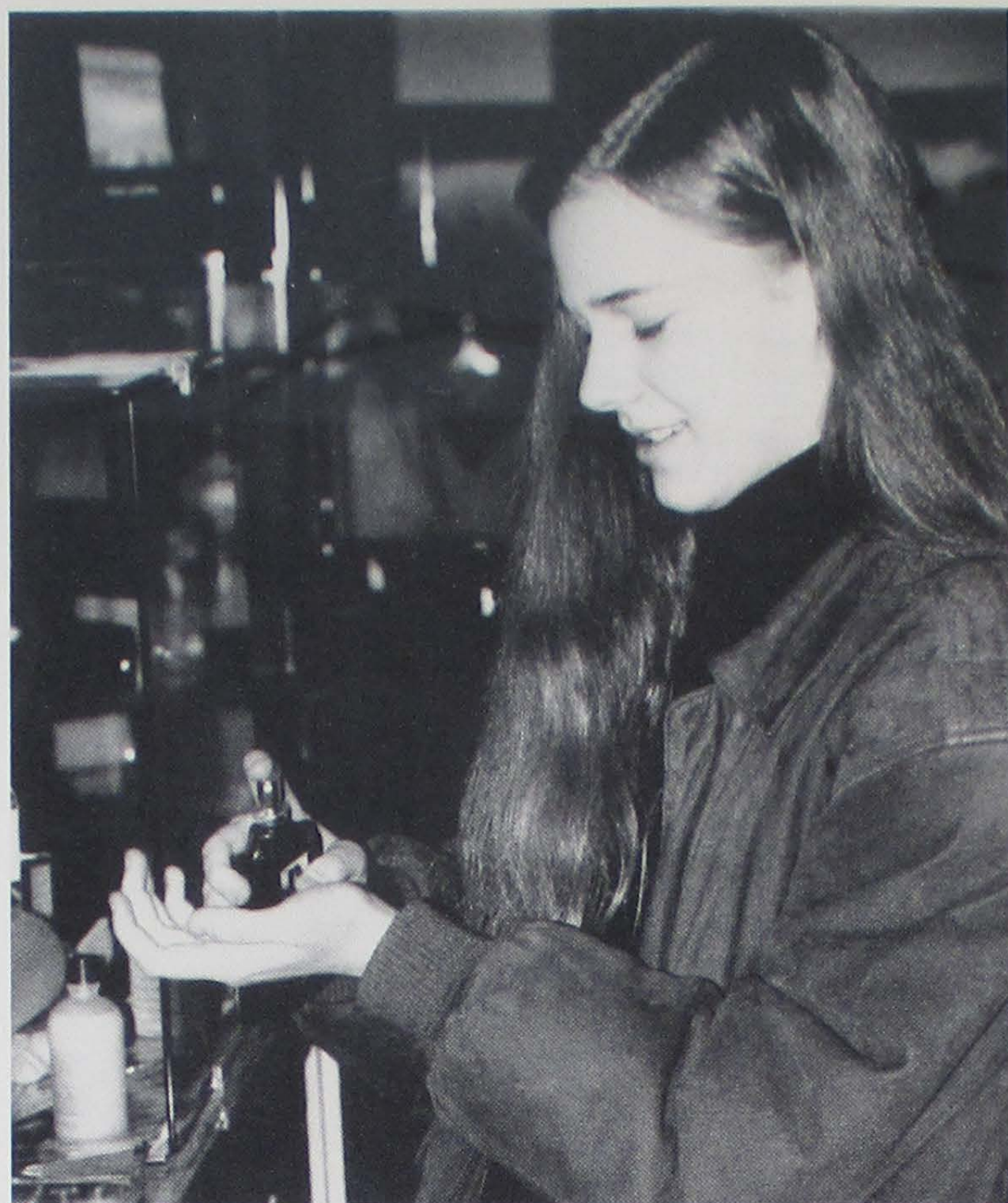
Others just wore perfume or cologne for special occasions or dates.

"I wear whatever perfume I feel like in the morning, if I remember to put it on. I usually put on more expensive perfumes for special occasions," junior Anne McJimsey said.

Even if it was expensive, sometimes the scent was overpowering and defeated its purpose.

"I was asked to go to a movie in Nevada and we were driving there. The guy had overdosed on cologne. Soon the smell got so bad that I had to roll down the window- and it was snowing outside!" senior Renee Ripp said.

So as students continued to painstakingly spritz on their favorite perfume or cologne, the hallways of Ames High were filled with the scent of their morning routines.



sophomore Adria Nelson

sprays a tester of perfume on herself in JCPenney and sniffs to see what it smells like. (Photo by Jason Swift)



David Cantonwine
Scott Catron
Mariana Cervantes
Robina Chowdhery
Scott Christy
Jesse Coats
Jennifer Collins
Heidi Conis

Lynn Converse
Allison Cooper
Stephenie Core
Rusty Crawford
Michael Darkoh
Laura David
Angie Davis
Peggy Davis

Abigail DeHoet
Gori Devrajani
Jered Dieter
Suzy Dietz
Jim Divine
Joshua Dobbs
Jessi Donnell
Earl Dowling

Tom Drewes
Cassie Dunham
Brian Dunmire
Jon Durlam
Laureen Edfors
Robbie Eich
Karl Ellingson
Angela Ellmaker

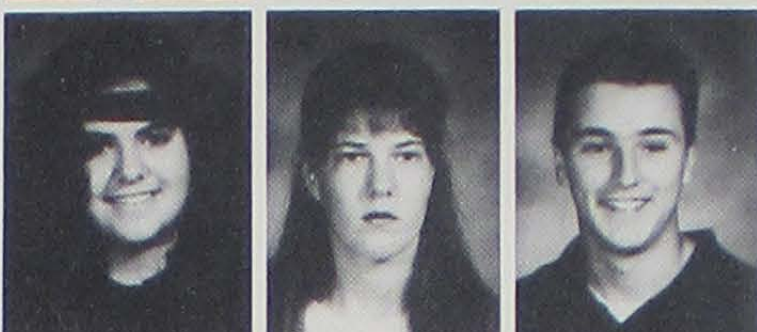
Joelle Ely
Erin Espeland
Sean Estes



Hank Evans
John Even
Olutomi Fadeyi



Jehan Faisal
Rachel Farnham
Matt Farrier



David Faux
Jennifer Fliehler
Lisa Foote



Chad Fowles
Zac Frederick
Lon Freeman



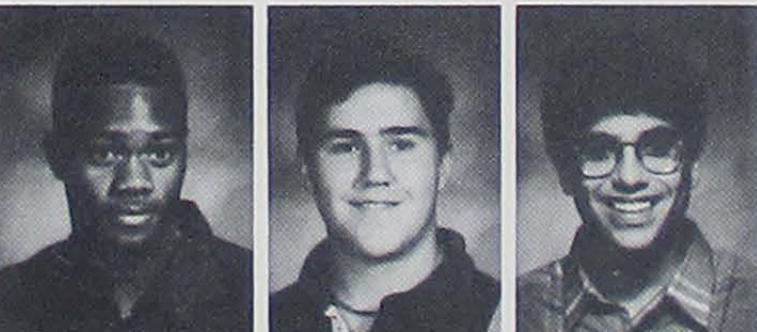
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Jeremy Gardner



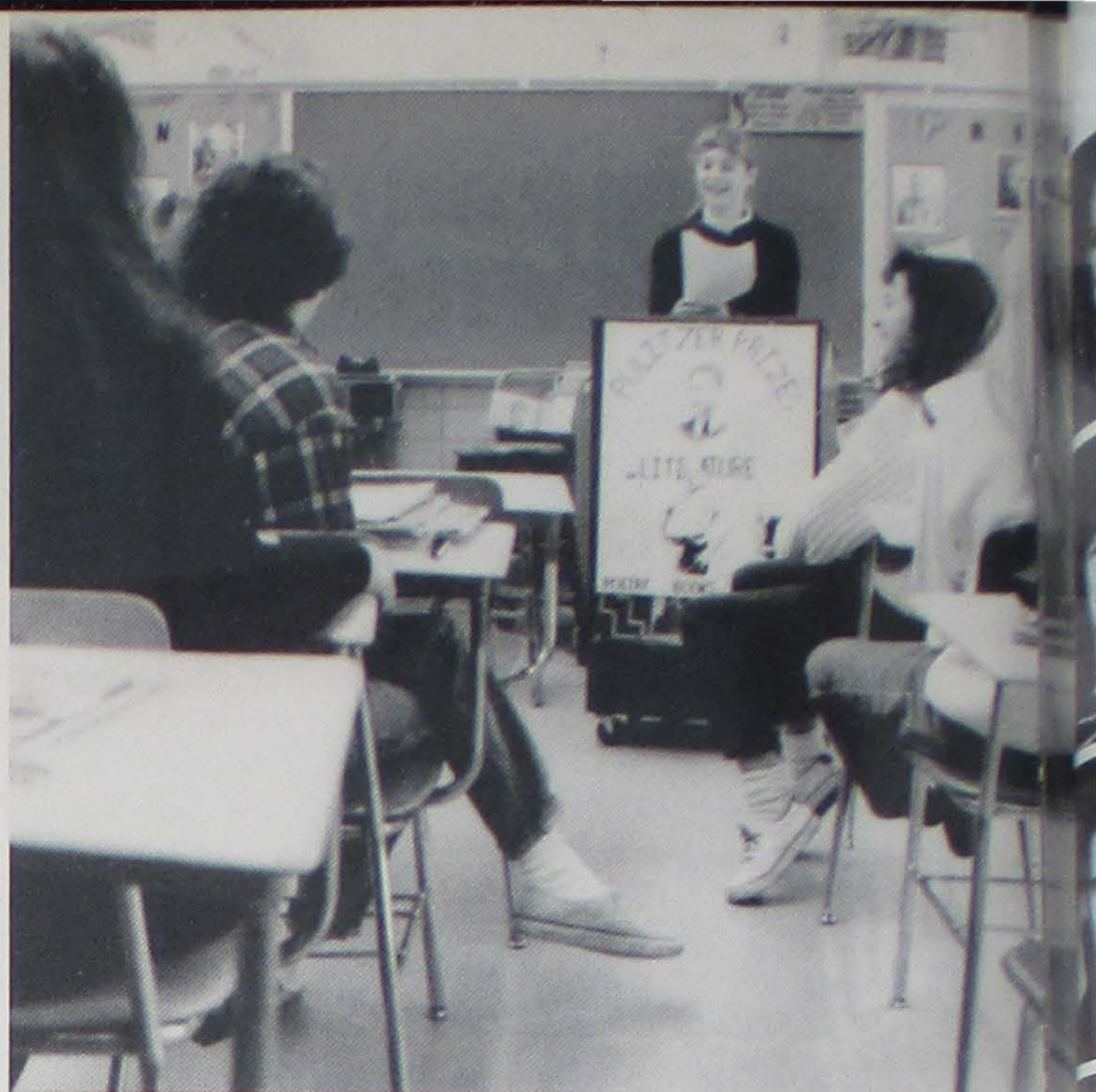
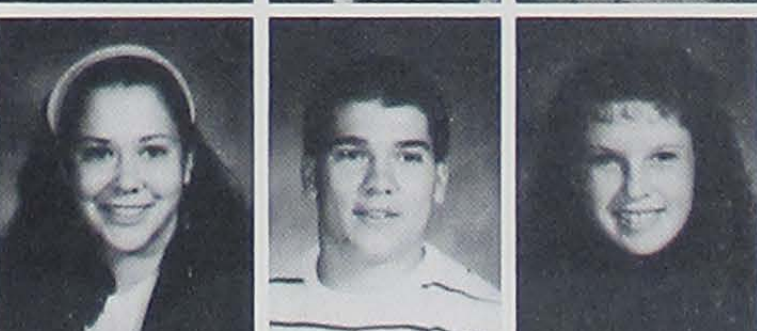
Robin Geiger
Shonda Gibb
Nakia Giddens



Fred Gilbert
Lee Girard
Anand Giri



Gina Goodfriend
Thad Grebasch
Sonee Griffin



working to overcome her fear of speaking, junior Terrill Johnston gives an oration in her honors American Lit class. (Photo by Steve Shapiro)

What's to fear?

-Steve Shapiro

Claustrophobia. Xenophobia. Arachnophobia. Though some may not even know the meanings of these words, fears and phobias were a significant part of many peoples' lives. Whether the fear was a mild dislike or a deep-seated phobia based on severe childhood trauma, most learned to cope with it.

Junior Emily Kim found that her fear of mice kept her from doing her homework.

"One evening I was doing my homework at the dinner table when I heard a noise behind the garbage can," Kim said. "When I moved it to look behind, a mouse ran behind the refrigerator."

"It was the worst night of my life. I was scared it would come in and crawl around on me, so I taped my door shut and stayed up all night."

While Kim didn't know what caused this dread of rodents, sophomore Beth Titus had a theory about her fear of insects.

"When I was young, I was

outside with a long-sleeved shirt on," Titus said, "and somehow a grasshopper got under my shirt and crawled up my sleeve. I freaked out when I couldn't get it out. I've always had bugs in general since then."

"Even though I don't fret up around bugs, I try to stay away from them."

Unlike most people, senior Andy Stevenson cured himself of his phobia.

"I used to be petrified of getting up in front of people," Stevenson said. "I was in a play in third grade and had to do lights and curtain because I didn't want to get up on stage."

"Now I love getting up and performing in plays and concerts. Moving to Ames helped because I had to make all my friends."

Whether or not Stevenson knew the technical name for what he had, he found a way to rid himself of his fear. And for those who don't know, arachnophobia is fear of spiders, xenophobia is fear of strangers, and claustrophobia is fear of confined spaces.



Ashley Hagen
 Jeff Halliburton
 Randy Halsrud
 Mark Harms
 Bernadette Hartman
 Valisslie Heeren
 Alicia Heffron
 Laura Hefley

Corine Hegland
 Katie Helland
 Amy Henderson
 Steve Henning
 Eva Hernandez
 Amanda Hetzel
 Tina Higgins
 Carrie Hill

Jayson Hill
 Brett Hodges
 Katherine Hodges
 Jeremiah Hoff
 Beth Holger
 Becky Hostetter
 Yi-Chun Hou
 Jessica Hugdahl

Josh Huntington
 Allison Hutchison
 Monika Jankowiak
 Julie Jansen
 Aschleigh Jensen-Eldridge
 Christopher Jessen
 Nea Johnson
 Cher Jones

Jessica Jones
 Becca Jones
 Summer Jones
 Chris Kadolph
 Laura Kain
 Daniel Kamm
 John Kannel
 Bittoo Kanwar

Angela Kao
 Debbie Katz
 Melissa Kell
 Shirley Keller
 Tom Kepley
 Dawn Kikkert
 Kelly Killorn
 Joyce Kim

Cori Kindred
 Sengjohn Kiojai
 Tonya Kitchel
 Chris Klocke
 Duke Knapp
 Sarah Knapp
 Megan Knutsen
 Edwin Krafur

Michael Krebs
 Katie Krogmeier
 Shannee Kruse
 David Kuhl
 Steve Kuper
 Darren LaGrange
 Molly LaGrange
 Tracy Larson

Jennifer Leek
 Regina Lethcoe
 Ben Lewis
 Nathan Lewis
 Ryan Lewis
 Cody Lindsey
 Scott Litchfield
 Sarah Little

Brian Litzel
Helen Lueth
Dan Lucht
Daniel Luo
Kim Lutz
Jean Lynott
Rich Lyon
Nathan Makelbust



Niki Martin
Margie Mayfield
Rebecca McAtee
Angie McConnell
Heather McDorman
Susan McGee
Phillip McWaters
Sara Meinhard



Trevor Mendonca
Erich Menzel
Karin Messenger
John Milleman
Carrie Miller
Shane Miller
Nathan Mitchell
Jeremy Mize



Christopher Moen
Beau Morton
Brian Muchinsky
Moiria Murphy
Beth Myers
Laurel Nakadate
Adria Nelson
Joshua Nemitz



Joseph Nevshemal
Roy Nichols
Maggie Noland
Modena Noling
Jon Oakland
Mike Ogbourne
Andrea Olson
Matt Olson



Megan O'Neal
Brooke Orth
Martin Osam
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Billy Ott
Courtney Padgitt
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Betty Pang



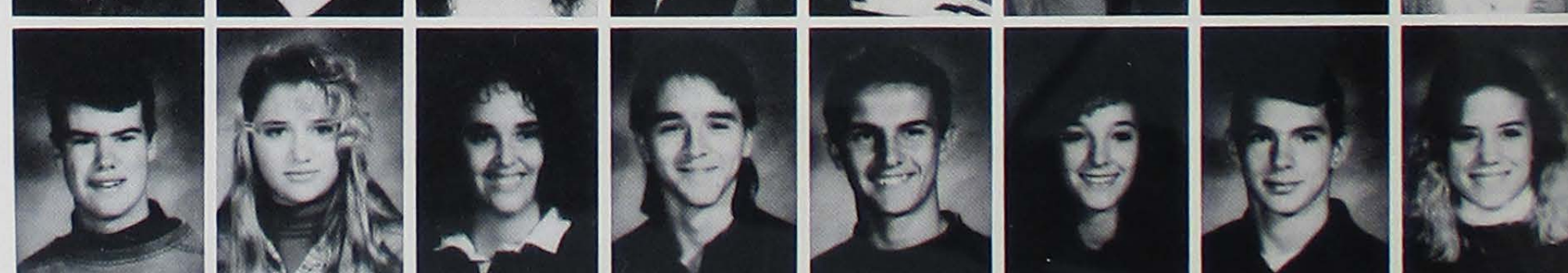
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Rick Patterson
Eric Pavlik
Tom Payne
Solomon Pech
Aaron Peck



Tom Pepper
Dawn Petersen
Cara Peterson
Mike Peterson
Jennifer Phillips
Amy Poague
Keith Porter
Tina Post



Andrew Potter
Erika Price
Elaina Prochaska
Dathan Purdy
Daniel Redmond
Anna Reed
Tory Reimann
Angie Reis





Studying for finals kept many students up late at night. Junior Tracy Johnson crams in as much information as possible the night before her sociology final. (Photo by Jason Dane)

Rise 'n Shine

Katie Krogmeier

Ring! Ring! "Who could that be calling me at 9:00 in the morning?" Kelly thought to herself as she picked up the phone. "Hi Kelly! Isn't it a great day? Do you want to go to the park or for a run?"

"Ohh...I've got to get back to sleep. I'll call you when I get up, maybe at noon," Kelly answered.

Some students wouldn't have even considered getting up at 9 a.m. But by then, others had already been up for hours. This was the difference between the so-called "morning people" and the "night people."

"It's really frustrating when I'm half dead and my dad is so cheerful and happy. He tries to joke around and he throws out questions at me. All I want is to go back to sleep!" sophomore Sabrina Bakken said.

There were a number of reasons for being a morning or

night person. Sometimes insomnia kept students awake late at night.

"I think I try too hard to get to sleep. So I usually end up doing my homework late at night. Then I'll stay up and watch stand-up comedians and eat, of course," junior Dan Ricketts said.

On the other hand, some liked to be active in the morning.

"I wake up early because it seems kind of like wasting a big part of the day if you sleep through the morning. Some people would be surprised how much they can accomplish early. And besides, the sooner you get the things you have to do out of the way, the more time you have to do what you want to do, to be yourself," junior Karen Sternberg said.

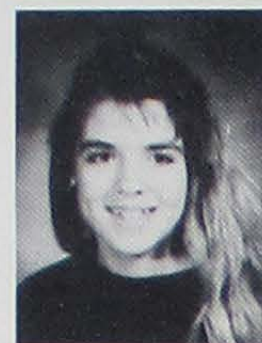
There were big differences between the two types of people. But they all kept busy with plenty to do, night or day.



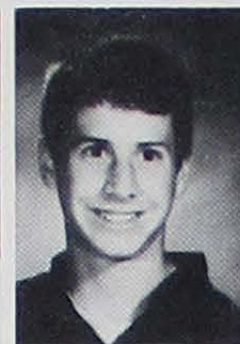
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Michelle Roberts



Matthew Robinson
Michelle Roney
Erin Ross



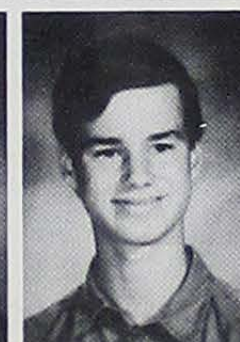
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Tracy Sallsbury



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Nick Schult
Jennifer Scott



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Evan Serfass
Aaron Sheeler



Shannon Shelton
John Sherman
Mike Shimkus



Derek Shonrock
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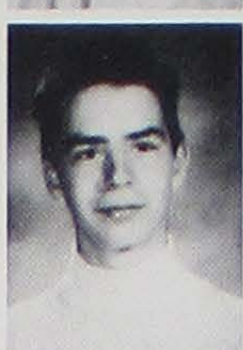
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Ryan Soy



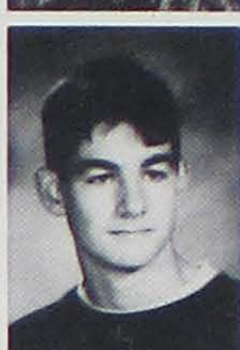
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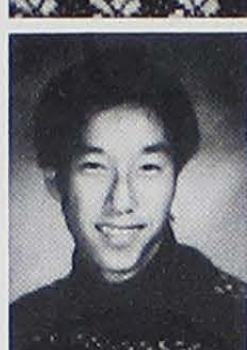
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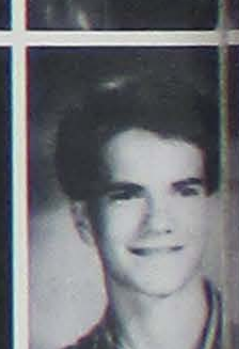
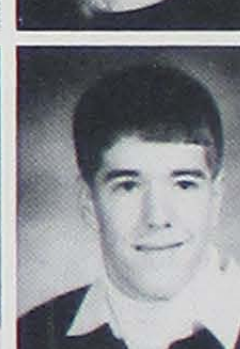
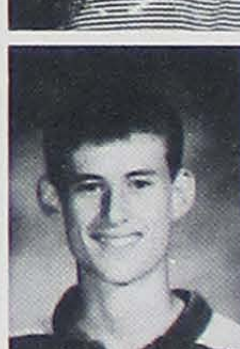
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Christopher Whitehead



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Carrie Wilhite
Monica Wilke
Mary Willard
Kari Wille



Daniela Williams
Jeffrey Willson
Elaine Wipf
Shane Wirth
Chris Wycoff
Ryan Yoder
Misty Young
Clint Zeimet



Isaac Zimmerman



Relative Confusion

Maja Larsen

We all encountered a situation where people discuss whether we look like our mom, dad, brother or sister. That was expected. But it could be too much when people told you how much you look like your cousin, one you don't even have.

"It all started in junior high, because we used to pretend to be cousins or even sisters and tell everybody that we were. But then after a while, we would tell people that we were just kidding, but they just wouldn't listen," senior Krista Olson said about senior Emily Olson.

Sometimes people who didn't know each other were accused of being sisters.

"My boyfriend once went up to Jessica and tapped her on the shoulder because he thought that it was me, and people used to ask me all the time where my sister was, but now most of them realize that we aren't related and they just tell me how much we look

alike," senior Carolyn Canow said about herself and freshman Jessica Ackerman.

When friends got the 'sisters' or 'cousins' mixed up, it could be embarrassing. But another pair of 'sisters' found a way to take advantage of the situation.

"In first grade we had the same hair cut, identical red sweaters, and we both wore braids, and that was when people started getting us confused. So then in fourth grade, for April fool's, we switched desks to confuse the teacher and it took her the whole afternoon to figure it out," junior Karin Tollefson said about the trick she and junior Diana Vander Schaaf pulled on a teacher.

To clarify frustration about mix-ups, it was sometimes necessary to see it from a global view, to look at the friendly attitudes in different countries and to start living by the European rule that we are all one big family.

some thought that Holly Anderson and Seth Anderson were related, but, "The only things we have in common is our blond hair and last name," Holly said. (Photo by Maja Larsen)



NO pictured

Iumemah Abbasi
Noha Abdalla
Angela Arias
John Baty
Vera Boulaevskaja
Kevin Calvin
Eric Christensen
Andrew Farrington
Melissa Gaston
Shawna Heggen
James Janssen
Cher Jones
Jenn Keltner
Sherry Lang
Richard Lee
Eric Parcel

Gerald Roberts
Mindy Schroeder
Lori Signs
Sean Sinclair
Layli Springer
Jamie Starr
Shane Steinlicht
Jerod Storck
Ruben Valdez
Jacob Wacker
Melissa Wierson
Sarah York

the way WE think

Top 10 favorite TV shows

10. Roseanne
9. Tiny Toons
8. Saturday Light Live
7. Quantum Leap
6. In Living Color
5. Northern Exposure
4. Married with Children
3. Home Improvement
2. Cheers
1. Beverly Hills 90210

Juniors

Katie Abendroth
 Jason Albers
 Heather Alexander
 Eva Andrew
 Avanti Athreya
 Jeff Bappe
 Jess Bappe
 Amy Bartine



Brett Barton
 Nick Benson
 Jason Best
 Kim Blechler
 Joel Biggs
 Dawn Bilyeu
 Matt Biskner
 Erin Block



Darren Boehlje
 Chris Bond
 Irish Boston
 Christine Briley
 Christy Brown
 Joshua Bryant
 Mike Bryant
 Olga Buceta



Jacinda Bunde
 John Burgess
 Kevin Burkheimer
 Chris Burnham
 Aaron Burrier
 Ryan Carey
 Andrea Cartwright
 Cleiton Caruth



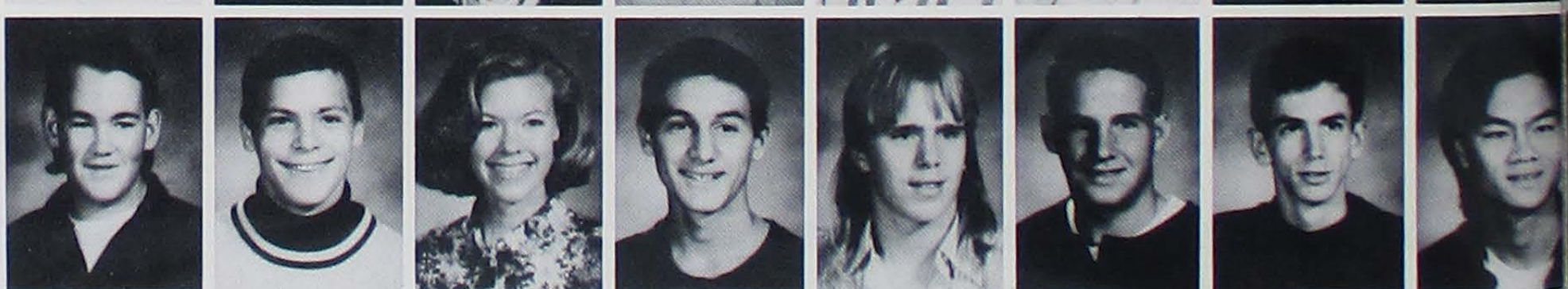
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 Jay Clark
 Mike Clark
 Christa Cline
 Ty Cobb
 Leda Cole
 Gentry Collins



Matt Conley
 Larry Cooney
 Kris Coons
 David Cram
 Michael Cronin
 Matt Cunningham
 Stephanie Curran
 Lexa Curtis



Travis Dakin
 Jason Dane
 Shannon Dau
 Rodrigo DeSalvo
 Michael Deaton
 Kelly Delagardelle
 Aaron Dietz
 Yung Do



Under Pressure

Adrienne van der Valk

If juniors seemed a little more haggard, sleepless, and irritable than other members of the student body, it was with good reason. Although they now had the advantages of being upperclassmen, eleventh grade seemed to bring a more difficult year to students.

"Some of the harder classes are taken in junior year so some juniors get very tense and put a lot of pressure on themselves," junior Aaron Dietz said.

"The classes are twice as hard and there are twice as many classes because you're getting in all your requirements (for graduation) plus electives," junior Kristi Heiberger said.

Classes weren't the only reason students struggled during their third year of high school. Anxiety about the years to come caused stress for some junior students.

"It's a time we have to worry about college and the rest of our lives," junior Liz Trede said.

"It's hard because we realize we have one whole year left at Ames High," junior Matt Randall said.

Junior year did have some advantages. The administrative rules about free periods and how they were used was a plus for many who wanted to make use of their time.

"The best part (of junior year) is not having study hall because it's easier to get what you need accomplished if you don't have to waste your time with passes to the library and to the IMC," junior Matt Biskner said.

Academic stress and worries about the future made junior year a tough one, but more freedom and the knowledge that senior year was coming up made the stress worth it.



the stress of being a junior catches up with Molly Neal. She finds time to cram for a test in front of her locker during a free period. (Photo by Laurel Nakadate)



Ben Douglas
Alison Doyle
Anne Drake
Josh Drake
Alastair Draper
Randy Durnin
Mike Eagan
Chris Eckroad

Steven Edelson
Michael Eggebrecht
Andrew Elbert
Sophia Ellmaker
Greg Elwick
Jonathan Emmerson
Brad Erickson
Alex Fagundes

Najeeb Faisal
Brian Farrow
David Fincham
Jennifer Fisher
Todd Flemmer
Amie Flippo
Ben Ford
Sarah Frette

Scott Gabrielson
Amy Gardner
Jeff Gardner
Danny George
Jonathan Good
Shawn Gould
Nicholas Gowdy
Jeremy Grady

Kristi Gray
Wendy Gray
Mike Greene



Frank Greer
Corey Groepper
Mark Gyllstrom



Judy Hamilton
Ryan Harris
Sarah Hart



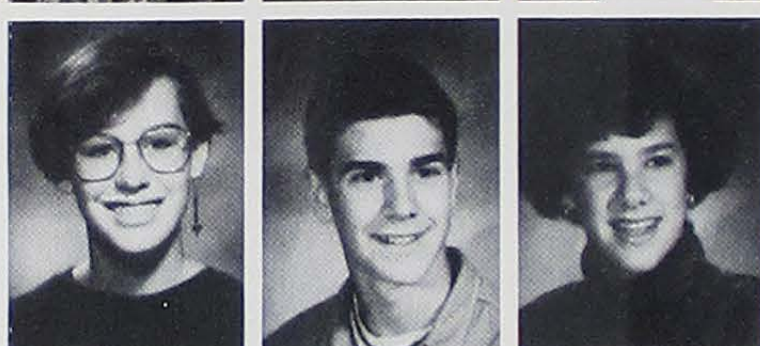
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Christine Hausner
Sara Hawana



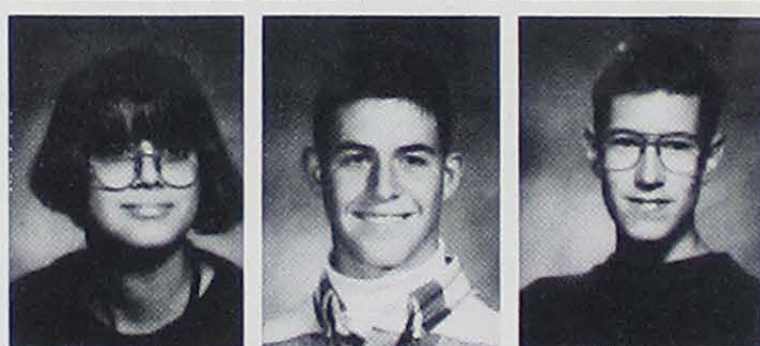
Kelly Hawley
Kristi Heiberger
Vanessa Heinze



Teresa Henderson
Tim Hentzel
Jana Hertz



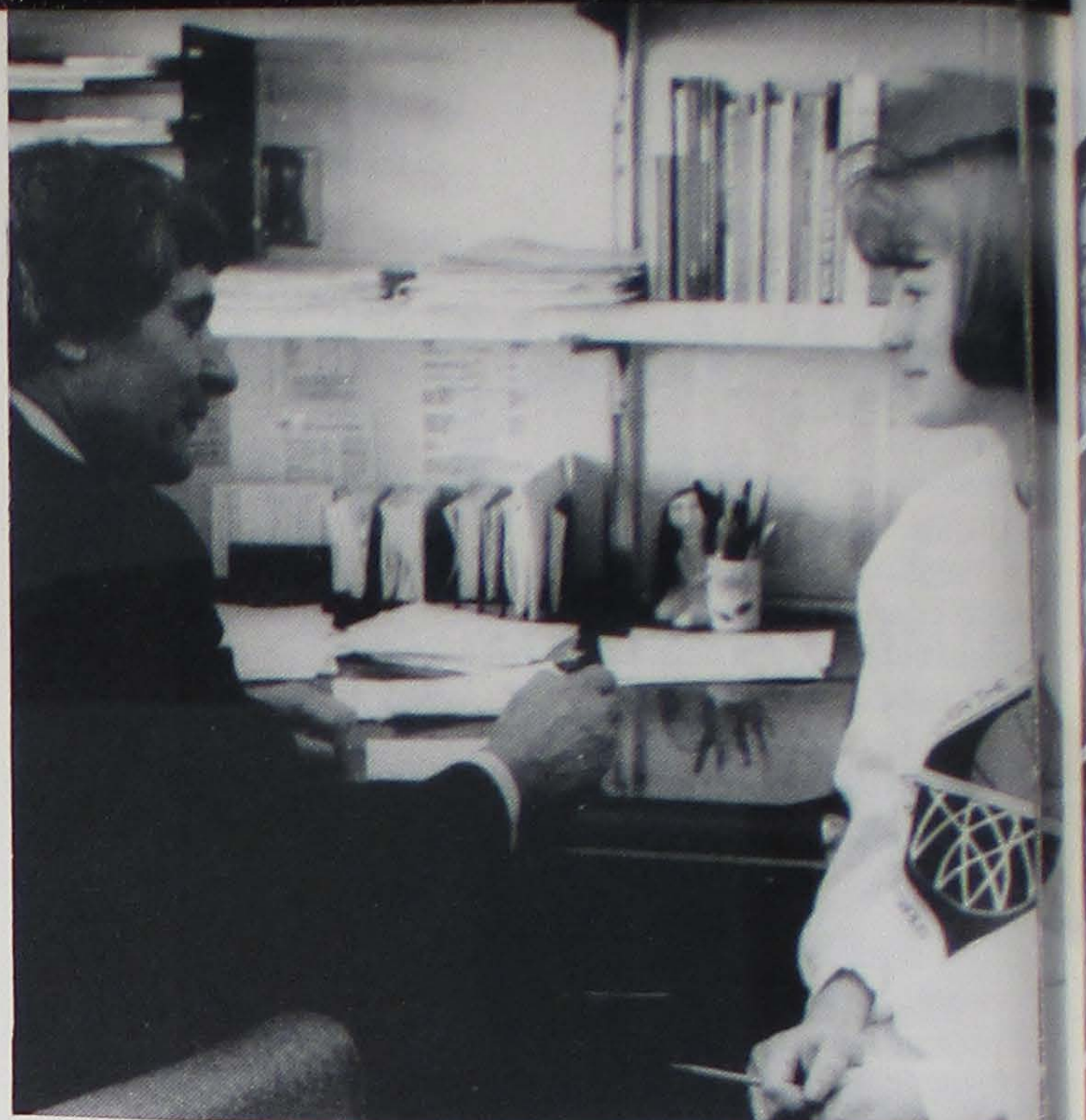
Vanessa Heymann
Bryce Hill
Eric Hippen



Erin Hoffmann
Asheley Holscher
Nathan Horn



Jud Horras
Gwen Horton
Lisa Horton



Listening intently to Dean of Students Dale Tramp, junior Kim Bieder awaits her punishment. For many students a pass to Mr. Tramp's or fellow Dean Suzanne Spoden's office meant hours in restricted. (Photo by Kelly Koppes)

In the Slammer

-Anjeanette Levings

"Let me out!" you scream from your musty cell. "When am I going to get out?"

Your cell mate glances over at you and whispers, "Be quiet! I'm trying to study."

To many students study hall and restricted felt like prison, but in the case of study hall, the felony was being an underclassman.

"It isn't fair that freshmen and sophomores have study hall. I don't think that they (study halls) help because there are people talking in there, so you really couldn't concentrate if you tried," sophomore Beth Butin said.

The problem of distractions was not limited to study halls, many upperclassmen experienced this same frustration.

"I had three periods free, because we didn't have physics one day. I went home to work on my English final, because I knew that staying at school was a waste of time. But there was a homeroom check that day, so I got busted," junior Kirsten Lassila said.

Out-of-bounds tempted

many juniors and sometimes presented a problem for seniors.

"I had an unexcused absence because I decided to peace out of (leave) school. I couldn't make it back before my next class started because my car broke down. I have 10 (periods), but I will get out in 10 for good behavior," senior Jerry Abogunrin said.

Good behavior spelled "kissing up" for many students. Whether it be in study hall or restricted, students often sought special privileges. Although this behavior often pleased teachers, many students detested it.

"I try to avoid them (study halls) because I think that the people in my study hall are evil. They get to go to the lockers and I think that they've made friends with the study hall teacher and take advantage of it," freshman April Clarke said.

Brrring! "I'm out of here! you think to yourself picking up your books and attempting to avoid your study hall teacher or at least until tomorrow."



Crystal Houge
Brian Howard
Britta Hruschka
Karen Hsu
Courtney Hulatt
Megan Hulsman
Tracey Hulse
Brett Johannes

Tracy Johnsen
Brad Johnson
Jenny Johnson
Richard Johnson
Tami Johnson
Terrill Johnston
Clint Jones
Steve Jones

Jared Katz
Christine Kauffman
Damian Kelly
Derek Kepley
Daniel Kikkert
Emily Kim
Chad Kinart
Abby Klaas

Veronika Kleist
Shawn Kliebenstein
Ben Koch
Kelly Koppes
Kristyann Lakin
Bill Lamont
Keara Langston
Maja Larsen

Laura Larson
Kirsten Lassila
Kevin Lawler
Sara LeBrun
Anjeanette Levings
Morris Liao
Brian Linder
Bonnie Link

Ming Liu
Mandy Lloyd
Nick Lloyd
Ammi Loutzenhiser
Gene Lund
Rachel Lutz
Kari Marty
Melani McCracken

Clay McEvoy
Brian McFarland
Anne McJimsey
Jody McKee
Mary McKern
Adam McLaughlin
Brian McPeak
Erica Merkley

Jason Miller
Kyle Miller
Volker Moennig
Georgla Montgomery
Collin Moon
Ann Moore
Jeff Moore
Jerry Moore

Susie Moore
Joel Morain
Anne Moutray
Rubina Mukerjea
Melissa Mundt
Tendai Muyengwa
Nilesh Narotam
Molly Neal

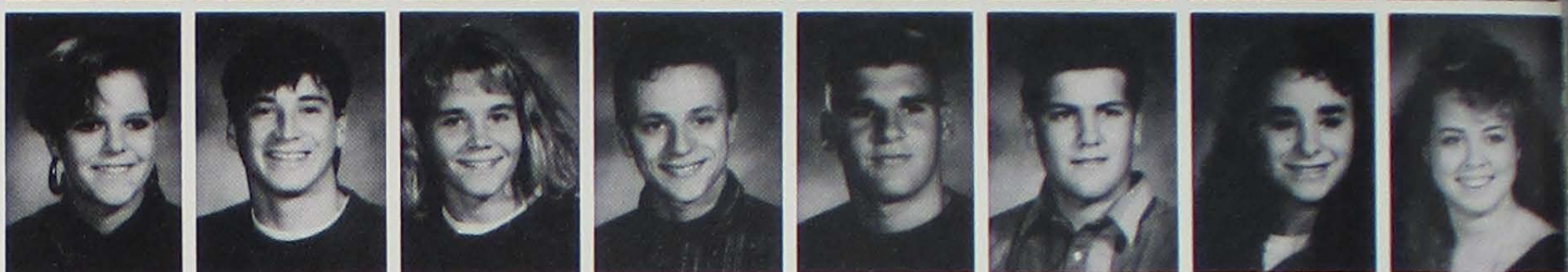
Joseph Nelson
Chad Newhouse
Bliss Newton
Jennifer Ng
Toby O'Berry
Amy Ogle
Mark Okiishi
Scott Olberding



Michael Olson
David Opheim
Kelli Oshel
Shawn O'Tool
Collin Paige
Dan Patrick
Dana Patterson
Scott Pecenka



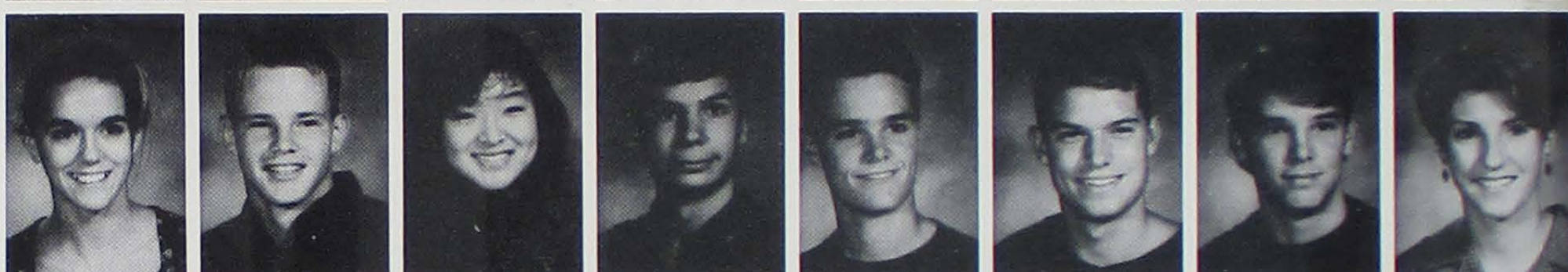
Sarah Pepper
David Pollard
Leigh Ann Powell
Brian Pyle
Matthew Rahfaldt
Matthew Randall
Kelly Randles
Christene Ray



Chris Recker
Valerie Reed
Scott Reger
Tim Reger
Cale Remsburg
Kelly Remsburg
Lonna Rensink
Jeremy Rhyan



Svenja Richter
Dan Ricketts
Susan Rogers
Andy Rozewski
Jason Ruebel
Chad Sailsbury
Keith Sansgaard
Tanja Schmelzer



Kim Schropp
Kim Schweikert
Amanda Scott
Serra Sermet
Andi Setiawan
Steve Shapiro
Eric Shedd
Jennifer Shierholz



Angie Shirk
Kelleigh Shonrock
Kathy Sims
A.J. Skahill
Nathan Skank
Mark Skluzacek
Josh Slaughter
Jon Sloan



Steve Sloan-Howe
Erich Slocum
Angela Smith
Barbara Smith
Joanne Smith
Kim Smith
Sarah Smith
Josh Speck



Karen Sternberg
Donna Stinehart
Marie Stover
Jason Strum
Jeanne Sundstrom
James Swett
Bryn Takle
Michael Tallman





For many students, being prepared means better scores. Studying for the SAT, junior Melani McCracken completes a practice test. (Photo by Beth Myers)

Essential Exams

Katie Krogmeier

Taking tests wasn't usually considered the thrill of a lifetime. However, most of the tests that students took couldn't have compared with the SAT or ACT.

"The more selective schools say that your SAT and ACT scores are as important as your grades. I took both of the tests twice. But I only studied for them the second time. It improved my ACT scores, but on the SAT, all of the vocabulary words are hard to study," senior Ryan Carver said.

Future preparation was a concern for students in all grades. Although college seemed years away for freshmen and even sophomores, the PSAT and P-ACT Plus were ways they could get acquainted with the college entrance exams.

"I've taken the practice tests, but I still have to take the real ones. Some people freak out and can't concentrate, so they don't test as well as they should have," junior Mary McKem said.

"Neither of the practice tests is that important at the time

that you take them since they can't influence anything. But they help to get you ready to take the real ones," sophomore Laura Hefley said.

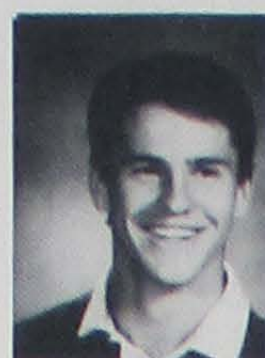
Some students didn't look quite that far ahead. Procrastination held them back from taking the SATs and ACTs.

"I'm putting it off. I don't really think about it. I still haven't taken either one, and I haven't prepared yet, so I am getting a little worried about them," senior Kim Applegate said.

Beyond procrastinating, there were even some students who forgot about the tests all together.

"The SAT's were the day after our last football game. I wasn't feeling very well and I slept in. So, I forgot all about the test," senior Eric Warme said.

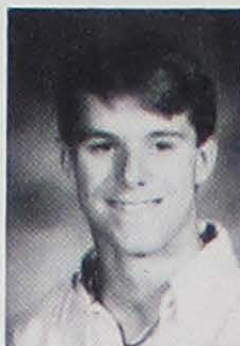
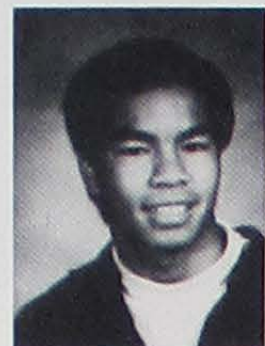
The main differences between students were their future outlook and the effects that these tests had on those outlooks. But sooner or later, all college-bound students had to take at least one of these dreaded tests of academic knowledge.



John Tannehill
Anna Terpstra
Andrew Thomas



Chandra Thompson
Heather Thompson
Wendy Thompson



See Thongsouk
Jason Tice
Rattan Ticku



Antonio Toding
Karin Tollefson
Erik Tosten



Elizabeth Trede
Ty Troxel
Leah Uhlenhopp



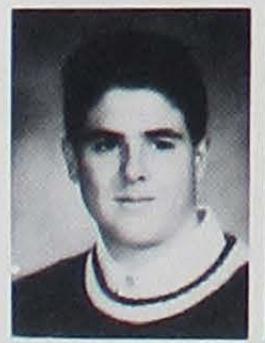
Anissa Umbaugh
Diana Vander Schaaf
Adrienne van der Valk



Anna Van Deusen
Scott Vaughan
Suzanne Vogel



Cara Wagner
Kristin Walker
Chelsea Walton

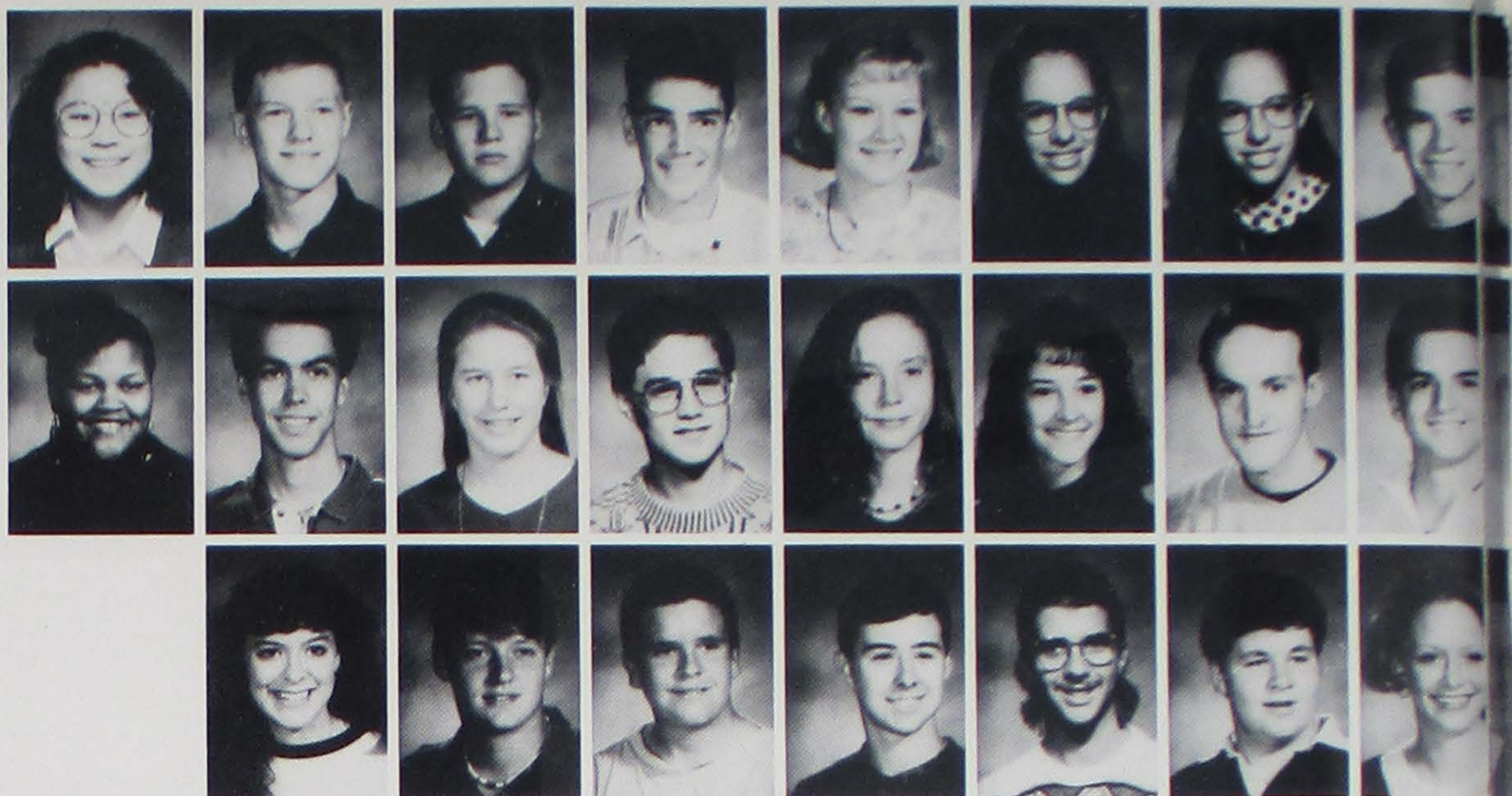


Travis Webb
Mary Jo Weber
Jeffrey Weiss

Jennifer Weiss
Aaron Wells
Cory Wentworth
Carlos Wesley
Jill West
Katherine Whitaker
Martha Whitaker
Charles White

Ashia Whittington
Trevor Wiersen
Rachel Wilke
Kevin Wilson
Ruth Wilson
Kimberly Windom
Christian Wineinger
Aaron Wombacher

Audra Woodin
Geoff Woodman
Bradley Wuhs
Matt Wyss
Bill Yerkes
Jason Younie
Missy Yungclas



one way to satisfy curiosity about one's future was to become a do-it-yourself fortune teller. Junior Andrea Muchinsky and sophomore Erin Ross do just that by reading tarot cards. (Photo by Abby Klaas)

A Clear Future

-Maja Larsen

Sitting in a dark, musty tent at a carnival, a gypsy clad in colorful scarves and ornate jewelry stares into a crystal ball...

This is how most people visualize having their fortune told. But some believed telling the future was more complicated and turned to the science of astrology, reading how a person's life would be influenced by certain stars according to the stars' position at the time of their birth.

"My grandparents live in India, and when I was born they sent me a book containing my own personal horoscope. It is really scary because most of it has actually turned out to be true," junior Rubina Mukerjea said.

Other students didn't possess their own personal horoscope and had to make do with the daily horoscopes in newspapers and magazines.

"I usually read my horoscope and I believe in them to a certain point, but that doesn't mean that I always try to make them happen," senior Todd Guge said.

Many people believed particularly in their 'life forecast.' Some even got a thrill out of reading them daily. But other students had no faith in horoscopes at all.

"The stuff about astrology and that certain astrological signs are supposed to be a great partner for another sign—I don't believe in at all. I think that it is just some author or journalist trying to make some money," freshman Anne Shrum said.

But with all this skepticism there was also room for some empathy from students that didn't believe in the horoscopes themselves.

"Personally, I don't read them (horoscopes), but I don't have a problem with people that really believe in them. I guess that it is just another kind of belief almost like another kind of religion," sophomore Dan Redmond said.

Whether they chose to follow their horoscopes avidly to plan their days, or simply ignored them, students tried to make the best of the ever in their daily lives.

NO pictured

Ryan Angus
Ian Austin
Luis Barandiaran
Nicolaas Bertelsen
Eric Burlingame
Bharat Devrajani
Steve Elliott
Greg Gwiasda
Shane Harkin

John Harp
John Heinen
Lance Holmes
Carol Kilmer
Bobbi Korbitz
Scott Larson
Mary Mohler
Andrea Muchinsky
Stephen Orning

Veria Pettit
Jacinda Stanton
Tracy Stone
John Swanson
Eric Thompson
Matt Thompson
Tim Veale
Brett Wetter
Jamison White



"I liked *Star Wars III* because Luke Skywalker finally got back together with his father, and the Ewoks helped the humans beat the bad guys."

-Senior Jamie Niemeyer



"My favorite movie is *Dances with Wolves*. It has really awesome footage of places in America I never knew existed."

-freshman Andy Johnson



"I liked *Beauty and the Beast*. It was kind of a simple idea, but I love fantasies and romance, which the movie had a lot of."

-sophomore Shaly Seecharan



"My favorite movie is *My Girl*, because it was very touching and it was both humorous and sad."

-junior Shannon Dau

the way WE think

Top 10 Movies

10. *Home Alone*
9. *Pump Up the Volume*
8. *Boyz-n-the-Hood*
7. *Last Boy Scout*
6. *Silence of the Lambs*
5. *Beauty & the Beast*
4. *Terminator 2*
3. *Dances with Wolves*
2. *Robin Hood—Prince of Thieves*
1. *My Girl*

Seniors

Matthew Abbott: Cross Country 10-12; Track 9-12; Band 9-12; I Ball 9, 10. **Solomon J. Abel:** Swimming 9-12; Football 9, 10; Spanish Comp. 12; Senate 12; I Ball 12; IV-ball 12; Band 9. **Brent Adreon. Rebecca Allen:** Chorus 10-12; Chamber Singers 12; Madrigal 12; Vocal Contest 10-12; Play Cast 10; Cadet Teaching 12; Big Sis/Lil' Sis 11, 12; Volunteers 11, 12; Key Club/SADD 11, 12. **Stefanie Allen:** Chorus 9, 10; Wrestling Manager 9-11; Volunteers 11, 12; I Ball 9, 10; IV-ball 12; Powderpuff 9, 10; Senior Girls Club; Big Sis/Lil' Sis 9, 11.

Mike Amfahr: IV-ball 11, 12; Band 9-12; I Ball 10-12; Orchestra 10, 12; Madrigal 12. **Holly Anderson:** Chamber Singers 11, 12; Madrigal 11, 12; Solo/Ensemble Contest 9-12; Chorus 11, 12; Volunteers 11, 12; Speech Club 12; Play Cast 12; Track 11, 12; Band 9-12; Orchestra 12; Trainer 10, 11; Spirit 11. **Matthew D. Anderson:** Football 9-12; Band 9; Chorus 9-12; Wrestling 9; Track 9-12; Vocal Contest 11, 12; I Ball 9, 11, 12; **Seth Anderson:** Basketball 9-12; Football 9-12; Baseball 9-12; Track 10. **Tom Anderson.**

Tamara Andre: Powderpuff 9, 10; Volunteers 11, 12; Airbands 12; IV-ball 10-12; Big Sis/Lil' Sis 9, 11, 12; Wrestling Manager 10-12. **Teresa Andrews:** Cross Country 11, 12; I Ball 11, 12; Track 9, 10; Swimming 9; Chorus 11, 12; Vocal Contest 11, 12; Volunteers 11, 12; Key Club/SADD 10, 11. **Tim Arp:** Air bands 12; I Ball 9-12; Football 9-12. **Kiran Balkerkar:** SADD 11, 12; Basketball 9, 10; I Ball 11, 12; IV-ball 11, 12; Key Club 12. **Jennifer Ballantine:** Student Senate 12; Ambassadors 11, 12; Track 10; Airbands 11, 12; Homecoming Committee 12; Volunteers 10-12; I Ball 10, 11; Vocal Contest 10, 12; Chorus 9-12.

Levi Bappe: I Ball 11, 12. **Catherine Barnhart:** Band 9, 10; Trainer 11, 12; Speech Club 12; Volunteers 11, 12; Track 10-12; Cross Country 9-12; I Ball 12; Big Sis/Lil' Sis 11, 12. **Amy Bartsch:** Volunteers 11, 12; Track 9; I Ball 9-11; Airbands 12; Powderpuff 9, 10; Big Sis/Lil' Sis 9, 12; IV-ball 9, 10; Ambassadors 10, 11; Student Senate 9, 10; Senior Girls Club. **Scott Belzer:** Football 9-12. **Wystan Benbow:** Swimming 9-12; Airbands 11; Quiz Bowl 12; Chess Club 9, 10.

Thomas Bern: Debate 9-12; I Ball 10-12; Mock Trial 10, 11. **Jae Bernard:** Soccer 9-12; Football 9-12. **Peter Bernard:** Football 9-12; Track 9. **Chris Berrett:** Chorus 11. **Eric Bibler:** DECA 12; Cross Country 9-12; Student Senate 10.

Amy Jo Blechler: Basketball 9-12; Softball 9-11; IV-ball 11, 12; Key Club 9, 10; SADD 10; Senior Girls Club; Volunteers 11, 12; Big Sis/Lil' Sis. **Cassandra Biggerstaff:** Amnesty International 10, 11; Band 9-12; Chorus 9-12; Orchestra 10-12; Key Club 11; All-State Band 12; Big Sis/Lil' Sis 9, 11, 12; Madrigal Dinner 11, 12. **Carrie Booms:** Cheerleading 9; Tennis 9-11. **Cheryl Bortz:** Key Club/SADD 11, 12; IV-ball 11, 12; Chorus 9-12; Madrigal 11; Vocal Contest 10-12; Volunteers 12. **Mickael Boutboul:** I Ball 12.





A group of seniors practice their new-found "right" to lean on the senior rail. Being the oldest students gave them special privileges such as open campus. (Photo by Jason Dane)

Final Year

Adrienne van der Valk

After 13 years of education, dances, sharing lockers, restricted study hall, feeling young and feeling old, senior year finally comes and brings with it a multitude of new experiences. For the 'head honchos' of the school, being twelfth graders meant more than just being able to lean on the senior rail.

"By the time you're a senior no one cares what everybody else thinks about them. When you're a freshman you have these little cliques, but those have pretty much broken up and the whole class is pretty friendly," senior Holly Anderson said.

Spending years with a group of students inspired bonding during their last year together. Activities and sports made some seniors feel closer to each other.

"I feel more comfortable

now. My personality has changed. I got involved in track and cross country and I felt more like part of the school," senior Cathy Melvin said.

Unfortunately, with the freedom of open campus and the knowledge that graduation was near came that all-too-common condition—SENIORITIS.

"Second quarter a lot of people I know got tired of doing stuff and our grades dropped. We got senioritis really badly. It's not that you can't or don't want to do homework. It's indescribable. No one can say why it happens. Homework just seems really distant from your grade," senior Matt Haubrich said.

Having the respect of the underclassmen, as well as the knowledge that 'real life' was just around the corner made senior year one-of-a-kind.



Paul McAteer Boyd: Chorus 9-12; Chamber Singers 12; One Acts 10-12; Madrigal 11, 12; Vocal Contest 9-12; Band 9-12.



Vesper Lynn Brace: Band 9-12; Solo/Ensemble Contest 9, 12; Junior Senate; Big Sis/Lil' Sis 11, 12; Volunteers 11, 12.



Nanette R. Brcka: Swimming 9-12; Band 9-12; Volunteers 11, 12; Big Sis/Lil' Sis 11, 12.



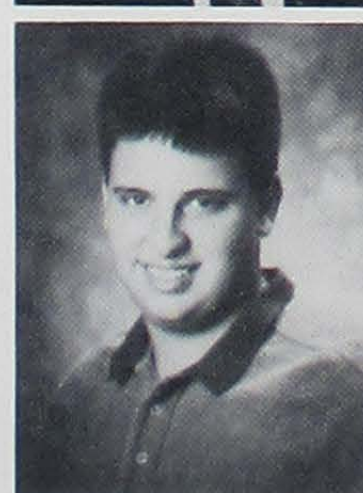
Collin Brennan: Cross Country 9-12; Track 9-12; Spirit 11, 12; Volunteers 11, 12; Swimming 10; I Ball 9-12; I V-ball 12.



Sara Buchwald.



Chris Bundy.



Chris Burkheimer: Football 9; Track 9, 10; I Ball 9-12; I V-ball 11, 12; Airbands 12; Hockey Manager 11.

Jason Burris.



Mark Buxton: Swimming 11.



Allison Campbell: Track 9-12; Cross Country 9-12; Speech Club 11,12; HIP 10,11; I Ball 10-12; Big Sis/Lil' Sis 11,12; Amnesty International 10; All-State Individual Speech Contest 11.



Carolyn Canow: Powderpuff 10; Volunteers 11,12; Airbands 12; Track 9-12; Ambassadors 11,12; Student Senate 11,12; Homecoming Committee 12; Senior Girls Club; Big Sis/Lil' Sis 9,12.



Amy Carey: Powderpuff 9,10; Basketball Manager 9; Track 10; Cheersquad 9-11; Key Club 10,11; SADD 10; Senior Girls Club; DECA 12; DECA State Officer 12; I Ball 10-12; Homecoming Committee 12; Big Sis/Lil' Sis 9,12; Volunteers 11,12.



Pamela A. Carlson: Basketball 9,10; Volleyball 9,10; Track 9,10; Softball 9; I Ball 12.



Tara Carmean: Athletic Trainer 11,12; Student Services Assistant 11,12; Track 9-12; Volunteers 12; Student Senate 12; Student Council 12; Big Sis/Lil' Sis 9,12; Volleyball 9-11; Office Assistant 10; I Ball 9.



Senior Girls Club. Front Row: Christine Willard, Megan Miller, Jennifer Remsburg, Cari Foote, Joy Siebert, Stephani Carmichael, Alison Sams, Renee Ripp, Sandra DeLuca, Becci Peterson. **Back Row:** Amy Sheets, Holly Forssman, Amy Barton, Chrissy Spike, Laura Vermeer, Michele Goodwin, Marie Engelhorn, Nicki West.

Enchanted Creators

-Monica Wilke

The Senior Girls Club worked in full swing to raise enough money for the creation of an enchanting Winter Formal. They acquired the necessary funds from the wreath sales, candy sales at school, and other fundraisers. The extra profits provided additional recreational opportunities for the Club.

"To raise money we sold wreaths made of real evergreen and each girl had three she was responsible for selling. Craig Carroll also gave us \$100; we also had one of the airbands that we got all the proceeds from. We might have a party for just us (Senior Girls Club) at the end of the year," said senior Renee Ripp, the Senior Girls Club President.

Approximately 25 seniors gathered weekly in B-9 first semester to plan for the dance and work on fundraising.

"It was fun because a lot of my friends were in it. We'd meet every Friday to discuss how to raise money and what the decorations would look like. Then the day of Formal we got together at about 10:00 in

morning and decorated the place with helium balloons and stuff," senior Amy Sheets said.

The decision on the theme of "An Enchanted Forest" grew from creative ideas and suggestions from the members.

"Without knowing it, we had decided on the same themes last year so Renee Ripp had to make an administrative decision from the ideas we had thought of for the theme of an Enchanted Forest," senior Laura Vermeer said.

Some of the plans produced difficulties and changes from previous years. The dance, held this year in the Sun Room and South Ballroom of the Memorial Union, had a changed date as well as rooms.

"We tried to get the room at the normal date (December 30) but they had reservations and we thought more people would come if it was before Christmas," senior Sandra DeLuca said.

The Senior Girls Club had success in fundraising, in friendship, and in the creation of the Winter Formal dance that had "An Enchanted" atmosphere.



Stephani Carmichael: Cheersquad 11,12; IV-ball 11; Homecoming Committee 12; Powderpuff 10; Airbands 12; Senior Girls Club; Volunteers 11,12; Track 11; Big Sis/Lil' Sis 11,12; Band 10. **Bill Carney. Ruth Carpenter. Ryan Carver:** Basketball 9-12; Tennis 9-12; Student Senate 9-12; Volunteers 11,12; Class Treasurer 11; Quiz Bowl 12; Spanish Tutor 11. **Jessica Cheng:** Band 12.

Stacey Leigh Clouser: *Spirit* 12; Senior Girls Club; Volunteers 11,12; IV-ball 11,12; Airbands 12; Play Cast 10; Band 9,10. **Sarah Coats:** Band 9-12; Solo/Ensemble Contest 9-12; All-State 9-12; Orchestra 11,12. **Brian Coffey:** Football 10-12; Basketball 9-11. **Stephanie Coon:** *Scratch Pad* Board 10-12; Quiz Bowl 11,12; Spanish Competition 9-11. **Kelly Craig:** DECA 12; Cheersquad 9-12; I Ball 9-12.

Janel Crow: Volunteers 11,12; Big Sis/Lil' Sis 11,12; Senior Girls Club; I Ball 10. **Britta Culbertson:** *Scratch Pad* Board 12; Students Against Apartheid 12; Ecology Club 12. **Keri Daddow:** *Scratch Pad* Board 9-12; Choir 9-12; Amnesty International 11,12; Powderpuff 9,10; Manager 9,10; Cheersquad 11; Choir Contest 10-12; Volunteers 12. **Jon Dale:** Cross Country 11,12; Track 11,12; Basketball 9,10; Baseball 9,10. **Lissa Daza.**

Marcy DeJoode: Powderpuff 10; Cheersquad 10-12; IV-ball 10-12; Volunteers 11,12. **Sandra DeLuca:** Student Senate 9-12; Band 9-12; Thespians 9-12; Play Cast 9-12; Amnesty International 10-12. **Judd Donelson:** I Ball 11,12; Airbands 12; Tennis 9,10. **Ben Drake:** Golf 10-12; I Ball 10-12; Volunteers 11,12. **Almee Dutton:** Play Cast 9-11; Manager 9; Choir 9-11; Track 11; Thespians 10,11; Choir Contest 9-11.

Lisa Elbert: Flag Corps 9-12; German Quiz Bowl 11; Play Crews 9,10; TV Show "Visions" Crew 10. **Leonard Elsberry. Jocelyn Brady Ely:** Volleyball 9-11; Basketball 9-12; Track 9,11; Student Senate 10; Volunteers 11,12; Senior Girls Club. **Marle Engelhorn:** Softball 9-12; I Ball 11,12; I V-ball 11,12; Senior Girls Club; Choir 9,10. **Amy Ferguson:** Big Sis/Lil' Sis 9,12; I V-ball 11; Volunteers 12; Powderpuff 9,10.

Christopher Ferguson. Darrin Fischer: Football 10; I Ball 12. **Carl Lee Foote:** Cheersquad 11,12; Student Senate 10,11; I Ball 9; Entheos 12; Senior Girls Club; HIP 9-12. **LeAnne Ford:** Choir 9-12; Group Vocal 9-12; Choir Officer 10-12; Solo/Ensemble 9-12; Madrigal 11,12; All-State 11,12. **Holly Forssman:** Volunteers 11,12; Basketball 9-12; Volleyball 9-12; Homecoming Court; Student Senate 9,11,12.

Sonya Fox: Symphonic Band 12; Concert Band 10-12; Marching Band 9-12; Pep Band 9,12; Powderpuff 10; Play Cast 9. **Theresa Franco:** Swimming 9; Swimming Manager 10-12; Track 10; Senior Girls Club; I Ball 12; IV-ball 12; DECA 12; Golf 12. **Megan Freeburg:** Homeroom Officer 9; Volunteers 11,12; Airbands 12; Basketball 9-12; I V-ball 11,12; Ambassadors 10-12; Homecoming Court; Senior Girls Club; Big Sis-Lil' Sis 9,12. **Bryce Judd Freeman:** Football 9-12; Baseball 9-12; Student Senate 9,10; Symphonic Band 10-12; Track 9-12; Basketball 9-11. **Alex Garn.**

Jenny Gladon: Speech Club 12; Concert Chorale 12; Trio 12; Freshman Band, Marching Band, Jazz Band. **Andrew Glatz:** Soccer 9-12; Cross Country 12; Track 12; I Ball 10-12; Debate 9-12. **Jenny Goehring:** Symphonic Band 11, 12; Concert Band 10-12; Pep Band 9-12; Marching Band 9-12; Jazz Band 9-11; Solo/Ensemble Contest 9, 11, 12. **Bob Goodfriend:** Chess 9-12; All-State 12; Madrigal 10-12; Chamber Singers 11, 12; Small Group 9-12; Concert Chorale 11, 12; Concert Choir 10, 12. **Michele Goodwin:** Orchestra 9-12; Volunteers 10-12; Basketball 10; Large Group Contest 10-12.

Kathryn Goudy: Volunteers 11, 12; Airbands 12; Concert Chorale 11, 12; I Ball 10-12; Senior Girls Club; Small Group Vocal Contest 10-12; Powderpuff 9, 10; Basketball 9; Football Manager 9; Track Manager 9. **Jay Greenfield:** Hockey 9-12; Basketball 9-12; Football 9-12. **Phil Greenfield:** Baseball 10; Hockey 9-11; Football 9-12. **Brian Greving:** Cross Country 9-12; Swimming 9-12; Volunteers 11, 12; I Ball 9-12; Track 9; Model UN 12; *Spirit* 12; Concert Chorale 10; Small Group Vocal 10. **Todd Guge:** Football 9-12; I Ball 9-12; VICA 12.

Anjali Gupta: Tennis 10-12; Basketball 9; Terpsichore 9; I Ball 10; Senior Girls Club. **Andy Hagen. Tabby Halsrud. Amy Hammer. Jennifer N. Harner:** Key Club 10-12; SADD 10-12; Volunteers 11, 12; Ambassadors 10-12; IV-ball 11, 12; Senior Girls Club; Symphonic Band 9; All-State 9; Marching Band 9; Pep Band 9; Jazz Band 9.

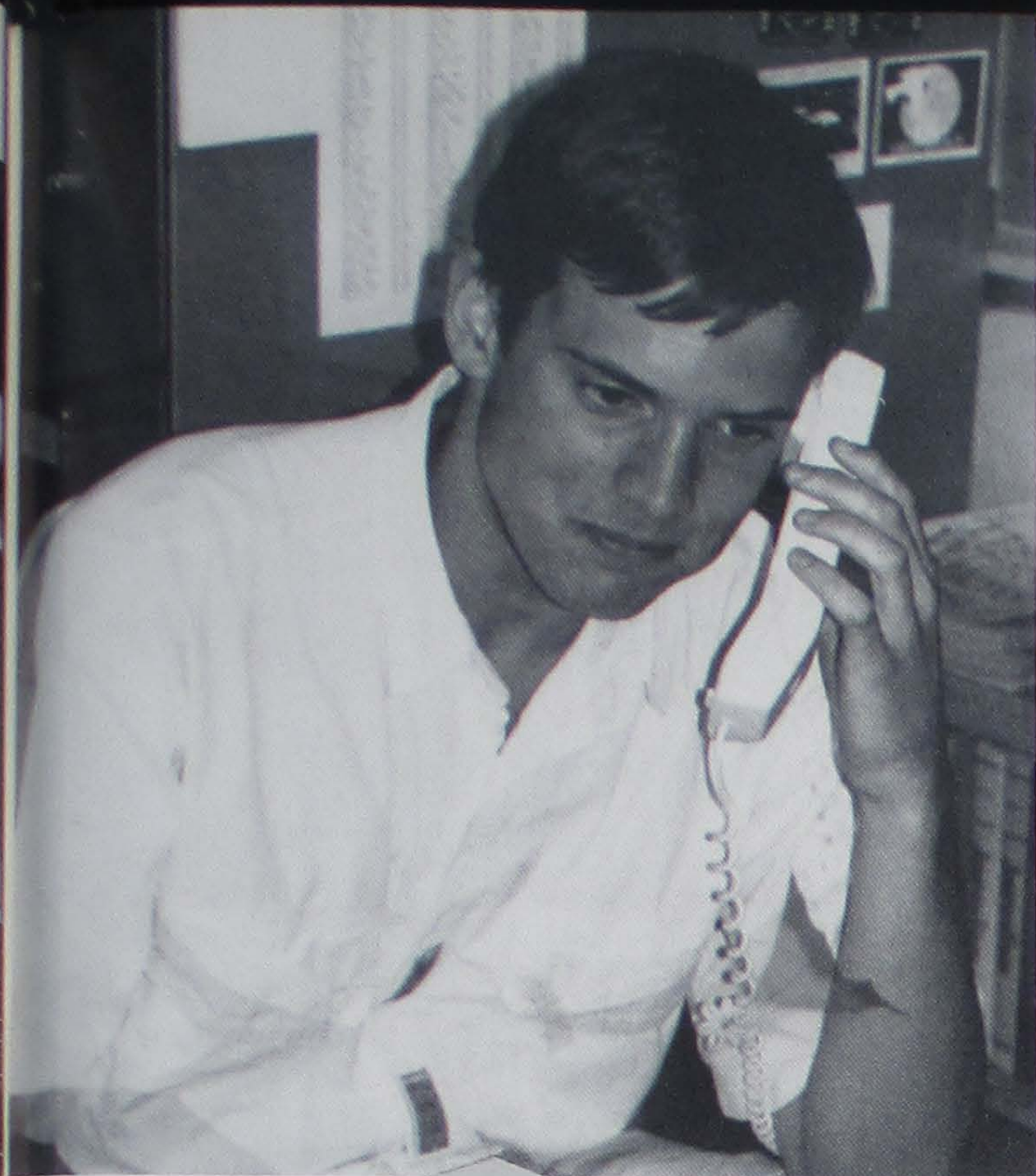
Scott Harris: Wrestling 10; Chess Club 10; Drama Activities 12. **Jolene Hatfield. Matthew Haubrich:** Marching Band 9-12; Symphonic Band 11, 12; Pep Band 10-12; Orchestra 11, 12; Thesplans 9-12; One Acts Director 12; Student Council 11; Mock Trial 9-12; Football 9-12; Environmental Committee 10-12; Terpsichore Crew 10-12; Play Crew 9-12. **Malsaa Hawana:** Students Against Apartheid 11, 12; Big Sis/ Lil' Sis 12. **Doug Heeren:** Swimming 10, 11.

Erika Helmuth: All State 10-12; Symphonic Band 9-12; Concert Band 9-12; Marching Band 9-12; Pep Band 9-12; Solo/Ensemble Contest 9-12; Mock Trial 9-12. **Teresa Henderson. Kori Heuss:** Track 9-12; Debate 9-12; Mock Trial 9, 10; Concert Band 10-12, Symphonic Band 11, 12; Cadet Teaching 12. **Kendal T. Holder:** Volunteers 10-12; DECA 12; Track 9, 10. **Andrew William Homan:** Concert Band 9-12, Marching Band 9-12; I Ball 9-12.

Allsa Hughes: Senior Girls Club; Big Sis/ Lil' Sis 12. **Dawn Huslow. Jeff Jansen. Joel Johanns. Jeff Johnson:** Track 9, 10; I Ball 9-12; IV-ball 11, 12; Airbands 12.

Kjersten Johnson: Concert Chorale 10-12; Chamber Singers 10-12; Madrigal 10-12; Solo/Ensemble Contest 9-12; All State 9-12; Thesplans 10-12; Play Cast 9-11; Student Council 9; Airbands 12; Senior Girls Club. **Aaron Jones:** Swimming 10-12; Play Casts 9-12; Thesplans 10-12; I Ball 11, 12; IV-ball 12; Academic Decathlon 11; Council 12; *Web* 12; *Spirit* 11, 12; Airbands. **Mindy Jones:** DECA 12, Volunteers 12; Tennis 9, 10. **John Kelly:** Baseball 10-12. **Julie Kelso.**





picking up the phone to make a prank call, junior Frank Greer ponders what he will say to the nameless person at the other end. (Photo by Abby Klaas)

Just Kidding

Lisa Hinrichsen

It's a typical morning. You walk into the building and begin fiddling with your combination to open your locker. All of the sudden, you notice something is very wrong—and it seems to be coming from your locker. Quickly opening it, you discover your locker has been trashed with rotten eggs.

At high school, students found that the type of pranks pulled were much more complex and often meaner than junior high-type jokes.

"I have just had people sign me up on a list to get army pamphlets in the mail and stuff from colleges that I had never even heard of," senior Jeff Spencer said.

Others jokes seemed to verge on the boundaries of cruelty for some unfortunate students.

"I had a girl mad at me for some reason or another. She decided it would be a good idea to get back at me by calling people early in the morning and saying it was me calling," junior Anna Terpstra said.

Usually these jokes were

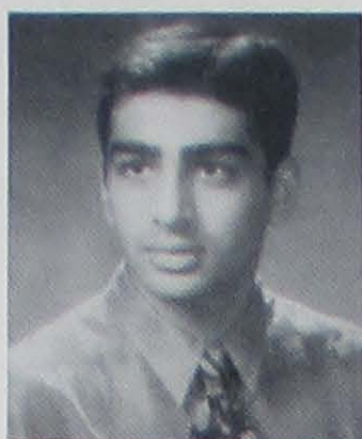
played on people the joker knew well enough to laugh with.

"I do phone pranks on my friends. I called up one and made a hair appointment with her. A couple of days later I told her it was me. When the joke's on me it isn't as funny of course—the worst someone can do is tell me there is a test that day!" junior Melissa Mundt said.

Coming up with an original joke was hard for some students, but ideas seemed to come at the oddest moments for others.

"I spent the night at a friend's house and somehow in conversation the topic of police and, more specifically, how they make the outlines of bodies came up. We just happened to have a box of chalk so we made a bunch of outlines in the street of ourselves. Luckily, we never got in trouble for our joke," junior Brian Howard said.

After the hours and hours spent cleaning up the mess in your locker, your mind is set on only one thing—revenge. Who has done this? It could only be those you call your friends.



Farshid Khosravi: Soccer 9-12; Student Senate 12; I Ball 10-12; I V-ball 12; Football 9, Volunteers 12.



Aaron Klatt.



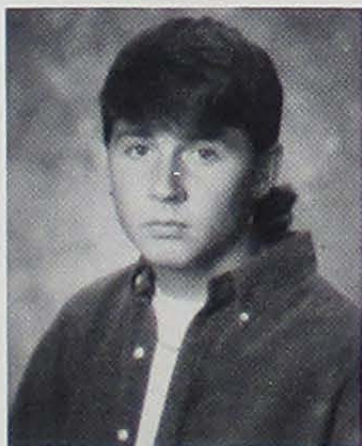
Karin Klocke: Basketball 9-11; Band 9; Orchestra 10; Cadet Teaching 12; Volunteers 11, 12; Senior Girls Club.



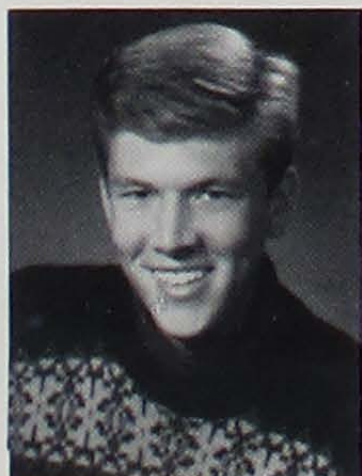
Kelli Kraus: Cheersquad 9-12; Softball 9, 10; Track 9, 10; Senior Girls Club; Entheos 12; Airbands 12; Volunteers 12; Concert Choir 9; Marching Band 9; Concert Band 9.



Jim Krogmeyer: Swimming 9-12; Play Cast 9-11; Play Crew 9-12; Marching Band 9-12; Concert Band 10-12; Symphonic Band 11, 12.



Mike Kubera.



James Lang: Tennis 9-12; Cross Country 12; I Ball 9-12; I V-ball 11, 12; Jazz Band 11, 12; Pep Band 12; Model UN 12; Web 12; Spirit 11, 12; Symphonic Band 9-12; Concert Band 9-12; Marching Band 9-12; Solo/Ensemble Contest 10, 11.

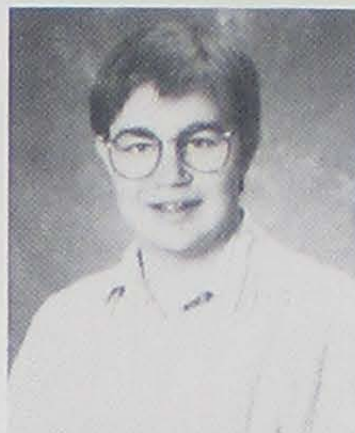
Tina Denae Langston: Homeroom Officer 9; Chorus 9; Basketball 9; Key Club 9, 10; I Ball 10-12; Powderpuff 9, 10; DECA 12; Volunteers 10-12; Senior Girls Club; Cross Country 12; Airbands 12; Homecoming Committee 12; Big Sis/Lil' Sis 12.



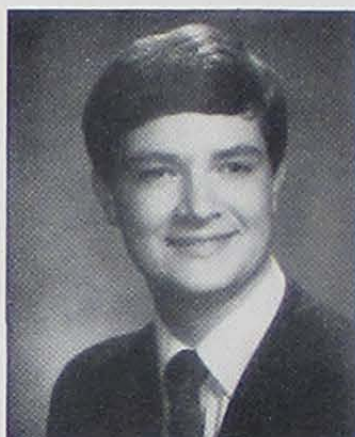
Dane Larson: VICA; Dwarf Car Racer 10-12.



Michael Larson: Freshman Choir; Concert Choir 10, 11; I Ball 10-12; State Vocal Contest 11; Concert Chorale 12.



Bret Larwick: Chess Club 9-12; Computer Club 9, 10, 12.



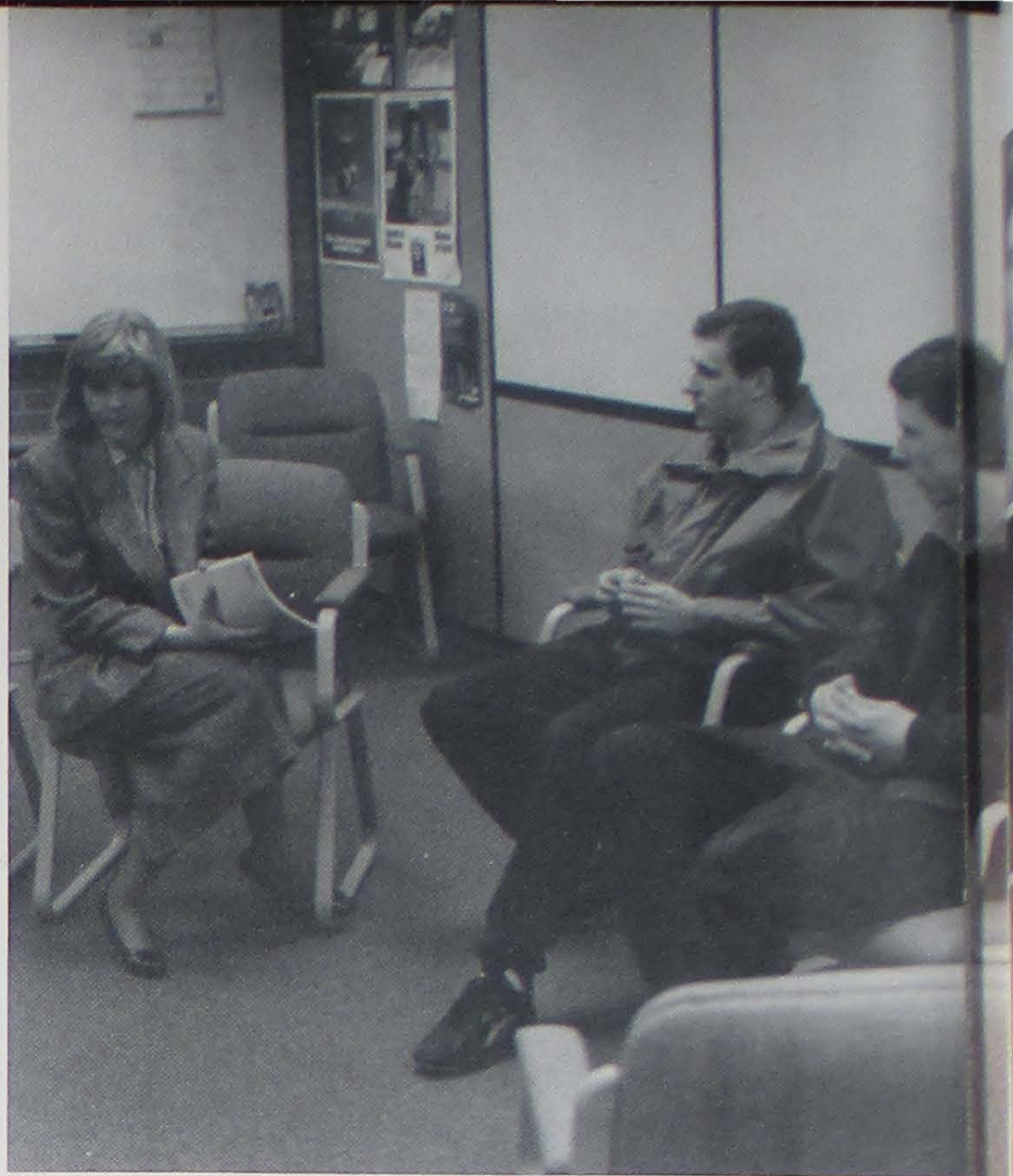
Amy Corrine Leeman: Swimming 9-12; Speech Club 11; Band 9-11; Athletic Ambassadors 10, 11; Big Sis/Lil' Sis 11, 12; Senior Girls Club; Volunteers 11; SADD 11; Key Club 11.



Aaron Lehmkuhl: Cross Country 9-12; Track 9-12; Student Senate 12; Student Council 12; Play Cast 12; Volunteers 12; I Ball 10-12; Airbands 12.



Allison Melissa Lindley: I V-ball 12; Big Sis/Lil' Sis 9-12; Volunteers 12; Powderpuff 9, 10.



saving time and money, seniors Alex Gam and Mark Millemann talk to a KU representative in Student Services. (Photo by Angela Ellmaker)

Looking Ahead

-Steve Shapiro

Decisions, decisions! Most graduating seniors found themselves face to face with difficult choices concerning life after high school, but right at the top of many peoples' lists was "Where should I go to college?" One way students puzzled through this question was visiting prospective campuses.

When it came to looking at colleges, senior Chrissy Spike was concerned with getting a feel for the people and how she would fit in socially.

One way Spike accomplished this was spending one night in a UNI dorm. She definitely got to see what the people were like.

"I spent the night in one of the co-ed dorms," Spike said. "When I was walking around I must have gotten lost, and I ended up on the wrong floor. There were a bunch of guys walking around in their boxers!"

While some took advantage

of various on-campus admissions programs, junior Ann Moore stayed close to home and let the colleges come to her.

"I visit the college reps that come here because it enables you to get a good look at the college without actually going to the college to visit," Moore said.

Senior Mike Amfahr preferred to look at campuses on his own.

"As far as planned information sessions and overnights, I didn't do them," Amfahr said. "Just looking around, you can tell if there's something special about a college. It's one thing to get the brochure and a planned lecture, but you have to go on your own to really get the feel."

Regardless of what one had in mind in terms of size and atmosphere, "getting the feel" of a school was what helped most people make that important decision.



Jamie Lingelbach: Football 9-12; Track 9; I Ball 9-12. **Peter Loutzenhiser:** Student Senate 9; Football 9-11; Basketball 9; Track 9; Volunteers 11; I Ball 11; Web Editor 12; Ambassadors 11. **Drew Maddux. Jennifer Madison:** Homeroom Officer 12. **Marc Derek Maehner:** Football 9-12; Track 9, 10; Airbands 12; Band 9; Wrestling 9; I Ball 9-12.

Jeff Manzer. Eric Martin. Sherri Massey: Special Olympics Swimming 9-12; Special Olympics Volleyball 11, 12; Treble Choir 12. **Phil McConnell:** Basketball 9; I Ball 10-12. **Maggie McDowell.**

Kristin McGinness: Track 9; Trainer 9-12; HIP 10; Volunteers 12; Orchestra 9-12. **Tobi McKern. Jim Meadows:** Football 9-12; Wrestling 9-12; Track 11; Student Senate 10; Chorus 9-11; Volunteers 10-12; I Ball 9-12; I V-ball 9, 10; Play Cast 10. **Catherine Ann Melvin:** Cross Country 11, 12; Track 9-12; I Ball 12; Band 9, 10; Ambassadors 12; Big Sis/Lil' Sis 9, 11, 12; Volunteers 11. **Mark Milleman:** Track 9-12; Baseball 9, 10; Football 9-12; Basketball 9-12; Band 9-12; Homecoming Court 12; Volunteers 11, 12; Airbands 12; NCA Committee 11; Student Senate 9.

Lisa Millen: Scratch Pad Board 11, 12; Cheersquad 10, 11; Powderpuff 9, 10; I Ball 12; Spirit 12; Student Senate 9-11; Cadet Teaching 12; Play Crew 9-12; Play Cast 10; Senior Girls Club; Amnesty International 11, 12; Big Sis/Lil' Sis 9, 12. **Megan Miller:** Basketball 9-12; Volleyball 9-11; Track 9-11; Airbands 12; Senior Girls Club; Big Sis/Lil' Sis 12; Volunteers 11, 12. **Renee A. Millerbernd:** Speech Club 11, 12; DECA 12; Volunteers 11, 12. **Tony Mitchell. Larry Mitchels:** Swimming 9-11.

Jennifer Moehlmann: Big Sis/Lil' Sis 9, 11, 12; Amnesty International; Students Against Apartheid 11, 12; Chorus 10-12; Mock Trial 10. **Mary Mohler. Jason Moore. Jeremy Moore:** Baseball 10-12; Football 9, 10; I Ball 10-12; DECA 12. **Lisa Moore:** DECA 12; Flag Corps 9-12; Band 9; Choir 10-12; Volunteers 11; State Vocal Contest 10-12.

Jason Moutray: Wrestling 9; I V-ball 9-12; I Ball 9-12; Volunteers 11, 12. **Bethany Muller:** Basketball 9-12; Volleyball 9-12; Track 9, 10; Softball 9; Volunteers 11, 12; Senior Girls Club 12; Big Sis/Lil' Sis 12; Airbands 12. **John P. Murphy:** Baseball 9-12; I Ball 9-12; Track 9, 10; Airbands 12. **Ashley Myers:** Cross Country 9; Track 9, 10; Chorus 9, 10; Powderpuff 10; Volunteers 11, 12; DECA 12. **Melko Naganuma.**

Nicholas K. Nakadate: All-State Chorus 12; Soccer 9-12; I Ball 9-12; Airbands 12; Chess Club 9-12; State Vocal Contest 9, 11, 12; Chorus 11, 12; Madrigal 12; I V-ball 12; Wrestling 9. **Tanja Nandovic. Karl K. Nass:** Swimming 9-12; Key Club 10-12; SADD 10-12; Band 9-12; Volunteers 11, 12; Big Sis/Lil' Sis 9, 11, 12; HIP 11. **Wendy Nelson:** Volleyball 9-11; Wrestling Manager/Matmaid 11, 12. **Eric A. Nessel:** Football 9-12; Wrestling 9; Airbands 12; I Ball 11.

Jameson Nlemeyer: Football Manager 10; Special Olympics Swimming 11; Basketball Manager 11. **Tara Niese:** Speech 12; Large Group Contest 9-12; Concert Choir 9-12; Cheersquad 11; Powderpuff 9-11; Flag Corps 9, 10; Homecoming Committee 11; Volunteers 12. **Juli Nordyke:** Homecoming Court 12; Cheersquad 9, 10; Track 9, 10; Volunteers 11, 12; Powderpuff 9, 10; I Ball 11, 12; Ambassadors 12; Senior Girls Club 12; Airbands 11, 12. **Stacey Nutt. Andrew O'Berry.**



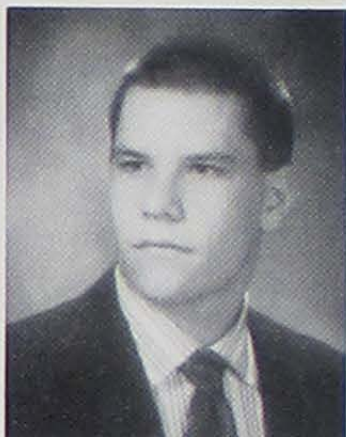
Sara Elizabeth Olberding: Student Senate 9-12; Volunteers 11, 12; Basketball 9; Track 9; Cheersquad 11, 12; Terpsichore 10, 12; Play Cast 10. **Emily Olson. Krista Olson:** Cheersquad 9-12; Volunteers 11; Junior Vice President 11; Tri-president 12; Student Council 11, 12. **Derek O'Reilly:** Soccer 9-12; Soccer Club 9-12. **Juliea Carolina Palmisciano:** Track 12; Swimming 9; Cross Country 9; Volunteers 10.



Neena Panigrahi: Student Council 12; Volleyball 9, 10; Track 11. **Brian Parks:** Hockey 10-12; Football 11; Golf 12; I Ball 10-12. **Bob Parr:** Thespians; One Acts 11, 12; Play Cast 9-12; Spirit 11; DECA 12. **Maribeth Patterson:** Student Senate 9-12; Chorus 9-12. **Neena Paul:** Tri-president; Student Council 9-12; Student Senate 9-11; Basketball 9-12; Chorus 9-12.



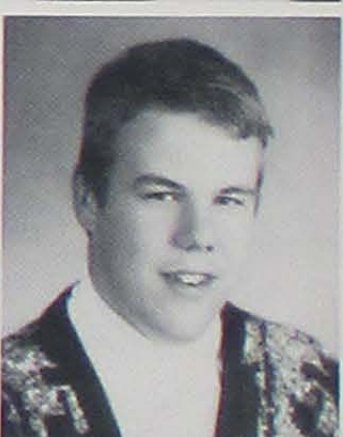
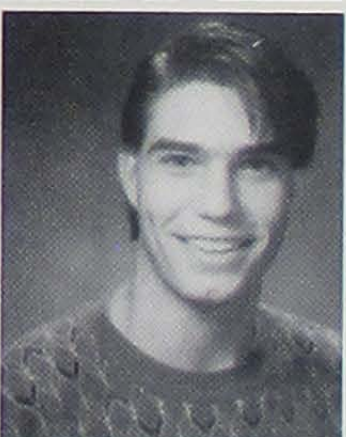
Joanna Pelz: Cheersquad 9; Basketball 9; Track 9-12; I Ball 11, 12; Powderpuff 9, 10; Volunteers 11, 12; DECA 12. **Nathan D. Pelzer:** Football 9-12; Track 10-12; Wrestling 9-11; Airbands 12; I Ball 12. **Rabecca Pennington:** DECA 12; Softball 9; Volunteers 11, 12. **Michelle Peters:** Cheersquad 10; Volunteers 11, 12; Powderpuff 9, 10; **Beccl Peterson:** Band 9-12; Orchestra 10-12; All-State Orchestra 11, 12; Student Senate 12; Amnesty International 10-12; HIP 10, 11.



Christie Pfeifle: Solo/Ensemble Contest 9-12; Band 9-12; Chorus 9-12; Play Cast 10; Play Crews 9-11; Amnesty International 10. **Michael Andrew Pollmann:** Baseball 9-12; Basketball 9; I Ball 10-12; Golf 9-12; Basketball Manager 11, 12. **Elaine Astrea Powell:** Cheersquad 9-12; Volunteers 11, 12; Senior Girls Club; Track 9; Choir 10; Cadet Teaching 12. **Jeanne Adrienne Pugh:** Band 9-12; Speech Club 10-12; Scratch Pad Board 9; Student Senate 9-11; Track 9-11; TV Show 9, 10. **Nyoman Anle Puspitasari:** Volunteers 12.



Dawn Range. Adam Readhead: Drama Activities 9-12; Web Staff 12; One Acts 10-12; Amnesty International 12; Basketball 9; Track 9, 10; Freshman Band. **Beth Recker:** Swimming 9-12; Track 10; Ambassadors 11, 12; Volunteers 11, 12; Airbands 12; Big Sis/Lil' Sis 10-12; Health Occupations 12. **Chris Rehbein:** Chess Club 9-12; Play Cast 10, 12; One Acts 12; Play Crews 10-12; Freshman Choir. **Jennifer Remsburg:** Cross Country 10-12; Track 9-11; Basketball 9, 10; Airbands 12; Volunteers 11, 12; Senior Girls Club; I Ball 10, 11.



Joel Reynoldson. Renee Marie Ripp: HIP 10-12; Big Sis/Lil' Sis 10-12; Senior Girls Club; Homecoming Committee 9-12; Student Senate 9-12; Student Council 9-12; Cheersquad 9-12; Track 9-12. **James D. Robbins:** Computer Club 10, 12; DECA 12. **Mark Robinson:** Play Production 9-12; Swimming 9-12; Football 9-12; Solo/Ensemble Contest 9-12; All-State Contest 9-12; National History Day 9-12; Madrigal 10-12; Speech Club 11, 12; Orchestra 9, 10; Soccer 9-12. **William Robinson:** Soccer 9-12.





at the end of a busy day, senior Jon Dale checks for any phone messages. Dale's phone had an answering machine built in. (Photo by Colin Brennan)

Hold On

Stacey Clouser

"Hi, this is Holly. I can't come to the phone right now, but if you leave your name and number, I'll get back to you."

Click. "I'm so fed up with her message!"

Modern technology took over our phone lines. From answering machines to call waiting, phone toys proved to be conveniences to some students and annoyances to others.

"I can't stand answering machines! I never leave messages because I don't know what to say," junior Mark Gyllstrom said.

To get away from the usual "I'm not home right now" messages, some students used creative messages that were fun to listen to.

"My machine plays Looney Tunes messages, with voices

of Bugs Bunny and other cartoon characters," senior Tara Carnean said.

Call waiting was another phone option that students both liked and disliked.

"I'm glad we have call waiting now, because if I'm expecting a call, I don't have to worry about keeping the line free," senior Carl Foote said.

On the other hand, students didn't like being put on hold when another call came through.

"I think it's rude to be interrupted in the middle of a conversation, and have to wait five minutes while the person talks to someone else," sophomore Annagreta Birch said.

Some couldn't live without them; others couldn't stand them. Either way, phone toys were something students had to deal with every day.



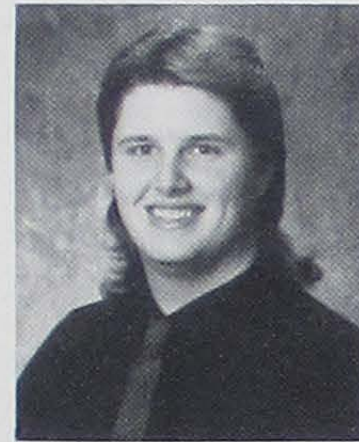
Allison Rohden: Powderpuff 10; DECA 12.



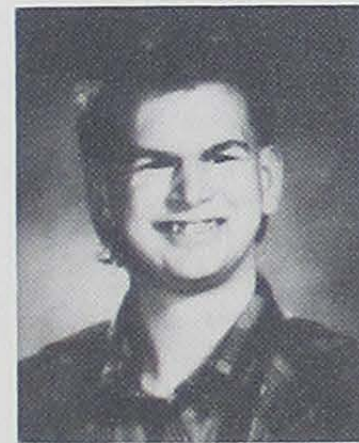
Dayna Renée Ross: Big Sis/Lil' Sis 9-12; Senior Girls Club; Volunteers 11, 12; Amnesty International 10; SADD 12; Entheos 12; Key Club 12.



Troy Rutter.



Marcus Ryan: All-State Auditions 10-12; Solo Ensemble Contest 9-12; Large Group Contest 10-12; Madrigal 10-12; Chamber Singers 10-12; Concert Chorale 10-12; Concert Choir 11; Freshman Choir.



Rob Sage.



Dan Salisbury: Diving 9-12; Play Cast 10; I Ball 10; Spirit 11; Marching Band 9.



Allison Sams: Cheersquad 10-12; Powderpuff 9, 10; Trainer 9, 10; Airbands 12; Student Senate 9, 12; Homecoming Committee 12; Senior Girls Club; Big Sis/Lil' Sis 9-11; Senior Class Treasurer.

Mark Sakaguchi. Joseph A. Schafer: Chem Lab Tech; *Spirit* 11; History Day 9,10; Lights Crews 11. **Lynnette Schomaker:** Cadet Teaching 12; Mat Maids 9-11; Volunteers 11,12; Big Sis/Lil' Sis 11,12. **Kelley Schram. Robyn Schwartz:** Choir 9-11; Play Cast 12; Human Relations Committee 10, (Review) 11,12; Big Sis/Lil' Sis 9-12; I V-ball 10, 11.

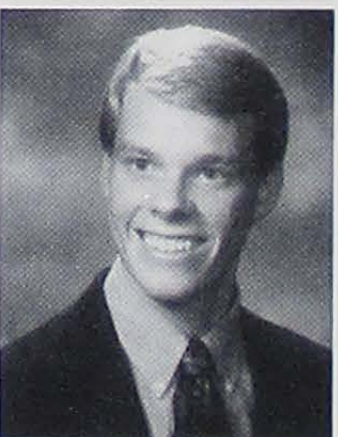
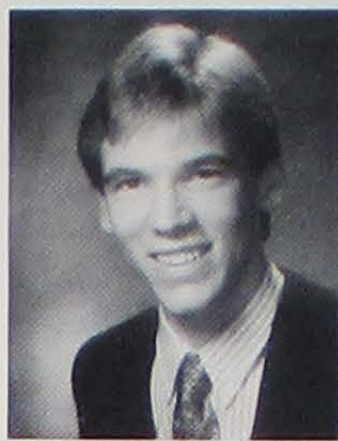
Rob Schwarzenbach: Track 9; Baseball 10; I Ball 9-12. **Chuck Schwelkert:** Hockey 9-12; Baseball 9. **Stephanie Seller:** Cheersquad 9-12, Captain 10; Entheos 12; Terpsichore 12; Track 10. **Jennifer Sharr:** Big Sis/Lil' Sis 10-12; Volunteers 12; HIP 9-12; Special Olympics Swimming 9-11; Special Olympics Volleyball 9-12. **Ryan Sheeler.**

Amy Lynn Sheets: Band 9-12; Pep Band 10-12; Jazz Band 12; Solo/Ensemble Contest 10-12; Cadet Teaching 12; Basketball 9, (Mgr.) 10; Senior Girls Club; TV Show 10, 11; Big Sis/Lil' Sis 10-12. **Rebecca A. Shinkus:** Choir 10-12; Chamber Singers 11, 12; Madrigal 11, 12; Solo/Ensemble Contest 10-12; Accompanist 11, 12; Speech Club 12; Basketball 9,10; Ambassadors 12. **Dawn M. Sibbel:** All-State Chorus 12; Concert Chorale 11, 12; Chamber Singers 12; Solo/Ensemble Contest 9-12; Band 9-12; Orchestra 10-12. **Joy M. Siebert:** Concert Chorale 11, 12; Large Group Contest 11, 12; Powderpuff 9, 10; Thespians 11, 12; Play Cast 9-12; Key Club/SADD 10-12; Senior Girls Club; Homecoming Committee 11, 12; Trainer 11, 12. **Ida Skidbrek:** Cadet Teaching 12; Soccer 12; Senior Girls Club.

Megan Slaughter: Cheersquad 9-12; Senior Girls Club; Big Sis/Lil' Sis 12; Homecoming Committee 11,12. **Karl Smith. Michelle Smith. Jeff Spencer. Christine Spike:** Track 9-12; Cross Country 11; Volunteers 10-12; Large Group Contest 9-12; Student Senate 9-12; Solo/Ensemble Contest 10-12; Small Group Vocal; Madrigal 11, 12; All-State 11, 12; Powderpuff 9, 10; Concert Chorale 10-12; Chamber Singers 11, 12; Senior Girls Club. **Chad Steenhoek:** Football 9-11, Captain 12; Basketball 9; Wrestling 10, 11, Captain 12; I Ball 11, 12; Homecoming Court; Volunteers 11, 12; Senate 9, 10; Track 9, 12. Football 12; I Ball 12. **Bill Sternberg. Andrew Stevenson:** Orchestra 9-12; Concert Chorale 11, 12; Play Cast 9-11; Play Crew 9-12; One Acts Director; Thespians 10-12; Terpsichore Light Crew 11, 12; All-State Contest 11, 12; All-State Choir 12; Large Group Contest 9-12; TV Show 10, 11; Amnesty International 10, 11; Ambassadors 12. **Mark Strahan. Chris Strelgle.**

Eric Strong: Baseball 9-12; Football 10; Basketball 9, 10; I Ball. **Mark Sutch. Rob Swanson. Meghan Sweet:** Jazz Band 12; Solo/Ensemble 11, 12; Cadet Teaching 12; Boys' Track Manager 9-12; Intramurals 11,12; Terpsichore 12; Ambassadors 10-12; Homecoming Committee 12; Big Sis/Lil' Sis 9, 11, 12; HIP 12; Powderpuff 9; Volunteers 11, 12; Entheos 12; Band 9-12. **Jason W. Swift:** Cross Country 9-12; Track 9, 11, 12; Swimming 9, 10; Intramurals 10-12; "Spirit" 11, 12; Volunteers 12; Play Crew 11, 12; Band 9-12;.

Rebecca Taylor. Natalie Tennison. Matthew E. Thomas: Track 11, 12; Cross Country 12; Jazz Band 11, 12; Band 9-12; Orchestra 11, 12; I Ball 10; Quiz Bowl 11, 12; Solo/Ensemble Contest 11, 12. **Niels Christian Tinggaard:** Soccer 9-12. **Josh G. Twalt:** Airbands 11, 12; I Ball 9, 10, 12.





Being 18 gave students the key to adulthood—voting rights. Senior Peter Loutzenhiser puts his two cents in for Pat Buchanan at the Republican caucus. (Photo courtesy of Peter Loutzenhiser)

Youth- Not!

Anjeanette Levings

When we turned 14 we got our permits; at age 16 we made our way to the DOT, and got our license to drive. But on our 18th birthday, the cross over to adulthood gave us the most rights of all.

Being an adult forced many into making decisions that would affect them for the rest of their lives.

"You have to make a decision on where you're going and what you're going to do with the rest of your life, like college. You need to choose a school and profession that you are going to do for the rest of your life," senior Beth Muller said.

Becoming an adult not only gave the responsibility of your own future, but also the future of the U.S.

"You can vote, have an effect on the political system, and have a say on who runs this country. I am personally planning on voting for Kerrey this November, because I'm

tired of the way that Bush has been running things," senior Chris Burkheimer said.

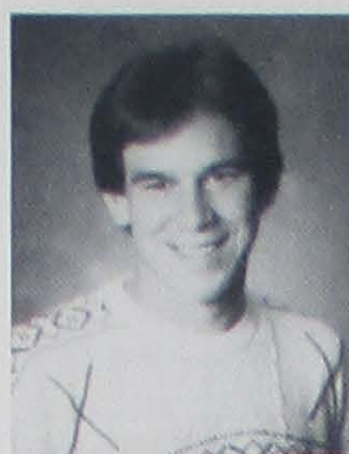
Not all were interested in the betterment of the country through their coming of age, they were more interested in further dating opportunities.

"Now I can call all the dating hotlines without having to ask my parents," senior Marc Maehner said.

Although parents still furnished the necessities of life, they no longer needed to ring the school on the days that you couldn't get out of bed. Many agreed with this policy.

"If I'm sick, then I'm sick and there are no buts about it. I am an adult now. If I am given the responsibility to vote, then the least the school should do is give me the right to stay home," senior Michele Goodwin said.

With the new freedoms that adulthood gave students, it seemed that there were no more liberties to receive—at least until their 21st birthday.



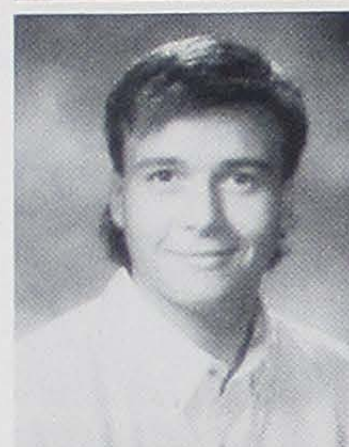
Nathan Uemera: Football 9-12; Soccer 9-12.



Dana Van Bogart.



Laura Vermeer: Debate 10-12; Key Club 10-12; Speech Club 10-12; HIP 9-12; Concert Chorale 11, 12; Model U.N. 10-12; Volunteers 11, 12; Senior Girls Club; Amnesty International 10-12; Ambassadors 11, 12; Entheos 12; SADD 10-12.



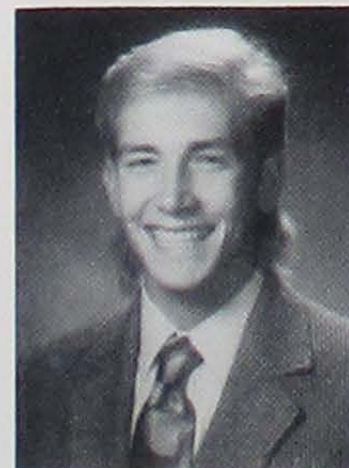
Spenser Villwock: Baseball 10-12; Intramurals 9-12; DECA 12.



Amy Lynn Wagner: Band 9-12; All-State Orchestra 12; Orchestra 10-12; Solo/Ensemble Contest 9-12; Pep Band 11, 12; Debate 9, 10; Mock Trial 9, 10; Speech Club 9, 10; Student Senate 9-11; Track 9-12; I Ball 12; Big Sis/Lil' Sis 12; Spanish Competition 10.



Wendy Ward: Track 9, 11, 12; Powderpuff.

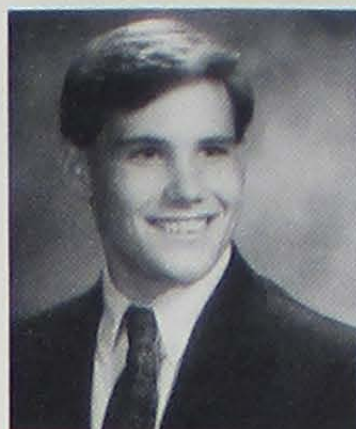


Eric Alan Warne: Student Council Tri-president 12; Senate 10; Football 9-11, Captain 12; Basketball 9-12; Track 11, 12; Environmental Committee 10-12; Homecoming Committee 10-12; Homecoming Court; Volunteers 11, 12; Concert Choir (president) 10; Freshman Chorus (vice president); Play Cast 9; Wrestling 9, 10; Baseball 9; DECA 12.

Matt Welch.



James Weiss: Football 9-12; Wrestling 9, 10; Baseball 9; DECA 12.



Niki Wendt: Powderpuff 10; DECA 12; Softball 9-12; Wrestling Manager 11,12; I Ball 10, 12; Senior Girls Club 12; Big Sis/Lil' Sis 9,12.



Lisa Wharton: Swimming 9, 10; Cheersquad 10, 11; Powderpuff 9, 10; Big Sis/Lil' Sis 9-12; Senate 9, 10; Homecoming Committee 12; Volunteers 11,12; I Ball 10, 11; Airbands 12.



Yvonne White: Cadet Teaching 12; Track 12; Orchestra 12; Symphonic Band 12; Marching Band 12; Student Services Assistant 12; I Ball 12.



Scott Whiteford: Football 9; Basketball 9, 10; Track 9-12; Cross Country 11, 12; Soccer 11; I Ball 11, 12; Spirit 11; Web 12; Student Senate 11.



Brian Wlerson: Hockey 9-12; Baseball 9,10; Football 9, 10; American Legion Boys State 11; I Ball 10, 12.



racing toward the finish line, seniors Brian Greving and Wystan Benbow try to beat juniors Scott Gabrielson and Tendai Muyengwa at the 'Ames Grand Prix' pep assembly. (Photo by Abby Klaas)

Mass Appeal

-Avanti Athreya

Ames High's gym is meant for basketball players and cheerleaders, right? Well, those two groups did use the area extensively, but the year's veritable cornucopia of assemblies brought other performers, from the Grim Reaper to Simon Estes.

"He (Estes) was very moving," sophomore Amy Jo Brown said.

Estes, a renowned opera maestro, spoke about universal love and chose the song "Climb Every Mountain" to emphasize his message.

Some students took this message to heart and "climbed the mountain" to produce polished, successful assemblies. This took tremendous work, but proved effective, as members of Students Against Driving Drunk discovered. SADD conducted a "Grim Reaper" assembly; junior Kim Windom played the notorious role and

figuratively "killed" students to represent the number of teens who die each day in alcohol-related accidents. The "dead" people then marched on to the gym floor.

"It was an awful lot of work. I learned a lot, though. We got attention and our point across," said junior Amy Gardner, treasurer for SADD.

The assembly in honor of Dr. Martin Luther King, Jr. combined music, dance, and speech to make an impact.

"I thought it was great," sophomore Nakia Giddens said. "I was a little disappointed in the reactions of students; they seemed like they weren't interested in the message. But I enjoyed it."

By promoting everything from racial harmony to school spirit, assemblies allowed students to be peppy or profound, silly or serious. And even if they did nothing else, at least they shortened class periods.



Valerie Wilcox: DECA 12; Powderpuff 9, 10; Cheerleading 10-12; Track 10; Big Sis/Lil' Sis 9, 12. **Christine C. Willard:** Orchestra 9-12; Chamber Orchestra 10-12; Track 10-12; Mock Trial 9-12; Academic Decathlon 12; Madrigal 11, 12; Spanish Competition 9-11; Key Club 12; SADD 12. **Brian Wille. Guy Willey:** Track 9-12; Cross Country 9-12; Basketball 9; I Ball 11, 12. **Ryan Windsor:** Baseball 9-12; Football 9-12; I Ball 9-12; Volunteers 10-12; Airbands 12.

Christopher Winkler: Hockey 9-12, Baseball 9-12; DECA 12; I Ball 9, 10; Football 9-12. **Angela Wittmer:** Cadet Teaching 12; Volunteers 11, 12; Student Services Assistant 12; Senior Girls Club; Swimming 9-12. **Aaron C. Wright:** Mock Trial 9, 10; Track 10; Drama 12. **Danielle Wright. Becky Yeung:** Cheersquad 11, 12; Solo/Ensemble Contest 11; Volunteers 11, 12; Homecoming Committee 12; Big Sis/Lil' Sis 9, 11, 12; Airbands 12; Orchestra 11, 12; Large Group Contest 11, 12; Senior Girls Club; Entheos 12.

Tem Yom. Laura Young: Freshman Choir; Concert Choir 10; Treble Choir 11, 12; Concert Band 10-12; Symphonic Band 11, 12; All-State Contest 12; All-State Band 12; Pep Band 11, 12; Color Guard 11, 12; Large Group Contest 12; Solo/Ensemble Contest 12.

not pictured

• **Sue Abbasi. Jerry Abogunrin. Brian Anderson. Kimberly Applegate:** DECA 12. **Steve Baccam:** I Ball 9-12; I V-ball; Soccer 9, 11, 12. **Miguel A. Barandaran:** Soccer 11, 12. **Michelle Begg. Christian Bezdicek. Jeremy Michael Boekelman:** I Ball 12. **Shannon Boever:** DECA 12; Volunteers 10-12; Big Sis/Lil' Sis 11, 12. **Jason Cantonwine:** I Ball 12; Airbands 12. **Gus Carlson:** Football 9-12; Wrestling 10-12; Baseball 9-12; Track 10, 12. **Allcia Catron. Jenny Chu. Dawn Dean:** Powderpuff 9, 10; Trainer 11, 12; DECA 12; Volunteers 12; Track 9, 10; Manager 11, 12; I Ball 11, 12; Spirit 11; Big Sis/Lil' Sis 9-12. **Bea Dekker. Kamla Devrajan:** DECA 12. **Basem Gabal. Monica Galindo. Robert Gooch-Peterson. Melody Gronemeyer. Stephanie Harkenson. Curtis Hawkins. Eric Hoekema. Michelle Hubacher:** Drama Activities 12; Accompanist 12; Group Vocalist 12. **Jeremie Jordan. Jeff Kaczmarek:** Academic Decathlon 11. **Del Kelgley:** Football 9, 10; Wrestling 9. **Bona D. Lueth:** Basketball 10-12; Track 10; Homecoming Court 12; Senior Senate. **Rebecca Lueth. Jason Frank Kotouc:** Special Olympics 10-12; Swimming 10-12; Volleyball 10-12; Track 10-12; Basketball 10-12. **Jay Lyon:** Airbands 9; VICA 12. **Kim Marshall. Andrew Masmar. Jonathan McAndrews. Judy McMahon. Tamara Morrison. Alan Murdock:** Terpsichore 11, 12; Choreographer 12; Orchestra 11, 12; Play Crew 12; One Acts Cast 11; Play Cast 11; Students Against Apartheid 12. **Tanja Nenadovic. Stacey Parks. Michal Pencina:** Math Club 12; Science Quiz Bowl 12. **Mischa Prochaska. Jessica A. Purdy:** Powderpuff 9; Big Sis/Lil' Sis 9; Concert Choir 10; All-State Contest 10; DECA 12; Wrestling Matmaid 10; Ambassadors 11; Freshman Choir. **Garland Ray. David Rhoden. Oune Somsanith. Travis Stewart. Cynthia Strasser. Amy E. Swyter:** Mock Trial 9, 11, 12; Large Group Contest 11, 12; Treble Choir 11, 12; Concert Choir 10; Big Sis/Lil' Sis 12. **Rhonda Taylor. Mal Thongsouk. Dayna Van Bogart:** Basketball 12. **Troy Vincent:** Basketball 12. **Long Duc Vu.**

the way WE think

Top 10 things seniors will miss most about high school

10. Mr. Schmaltz's whistle.
9. P.E. uniforms.
8. Being locked in the cafeteria during lunch.
7. Skipping required assemblies.
6. Freshmen kissing seniors' feet.
5. I Ball.
4. Homeroom.
3. Mistletoe.
2. Caring teachers.
1. Seeing close friends.

Awards

ACADEMICS

Presidential Academic Fitness Award

Matthew Abbott, Rebecca Allen, Michael Amfahr, Teresa Andrews, Kiran Balkerkar, Catherine Barnhart, Wytan Benbow, Eric Bibler, Amy Blechler, Cassandra Biggerstaff, Carrie Booms, Cheryl Bortz, Collin Brennan, Chris Bundy, Amy Carey, Tara Carmean, Ryan Carver, Sarah Coats, Stephanie Coon, Kelly Craig, Janel Crow, Britta Culbertson, Kerath Daddow, Sandra DeLuca, Lisa Elbert, LeAnne Ford, Holly Forssman, Bryce Freeman, Andrew Glatz, Anjali Gupta, Jennifer Harner, Matthew Haubrich, Erika Helmuth, Karl Klocke, James Krogmeyer, James Lang, Brett Larwick, Kristin McGinness, Jennifer Moehlmann, Bethany Muller, John Murphy, Nick Nakadate, Sara Olberding, Neena Panigrahi, Neena Paul, Nathan Pelzer, Rebecca Peterson, Christine Pfeifle, Mike Pollmann, Jeanne Pugh, Jennifer Remsburg, Renee Ripp, Allison Sams, Joseph Schafer, Amy Sheets, Rebecca Shimkus, Megan Slaughter, Andrew Stevenson, Rob Swanson, Jason Swift, Laura Vermeer, Amy Wagner, Wendy Ward, Eric Warne, Matthew Welch, Yvonne White, Christine Willard, Farshid Khosravi

National Achievement Scholarship for Outstanding Negro Students

Jerry Abogunrin, Jeanne Pugh

National Merit Commended Student

Wytan Benbow, Thomas Bern, Cassandra Biggerstaff, Bryce Freeman, James Goodfriend, Aaron Jones, Bret Larwick, Jeanne Pugh, Adam Readhead, Joseph Schafer, Andrew Stevenson, Mark Strahan, Mark Sutch, Matthew Thomas, Christine Willard

National Merit Scholarship Finalist

Cheryl Bortz, Sarah Coats, Kerath Daddow, Lisa Elbert, Andrew Glatz, Matthew Haubrich

State of Iowa Scholar

Michael Amfahr, Catherine Barnhart, Wytan Benbow, Eric Bibler, Amy Blechler, Cassandra Biggerstaff, Cheryl Bortz, Colin Brennan, Amy Carey, Lisa Elbert, Anjali Gupta, Mark Millemann, Rebecca Peterson, Christine Willard, Eric Warne

Advanced Placement Scholar

Rebecca Peterson

Des Moines Register Regional Iowa Academic All-State Team member

Bryce Freeman

Educational Communications Scholarship Foundation Semifinalist

Eric Warne

Oetting's Detasselling Outstanding Merit Scholarship

Britta Culbertson

ART

National Art Scholastic Art Award in Graphic Design

Isaac Zimmerman

First National Bank Art Award

Britta Culbertson, Bea Dekker, Nova Williams, Jason Swift

1992 Central Iowa Metro Conference Art Show

Catherine Barnhart, Lisa Elbert, Ashley Hagen

David Burton Stone Memorial Art Award

Robert Parr, Catherine Barnhart, Eric Bibler

Frank Miller Art Scholarship

Elaine Powell

Jeffrey Brown Memorial Photography Award

Stacey Nutt, Dan Sailsbury, Lisa Elbert

Kansas City Art Institute Scholarship

Ashley Hagen

The National Arts Caucus "Artistic Discovery" Composition

Ashley Hagen

FOREIGN LANGUAGE

American Association of Teachers of German Study Trip to Germany (one month this summer)

Angie McConnell

National Spanish Exam

Solomon Abel, Eva Hernandez, Isaac Zimmerman, Jennifer Moehlmann, Stephanie Coon

Spanish Award-Impromptu Dialogs

Matthew Welch, LeAnne Ford

Spanish Competition Spelling Bee

Matthew Welch, LeAnne Ford

MATH, SCIENCE & VOCATION

American Cyanamid Scholarship (Entomology)

Mark Millemann

Herbert F. Tschopp Memorial Mathematics Scholarship

Eric Bibler

Mary Greeley Medical Center Auxiliary Health Career Scholarship

Carolyn Canow

Mathematics Award

Jesse Coats, Aaron Dietz, Andrew Glatz, James Goodfriend, Dion Harmon, Susan Hsu, Dan Johnston, Terrill Johnston, Joseph Levine, Ming Liu, Michal Pencina, Jason Petersohn, Evan Serfass, Michael Shaw, Jeffrey Willson

Rensselaer Medal

Terrill Johnston

Space Camp Scholarship

Jennifer Sippel

Shaffer's Auto Body Company Scholarship

Jamie Weiss

Vocational Rehabilitation Award

Michael Amfahr

PERFORMING ARTS

Ames Children's Theater

Sandra DeLuca

Interlochen Arts Camp Scholarship

Erika Helmuth

Music Scholarship

Christine Spike

WRITING

National Council of Teachers of English Achievement Award in Writing

Jennifer Moehlmann

Scratch Pad Award

Jeanne Pugh, Corine Hegland, Alan Murdoch, Emily Kim, Teresa Henderson, Gina Goodfriend

CITIZENSHIP/LEADERSHIP

American Legion Oratorical Contest Winner

Laura Vermeer

Ames City Employees Credit Union Scholarship

Joy Siebert

Ames Education Association Scholarship

Cari Foote

Ames High Alumni Association

Sandra DeLuca

Ames Homebuilder's Association

Jamie Weiss

Ames Jaycees Scholarship

Laura Vermeer

Ames Noon Kiwanis Club

Beth Muller

Ames Woman's Club Scholarship

Renee Millerbernd, Mark Robinson

Anonymous Scholarship

Kari Nass

Bernie Saggau Award

Alex Garn

Beta Tau Delta Scholarship

Cassandra Biggerstaff, Carolyn Canow, Kari Nass

Brent Anderson Memorial Scholarship

Eric Warne

Hangar Foundation Scholarship

Tara Carmean

Hugh O'Brien Youth Leadership Award

Beth Holger

I Dare You Leadership Award

Alison Doyle, Jana Hertz

Iowa Corps Award

Joy Siebert

Iowa Young Woman of the Year - winner of spirit, interview, and presence and composure

Laura Vermeer

Key Club Scholarship

Laura Vermeer

Masonic Lodge Scholarship

Kari Nass, Eric Warne

McDonald's Scholarship

Dayna Ross, Farshid Khosravi

Mike McNertney Memorial Scholarship

LeAnne Ford

River Valley Credit Union Scholarship

LeAnne Ford

Scott A. Berryhill Memorial Scholarship

Meghan Sweet

Soroptimist Youth Citizenship Award

Eric Warne

Wal-Mart Scholarship

Amy Carey

INSTITUTIONS

Brigham Young University General Academics Scholarship

Rebecca Allen

Case Western Reserve University President's Scholarship

Ryan Carver

Central College Brower Art Scholarship

Elaine Powell

Central College Distinguished Scholar

Amy Wagner

Central College Music Department Award

Amy Wagner

Central College Spanish Scholarship

Jennifer Moehlmann, Stephanie Coon

Coe College, Fine Arts Music Scholarship

Amy Wagner

Coe College Deans Academic Scholarship

Amy Wagner

College of Saint Mary Honor Scholarship

Laura Vermeer

Cornell College Academic Excellence Scholarship

Britta Culbertson

Cornell College, E.E. Dugan Music Scholarship

Amy Wagner

Creighton University - 4 year scholarship

Colin Brennan

Drake University Founders Academic

Academic Scholarship
Eric Warne
Drake University Presidential
Scholarship
Eric Warne
Florida Southern College Academic
Merit Scholarship
Jennifer Harner
George Washington Honors Schol-
arship
Jennifer Moehlmann
George Washington University
Presidential Scholarship
Jennifer Moehlmann
Grand View College Scholarship
Renee Millerbernd
Grinnell College Howard R. Bowen
Scholarship
Matthew Welch
Grinnell College Trustees Scholar-
ship
Matthew Abbott, Jennifer Moehlmann
Iowa State College of Liberal Arts
and Sciences Alumni Award
Sarah Coats
Iowa State Distinguished Scholar
Scholarship
Amy Biechler, Cassandra Biggerstaff,
Cheryl Bortz, Sarah Coats, Britta
Culbertson, Anjali Gupta
Iowa State Engineering Department
Scholarship
Bryce Freeman
Iowa State H.S. Ostlin Memorial
Scholarship
Amy Biechler
Iowa State Images Grant
Long Vu
Iowa State President's Leadership
Class Scholarship
Matthew Haubrich, Sarah Coats
Iowa State Scholarship for Excel-
lence
Bryce Freeman
Iowa State with Academic Recog-
nition
Bryce Freeman, Rebecca Peterson, Eric
Bibler, Amy Biechler, Cassandra
Biggerstaff, Cheryl Bortz, Amy Carey,
Sarah Coats
Iowa State Women in Science and
Engineering Scholarship
Sarah Coats
Iowa State, George Washington
Carver Scholarship
Jeanne Pugh
Iowa Tuition Grant
Holly Forssman
Iowa United Methodist Scholarship
James Lang
Iowa Wesleyan University Drama
Award
Mark Robinson
Luther College Music Lesson Schol-
arship
Rebecca Peterson
Luther College Regent Scholarship
Rebecca Peterson
Luther College Weston Noble Music
Scholarship
Rebecca Peterson
Lutheran Brotherhood Campus
Scholarship
Rebecca Peterson
Marquette University Academic Ex-
cellence Scholarship
Catherine Barnhart
Marquette University Bradley Dis-
tinguished Scholar Award
Ryan Carver
National Merit Scholarship - Carleton
College
Lisa Elbert

National Merit Scholarship - Iowa
State University
Cheryl Bortz, Matthew Haubrich
National Merit Scholarship - New
York University
Kerath Daddow
New York University, College of Lib-
eral Arts Scholarship
Kerath Daddow
Northeast Missouri State University
President's Combined Ability
Scholarship
Kristin McGinness
Northeast Missouri State University
President's Honorary Scholarship
Marie Engelhorn
Northwest Missouri State University
Regents Award
Megan Slaughter, Stephanie Seiler
Randolph-Macon Woman's College
Founders Scholarship
Jennifer Moehlmann
Rose-Hulman University Presiden-
tial Scholarship
Bryce Freeman
Simpson College Honor Scholarship
Holly Forssman, James Lang, Alison
Sams
Southern Methodist University
Alumni Award
Robert Swanson
St. Olaf College Scholarship
Rebecca Peterson
Story County Bar Association
American Citizenship Award
Matthew Haubrich, Andrew Maddux,
Suzanne Vogel, Yvonne White
Texas Christian University Academic
Scholarship
Amy Carey
Texas Christian University Scholar-
ship
Robert Swanson
U.S. Air Force Academy Appoint-
ment
Eric Warne
University of Iowa College of Engi-
neering Honors Scholarship
Ryan Carver
University of Iowa Paul Patton
Grahame Scholarship in Art
Robert Parr, Elaine Powell
University of Iowa Scholarship for
the Arts: Theatre
Sandra DeLuca
University of Iowa Tuition Scholar-
ship
Stephanie Coon, Farshid Khosravi
University of Northern Iowa - 4 year
tuition
Bret Larwick
University of Northern Iowa 21st
Century Leaders Scholarship
Rebecca Shimkus
University of Northern Iowa Aca-
demic Achievement Scholarship
Rebecca Shimkus
University of Northern Iowa Presi-
dential - 4 year scholarship
Colin Brennan
University of Northern Iowa Social
& Behavioral Sciences Scholar
Rebecca Shimkus
University of South Dakota Ringley
Music Scholarship
Jenny Goehring
Washington University Honorary
Scholar
Sarah Coats



top 10 percent of the 1992 graduating class. **Front Row:** Carrie Booms, Katie Barnhart, Lisa Elbert, Amy Carey, Anjali Gupta, Becci Peterson, Britta Culbertson, Mike Amfahr, Wylan Benbow. **Second Row:** Cassandra Biggerstaff, Rebecca Allen, Tara Carmean, Sarah Coats, Erica Helmuth, Christine Willard, Eric Bibler, Kiran Balkerkar, Farshid Khosravi, Matt Abbott, Cheryl Bortz, Rebecca Shimkus, Holly Forssman, Beth Muller, Amy Blechler, Allison Sams, Ida Skibrek, Mark Millemann, Colin Brennan, Ryan Carver, Bryce Freeman, Rob Swanson, Andy Glatz, Jim Krogmeyer, Michal Pencina.

Scoring High

-Adrienne van der Valk and Kristyann Lakin

Throughout high school, students made decisions about their priorities and what kind of goals they set for themselves. For students at Ames High, those goals were often based on academic excellence. Students in the top 10 percent of the graduating class managed to maintain outstanding grade points while still staying involved in other activities and accomplishing goals outside of school.

"It was always important that I got my homework done, but it wasn't my life. Going out and having fun was as important if not more important than homework. Doing well helped me get scholarships, and people who do well in school generally keep doing that. It helps responsibility," senior Cheryl Bortz said.

Academics and school work played major roles in the lives of many of the top scoring students, but many also juggled heavy sports and activity schedules on top of their work load.

"Overall, it's a time manage-ment thing to get everything done and still keep grades up.

Some nights you have to sit down and just work when everyone else is out having fun. But I try to get my work done in class and during free periods, so after school is free for extra-curricular activities," senior Britta Culbertson said.

Although being involved was important, for some students the most crucial thing was getting the grade; that took time and effort. Hours spent on projects and papers paid off in scholarships and other awards.

"There's no doubt that students who do well in high school definitely achieve more in college because they are more focused and organized. Colleges want good students. If they are in the top 10 percent of their class and they are in need of financial aid, they are in business," counselor Dale Tramp said.

After achieving their academic goals and coming away from their high school careers with a variety of accomplishments under their belts, students in the top 10 percent of the class of 1992 faced college and the years ahead with the enthusiasm and determination that carried them through high school with flying colors.

Faculty

Roger Andersen: Instrumental Music, Freshman Band Director, Marching Band Assistant. **Linda Andorf:** Special Needs Teacher, HIP Advisor. **Jonl Bachman:** Athletic Secretary. **Keith Bailey:** Physical Education, SADD Advisor. **William Barrett:** Special Needs Teacher.

Cindy Bland: Special Needs Educational Assistant. **Carolyn Bollinger:** Advanced Composition, Perspectives in American Literature, Freshman English, Sophomore English Workshop-Speech and Writing. **Ron Bredeson:** Algebra I, Formal Geometry, Chess Club Advisor. **Judy Brunner:** General Math, Pre-Algebra, Algebra 9. **Karen Bruton:** Project Success, Orientation Room.

Mary Buck: Science Department Education Assistant, Greenhouse Coordinator. **Judith Burris:** Special Needs Educational Assistant. **LoAnn Campbell:** Survey of American Literature, American Literary Masterpieces, Honors American Literature, NCTE Achievement Awards in Writing Sponsor. **Lucy Carey:** Special Education Assistant. **Judith Carlson:** German II.

Keith Carlson: British Literature, AP Senior English, English 9, Perspectives of Literature. **Pat Crow:** Special Needs Educational Assistant. **Harold Dorr:** Biology, Survey of Biology. **Jim Duea:** U.S. Government, Honors U.S. History, Girls' Track Head Coach, Sophomore Football Coach. **Gerald Dunn:** Biology.

Karl Ellett: Educational Assistant. **Doug Elliott:** Custodian. **Bonnie Epstein:** Enrichment English 9,10; Enrichment Math. **Donald Faas:** Auto Mechanics I, Project Success Work Coordinator, Industrial Technology Department Coordinator, VICA. **Elaine Faas:** Attendance Secretary.

Traci Faber: Educational Assistant. **John Forssman:** Survey of American Literature, English 10 Literature and Writing Workshop, Honors English 10 Literature and Writing Workshop. **Betty Furr:** German I, II, III, IV; German American Partnership Program; Co-Chair, Human Relations Committee; Chair, Foreign Language Task Force. **Karlene Garn:** Media Specialist. **Bob Gibbons:** Honors Biology, Biology, Science Department Coordinator, Boys' Tennis Coach.





studying in his office between classes, physical education teacher Keith Bailey looks over material for his evening computer class. (Photo by Angie Elmaker)

Extra Credit

Kristy Lakin

As the final bell rang, students started filing out of the school. With the thought of three months vacation running through their heads, the last thing on students' mind was education. However, back in the confines of school, some faculty members decided to use their free time a little differently. Many faculty members attended seminars and workshops to learn about new ideas in their field.

For foreign language teachers, summer was a good chance to spend time in other countries to learn more about the language and culture.

"For the last few years I've spent a month during the summer studying Spanish at the University of Madrid (in Spain). I think I've gotten a lot out of it to bring back to my students," Spanish teacher Terri Mickelson said.

Some found it hard to come up with the extra money to

spend on out of town conferences and classes. Through a program called Phase III, teachers could spend up to \$750 on such activities.

"I'm attending a physics conference in Maine. After paying \$52.50 a day for a substitute teacher, there's not much left of your \$750. The physics conference is in August, so I won't have to worry about that extra cost," physics teacher Charles Windsor said.

Earning a degree encouraged some to spend their evenings at classes.

"Though I'm not an administrator at AHS, in order to renew my Administration License, I have to complete two classes. My long term goal is to either receive a Specialist degree in Education Administration or a Ph.D.," counselor Bud Legg said.

The school day wasn't the only time faculty members got involved with learning. For some, it never ended.



Reggie Greenlaw: Special Needs Vocational Preparation 9,10; EBCE 11,12; Language Arts 9,10; Job Site Visitation.



Joni Griffith-McNab: Adult Education Coordinator.



Marilyn Hanson: Trigonometry, Analytic Geometry, AP Calculus, Mathematics Department Coordinator.



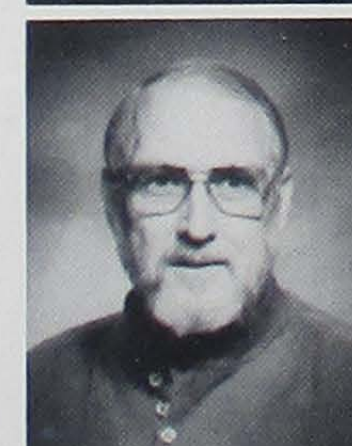
Ken Hartman: Survey of Chemistry, Computer Science Department Coordinator.



Bev Horn: Special Education.



Mary Hulzenga: Pre-Algebra, Mathematic Department Educational Assistant.

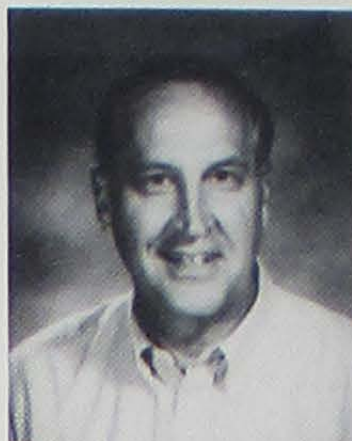


Roger Jacobson: Consumer Economics, Accounting I, Keyboarding, Introduction to Business, Word Processing.

Diane Janick: Educational Assistant - Special Education.



Daniel Jensen: U.S. History, World Studies 9.



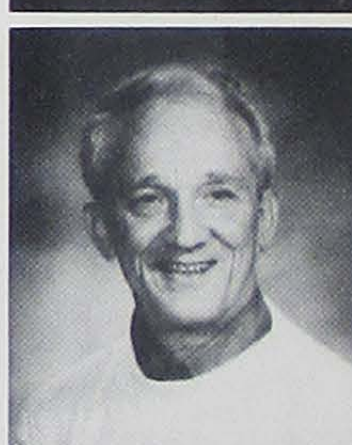
Phil Johnson: Formal Geometry; Informal Geometry; Key Club/SADD Co-sponsor.



Jane Jorgensen: Educational Assistant - Special Education.



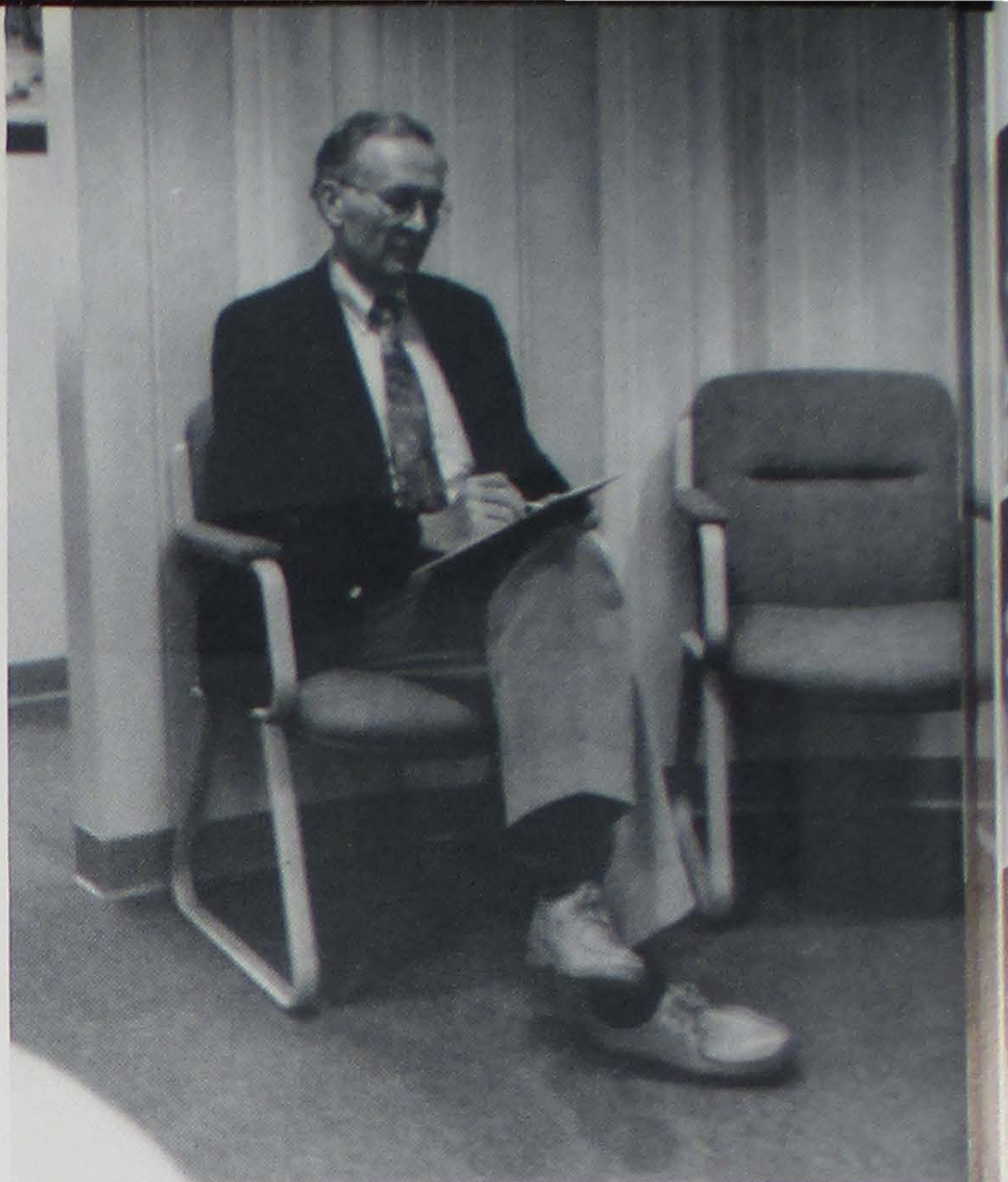
Tom Jorgensen: Sociology; U. S. History; Girls' Track Coach.



Ann Junker: Basic Composition; Developmental Reading; Freshman English.



Mary Kautzky: Modern Dance; Physical Education; CPR; Terpsichore Director.



concentrating diligently, principal Ralph Farrar goes over the NCA visitation team's exit report. The team compiled the report after evaluating the report in November. (Photo by Angie Ellmaker)

Sleeping Giant

-Steve Shapiro

Early in the school year, Ames High found 35 unfamiliar faces roaming the halls, questioning students and faculty, observing and listening intently to everything that took place in classrooms, and even sampling lunch in the cafeteria. A secret FBI investigation? As it turned out, investigation — yes, FBI — no.

Every seven years, the North Central Association, Ames' regional accrediting agency, and representatives from Ames High conducted a two-part joint evaluation of AHS including curriculum, facilities, staffing, and technology among others.

The first part was a self-study using the evaluative criteria put out by the NCA. Two separate committees of community members, staff and students attempted to describe and set goals for Ames High.

In November, during the

second phase, an NCA visitation team came to evaluate the self-study for correctness. They found it both comprehensive and honest. Teachers received much praise from both sides.

"Classroom instructors are highly qualified as a result of their preparation," said NCA evaluator and Mason City High School principal Joyce Judson. "They bring many years of teaching experience and assume an extremely professional attitude."

In spite of the concerns about drug and alcohol use that surfaced, the report made Ames High out to be a good environment to learn with capable and helpful teachers.

"AHS is a 'sleeping giant,'" co-chair Larry Zwagerman said. "When you talk about world class education, Ames is one of the better schools, but we can't sit on our laurels. We're good, but we could be better."



Dick Lang: Computer Application; Beginning Programming; Computer Science; Drafting and Graphics; Electricity and Electronics; Power and Energy. **Diane Larson:** Special Needs Teacher. **Sue Lawler:** Spanish I, II, III; Student Council Advisor. **Bud Legg:** Counselor; Senior Senate Advisor; Author of *AHS Profile* and *AHS Newsletter*; Testing Coordinator. **Steve Linn:** Concert Chorale, Treble Choir, Concert Choir, Freshman Choir, Madrigal Singers, Chamber Singers, Singers.

Starla Longnecker: Educational Assistant - Special Ed. **Chris Lueck:** Educational Assistant/Job Coach - MD Classrooms. **Leslie Maze:** Guidance Counselor; Sophomore Senate Advisor. **Mary Mekemson:** Special Needs - Health, English, Consumer Math, Experienced Based Career Ed, Cooperative Work Experience, Life Skills, Reading. **Jack Mendenhall:** Physical Education 9-12; Department Coordinator, Head Wrestling Coach.

Jean Miller: Project Success - Math Lab, Instructional Support, Orientation Program, SAT. **Sharon Morford:** Enrichment English 11, 12; Foundations of Algebra; Enrichment U. S. History. **Kendi Neff-Parvin:** English 10 Literature; Introduction to Journalism; Web Adviser; Spirit Adviser. **Paul Olsan:** Industrial Technology; Media Assistant. **Jane Olson:** Counselor, Student Council Advisor.

Janet Olson: Student Services Secretary. **Carl Pelzer:** English 9; English 10 Workshop; Varsity Football Assistant Coach; Boys' Track Assistant Coach. **Dee Penning:** **Suzanne Peters:** Resource Room; Reading 9-10. **Michael Petersen:** Survey of Physics; UNI Science and Math Symposium Trip Coordinator; Ames High Faculty Basketball.

Susie Petra: Foundation 2-D; Foundation 3-D; Advanced Drawing; Graphics I, II, III, IV, and Special Problems; Ceramics I, II, III, IV; Sculpture I; Jewelry I, II, III, IV. **Mary Kay Polashek:** Orchestra; Theory. **Dave Posegate:** District Athletic Director. **Alice Richard:** Instructional Support, Reading 1-3. **William C. Ripp:** Associate Principal; Senior Class Co-Sponsor.

Harold Rittgers: Custodian. **Kathy Scebold:** 3.6 MDT Classroom. **Donna Schepers:** Adult Living; Child Development; Foods and Nutrition; Interior Design; Textiles and Clothing. **Kirk D. Schmaltz:** Health; Health Concepts of Biology; Girls' Cross Country Head Coach; Assistant Girls' Track Coach. **Sally Schonhorst:** French II-IV; Foreign Language Department Coordinator.

Marvin Scott: Western Civilization; World Studies; U. S. History; Economics; Debate; Model United Nations. **Laura Shanks:** Educational Assistant - Special Ed. **Susan Shields:** Secretary. **Bernadette Siebert:** Guidance. **Vincent Simon:** Custodian.

Norma Sisson: Department Coordinator, Media Specialist. **John Sletten:** Survey of American Literature, Discussion and Argumentation, Advanced Composition, Introduction to Mass Media, English 10 Workshop, Head Boys' Track and Cross Country Coach. **Karleene Smith:** School Nurse. **Mona Smith:** Perspectives, Advanced Composition, Creative Writing, English 9, Spanish I, Department Coordinator, Language Arts Cabinet. **Suzanne Spoden:** Assistant Principal.

Ann Stokka: Bookkeeper. **Jerrold Swenson:** Woodworking, Drafting, Special Needs Industrial Arts. **Ele Nore Tallman:** Enrichment English 12, Career Preparation 12, Enrichment English 11, Personal and Social Responsibility, Career Math and Fundamentals of Algebra. **Nancy Torkildson:** Earth Science 9, Physical Science, Head Coach Girls Swimming. **Dale Tramp:** Dean of Students, Guidance Counselor, Volunteer Coordinator and Sophomore Football Coach.

Jack C. Troeger: Earth Science 9. **Gene Ulvestad:** Algebra I. **Tony Vander Zyl:** Advanced Algebra, Statistics, Basic Geometry. **Mary Van Mare:** ESL, EBCE, GED, High School Diploma Program. **Linda Van Voorhis:** Educational Assistant, Special Needs.

Elizabeth Verhoeven: Algebra II, World Studies, Mock Trial Adviser. **Bruce Vertanen:** Resource Teacher-Physical Education, Science, Social Studies, English, Personal Development, Math, Enrichment Activities. **Georgia Vondra:** Secretary. **Jerry Vos:** Special Needs Teacher-Vocational Preparation, English, Math, Reading, Life Skills. **Julianne Ward:** School Social Worker.

Mary Wauson: Special Needs Teacher. **Barbara White:** English 9, Writing 10, Speech 10, Literature 10, Basic Composition. **Richard White:** U.S. History, Anthropology, U.S. Government, Social Studies Department Coordinator. **Rose Wilcox:** Business Department Coordinator, Business Communications, Keyboarding, Word Processing, Advanced Word Processing, Speedwriting, Cadet Teaching Coordinator. **Nikki Wittmer:** Associate Principal's Secretary.

Walter Wood: AP Calculus, Advanced Algebra. **Toni Woodman:** French I, Spanish I, Faculty Steering Committee, Human Relations Committee. **Hilary Ziebold:** Teaching Assistant, Special Olympics Coach. **Larry Zwagerman:** 9-12 Guidance Counselor, Department Coordinator.





student teaching requires interacting with students. Journalism student teacher Paul Smith stops to talk with students in the media center while on his way to lunch. (Photo by Kelly Koppes)

Teachers-to-be

Katie Krogmeier

"Student teachers are a blessing and a curse both. A good one is a great joy. You can share ideas and bounce ideas off each other. It's fun to sit in the back of the classroom and watch young teachers develop their skills. But if you have a bad one, you know right away that they shouldn't be teaching; your students will know, too. Then your class starts going downhill," English teacher Keith Carlson said.

Good or bad, all student teachers got valuable experience in their field. While the lengths of student teachers' visits varied, most of them stayed for about 12 weeks. The student teaching program is a requirement for students at ISU wishing to receive their degree in teaching. It is especially designed to help the future teachers get acquainted with their specific teaching field.

"Student teaching is great! The students here are terrific and so cooperative. After I graduate, I'm hoping to get a job in Ames or in the Ames area. It's been a terrific experience," French student teacher Stacy Dobermecker said.

Student teachers taught as well as learned during the program.

"They (student teachers) bring new ideas to the classroom. You see them using new techniques with the students, and sometimes the methods would work for you as well. Sometimes, they (student teachers) can actually teach you," French teacher Toni Woodman said.

Whether the student teacher decided to forget all hope of being a teacher or to continue striving for their teaching certificate, it was a mutual learning experience for all parties involved.



School Board. Front Row: Tim Jon, Brian Anderson, Mike McGinness. **Back Row:** Carolyn Jons, Howard Shapiro, Bill Summers. **Not Pictured:** Walter Struve.



Cooks. Front Row: Mary Mahoney, Irene Kever, Alice Sorenson, Sheryl Womack, Darlene Hade, Patty Montag, Sharon Mott. **Back Row:** Carol Loken, Karla Mulvaney, Charlene Wee, Joyce Bowers, Marilyn Larson, Judy Hopson, Oleta Dass, Marcia Law, Cathy Craven. **Not Pictured:** Lee Thorson, Mary Ann DeHart, Vicky Greenlee.

not pictured

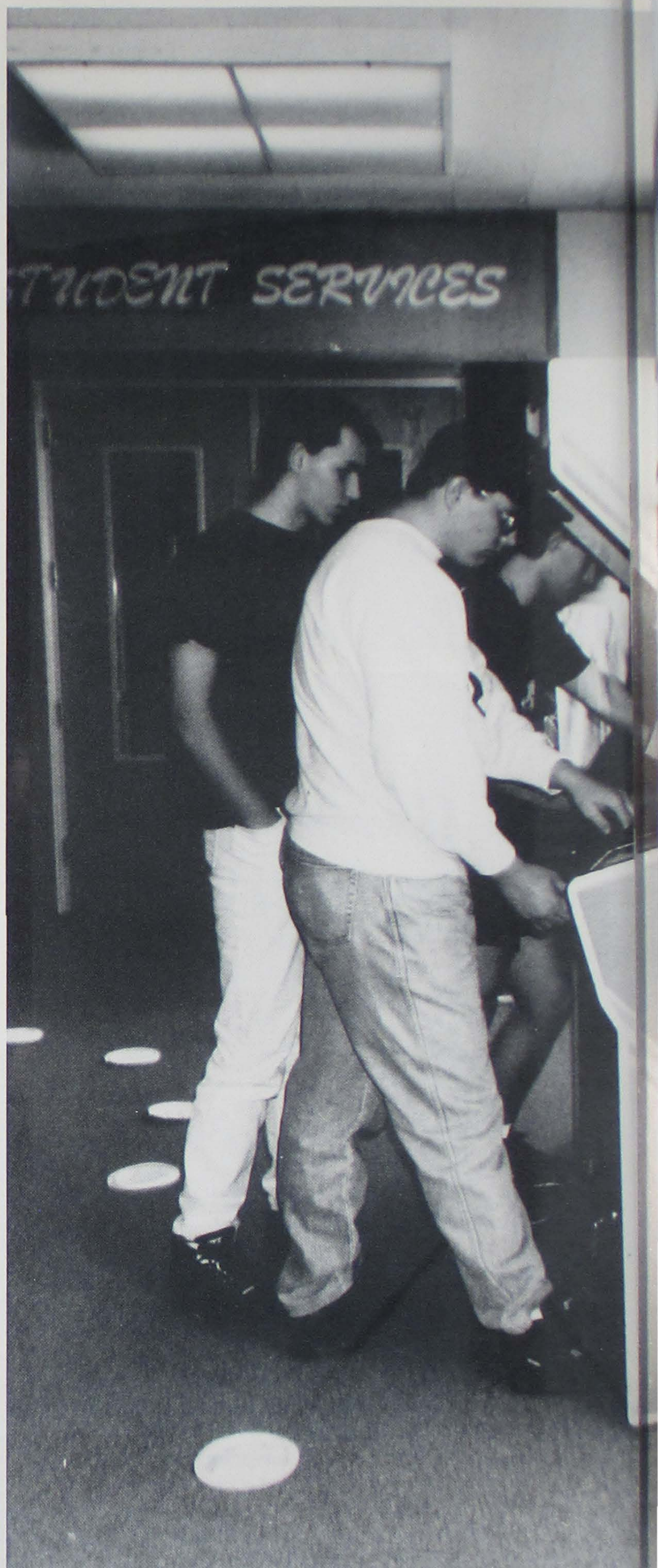
Darrill Abel. Stephen Adams: Earth Science 9. **Kim Burnett:** Peer Helper Coordinator, Student Assistance Team Co-Chair. **Kirk G. Daddow:** AP Western Civ., Advanced Comp., ELP Director, Scratch Pad Sponsor, Amnesty International Sponsor, Head Football Coach. **Carol Doering:** Media Secretary. **Anita Dyer:** Media Secretary. **Bonnie Epstein.** **Caroline Falsal.** **Ralph Farrar:** Principal. **Wayne Fruehling.** **Nancy L. Gaertner:** Trigonometry, Analytical Geometry, Geometry, Applied Math. **Merle Garman:** Business Law, Business Management, Keyboarding. **Homer Gartz:** Marching, Symphonic, Concert, Jazz, and Pep Bands; Department Coordinator. **Marilyn Goll.** **Dorothy Gugel:** 2-Dimensional Art, Painting I, Advanced Painting, Printmaking I, Advanced Printmaking, Fibers I, Advanced Fibers, Photography I, Advanced Photography, Color Photography, Department Coordinator. **Wayne Hansen:** Theatre Arts, Drama Activities, Sophomore

Speech Workshop, Speech I, Discussion and Argumentation, Basic Comp., Director of Theatre, Thespian Advisor. **Nanci Harker.** **Bob Helberger.** **John Hilgersen.** **Peg Jacobson:** Media Secretary. **Kelth Larimore.** **Richard Lieblich:** Custodian. **Steve Linduska.** **Ylene Longwell.** **Terri Mickelson:** Spanish I, IV; Spain Trip Coordinator. **Barbara Peterson:** Spanish II, III; National Spanish Exam Coordinator; Spanish Competition Advisor; Student Review Board. **Annette Rowley:** British Lit., World Lit., Honors Speech 10, Advanced Comp., English 9, Speech Club Advisor. **Richard Schneider:** Social Psychology, World Issues, U.S. Government, World Studies. **Sorn Somsanith:** Custodian. **Kim Sowards.** **Floyd Sturtevant:** Chemistry, Honors Chemistry. **Larry Wearth:** Custodian. **Charles Windsor:** Physics, 9-10 Boys' Intramurals Director, 9-12 Girls' Intramurals Director. **Phyllis Wirth:** Secretary. **Mike Wittmer:** Physical Education, Head Boys' Swim Coach.

WHEN THE SPIRIT staff had a Pop and DoBiz Cookie Day on March 25, senior Brian Grevling, the *Spirit* business manager, got stuck counting all the money. The *Spirit* staff made approximately \$400. (Photo by Collin Brennan)



WORKING ON HER ad layout pages on deadline night, senior Lisa Millen, the ad section editor, sorts out her ad contracts and arranges them on the computer for paste up. Because of the recession, advertisers bought smaller ads than in previous years. (Photo by Karen Hsu)



WE are Generous

Watching Governor Branstad cut funding in education made us a little more than mad. Studies constantly told us that we needed to improve our education system, but no one ever wanted to pay for it. Seventy-seven percent of us agreed that budget cuts would make the school worse, and 80 percent of us thought that the state should spend more on education.

While the recession hit the state budget hard, business also suffered, preventing many from purchasing ads for the 1991-1992 *Spirit*. With almost \$4000 less than usual from advertisers, Spirit staffers held fundraising projects

along with ad sales to raise the needed \$20,000 to produce a yearbook. Although the recession cleaned out the adults' pockets, 85 percent of us said the recession did not make us more cautious with money; we continued to spend money on trendy outfits, stereos, food, and our cars.

Besides spending our allowance or HARD-EARNED money for leather boots, Discmans, and Mountain Dew, we shelled out money for people less fortunate than us. During Welfare Week, April 6-10, we raised \$2,146.65 for Miya Rodolfo-Sioson, a 1986 Ames High graduate paralyzed by Gang Lu in the Iowa City shootings in November.

When the cash flow was low, we didn't quit giving. Instead of throwing money around, we spent our time volunteering for the Special Olympics, Iowa Corps, and in the nursing homes. Though sometimes communication was a problem, we were also HOSPITABLE to the 21 German exchange students from Ames' sister city, Wulfrath, Germany, who stayed for three weeks in Ames.

It didn't matter if we had the money or not; we were GENEROUS.



WHILE SENIOR KARI Nass gives junior Matt Cunningham change for a Pepsi, sophomore Lynn Converse waits on sophomore Melissa Kell. Key Club/SADD raised \$200 to contribute to physical education teacher Keith Bailey's candidacy for the American Diabetes Association Kiss-A-Pig Contest. (Photo by Kelly Koppes)

WATCHING JUNIOR JOSH Bryant playing a video game, Junior Jason Best indirectly helps others less fortunate by participating in Welfare Week activities. Student Council placed video games in the front lobby to help raise money for Welfare Week. The student body raised \$2,146.65 to help Miya Rodolfo-Sioson. (Photo by Karen Hsu)





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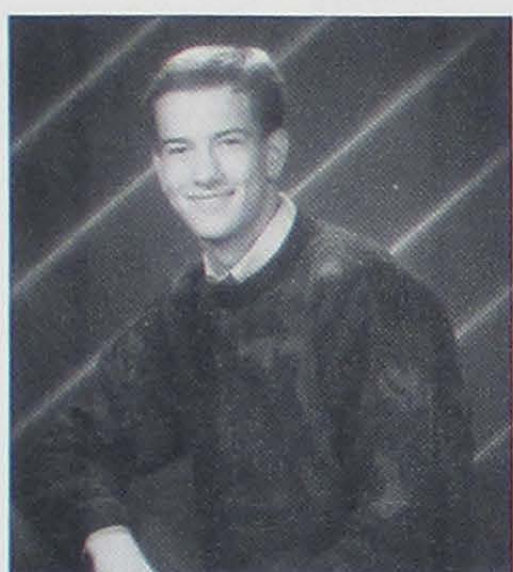


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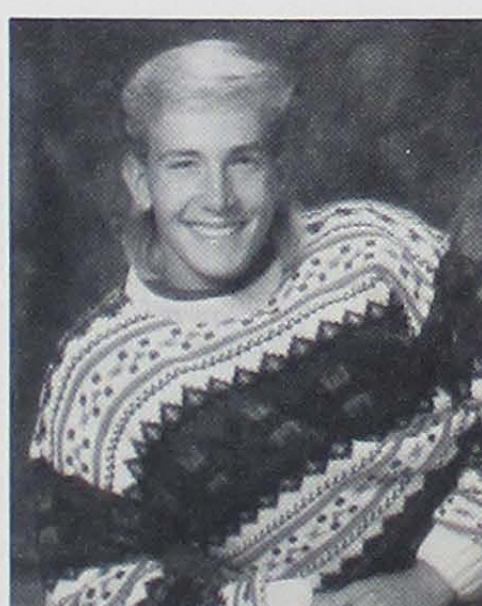
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Grand plans complete

-Katie Krogmeier

"Hey Melissa, do you want to go to the mall?"

"Sure. There's always something new to look at with all of this construction. I like it."

"So do I. We can use a change of surrounding."

Big blue signs, posters, and shopping bags with "We're making Grand plans for the future" were plastered all over the North Grand Mall while construction was under way. Plans involved building new structures, fountains, and redecorating what was already there.

However, to do this, the construction workers had to make room for the changes. Many times they got in the way of mall-goers.

"It was a pain in the butt. The construction workers were always throwing stuff down onto the floor. It made a ton of dust and got all over the store. Everything was a huge mess and we had to be extra careful with the food," said junior Tracy Johnsen, an employee of Super Spud.

As well as being an obstacle, the renovation slowed business for some mall stores.

"We (at Baskin Robbins) were kind of slow during the renovation. But we couldn't really tell that the renovation



standing by one of the newly constructed water fountains, senior Margaret Zlolo and sophomore Laura Hefley discuss which store to tackle next. (Photo by Kelly Koppes)

was the cause because the recession was also a reason for people not to go shopping," sophomore Shaly Seecharan said. Seecharan's parents owned Baskin Robbins.

The mall was renovated for the celebration of its 20th anniversary. Workers had plenty to tear down and even more to put up. But some shoppers

liked the mall the way it was and didn't agree with all the changes.

"The flag out in front of the mall looks like Adventureland. It's out of place. It (the flag) makes it (the mall) look more like a toy store than a shopping center," senior Jenny Gladon said.

Despite some negative reaction, renovation was completed and different groups from Ames High such as the orchestra and the choir held performances at the grand opening ceremonies.

"We performed our Christmas concert at the mall for orchestra. Since it was the holidays and there was all of the redecorating, a lot of people showed up. It was great," sophomore Jessica Hugdahl said.

Many students enjoyed the changes. In a survey of 200 students, 55 percent of the students listed the fountains as their favorite change.

"I like how they're (the fountains) presented with the trees and how the water forms the shape of a rainbow," junior Jon Sloan said.

Overall, "grand plans" for the mall resulted in a positive response. Of students surveyed, 87 percent thought the renovation had improved the mall. Once construction was complete, the mall continued to be a popular place for Ames residents.

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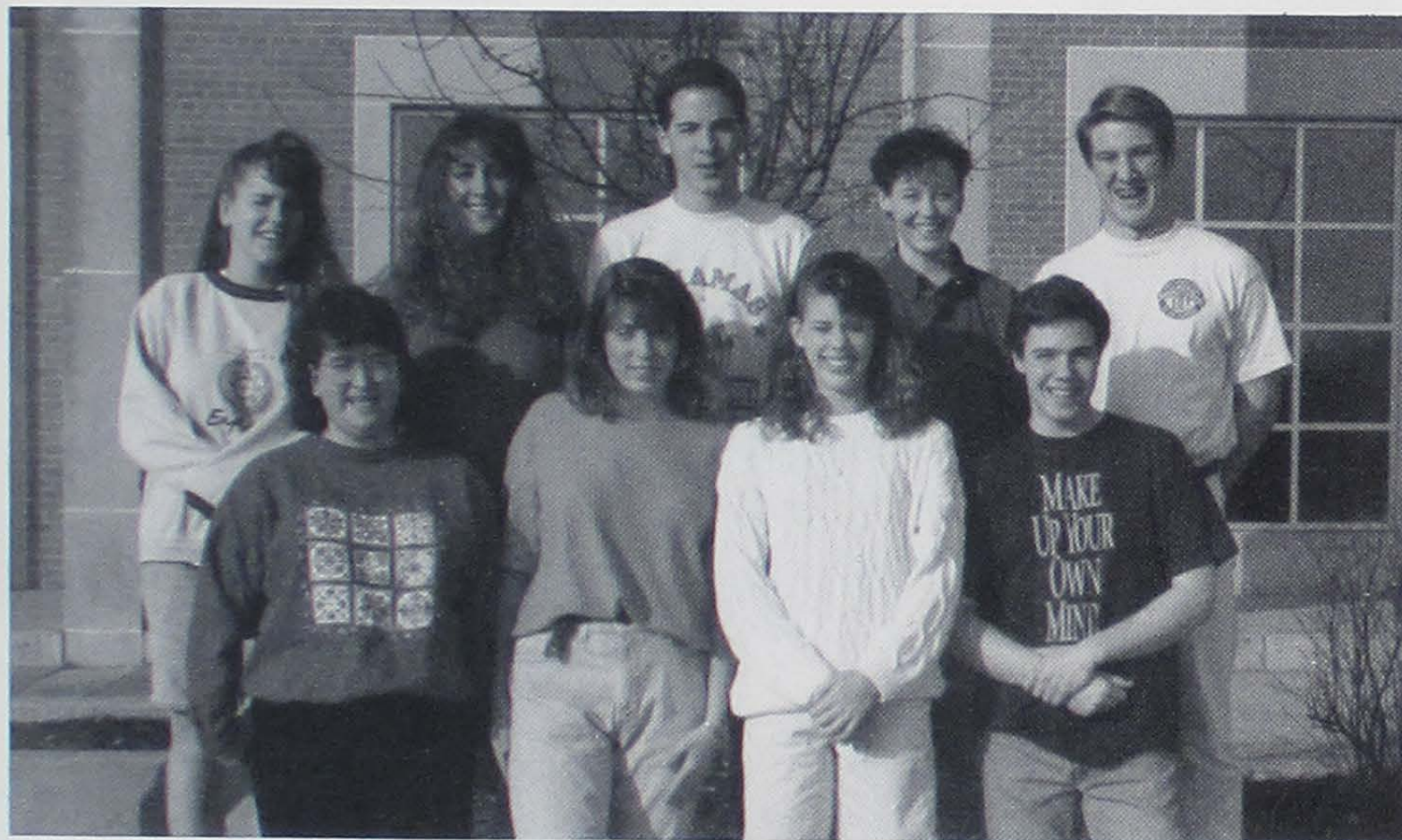
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 you.
 Mom, Dad, and
 Jennifer



Aaron Jones
 Congratulations. We know
 you can do whatever you
 set your mind to. We are
 proud of you.
 Mom, Dad, and Allison



Eric Strong
 Wherever you go
 our love is with you
 forever. Remem-
 ber who you are
 and keep your eye
 on the ball!
 With love, Mom,
 Dad, and Susanne

Chris Winkler

Congratulations
 Chris-Our wish for
 you is to go out
 into the world and
 be successful and
 happy. You
 deserve the best!
 Love Mom & Dad



Amy Jo Blechler

Amy, you have
 made us so
 proud!
 Love Mom, Dad,
 Kim, & Laura



Becky Yeung

Hard work is the key to
 success. We wish you
 happiness and will always
 be there for you.
 Love Mom, Dad, and
 Amanda



Jamie Lang

Congratulations
 Jamie! We're very
 proud of you.
 Love Mom and
 Dad

Kiran Balkerkar

Congratulations
 Kiran! We wish
 you all the best.
 Love Mom and
 Dad



Lissa C. Daza

You fill our hearts with love
 and pride. Reach for your
 dreams and always
 remember our love is with
 you.
 Mom, Dad, Ana, Jaime



Jennifer Remsburg

Congratulations,
 Jen! You always
 knew where you
 were going. Keep
 your face clean!
 We love you.
 Mom and Kel



Neena Paul

What a great eighteen
 years and we know your
 future is even brighter!
 We're proud of you.
 All our love, Mom, Dad,
 Ryan, and Cheri



Julie Kelso

Congratulations
 and good luck.
 We will always be
 behind you in
 whatever you do.
 Mom, Dad,
 Michelle, and Amy

Jim Krogmeler

Hang in there Jim.
 We're behind you
 all the way.
 Love Mom, Katie,
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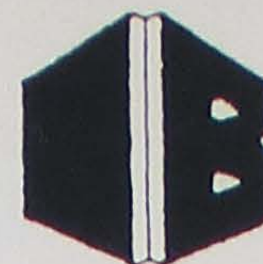
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Congratulations Seniors!

Low cash flow meant work

-Monica Wilke

Scrounging around in their cars or under furniture cushions, students try to find any money they can for the night's activities or the day's expenses. Problems with money constantly seemed to plague them.

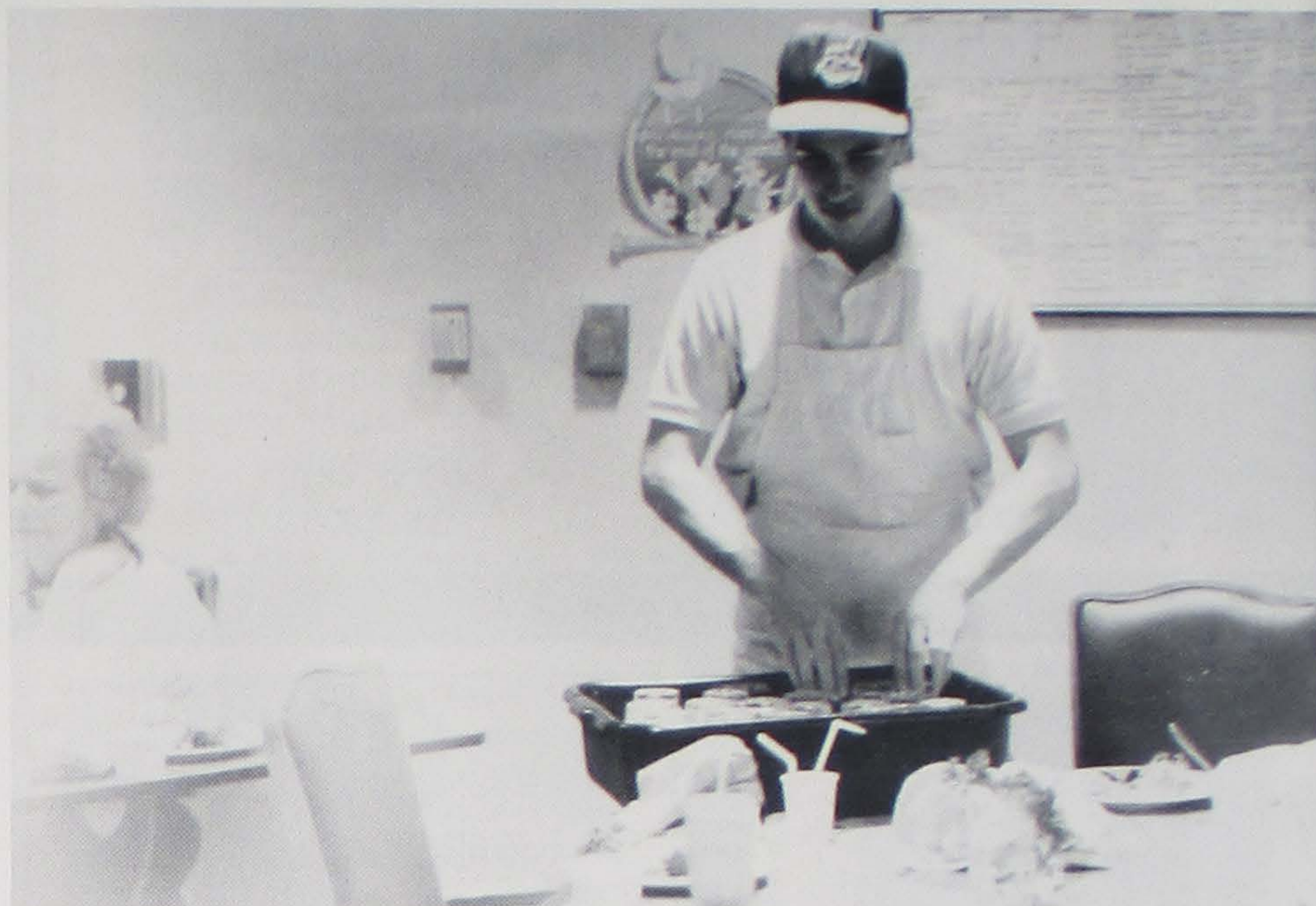
"My mom doesn't give me enough money for all the things I want to buy like clothes, shoes, and any recreational expenses. I'd get a job but I don't have enough time," freshman Scott Mullica said.

Getting sufficient funds from parents was a difficult task for many students. Of 200 students surveyed, 34 percent did not receive any allowance and 43 percent had jobs. Almost half of those with jobs said they worked between 11 and 20 hours a week.

"I got my job at Linn-Mar Mini Golf and Games because I used to babysit for the owners; all of my co-workers are ISU students. It's harder for us as high schoolers to get jobs because of the college students in Ames, so we have to depend more on our parents for our financial needs," junior Melani McCracken said.

But parental assistance or being employed didn't always provide the answers to financial needs.

"I have no money even though I have a job at Hardee's. I have to pay for a car,



performing his duties as a dietary aid, junior Steve Shapiro cleans up a table at Green Hills Retirement Community. Along with earning money, Shapiro enjoyed working with the elderly. (Photo by Kelly Koppes)

insurance, and gas. I spend about \$100 a month on my car and everything related with it," sophomore Becky Hostetter said.

As students acquired more expenses, the search for funds continued. And once they got them, desire, not necessity generally controlled where that money went. Forty-nine percent of the students

surveyed used the majority of their money for a variety of items, such as clothing, food, dates, gas, cars, and electronics.

Although many students worked long and hard for funds, there just never seemed to be enough money for all the clothes they wanted to buy and things they wanted to do.

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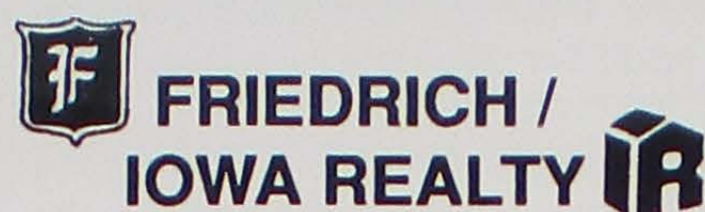
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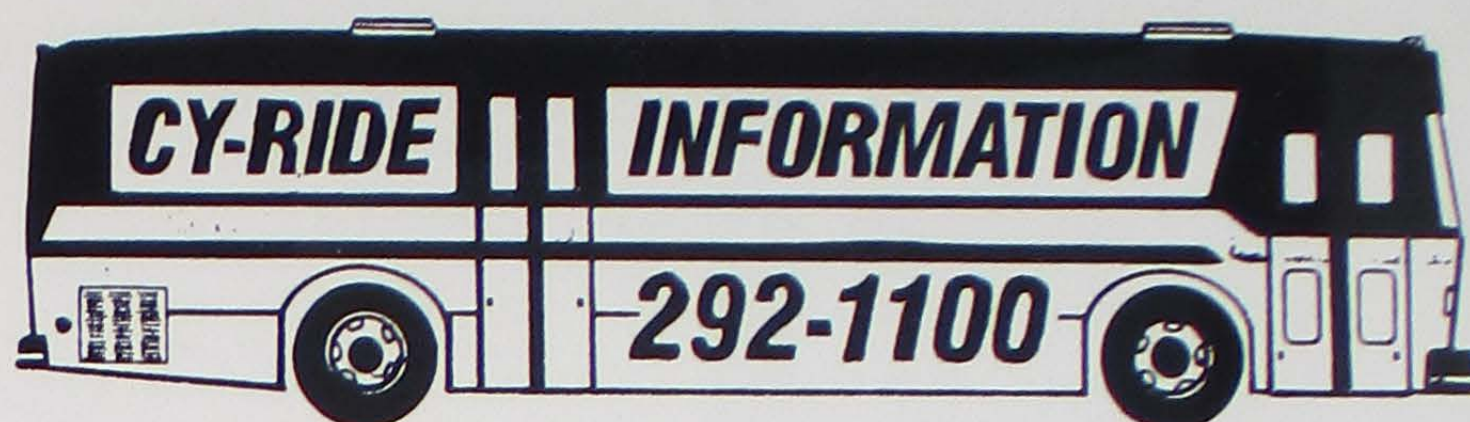
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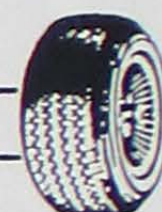
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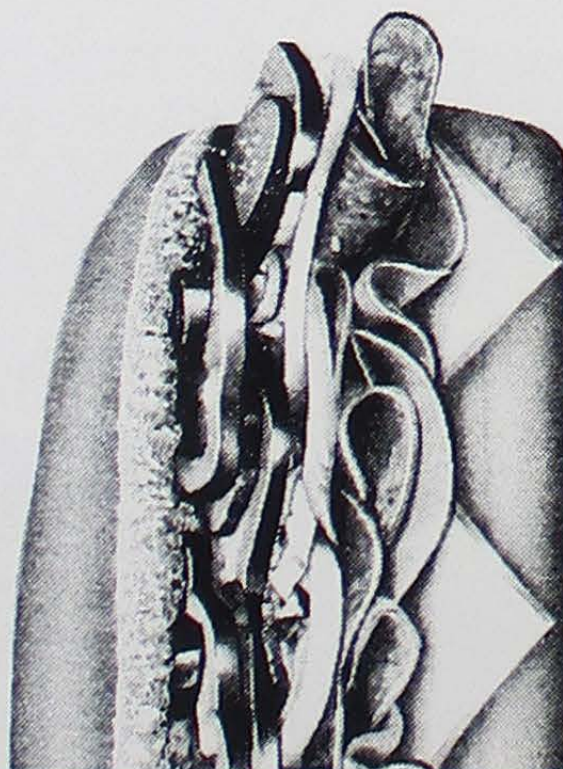
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Eric Warme

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and love you!
Dad, Mom, and Bryan



LeAnne Ford

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true-Yours will
too. Thank you
for being such a
terrific person.
Our Love, Mom,
Dad, and Ben



Teresa Andrews

Congratulations, Teresa.
We're very proud of you.
Love,
Mom & Dad

Kelly Craig

Look out world,
here comes Kelly
Craig!
Love Mom and
Dad



Jason Swift

Congratulations!
We're very proud
of you.
Love Mom and
Dad



Tamara Andre

Keep chasing your
dreams, keep smiling and
good luck. We are proud
and we love you.
Love Mom, Dad, David



Dawn M. Dean

Congratulations-We
are very proud of
you and all of your
accomplishments.
May you have a
bright and happy
future.
Mom, Dad, and
Melissa

Andy Stevenson

A treasure
A gift
Love Mom, Dad,
Sara



Beth Decker

We couldn't be
prouder!
Love Mom & Dad,
Chris, Mike & Ben



Stephanie Seller

Keep reaching for those
dreams! Congratulations
& good luck!
Love Mom, Dad, Kevin,
Andy, Ryan



Catherine Melvin

Congratulations!
We wish you the
very best in your
future endeavors.
Always remember
how much we love
you.
Mom, Dad, Chris

Bethany Muller

Bethany, we are
so very proud of
you, and wish you
the best life has to
offer.
Love Mom, Nick,
and Jill



Chuck Schweikert

Congratulations Chuck!
Keep smiling, follow your
dreams. We love you.
Love Mom, Dad, Todd,
Leslie, and Kim

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Valentino's Employees. Front Row: Natalie LeBrecht, Ryan Windsor, Alison Doyle. Back Row: Chad Newhouse, Jason Moutray, Ryan Carey, Jacinda Bundy. Not Pictured: Amy Carey, Nakia Gibbons, Eric Ackerman.

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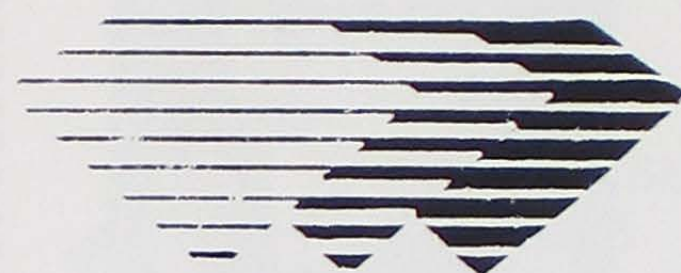
Brian Wierson

*Congratulations Wiers!
Thanks for all the great
memories. We're very
proud of all that you've
done and all that you
are. Wishing you all of
life's best.*

*Love ya,
Mom, Dad, & Emily*

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the best as you
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ahead.*

*Love,
Mom and Dad*



Stacy Clouser

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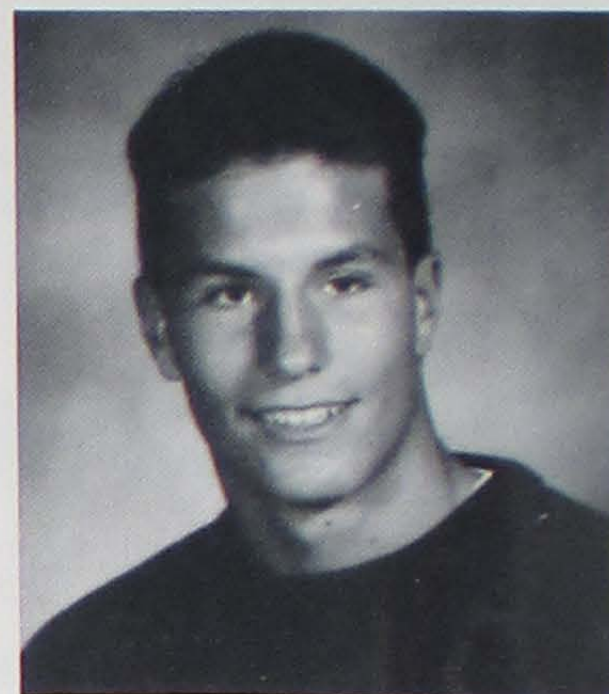
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**Renee
Ripp**

May your future
be happy and
filled with
success. Thanks
for all the happy
moments and
memories.
Love Mom & Dad

Lisa Millen

Congratulations,
Lisa! May you
always believe in
your special
abilities. We love
you-Mom, Dad,
David, Charissa,
and Jai



**Nick
Nakadate**

Super Mario, chess,
soccer, tennis, All
State Chorus,
Spain. You're on
your way.
Congratulations and
love, Laurel, Nate
and Dad



Niki Wendt

Don't give up, and
don't give in.
We love you-Pat,
Jason and
Grandpa Bud



**Stefani
Lyn
Carmichael**

We will always be
your biggest fans!
Mom, Dad, Derek
and Jason



**Peter
Loutzenhiser**

Congratulations Peter!
Thanks for all the joy
and many surprises
you bring us. We love
you and are proud of
you always!
Love Mom, Dad, Ammi
and Jonathan



Congratulations
Tree Top Nursery School Class of '79
Ames High Class of '92



Front Row: Ryan Carver, Alex Garn, Bryce Freeman, Meghan Sweet, Janel Crow, Robyn Schwartz, Chris Bundy, Andrew Maddux. **Second Row:** Jamie Lang, Aaron Jones, Mike Pollmann, Jason Moutray, Rob Swanson, Mark Milleman, Karen Klocke, Alison Sams, Holly Anderson, Megan Freeburg, Brian Parks, Adam Readhead, Troy Rutter. **Top:** Joanna Pelz, Amy Carey, Tara Carmean, Christine Willard, Aaron Lehmkuhl, Jason Swift, Becci Peterson, Bill Robinson. **Not Pictured:** Josh Twait.

We wish you success and happiness

Tree Top Nursery School, Inc.

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**Kendal
Holder**

Kendal, He has
achieved success
who has lived well,
laughed often, and
loved much.
Love Mom, Dad &
Kirk



Andy Hagen

Congratulations Andy, you made it!
We're so very proud of you. May all
of your dreams come true.
Love Mom and Dad
Ashley, Aaron & Amberly



"I wonder if I'll ever graduate?"

**Stephanie
Coon**

Be true to yourself
and your own high
standards! They
are the bases for
attaining your full
potential!
-Love Mom, Dad,
Scott



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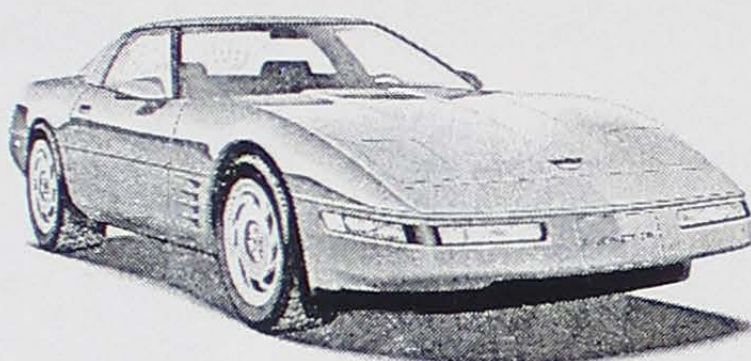
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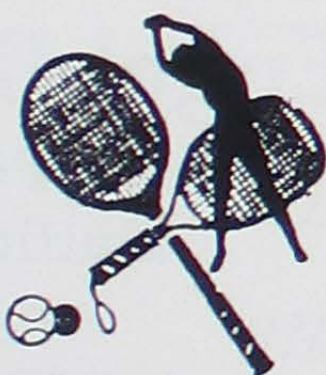
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Congratulations Class of '92!

Ames Senior High School



Robert Parr received first place for the David Burton Stone Memorial Art Award at the Senior Art Show. The acrylic painting entitled "Tri-brain" was one work included in his exhibit.

*I will not follow where the path
may lead, but I will go where
there is no path, and I will
leave a trail.*

-Muriel Strode

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**Holly Anderson &
Katie Barnhart**

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Love from your parents



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Rob Swanson

In life as in golf, it is
the follow through
that makes the
difference.

Love,
Mom and Dad
Jay, Julie and Amy



Sara Olberding

You will succeed in
whatever you aim for. We
love you.
Mom and Dad

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Megan Miller

"The seriousness of
all that surrounds us
makes laughter a
good and necessary
thing." -So keep
smilin', baby!
Love, Mom & Dad



Meghan Sweet

Thanks for eighteen
wonderful years. The best
is yet to be.
Don't forget.
Mom & Joe

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it's just the COLOPHON

Spirit Volume 80, *It's Just the Way We Are*, was produced after countless hours of work by 12 writers, eight photographers and an overworked adviser in Room 202 during seventh period and worknights. Friends and family learned to reach the staff at its second home at 232-8440 ext. 260 before 4 p.m. during weekdays and 232-8446 during the evening hours. *Spirit* was printed by Walsworth Publishing Company in Marceline, Missouri, and was serviced by a very patient and helpful woman, Verna Sturtevant.

We chose the theme "It's Just the Way We Are" because we, the students and faculty, worked hard to make the school a place we could be proud of. We don't have to make excuses for ourselves; we are happy just the way we are. We used Irish Green and Violet on the cover in a marbled design with the title overlapping a purple diamond. The line of dots on the black quarter bound and "WE" are in silver foil. We chose to emphasize "WE" on the cover because that was the emphasis in the book. "WE" overlaps a fade, which is also used as folio tabs. Irish Green and Violet were also used as spot color. The 264 pages were printed on gloss double-coated enamel 80-pound paper. Body-copy is 10 point Benguiat, captions are 8 point Benguiat with a series of diamond overlays, and bylines are 10 point Benguiat Bold. Headlines are set in Benguiat, Avant Garde, and Broadway.

Writers and the design editor learned how to use the Macintosh LC's to produce the yearbook and to start over when the disks crashed. They produced their layouts on Aldus PageMaker 4.0, Aldus

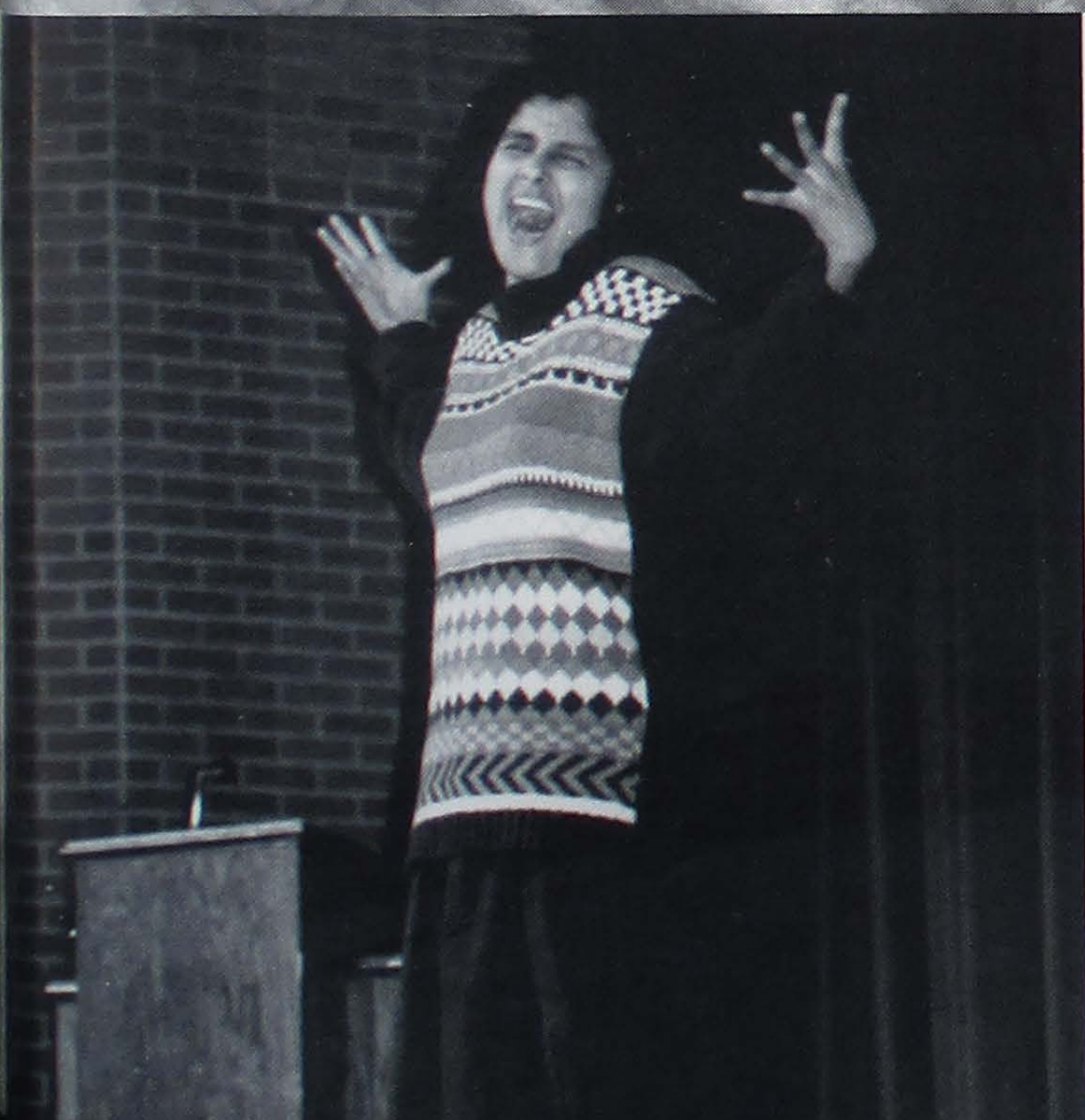
Freehand 2.0, Superpaint 2.0, and Microsoft Works 2.0. All pages were printed on a laser writer and submitted to Walsworth window-ready.

The editor-in-chief travelled on a long bus ride to Ball State University for a one-week summer workshop while the design editor and the ad designer attended a summer workshop at the University of Missouri at Columbia to learn the aspects of yearbook production. The staff also attended the Iowa High School Press Association (IHSPA) state conference at the University of Iowa in Iowa City, and our adviser also traveled alone (we wonder why) to the National Scholastic Press Association conference in Chicago, where she learned how to make Yearbook fun (fun?!?) and to keep the morale up during stressful deadlines.

Spirit '91 was a finalist for the NSPA 1991 National Pacemaker award and received an All-American rating with four marks of distinction.

The *Spirit* staff would like to thank *The Daily Tribune* for sports and news photographs, the Ames businesses for their financial support, the Media Center staff for their cooperation, Sorn Somsanith for his patience when we got messy, student teacher Paul Smith for printing our layouts when Kendi had class, our parents for putting up with our late worknights and us in general, and Randy, for letting Kendi devote her life to us instead of to him. Also our eternal gratitude goes to our beloved adviser, Kendi Neff-Parvin, because we made her miss *Northern Exposure*.

-editor-in-chief, Karen Hsu



as her arms writhe, junior Avanti Athreya portrays a witch in *The Witches* by Roald Dahl at Speech Fest. Speech Fest was a performance of the best Speech Club had to offer. (Photo by Abby Klaas)

as seniors Neena Paul and Eric Warne hold the Welfare Week check for the student body to see, junior Alison Doyle writes out the amount \$2146.65 for Miya Rodolfo-Sioson. Because of rehabilitation, Sioson was unable to attend the assembly. (Photo by Laurel Nakadate)

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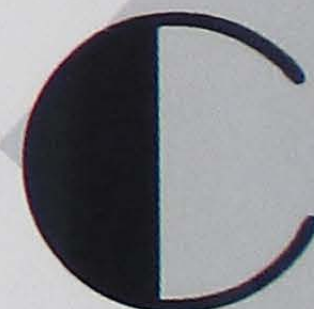
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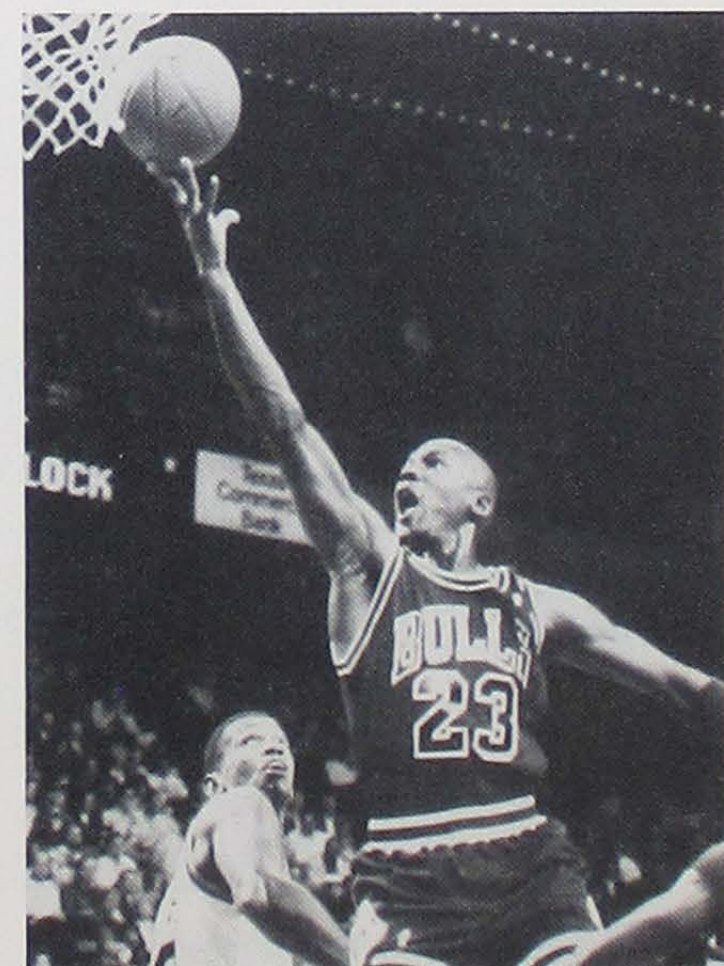
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magic Johnson, the famed Los Angeles Lakers basketball star, announces that he is infected with the HIV virus that causes AIDS to a stunned press. (Photo by RM Photo Service)



civil war in Yugoslavia unravels the nation of six divergent republics, two of which—Croatia and Slovenia—declared independence from the federation in June 1991. (Photo by RM Photo Service)

leading the Chicago Bulls to the NBA championship, Michael Jordan drives up the lane for a finger roll layup during a game with the Houston Rockets. (Photo by RM Photo Service.)

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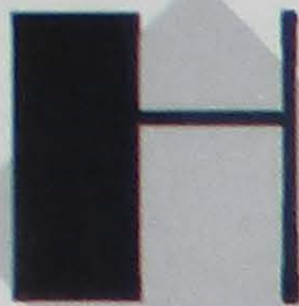
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President Bush nominated Clarence Thomas to replace the retiring Justice Thurgood Marshall on the Supreme Court. (Photo by RM Photo Service)

Wednesday, August 21, coup leaders fled to Moscow. Tanks and armored personnel carriers moved away from Russian Parliament and leaders of the national legislature demanded that Gorbachev be returned to power. (Photo by RM Photo Service)





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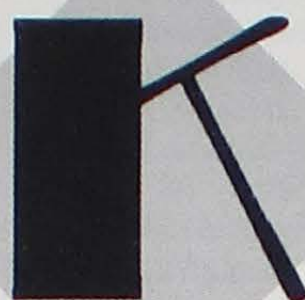
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arriving in Wiesbaden, Germany after his release, Terry Anderson is greeted by his sister, Peggy Say. ISU graduate Anderson was released on December 4, 1991. Anderson spent 2,455 days as a hostage in Lebanon. (Photo by RM Photo Service)

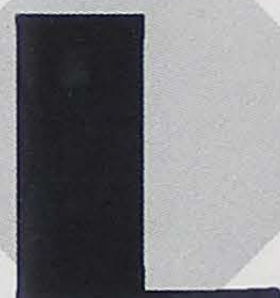
because thousands of square miles of forest were being cut down, environmentalists from around the world petitioned governments and held rallies to stop the devastation. (Photo by RM Photo Service)

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Barbara Bush was constantly in the public eye as First Lady, but yearned for the day when the President and she could spend more time doing "selfish things" with their family.

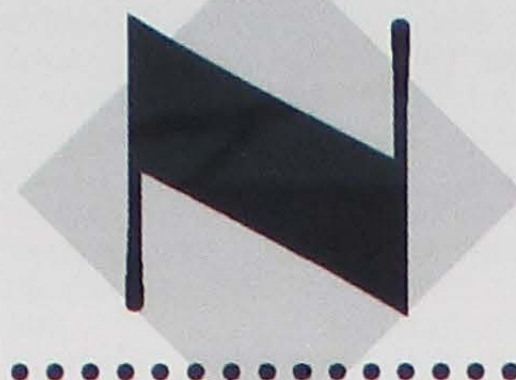
during the war, Saddam Hussein's forces ignited hundreds of oil wells in Kuwait. Belching from torched wells for months afterwards, smoke plumes swept as far south as the Arabian Sea.



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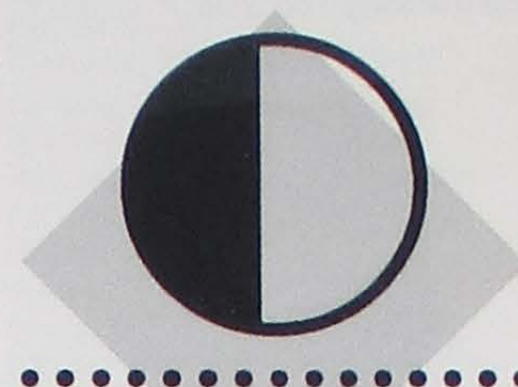
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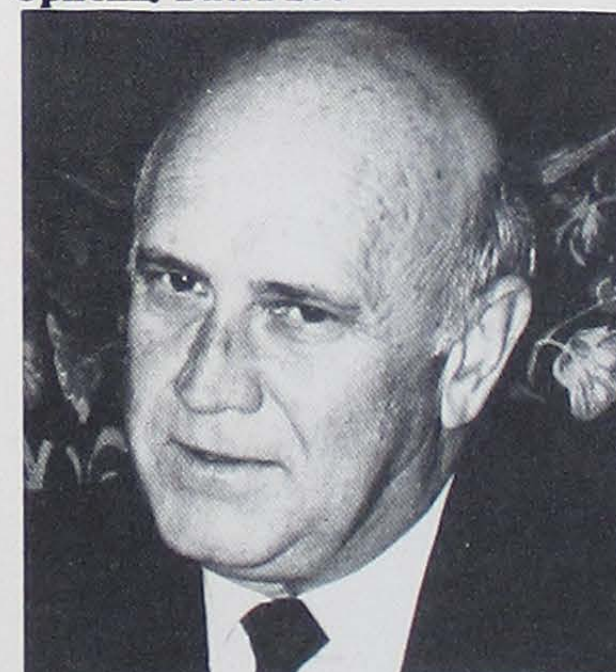


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when South African President de Klerk loosened his stand on apartheid, President Bush lifted economic sanctions and the International Olympic Committee ended a 21-year ban on South African participation. (Photo by RM Photo Service)

on August 22, Gorbachev returned to Moscow before dawn and resumed power after the coup failed. (Photo by RM Photo Service)

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as Russian President Boris Yeltsin called on Russians to resist coup attempts, tanks moved into Moscow. (Photo by RM Photo Service)

the coup ended communism in the Soviet Union, and began a series of changes. Lithuania declared its independence from the Soviet Union in 1991. (Photo by RM Photo Service)



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floods hit Texas late in the year, causing extensive damage to the area. Fire-fighters rescue a calf in high waters as the Colorado River overflows its banks near Wharton. (Photo by RM Photo Service)

in an age of punk, heavy metal and robo-rock, Paul Simon sang harmonically rich melodies. Simon and a band drawn from five nations give a concert in Central Park. (Photo by RM Photo Service)

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for his hit, 'Mama Said Knock You Out, 'LL Cool J accepts the 1991 MTV Music Award. A popular rap star, LL Cool J is an acronym for Ladies Love Cool James. (Photo By RM Service)



president Bush nominates Robert M. Gates to head the Central Intelligence Agency. The 48-year-old Gates was the deputy national security adviser to the president. (Photo by RM Photo Service)

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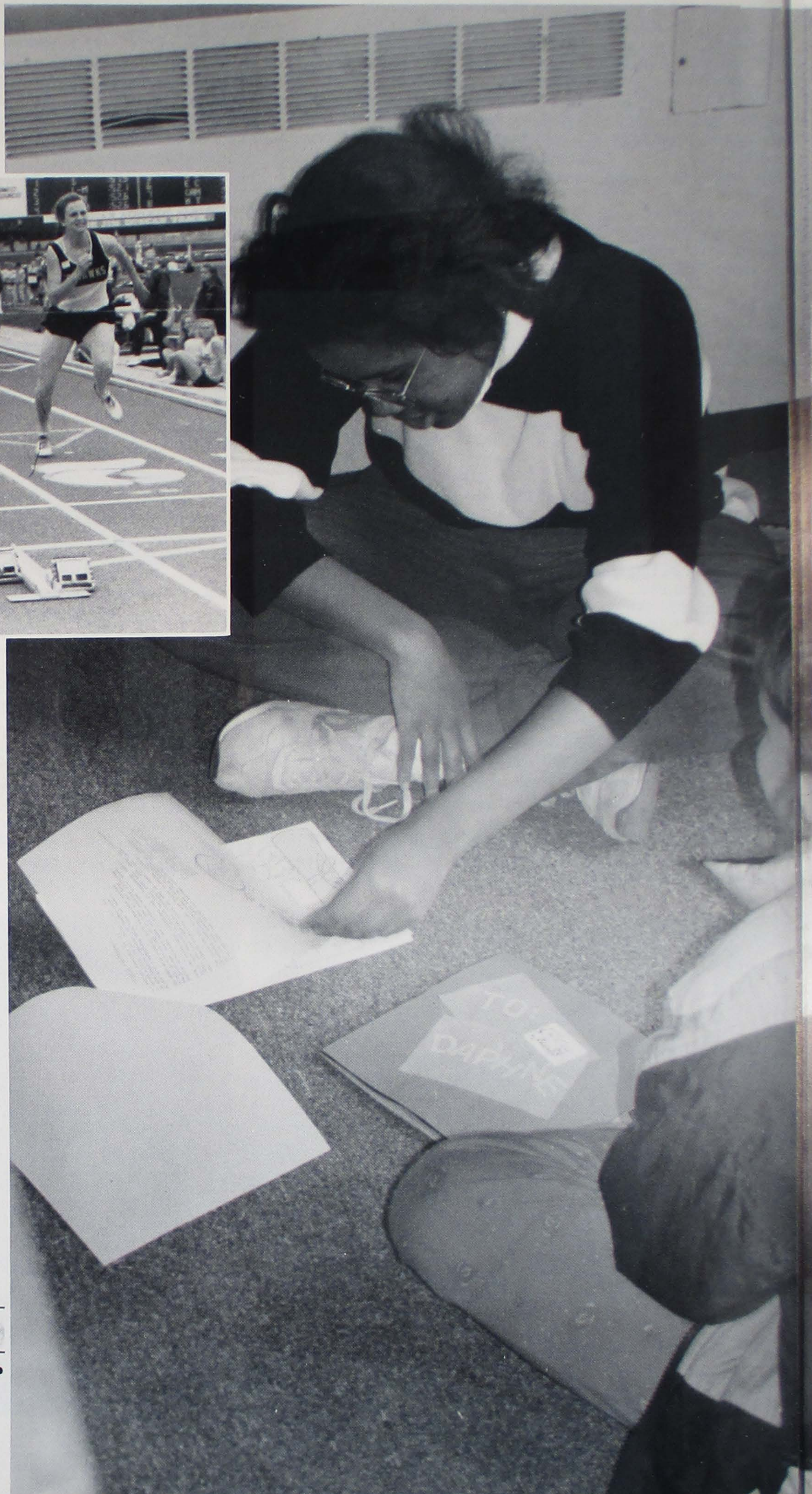
professor Anita Hill, former as-
 sistant for Supreme Court nominee
 Clarence Thomas, testified to the Sen-
 ate that she was the victim of sexual
 harassment. (Photo by RM Photo Ser-
 vice)


the public gathers for an anti-
 coup rally. The coup in the Soviet
 Union began on August 19, 1991.
 (Photo by RM Photo Service)



WINNING THE STATE championship was the ultimate goal for the girls' track team. Breaking the finish line, anchor leg senior Chrissy Spike hurdles to victory for the shuttle hurdle relay at State on May 23. The shuttle hurdle team finished first to add 10 points to the team total. The Little Cyclones won with 54 points. (Photo by Karen Hsu)

WRITING DIDN'T ALWAYS mean boring assignments. Senior Jeanne Pugh reads her poetry book to Daphne, a second grader from Meeker Elementary School. AP Senior English students wrote and illustrated books incorporating their second-grader friends' lives for a poetry unit. (Photo by Abby Klaas)





Throughout the year, we showed our
silly side and our serious side...

it's just the way **WE** are

Wishing the 307 seniors good-bye and good luck after Commencement on May 27 in Hilton Coliseum, we saw another action-packed year come to a close. For underclassmen, the year ended on June 4, a day later than it was scheduled, because a violent snowstorm on December 20 gave Winter Break a one day head start.

Although we had our successes and our failures during the year, we learned and matured through our achievements and our mistakes. Determination and STRONG leadership led the girls' track team to the state trophy, but could only bring the boys' track team a fifth place finish at State, breaking a six year record of state championships. The YOUNG, but EXPERIENCED girls' golf team proved that it didn't need any seniors to grab an AWESOME third place finish, and junior Lisa Horton placed fourth in the individual state standings. In another competition, the chess team took an IMPRESSIVE fourth place at the National High School Chess Championship in Lexington, Kentucky, without state champion Bret Larwick.

Energy exerted by students was WELL SPENT on homework and EXTRA-CURRICULAR activities as the senior class earned \$223,000 in awards and scholarships on May 26. To reward ourselves for working hard in class, we dressed up, dined fancily, and danced in 'Moonlight and Roses' at Scheman on May 9.

We bid farewell to math teacher Walter Wood and chemistry teacher Floyd Sturtevant after over 30 years of DEVOTED teaching. We also said good-bye to our physical education uniforms and homeroom tardies for the summer, and hello to summer school and sunning at the pool.

Whatever we did, we did our best. It's just the way we are.



WITH RELIEF AND AFFECTION, senior Renee Ripp hugs one of her best friends, senior Lisa Millen, after commencement. Ripp will attend Iowa State University and Millen will study at the University of Northern Iowa in the fall. (Photo by Kelly Koppes)



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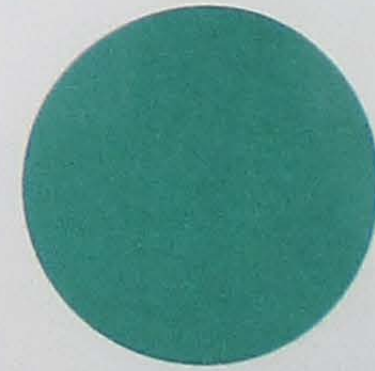
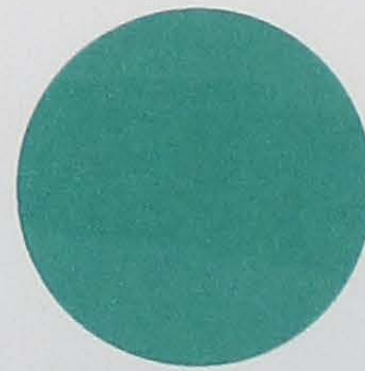
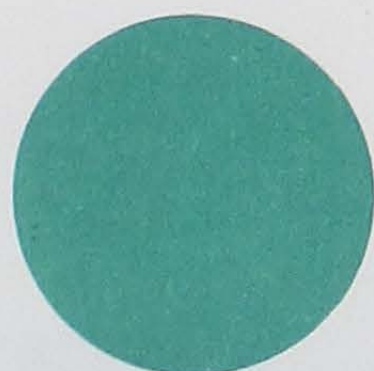
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